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National Online Safety®

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About Us

What We Do and Why We Do It

National Online Safety provide multi-award-winning online safety education for the whole school community. We believe that when children go online to learn, to communicate or to play, they should be able to do so safely. That's why we provide schools all over the world with the knowledge they need in order to effectively tackle new and evolving online risks.

Over **500,000** users
Over **35,000** schools
Over **100** countries

All-in-one online safety solution for schools

Comprehensive suite of online safety training, education and resources

Bespoke learning hub with advanced usability and reporting features

Online safety app to support remote access anytime, anywhere on any device

Our Territories

National Online Safety®
NOS

North America:
- Bermuda
- British Virgin Islands
- Canada
- Cayman Islands
- Dominican Republic
- El Salvador
- Guatemala
- Jamaica
- Mexico
- Panama
- Trinidad And Tobago
- United States of America

South America:
- Chile
- Colombia
- Costa Rica
- Uruguay

Africa:
- Botswana
- Cote D'Ivoire
- Egypt
- Eritrea
- Ghana
- Kenya
- Liberia
- Malawi
- Mauritius
- Morocco
- Mozambique
- Nigeria
- South Africa
- Swaziland
- Tanzania, United Republic Of
- Tunisia
- Uganda
- Zambia
- Zimbabwe

Europe:
- Austria
- Azerbaijan
- Croatia
- Cyprus
- Czech Republic
- England
- France
- Germany
- Greece
- Guernsey
- Hungary
- Ireland
- Isle Of Man
- Italy
- Jersey
- Latvia
- Luxembourg
- Netherlands
- Northern Ireland
- Poland
- Portugal
- Romania
- Russia / Russian Federation
- Scotland
- Serbia
- Slovakia
- Spain
- Sweden
- Switzerland
- Turkey
- Ukraine
- Wales

Asia:
- Bahrain
- Brunei
- Cambodia
- China
- Hong Kong / Hong Kong Sar
- India
- Indonesia
- Israel
- Japan
- Jordan
- Kazakhstan
- Korea, Republic Of
- Kuwait
- Laos
- Lebanon
- Macao
- Malaysia
- Mongolia
- Myanmar
- Oman
- Pakistan
- Philippines
- Qatar
- Saudi Arabia
- Singapore
- South Korea
- Taiwan, Province of China
- Thailand
- United Arab Emirates
- Uzbekistan
- Vietnam

Oceania:
- Austrailia

The internet spans the globe. And so do we. Although headquartered in the UK, National Online Safety has an international reach – chosen by some 35,000 schools, in more than 100 countries, across six continents, to support their online safety needs.

HOW NATIONAL ONLINE SAFETY SUPPORTS

International Accreditations and Frameworks

British Schools Overseas (BSO) Inspection Scheme

National Online Safety®

Overview

- **Focus on:** Schools overseas who wish to be inspected under the British Government's inspection scheme and become an accredited BSO

- **Accreditation requirements:** British schools overseas: standards for schools

- **Standards set by:** Department for Education (DfE)

Safeguarding and online safety expectations

As part of the standards for BSOs, under 'Part 3: Welfare, health and safety of pupils', schools are required to demonstrate that:

- *"effective arrangements are made to safeguard and promote the welfare of pupils at the school taking into account the local context." (page 10, paragraph 7)*

Similarly for boarders, under 'Part 9: Minimum standards for boarding', schools must ensure:

- *"that arrangements are made to safeguard and promote the welfare of pupils at the school." (page 24, paragraph 11.1).*

- *"that behaviour policies include measures to combat cyberbullying and promote positive behaviour." (page 24, paragraph 12.1)*

How National Online Safety can support your accreditation

The BSO standards for schools closely follow the UK Independent School Standards, which aligns its safeguarding provision, including online safety, to Keeping Children Safe in Education (KCSIE).

Our certified school membership:

- provides role-specific courses for all school staff (Governors, DSLs, teaching staff, non-teaching staff, ICT leads and SENCOs) in line with KCSIE

- supports recommended best practice by the UK government in safeguarding children online, including lesson plans developed in line with UK curriculum requirements

- delivers educational awareness and practical advice from subject matter experts on tackling online safety risks, such as cyberbullying, through monthly webinars and weekly guides

- helps you tailor your safeguarding provision to the 'local context' with a comprehensive range of resources you can use to deliver targeted education and interventions

Council of International Schools (CIS)

Overview

- **Focus on:** International schools
- **CIS membership requirements:** CIS Membership Standards, including CIS Code of Ethics
- **CIS accreditation requirements:** CIS Framework and Protocol
- **Standards set by:** CIS

Safeguarding and online safety expectations

The CIS International Accreditation has adopted the School Evaluation Standards which have been developed by the International Taskforce on Child Protection (ITFCP).

As part of the '13 essential questions' that should be asked of schools, question 11 asks:

- *"Does child protection education and on-line/virtual safety form part of the written and taught curriculum?" (page 4, ITFCP, School Evaluation Committee: Final Report and Recommendations)*

As part of the 18 essential elements' that accreditation and inspection agencies should adopt to ensure schools meet safeguarding and child protection requirements, under 'Procedures', it is expected that:

- *The school shall have in place formal learning programmes throughout the school experience related to child protection which cover areas such as bullying, personal safety, physical abuse, manipulation, grooming, online safety, healthy sexual behaviour, neglect and negligent behaviour, self-harm, staying safe away from home, commercial exploitation and disclosing abuse. These programmes to be delivered by members of faculty or external providers who are trained in these areas. (page 6-7, ITFCP, School Evaluation Committee: Final Report and Recommendations)*

How National Online Safety can support your accreditation

To support the requirements asked by question 11:

- our lesson plans help embed child protection education and online safety into the curriculum.

