75° W

Equator: Latitude: 0°00′ 00″

Western Hemisphere

ECUADOR

COLOMBIA

N

Tumbes

Punta Sal Beach

Mancora Beach

Los Manglares de Tumbes National Sanctuary

Northern Beaches

Talara Port

Paita Port

Foca Island

Piura

Chachapoyas

Alto Mayo Protected Forest

Jaen

Cutervo National Park

Gocta Waterfalls

Chachapoyas

Royal Tombs of Sipan Museum

Bosque de Pomac National Reserve

Karajia Sarcophagi

Kuelap Fortress

Pyramids of Túcume

Revash Mausoleums

Chiclayo

Chaparri Private Conservation Area

Leymebamba

Pimentel Beach

Huaca Rajada

Condors Lagoon

Cajamarca

El Brujo Complex

Lady of Cao

Huaca del Sol and Huaca de la Luna

Huanchaco Beach

Huaca del Dragón

Trujillo

Chan Chan Citadel

Salaverry Port

3

Caraz

Lagoon 69

Paron Lagoon

Huascaran National Park

6

Mount Huascarán

Yungay

Llanganuco Lagoon

Carhuaz

Huaraz

Chavin de Huántar

Huaraz

Black Mountain Range

White Mountain Range

PACIFIC OCEAN

Peru

4

Caral Archaeological Site

Lachay National Reserve

Chancay Mega Port

Pantanos de Villa Wildlife Refuge

Lima

1

Pachacamac Archaeological Sanctuary

Palomino Islands

Callao Port

Lima

Chincha

Pisco Port

7

Ballestas Islands

Paracas

Paracas National Reserve

Ica

Huacachina Oasis

Los Perdidos Canyon

Nazca Lines

Nazca

Nazca, Paracas & Ica

Pampa Galeras National Reserve

8

Ayacucho

Pampa de Ayacucho Historical Sanctuary

Amazon River

Iquitos

Allpahuayo-Mishana National Park

2

Nauta Port

Marañon River

Iquitos (Amazon Rainforest)

Pacaya Samiria National Reserve

Ucayali River

Manu National Park

2

Machu Picchu

Aguas Calientes

5

Machu Picchu Historical Sanctuary

Sacred Valley

Salcantay Mountain

Ollantaytambo

Moray

Maras

Huaypo Lagoon

Piuray Lagoon

Choquequirao

Cusco

1

Pisac

Huacarpay Lagoon

Ausangate Mountain

Vinicunca

Palcoyo

Raqchi

Cusco

Tinajani Canyon

Sibayo

Juliaca

9

Cotahuasi Canyon

Cotahuasi Landscape Reserve

Colca Canyon

Yanque

Coporaque

Chivay

Puno

Lake Titicaca

Llachon Island

Amantani Island

Taquile Island

Uros Islands

Chachani Volcano

Sumbay

Salinas and Aguada Blanca National Reserve

Sillustani Chullpas

1

Arequipa

Misti Volcano

Santa Catalina Monastery

Pichu Pichu Volcano

Arequipa & Colca Valley

Puno & Lake Titicaca

Matarani Port

Catarindo Beach

Mejia Beach

Moquegua

Ilo Port

BRAZIL

BOLIVIA

CHILE

Tropic of Capricorn

Puerto Maldonado

Madre de Dios River

Sandoval Lagoon

Tambopata River

Tambopata National Reserve

2

Bahuaja-Sonene National Park

Puerto Maldonado (Amazon Rainforest)

Puno 3,827 m 12.556 ft

Cusco 3,400 m 11.155 ft

Huaraz 3,052 m 10.013 ft

3,000 - 4,000 meters

Sacred Valley 2,871 m 9.420 ft

Arequipa 2,335 m 7.661 ft

Machu Picchu 2,400 m 7.874 ft

1,000 - 3,000 meters

Nazca 520 m 1.706 ft

Pto. Maldonado 183 m 600 ft

Iquitos 106 m 343 ft

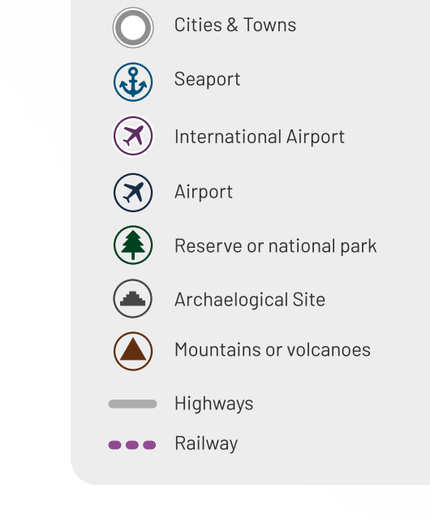
Lima 60 m 197 ft

Trujillo 34 m 112 ft

Paracas 6 m 20 ft

0 meters

Peru in South America



SYMBOLS AND LEGEND

- Metro Journeys Offices
- World Heritage Sites - UNESCO
- Intangible Cultural Heritage - UNESCO
- Hydrographic zone (ocean, rivers, lagoons)
- Cities & Towns
- Seaport
- International Airport
- Airport
- Reserve or national park
- Archaelogical Site
- Mountains or volcanoes
- Highways
- Railway

