

John Alston Trainer - Coach 40 Year Veteran of the Fire Service Retired from JCFD with 31 Years Former Chief of Staff Former Chief of Special Operations Former Chief of Training NJ State Certified Level II Instructor National Foam Instructor Advanced Flammable Liquids -TEEX 10 Veteran of the Heavy Rescue

**Objectives** 

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- Define the 7 areas for exploration and discussion
- Utilize dialogue & written exercises to identify key terms
- Utilize group activities to share commonalities and divergent ideas
- Identify unique issues and operations in the Fire Service Culture
- Discuss the theory and practice of Kaizen

### Introduction

- Thank you, for your attendance.
- Ground Rules

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- Feel Free to Disagree
- The Concept is old
- The Mindset (Closed vs Open)



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# What is a Paradigm?

- Thomas Kuhn "How science moved from one pattern or model of reality to another."
- Joel Barker used the same idea but applied it to society, organizations, and individuals.
- Barker describes it as "a set of rules and regulations that establishes boundaries and tells you how to behave within those boundaries."
- Gelatt says "it's a point of view, a frame of reference, a way of seeing things."

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# **Redefining the Present**

### TRADITIONAL APPROACH

- Certainty and Control.
- Viewing the organization from a limited perspective.
- Internal focus
- Looking for the right answer.
- Eliminating or avoiding conflict
- Being uncomfortable with ambiguity.

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### ALTERNATE APPROACH

- Flexibility and Adaptability
- Viewing the organization as part of the big picture.
- External focus.
- Asking the right question.
- Accepting conflict as healthy
- Finding meaning and pattern amid the clutter and confusion

Our Personal S.W.O.T. Analysis

STRENGTHS	WEAKNESSES
511121131113	
OPPORTUNITIES	THREATS
nt	

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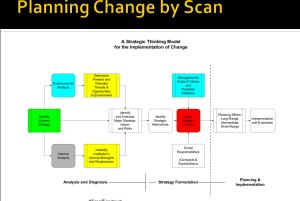
Change is...

- Stress
- Painful
- Necessary
- Worthwhile

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### **Planning Change by Scan**



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# The 7 C's of Fire Officer Trust

- Commitment
- Competence
- Confidence
- <u>C</u>ommunication
- Courtesy
- Consistency
- <u>C</u>ourage

# The FIRST "C"

The First "C" is Commitment

- Commitment to Yourself
- Commitment to Your Family
- Commitment to Your Agency or Organization
- Commitment to the Mission and/or Vision
- Commitment to the Rules and Regulations
- Commitment to Stewardship
- Commitment to Your Co-workers
- Commitment to the Citizens and People

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### **The Identity Crisis**

- Who are you?
- What are you?
- Who are the others around you?
- How are you perceived by others?

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# The SECOND "C"

# The Second "C" is Competence

- Learn your position in the organization well
- Learn the other positions in your organization
- Learn & master your policies and procedures
- Take courses from multiple sources
- Attend seminars and trade shows (Duuuh!)
- Seek opportunities to network and share
- Stay current Monitor Industry Trends
- Join a "Mastermind Group" or Study Group
- READ, READ, READ, READ....READ!!!!!!

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# Ken Blanchard

Competence Is Low, You Need, Direction; When Your

"When Your

Commitment Is Low, You Need Support."

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# The THIRD "C"

The Third "C" is Confidence

- Once your Commitments are identified
- And your Competence starts improving
- When you handle responsibilities head-on
- Know the length & breadth of authority
- Know what is fair, right, and appropriate
- Confidence will occur on its own
- You will develop a "Command Presence."

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# What is "Command Presence"?

Hot Seat Time ( Define Command Presence)

Food for Thought...

"Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit" - Napoleon Hill"

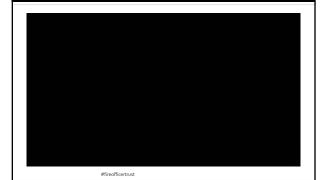


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# What is Your Level Of Confidence?

