



An Introduction to: **XR Therapeutics**

How Extended Reality is being used to transform
mental health services

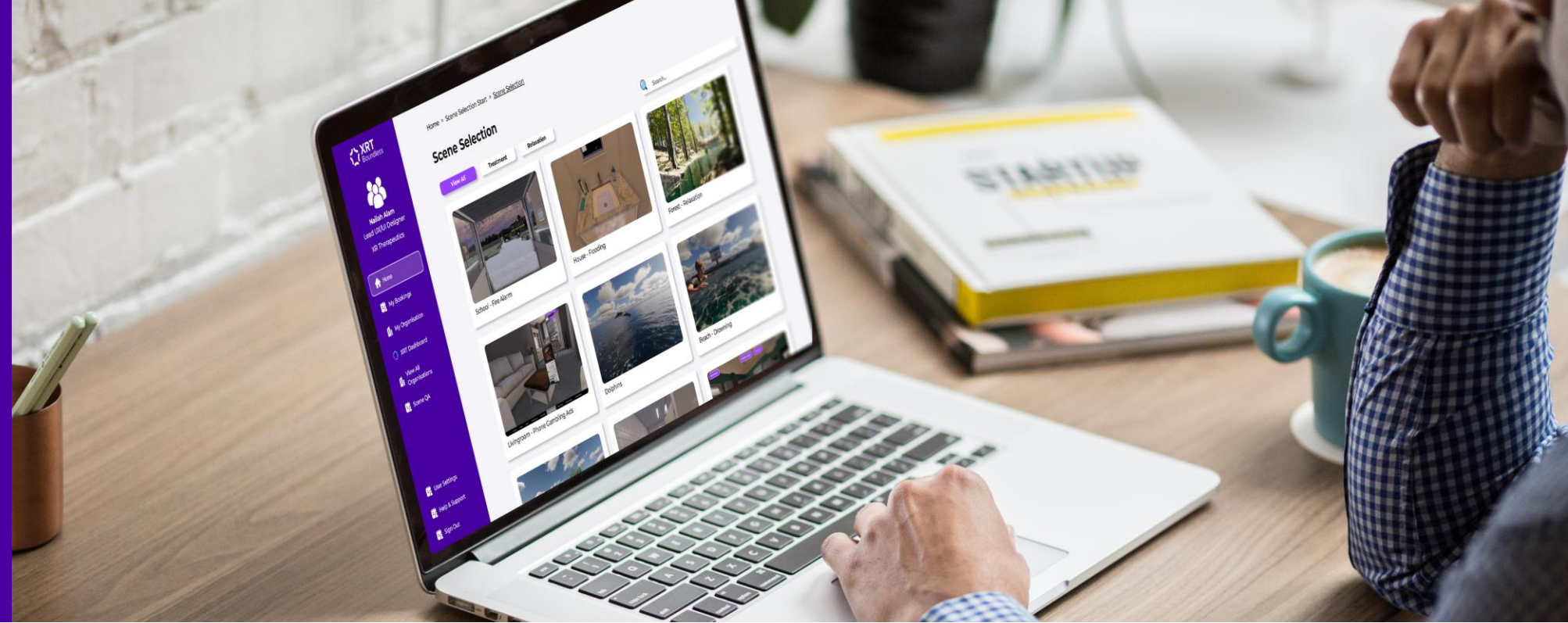
www.xrtherapeutics.co.uk



Penny Day

Chief Operating Officer

The problem



Not always accessible

Conventional talking therapies are not accessible for everyone, particularly for some neurodivergent people or some people with learning difficulties or disabilities, as it can be difficult to engage with therapy.

Not effective

Without adaptations, conventional talking therapies can sometimes be very ineffective and not feel personalised to an individual. It may take an individual multiple rounds of CBT before recovery.

