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ZION

®

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There's a reason Zion National Park is the most visited among Utah's Mighty Five. Discoveries here are endless. With forested river beds, narrow sculptured canyons and massive vertical walls rising 3,000 feet to the brilliant sky, there is simply nothing that compares.

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# TRAVEL GUIDE CONTENTS



## GETTING HERE & AROUND

Getting to Utah is easy, and with a little know-how, getting around is also a breeze. Travelling in Utah means falling in love with Utah.

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Ride with bison, raft the West's best whitewater, rappel down slot canyons, then hook a trophy trout — and your holiday is just getting started. Fulfill or create your Utah Bucket List with these nine unforgettable adventures.

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Immerse yourself in the experiences that truly define this vibrant capital city and the greater Wasatch Front.

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Get to know the sophisticated culinary side of Utah with help from a renowned dining critic. This roundup is a mere stepping off point of can't-miss eateries from Salt Lake City and around the state.

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## THE GREATEST SNOW ON EARTH®

Zip up your coat then point your skis or board down your choice of nearly 1,000 runs at 15 ski resorts. Repeat. This is your guide to getting here, getting around and getting More Mountain Time™ on your Utah ski holiday.

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## OUTDOOR RECREATION

Your adventure only starts with The Mighty 5® national parks. It continues with multiple national monuments, recreation areas and state parks plus vast stretches of national forest and open lands filling the space between them.

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## SCENIC BYWAYS

The lure of the open road is strong in Utah. No matter where you drive here, there's a scenic way to get where you're going. These seven scenic byways will fill your eyes with Utah's iconic visual splendour.

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## TRAVEL TIPS & RESOURCES

Travelling to Utah is an adventure. It helps to come prepared, always with a little knowledge, sometimes with gear and supplies. Here are a few tips to help you start planning and packing for Utah.

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Salt Lake City Skyline | Jay Dash

Utah's location at the crossroads of the western United States means travellers enjoy easy access to The Greatest Snow on Earth®, The Mighty 5® national parks and everything in between. Utah's landscape is varied, ranging from high-desert plateaus to alpine meadows and snow-covered peaks to bird-filled wetlands. Across all the varied terrain you'll find different national parks and monuments, state parks and cultural and historic activities, not to mention non-stop outdoor recreation. Without a several week road trip it's hard to experience it all, so pick a region and itinerary to start with, then come back again and again.

[visitutah.com/travel-info](https://www.visitutah.com/travel-info) and [visitutah.com/covid19](https://www.visitutah.com/covid19)

## TRAVELLING TO UTAH

Utah is accessible to the world via Salt Lake City International Airport (SLC). Starting in Salt Lake City is the best place to begin your trip if you want to understand Utah's culture, history and local flavours — and see the towering mountains overlooking the city. Travellers can also fly into Las Vegas' McCarran International Airport for slightly closer access to Southern Utah sites, including a 2.5-hour drive from Zion National Park, St. George and Kanab.

## TRAVELLING AROUND UTAH

With 28 scenic byways and endless beauty, Utah is the premier road trip state. When possible, leave the interstate to slow down and explore these roads. While a rental car will give you the most control, there are also shuttles and group tours. In the Wasatch Front urban corridor of Northern Utah, there is great public transportation.

It takes time to travel between major locations. Taking advantage of the scenic byways offers local scenery, welcoming small towns and off-the-beaten-track attractions. See page 50 for some of Utah's best scenic routes.

## TRAVEL REGIONS

### NORTHERN UTAH

*Where mountains meet metros*

**Recommended regional trip length:**

2 days for Salt Lake City. Add an additional day for each of the following stops: Park City, Antelope Island State Park, Golden Spike National Historic Park, Bear Lake and Timpanogos National Monument. To extend your stay to Vernal and the Dinosaur National Monument area, add another 2 days.

**Top base camps:**

Salt Lake City, Park City, Ogden, Heber Valley, Utah Valley, Logan, Green River

[visitutah.com/northern](https://www.visitutah.com/northern)

### SOUTHEASTERN UTAH

*Where mighty rivers bisect ancient history*

**Recommended regional trip length:**

3 days to fully experience the two national parks. Add an additional day for each of the following stops: Moab river rafting, San Rafael Swell, Goblin Valley State Park, Hovenweep National Monument. Add 2-3 days to experience Bears Ears National Monument, Natural Bridges National Monument and Monument Valley.

**Top base camps:**

Moab, Monticello, Bluff

[visitutah.com/southeastern](https://www.visitutah.com/southeastern)

### SOUTHWESTERN UTAH

*Where alpine forests overlook red rock canyons*

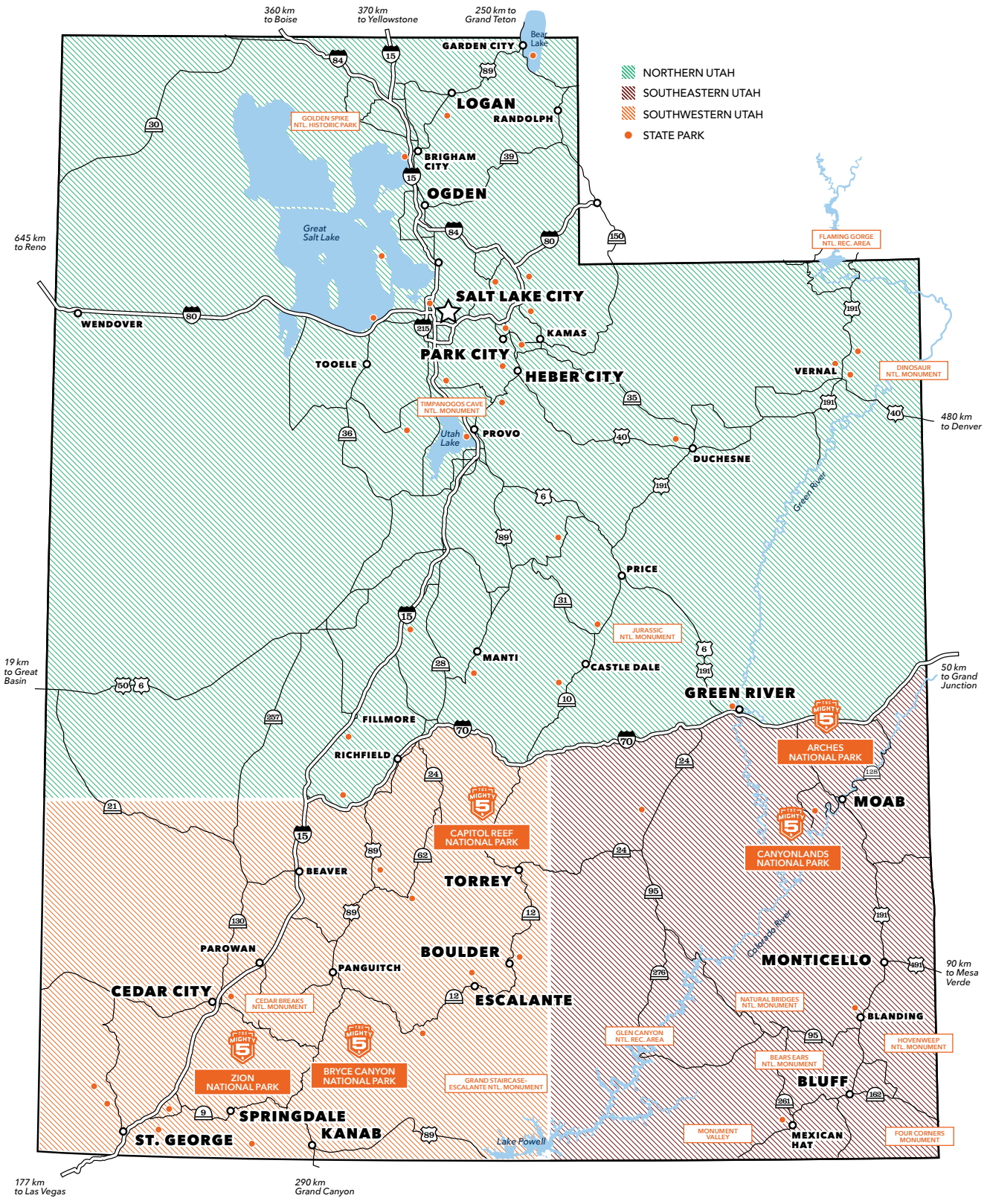
**Recommended regional trip length:**

6 days to fully experience the three national parks. Add an additional 1-2 days for each of the following stops: Cedar Breaks National Monument, Grand Staircase-Escalante National Monument, Lake Powell, Coral Pink Sand Dunes State Park.

**Top base camps:**

St. George, Springdale, Kanab, Cedar City, Escalante, Boulder, Torrey

[visitutah.com/southwestern](https://www.visitutah.com/southwestern)



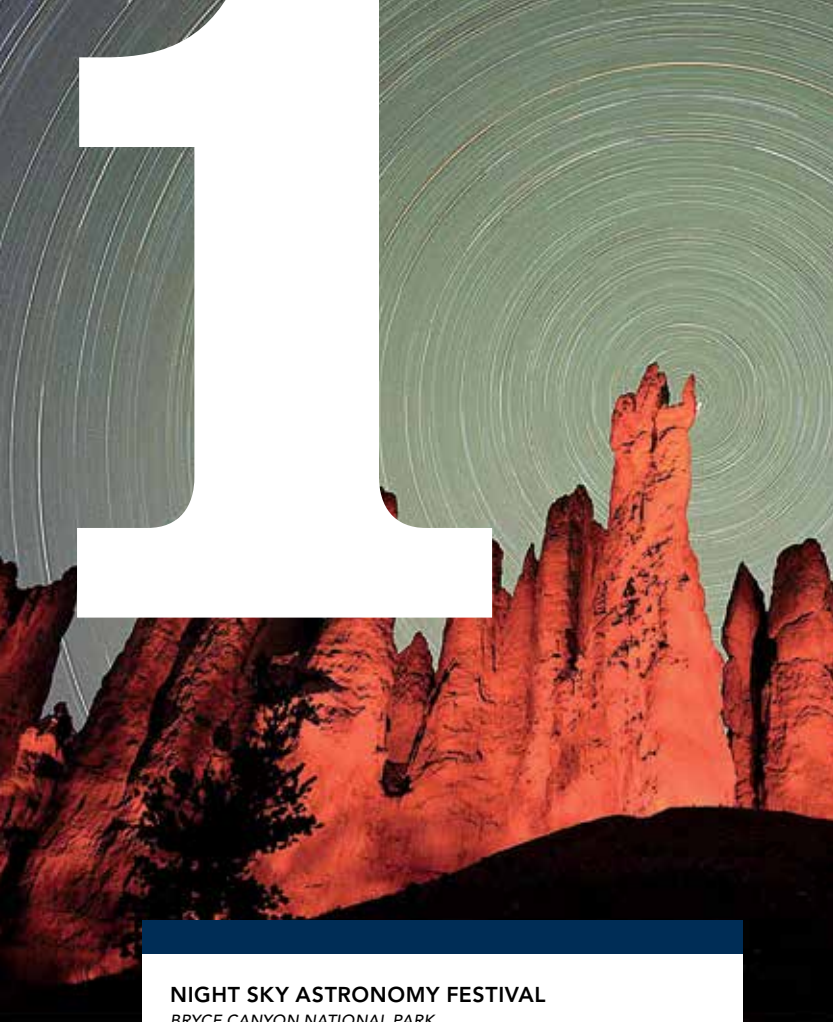
### IN STATE

- Salt Lake City to Moab (via I-15 and Hwy 6) — 4 hrs
- Salt Lake City to St. George (via I-15) — 4 hrs 15 min
- Springdale to Torrey (via Hwy 89 and Hwy 12) — 4 hrs
- Torrey to Moab (via Hwy 24 and I-70) — 2 hrs 30 min

### OUT OF STATE

- Denver to Moab (via I-70) — 5 hrs 30 min
- Las Vegas to St. George (via I-15) — 1 hr 45 min
- Yellowstone to Salt Lake City (via Hwy 20 and I-15) — 5 hrs





## NIGHT SKY ASTRONOMY FESTIVAL

BRYCE CANYON NATIONAL PARK

Embrace the dark side of Utah's national parks by staying up at night. Bryce Canyon National Park will always be recognized for geologic wonders formed by erosion, but a growing number of visitors are sticking around the high-elevation park to play in the dark. The Dark Rangers of Bryce encourage such deviance.

Bryce, it turns out, is one of the best places in the world to take in the night skies. Two other Utah National Park Service units, Capitol Reef National Park and Natural Bridges National Monument, are also among the top stargazing spots.

Bryce celebrates its low level of light pollution with an annual astronomy festival and night sky programmes throughout the year.

[sltrib.com/ubl/Bryce](http://sltrib.com/ubl/Bryce)



## BRETT PRETTYMAN

OUTDOOR WRITER, AUTHOR

Native Utahn Brett Prettyman grew up exploring the natural wonders of the state and shared them with the public as an outdoor writer and columnist for the state's largest newspaper, The Salt Lake Tribune, for 25 years. Brett Prettyman is the former outdoor editor at the Salt Lake Tribune and author of "Fishing Utah," "Best Easy Day Hikes Capitol Reef National Park" and "Hiking Utah's High Uintas" (revision). When not covering stories, and sometimes while doing it, he can be found discovering new Utah adventures with family and friends. He also has his own Utah Bucket List.

[@BrettPrettyman](https://twitter.com/BrettPrettyman) on Twitter

## ABOUT THE UTAH BUCKET LIST

Utah's ample and amazing opportunities for possible outdoor adventure can be intimidating. Where do you start? The Salt Lake Tribune, in partnership with KUED Channel 7, set out to create a multimedia cheat sheet to help motivate people to make and experience their own Utah Bucket List and then actually cross items off.

Each item had to be a unique Utah experience, and the list had to include a variety of activities incorporating various ability levels. The list was designed especially for families and friends to make memories together. "Utah Bucket List" earned two Emmy Awards.

Utah national and state parks made the list, of course, as did a famous winter commodity of the Beehive State. Wildlife excursions are on the Utah Bucket List and so is a trip to Utah Olympic Park for a G-force generating bobsled ride or ski jump into a pool.

See these Utah Bucket List items and more at [sltrib.com/ubl](http://sltrib.com/ubl)  
Follow [@UtahBucketList](https://twitter.com/UtahBucketList) on Twitter or check out The Utah Bucket List on Facebook  
Photos by Francisco Kjolseth/The Salt Lake Tribune, unless noted otherwise.



## BIKING WHITE RIM TRAIL

CANYONLANDS NATIONAL PARK

The slickrock country around Moab gets the majority of mountain biking attention in Utah, but those looking for a different pedal power experience have discovered the unique opportunity of the 160-kilometre White Rim Trail. Some do it all sunrise to sunset, but they could miss what the land-scape has to offer while in such a hurry to set bragging rights.

A more popular way to ride the White Rim is with a sag wagon support vehicle chasing bikers on a more casual three-or four-day camping trip. The more leisurely ride allows visitors to soak up the stunning views and share them with family and friends. Like hiking, there is something special about powering yourself through nature — especially nature like Mother Nature gave Southern Utah.

[sltrib.com/ubl/WhiteRim](http://sltrib.com/ubl/WhiteRim)



**RAFTING CATARACT CANYON**  
CANYONLANDS NATIONAL PARK

There is big white water and then there is the appropriately named Cataract Canyon stretch of the Colorado River in Canyonlands National Park. Many visitors have a river trip on Cataract on their life lists, but it takes a special kind of adventurer to experience the raging Colorado at its peak flow.

During high water years, people drop everything to float Cataract. "It's the biggest white water you can find in the country," said Steve Young, a river ranger at Canyonlands National Park. "It's kind of a bucket list within a bucket list." Don't worry, floating the Colorado is a thrill even at its lowest flow. There are few places where you can truly escape everything about the outside world; Cataract Canyon is one of them.

[strib.com/ubl/Cataract](http://strib.com/ubl/Cataract)

**CAMPING DEVILS GARDEN**  
ARCHES NATIONAL PARK

There are no lodges in Arches National Park, and that is not necessarily a bad thing. Most daily visitors leave the gates near or shortly after sunset. The only place for a head to hit a pillow is the 50-site Devils Garden Campground.

After a day of hiking to some of the greatest natural wonders of the world — the park has more than 2,000 documented arches — hanging out with the family around the campfire keeps the magic moments coming. As the fire dies and the night sky lights up, tired campers find a way to stay awake just a little longer.

Sunrise brings a new day of adventure and more exceptional hiking with options like Delicate Arch, Landscape Arch, Marching Men, Dark Angel and the Fiery Furnace.

[strib.com/ubl/Arches](http://strib.com/ubl/Arches)



**CANYONEERING**  
GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT

From the famous Subway and Narrows routes in Zion National Park to the countless side canyons running into Lake Powell and the surrounding countryside, Utah is zigzagged with slot canyons galore. Naturally, the state would become a destination for canyoneers from around the world when interest in the activity escalated in recent years.

Grand Staircase-Escalante is a perfect place to wander desert slot canyons. People new to the sport and even those with outdoor skills developed from other interests should make at least their first trip canyoneering with experienced friends or guides.

[strib.com/ubl/canyoneering](http://strib.com/ubl/canyoneering)



**UTAH POWDER DAY**  
WASATCH FRONT

Utah's snow is the best on the planet for skiing and snowboarding. If you don't believe it, just ask state officials who trademarked the phrase "The Greatest Snow on Earth" — seriously, legally trademarked it. Mother Nature has been known to dump up to 1.2 metres of the fluffy stuff in one storm on resorts within 40 minutes of downtown Salt Lake City. On days like these, "epic" is an understatement for skiers and snowboarders.

Whether you're riding the lifts and cutting the slopes at one of the state's 15 resorts, exploring the backcountry or venturing out for a Nordic ski adventure, Utah has the perfect winter holiday for hardcore skiers or families interested in strapping something on their feet to get down, or around, the mountain.