To help schools implement *"formal learning programmes... related to... online safety"*:

- our certified school membership provides a comprehensive suite of role-specific online safety courses, webinars, explainer videos, lesson plans and guides for the whole school community, including senior leaders, teachers, non-teaching staff, governors and parents/carers. All of our training can be accessed remotely, anytime, anywhere on any device, through our award-winning online learning hub and iOS and Android mobile app.

Council of British International Schools (COBIS)

National Online Safety® NOS

Overview

- ✓ **Focus on:** International British schools overseas
- ✓ **Compliance and accreditation requirements:** COBIS Patron's Accreditation and Compliance Standards
  - **Compliance:** Must meet standards 1-5 (plus 6 for boarding)
  - **Accreditation:** Must meet standards 1-5 (6) AND standards 7-10
- ✓ **Standards set by:** COBIS

How NOS supports COBIS Patron's Accreditation and Compliance Standards

Standard	Part	Requirement	Evidence	How our certified school package meets your obligations
Safeguarding and Safer Recruitment	1B	• All staff within the school, including volunteers and supply staff, meet high standards of child protection and the safeguarding of students	• Programme of regular – annual at least – staff training on safeguarding and child protection, including online safety, tailored to the school's context	✓ Role specific courses for all school staff (Governors, DSLs, teaching staff, non-teaching staff, ICT leads and SENCOs) ✓ Monthly webinars ✓ Weekly and monthly online safety update service ✓ Weekly online safety guides
Student Welfare	2B	• The school has effective provision for the physical and mental health, and safe supervision, of all students, allowing them to flourish in the school environment	• Relevant policies, initiatives, activities and programmes to encourage and support mental and physical health, healthy eating and wellbeing: e.g. guidance about safe and responsible use of IT and social media; support for students on long-term absence, or those learning at a distance	✓ Lesson plans and resources for ages 3-16 ✓ Weekly online safety guides ✓ Explainer videos ✓ Monthly webinars
	2C	• The school ensures that, through positive behaviour management, students are supported in their learning, personal and emotional development and safety	• Approaches to all forms of bullying, including online	✓ Lesson plans and resources for ages 3-16 ✓ Weekly online safety guides ✓ Monthly webinars including: • Cyberbullying in 2021 for Safeguarding/Child Protection Leads • Cyberbullying and Pupils with SEND: Prevention and Early Intervention to Help Children Thrive Online
Leadership in School	8A	• The school's leadership at all levels actively promotes the well-being of students and staff	• How the school actively promotes student mental health and wellbeing: for example: healthy eating, exercise, advice about screen time, alleviation from stress, the dangers associated with modern technology and social media	✓ Lesson plans and resources for ages 3-16 ✓ Weekly online safety guides ✓ Explainer videos ✓ Monthly webinars
Communication	9B	• Parents are suitably informed about their child's progress and pastoral welfare as well as the curriculum, wider opportunities and important transition stages as their children move through the school	• Transition, curriculum and well-being information sessions: e.g. options and higher education meetings; arrangements for transition between stages; and initiatives and projects around areas of pastoral interest: e.g. well-being, responsible use of technology, healthy eating and so on	✓ Weekly online safety guides ✓ Weekly and monthly online safety update service

Certified School Membership

DSLs
Teachers **Parents**
Governors **Pupils** IT Leads
Headteachers
Child Protection Leads Non-Teaching Staff

Supporting your whole school community

Role-specific online safety training for staff and parents

Our new mobile app, for training and resources whenever you need them
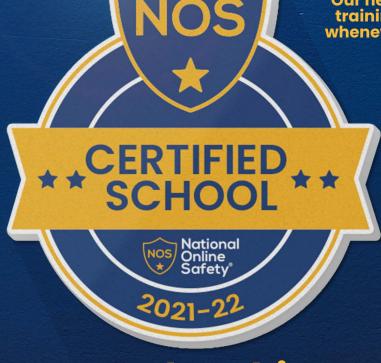
Expert-led webinars on relevant online safety issues

Explainer videos on current and developing topics

Weekly/monthly updates: expert analysis and opinion on the latest online safety news

One convenient dashboard allowing you to manage your school's entire CPD

Our library of award-winning guides

NOS ★
CERTIFIED SCHOOL
National Online Safety®
2021-22

Membership

Certified School status evidences your commitment to online safety. To achieve it, a school needs to roll out training to more than 10 staff, who then complete specific courses. Staff should also demonstrate engagement with our guides and webinars, while parents must complete any of our parents' courses.

Comprehensive lesson plans to support online safety learning at every age

NOS ★
National Online Safety®

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Safe Remote Education Accreditation

Purpose-built Safe Remote Education Hub for easy roll-out and oversight

Maintain effective child protection arrangements

National Online Safety®

Training across six key remote education areas

Support pupil wellbeing and mental health

Deliver high-quality remote education to pupils

Safe Remote Education Status
NOS Safe Remote Education Logo
DOWNLOAD NOW

Earn, display and share your remote education logo immediately

When Covid-19 elevated remote education into an area of global focus, we developed the Safe Remote Education Accreditation scheme – so that schools could demonstrate their commitment to delivering online learning effectively and safely.

The Six Steps to Accreditation

Accreditation requires an appropriate member of staff to complete these six courses and webinars.

