

Galapagos (Zoom)

4

Pinta

Marchena

Genovesa

V. Wolf

V. Darwin

Santiago

Bartolome

V. La Cumbre

V. Alcedo

North Seymour

Baltra

Rabida

Fernandina

South Plaza

San Cristobal

Pinzon

Finch Bay

Pto. Ayora

Santa Cruz

Santa Fe

V. Sierra Negra

V. Cerro Azul

Pto. Villamil

Pto. B. Moreno

Isabela

Pto. Velasco Ibarra

Española

Floreana

75° W

Pasto

COLOMBIA

N

Equator: Latitude: 0°00′ 00″

Esmeraldas River

Ipiales

Tulcan



Northern Andes

9



Cloud Forest

Cotacachi

Ibarra

Otavalo

Imbabura

Mashpi Lodge

Pululahua Geobotanical Reserve

3

Pedernales

Cayambe

Lago Agrio

Cayambe Coca Ecological Reserve

Pichincha



Quito

Papallacta

Santo Domingo de los Colorados

Casa Gangotena

1

Antisana

Coca

Napo River

Machachi

Cotopaxi

Antisana National Park

Iliniza

Cotopaxi National Park

Bahia

Latacunga



Amazon

Manta

6

Portoviejo

Quevedo



Avenue Volcanoes

7

Yasuni National Park

Ambato

Chimborazo

Tungurahua

Puyo

Machalilla National Park

Riobamba

Guayaquil

Milagro

Salinas

Sangay

Alausi

5

Manglares Churute Ecological Reserve

Cañar

2

8

Playas

7

Azogues

Cajas National Park

Gualaceo



Cuenca

Huaquillas

Tumbes

Loja

PACIFIC OCEAN

ECUADOR

PERU

SYMBOLS AND LEGEND

- Metro Journeys Offices
- World Heritage Sites - UNESCO
- Intangible Cultural Heritage - UNESCO
- Hydrographic zone (ocean, rivers, lagoons)
- Cities & Towns
- Seaport
- International Airport
- Airport
- Reserve or national park
- Archaelogical Site
- Mountains or volcanoes
- Highways
- International Borders

Ecuador in South America



UNESCO WORLD HERITAGE SITES & CONCEPTS OF ECUADOR

- N.º1 - Historic Centre of Quito
- N.º2 - Historic Centre of Cuenca
- N.º3 - Qhapaq Ñan (Andean Road System)
- N.º4 - Galapagos Islands
- N.º5 - Sangay National Park
- N.º6 - Traditional Weaving of the Toquilla Straw Hat
- N.º7 - Zapara People's Oral Heritage
- N.º8 - Pases del Niño Viajero Christmas Festivities
- N.º9 - Afro-Ecuadorian Marimba Music

