



SPRITZWELLNESS
LONDON

STIMULATE THE SENSES





OUR PHILOSOPHY

Spritz Wellness embodies a balanced lifestyle of wellness, yoga and living with purpose. The use of aromatherapy, be it through an atmosphere mist or an aromatherapy eye pillow, is just one way to be grounded and find calm in a very busy world. The Spritz Wellness brand embodies timeless style, passion and quality. Great care and attention to detail is put into our products, with each designed to stimulate the senses, calm the mind, energise the soul and enhance the sleep experience.

All eye pillows, eye masks, yoga mat sprays, hand sanitiser, atmosphere mists and body soaps are lovingly crafted in the UK and are made to order with all natural ingredients.



ABOUT THE FOUNDER



Spritz Wellness is a holistic company founded in 2017 by Laura Colucci. Laura is a trained yoga teacher and owns a yoga studio in West Sussex where the Spritz Wellness brand was born.

She splits her time between London and her beach house in West Sussex and the inspiration for her products comes from a combination of yoga, nature and the sea.

Welcome to the Spritz Wellness Community...



OUR COMMITMENT



We strive to be a 100% natural company. All products are made of glass with very minimal packaging. All Atmosphere Mist packaging can be reused or recycled. We have a strong affinity to the sea and are dedicated to keeping it clean. A portion of proceeds from products sold are donated to Surfers Against Sewage. We regularly partake in beach cleans to keep the coastlines of Britain clean and safe.

We also take part in the Greenspark initiative where for every purchase we contribute to the mission to reduce plastic pollution and keep the world's oceans clean.



CRUELTY-FREE



MADE IN UK



NATURAL
INGREDIENTS



NO PARABENS



ECO-FRIENDLY
PACKAGING



GREENSPARK
MEMBER



YOGA MAT SPRAY

Wipe the sweat away, mat spray!

Our all-natural mists are designed to clean and restore yoga and fitness mats.

They are formulated with the antiseptic and antiviral properties of tea tree, combined with either the relaxing scent of lavender, zesty scent of lemongrass or the crisp scent of peppermint, lemon and rosemary.



*"BEAUTIFUL SCENT FOR
AROMATIC YOGA SESSIONS! A
LOVELY GIFT!"*



Available in 50ml and 100ml.
THREE UNIQUE BLENDS
Relax, Energise and Focus
50ML RRP £12 100ML RRP £19

*The ultimate Yoga
companion*



SLEEP

Helping customers to achieve a restful night's sleep is at the core of the Spritz Wellness brand.

Sleep allows the body to rejuvenate and repair itself and it is clear that consumers can struggle to get a healthy amount of sleep due to conditions such as insomnia along with many lifestyle factors. Therefore, at Spritz Wellness we want to do our part to combat sleep issues using a combination of natural ingredients in our carefully crafted Sleep Atmosphere Mist and Aromatherapy Eye Masks and Eye Pillows.



A FEW SPRITZES OF THE DELICIOUS
LAVENDER, CHAMOMILE, RAVENSARA AND
MANDARIN AROUND MY BEDROOM AND ON
MY PILLOW AND I AM ASLEEP IN NO TIME -
PURE BLISS.

-LAURA MORRIS FROM @ADDICT_TO_BEAUTY_



ATMOSPHERE MISTS



AROMATHERAPY BLENDS DESIGNED TO STIMULATE THE SENSES, CALM THE MIND, ENERGISE THE SOUL AND ENHANCE THE SLEEP EXPERIENCE.



- AROMATHERAPY
- PURE ESSENTIAL OILS
- MINDFULLY CRAFTED
- UNIQUE AROMAS
- THERAPEUTIC BENEFITS
- NO ADDITIVES



The perfect wellness gift

NINE UNIQUE BLENDS

Revival, Purify, Relax, Sleep, Bump Blend, Love, Joy, Harmony, Zest
50ML RRP £12 100ML RRP £20



AROMATHERAPY EYE MASKS

Spritz Wellness eye masks are filled with a removable lavender sachet to promote calm and relaxation. Can be used heated for chilled.

ENHANCE THE SLEEP EXPERIENCE.



- LARGE ENOUGH TO FULLY BLOCK OUT THE LIGHT
- REMOVABLE AND WASHABLE COVER
- SCENTED WITH THE SOOTHING SCENT OF LAVENDER
- DEEPEN RELAXATION BEFORE SLEEP
- PERFECT FOR TRAVEL
- REUSABLE AND SUSTAINABLE

Comes with a grey drawstring bag for storage and travel.

Used for Meditation, Relaxation, Travel and to aid sleep.

RRP £40

Masks available in on-trend Liberty Fabrics



AROMATHERAPY EYE PILLOW

Our Liberty print eye pillows are filled with dried lavender and chamomile to promote calm and relaxation. The calming scent of lavender is soothing on the mind, while chamomile also offers calming properties to ease tension and promote relaxation.

Spritz Wellness eye pillows are gently weighted with buckwheat hull and linseed to allow the pillow to contour to the eyes and forehead. They can be used heated or chilled, and the removable outer cover is washable and made from delicate Liberty print fabric.