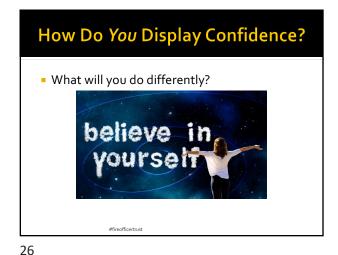


The Non-Verbal Language



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Authority vs. Confidence vs. Power • Some folks see them as synonymous. • In this case, they are not.

**Five Points of Power** Position Power – Rank or Title Task Power – the interconnection Personal Power – ability to influence others Relationship Power – Who you know Knowledge Power – "Radar O'Reilly"

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**Expand Your View** Don't Buy Into The Assumed Constraint **That Position Power** Is The Only Power That Works.

The FOURTH "C"

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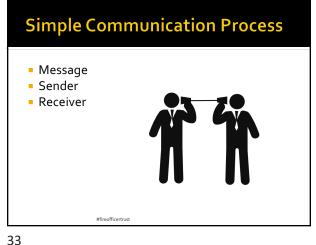
**FD Culture of Communication** 

- Telegraph
- Teletype
- Telephone

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- Tell-a-Fire Fighter
- And..."If you don't know or haven't heard any good rumors...
- Start one!" >;o)



**Realistic Communication Process** Sender Message Medium Interference Receiver Feedback Confirmation

Sender Ethos, Pathos, Logos & Kairos Authority or Position Inflection Intonation Pitch Demeanor Tone #fireofficertrust

Message Innocuous Urgent Severe Needed Important Incomplete Complete

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### Medium

- Verbal
- Non-Verbal
- Written (E-Mail, Text, Tweet, Letter, Note, Postcard???
- Oral (Voice, Device, Live, Delayed, etc.)
- Visual Electronic Display (MDT, Pager, etc.)

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### Interference

- Unclear delivery
- Physical and/or audible noise during the delivery.
- Electronic static
- Poor Signal (<5 x 5)</p>
- Sender has some "impedance"
- Receiver is not receptive
- Disruption on either end of the delivery or transmission.

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### Receiver

- Not ready, able or willing to receive
- Not "tuned" in properly
- So busy preparing to respond or act and missed the complete message
- Expecting something else



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### **Feedback**

- There is no feedback given by Receiver
- Is missed because the sender was not interested in it.
- Sender was not prepared to receive it.
- Feedback was misinterpreted by the sender for different reasons
- Feedback is necessary... COPY?
- ROGER THAT!

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### Confirmation

- What was the end result?
- Was the end result effective?
- How do you know?

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**The Communication Process** THE COMMUNICATION PROCESS WHAT DO I WANT TO COMMUNICATE? D. WHAT DOES SHE HEAR? WHAT DOES A RECORDER HEAR: WHAT IS THE IMPACT? NOISE WHAT DOES SHE HEAR, SEE & FEEL? H. WHAT RESPONSE DOES SHE THINK SHE GAVE? WHAT DOES THIS FEEDBACK TELL ME ABOUT WHAT I HAVE JUST TRIED TO COMMUNICATE? I. WHAT WAS THE FEEDBACK RESPONSE? #fireofficertrust

### **Effective Communication**

- Hearing is the physical act of receiving sound.
- Listening is interpretation and processing
- There is a difference (ask any married person)
- We must be just as good a listener as we are a communicator.
- Seek to hear, before you are heard!

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# Are You a Good Listener?

Quick Exercise

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# Factoid:

Principles that are foundational for understanding how to connect with people

- 1. Connecting Increases Your Influence in Every Situation
- 2. Connecting Focuses on Others
- 3. Connecting Goes Beyond Words
- 4. Connecting Always Requires Energy
- 5. Connecting Is More Skill Than Natural

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The FIFTH "<u>C</u>"

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# The Fifth "C" is Courtesy

- Keep your hands to yourself.
- Share and share alike.
- If you don't have anything nice to say about someone or something...
- Don't say anything at all.
- If you have the ability to help someone, anyone, you help them!

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For it or Against it?

**P. C.** 

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### Where did we go wrong?