Chimborazo Reserve
3,800–6,263 m
12,467–20,548 ft

Cotopaxi National Park
3,400–5,897 m
11,155–19,347 ft

Antisana Reserve
1,400–5,758 m
4,593–18,891 ft

Papallacta
3,300 m
10,827 ft

El Cajas National Park
3,100–4,450 m
10,170 - 14,599.7 ft

3,000 - 4,000 meters

Quito
2,850 m
9,350 ft

Cuenca
2,560 m
8,399 ft

Otavalo
2,565 m
8,415 ft

1,000 - 3,000 meters

Galapagos Islands
0–1,707 m
0–5,600 ft

Andean Cloud Forest (Mashpi)
950 m
3,117 ft

Yasuni (Amazon Rainforest)
200 m
656 ft

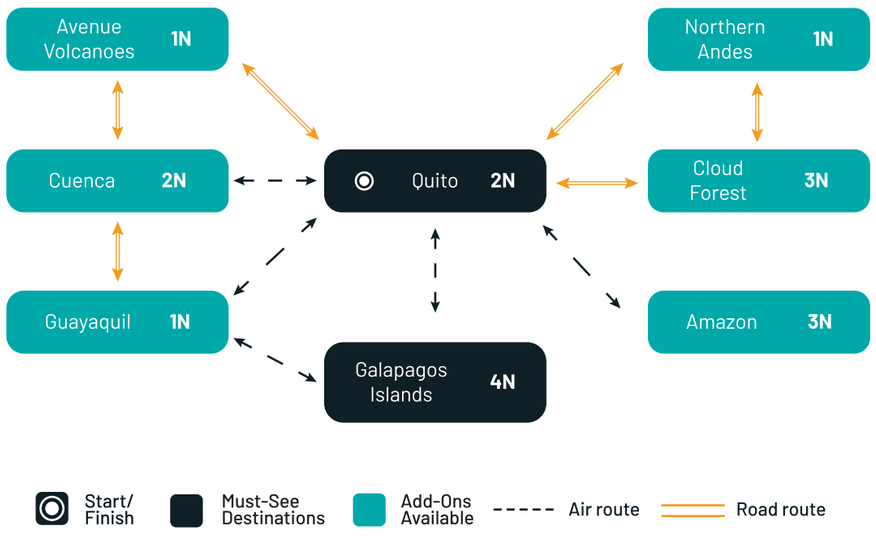
Guayaquil
6 m
19 ft

0 meters

TRIP PLANNER

This map is a practical tool for planning unforgettable journeys across Ecuador's most iconic destinations.

Each box highlights a destination with a suggested length of stay, while connecting lines indicate the available routes between them.
All trips are designed to begin and end in Quito, making it easy to build circular itineraries that maximize both time and experience.



Continue Your South American Adventure

From Quito, you can easily fly to Lima in Peru to continue your journey.
Our expeditions in these destinations uphold the same impeccable standards.

AVENUE OF THE VOLCANOES – ECUADORIAN ANDES



Geographic Context



SYMBOLS AND LEGEND

- Starting Point
- Hydrographic Features
- Archaeological Site
- Volcano
- National Park
- Travel Route
- City / Town

ECUADOR'S DESTINATIONS



Quito

Ecuador's capital is the world's second-highest at 2,850 meters, surrounded by spectacular mountains. Its historic center—a UNESCO World Heritage Site—is the best-preserved colonial district in the Americas, where ornate facades conceal lavish baroque interiors and religious art masterpieces. Experience its Andean culture through museums, cuisine, architecture, folklore, and everyday life.

Location: In the northern highlands of Ecuador (4h by airplane from Miami, 6h from New York, 11h from Madrid).

Weather: Consistent spring-like temperatures year-round ranging from 10-22°C (50-72°F).



Galapagos Islands

This legendary archipelago of 19 volcanic islands offers unprecedented wildlife encounters. The islands feature unique species that inspired Darwin's theory of evolution: giant tortoises, marine iguanas, blue-footed boobies, and friendly sea lions unafraid of human visitors. Best explored by cruise or expedition hotel.

Location: 1,000 km (620 miles) west of mainland Ecuador (2h by airplane from Quito or Guayaquil).

Weather: Temperate and dry with temperatures 21-30°C (70-86°F).



Andean Cloud Forest

This biodiverse paradise lies just 3 hours from Quito—no flight required. It's one of the most biologically rich regions on Earth, where the cloud forest meets the Choco rainforest. With over 400 bird species and new amphibians and plants still being discovered, it's a haven for wildlife lovers, also featuring canopy ziplines and hidden forest cascades. Best explored from Mashpi Lodge.

Location: 80 km (50 miles) northwest of Quito (2h by bus).

Weather: Humid subtropical with temperatures 15-24°C (59-75°F).



Otavalo

Famous for hosting South America's largest indigenous market, this highland town showcases vibrant Andean textiles, crafts, and cultural traditions. The Saturday market fills with colorful weavings, Panama hats, woodcarvings, and traditional food among the backdrop of volcanic peaks and lakes.

Location: 90 km (56 miles) north of Quito (2h by car).

Weather: Cool highland climate with temperatures 10-20°C (50-68°F).



Papallacta

This Andean spa retreat nestled in the cloud forest offers pristine hot springs with therapeutic mineral waters. Visitors can soak in steaming thermal pools with panoramic Andean views, trek through ecological reserves to spot spectacled bears, and indulge in volcanic mud treatments at luxury spas.