Certificate in Delivering Effective Blended and Remote Education

Certificate in Safeguarding Remote Learners

Remote Education: How to Deliver Safe Online Lessons

Pupil Wellbeing and Mental Health during Remote Education

Certificate in Data Protection for Governors and Trustees / for Senior Leaders / for Influencers

Managing Behaviour and Disruption in Remote Education

National
Online
Safety®

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The National Online Safety Hub and Mobile App

The National Online Safety Hub and Mobile App

The National Online Safety Hub

Simple to navigate around, our online safety hub keeps you informed about the latest online crazes – and the hazards associated with them.

- ☑ Access all our training courses and hundreds of insightful resources.
- ☑ Easily share online safety training and information across your whole school community.
- ☑ Create watch lists and recommend training for individuals roles, groups or entire departments.
- ☑ Intuitive online knowledge base to answer your most common queries.

The National Online Safety App

Mobilise your resources and training with our app. Its user-friendly interface and powerful search feature makes our award-winning content available instantly through any smartphone.

- ☑ FREE to download Available on iOS and Android
- ☑ 5 ★ rating on the App Store
- ☑ 4.9 ★ rating on Google Play
- ☑ Notifications to your phone as soon as new content becomes available
- ☑ In-app voting system so you can help determine the subjects we cover in future

FREE to download
Available on iOS and Android

Download on the App Store

ANDROID APP ON Google play

INCLUDED IN MEMBERSHIP
Courses and Webinars

Courses and Webinars for Schools

Developed and delivered by experts in their field, our courses and webinars tackle the most important topics in online safety.

- ⊘ Choice of more than 100 courses and webinars
- ⊘ At least 3 new webinars added each month on the latest hot topics
- ⊘ Role-specific courses split into bite-size modules for flexible learning

Designed for:

Senior Leaders

Child Protection Leads

Teaching Staff

Non-Teaching Staff

Governors

Parents

SEEKING VALIDATION ONLINE (SECONDARY)

STAFF ONLINE COURSE

SEEKING VALIDATION ONLINE (PRIMARY)

CERTIFICATE IN ONLINE REPUTATION FOR **PARENTS AND CARERS** ONLINE COURSE

WEBINAR FOR SCHOOLS **SCREEN ADDICTION: ASSESSING THE IMPACT AND HOW TO DEVELOP HEALTHY HABITS (SECONDARY)**

CERTIFICATE IN ONLINE REPUTATION FOR **LEADERS** ONLINE COURSE

WEBINAR FOR SCHOOLS **HOW TO MAXIMISE DIGITAL LEARNING TOOLS FOR EDUCATION | MS TEAMS, SWAY, PADLET**

CERTIFICATE IN TEACHING ONLINE SAFETY **EARLY YEARS** ONLINE COURSE

WEBINAR FOR SCHOOLS **THE ROLE OF THE MENTAL HEALTH LEAD IN ONLINE SAFETY AND SAFEGUARDING**

WEBINAR FOR SCHOOLS **CYBERBULLYING IN 2021 FOR SAFEGUARDING/ CHILD PROTECTION LEADS**

WEBINAR FOR SCHOOLS INTIMACIES

CERTIFICATE IN TEACHING **SECONDARY** ONLINE COURSE

HOW TO SUPPORT CHILDREN TO BUILD SAFER ONLINE CONNECTIONS (SECONDARY)

CERTIFICATE IN TEACHING ONLINE SAFETY **PRIMARY** ONLINE COURSE

WEBINAR DANGE DARK W

CERTIFICATE IN ONLINE SAFETY FOR **SENDCOS**

WEBINAR FOR SCHOOLS **HOW TO SUPPORT CHILDREN TO BUILD SAFER ONLINE CONNECTIONS (PRIMARY)**

National Online Safety®

Courses for Parents

Engaging parents and carers in online safety has never been more important. Understanding the digital threats that young people might face at different ages helps adults feel confident and empowered to keep their children safe on the internet.

Our parents' courses provide insight into how young people tend to engage with the online world at various phases of their development. At each stage, they address potential risks and suggest ways to ensure that children can learn and play safely online.

Developed by our experts, each course focuses on a specific age group:

4–7   **7–11**   **11–14**   **14–18**

Courses & Webinars A-Z

ONLINE SAFETY COURSES FOR SCHOOLS

🎓 Annual Advanced Certificate in Online Safety for Child Protection and Safeguarding Leads (International Schools) 2021-22
🎓 Annual Certificate in Online Safety for Governors (International Schools) 2021-22
🎓 Annual Certificate in Online Safety ICT Leads (International Schools) 2021-22
🎓 Annual Certificate in Online Safety for Non-Teaching Staff (International Schools) 2021-22
🎓 Annual Certificate in Online Safety Mental Health Leads (International Schools) 2021-22
🎓 Annual Certificate in Online Safety for SENDCOs (International Schools) 2021-22
🎓 Annual Certificate in Online Safety for Teaching Staff (International Schools) 2021-22

🎓 Annual Certificate in Teaching Online Safety in Early Years (International Schools) 2021-22
🎓 Annual Certificate in Teaching Online Safety in Primary Schools (International Schools) 2021-22
🎓 Annual Certificate in Teaching Online Safety in Secondary Schools (International Schools) 2021-22

🎓 Annual Certificate in Online Reputation for Governors (International Schools) 2021-22
🎓 Annual Certificate in Online Reputation for Leaders (International Schools) 2021-22
🎓 Annual Certificate in Online Reputation for Staff (International Schools) 2021-22

🎓 Annual Certificate in Cyber Security for Governors (International Schools) 2021-22
🎓 Annual Certificate in Cyber Security for Leaders (International Schools) 2021-22
🎓 Annual Certificate in Cyber Security for Staff (International Schools) 2021-22