UNESCO WORLD HERITAGE SITES & CONCEPTS OF PERU

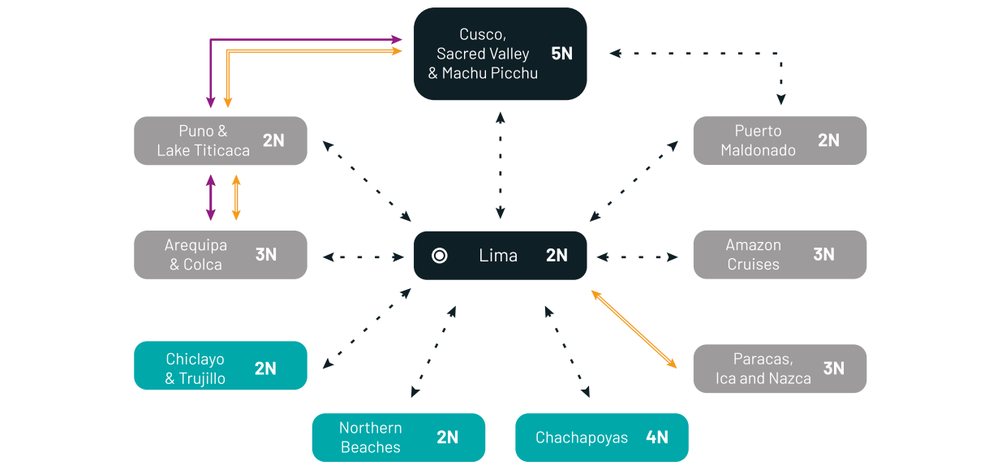
- N.º1 - Historic Cities
- N.º2 - Amazon Rainforest Parks & Reserves
- N.º3 - Chan Chan Archaeological Zone
- N.º4 - Sacred City of Caral-Supe
- N.º5 - Historic Sanctuary of Machu Picchu
- N.º6 - Huascaran National Park
- N.º7 - Gastronomic Heritage - Ceviche & Pisco
- N.º8 - The Scissors Dance (Danza de las Tijeras)
- N.º9 - Peruvian Textile Art of Taquile

15° S

TRIP PLANNER

This map offers a visual guide to organizing your journey through Peru's main destinations.