Location: 67 km (42 miles) east of Quito (1h 30min by car).

Weather: Cool mountain climate with temperatures 8-20°C (46-68°F).



Cotopaxi National Park

Dominated by the world's highest active volcano with its perfect snow-capped cone, this highland reserve offers dramatic Andean landscapes. Scenic hikes reveal wild horses, Andean foxes, deer, and highland bird species. Horseback rides from nearby haciendas offer a timeless way to experience the region's vast beauty.

Location: 50 km (31 miles) south of Quito (1h 30min by car).

Weather: Cold, especially at higher elevations, with temperatures 3-18°C (37-64°F).



Antisana Reserve

This pristine ecological reserve centers around an imposing glacier-topped volcano surrounded by paramo grasslands. Antisana offers exceptional birdwatching including rare Andean condors, pristine lakes reflecting mountain peaks, and hiking trails through untouched high-altitude ecosystems.

Location: 50 km (31 miles) southeast of Quito (1h 45min by car).

Weather: Cold paramo climate with temperatures 3-16°C (37-61°F).



Chimborazo Reserve

Chimborazo is Ecuador's highest peak and the furthest point from Earth's center, The majestic snow-capped volcano hosts wild vicuñas roaming its slopes, while mountaineers challenge themselves to reach the 6,263-meter summit through ice fields and dramatic lunar landscapes.

Location: 150 km (93 miles) south of Quito (3h 30min by car).

Weather: Cold climate with temperatures -2-15°C (28-59°F).



Cuenca

This UNESCO World Heritage gem preserves stunning colonial architecture with domed cathedrals, eclectic mansions, and flower-filled plazas. Cuenca is celebrated for its artisan traditions including "Panama" hat weaving, silver filigree, and ceramics.

Location: 440 km (273 miles) south of Quito (45min by airplane, 8h by bus).

Weather: Mild year-round with temperatures 10-21°C (50-70°F).



El Cajas National Park

This high-altitude park features over 200 glacial lakes, misty cloud forests, and dramatic paramo landscapes. It's ideal for hiking, birdwatching, and connecting with nature near Cuenca, with endemic species such as the giant hummingbird and the Andean condor.

Location: 30 km (19 miles) northwest of Cuenca (45 min by car).

Weather: Cool and humid with temperatures ranging from 2–18°C (36–64°F); weather can change quickly.



Guayaquil

Ecuador's largest city and main port blends tropical energy with a modern, coastal spirit. Highlights include the Malecon 2,000 boardwalk, the colorful and historic Las Peñas district, nearby mangrove reserves, and cacao farms where visitors can taste chocolate at its source.

Location: On Ecuador's Pacific coast (1h flight or 7h by road from Quito).

Weather: Tropical with temperatures 24–33°C (75–91°F).



Amazon Rainforest

One of Earth's most biodiverse regions offers immersive jungle experiences with local guides. Visitors can spot pink river dolphins, colorful macaws, and playful monkeys while learning about medicinal plants, traditional cultures, and conservation efforts in pristine primary forest.

Location: Eastern Ecuador, accessible via Puerto Francisco de Orellana (1h by airplane from Quito, then river travel).

Weather: Hot and humid year-round with temperatures 23–33°C (73–91°F).

UNESCO WORLD HERITAGE SITES & CONCEPTS OF ECUADOR



N.º1

Historic Center of Quito

Andean Plateau



N.º2

Historic Center of Cuenca

Southern Ecuadorian Andes



N.º3

Qhapaq Ñan (Andean Road System)

Northern to southern Andes



N.º4

Galapagos Islands

Pacific Ocean, 1,000 km west of Ecuador



N.º5

Sangay National Park

Eastern Andes



N.º6

Traditional Weaving of the Toquilla Straw Hat

Azuay and Manabi



N.º7

Zapara People's Oral Heritage

Southern Amazon Region



N.º8

Pases del Niño Viajero Christmas Festivities

Azuay



N.º9

Afro-Ecuadorian Marimba Music

Esmeraldas and Chota Valley

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ECUADOR
TRAVEL MAP