🎓 Certificate in Writing a Social Media Policy for Schools
🎓 A Practical Guide to Teaching Using Breakout Rooms in Zoom
🎓 A Practical Guide to Teaching Using Google Classroom
🎓 A Practical Guide to Teaching Using Loom
🎓 A Practical Guide to Teaching Using Teams
🎓 A Practical Guide to Teaching Using Zoom

COURSES FOR PARENTS AND CARERS

🎓 Annual Award in Online Safety for Parents & Carers of Children aged 3-7 (International Schools) 2021-22
🎓 Annual Award in Online Safety for Parents & Carers of Children aged 7-11 (International Schools) 2021-22
🎓 Annual Award in Online Safety for Parents & Carers of Children aged 11-14 (International Schools) 2021-22
🎓 Annual Award in Online Safety for Parents & Carers of Children aged 14-18 (International Schools) 2021-22
🎓 Annual Certificate in Online Reputation for Parents and Carers (International Schools) 2021-22
🎓 Annual Certificate in Cyber Security for Parents and Carers (International Schools) 2021-22

🎓 Online Safety for Parents of Children aged 4-7
🎓 Online Safety for Parents of Children aged 7-11
🎓 Online Safety for Parents of Children aged 11-14
🎓 Online Safety for Parents of Children aged 14-18

Courses & Webinars A-Z

WEBINARS FOR SCHOOLS

- Advertisements Online: Developing Digital Literacy Skills in Pupil
- County Lines: Understanding How Criminal Gangs are Targeting Children Online
- Creatively Embedding Online Safety into Curriculum Planning for 2021/22 in Line with DfE Requirements | Primary
- Creatively Embedding Online Safety into Curriculum Planning for 2021/22 in Line with DfE Requirements | Secondary
- Curriculum Considerations: Online Relationships and RSHE
- Cyberbullying and Pupils with SEND: Prevention and Early Intervention to Help Children Thrive Online
- Cyberbullying in 2020 – Practical Safeguarding Guidance for School Leaders
- Cyberbullying 2021: Prevention and Response in School Communities
- Dealing With a Disclosure in Online Safety
- Defining, Understanding and Protecting against Online Hate
- DfE KCSiE Remote Safeguarding Guidance: Online Safety for DSLs, Teachers and Parents
- Developing Your Online Safety Curriculum in Line with Statutory RSHE Guidance and KCSIE 2021 | Primary
- Developing Your Online Safety Curriculum in Line with Statutory RSHE Guidance and KCSIE 2021 | Secondary
- Fake News: How to Recognise the Risks and Support Children's Critical Thinking
- From Virtual to Real Life: Rebuilding Pupils' Emotional Wellbeing After Lockdown
- How Ofsted will Inspect Online Safety: What Schools Need to Know*
- How to Be an Effective Digital Leader in Schools
- How to Maximise Digital Learning Tools for Education | OneNote, Nearpod, MS Forms, Flipgrid
- How School Leaders Can Implement a Culture of Cyber Security
- How to Support Children to Build Safer Online Connections Primary
- How to Support Children to Build Safer Online Connections Secondary
- How to Support Children in Building Digital Resilience
- How Schools Can Implement Digital Media Literacy into the Curriculum
- How to Teach Online Safety Effectively: Primary
- How to Teach Online Safety Effectively: Secondary
- How to Teach Sexual Representations Online in Line with Statutory RSE Requirements
- The Impact of Age-Inappropriate Content and How to Manage Childrens' Exposure
- Influencers - Understanding Influencer Culture and its Impact on Children and Young People
- International Webinar: Understanding Online Safety Laws in the UAE
- Leicestershire Police: Addressing The Online Drugs Trade

- Live Streaming: How to Recognise the Risks and Keep Children Safe Online
- Managing Behaviour and Disruption in Remote Education: Primary
- Managing Behaviour and Disruption in Remote Education: Secondary
- Mental Health and Wellbeing: The Impact of Online Behaviour
- Netiquette: Delivering the Right Communication for the Right Connection
- Non-Suicidal Self-Injury: The Impact of Online Content and Supporting Pupils' Mental Health
- Online Gaming to Online Gambling: Recognising the Signs & How to Prevent Addiction
- Online Grooming: How Schools Can Recognise, React and Respond to a Continuing Threat
- Online Safety for Children with SEND: Building Digital Literacy & Managing Online Risks
- Online Safety for Governors: Meeting Statutory Online Safety Requirements in Line with DfE Guidance
- Online Safety Policy Adapted for 2020 + Free Online Safety Template
- Online Safety: Understanding your Statutory Duties and Effectively Supporting Parents & Carers During Lockdown
- Online Sexual Abuse: An Expert Insight into the Ofsted Review of Sexual Abuse in Schools and Colleges
- Online Sexual Abuse: Strengthening Understanding to Support Prevention and Response
- Online Sexual Abuse: Supporting Children and Young People through a Pupil-Centred Response to Disclosures
- Parental Engagement in Online Safety: Effective Strategies
- Peer on Peer Abuse Online: Prevention and Response in a Digital World
- Radical Right: Safeguarding Children from Online Recruitment and Radicalisation
- Radical Right: Understanding Use of Signs, Symbols and Platforms Online
- Recognising Emotional Vulnerability and Seeking Validation Online - Primary
- Recognising Emotional Vulnerability and Seeking Validation Online - Secondary
- Relationships and Sex Education: Managing Difficult and Sensitive Conversations
- Remote Education: How to Deliver Safe Online Lessons
- Responding to and Managing Self–Generated Intimate Images and Online Child Sexual Disclosures
- Review and Update Your Online Safety Policy in Line with DfE and Ofsted Guidance for 2021-22

