



6TH ICSPP:
FUTURE
SOLDIER
DELIVERING HUMAN ADVANTAGE



**PRESENTATION
GUIDELINES**

Sixth International Congress on Soldiers' Physical Performance (ICSPP):

Future Soldier, Delivering Human Advantage.

London UK. 12 - 14 September 2023

Oral Presentations

A 10-minute presentation by the lead author with 5 minutes for questions. The presentation will be in a chaired session with other presenters. You will be notified of the date, time, and room of your presentation in a separate email. Speakers are requested to email their presentation by Tuesday 5th September to armypers-icspp2023@mod.gov.uk. There will be limited capacity to make changes or upload presentations on the day.

Please note the following rules:

- An oral presentation shall not occupy more than 10 minutes. The Chair will cut you short at 10 minutes to ensure the session keeps to time.
- Oral presentations must be delivered on Microsoft PowerPoint.
- Presentations must be in the English language.

To ensure that presentations are presented in a concise and comprehensible manner, the Scientific Committee advises that:

- All oral presentations should be clear and paced appropriately.
- State the purpose / background, methods, results, conclusions, and military implications of your work.
- Use fonts in a clear and readable way and use bold for emphasis rather than underlining or using italics.
- Limit the use of acronyms and define scientific or military terms for a lay audience.

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Poster Presentations

Posters will be presented in one of three sessions, with one session on each day of the conference. Presenters will be required to mount their poster on the assigned display board by 1100 h on the day of their presentation and to remove their poster by 1800 h. Authors are required to be present at their poster for their 90 minute session. The date, time, and poster board number of your presentation will be emailed separately. Please note that ICSPP does not manage a poster printing service, so please print your poster before travelling. All equipment required to mount the poster will be available at your poster board.

Poster Guidelines

1. Standard A0 (841mm x 1189 mm) size.
2. **Portrait** orientation (*i.e.*, height longer than width).
3. Posters should be readable from at least a metre distance. Choose a large and dark font that can be read from that distance.
4. Posters must be in the English language.
5. The TITLE, AUTHOR(S), and INSTITUTION(S) should be prominently displayed across the top border with lettering visible from a distance.
6. Limit the use of block text and consider the use of illustrations and figures.
7. Aim for clear and simple presentation of data.
8. Keep tables and figures simple and uncluttered.
9. The poster should be self-explanatory in the absence of the author(s).
10. Avoid non-standard abbreviations, acronyms, and jargon.
11. Consider your use of visual contrast and colours for viewers who have difficulty distinguishing closely related colours.
12. Poster displays can typically include some or all of the following: PURPOSE / BACKGROUND / INTRODUCTION, METHODS, RESULTS, CONCLUSION, MILITARY IMPACT, TABLES, FIGURES, ILLUSTRATIONS, AND PHOTOGRAPHS:

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- a. Purpose / Background / Introduction:** A concise statement of the research problem, hypothesis, or objective. Briefly summarise the background that led to this work, clearly identify the purpose or specific aims, and identify the hypothesis(es) tested.
- b. Methods:** Provide the experimental methods and design including confirmation of ethical approval (where appropriate). Include the statistical analyses.
- c. Results:** Include all necessary supporting data including number and demographics of human participants studied. Data should be presented as SI units. Data may be presented by tables, figures, illustration and/or photographs. Make sure each table or figure can be interpreted as standalone.
- d. Conclusion:** Briefly summarise the findings based on the reported results. Avoid repeating results.
- e. Military Impact:** Describe how the research impacts Defence or wider.
- f. Acknowledgment:** Identify funding source(s), institutional support, and individuals who have contributed significantly but who are not listed as authors.
- g. Photographs and Illustrations:** Ensure sufficient resolution when printed as A0.

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Thematic Guidelines

A 90-minute session in total with time for panel questions and / or discussion. Thematic sessions will take the format of a series of oral presentations. You will be notified of the date, time, and room by email. Speakers are requested to email their presentation by Tuesday 5th September to armypers-icspp2023@mod.gov.uk. There will be limited capacity to make changes or upload presentations on the day.

- Each session will include four to six speakers with a nominated Chair to lead the session. The Chair can be one of the speakers or an alternate person.
- Example formats could include: four 20-minute presentations with 10 minutes for discussion and questions; five 15-minute presentations with 15 minutes for discussion and questions; six 12-minute presentations with 18 minutes for discussion and questions.
- Sessions should be an authoritative overview of a topic.

To ensure that presentations are presented in a concise and comprehensible manner, the Scientific Committee advises that:

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- Presentations must be in the English language.
- All oral presentations should be clear and paced appropriately.
- Use fonts in a clear and readable way and use bold for emphasis rather than underlining or using italics.
- Avoid non-standard abbreviations, acronyms, and jargon. The use of abbreviations and acronyms should be kept to a minimum.
- Limit the use of acronyms and define scientific or military terms for a lay audience.