

Want to Contribute to the Fire Rescue Industry? Opportunity is Here!

Dr. Lindsay Judah

Firefighter Nation article from February 2026

[Origin Stories, Trauma, and the Firehouse: Learning to Lead with Love](#)

The More Informed & Prepared Fire Rescue Professional

This all leads to how we can share pathways and participation opportunities with fellow fire rescue personnel to increase active engagement and initiative involvement. Creating and fostering teams, building community, and nurturing a sense of belonging all contribute to advancing and growing our personnel, agencies, and industry. What experiences have you had in your career that you can share with your personnel?

There are several opportunities to advance and contribute to our profession and learn from brilliant and experienced leaders.

Submit articles for publication such as [International Fire & Safety Journal](#), [Fire Engineering](#), [Fire Rescue 1](#), [Firehouse](#), [JEMS](#), and [IPSA](#).

Apply to participate on an [IFSTA](#) textbook validation committee, [ICC](#) committees, and/or [NFPA](#) technical committees.

Become credentialed through [Center for Public Safety Excellence-CPC](#), and request to participate as a peer reviewer.

Hire a coach such as [Dr. Joe Pennino](#), specializing in Public Sector Leadership.

Attend [Congressional Fire Services Institute](#) - symposium and dinner, apply for [agency awards](#), and visit Capitol Hill in support of the fire rescue industry.

Visit the [National Fire Academy](#), attend the [U.S. Fire Administration](#) summit, and apply for [Managing Officer](#) (MO) and/or [Executive Fire Officer](#) (EFO) programs.

Serve as an NFFF [Everyone Goes Home®](#) advocate, travel, teach, connect with the community of fire service advocates. Apply to participate as an [NFFF fellow](#) after serving as an advocate.

Review and share resources such as [21st Century White Paper](#), NAEMSP + IACP + IAFC [Consensus Statement](#), Department of Homeland Security-[JCAT](#), [Harvard Business Review](#), IAFC + NFFF [Crew Resource Management](#), NEMSQA [Lights and Sirens Collaborative](#), NHTSA [EMS2050](#), NVFC [Lavender Ribbon](#) report, VCOS [Yellow Ribbon](#) Report, USFA [publications](#) and [Wingspread](#).

Participate in research studies [OSU](#), [UM \(HER Study\)](#), [DHS-NUSTL](#), and please enroll in the [National Firefighter Registry for Cancer](#) and tell your friends.

Become a member of industry organizations such as [FDSOA](#), [IAFC](#), [IAFF](#), [I-CAPP](#), [IFE-USA](#), [NAEMT](#), and [Science to the Station](#). As well as state city/county management associations such as [FCCMA](#), [GCCMA](#), and [ICMA](#).

Submit nominations for awards, recognition, and scholarships such as [FFCA](#), [Hotzone](#), [IAFC](#), [Orlando Fire Conference](#), [CPSE-Michael Worthington](#), [FCCMA](#), as well as local and state [EMS awards](#) such as EMT and PMD of the year.

Complete classes for additional sets and reps such as [Blue Card](#), [Calm the Chaos](#), [Fire Hero Learning Network](#), [Fire Safety Research Institute](#), [Situational Awareness Matters](#), [UF-Critical Care Paramedic](#), and [ISO/HSO/5 Reads](#) through FDSOA.

Share information with [Firefighter Rescue Survey](#) and [Firefighter Mayday Survey](#).

In addition to all these listed activities and opportunities, remember to always check in with yourself and remain grounded. There are leadership and mindfulness-focused resources such as [Yoga for First Responders](#), [O2X](#), [Leadership Under Fire](#), and podcasts - [Fireground Fitness](#) with Rayne Gray, [Perspectives on Leadership](#) with Chief Stephen Shaw, and [Resilient Leadership](#) with Bridgette and Irvine.

Read [I Love It Here](#) by Clint Pulver, *“The greatest part about your role in leadership is that it matters. The hardest part is that it matters every day.”*

Quotes to Review

“Best-in-class managers use ongoing conversations to deliver energizing feedback that celebrates successes and calibrates performance.” Read *Thanks for the Feedback* by Douglas and Sheila

“The best managers individualize feedback to employees' natural talents and performance needs.” Read *Free to Focus* by Michael Hyatt

Retain talent: “Employees today are looking for purpose-driven work and a manager who acknowledges and accelerates their progress.” Gallup, 2024

Did you know that dedicating time to random acts of kindness and frequently expressing gratitude both lead to an uptick in overall happiness for both the giver and the receiver? Thought Catalog, 2024

Get comfortable being uncomfortable. -Chief Fitzsimmons (FDNY)

“Everyone Deserves Therapy” -Me

Time Sensitive

Call for Presentations (TEEX – May 15, 2026 || CPSE Excellence Conference – Opening June 2026 || South Carolina State Firefighters' Association – Open || National Fire Sprinkler Association – Open || Metro Atlanta EMS Conference – September 30, 2026)

Naval Postgraduate School Master's Degree Program CHDS application (May 30, 2026)

Firehouse Subs grant (July 9, 2026)

Dr. Lindsay Judah, DPA, CFO, CTO, CEMSO, MIFireE, serves as the Fire Rescue Division Chief for a Florida metro Fire Rescue agency, is a fire & emergency services consultant, and graduate professor, an advocate for [*NFR for Cancer*](#), peer reviewer for [*CPSE*](#), [*IFSTA Executive Board*](#) member, [*Science to the Station Scholars Alliance*](#) Steering Committee member, [*Firefighter Mayday Survey*](#) Committee member, and has served on validation committees for *Hazardous Materials for First Responders* 7th ed. and *Chief Officer* 5th ed. As well as a member of the FCCMA, FDSOA, FFCA, IAFC-SHS, I-CAPP, State of Florida EMSAC, and Pinellas County EMSAC. She is a NASM-CPT, and trained in Peer Support (IAFF, Illinois, and UCF).

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With Gratitude



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