Courses & Webinars A-Z

- Safeguarding Online 2021: Understanding Changes to the DfE KCSiE 2021 Proposed Statutory Guidance
- Screen Addiction: Assessing the Impact and How to Develop Healthy Habits
- Social Media & Violence: Preventative Strategies for School Leaders
- Social Pressures Online: Recognising and Managing the Impact of Social Media on Children's Wellbeing
- Staff Abuse Online: Safeguarding against Cyberbullying and Harassment
- Staff Abuse Online: Safeguarding against Cyberbullying and Harassment
- Suicide Prevention in the Context of Digital Behaviours and Online Use
- Supporting Pupil Wellbeing and Mental Health During Remote Education
- The Gaming World Simplified: An Expert Insight into Online Platforms, Genres and Children's Habits
- The Impact of a Digital Footprint: Supporting Young People to Understand the Legacy of Online Behaviour
- The Impact of Age-Inappropriate Content and How to Manage Childrens' Exposure
- The Role of the Mental Health Lead in Online Safety and Safeguarding
- Teaching Online Safety to Children with SEND through Innovative Curriculum Design
- Understanding Changes to Online Safety Statutory Safeguarding Requirements in KCSiE 2021
- Understanding the DfE Statutory Guidance Changes September 2019
- Understanding the New UKCIS Online Safety Audit Tool: Online Safety Requirements for ITTs & NQTs

INCLUDED IN MEMBERSHIP

Online Risk Hub

NOS National Online Safety®

Online Safety Guides

Each week we add to our collection of award-winning safety guides by distilling our experts' analysis of the latest app, game or device that young people are using into an accessible format. Designed to inform in almost every aspect of online safety, they are perfect for sharing with parents.
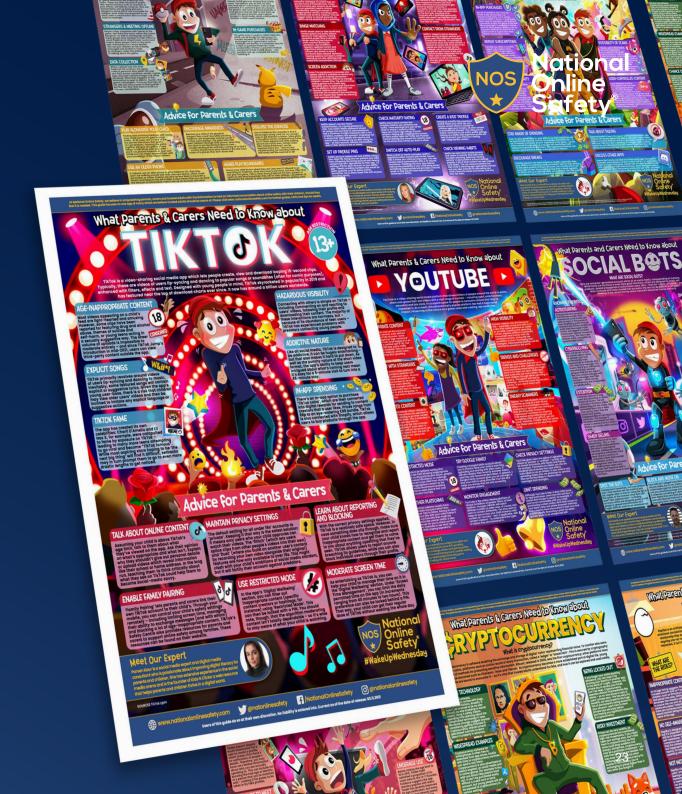
200+ guides

4 categories: games, apps, devices & risks

Online Safety Guides A-Z

APPS AND GAMES

- Among Us
- Apex Legends
- App Store
- Avakin Life
- Call of Duty
- Call of Duty: Cold War
- Call of Duty: Modern Warfare
- Call of Duty: Warzone
- Chatroulette
- Clubhouse
- Counter-Strike: Global Offensive
- Cunch-Line Chronicles
- Cyberpunk 2077
- Discord
- Disney+
- EdTech Summer Holiday Guide
- eBay
- Email Scams
- FaceApp
- Facebook
- Facebook Messenger
- FIFA 20
- FIFA 20
- Fortnite Battle Royale
- Fortnite Chapter 2
- Fortnite Chapter 3
- Grand Theft Auto
- Google Stadia
- Hoops
- Horror Games
- Houseparty
- Instagram
- Kik
- League of Legends
- Likee
- LiveMe

- Microsoft Teams
- Minecraft
- National Online Safety App
- Netflix
- OnlyFans
- Omegle
- Overwatch
- Pokémon GO
- Reddit
- Rec Room
- Replika
- Roblox
- Rocket League
- Snapchat
- Signal
- Steam
- Telegram
- Tellonym
- TextMe
- TikTok
- Tinder
- Triller
- Tumblr
- Twitch
- Twitter
- UEFA Euro 2020/21 Wallchart
- Valorant
- WeChat
- WhatsApp
- Wink
- YOLO
- YouTube
- YouTube Kids
- Yubo
- Zoom

DEVICES

- Amazon Alexa
- Children's Devices Online Safety Guide for Parents
- Children with New Devices
- Fitness Trackers
- Games Consoles
- Home Devices Online Safety Guide for Parents
- How to Clean Devices Guide
- Home Internet Controls
- Nintendo Switch
- Oculus Quest
- Parental Controls for Android Apps
- Parental Controls for iPhone Apps
- Parental Controls to Limit Age-Inappropriate Content | Android
- Parental Controls to Limit Age-Inappropriate Content | iPhone
- PlayStation 4
- PlayStation 5
- Roblox
- Smartphone Online Safety Tips
- TV Safety: How to Manage What Your Children Watch
- Virtual Reality
- Webcams
- Xbox One
- Xbox Series X|S