[strib.com/ubl/skiutah](http://strib.com/ubl/skiutah)





## FLY-FISHING THE GREEN RIVER

### GREEN RIVER

There are plenty of reasons why the Green River below Flaming Gorge Dam is on the bucket list of fly-fishers; 15,000, in fact, as in the average number of feisty trout per square mile on the river in northeastern Utah.

But anglers who don't take time to look up every once in a while are missing out on some of the best scenery in the country. Explorer John Wesley Powell documented this country in 1869 while floating down the Green and Colorado rivers. Aside from the reservoir, the scenery on a river trip below the dam looks a lot like it did more than 150 years later.

The emerald green waters and red rock canyon create visually pleasing contrasts. The excellent opportunities for fishing and wildlife viewing are just a bonus when floating the river.

[strib.com/ubl/fishgreenriver](http://strib.com/ubl/fishgreenriver)



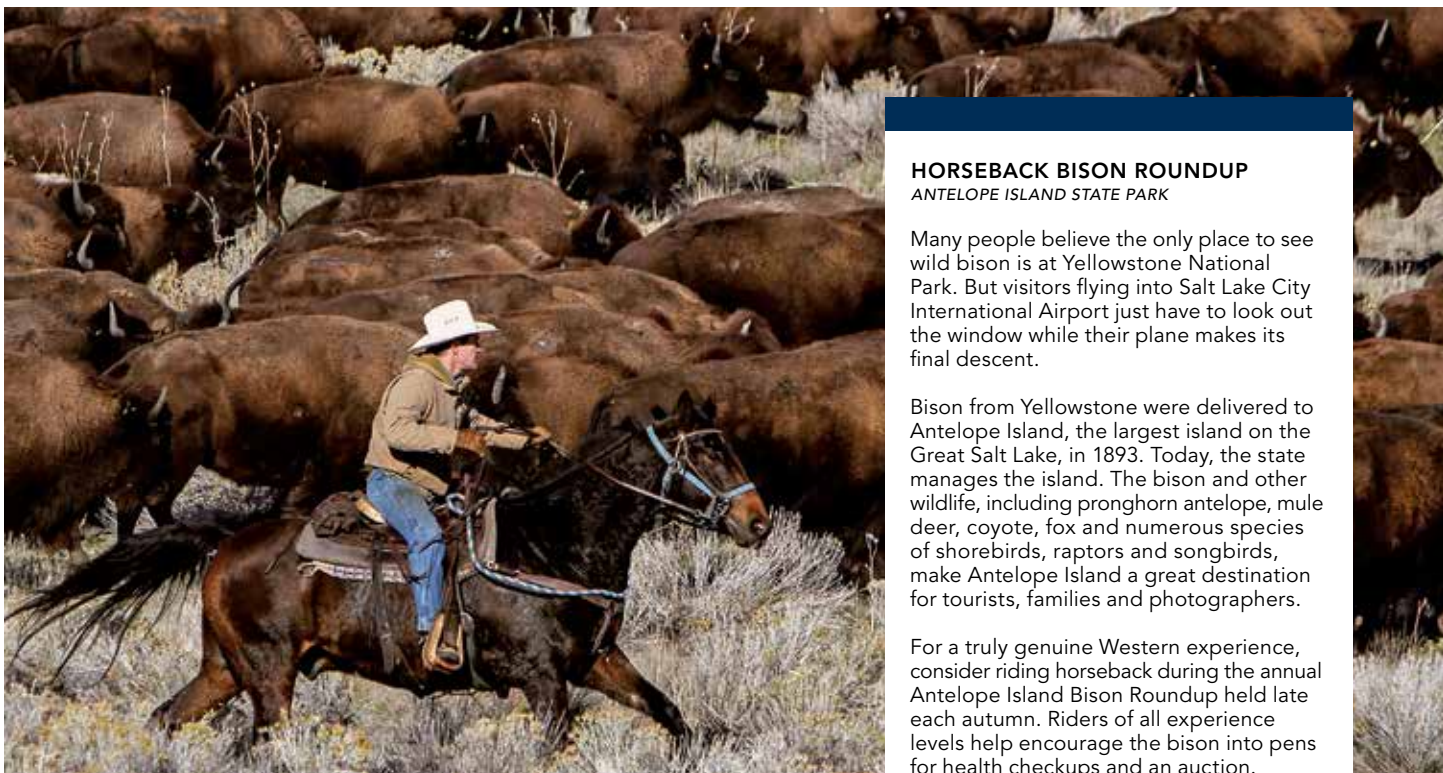
## OLYMPIC PARK

### PARK CITY (WINTER AND SUMMER)

Most tourists visiting the state come to experience its many natural wonders. The 2002 Winter Olympics are another reason to come to Utah. Utah Olympic Park remains as a legacy to the 2002 Winter Games — not only for athletes training for future Olympics, but also for people interested in a taste of the sports.

Utah Olympic Park in Park City offers opportunities for people to ride down the same bobsled track used during the 2002 Games. Rides are available in the winter and the summer months. Fantasy bobsled and skeleton camps are also available in the winter. Another summer activity is taking a freestyle ski jumping lesson. Visitors can suit up and eventually jump into the 2,3 million litre pool used as a landing pad for skiers training for the Olympics.

[strib.com/ubl/olympicpark](http://strib.com/ubl/olympicpark)



## HORSEBACK BISON ROUNDUP

### ANTELOPE ISLAND STATE PARK

Many people believe the only place to see wild bison is at Yellowstone National Park. But visitors flying into Salt Lake City International Airport just have to look out the window while their plane makes its final descent.

Bison from Yellowstone were delivered to Antelope Island, the largest island on the Great Salt Lake, in 1893. Today, the state manages the island. The bison and other wildlife, including pronghorn antelope, mule deer, coyote, fox and numerous species of shorebirds, raptors and songbirds, make Antelope Island a great destination for tourists, families and photographers.

For a truly genuine Western experience, consider riding horseback during the annual Antelope Island Bison Roundup held late each autumn. Riders of all experience levels help encourage the bison into pens for health checkups and an auction.

[strib.com/ubl/antelopeisland](http://strib.com/ubl/antelopeisland)



# WIDE *OPEN* SPACES



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With two National Parks, three State Parks, and one of the largest National Monuments, there's plenty of open space to explore in Bryce Canyon Country.

**BRYCECANYONCOUNTRY.COM/IG**







Dusk, Salt Lake City | Jay Dash Photography

Salt Lake City is the urban heart of Northern Utah's vibrant Wasatch Front. A city known equally for its thriving downtown as its backyard mountain range, Salt Lake City offers cosmopolitan amenities in an easy-to-navigate urban setting. The city is just a stone's throw from hundreds of kilometres of trails for hiking, running and exploring and a dozen ski resorts, including four within 30 minutes. This unparalleled proximity has earned Salt Lake the distinction of being the only "Ski City." Even Park City, the first IMBA Certified Gold-Level mountain biking city in the country and home to Deer Valley and Park City mountain resorts, is less than 45 minutes up the canyon. Utah's five national parks are an average of four hours away by car. In short, by marrying the best of urban attractions and outdoor adventures, Salt Lake City is both a travel destination itself and is the jumping-off-point for many Utah holidays.

## FIND YOUR WAY

Historic Temple Square, located at Main Street and South Temple Street, is the point of origin for the four quadrants of the Salt Lake City street grid system. From Temple Square, major streets count up in increments of 100. State Street (100 East) is a primary artery running the full length of the valley beginning on Capitol Hill.

Locals frequently abbreviate street names, so you'll hear 1300 South, 500 East spoken as "13th south, fifth east." Popular neighbourhoods just outside downtown include the Avenues, University, Liberty Wells, 9th and 9th, 15th and 15th and Sugar House. Each district has a unique character and features local shops, theatres, restaurants and bars worth seeking out.





EXPLORE BACKYARD  
TRAILS AND ADVENTURES  
YOU CAN ONLY FIND IN  
SALT LAKE CITY

[visitutah.com/slc-backyard](http://visitutah.com/slc-backyard)

Living Room Trail | Jay Dash Photography



The Tabernacle Choir at Temple Square

## URBAN & MODERN

Great holidays go hand in hand with great food. In 2014, Wine Enthusiast Magazine named Salt Lake City one of "America's 5 New Foodie Cities." Salt Lake has award-winning microbreweries like Squatters, Uinta and Red Rock, distilleries like Sugar House and Beehive and skilled mixologists at hip downtown spaces like Eva, The Rest, Whiskey Street or actor Ty Burrell's Bar-X and Beer Bar, to pair with your dinner. Tony Caputo's Market and Liberty Heights Fresh offer the best in local, artisan food like Creminelli Fine Meats and Amano Artisan Chocolates.

Evenings bring out the best cultural attractions at performing arts and music venues including Broadway at the Eccles Theatre. Award-winning productions by Ballet West, the Utah Symphony & Opera and Pioneer Theatre Company provide an international flair.

Catch national and local acts headlining downtown venues like the Urban Lounge, The Depot and The State Room and at multiple outdoor summer concert series.

## ARTS & FESTIVALS

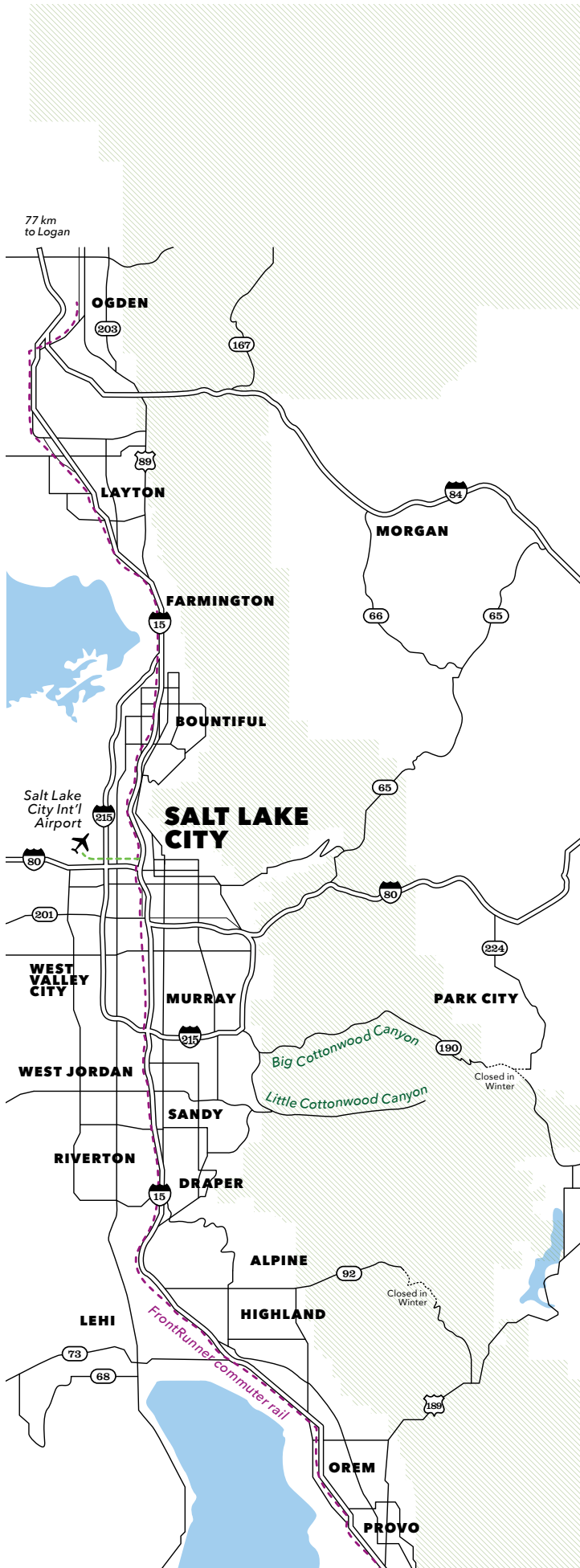
Discover the anchors of Salt Lake City's art scene, then browse the several independent galleries sprinkled about downtown, including the arts, crafts and boutiques of West Pierpont Avenue and Broadway (300 South).

Spring through autumn there are downtown festivals and events almost every weekend including Living Traditions, Pioneer Farmers Market, Utah Pride Festival, Utah Arts Festival and the International Jazz Festival. SLUG Magazine, also known as Salt Lake UnderGround, annually hosts Craft Lake City, which celebrates the city's strong do-it-yourself and entrepreneurial character. Other major events include FanX® Salt Lake Comic Convention™ and the Sundance Film Festival.

## HERITAGE & RELIGION

Settled in 1847, Salt Lake is a relatively young city, and its heritage remains strong. In fact, Salt Lake City's most popular attraction is the 35-acre Temple Square. This beautiful downtown site is the spiritual centre for The Church of Jesus Christ of Latter-day Saints and offers free walking tours in forty languages, extensive genealogy, great dining and frequent performances of The Tabernacle Choir at Temple Square. This Is the Place Heritage Park brings to life Utah's Mormon and native history and marks the end of the 2,092 kilometre Mormon trail.





## THE WASATCH FRONT

Salt Lake City is conveniently located midway along the Wasatch Front – Utah’s 160-kilometre-long metropolitan corridor in Northern Utah. Made internationally famous during the 2002 Winter Olympics, the Wasatch Front is home to ten world-class ski resorts, dynamic cities and unlimited year-round outdoor adventure. Here is a snapshot of top cities and attractions along the Wasatch Front:

Fans of professional sports can catch a Utah Jazz basketball game at the Vivint Smart Home Arena in downtown Salt Lake City, or lovers of the beautiful game of soccer (or should we say, football) can travel south to sing and chant alongside fans of Real Salt Lake at a Major League Soccer match in Sandy.

Farther south, appreciate exotic and native Utah ecosystems at the Living Planet Aquarium in Draper, home to more than 450 species. Continuing south to Lehi, stroll amongst the gardens and visit the shops and museums at Thanksgiving Point.

Provo and Orem, at the southern end of the front, offer easy access to Sundance Mountain Resort and Mount Timpanogos as well as Provo Canyon’s fly fishing, hiking and skiing.

North of Salt Lake City, historic Ogden offers visitors a burgeoning downtown nightlife. Settled by mountain men before the Mormons arrived in Salt Lake City, Ogden prides itself on feeling a little set apart from the rest of Utah. This is the place to find locally roasted coffee, craft breweries, farm-to-table cuisine and extensive recreation including Weber River tubing, a restored urban river waterfront and iFLY indoor skydiving.



**Clockwise from top:**  
 Brighton Ski Resort | Jay Dash  
 Dining at Laziz Kitchen | Nicole Morgenthau  
 Bustling Main Street, Park City | Mike Schirf  
 Historic 25th Street, Ogden | Jay Dash







COME FOR THE SCENERY.

STAY FOR THE SCENE.

Travel is more interesting when you venture West of Conventional. Salt Lake is a progressive mountain hub, wide open to free thinkers and adventure seekers. It's four seasons of outdoor adventure, vibrant culture and a welcoming spirit. Plus an international airport offering over 700 daily nonstop flights to and from over 95 destinations. [visitsaltlake.com](https://visitsaltlake.com)





2







Utah is fast becoming known as a foodie's paradise. From charming bistros and culinary hotspots to hip, downtown distilleries, Utah's dining and nightlife offer surprising and delectable options for every palate.

Diversity is the keynote here, with award-winning chefs and restaurants spanning the globe to bring us cuisines from places as diverse as Asia, Latin America, Eastern Europe, Africa, the Middle East and elsewhere; if it's flavourful, you can probably find it here.

## NEIGHBOURHOODS

There are culinary corners, streets and neighbourhoods in Salt Lake City where killer cuisine seems to be especially concentrated. From a Parisian bistro to Middle Eastern meals, this quartet of culinary hot spots offers delightful destination dining.

## GREATER AVENUES

The bucolic Avenues neighbourhood, with its hilly streets and superb eateries, is remarkably reminiscent of San Francisco. At the cookbook-strewn Avenues Bistro on Third — a lovely local spot for outstanding food and drink. Ditto Cucina, where the extensive wine list is certainly a draw, but so is its' inventive cuisine — pork belly pozole and his terrific tandoori lamb chop, for example. Indian flavors with a modern flare is the mantra at beautiful Saffron Valley East India Café. Along with traditional dishes are modern menu items like the Bombay Sloppy Joe and Saffron Banana Split. Craft beers brewed in-house and anything-but-routine pub fare is the calling at Avenues Proper Restaurant & Pub House, where their Hopspital IPA pairs perfectly with duck fat-spritzed Prop-corn or General Tso's Pork Belly Tacos.