Long wait times

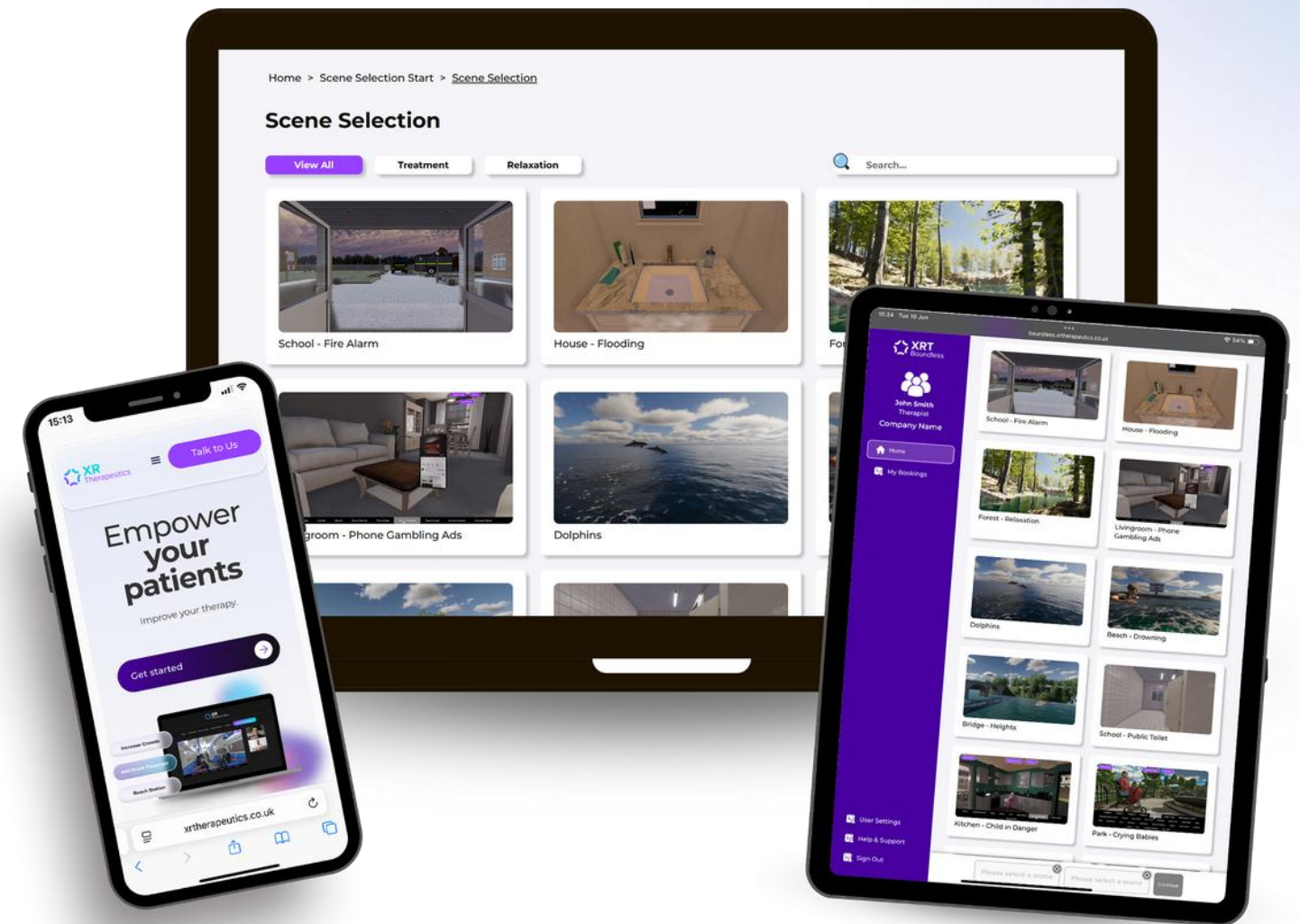
There are more than 1.8 million people on NHS waiting lists awaiting mental health treatment meaning there can be long delays in treatment which can be difficult for the individual and their family.

Our mission

Based on 9+ years of clincial research

XR Therapeutics are looking to forever change the way the mental healthcare industry approaches mental health conditions.

Utilising custom-built digital environments, XRT empowers therapists to engage directly with clients within the scenarios that can trigger them, fostering targeted intervention and personalised care like never before. The software is set up to address any anxiety, anywhere on any device.