Online Safety Guides A-Z

ONLINE RISKS

- 10 Top Tips for Repect Online: A Digital World for Everyone
- 10 Top Tips for Repect Online: Inspiring Children to Build a Better Digital World
- 12 Top Tips to Support Mental Wellbeing Through Nature
- 10 Ways You Can Share Kindness Online
- Age-innapropriate Content
- Age Ratings
- Apps and Games for Children: Online Safety Guide
- Back to School Online Safety Tips for Children
- Black Friday: 10 Safety Tips
- Catfishing Online Safety Guide
- Check in with Your Friends
- Children's Mental Health: 10 Conversation Starters for Parents
- Conversations with Your Child about Online Safety: 7 Questions
- Cryptocurrency
- Cyberbullying (Online Bullying) Guide for Schools and Parents
- Cyber Crime
- Cyber Monday: 10 Tips
- Deepfakes
- The Deep Web and the Dark Web
- Echo Chambers
- Email Scams
- Engaging Parents in Online Safety

- Fake News Online Safety
- Fake News
- Free Speech vs Hate Speech
- Friends and Followers
- Gaming Disorder
- Gaming Streamers and Influencers
- Hacking
- Hidden Photo Apps
- How Not to Be A Screen Zombie
- Let's Connect This Christmas (Some Way) Song Lyrics
- Let's Tackle Online Hate Together
- Lifestyle Sites
- Live Lessons: Online Safety Guide
- Live Streaming
- Location Tracking
- Loot Boxes and Skin Betting
- Maintaining Mental Wellbeing during Isolation
- Make the Most of the Online World this Christmas
- Music Streaming Apps and Sites
- Non-Fungible Tokens (NFTs)
- Ofcom 'Children and Parents: Media Use and Attitudes' Report 2020/21
- Online Avatars
- Online Challenges
- Online Content: Conversation Starters for Parents and Carers
- Online Content: Safety Tips

- Online Drugs Trade
- Online Fair Play : The Dos and don'ts of Online Conduct
- Online Grooming
- Online Hoaxes
- Online Safety Tips for Children
- Peer-to-Peer (P2P) Sharing
- Persuasive Design
- Phishing
- Policing vs Parenting: Get to Grips with Gaming Online Safety Guide
- Protecting Personal Data
- Reminders of How to Be Kind Online
- Remote Access and Remote Data Deletion
- Remote Education for Children: 10 Tips
- Remote Education for Educators: 10 Tips
- Remote Education for Parents and Carers: 10 Tips
- Sadfishing: Online Safety Guide
- Safer Online Shopping Tips
- Screen Addiction
- Screengrabs
- Search Engines
- Sexting
- Social Bots
- Social Media and Mental Health: Positive and Negative Impacts
- Social Media and Mental Health

- Social Media Safety Tips
- Social Media Scams
- Social Pressures Linked to Appearance
- Social Pressures Linked To Friends and Followers
- Social Pressures Linked To 'Likes'
- Social Pressures Linked to Social Media Influencers
- Squid Game
- Streaming
- Stress Awareness Month | 30-Day Challenge
- Supporting Children to Express Themselves Safely Online
- Sports Betting
- Themselves Safely Online
- Torrent Sites
- Trolling and Online Abuse
- Video Games and Violent Behaviour
- Video Streaming Apps and Sites
- Virtual Private Networks (VPNs)
- Voice-Activated Searching
- Ways to Be Kind Online

Explainer Videos

Our bite-size explainer videos quickly demystify the online topics that you need to know about – everything from screen addiction, fake news and trolling to hacking, social media influencers and malware.

- ▶ **100+** short videos
- ✚ **14 categories** (including privacy and security, mental health and online identity)

Explainer Videos A-Z

- Age-Inappropriate Content
- Age Ratings
- Artificial Intelligence
- Catfishing
- Child Sexual Exploitation
- Closed Peer Sharing
- The Cloud
- Cookies and Adware
- Copyright Law
- Creative Commons Licensing
- Crowdsourcing
- The Dark/Deep Web
- Deepfakes
- Digital Consent
- Digital Footprint
- Digital Manipulation
- Digital Personality
- Echo Chambers
- Fake News
- Fake Profiles and Social Bots
- Filters and Photo-Enhancing Apps
- Fitness Trackers
- Friends and Followers
- Gaming Disorders
- Gaming Genres
- Gaming Streamers and Influencers
- Gaslighting
- Hacking
- Hidden Apps
- Identity Theft

- Image Searching
- In-App Purchases
- Information Operations
- Introduction to Identity and Self-Image
- Introduction to Mental Health and Wellbeing
- Introduction to Online Bullying
- Introduction to Online Copyright and Ownership
- Introduction to Online Gambling
- Introduction to Online Gaming
- Introduction to Online Information
- Introduction to Online Platforms
- Introduction to Online Relationships
- Introduction to Privacy and Security
- Introduction to Social Media
- Introduction to Streaming
- Introduction to Technology and Devices
- Lifestyle Sites
- Likes and Reactions
- Live Streaming Apps
- Location Apps
- Location Tracking
- Loot Boxes and Skin Betting
- Malware (Viruses, Trojans, Ransomware)
- Misinformation and Disinformation
- Music Streaming Apps