## 3RD & 3RD (DOWNTOWN)

One of SLC's iconic culinary corners is 300 West and 300 South, where for years Tony Caputo's Market & Deli has been feeding the city's foodies with imported cheeses, chocolates and gourmet foods, plus an unbeatable array of deli sandwiches, pastas and such. Just around the corner, Cucina Toscana has been a longtime go-to destination for Tuscan-style Italian cuisine like scaloppine di vitello al limone. Travelling the other side of the globe, Laan Na Thai is a mom-and-pop eatery dishing up the vivid flavors of northeastern Thailand — nam tok, for example. And, for comfort food at its Belgian best, be sure to visit. Bruges Waffles & Frites, where the name of this fun eatery pretty much tells the story. Be sure to check out the SLC Farmers Market at Pioneer Park on Saturdays throughout the summer. **Laan Na Thai (pictured)**

## HARVEY MILK BOULEVARD

SLC's east-west corridor called Harvey Milk Boulevard (aka 900 South) is a smorgasbord of fresh, fantastic flavors. Vibrant local art decorates the walls of Meditrina, while that same vibrancy describes every dish at Jen Gilroy's tasty tapas eatery. Just around the corner, aromas of fresh-baked pita, simmering legumes, and fresh herbs welcome guests into Laziz Kitchen, the home of mouthwatering Middle Eastern cuisine. For southern-style American comfort food, the Pig & A Jelly Jar has you covered with chicken and waffles, beignets, fried pickles and Mason jar libations. Modern, elevated Greek cuisine is on tap at Manoli's, where creative Greek meze and mains like pan-seared branzino and delectable donuts called loukoumathes. Ristorante Italiano is an inviting local gem exquisitely showcasing the cuisine of Northern Italy. **Laziz Kitchen (pictured)**

## 15TH & 15TH

Stroll the tree-lined blocks around 1500 South and 1500 East and you'll discover a veritable United Nations of foods and flavors. At Mazza Middle Eastern Cuisine, Lebanon, Morocco, Syria, Egypt, and other countries are well-represented with dishes. Next door to Mazza, the Trestle Tavern offers guests creative Eastern European-meets-American cuisine, ranging from paprikash, goulash and pierogies to grilled Utah trout and seared lamb tenderloin. As a bonus, stop in one of the city's fiercely independent bookstores: The King's English. **Caputo's Market & Deli (pictured)**



Pictured left: Andinita's Restaurant



# MORE SALT LAKE DINING

## LOG HAVEN

Log Haven is an iconic Utah dining destination, originally built as a log mansion before being purchased and made into a world-class restaurant by owner Margo Provost and her talented team. Nature, nurture and nourishment come together on the 40 private acres that Log Haven occupies in nearby Millcreek Canyon. Waterfalls, streams and stunning views complement chef Dave Jones' inventive and eclectic cuisine, which incorporates Asian and Southwestern flavours in dishes like Korean fried cauliflower and roasted poblano chile mac and cheese. It's no wonder that Log Haven is in high demand for weddings and other special occasions.

+1 801-272-8255 | [log-haven.com](http://log-haven.com)

## EVA

Eva owner/chef Charlie Perry looked to his great-grandmother, Eva Coombs, when naming his inviting eatery. He credits her for passing a love of quality ingredients and the "shared pleasures of eating" to him. The eclectic menu has a Mediterranean tinge to it — consider shrimp and grits with feta, for example. But the cuisine really spans the entire globe with dishes like togarashi fried chicken, lamb and pork cevapi and Neapolitan-style pizzas. Super-friendly service, a casual-but-classy atmosphere and a terrific selection of craft cocktails, beer and wine all add to Eva's excellence.

+1 801-359-8447 | [evaslc.com](http://evaslc.com)

## J. WONG'S THAI & CHINESE BISTRO

The interesting blending of Chinese and Thai cuisines at J. Wong's isn't surprising once you know that the Wongs — originally from China — emigrated to Thailand before settling down here in Utah. Their restaurant has a contemporary, sleek look, with imported artwork and décor from China and Thailand. It's an inviting, beautiful eatery. On the menu, flavours range from Thai curries and Chinese stir-fries to inventive dishes like honey-glazed walnut shrimp and equally delicious Hong Jue scallops. An excellent beer, wine, liquor and sake selection just adds to J. Wong's appeal.

+1 801-350-0888 | [jwongs.com](http://jwongs.com)



## STANZA ITALIAN BISTRO & WINE BAR

Eye-popping design and décor is the hallmark of Joel LaSalle's Stanza restaurant, which is a fine destination for excellent, Italian fare. Yellowtail crudo is a terrific way to kick off a meal here, and you'll certainly want to tuck into at least one of the homemade pastas: bucatini alla carbonara is a great choice. Beverage manager Jimmy Santangelo's first-rate wine and cocktail collection adds to the enjoyment of a Stanza meal.

+1 801-746-4441 | [stanzaslc.com](http://stanzaslc.com)



## FELDMAN'S DELI

For an authentic, Jewish-style (not kosher) eating experience in Utah, look no further than Feldman's Deli. Created by husband-and-wife team Michael and Janet Feldman, this is the real deal. The menu can transport you to the East Coast, where the Feldmans hail from, with temptations like boil-and-bake bagels, house-made kishka, potato and onion knish, matzo ball soup, gefilte fish and, of course, overstuffed deli sandwiches. And there's entertainment to boot. Look for "Old Jews Telling Jokes" comedy nights as well as live music on weekends.

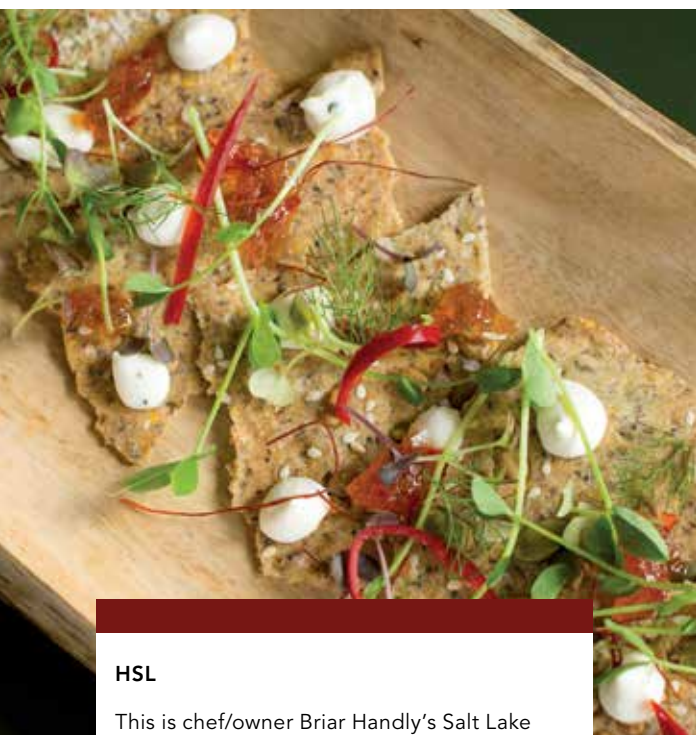
+1 801-906-0369 | [feldmansdeli.com](http://feldmansdeli.com)



## TABLE X

Two chefs, Mike Blocher and Nick Fahs, share duties that range from recipe development and cooking in the kitchen to helping deliver food to customers' tables. It's a formula that seems to work, judging from the happy faces of diners and the James Beard semifinalist recognition. The restaurant team tends to 13 raised garden beds on-site that contribute to the elegantly displayed dishes anchored by fresh and clean flavors.

+1 385-528-3712 | [tablexrestaurant.com](http://tablexrestaurant.com)



### HSL

This is chef/owner Briar Handy's Salt Lake sister restaurant to Handle, located in Park City. With locally sourced ingredients that are mostly organic, HSL offers nourishing meals with an ultra-inventive spin. Imagine smoked parsnip "bacon" with red beets, Granny Smith apples and pink peppercorn honey, for example. Ash-roasted cabbage, anybody? The beef cheek burger with duck fat-fried spuds is one of the tastiest things on the planet, and who but the always-surprising Handy will glaze a pork shank with apple butter and Frank's Red Hot Sauce?

+1 801-539-9999 | [hslrestaurant.com](http://hslrestaurant.com)

## TAKASHI + POST OFFICE PLACE



Opened in 2004, Takashi is among Salt Lake City's finest restaurants. An absolute favourite menu item at this top-notch Japanese restaurant is Ankimo: monkfish liver that is salt-rubbed, rinsed with sake, and then rolled into a cylindrical shape and steamed. Takashi is talented, kind, generous and humble and his team of skilled sushi chefs nightly draw a line of eager patrons. Next door, the team's inventive Post Office Place offers small plates and cocktails with Japanese and Peruvian influences you can enjoy without a reservation or while awaiting a table at Takashi.

+1 801-519-9595 | [takashisushi.com](http://takashisushi.com)



## PAGO

Locally-sourced and natural ingredients provide a base for Pago's dishes. The payoff is in the exquisite flavours at this farm-to-table restaurant in Salt Lake's 9th and 9th neighbourhood. The Pago Group's nearby East Liberty Tap House is a casual establishment that applies the same philosophy to classic bar food and elevated cocktails.

+1 801-532-0777 | [pagoslc.com](http://pagoslc.com)



## CAFÉ MADRID

Café Madrid and its lunchtime little sister, Café Gaudi, bring a splash of sunny Spain to Salt Lake City. The gorgeous restaurant and courtyard offer the setting for cuisine ranging from Spanish tapas to customised paella. Family owned, the folks at Café Madrid treat everyone like family. A terrific selection of Spanish wines and sangria round out the Café Madrid dining experience.

+1 801-273-0837 | [cafemadrid.net](http://cafemadrid.net)



# STATEWIDE DINING



## HELL'S BACKBONE GRILL BOULDER

Hell's Backbone Grill isn't just one of Utah's best restaurants, it's one of this country's best restaurants. What's not to love with meals sourced from the restaurant's organic farm and Boulder-raised, grass-fed local lamb and beef. Whether you come for the bodacious blue corn pancakes or Hopi-style lamb-stuffed green pepper, be assured that an excursion to Hell's Backbone Grill is one that can be life-changing. It's that special.

+1 435-335-7464 | [hellsbackbonegrill.com](http://hellsbackbonegrill.com)

## SPIN CAFÉ HEBER

Fun and funky are two words to describe Spin Café, a casual restaurant with outrageously delicious homemade gelato that folks queue up for, along with an extensive and eclectic menu and beverage list. Excellent house-smoked turkey, Texas-style beef brisket, St. Louis spare ribs and hickory-smoked chicken. But this isn't just a BBQ joint. Spin also offers pastas, burgers, steaks and seafood.

+1 435-654-0251 | [facebook.com/spincafe](https://facebook.com/spincafe)

## TUPELO PARK CITY

Tupelo is named for the owners' roots, which are planted in Georgia. They travel far and wide to source artisan, small-scale producers for their culinary creations, such as Bear Lake Lamb, Desert Mountain Beef, Ritual Chocolate and such for their kitchen.

+1 435-615-7700 | [tupeloparkcity.com](http://tupeloparkcity.com)

## TREE ROOM SUNDANCE

One favourite excuse for a Sundance excursion is the experience of dining at the Tree Room. Decorated with Redford's personal collection of Western and Native American art and memorabilia, the restaurant is named for the tree that grows in the middle of it; From grilled octopus with piquillo peppers and white beans, to elk loin with seasonal mushrooms and blackberry-pomegranate mostarda, dining here is just as memorable as the sensational setting.

+1 866-627-8313 | [sundanceresort.com](http://sundanceresort.com)

## LE NONNE LOGAN

One might not expect to encounter Northern Italy in Northern Utah, but that's exactly what you get at Le Nonne. It isn't just the best Italian restaurant in Logan, it's one of the best in the West. Situated in a charming, foliage-covered house, Le Nonne is a lovely place to dine.

+1 435-752-9577 | [lenonne.com](http://lenonne.com)

## FIREWOOD PARK CITY

Firewood has always had a thing for fire. Almost all of the cooking is performed using various types of wood. Enjoy dishes such as fire-roasted Arctic char, hot-smoked organic salmon, ember-roasted cauliflower, apricot wood-grilled duck confit— all cooked naturally over open flame. The Nickel Bar is named because it's literally covered in nickels.

+1 435-252-9900 | [firewoodonmain.com](http://firewoodonmain.com)

## COMMUNAL PROVO

Fine dining in Provo that strives to use local and sustainable meats, cheeses, and other ingredients. Communal has a terrific vibe and remarkable cuisine. Saturday brunch here is wildly popular, so plan accordingly.

+1 801-373-8000 | [communalrestaurant.com](http://communalrestaurant.com)

## PAINTED PONY ST. GEORGE

The Painted Pony brings a touch of Southwestern class – and intriguing flavours – to St. George. The restaurant, tucked away in Ancestor Square, is exceptionally clean and cosy, with contemporary Southwestern art, fresh flowers, and — in the evening — a top notch romantic atmosphere with subdued lighting and patio dining.

+1 435-634-1700 | [painted-pony.com](http://painted-pony.com)

## HEARTH ON 25TH OGDEN

This fine-dining destination is nothing if not unique. Among the menu items at Hearth, you'll find Himalayan yak, Ora King salmon (which makes up only 1/2 of 1 per cent of the global salmon population) and Tunis lamb. Add a speakeasy-style bar, and you've got a truly one-of-a-kind dining and drinking establishment.

+1 801-399-0088 | [hearth25.com](http://hearth25.com)

## ANTICA FORMA MOAB

What would an adventure town be without a top-notch pizza place? Antica Forma's wood-fired Neopolitan pizzas are legendary. They are more Italian than American in style, meaning they are big on flavor and less-focused on heavy amounts of dough (they are also available gluten-free). The Funghi and Capanna pies are among the best they offer. The calzones are heaven-sent after a big day of biking or climbing.

+1 435-355-0167 | [anticaforma.com](http://anticaforma.com)







## THE PERFECT MOUNTAIN DESTINATION FOR EVERY SEASON.

Located 35 minutes from the Salt Lake City International Airport, Park City, Utah's ease of access coupled with its limitless beauty and year-round adventure make it a one-of-a-kind mountain destination. Its two resorts – Deer Valley and Park City Mountain – offer a combined 3,700 skiable hectares during the winter season, and near-endless outdoor recreation in the summer and fall months. Enjoy more than 700 kilometers of free trails by bike or by foot, cool off while fly-fishing in a nearby river, shop at independently-owned boutiques and galleries that line Historic Main Street, or explore the town's diverse culinary scene.

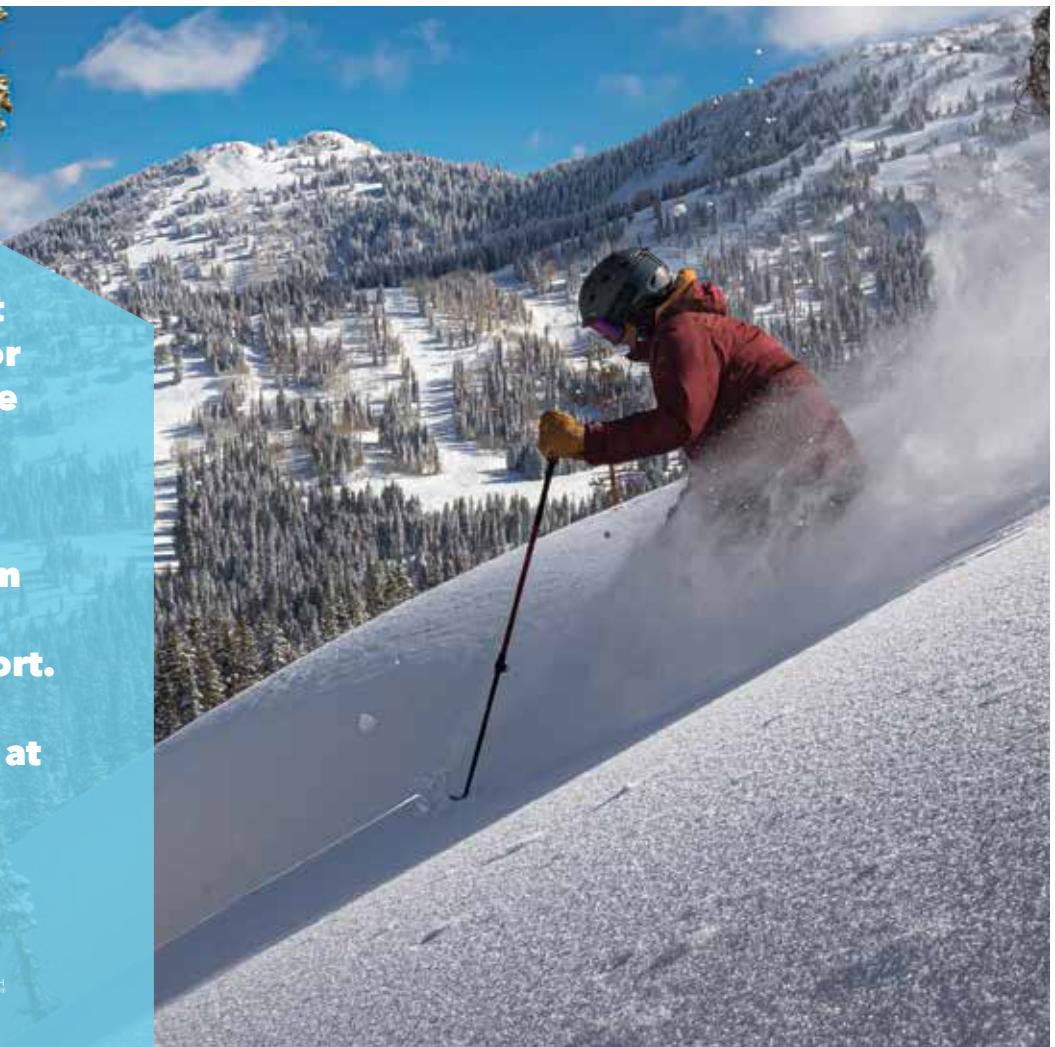
park  city  
visitparkcity.com

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3







The quality and quantity of Utah's snow, ski resorts and winter experiences mean you truly can have the ski or snowboard holiday of your dreams. Looking for deep powder, Olympic downhill or precision-engineered terrain parks? Do you have visions of endless terrain followed by luxurious après ski? Stop dreaming and experience the real thing in Utah.

Utah's location at the "crossroads of the west" means you have More Mountain Time™ to enjoy your holiday on our world-class snow. It means more time on the mountain; more time with family and friends. Ten of Utah's 15 ski resorts are less than an hour from the airport. Stay anywhere along the vibrant Wasatch Front (Salt Lake City, Park City, Provo or Ogden) and you'll find a winter paradise in your own backyard. To explore insider tips and local ideas for your time on The Greatest Snow on Earth®, go to [visitutah.com/mountain-time](http://visitutah.com/mountain-time).





A snow-dusting at Snowbasin Resort | Jeremiah Watt

## EASY ACCESS

Salt Lake-area resorts (Solitude, Brighton, Snowbird and Alta) and Park City-area resorts (Park City, Deer Valley and Woodward) are within 45 minutes of Salt Lake City International Airport. Ogden-area resorts (Snowbasin, Powder Mountain and Nordic Valley) are an average of an hour from the airport, as is the scenic Sundance Mountain Resort in Provo Canyon.