As featured in the NHS's 10 year plan





**Penny
Therapist**
XR Therapeutics

Home

My Bookings

My Organisation

XRT Dashboard

View All Organisations

Scene Review

User Settings

Help & Support

Sign Out

Home > Scene Selection

Scene Selection

View All

Treatment

Relaxation



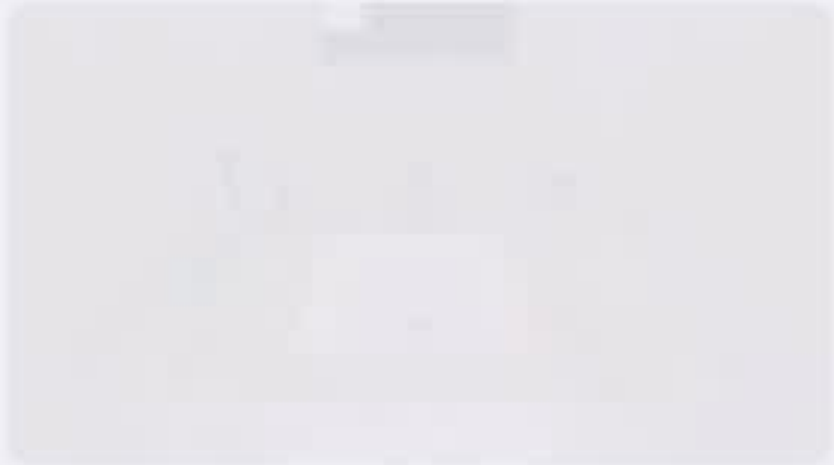
Hostel Reception



SW School Exam Hall



School - Fire Alarm



Hospital A&E

Please select a scene

Please select a scene

Continue



Effective Treatment for Lasting Improvement

Through the provision of flexible hardware and software solutions, our treatment enables clinicians to enhance their therapeutic practice in line with current clinical pathways. This results in both improved effectiveness and increased efficiency for both patients and mental health practitioners.