- PC = Politically Correct (Sex, Religion, Race)
- PC = PROFESSIONAL and COURTEOUS!
- Courtesy is hardly ever addressed.
- Is it the Technology?
- Is it Social media?
- Do we, as professionals, have a Worldview?
- Is Courtesy seen as Weak or Antiquated?
- Example...The Door and the Breath mint

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# Stages of Change in the FD

- Racist, Sexist, Homophobic
- Lewd, Crude and Obnoxious
- Fireman to "Fire Fighter"
- Manpower to "Crew, Staffing or Personnel"
- Self Absorbed, Self-Centered, Self-Interested, and borderline Narcissistic.

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### **An Epiphany**

- I was guilty.
- Treat people the way you want yours treated
- We said...I will trade my time for your time!
- We said...My comfort for your comfort!
- We said...My emergency for your emergency!
- And yes...
- We said...My Life for Yours!
- That's what we signed up for...Isn't it?

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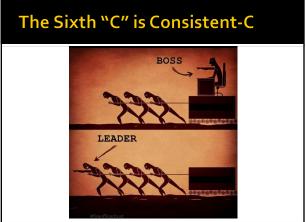
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# The SIXTH "C"

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### **Routines and Rituals**

- Everyone has one if not more than one
- What are yours?
- We are creatures of habit.
- We are born with two fears.
- We have to look at "Nature vs. Nurture."
- We can change habits and learn "New Things"
- Learn to read all over again.
- "SQ3R" Moving from passive learning

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# The Sixth "C" is Consistency

- The Change from Fire Fighter to Fire Officer
- If You Never Wore Your Uniform Properly
- If You Never wore your P.P.E. Properly
- If You Never cared for the rules or policies
- Fire Fighters have long memories LOL
- Be honest about becoming an Officer
- Rank alone does not equal Respect!

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### The Sixth "C" is Consistency

- "When I was a child, I spoke as a child
- I reasoned as a child.
- But when I grew up, I put away "childish things".

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### Use a Journal or Planner

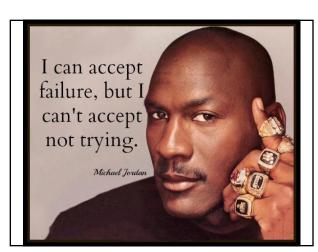
- Write down goals and ideas
- Try "Bullet Journaling".
- Write down your impressions and feelings
- READ YOUR JOURNAL, Periodically!
- Work from one "Script"
- One Journal at a time.

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# The SEVENTH "C"

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# The Seventh "C" is Courage

- Change the things you can.
- Accept and work with what you can't change
- Have the courage to try...
- Lose your fear of failure Accept It!
- Thomas Edison and the Light Bulb
- Like riding a bike"

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BE STRONG ENOUGH
TO STAND ALONE,
SMART ENOUGH TO
KNOW WHEN YOU
NEED HELP, AND
BRAVE ENOUGH TO
ASK FOR IT.

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# Benchmarking

- Sets goals and "S.M.A.R.T." objectives
- Identifies progress or lack there of.
- Provides tacit feedback.
- Insures transparency.
- Keeps all levels informed & focused on common goals.

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### **Kaizen Process & Benefits**



- Increased productivity
- Improved quality
- Better safety
- Lower operating costs
- Improved customer satisfaction
- Decrease in sick time
- Increase in morale
- Greater personal investment

### **Kaizen Overview**

- Good processes bring good results
- See for yourself to grasp the current situation. ("Undercover Boss")
- Speak with data, manage by facts
- Take action to contain and correct the root causes of problems.
- Work as a team.
- Kaizen is everybody's business.

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### **Define Kaizen**

- Quality Work Circle
- Change for the good, as a course of action
- Continuous improvement (Small increments)
- Total Quality Management (Internal/External)
- Total Involvement and Input from all.
- Toyota's Implementation (Camry)
- Honda's Implementation (Accord)
- Question: How Do I Make Continuous Improvement Part of an On-Going Process?

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# **Conclusion**

- A lot of information in a short amount of time
- You don't have to agree but try 1 of the 7.
- "How do you know when you know?"
- You are the Captain of your Ship......and the Master of your Fate.
- Thank You!

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- Emergenetics Dr. Geil Browning
- How to Say It for First-Time Managers Griffin
- Fundamentals of Management Robbins/Decenzo
- Work Happy "What Great Bosses Know" Geisler

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# Please Scan & Complete

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### For Further Information

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