The junctions of I-15, I-80 and I-84 in Northern Utah, combined with Salt Lake's belt route, I-215, mean wide-open avenues right to Utah's best canyons. This layout is also convenient for ski itineraries hitting multiple Utah resorts. TRAX light rail, UTA ski buses and taxi services work together to shuttle visitors without vehicles between downtown and the resorts.

If it's all about the journey, set your sights on Utah's four scenic destination resorts: Cherry Peak and Beaver Mountain in Northern Utah near Logan, or Eagle Point and Brian Head in Southern Utah. Many consider these undiscovered gems worth the drive for the untouched powder, mellow vibe and nonexistent lift lines. For visitors to the southern resorts, air travelers have the quickest access through Las Vegas.

Once you're here, the only real challenge is deciding if you want to stay slope-side or stay in the city. Maybe you want access to the cultural amenities and

nightlife of Salt Lake City, Ogden or Provo, or maybe you want to sleep in an extra 20–30 minutes in the morning by staying on the mountain.

## WHERE TO STAY

### SALT LAKE CITY

From the European-style village at Solitude to the luxurious Cliff Spa at Snowbird, Utah's four Cottonwood Canyon resorts (the popular Brighton Resort and skier's-only Alta round out the list) are top winter holiday destinations. Look for extensive slope-side lodging options and an average of 13+ metres of Utah's legendary snow in these canyons. The quality of the ski runs, on-mountain amenities and the proximity of the resorts to downtown define the Salt Lake ski experience. It's easy to catch first lift in the morning and take in the symphony in the evening. Add in a thriving culinary scene, world-class performing arts, plentiful shopping and off-the-slope activities for the whole family, and you can begin to see why the Salt Lake area has the reputation as the only true "Ski City" in the U.S.

### PARK CITY

Though Historic Main Street has all the look and feel of a cozy mountain town, the Park City area is much larger than many realize. Park City Resort is among the largest resort experiences in America, while luxurious Deer Valley

stretches into the neighbouring Heber Valley. Park City has more than 100 lodging properties and countless additional home and condo rentals in town or on the slope. The serene landscape around Heber and Midway is home to Olympic-caliber cross-country skiing at Soldier Hollow and comfortable Alpine accommodations.

### SUNDANCE

Twenty minutes southwest of Heber is the rustic and comfortable Sundance Mountain Resort, nestled beneath one of the most picturesque peaks of the Wasatch Mountain Range, Mount Timpanogos.

### OGDEN

This historic and welcoming town has built a mighty reputation as an outdoor recreation mecca, with good reason. You'll find some of the state's best slopes in Ogden's backyard. Powder Mountain is one of North America's largest resorts and offers vast backcountry access and snow kiting. The legendary runs of Snowbasin include the men's and women's downhill from the 2002 Winter Olympics, stunning scenery, terrain parks and beautiful on-mountain facilities. Nordic Valley's expansion is building on Ogden Valley's legacy of incredible skiing and riding. Ogden's walkable downtown is growing, with family amenities like the Treehouse Museum, a thriving restaurant and bar scene and classic buildings from Ogden's history as a boomtown railroad outpost.



## UTAH'S SNOW SCIENCE

Utah's combination of geography and the storms that drop their bounty along the eleven ski resorts in the Wasatch Mountains lead many to make the claim that Utah has the best deep-powder skiing and riding in the country. But don't take our word for it. Just look at the accolades from the readers of SKI magazine, Forbes and others, who annually rank Utah's ski resorts at the top of the class. According to research of snow quality in the Cottonwood Canyons by University of Utah atmospheric scientist Jim Steenburgh, unique climate conditions produce a "just right" frequency and quantity of snow for ideal flotation when skiing and riding Utah's powder. You may also hear the term "designer storms," which is when more than a foot of snow drops at a time in the mountains while Ski City at the foot of the canyon receives light snow or a little rain, keeping the roads and sidewalks clear. In the winter, follow our Weather Wednesday snow report on Instagram @visitutah.



GO BEYOND THE DOWNHILL TO  
UTAH'S SPAS, DINING, FESTIVALS  
AND ATTRACTIONS

[visitutah.com/off-the-slope](http://visitutah.com/off-the-slope)



## APRÈS & UNIQUELY UTAH

Skiers and snowboarders come to Utah for The Greatest Snow on Earth®, yet even those who opt not to take to the slopes can still find their “Greatest” at Utah’s resorts and surrounding communities. Here are nine experiences on and off the slopes favoured by travel writer Jill K. Robinson.

Follow Jill [@dangerjr](#) and [dangerjillrobinson.com](#).

To see the best of all 15 resorts, explore [visitutah.com/ski-resorts](#).

### RIDE AN ORANGE BUBBLE TO CLOUD DINE

Warm up and grab lunch atop Dream Peak at the newly redesigned and expanded Cloud Dine at Park City Mountain. The orange bubble lift, a heated, covered chairlift warms you between runs as it zips you to the top of the peak in under ten minutes.



### CLIFF SPA AT SNOWBIRD

Long days on the slopes can lead to sore muscles, but that doesn't mean calling it a night. Stretch out at Snowbird's Cliff Spa in yoga and fitness classes then chill in the eucalyptus steam room or rooftop heated pool after a spa treatment. Still not relaxed? Head downstairs to round out your après with a great meal and a cocktail.



### LAP THE UTAH OLYMPIC LEGACY AT SNOWBASIN

Advanced skiers can get a taste of the 2002 Winter Olympics by following the 800 metres of vertical drop that made up the women's Wildflower Downhill course. Take the John Paul Express Quad to the Allen Peak Tram, adjust your goggles and go! For less extreme terrain, take the Needles Express Gondola to enjoy a treasure trove of intermediate and easy terrain.



### GET A LIFT FROM TOWN AT PARK CITY

There's no need to drive to the resort when you can grab a seat on the Town Lift, which loads right on Park City's Historic Main Street. At the end of the day, celebrate your successful turns at the High West Distillery & Saloon — with ski-in access. Don't worry: ski gear is perfectly acceptable attire for a late afternoon whiskey tasting.







### KITES ARE FOR SKIERS

Get fluent in snow kiting at Powder Mountain's Adventure Centre, which has lessons for individuals and groups to get a grip on the basics. If you already love it and have the gear, sign up for a snow kite adventure and learn how to add to your skills or if you just want to access the acres, you can grab a day pass and kite skiing pass.

### SKI AMONG BRIAN HEAD'S HOODOOS

Downhill skiing in Utah calls to mind craggy alpine peaks. At Brian Head, however, their high-speed quads zip you up the mountain overlooking the orange sandstone hoodoos (slender rock towers) of Cedar Breaks National Monument, just 5 km away. Of course, the skiing is spectacular too. Recent upgrades at the resort have many long-time regulars singing the resort's praises even louder, making Brian Head a hidden gem among Utah's resorts.



### DRINK WHISKEY IN BUTCH CASSIDY'S FOOTSTEPS

Add some authentic Western influence to your ski day at the Owl Bar. Once frequented by Butch Cassidy's Hole-in-the-Wall Gang, the 1890s Rosewood Bar was moved from its home in Thermopolis, Wyoming to Sundance and restored for your enjoyment. Belly on up, order a whiskey, exchange stories about the best run of the day and make plans for tomorrow.



### LEARN FROM 80 YEARS OF SKI TRAINING AT BRIGHTON

Brighton has been open since 1936, which means there has been a continuous focus on ski instruction for more than 80 years. Even the kids of past instructors are now teaching ski school basics. It's hard to pass up the value of all those decades of experience helping turn novice skiers into seasoned masters.

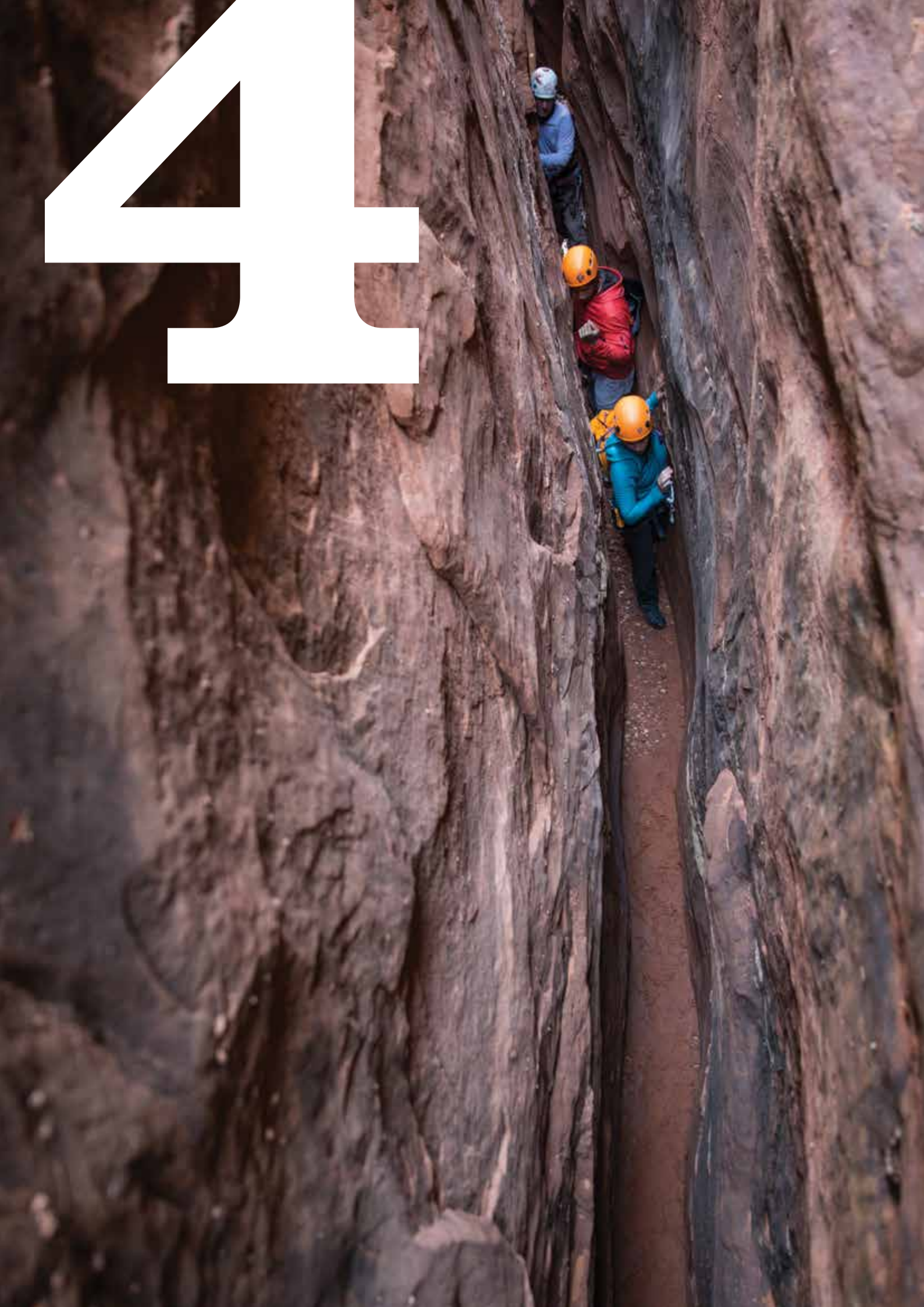


### BRING THE SKIS TO DEER VALLEY

Deer Valley is a skier's mountain. Impeccable corduroy runs, ski valets, attention to detail and awesome terrain are some of the reasons why readers of SKI magazine consistently vote Deer Valley among the best ski resorts in North America including No. 1 for guest services. It isn't hype: Deer Valley is that good.



# 4





This is the place to get outside and experience life in the new American West. With five national parks, 44 state parks, nine national monuments, two national recreation areas and The Greatest Snow on Earth®, Utah is one big playground for travellers seeking year-round outdoor adventure. Cast a line. Hit the slopes. Rappel down a sandstone canyon. Bike across unforgettable terrain. Or simply stand back and admire the view.

## HIKING

From family-friendly trails to more challenging climbs, Utah is made for hiking. The Mighty 5® national parks offer countless trails through the region's iconic red rock landscape. Multiple national monuments, national recreation areas, national forests and state parks also blanket Southern Utah, providing ample hiking opportunities outside of The Mighty 5®. For diverse high-elevation views, hike through kilometres of lush wilderness with alpine meadows and lakes in the Uinta-Wasatch-Cache National Forest, or summit Mount Raymond to enjoy 360-degree views of Big Cottonwood Canyon, home to both Brighton Resort and Solitude Mountain Resort.

## MOUNTAIN BIKING

For mountain bikers, all trails lead to Utah. The challenging climbs and descents of the slickrock trails helped put Moab on the map. But Moab is just the beginning. Travellers to Bryce Canyon and Zion national parks should plan to visit nearby Thunder Mountain and Gooseberry Mesa. For a mountaintop biking adventure, head to Park City – America's only International Mountain Bicycling Association-Certified Gold Level mountain biking city – or travel the single-track Wasatch Crest Trail near Salt Lake City and the many sections of the Bonneville Shoreline Trail in Salt Lake City and Ogden.

## WATER SPORTS

Though famous for its scenic desert vistas, Utah also ranks among the top 10 in the United States for surface area of boatable waters. The state's rivers, lakes and reservoirs offer world-class water recreation. Rent a houseboat and cruise the Lake Powell oasis. Go fly fishing in the Green River. Swim, sail and waterski the turquoise waters of Bear Lake. Or take a heart-pounding whitewater rafting trip down the Colorado River through Cataract Canyon.

## CANYONEERING

It's hard to imagine a place better suited for canyoneering than Utah. From the deep canyons of The Mighty 5® to the desert slots of the Grand Staircase–Escalante National Monument, the state is tailor-made for both serious canyoneers and guide-accompanied novices alike. Utah has the highest concentration of slot canyons in the world, which means explorers can never run out of incredible desert terrain. Canyoneering is a serious endeavour and often highly technical, but local guides and outfitters can lead you down a trail that's perfect for your level of adventure.

## UNSURPASSED NIGHT SKIES

Utah is an astrophotography and stargazing mecca. Of the 50 accredited or in-process International Dark Sky Parks and Communities constituting the greatest concentration of the finest dark skies in the developed world (called The Great Western Starry Way), fully half are in Utah. Thanks to Utah's beautiful and vast landscapes, much of the state ranks very low in light pollution, allowing visitors to see the Milky Way and more than 7,500 stars on a clear night, whether in Central or Southern Utah or near Salt Lake City. Many of Utah's state and national parks and monuments also feature night sky and astronomy programmes, with guided ranger hikes that are fun for all ages.

Learn more at [visitutah.com/darkskies](https://visitutah.com/darkskies)



# CAPITOL REEF

Hike under and around Hickman Bridge | Andrew Burr

## *Where pioneer orchards meet wild and unexpected geology*

### WHAT TO DO

The visitor centre is open year-round. Several easy hiking trails and the park's scenic drive are found near the visitor centre. In only a couple hours, you can try a hike like Hickman Bridge or the Grand Wash and examine petroglyph panels left by the Fremont culture along S.R. 24. With a half-day, add the 13 kilometre scenic drive past the visitor centre and Fruita Historic District.

With a full day, and a high-clearance vehicle, you can explore the bulging uplift of rainbow-hued sandstone "reefs" and canyons of the Waterpocket Fold, or tour the Temples of the Sun and Moon and the rest of Cathedral Valley's sculptured sandstone monoliths. During harvest season (June–October, varies based on the fruit) pick your own fruit from the park's orchards.

With even more time, and the right supplies, request a free backcountry permit and discover yourself amid pristine wilderness. Capitol Reef has several incredible backpacking trails, but water is scarce and wayfinding knowledge is a must. The park is also growing in popularity as a rock-climbing destination. Check ahead for the current conditions of backcountry roads and washes.

### CLIMATE

You'll experience a combination of mountain and desert climates. From May–October, expect dry, warm weather in the 10°–27°C range, and significant nighttime dips down to the 5°Cs. November–March is the coldest time, with daytime temperatures peaking under 10°C in November, 4°C in January and freezing overnight. Hardy travellers, however, will encounter stunning solitude amid snowcapped monoliths.

### WHERE TO STAY

The welcoming and eclectic town of Torrey is the primary gateway to Capitol Reef, and includes local dining like Cafe Diablo. In towns between Hanksville and Loa you'll find additional motel and bed and breakfast accommodations. Boulder boasts the Zagat-rated Hell's Backbone Grill.

Open year-round, Capitol Reef's campgrounds are first come, first served, including a developed campground in Fruita and primitive campgrounds in the backcountry.

### INSIDER TIPS

1. In summer and early autumn, fruit can be picked and eaten in the Fruita orchards for free. You can take a bag of fruit to go for a nominal fee. Definitely stop at the Gifford Homestead for a fresh, local pie.
2. At high desert elevations, drink extra water and don't forget the electrolytes. Start hikes early, protect your skin, and take breaks to enjoy the scenery.
3. Capitol Reef is a certified International Dark Sky Park. Fit some stargazing into your itinerary.
4. Connect your visit with Bryce Canyon National Park by driving on the All-American Road: Scenic Byway 12, one of the most beautiful roads in the United States. Plan several days to explore both parks adequately.