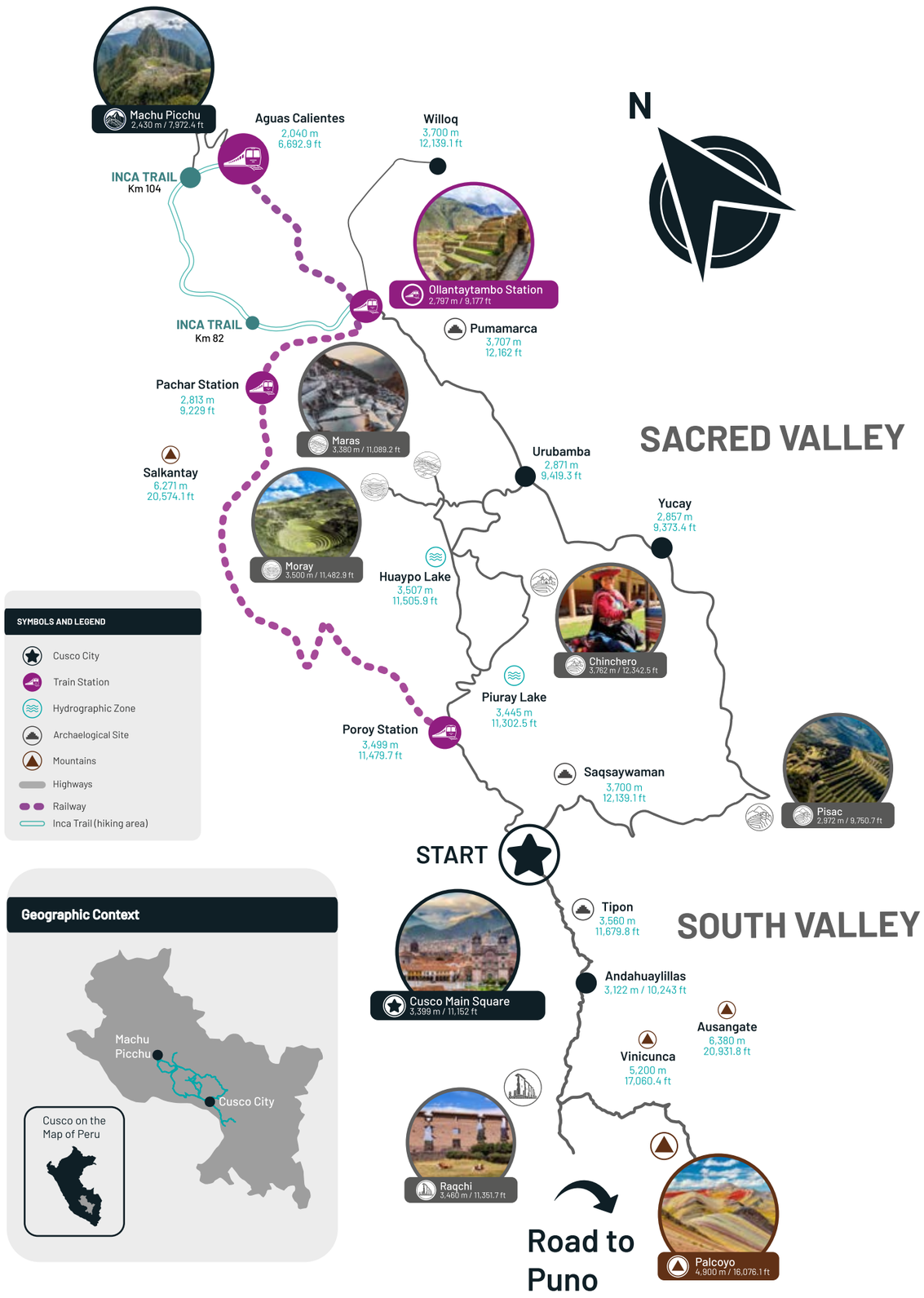
Each colored box represents a different destination with its recommended length of stay, connected by lines that illustrate the most efficient travel routes.
All itineraries begin and end in Lima, home to Jorge Chávez International Airport, the country's primary gateway.
This resource helps travelers and their Destination Experts design strategic itineraries tailored to individual interests and the desired travel experience.



Continue Your South American Adventure

From Lima, you can easily fly to Quito and Guayaquil in Ecuador
Our expeditions in these destinations uphold the same impeccable standards.

SACRED VALLEY AND SOUTH VALLEY OF CUSCO



SYMBOLS AND LEGEND

- Cusco City
- Train Station
- Hydrographic Zone
- Archaeological Site
- Mountains
- Highways
- Railway
- Inca Trail (hiking area)

Geographic Context

PERU'S DESTINATIONS



Lima

Peru's cosmopolitan capital where 16th-century colonial architecture meets award-winning gastronomy. The historic center showcases Spanish influence while Miraflores and Barranco districts offer Pacific cliff views, trendy galleries, and ceviche that has earned Lima its reputation as South America's culinary epicenter.

Location: Central Pacific coast of Peru (6h by airplane from Miami, 6h 30min from New York, 11h from Madrid).

Weather: Mild 15-27°C (59-81°F) with high humidity.



Cusco

The ancient Inca capital where massive stone foundations support colonial churches and mansions. This UNESCO site at 3,400m elevation features the remarkable Qorikancha temple, lively San Pedro Market, and serves as the gateway to Machu Picchu with a perfect blend of Inca precision and Spanish grandeur.

Location: 1,105 km (687 miles) southeast of Lima (1 hour by airplane).

Weather: Cool and sunny 4–21 °C (39–70 °F).



Sacred Valley

The agricultural heartland of the Inca Empire where riverside terraces stretch beneath snowcapped mountains. Visit the fortress at Ollantaytambo, circular terraces of Moray, salt pans of Maras, and traditional markets where Quechua communities preserve ancient textile traditions using natural dyes.

Location: 15 km (9 miles) northwest of Cusco (90min by train / 1h by bus).

Weather: Moderate 5–22 °C (41–72 °F).



Machu Picchu

The crown jewel of Inca engineering where precisely-fitted stone structures cling to a mountain saddle above the Urubamba River. This 15th-century citadel features astronomical alignments, agricultural terraces, and sacred temples surrounded by misty cloud forest peaks, a testament to Inca ingenuity.

Location: 112 km (70 miles) northwest of Cusco (4h by train).

Weather: Warm and humid 12-24°C (54-75°F).



Arequipa & Colca Valley

The 'White City' built from sillar volcanic stone sits beneath perfect volcanic cones. Beyond Arequipa's UNESCO-listed Santa Catalina Monastery lies Colca Canyon, twice as deep as the Grand Canyon, where Andean condors soar above pre-Inca terraces and thermal springs that remain in use after 1,500 years.

