

**Topic 19: Exercises on Harder 3 Unit Inequalities**  
**Level 3, Part 1**

1. If  $a > 0$ , show that  $a^2 + \frac{1}{a^2} \geq a + \frac{1}{a} \geq 2$ .

2. If  $a \geq 0, b \geq 0$  and  $c \geq 0$ , show that  $ab + bc + ca \geq a\sqrt{bc} + b\sqrt{ca} + c\sqrt{ab}$ .

3. If  $a_1 \geq 0, a_2 \geq 0, b_1 \geq 0$  and  $b_2 \geq 0$ , show that  $\sqrt{(a_1 + b_1)(a_2 + b_2)} \geq \sqrt{a_1 a_2} + \sqrt{b_1 b_2}$ .

4. Show that if  $a, b$  and  $c$  are the sides of a triangle, then  $(a + b - c)(b + c - a)(c + a - b) \leq abc$ .

Hint: Show that if  $x \geq 0, y \geq 0$  and  $z \geq 0$ , then  $(x + y)(y + z)(z + x) \geq 8xyz$ .

5. If  $a_1, a_2, \dots, a_n$  are positive numbers such that  $a_1 a_2 \cdots a_n = 1$ , show that  $(1 + a_1)(1 + a_2) \cdots (1 + a_n) \geq 2^n$ .

6. If  $a > 0, b > 0$  and  $c > 0$ , show that  $(a + b + c) \left( \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \geq 9$ .

7. If  $a > 0, b > 0, c > 0$  and  $d > 0$ , show that

$$\frac{16}{a+b+c+d} \leq \frac{3}{b+c+d} + \frac{3}{a+b+c} + \frac{3}{a+b+d} + \frac{3}{a+c+d} \leq \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}$$

Hint: Use the inequality  $(x+y+z)\left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z}\right) \geq 9$  with positive  $x, y$  and  $z$ .

8. Show that  $\frac{a^2 + b^2 + c^2}{3} \geq \left(\frac{a+b+c}{3}\right)^2$ .

9. If  $x \neq 0$  and  $y \neq 0$ , show that  $x^4 + y^4 \leq \frac{x^6}{y^2} + \frac{y^6}{x^2}$ .

10. If  $a > 1$ ,  $b > 1$  and  $c > 1$  such that  $\frac{a}{b} \geq \frac{c}{a}$ , show that  $\frac{\lg a}{\lg b} \geq \frac{\lg c}{\lg a}$ .

11. If  $x > y$  and  $xy = 1$ , show that  $\frac{x^2 + y^2}{x - y} \geq 2\sqrt{2}$ .