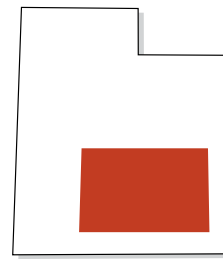
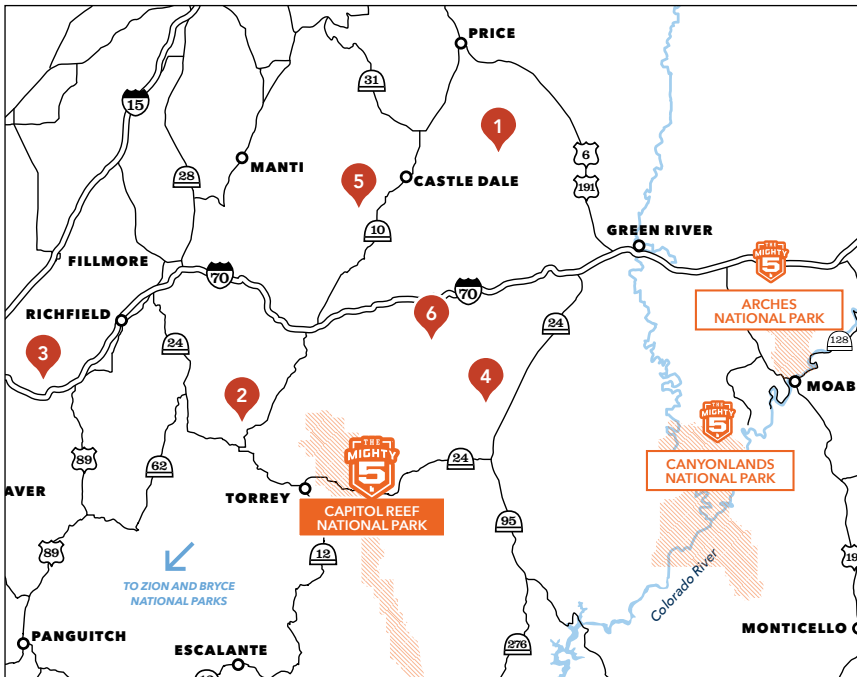
[visitutah.com/capitol-reef](https://www.visitutah.com/capitol-reef)

### COVID-19 TIP

The state and the National Park Service may require facemasks indoors and when social distancing isn't possible. Some facilities may be closed.

[visitutah.com/covid-19](https://www.visitutah.com/covid-19)





Capitol Reef Country is roughly 3 and a half hours from Salt Lake City and about two hours from Moab. It is the closest national park to Salt Lake City. A 2-hour drive on the All-American Road: Scenic Byway 12 connects this park to Bryce Canyon National Park.

## COMPLETE YOUR ITINERARY

Start at [visitutah.com/nearby-capitol](http://visitutah.com/nearby-capitol) to learn more about these nearby destinations.

**(1) Cleveland-Lloyd Dinosaur Quarry & Jurassic National Monument** | 2 hours 30 minutes from Capitol Reef

At Utah's newest national monument, you'll see the world's densest concentration of dinosaur bones — more than 12,000 discovered so far. Typically open April–September, but check the hours before you go. The kids will love it, and they get in free.

**(2) Fishlake National Forest** | 1 hour from Capitol Reef to Fish Lake

Enter an outdoor paradise known for its beautiful aspen forests with scenic drives leading to secluded camping, extensive ATV trails, elk hunting and fishing. Highlights include the Paiute ATV Trail and Lakeshore National Recreation Trail, home to the massive quaking aspen colony known as Pando.

**(3) Fremont Indian State Park and Museum** | 1 hour 45 minutes from Capitol Reef

This museum marks the site of one of the largest-known Fremont culture villages. The museum showcases the incredible discovery of this village by a road construction crew, and nearby hiking trails explore the areas petroglyphs and pictographs. You can camp or rent a teepee for an evening beneath pristine dark skies.

**(4) Goblin Valley State Park** | 1 hour 30 minutes from Capitol Reef

Unlike any other place in the world, this park's whimsical sandstone landscape captures and stretches the imagination. Bring the family and experience this amazing place by hiking, camping, biking and exploring the surrounding canyons. It is also a certified International Dark Sky Park.

**(5) Millsite State Park** | 1 hour 45 minutes from Capitol Reef

This quiet reservoir is a great place to boat, fish and camp. There is also an eighteen-hole, public golf course adjacent to the park. Visitors who bring off-highway vehicles or mountain bikes can enjoy miles of trails in nearby Ferron Canyon.

**(6) San Rafael Swell** | 1 hour 45 minutes from Capitol Reef

Starting at the 305 metre Wedge Overlook introduces you to the expansiveness of this area. The view is a bird's-eye perspective of the Little Grand Canyon, a 23 kilometre path cut by the San Rafael River. After the overlook, drive down into the Buckhorn Draw Backway to experience a wealth of petroglyphs, hiking, climbing and peaceful, primitive camping. The southern portion of the Swell is more rugged, but with a map and plenty of fuel you can enjoy remarkable slot canyons. Expect all roads in this area to be unpaved, including several requiring high-clearance and four-wheel drive.







NATIONAL  
PARK

# ARCHES

A stunning sky, Arches National Park | Angie Payne

## *Every arch frames 300 million years of patient erosion*

### WHAT TO DO

Most visitors enjoy the full 29 kilometre scenic drive (one-way). For the best experience, travel patiently and respect parking regulations. Early on the drive, the La Sal Mountains Viewpoint creates contrast between Arches' geology and the distant peaks. The short hikes at Park Avenue, Balanced Rock and the Windows Section quickly bring you up to speed on the park's diverse formations and high concentration of arches.

Even if you've seen pictures of Delicate Arch, you've not truly experienced it. Like the more than 2,000 arches that give the park its name, Delicate Arch begs a closer look. At Devils Garden, see one of the earth's longest arches.

You could see it all in a half-day, but Arches National Park's experiences can fill a full day or more of attention and exploration. The Arches visitor centre is open year-round. Stop for tips and to fill up your water bottles.

### CLIMATE

You'll typically encounter 18°–30°C temperatures through the spring and autumn, often deep into November, though nights can be as much as 30°C cooler. These cooler seasons are highly recommended to avoid crowds. Southeastern Utah gets hot in the summer, and daytime temperatures can exceed 38°C. You can beat the heat by planning ahead and carrying sunscreen and extra water. During the summer, consider exploring in the morning and evening. In winter, enjoy iconic landmarks in solitude. You may need poles and shoe spikes to navigate icy or snowy trails.

### WHERE TO STAY

Eight kilometres away in Moab, find great local cuisine, coffee, brews and abundant accommodations or seek out nearby resort destinations like Red Cliffs Lodge or Sorrel River Ranch and Spa. Pack your tent for the public lands that surround Moab. There are additional lodging options in nearby Green River. Devils Garden Campground fills up, so make reservations up to six months in advance for stays 1 March–31 October.

### INSIDER TIPS

1. Arches is far less crowded at sunrise and sunset, and maybe the most striking time to visit. March–October is busy, especially on holidays, weekends and mid-morning.
2. Well-prepared hikers can escape the crowd on the 13 kilometre Devils Garden trail. With stamina, agility and a permit or guide, visit the stunning labyrinth called the Fiery Furnace.
3. Follow @archesnps on Twitter and Facebook and visit [nps.gov/arch](https://nps.gov/arch) for park alerts about current conditions and to view the entrance station webcam.
4. The short Dead Horse Point Mesa Scenic Byway (S.R. 313) connects Moab and Arches to the road's namesake state park and the Island in the Sky district of Canyonlands.

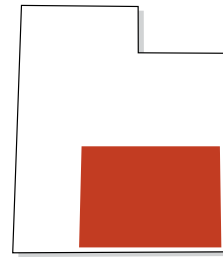
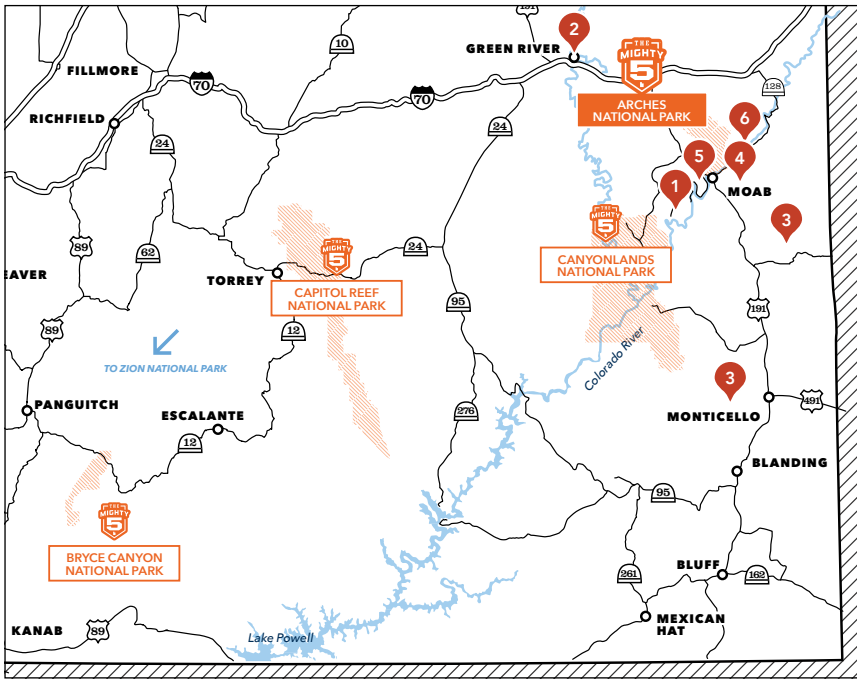
[visitutah.com/arches](https://visitutah.com/arches)

### COVID-19 TIP

The state and the National Park Service may require facemasks indoors and when social distancing isn't possible. Some facilities may be closed.

[visitutah.com/covid-19](https://visitutah.com/covid-19)





It's 4 hours from Salt Lake City to Arches (or 1 hour 45 minutes from Grand Junction, CO). Arches is a few minutes north of Moab and around 40 minutes from Canyonland's Island in the Sky district. Here, scenic byways follow rivers and canyons to limitless outdoor adventure.

## COMPLETE YOUR ITINERARY

Start at [visitutah.com/nearby-arches](http://visitutah.com/nearby-arches) to learn more about these nearby destinations.

### (1) Dead Horse Point State Park | 40 minutes from Arches visitor centre

Many visitors find the views at Dead Horse Point to be more captivating than the Grand Canyon. A visitor centre and gallery provide a wonderful introduction to the park's geology. There are also mountain biking trails, campsites and reservable yurts.

### (2) Green River | 45 minutes from Arches visitor centre

Green River is the name of a welcoming small town, a lush state park and one of the West's great rivers. Stay in the town of Green River as a base camp for Arches National Park or for a rafting trip on the Green River Daily or other world-class floats. With a rafting guide or permit, take on the Green River's famous Desolation Canyon.

### (3) Manti-La Sal National Forest | 1 hour from Moab area

In southeastern Utah, the La Sal and Abajo mountain ranges provide excellent opportunities for remote camping, hiking, biking, fishing, hunting and mountain climbing. They also serve as scenic backdrops to state and national parks throughout the region.

### (4) Moab Mountain Biking | Most trails 10–20 minutes from Arches or Moab

The Slickrock Trail of Sand Flats is one of the most famous trails located within a stone's throw of the biking/hiking/off-road mecca known as Moab. But there's biking for days: Magnificent 7, Intrepid, Klondike Bluff and Bar M are just a few of the must-ride trail systems in the area.

### (5) Potash-Lower Colorado River Scenic Byway | Junction 1 kilometre south of Arches entrance

Take the 27 kilometre scenic byway down S.R. 279 to access soaring sandstone cliffs, rock climbing, cycling trails, petroglyphs, dinosaur tracks, arches and views of the Colorado River. Popular arches include Bowtie, Corona and Jug Handle.

### (6) Upper Colorado River Scenic Byway | Junction 5 minutes south of Arches entrance

Part of the Dinosaur Diamond Prehistoric Highway, the 71 kilometre S.R. 128 accesses trailheads, rafting, wine tasting and renowned hiking and multi-pitch climbing at Fisher Towers and Castle Valley, also popular backdrops for film and TV from John Wayne to "Westworld."





# CANYONLANDS

White Rim Road | Angie Payne

## *Two mighty rivers form wave after wave of deep canyons*

### WHAT TO DO

Utah's largest national park has some of the least-visited areas in the nation, yet also has some of the most well-photographed icons in the West. You can customise your Canyonlands adventure with short but inspiring hikes for the whole family, a day or more on the rapids, or a well-planned retreat into the backcountry.

Island in the Sky is the popular northern section accessible from Moab, where easy and moderate hikes access views of the Colorado River to the east and the Green River to the west.

The Needles district is named for its profusion of red rock spires and sandstone fins. There are short hikes, but Needles is also a backpacker's playground. The remote Maze district is Canyonlands' jumbled stone playground, requiring backcountry use permits and a high-clearance, 4WD vehicle. Or, with an extra day, see the Great Gallery pictographs of Horseshoe Canyon.

### CLIMATE

Spring and autumn are ideal seasons to visit Canyonlands with daytime temperatures of 15°–30°C. Like nearby Arches, Canyonlands warms up significantly in the summer months reaching 38+°C. Beat the heat by planning ahead, carrying sunscreen and extra water, and playing in the morning and evening during the peak of summer. Temperatures will dip to freezing at night by late November, but winter is an extraordinarily beautiful time in Canyonlands. Incredible "monsoon" season thunderstorms on late summer afternoons can result in potentially dangerous flash floods. Check conditions in advance.

### WHERE TO STAY

Moab and Monticello are popular base camps for Island in the Sky and the Needles districts, respectively, and each offers excellent accommodations. While Moab is known as an outdoor adventure destination and for its proximity to Arches National Park, Monticello is a high-elevation retreat with easy access to Bears Ears National Monument, Monument Valley Navajo Tribal Park and the Four Corners region. Consider Green River for Horseshoe Canyon and Blanding or Bluff for Bears Ears.

### INSIDER TIPS

1. Close to Moab, the Island in the Sky is the most visited district, but outside of overlooks and Mesa Arch (especially at sunrise), the scenic, though strenuous, trails are seldom crowded.
2. A permit is required to bike or drive the popular White Rim Trail and for all overnight camping trips in the backcountry.
3. Squaw Flat Campground in the Needles district is a great base camp for day hikes into the backcountry, but go prepared: Carry extra water and be alert for black bears.
4. The remote Maze district easily occupies three days, plus hours to drive there. Solitude and endless splendour are the rewards for extremely well-prepared self-sufficient wayfinders.

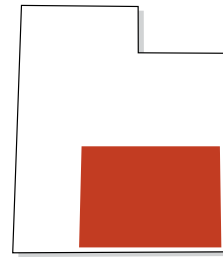
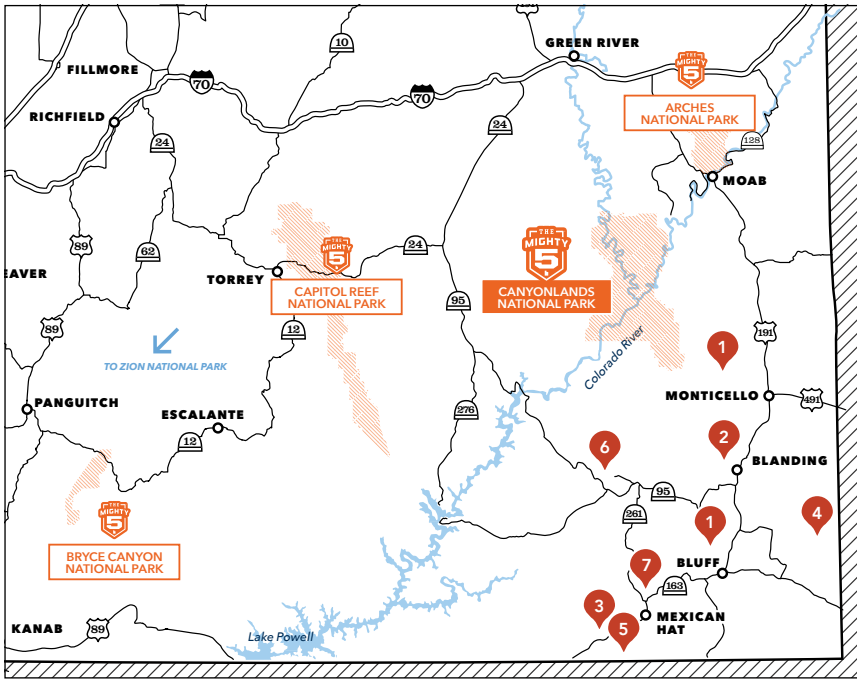
[visitutah.com/canyonlands](https://visitutah.com/canyonlands)

### COVID-19 TIP

The state and the National Park Service may require facemasks indoors and when social distancing isn't possible. Some facilities may be closed.

[visitutah.com/covid-19](https://visitutah.com/covid-19)





It's about 4 hours from Salt Lake City to the Island in the Sky district, 40 minutes from Moab. Needles district is more than five hours from Salt Lake, or about 90 minutes south of Moab. Once in the southeastern corner of Utah, though, you'll want extra days to see it all.

## COMPLETE YOUR ITINERARY

Start at [visitutah.com/nearby-canyonlands](http://visitutah.com/nearby-canyonlands) to learn more about these nearby destinations.

**(1) Bears Ears National Monument** | Less than 1 hour from Monticello or Bluff

Shash Jaa and Indian Creek units cover a broad expanse of red rock, juniper forest, high plateau, cultural, historic and prehistoric legacy that includes an abundance of early human and Native American historical sites, including Newspaper Rock and House on Fire.

**(2) Edge of the Cedars State Park Museum** | 1 hour 30 minutes from Needles visitor centre

This museum is a beautiful repository for ancient artefacts in the Four Corners region. The exhibits and on-site kiva showcase Ancestral Puebloan culture along with contemporary Native American items and the largest display of artefacts in the area.

**(3) Goosenecks State Park** | 30 minutes from Monument Valley

Look down upon the San Juan River 300 metres below you and see the results of 300 million years of erosion. It's worth lingering for the sunset. From this primitive state park, you can see the famous goosenecks and also enjoy a picnic and a campsite with great views.

**(4) Hovenweep National Monument** | 2 hours 15 minutes from Needles visitor centre

In a stark and beautiful landscape of sage and juniper, explore the astonishing sites of Hovenweep's six prehistoric villages. In the 13th century, Ancestral Puebloans built towers and other structures, some skillfully balanced on canyon rims.