- Overspending
- Online Avatars
- Online Banter
- Online Bullying
- Online Challenges
- Online Forums
- Online Fraud
- Online Gambling Apps
- Online Gambling and Skin Betting
- Online Gaming Consoles
- Online Grooming
- Online Hate Crime
- Online Hoaxes
- Online Identity
- Online Messaging Apps
- Online Propaganda
- Online Racism
- Online Radicalisation
- Online Relationships
- Online Reputation
- Online Sexual Content
- Password Managers
- Peer-to-Peer Sharing
- Personal Data
- Persuasive Design
- Phishing
- Pirate Sites
- Plagiarism
- Pornography
- Private Web Browsers (Incognito)

- Remote Access & Data Deletion
- Sadfishing
- Screen Addiction
- Screen Grabs
- Search Engines
- Sexting
- Sexual Harassment and Stalking
- Sexual Harassment and Violence
- Social Bots
- Social Media Apps
- Social Media Influencers
- Social Pressures
- Software and Content Licensing
- Streaming
- Tagging and Sharing
- Targeted Adverts and Pop-Ups
- Technology-Related Communication
- Terms and Conditions
- TOR Browsers
- Torrent Sites
- Trolling & Online Abuse
- Video Streaming Apps
- Vloggers
- Voice Activated Searching
- VPNs
- Web Browsers
- Webcams
- Wellness Apps
- Whistleblowing

Weekly Newsletter and Monthly Update Service

Our weekly newsletter and monthly update service emails are delivered direct to your inbox and provide you with the very latest news and informed opinion, straight from our experts. So no matter how rapidly the online landscape changes, you will never get left behind.
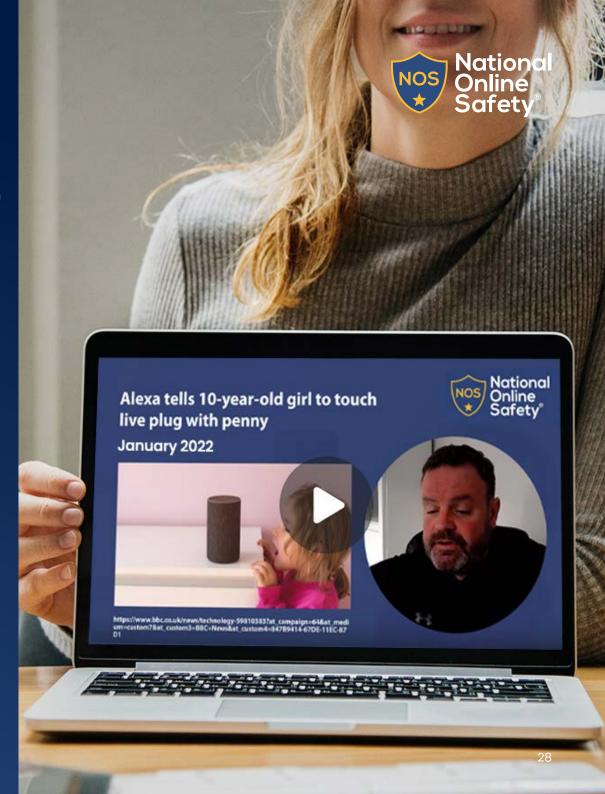
✉ Weekly newsletter includes latest online safety guide

🖥 Monthly update includes video round-up

INCLUDED IN MEMBERSHIP
Lesson Plans

Lesson Plans

National Online Safety®

All of our lesson plans have been designed by practising online safety leads and deliver consistent and appropriate messages across the age ranges to support you in offering a rich, diverse and comprehensive online safety curriculum.

- Innovative lesson activities
- Interactive videos / virtual lessons
- Downloadable resources

AGES 0–4	AGES 4–7	AGES 7–11	AGES 11–14	AGES 14–18
Our early years lessons nurture learning and development through play and exploration. With fun and engaging activities, they help young children to start building the knowledge to protect themselves from the risks they could face when they are online.	For this age group, our lesson plans tap into children's increasing independence and blossoming creativity. They also utilise children's increasing attention span during this phase to impart slightly more detailed information, engaging and inspiring young minds to learn about online safety.	These lesson plans focus on building confidence and energising curiosity through experimentation and problem solving. In sync with this age group's thirst for knowledge and excitement about the world, they deliver serious but age-appropriate messages about online safety in an accessible way.	As children become simultaneously more autonomous and more socially conscious, our activities on subjects like self-image and cyber bullying assume greater relevance. These lesson plans help to develop pupils' abilities to manage information and solve problems, as well as improving their decision making.	These lesson plans are designed for the phase in which young people relish questioning and challenging perceived norms. Each lesson sets clear objectives and supplies key questions that help teachers to direct conversations, foster student discussion and stimulate independent thinking.

Scope and Sequence

National Online Safety®

Our lesson plans support children at each stage of their development through school.

1. SELF IMAGE & ONLINE IDENTITY

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Recognise ways to react to someone who makes them feel sad or upset.	Recognise that people can make others feel sad or upset, providing specific scenarios, and being able explain how others may look and act differently online.	Understand what is meant by an online identity, how people can change their identity online, how to evaluate online content and how to get help.	Understand how an online identity and offline identity could be different, how social media can perpetuate a stereotype and what pressures posting on social media can bring.	Identify their own self-image, understand how their self-image can be used for positive self-promotion and explain how to support others who may be struggling.

2. ONLINE RELATIONSHIPS

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Recognise some ways in which the internet can be used to communicate.	Understand when to ask permission to do something online, why it's important to be kind, how technology can be used to communicate and rules for sharing content.	Understand the difference between getting to know someone online and offline, building trust online, different forms of communication and the risks around sharing content with others.	Understand the signs of harmful online situations, identify the use of harmful or discriminatory language online and learn to develop healthy online relationships.	Identify the dangers of poor interaction online, where to go to for support, evaluate their own conduct and lifestyle online and understand the benefits of positive online relationships.