3 not 8

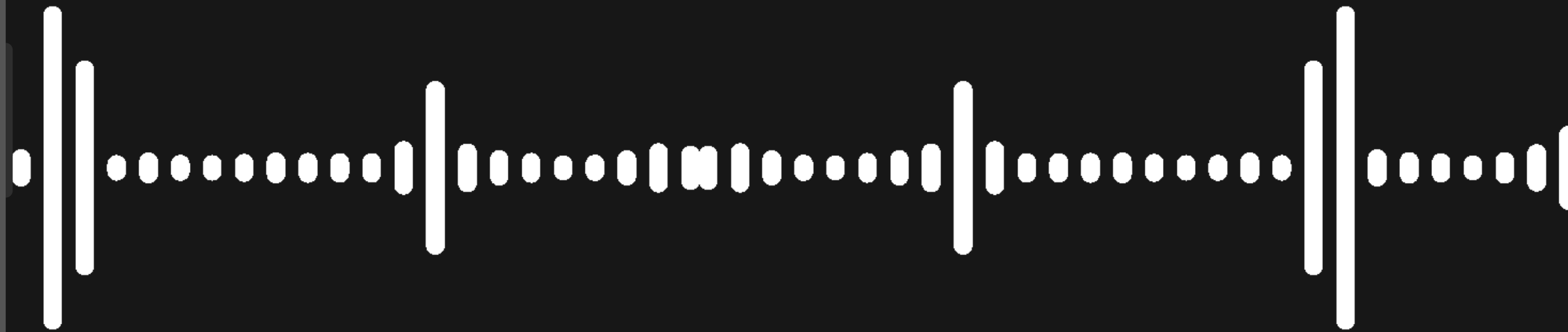
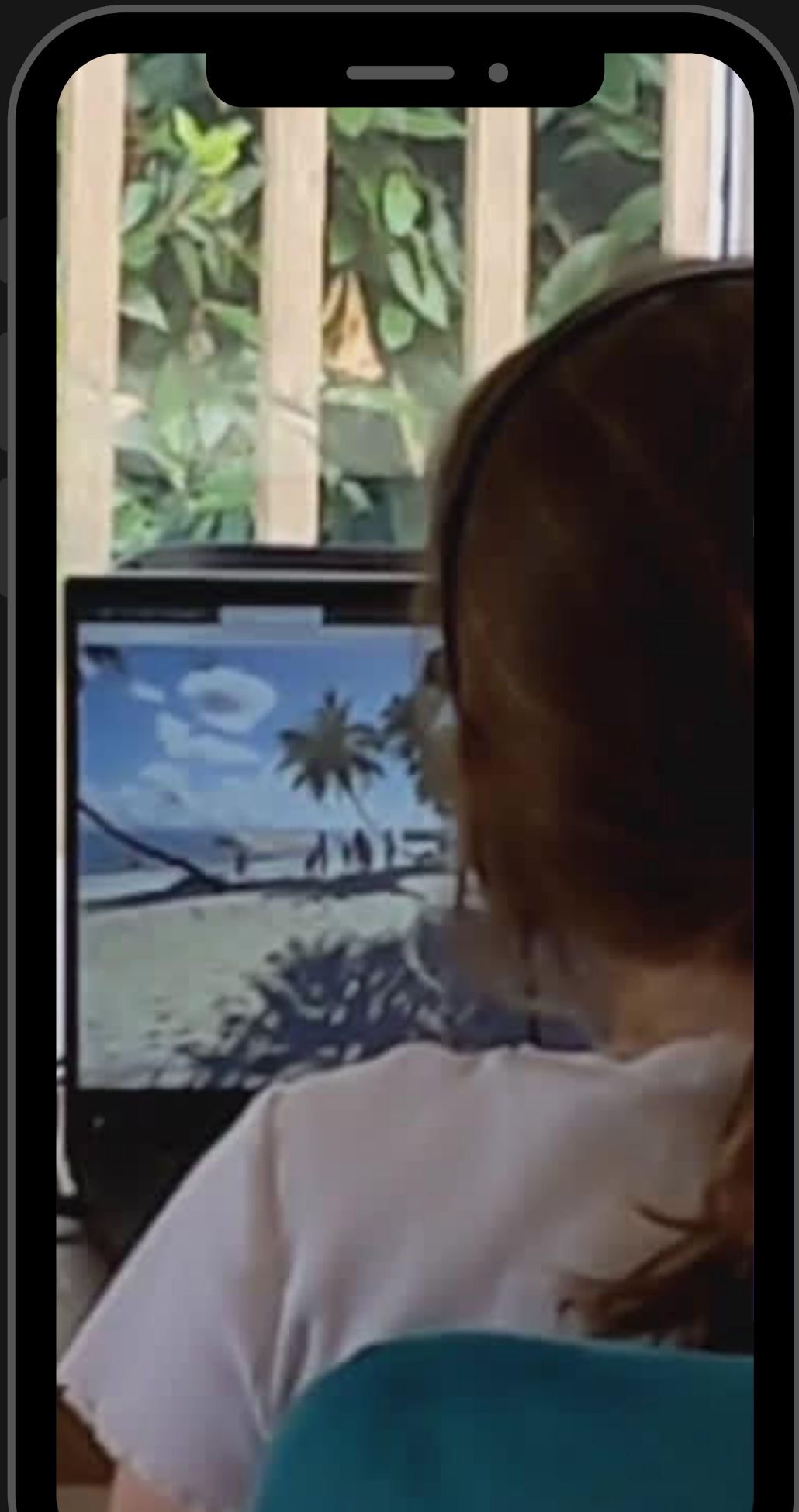
By improving communication and discovery XRT can cut treatment sessions to 2-3 rather than 7-20.

71% not 49%

Conventional talking therapies get 49% of patients to reliable recovery, XRT's intervention gets 71% of patients to reliable recovery.

2 not 12

Patients can be treated 2 weeks rather than a 12 weeks, per 100 patients, our intervention saves departments £21,000.



“The results of the treatment, it totally exceeded my expectations, to be honest. There was one point in one of the sessions where my daughter said to Andy (the therapist), I think I could deal with anything now.”





Thank you for listening!

Any questions?

Get in touch

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