**(5) Monument Valley Navajo Tribal Park** | 2 hours 30 minutes from Needles visitor centre

The iconic symbol of the American West and sacred heart of the Navajo Nation will feel hauntingly familiar and deeply spiritual to fans of Hollywood as your Navajo guide escorts you through the park — the best way to experience the park. Please respect tribal customs.

**(6) Natural Bridges National Monument** | 2 hours 15 minutes from Needles visitor centre

Discover three majestic bridges carved by water and time including Sipapu ("place of emergence"), the world's second-largest natural bridge. See the bridges from the scenic drive or hike down moderate to difficult trails. Stay late for a star show under some of the nation's darkest skies.

**(7) Valley of the Gods and Cedar Mesa** | 1 hour from Monument Valley

A number of tall, red, isolated mesas, buttes and cliffs tower above the valley floor and can be seen while driving along Valley of the Gods' 27 km gravel road. Nearby Cedar Mesa's remote, rugged backcountry trails offer adventurers solitude, archaeology and geographic beauty.



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NATIONAL  
PARK

# BRYCE CANYON

Majestic colours, Bryce Canyon | Angie Payne

*An alpine forest with as many red rock hoodoos as trees*

## WHAT TO DO

You'll find Bryce Canyon is equally suited for roadtrippers looking for short walks to viewpoints and for backcountry hikers seeking complete solitude.

Start your visit at the Bryce Canyon visitor centre, open year-round. The 60 kilometre scenic drive accesses multiple overlooks and some of the park's best vistas. The Rim Trail offers near-continuous looks deep into the main amphitheatre while Rainbow, Yovimpa and Inspiration Points access wildly different perspectives. Return at different times of day and night and discover the park's ever-changing personality.

The most brilliant colours of the park come alive with the rising and setting of the sun, and the show continues into the night with dark sky astronomy programmes. Summertime offers myriad walking and hiking trails along the rim and toward the bottom of the canyon. Some of the park's iconic hoodoos stand 10 stories tall — something you'll have to hike into the canyon to fully appreciate. Many visitors think it's even better seen by horseback. In the winter, layer up for cold-weather hiking, cross-country skiing or snowshoeing when conditions permit.

## CLIMATE

Travellers will experience the best of Southern Utah's mountain and desert climates at Bryce Canyon. Summer visitation peaks during July's "monsoon" season where travellers will encounter generally dry, warm weather around 26°C interspersed with dramatic afternoon lightning storms. Night dips into the 0–5°C's. November–March are the coldest, with temperatures peaking in the 0–5°C's and freezing at night. Because of its higher elevation, Bryce is cooler than the other national parks and carries snow longer into spring.

## WHERE TO STAY

Bryce Canyon City, Panguitch, Tropic, Cannonville and Henrieville offer a range of accommodations on Highway 12 with easy access to Bryce Canyon, Dixie National Forest and Grand Staircase–Escalante National Monument. There is camping in the park, but it fills up fast. Nearby Kodachrome Basin State Park also offers great camping. Bryce Canyon Lodge, a National Historic Landmark, is open April through November and offers cabin rentals. Check for limited availability during winter months.

## INSIDER TIPS

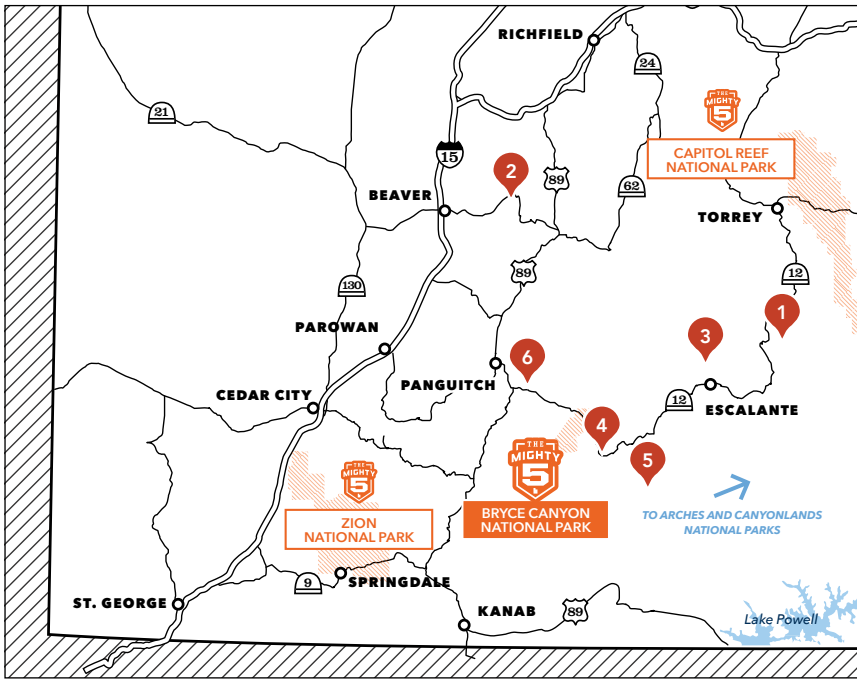
1. Navajo Trail to Queens Garden is one of the best 5 kilometre hikes anywhere and solace-seekers should consider the 13 kilometre Fairyland Loop.
2. Bryce Canyon's pristine dark skies mean incredibly starry nights. Sign up early for astronomy programmes. Full moon hikes mean eerily well-lit hoodoos, but don't forget your headlamp and jacket.
3. High altitude hiking means sunscreen, hats, long sleeves and extra water. The rim at Bryce varies from 2,400 to 2,700 metres.
4. Save Presidents Day weekend in February for the Bryce Canyon Winter Festival or bring your own mule for the May Mule Days.

[visitutah.com/bryce-canyon](https://www.visitutah.com/bryce-canyon)

## COVID-19 TIP

The state and the National Park Service may require facemasks indoors and when social distancing isn't possible. Some facilities may be closed.

[visitutah.com/covid-19](https://www.visitutah.com/covid-19)



Bryce Canyon is just over 4 hours from Salt Lake City. It falls almost halfway between Zion National Park and Capitol Reef National Park right alongside the All-American Road: Scenic Byway 12. It also borders Grand Staircase–Escalante National Monument, making it a perfect area to pursue desert solitude and adventure.

## COMPLETE YOUR ITINERARY

Start at [visitutah.com/nearby-bryce](http://visitutah.com/nearby-bryce) to learn more about these nearby destinations.

### (1) Anasazi State Park Museum | 1 hour 40 minutes from Bryce Canyon

At the base of the towering 3,353 metre Boulder Mountain get an up close and personal look into life from almost 1,000 years ago. Explore what was once one of the largest Ancestral Puebloan communities west of the Colorado River.

### (2) Eagle Point Resort | 1 hour 45 minutes from Bryce Canyon

Eagle Point Resort is best known as a family-friendly ski area with fresh powder and varied runs, and great snowshoeing. In the summer, the area offers a respite from the heat among the high elevations of the Tushar Mountains, great for hiking and mountain biking. The Tushar's ridgeline is about a 20-minute hike from the resort. The most dramatic vistas are along the Skyline Trail, a moderate hike from the Big Flat trailhead.

### (3) Escalante Petrified Forest State Park | 1 hour from Bryce Canyon

Discover the kaleidoscopic colours of fossilized, pre-historic wood alongside expansive vistas of the surrounding mountains and Grand Staircase–Escalante National Monument. Cool off in idyllic Wide Hollow Reservoir and enjoy great fishing and camping at this state park base camp.

### (4) Grand Staircase–Escalante National Monument | 30 minutes from Bryce Canyon to the Cannonville Visitor Centre

This massive and remote area is packed with outdoor adventure and star-filled night skies. Slot canyons, slickrock and other geologic wonders fill your line of sight while hiking, mountain biking, off-roading and camping. Get help planning at the visitor centres in Big Water, Kanab, Escalante or Cannonville. Check out the 6 kilometre hike to Escalante Natural Bridge.

### (5) Kodachrome Basin State Park | 40 minutes from Bryce Canyon

This state park features 67 monolithic stone spires, part of a multicoloured landscape so beautiful it earned the nickname "Kodachrome" after a popular Kodak film. Today, visitors enjoy camping and hiking across 9 square kilometres of photogenic, geologic wonder.

### (6) Red Canyon | 20 minutes from Bryce Canyon

This area is one of the most distinctive stretches along the All-American Road: Scenic Byway 12. At one point, the road actually cuts through a tunnel in the red rock. Stop at the interpretive visitor centre to learn about the surrounding Dixie National Forest and all the multi-use trails that wind through red rock hoodoos and vistas.





# ZION

Pinyon pines against Zion's colourful rock | Angie Payne

## *A thousand-foot deep red rock canyon, nested in dramatic surroundings*

### WHAT TO DO

From Springdale or the visitor centre, join fellow adventurers on the park's multi-passenger shuttle system, which is the only motorised transportation allowed in the main canyon past the historic Zion Lodge during most of the year.

Plan time for ranger-led programmes and the Human History Museum. Looking to hike? Explore Pa'rus, Grotto and The Watchman trails with the whole family. If you're looking for something adventurous, hike to Observation Point, where Zion's monoliths are part of a grand landscape that spreads out beneath you.

Take a half day, or two days with a permit, and explore Zion Canyon's famous slot canyons, including The Narrows. These canyons are even better with a guide, and with the help of a local outfitter you can even hike them in winter.

For more solitude, visit the Kolob Canyons section and the backcountry of the West Rim.

### CLIMATE

May–October visitors will encounter highs in Zion from 32–38+°C. Escape the heat by getting in the river or stopping in the visitor centre or museum. Afternoon thunderstorms occasionally drench the canyon — which can lead to flash floods in the narrowest sections of the canyon. Expect somewhat cooler temperatures (sometimes up to 17 degree difference) early in the morning and late in the evening, as well as in early spring and late autumn. Though winter days can be cold, the park is open, serene and beautiful.

### WHERE TO STAY

On scenic S.R. 9, Springdale is the primary gateway to Zion, and it offers a full range of accommodations as well as diverse dining, coffee, spa and entertainment hotspots. Reserve a spot for the Watchman or South campgrounds. Numerous lodging options are available in nearby towns La Verkin, Virgin, Rockville, Cedar City and St. George. Though further away, Kanab is also a great base camp for certain itineraries.

### INSIDER TIPS

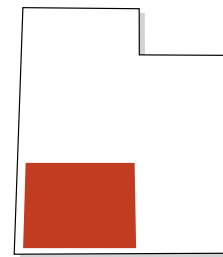
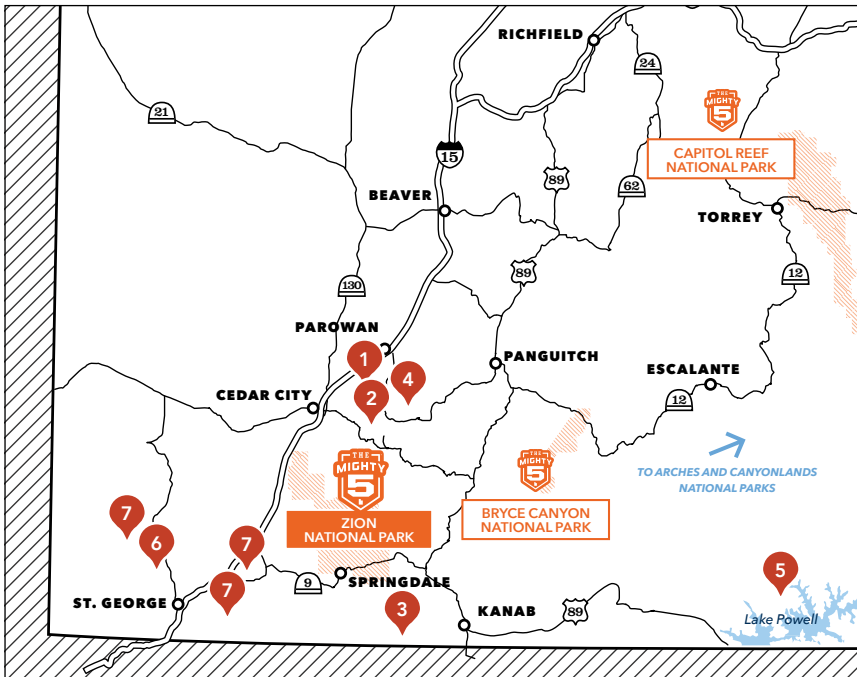
1. For the best experience, arrive early. Take the free town shuttle from near your Springdale hotel. Always hike respectfully and carry extra water and sun protection.
2. There are popular hikes at Angels Landing and The Narrows, but serious hikers may consider Hidden Canyon, Observation Point, and guided canyoneering in lesser-known canyons.
3. The distinctive red asphalt of the Zion–Mt. Carmel Highway leads through a narrow 2 kilometre tunnel to lesser-known hikes near the East Entrance. Fee for large RVs, with limits.
4. Follow @zionnps on Twitter and Facebook and visit [nps.gov/zion](https://www.nps.gov/zion) for park alerts.

[visitutah.com/zion](https://www.visitutah.com/zion)

### COVID-19 TIP

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[visitutah.com/covid-19](https://www.visitutah.com/covid-19)



The main canyon of Zion National Park is 4 and a half hours from Salt Lake City, or just under 3 hours from Las Vegas. Iconic state parks, lush forests and stunning monuments pack the kilometres between Zion, Lake Powell and Bryce Canyon.

## COMPLETE YOUR ITINERARY

Start at [visitutah.com/nearby-zion](http://visitutah.com/nearby-zion) to learn more about these nearby destinations.

### (1) Brian Head Resort | 1 hour 30 minutes from Zion

In the winter, pair a trip to Zion National Park with a great ski day. In warmer temperatures, rent a mountain bike and ride around the resort area, or enjoy an evening concert and great BBQ at cooler high-elevation temperatures.

### (2) Cedar Breaks National Monument | 1 hour 45 minutes from Zion

Drive at 3,000 metres through the lush Dixie National Forest, where a fairyland amphitheatre of multicoloured limestone strata plunges 600 metres deep into the plateau. Explore hiking trails or camp under the stars in summer and enjoy cross-country skiing in winter.

### (3) Coral Pink Sand Dunes State Park | 1 hour from Zion

This park boasts 2,000 acres of sand open to OHVs (Off Highway Vehicles). It's the only major sand dune field on the Colorado Plateau, and great for OHV enthusiasts, hikers, sand boarders and families in search of a unique site.

### (4) Dixie National Forest | 45 minutes from Zion to Red Cliffs

Hike in Pine Valley Recreation Area or Red Cliffs National Conservation Area, bike among the brilliant red spires of Red Canyon, fish at Navajo or Panguitch lakes, tour the east fork of the Sevier River, or explore scenic Boulder Mountain. All areas have camping.

### (5) Glen Canyon and Lake Powell | 1 hour 45 minutes from Zion

Accessed from Wahweap marina (or Bullfrog marina from the northeast), this is a 1.2 million-acre paradise for houseboaters, kayakers, anglers and photographers. For the most adventurous, Rainbow Bridge National Monument is accessible from Lake Powell (depending on lake level and trail condition), and is one of the world's largest natural bridges. With a permit, serious trekkers can also backpack to the bridge.

### (6) Snow Canyon State Park | 1 hour from Zion

Cut by water, sculpted by wind and time, Snow Canyon's Navajo sandstone cliffs share the same history and geology as Zion, and offers hiking, climbing, cycling and camping.

### (7) State Park Reservoirs | 45 minutes from Zion

Sand Hollow State Park brings together boating, fishing and off-roading all in one place, with 15,000 acres of perfectly sculpted dunes. Quail Creek State Park has some of the warmest waters in the state and lures boaters and anglers year-round. Both of these, as well as Gunlock State Park, offer great spots to camp in a red rock desert setting.



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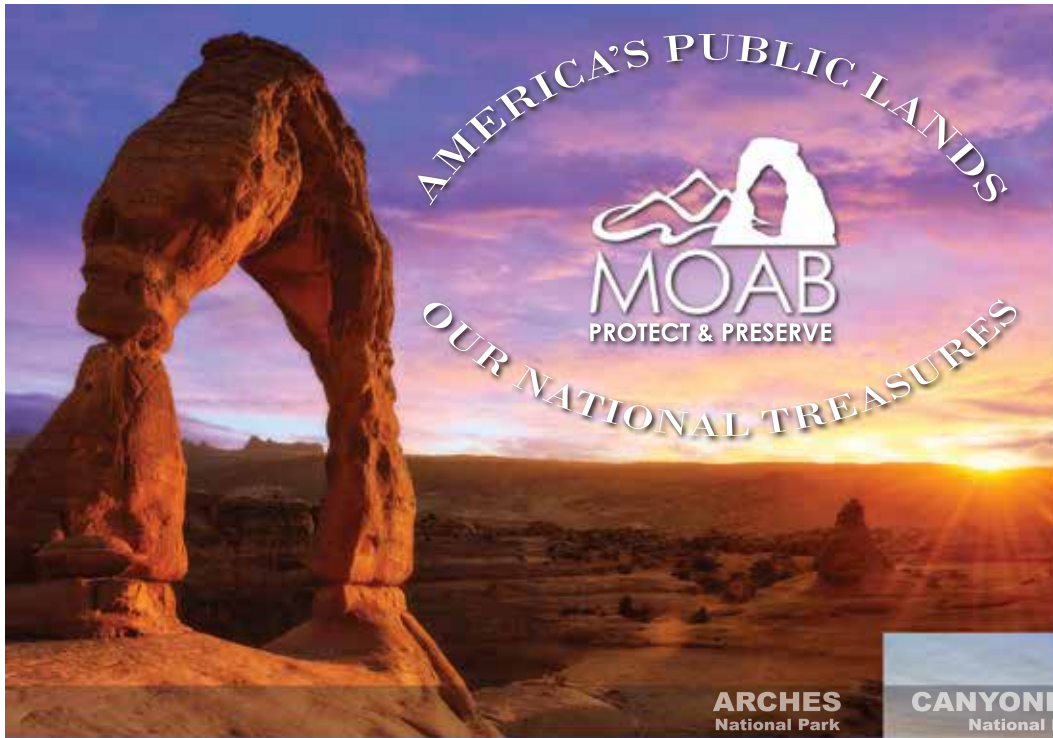


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AMERICA'S PUBLIC LANDS  
OUR NATIONAL TREASURES



National parks are America's crown jewels, inspiring awe and wonder for all who visit them. Utah's iconic parks, Arches and Canyonlands, located just outside the town of Moab, attract visitors from all over the world. However, our public lands include much more than national parks.