3. ONLINE REPUTATION

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Identify ways that they can put information on the internet.	Recognise that information can stay online for a long time and can be seen by others or copied.	Understand how to search for information about others, how judgements can be formed based on what is found and how to develop and protect a positive online reputation.	Understand that what is posted online can stay there forever, analyse their own social media posts and determine what other people might think about them.	Explain what an online reputation is and how it can be developed, distinguish between legal and ethical issues and explore how someone's online reputation might be inaccurate.

4. ONLINE BULLYING

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Describe ways that people can be unkind online and examples of how this can make others feel.	Describe negative behaviours online than can upset others, explain what online bullying is and that it's important to get help if they experience it.	Understand how to behave appropriately online, the different ways online bullying can manifest itself, how it can impact others and how to report concerns both in school and at home.	Take responsibility for what they say and do in the digital world, how to get support and help if they are concerned and evaluate their own social interactions with other people.	Explain what online bullying is in different contexts, understand the consequences of online bullying and demonstrate how to affect positive change.

Scope and Sequence

National Online Safety®

5. MANAGING ONLINE INFORMATION

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Talk about how to use the internet as a way of finding information online, including identifying devices they can use to access the internet.	Understand that they may encounter things they both like and dislike online, how to use keywords in search engines, navigate webpages and explain why some information may not be true.	Understand what is meant by fake news, how to evaluate digital content and explain how to make choices about trustworthy information.	Identify trustworthy news sources, analyse the reliability and validity of information and understand why information may be used in a false context.	Understand persuasive design, how misinformation and disinformation may benefit others, making ethical choices and what laws may govern illegal content.

6. HEALTH, WELLBEING AND LIFESTYLE

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Identify rules that help keep them safe and healthy in and beyond the home when using technology.	Understand how they can keep safe when using technology both in the home and in public areas and how those rules can also help others.	Explain why spending too much time online may have a negative impact, how technology may affect health and wellbeing and what some of the pressures of the online world are.	Identify how long might be too long to spend on digital devices, why people can become addicted to their devices and how to self-regulate their own health and wellbeing.	Critically evaluate the negative and positive health benefits of using technology and understand what control measures certain types of content have.

7. PRIVACY AND SECURITY

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Identify some simple examples of their personal information and who would be trustworthy to share this information with and why they are trustworthy.	Understand how passwords work, what more detailed personal information looks like and what simple methods they can use to ensure information is kept private.	Describe simple ways to develop strong passwords, keep personal information private, where their information may be stored online and by whom and how privacy settings on apps work.	Identify more sophisticated ways of protecting their personal information online, the risks of it being accessed by others and the importance of keeping it safe and secure.	Understand how the security of data can be compromised and used without the user's consent, what security measures can be put in place and the importance of data laws.

8. COPYRIGHT AND OWNERSHIP

EYFS (0-4 YEARS)	KS1 (5-7 YEARS)	KS2 (7-11 YEARS)	KS3 (11-14 YEARS)	KS4 (14-18 YEARS)
Understand that work they create belongs to them and how to name things so others know as well.	Recognise why the work they create on technology belongs to them, how to correctly save their work and recognise and describe why other people's work belongs to them.	Understand why copying work from the internet without permission isn't fair, the importance of considering ownership rights and how to reference sources.	Recognise that people have the right to own their ideas, explain what copyright is and define and list the legal framework around copyright protection.	Understand licensing and legislative frameworks around copyright law, how others may protect their work from copyright theft and the impact of plagiarism.

Testimonials

What Schools Say about Us

National Online Safety®

More than 400,000 users across over 32,000 schools benefit from our training and resources. Our average rating is 4.7 stars out of 5 for quality.

★★★★★

"One of the key attractions of National Online Safety was the readiness and the easiness of the guides – how up to date it all was, and that you can just dip in and out. By reading one PDF or watching a short webinar, you can become fully knowledgeable about that area and be quite confident speaking about it in front of students."

Matthew Wemyss; Assistant School Director, Cambridge School of Bucharest

★★★★★

"The content of the website is simple and clear, making it easy for any individual to access the right information."

Stefan Stoica; Teacher, Cambridge English School, Kuwait

★★★★★

"This week for the staff we rolled out the annual teacher course – so far we've had six or seven people completing it, and by the end of the week it'll be 70 staff who have done it.

"There's been great feedback already. I know our safeguarding team are currently completing the safeguarding courses as well. We've really gone for it: rolling stuff out to kids, teachers and parents. Fifty-odd parents have signed up this week, and all it took was an email!"

Andrew Dickinson; Computing Lead, Safa Community School, Dubai

★★★★★

"This course is very hands on and very helpful. It can also pass a strong message to all stakeholders and let them buy into the importance of safe recruitment. Thank you so much!"

Juliet Shu; HR Director, YK Pao School (Songjiang Campus), China

★★★★★

"An excellent learning curve as a healthcare educator and most especially as a parent, thank you!

"Doing this course makes me more proactive on watching for tell-tale signs of any form of negative impact or any form of abuse happening when technology has been misused."

Rebecca Dudley; School Staff (Non-Teaching), Dubai College

★★★★★

"It's amazing how the course is arranged and touches all the significant key areas. Thank you very much!"

Samuel Gathoni; School Staff, non-teaching, the Swiss International School in Qatar

★★★★★

"Amazing platform to consider for your school; designed to support all stakeholders in a school community. Lesson plans, webinars, help guides, CPD and so much more."

Kerry-Lee Schroeter; Technology Integration Specialist, Ajman Academy, United Arab Emirates

Contact

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