Location: Arequipa: 764 km (475 miles) southeast of Lima (1h 15min by airplane).

Weather: Sunny and dry 10-23°C (50-73°F).



Puno & Lake Titicaca

The world's highest navigable lake where communities preserve ancient traditions on islands both floating and fixed. The Uros islands, constructed entirely from totora reeds, and Taquile, famous for intricate textiles created by male knitters, showcase cultures that predate even the Incas.

Location: 1,324 km (822 miles) southeast of Lima (2h by airplane with a stop in Arequipa).

Weather: Cool 3–16 °C (37–61 °F).



Amazon Rainforest

Encompassing vast stretches of tropical rainforest, the Peruvian Amazon is a biodiversity hotspot. From Iquitos or Puerto Maldonado, visitors can explore dense jungles, encounter exotic wildlife, and experience the rich cultural heritage of indigenous communities.

Location: Tambopata: 1,621 km (1,006 miles) southeast from Lima (1h 30min with stop in Cusco).

Iquitos: 1,009 (626 miles) Kilometers northeast from Lima (1h 30min by airplane).

Weather: Warm and humid 22-31°C (72-88°F).



Nazca, Paracas & Ica

Peru's southern coast unites Nazca, where ancient civilizations etched massive geoglyphs into desert plains, the Ballestas Islands' thriving marine wildlife, and the Paracas Desert's vast dunes, the birthplace of pisco, where you can explore vineyards and taste Peru's iconic spirit.

Location: Nazca: 450 km (280 miles) south of Lima (6h by bus).

Weather: Warm and dry 18-30°C (64-86°F).



Chiclayo & Trujillo

Northern coastal cities revealing pre-Inca civilizations whose artistry and engineering rivaled later empires. The tomb of the Lord of Sipan, with its intricate gold burial regalia, and Chan Chan, the largest pre-Columbian adobe city in the Americas, showcase sophisticated cultures that flourished in the desert.

Location: Trujillo: 560 km (348 miles) northwest of Lima (90min by airplane).

Weather: Warm 17-28°C (63-82°F).



Northern Beaches

Sun-soaked coastline where perfect left-hand breaks attract surfers and seafood lovers alike. Mancora's year-round sunshine, Punta Sal's calm swimming waters, and opportunities to spot humpback whales and sea turtles near Los Organos create Peru's premier beach destination.

Location: Mancora: 1,165 km (724 miles) north of Lima (18h by bus / 90min by airplane).

Weather: Warm and sunny 22-35°C (72-95°F).



Chachapoyas

Cloud forest region where the monumental fortress of Kuélap predates Machu Picchu by 1,000 years. Known as the 'Machu Picchu of the north,' this stone citadel, alongside the 771-meter Gocta waterfall and cliff-face mummy tombs, reveals the sophisticated 'Warriors of the Clouds' civilization.

Location: 1,042 km (647 miles) north of Lima (1h by airplane to Jaen, then 3 hours by bus).

Weather: Mild and humid 15-25°C (59-77°F).



Huaraz

The mountaineering capital of Peru where 16 peaks exceed 6,000 meters within Huascarán National Park. Turquoise glacial lakes, the ancient ceremonial center of Chavin de Huantar, and alpine hiking circuits through the Cordillera Blanca attract adventurers seeking South America's most spectacular mountain scenery.

Location: 408 km (254 miles) northeast of Lima (6h by bus).

Weather: Cool and dry 5-23°C (41-73°F).

UNESCO WORLD HERITAGE SITES & CONCEPTS OF PERU



N.º1

Historic Cities
Lima, Cusco, Arequipa



N.º2

Amazon Rainforest Parks & Reserves
Manu National Park, Tambopata Reserve, Pacaya-Samiria Reserve



N.º3

Chan Chan Archaeological Zone
La Libertad



N.º4

Sacred City of Caral-Supe
Lima



N.º5

Historic Sanctuary of Machu Picchu
Cusco



N.º6

Huascaran National Park
Ancash



N.º7

Gastronomic Heritage - Ceviche & Pisco
Nationwide



N.º8

The Scissors Dance (Danza de las Tijeras)
Ayacucho, Huancavelica & Apurimac



N.º9

Peruvian Textile Art of Taquile
Puno

Scan this code with your smarthphone and find out more!

Find us online by searching:
Metrojourneys.com

Contact us:
UK: +44 (800) 058-4866
info@metrojournes.com
Quito - Ecuador

Follow us:
@Metrojourneys



METROJOURNEYS
by Metropolitan Touring

PERU
TRAVEL MAP