Located on the banks of the Colorado River, the town of Moab is surrounded by national forests, a state park and thousands of square miles of ruggedly beautiful Bureau of Land Management land.

**ARCHES**  
National Park

**CANYONLANDS**  
National Park



Our commitment is to respect our beautiful yet fragile environment. These national treasures can never be re-created. We strongly believe that everyone can be a powerful force in creating a sustainable future.

Get started planning your trip, and learn how to recreate responsibly and safely at [discovermoab.com](http://discovermoab.com)

# THE CENTER OF UTAH'S MIGHTY FIVE



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**VERNAL**  
UTAH

THE ORIGIN OF  
*Adventure*

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ELEVATED



# NORTHERN UTAH



Bear Lake State Park, Garden City

Northern Utah is the place to discover vibrant cities such as Salt Lake City, Park City, Ogden and Provo. It's also the place to find much of The Greatest Snow on Earth®, with world-class skiing and adventure sports. But great cities and great snow are just the beginning.



High Uintas Wilderness Area, Kamas



Dinosaur National Monument, Vernal

Go backpacking in the Ashley National Forest, stopping to camp by alpine lakes at elevations up to 4,100 metres. The forest is also home to the spectacularly beautiful Flaming Gorge National Recreation Area. Famous for its trout fishing, Flaming Gorge offers a host of recreational options – from hiking and camping to waterskiing and powerboating on the reservoir or rafting and fly fishing on the emerald waters of the Green River, all while surrounded by towering red cliffs.

The charming community of Vernal serves as a gateway to Ashley National Forest as well as Utah's dinosaur country, earning it the nickname of Dinosaurland. Home to one of the largest quarries of prehistoric Jurassic dinosaur bones, Vernal is located just minutes from Dinosaur National Monument. Visit the Dinosaur Quarry Exhibit Hall to view 1,500 dinosaur bones, then examine ancient petroglyphs carved by the Fremont people, then embark on a nearby whitewater rafting adventure.

For more outdoor action, go hiking and fishing in the Uinta Mountains. Swim, sail and water ski the brilliant blue waters of Bear Lake State Park on Utah's state border with Idaho. Or take a 2.4 km hike up 304 metres to explore Timpanogos Cave National Monument, just south of Salt Lake City. With stalactites, stalagmites, "draperies" and countless other geological formations, Timpanogos offers a one-of-a-kind experience that's worth the effort.



# Heber Valley

## MORE THAN JUST A SKI DESTINATION

Heber Valley, Utah is a winter wonderland for those seeking solace and serenity, as well as outdoor adventure. Positioned between two world-class ski resorts and located less than an hour from Salt Lake City International Airport, this majestic mountain town is a year-round outdoor recreation mecca. Beyond skiing the stunning slopes of the Wasatch back mountains, our charming alpine village astounds first-time visitors with its quaint mountain charm and abundance of outdoor recreation, superb dining, and refined spa experiences. But what truly amazes our guests is the one-of-a-kind experiences and memories that await.



GEOTHERMAL HOT SPRING CRATER, HORSE SLEIGH, MT. TIMPANOGOS, SNOWMOBILING, SKIING, HEBER VALLEY HISTORIC TRAIN



### OUT-OF-THIS-WORLD ICE CASTLES

This award-winning frozen attraction is built using hundreds of thousands of icicles hand-placed by professional ice artists. The castles include LED-lit sculptures, frozen thrones, ice-carved tunnels, slides, fountains, and more, and take hundreds of hours to build each year. This is definitely a must-see experience in Heber Valley!

### WHAT ARE YOU WAITING FOR?

These are only some of the amazing experiences that await you in Heber Valley. Plus, the historic Heber Valley Railroad, dark skies, Blue Ribbon fly fishing, snowmobiling, chocolatiers, yurt dining, and diverse lodging. All amid an impressive mountain backdrop with fast and easy access by plane or vehicle.

Now is the time to plan your winter vacation at [gohebervalley.com](http://gohebervalley.com).



ESCAPE FOR THE DAY OR MAYBE A FEW  
**BRING THE FAMILY**  
YOUR NEXT ADVENTURE AWAITS!



# The place to ROAM



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435.654.3666





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#### ALL-AMERICAN ROAD: SCENIC BYWAY 12

**THE DRIVE:** 200 kilometres | 4+ hours

Breathtaking engineering of the "Hogback" complements exciting sandstone hikes and diverse geography between 1,200 metres and 2,750 metres on one of America's most beautiful drives.

#### GETTING THERE

Head east at the byway's southwest junction with U.S. 89, toward Bryce Canyon, or south from the northeast junction with S.R. 24 between Torrey and Capitol Reef National Park.

#### WHAT YOU'LL SEE

- Slickrock canyons, towering plateaus and unique red rock
- Grand Staircase–Escalante National Monument
- Contrasting juniper, pine and aspen of Dixie National Forest
- Deep Ancestral Puebloan heritage and welcoming pioneer towns

#### STOPPING POINTS

- Red Canyon and Bryce Canyon National Park
- Kodachrome Basin and Escalante Petrified Forest state parks
- Calf Creek Falls hike, Kiva Koffeehouse and Escalante Outfitters
- Boulder Mountain, Hell's Backbone Grill and Burr Trail





## DINOSAUR DIAMOND PREHISTORIC HIGHWAY

**THE DRIVE:** 800 kilometres | 10 hours

Vast scenery of Utah and Colorado's "Jurassic Park" allows the imagination to travel back to prehistoric times. Interpret multiple active dig areas, museums and other history sites.

### GETTING THERE

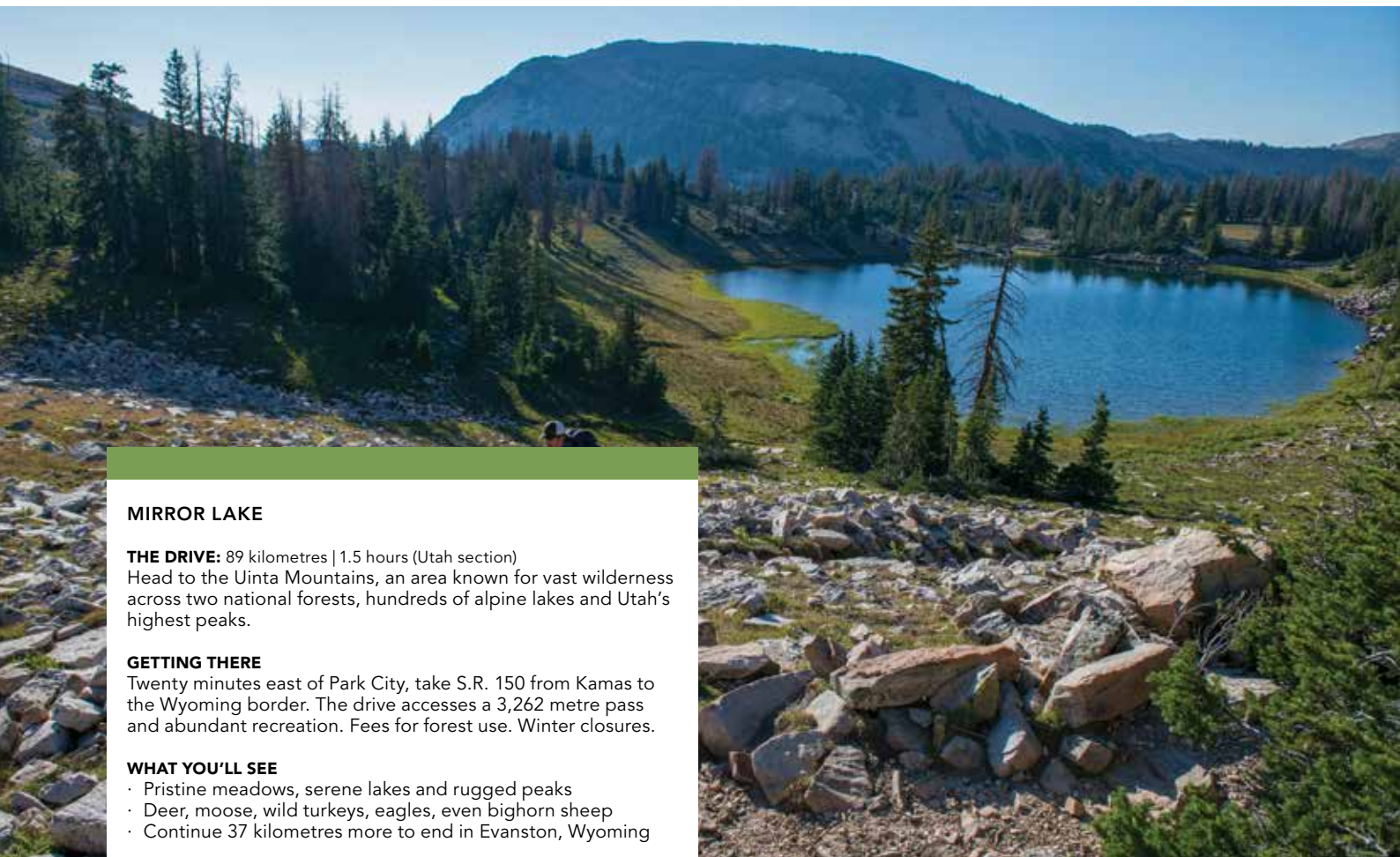
Access the large diamond-shaped byway from U.S. 40 to Vernal, near Dinosaur National Monument and Flaming Gorge, or on U.S. 6 and I-70 as part of a trip to Arches or Canyonlands.

### WHAT YOU'LL SEE

- Wall of Bones, dinosaur quarries and pristine night skies
- Relics of Utah's early indigenous people
- Arches, towering mesas and fields of slickrock
- Green River and Upper Colorado River Scenic Byway

### STOPPING POINTS

- Dinosaur National Monument and Utah Field House in Vernal
- Prehistoric Museum in Price, Cleveland-Lloyd Quarry within the new Jurassic National Monument
- Side trip: Little Grand Canyon of the San Rafael Swell
- Fisher Towers, Castle Creek Winery, Moab and Arches



## MIRROR LAKE

**THE DRIVE:** 89 kilometres | 1.5 hours (Utah section)

Head to the Uinta Mountains, an area known for vast wilderness across two national forests, hundreds of alpine lakes and Utah's highest peaks.

### GETTING THERE

Twenty minutes east of Park City, take S.R. 150 from Kamas to the Wyoming border. The drive accesses a 3,262 metre pass and abundant recreation. Fees for forest use. Winter closures.

### WHAT YOU'LL SEE

- Pristine meadows, serene lakes and rugged peaks
- Deer, moose, wild turkeys, eagles, even bighorn sheep
- Continue 37 kilometres more to end in Evanston, Wyoming

### STOPPING POINTS

- Samak for provisions, Upper Provo River Falls
- Bald Mountain, Christmas Meadows and other top trailheads
- Fishing, camping, picnicking and winter snowmobiling





### TRAIL OF THE ANCIENTS

**THE DRIVE:** 500-650 + kilometres | 8–10 hours  
 Packed with scenic vistas and cultural intrigue, the sunburst-shaped byway encounters numerous examples of Ancestral Puebloan history in the Four Corners and Bears Ears area.

#### GETTING THERE

U.S. 191, Blanding to Monument Valley Navajo Tribal Park or west to Natural Bridges; Bluff to Hovenweep with options east into Colorado and south into Arizona on U.S. 162 and 163.

#### WHAT YOU'LL SEE

- Impressive canyons, pioneer heritage and archaeology
- 11 per cent grade of Moki Dugway switchbacks (RV size limits)
- Stunning geology of the Valley of the Gods
- Monumental sandstone buttes and indigenous art

#### STOPPING POINTS

- Edge of the Cedars State Park Museum and Bluff Fort
- Goulding's Lodge, Monument Valley Navajo Tribal Park
- Cliff dwellings of Bears Ears and Hovenweep national monuments.
- Goosenecks State Park and San Juan River expeditions



### PATCHWORK PARKWAY

**THE DRIVE:** 82 kilometres | 1.5 hours  
 Steeped in Mormon pioneer heritage, this high-elevation drive between 1,800 and 3,200 metres accesses Utah's highest mountain resort and high-contrast scenery.

#### GETTING THERE

S.R. 143 is accessible from either I-15 at Parowan, north of Cedar City, or U.S. 89 from Panguitch, near Bryce Canyon.

#### WHAT YOU'LL SEE

- Vermillion Cliffs and Cedar Breaks National Monument
- Multiple interpretive points of a historic Mormon journey
- Colourful aspens and maples on the Dixie National Forest

#### STOPPING POINTS

- Year-round outdoor recreation, dining and spa at Brian Head
- Camping and fishing at Panguitch Lake
- Panguitch, on the National Register of Historic Places



## NEBO LOOP

**THE DRIVE:** 51 kilometres | 1.5 hours

Spectacular overlooks, plentiful wildlife and national forest adventure capped with views of 3,636 metre Mount Nebo, the highest peak in the Wasatch.

### GETTING THERE

Forest Service Road 015 is a winding drive between Payson and Nephi. Exit I-15 on S.R. 132 from Nephi then begin the climb to 2,848 metres. Closes in winter.

### WHAT YOU'LL SEE

- Diverse wildlife and multiple national forest trailheads
- Eroded red sandstone against deep green foliage
- Fields of summer wildflowers and brilliant autumn colours

### STOPPING POINTS

- Numerous interpretive sites and scenic overlooks
- Devil's Kitchen Geologic Site and Grotto Falls hikes
- Camping, canoeing and fishing at Payson Lakes



EXPLORE ALL OF UTAH'S 28 STATE  
AND NATIONAL SCENIC BYWAYS

[visitutah.com/scenicbyways](http://visitutah.com/scenicbyways)



## LOGAN CANYON

**THE DRIVE:** 66 kilometres | 1 hour

On the way to a 2,377 metre summit, craggy limestone cliffs line the Logan River and Uinta-Wasatch-Cache National Forest recreation that includes hiking, fly-fishing and snowmobiling.

### GETTING THERE

Travel historic U.S. 89 from the lush Cache Valley to the Utah border with Idaho, alongside Bear Lake. This is the scenic route to Grand Teton and Yellowstone national parks.

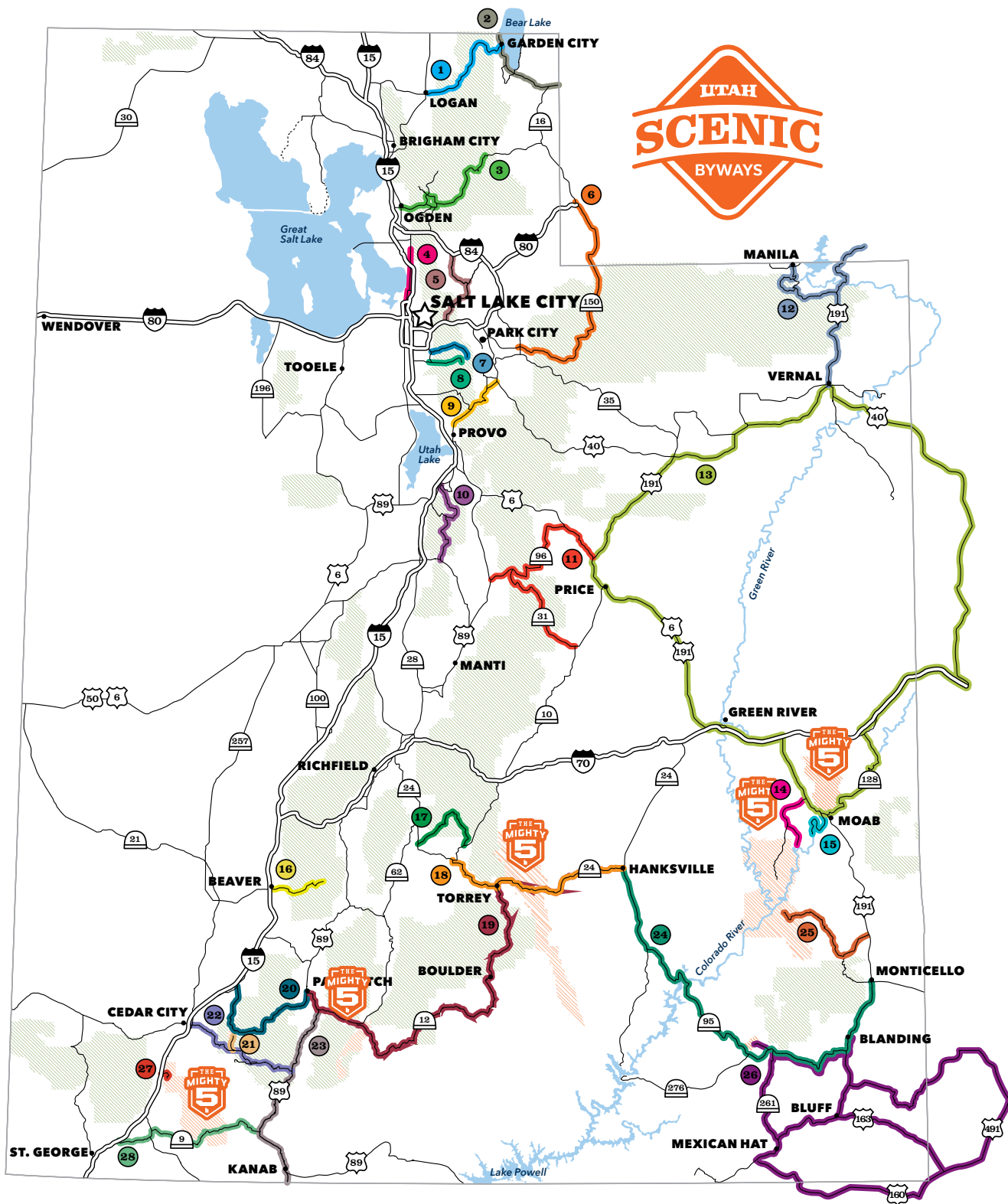
### WHAT YOU'LL SEE

- 500 million years of geology and extensive national forests
- Abundant wildlife, trailheads and stunning autumn foliage
- Turquoise waters and diverse water sports at Bear Lake

### STOPPING POINTS

- Logan's local dining, coffee and culture
- Tony Grove Nature Trail, Beaver Mountain Resort
- Garden City diners and Bear Lake raspberry shakes





- |   |  |
|---|--|
| 1. Logan Canyon National Scenic Byway                         | 15. Potash-Lower Colorado River Scenic Byway       |
| 2. Bear Lake Scenic Byway                                     | 16. Beaver Canyon Scenic Byway                     |
| 3. Ogden River Scenic Byway                                   | 17. Fish Lake Scenic Byway                         |
| 4. Great Salt Lake Legacy Parkway                             | 18. Capitol Reef Country Scenic Byway              |
| 5. Morgan-Parleys Scenic Byway                                | 19. All-American Road: Scenic Byway 12             |
| 6. Mirror Lake Scenic Byway                                   | 20. Utah's Patchwork Parkway National Scenic Byway |
| 7. Big Cottonwood Canyon Scenic Byway                         | 21. Cedar Breaks Scenic Byway                      |
| 8. Little Cottonwood Canyon Scenic Byway                      | 22. Markagunt High Plateau Scenic Byway            |
| 9. Provo Canyon Scenic Byway                                  | 23. Mount Carmel Scenic Byway                      |
| 10. Nebo Loop National Scenic Byway                           | 24. Bicentennial Highway                           |
| 11. Energy Loop: Huntington & Eccles Canyon Ntl. Scenic Byway | 25. Indian Creek Scenic Byway                      |
| 12. Flaming Gorge-Uintas National Scenic Byway                | 26. Trail of the Ancients National Scenic Byway    |
| 13. Dinosaur Diamond Prehistoric Highway-Ntl. Scenic Byway    | 27. Kolob Fingers Road Scenic Byway                |
| 14. Dead Horse Mesa Scenic Byway                              | 28. Zion Park Scenic Byway                         |



## BEFORE YOU GO

Travelling to Utah is an adventure. It helps to come prepared, always with a little knowledge, sometimes with gear and supplies. Utah's amenity-rich cities on the metropolitan Wasatch Front can gear you up for wherever your Utah travels take you, and there are towns and cities throughout the state with food, fuel, supplies and other resources to ensure you can travel safely between destinations. Still, the more you consider what you'll need in advance, the less likely you'll be surprised by the unexpected. Here are a few tips to consider before your trip.

**Elevation:** Most adventures in Utah start at more than 1,200 metres above sea level, and some areas in and between national parks exceed 2,750 metres. In the mountains, elevations can reach up to 3,000 to 4,000 metres. To prevent altitude sickness, don't do strenuous activities on your first couple of days so your body can adjust, know your limits and take it slow.

**Hydration:** Staying hydrated is key any time of year in the arid, high desert country of Utah and especially when outside recreating. Many parks have places to refill your water bottles, but on longer road trips or more remote areas, carry extra. A quick rule of thumb is that you should expect to consume one half litre of water or more per hour in hot weather.

**Food:** Nutrient-dense foods like jerky, trail mix, dried fruit, canned fish or tuna pouches, and nuts or nut butters are also lightweight — don't worry, though, for all but the most serious backpackers, these are just to tide you over. Most great Utah outdoor adventures and destinations are near excellent base camps with several local options for a hot meal.

**Clothing and shoes:** One of the most important keys for clothing is layers. Some opt for a lightweight, long-sleeve base layer even when the summer sun is shining. When hiking, wear sturdy, closed-toe hiking boots that you've broken in to protect your feet and provide traction.

**Gear:** Backpacks exist for a reason, and that's to carry necessary gear with you: trail snacks, extra water, sunscreen, jacket or layers to add or remove and to carry out your trash. If you're travelling far from the road and trailhead, carry first-aid materials and rescue aids just in case — and let someone know where you're going and when to expect you back.

**Seasons:** Utah is a four-season destination. The arid, high-elevation climate means long stretches of brilliant summer sun with sporadic bouts of rain. In November–March, temperatures are cooler. The hottest months are June–August. In Southern Utah, summer and early autumn are “monsoon season” and

can bring threatening thunderstorms, pounding rains and flash floods. Snow is possible at all elevations in winter, but particularly at higher elevation passes and destinations. [visitutah.com/weather](https://www.visitutah.com/weather)

**Driving:** Thanks to a crossroads of interstates with great scenic byways, it's easy to get around Utah. It can be several hours between destinations, so keep an eye on fuel levels and plan your itinerary to avoid drowsy driving or driving in inclement weather, such as winter snowstorms. Some canyons require snow tires or chains in winter and some roads close for the winter. [visitutah.com/roads](https://www.visitutah.com/roads)

**Backcountry:** Venturing into Utah's backcountry — meaning recreation areas further from common amenities, such as restrooms, marked trails and visitor centres — is a rewarding endeavor for experienced, well-prepared adventurers. These areas often require a permit. Stop at the nearest visitor centres or ranger stations, check weather and road conditions and follow all backcountry ethics, including Leave No Trace principles.

**Ski:** In addition to ski jackets and pants, insulating layers and socks, snow gear includes boots, helmet, goggles, gloves, hat, sunglasses and a neck gaiter. Check fit on kids from previous year, pack sunscreen, lip balm, tissues and snacks. [visitutah.com/ski](https://www.visitutah.com/ski)

**Go with a guide:** Not sure where to start? Not only can guides get you there safely, they often take you and your family to places only accessible with a permit and the right gear. Guided hiking trips can vary from half-day hiking clinics to backpacking expeditions lasting a week or more. [visitutah.com/guides](https://www.visitutah.com/guides)

**Adaptive travel:** Utah has several organisations working together to advocate and offer specialised recreation plans through the use of adaptive equipment, trained staff and scholarships. Discover cycling, paddlesports, indoor/outdoor climbing, horseback riding, mountain biking, river-rafting, skiing, snowboarding, yurt camping and many more. Families and friends are encouraged to participate. [visitutah.com/accessible](https://www.visitutah.com/accessible)

## RESPONSIBLE TRAVEL IN UTAH

Right now, small but mighty actions make all the difference as we work together to control the spread of coronavirus and to restore strength to our struggling local businesses by supporting local. We also know nature has immense power to heal and rejuvenate. To help you plan, go to [visitutah.com/covid-19](https://www.visitutah.com/covid-19). We hope these resources provide some clarity, and we welcome you to Utah when the time is right.

## RESOURCES

**Utah's Welcome Centres**  
[visitutah.com/welcome-centers](https://www.visitutah.com/welcome-centers)

**Ski Information and Snow Report**  
[skiutah.com](https://www.skiutah.com)

**Bureau of Land Management**  
[blm.gov/utah](https://blm.gov/utah)

**National Park Service**  
[nps.gov/ut](https://nps.gov/ut)

**Utah State Parks & Recreation**  
[stateparks.utah.gov](https://stateparks.utah.gov)

**U.S. Forest Service**  
[fs.usda.gov](https://fs.usda.gov)

**Accommodations**  
[visitutah.com/stay](https://www.visitutah.com/stay)

**Visitor and Travel Bureaus**  
[visitutah.com/local-info](https://www.visitutah.com/local-info)

**Camping Reservations**  
[stateparks.utah.gov/reservations/reserveamerica.com](https://stateparks.utah.gov/reservations/reserveamerica.com)

**Utah Road Conditions**  
866-511-UTAH | 511 in Utah  
[commuterlink.utah.gov](https://commuterlink.utah.gov)

**National Weather Service**  
[weather.gov/slc](https://weather.gov/slc)

**Utah Public Safety**  
Highway Patrol: 801-887-3800  
Emergencies dial 911

**Guides & Outfitters**  
[visitutah.com/guides](https://www.visitutah.com/guides)

## ARTICLES

We're capturing stories, videos and photos meant to guide and inspire you on your travels to Utah. Want to watch the Voices of Bears Ears series? Or get cycling route recommendations from a professional cyclist? Or maybe you're looking for pro-tips on how to keep kids happy on the slopes or trail. We're talking about all this and more. Explore our archives or sign up for our monthly newsletter. [visitutah.com/articles](https://www.visitutah.com/articles)



# CLIMATE CHART

	LOGAN	SALT LAKE	PARK CITY	ST. GEORGE	MOAB	BLANDING
<b>January</b>	31/11 F -0.3/-12 C	36/19 F 2/-7 C	32/12 F 0/-11 C	53/25 F 12/-4 C	42/18 F 6/-8 C	38/16 F 3/-9 C
<b>February</b>	38/17 F 3/-8 C	43/24 F 6/-4 C	36/15 F 2/-9 C	60/30 F 16/-1 C	51/24 F 11/-4 C	44/22 F 7/-6 C
<b>March</b>	48/26 F 9/-3 C	52/31 F 11/-0.6 C	41/20 F 5/-7 C	67/36 F 19/2 C	62/33 F 17/0.5 C	52/27 F 11/-3 C
<b>April</b>	59/33 F 15/0.6 C	62/38 F 17/3 C	53/28 F 11/-2 C	77/43 F 25/6 C	72/41 F 22/5 C	62/34 F 16/1 C
<b>May</b>	69/41 F 21/5 C	72/43 F 22/8 C	63/36 F 17/2 C	86/51 F 30/11 C	82/48 F 28/9 C	72/42 F 22/6 C
<b>June</b>	80/48 F 27/9 C	83/54 F 28/12 C	74/44 F 23/7 C	96/56 F 36/14 C	92/56 F 33/13 C	83/50 F 28/10 C
<b>July</b>	89/54 F 32/12 C	92/62 F 32/16 C	82/50 F 26/10 C	102/66 F 37/18 C	99/63 F 36/16 C	88/57 F 30/13 C
<b>August</b>	88/52 F 31/11 C	90/61 F 33/16 C	79/49 F 26/9 C	99/65 F 37/18 C	95/61 F 35/16 C	86/56 F 30/13 C
<b>September</b>	77/43 F 25/6 C	79/51 F 26/11 C	70/41 F 21/5 C	93/55 F 34/13 C	87/51 F 30/11 C	78/48 F 26/13 C
<b>October</b>	64/33 F 18/0.6 C	66/40 F 19/4 C	58/32 F 14/0 C	80/43 F 27/6 C	73/39 F 23/4 C	66/38 F 19/3 C
<b>November</b>	46/24 F 8/-4 C	50/29 F 10/-2 C	44/22 F 6/-6 C	65/32 F 18/-0.5 C	57/28 F 14/-2 C	51/26 F 11/-3 C
<b>December</b>	34/15 F 1/-9 C	34/22 F 1/-6 C	34/15 F 1/-9 C	54/26 F 12/-4 C	44/20 F 7/-7 C	41/19 F 5/-7 C



Fremont Indian State Park And Museum, Sevier

# DISTANCE CHART

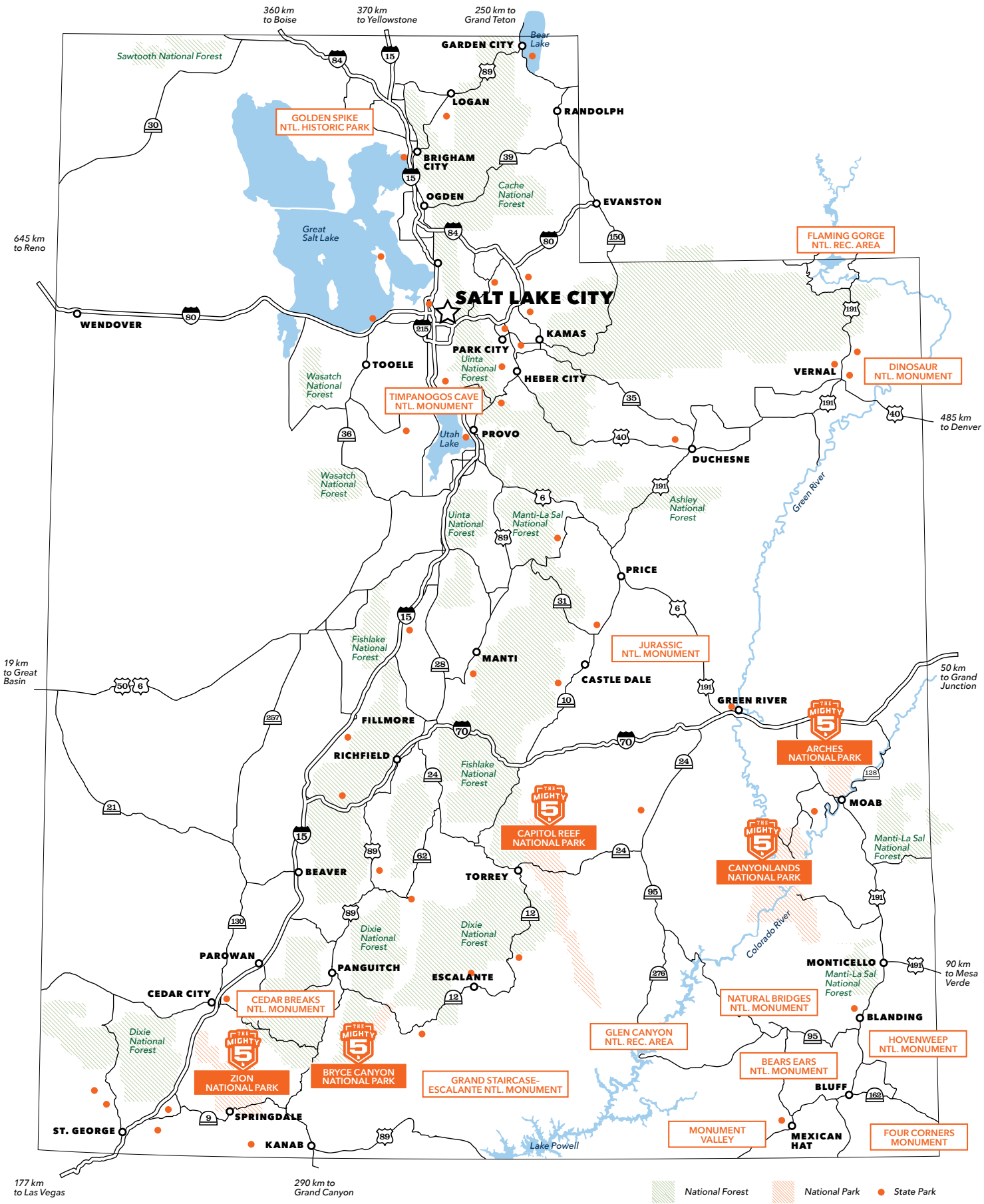
	Arches National Park	Bear Lake State Park	Bryce Canyon National Park	Capitol Reef National Park	Canyonlands National Park	Cedar Breaks National Monument	Dinosaur National Monument	Escalante	Flaming Gorge National Recreation Area	Grand Canyon National Park - South Rim	Kanab	Moab	Monument Valley Navajo Tribal Park	Park City	Salt Lake	St. George	Yellowstone	Zion
Arches National Park		350	275	155	50	284	203	215	271	331	314	5	155	231	229	337	578	341
Bear Lake State Park	564		394	356	400	372	222	399	193	643	433	355	506	128	122	425	291	430
Bryce Canyon National Park	442	634		137	324	62	351	53	381	291	81	279	283	275	273	136	621	88
Capitol Reef National Park	249	573	220		201	162	287	62	316	374	195	156	201	236	235	253	583	202
Canyonlands National Park Needles District	81	644	521	323		333	253	264	316	292	314	45	115	281	279	386	627	391
Cedar Breaks National Monument	457	599	100	261	536		372	100	402	278	68	288	269	253	251	78	600	75
Dinosaur National Monument	327	357	565	462	407	599		310	58	533	391	207	357	159	185	426	453	430
Escalante	346	642	85	100	425	161	499		340	330	120	219	265	280	278	175	626	127
Flaming Gorge National Recreation Area	436	311	613	508	509	647	93	547		589	421	263	412	186	205	456	396	460
Grand Canyon National Park South Rim	533	1035	468	602	470	447	858	531	948		210	326	179	524	522	292	870	251
Kanab	506	697	130	314	505	109	629	193	677	338		318	201	314	312	83	661	41
Moab	8	571	449	251	72	463	333	352	423	525	512		150	236	234	341	582	346
Monument Valley Navajo Tribal Park	249	814	455	323	185	433	574	426	664	288	323	241		387	385	283	734	242
Park City	372	206	442	380	452	407	256	451	299	843	505	380	623		31	306	381	310
Salt Lake	369	196	439	378	449	404	298	447	330	840	502	377	619	50		304	351	309
St. George	542	684	219	407	621	126	685	282	734	470	134	549	455	493	489		651	43
Yellowstone	930	468	999	938	1009	965	730	1007	638	1400	1064	936	1181	613	565	1047		658
Zion	549	692	142	325	629	121	692	204	740	404	66	557	389	499	497	69	1059	

KILOMETRES

MILES



Nine Mile Canyon, Price



To request a free Official Utah Highway Map, please contact the Utah Department of Transportation at 801-965-4000 or the Utah Office of Tourism at 801-538-1900



# Let imagination go.

Toadstool Hoodoos

Imagine a landscape full of infinite adventure: unbelievable red rock cliffs, rolling hills of sand, lush winding canyons – a spectacle to behold. In Kanab, Utah, you can let imagination go, because in this little town right outside Utah's national parks, the sights worth imagining are right before your eyes.

Coral Pink Sand Dunes

**KANAB**  
MAGICALLY UNSPOILED



**UTAH**  
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Buckskin Gulch



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