PERFECT FOR TIRED EYES AFTER A LONG DAY; BLOCKING OUT LIGHT IN YOGA, MASSAGE AND MEDITATION, AS A SLEEP AID OR FOR DEEPENING RELAXATION



"THE EYE PILLOWS ARE HEAVEN! I USE THEM ON ALL MY YOGA RETREATS AND THEY ARE SUCH A HIT WITH THE STUDENTS - SO MUCH SO THAT THE EYE PILLOWS SOLD OUT WITHIN MINUTES AFTER MY YOGA RETREAT'S FIRST SIVASANA!"

Julie Montagu (Whole Self Yoga)



RRP £25

PREGNANCY BUMP BLEND

Spritz Wellness Bump Blend is specially designed for pregnancy to calm, relax and aid sleep. It is the perfect product to enhance pregnancy spa treatments.



A must-have for finding calm during pregnancy

Available in 50ml and 100ml.
50ML RRP £12 100ML RRP £20



HAND SANITISER



Plant-based PROTECT is gently scented with essential oils and protects hands from bacteria and germs without being drying. It's a true gym bag hero that can aid hygiene in the gym environment in the post-pandemic world.

Protect your hands from bacteria and germs while leaving your hands soft and hydrated. Quickly absorbed by the skin, dries almost instantly, so there's no need to rinse. No greasy residue and kills germs naturally. Leave hands feeling soft and clean.

INGREDIENTS INSIGHTS:

Aloe Vera and Vitamin E soothes and hydrates the hands naturally. 100% natural ingredients. 60% alcohol, recognised by the NHS, World Health Organisation and Public Health England to be a content level that is effective for cleaning hands. Available in 50ml and 100ml.

Available in 50ml and 100ml.
RRP 50ML £8 100ML £14



ATMOSPHERE WELLNESS PACK

Aromatherapy to take you through your day from AM to PM.
Four most loved Atmosphere Mist blends to inspire calm and well being.

4 x 50ml Atmosphere Mists enclosed in a stylish travel pouch.



*"NOT ALL THOSE WHO WANDER
ARE LOST." J.R.R. Tolkien*

REVIVAL ATMOSPHERE MIST

Mood and energy lifting atmosphere mist. The combination of two stimulating scents work to revitalize the senses. The cooling, clearing and reviving scent of peppermint relieves head tension and aids in concentration. It also works to help overcome general fatigue. (Aqua, Grapefruit, Peppermint)

PURIFY ATMOSPHERE MIST

A natural way to clear the air. Unique blend of five stimulating, antiseptic, antiviral and anti-fungal plants that naturally refresh the atmosphere and stimulate the senses. (Aqua, Lemongrass, Ravensara, Lavender, Tea tree, Eucalyptus)

RELAX ATMOSPHERE MIST

Calming, soothing and relaxing atmosphere mist. A blend of four scents to de-stress the mind and body. (Aqua, Lavender, Ravensara, Chamomile, Bergamot)

SLEEP ATMOSPHERE MIST

Wind down and drift off with a unique blend of four relaxing, soothing and calming scents. A natural remedy of Lavender, Mandarin, Ravensara, and Chamomile to promote a solid night's rest. (Aqua, Lavender, Mandarin, Ravensara, Chamomile German)



ALL NATURAL BODY SOAPS

All natural essential oil body soaps, made in the UK.

Luxurious soaps that will help your skin to feel revived, energised and cleansed. Our range of body soaps includes; Cleanse, Exfoliate, Purify, Harmony, Revival and Joy. Curated with the latest skin care trends in mind, our all natural body soaps complement our aromatherapy mists and enhance self-care rituals.



Creates glowing skin!

Available in 135g
RRP £8.50



WELLBEING SETS

SPRITZ WELLNESS LUXURIOUS WELLNESS SETS
ARE IDEAL FOR GIFTING

Wellbeing Sets are designed to aid with sleep, enhance your yoga practice, stimulate the senses, provide a little piece of me time or simply just brighten up your day.



THE YOGA GIFT BOX:

- ENERGISE YOGA MAT SPRAY 100 ML
- CLEANSE ALL NATURAL BODY SOAP
- LIBERTY PRINT HERA BROWN AROMATHERAPY EYE PILLOW.

RRP £45

← *Our bestseller*



THE SLEEP GIFT BOX:

- SLEEP ATMOSPHERE MIST 100 ML
- HARMONY ALL NATURAL BODY SOAP
- LIBERTY PRINT HERA BLUE EYE MASK WITH A GREY TRAVEL POUCH

RRP £45



ULTIMATE YOGA SET:

- AROMATHERAPY EYE PILLOW
- YOGA MAT SPRAY 100ML

RRP £40



REST WELL SLEEP SET:

- AROMATHERAPY EYE MASK
- SLEEP ATMOSPHERE MIST 100ML

RRP £55



OUR COMMUNITY

Wellness, Yoga and beautiful products bring our customers together and form the Spritz Wellness community.

With a growing presence on social media, we are a key player in the aromatherapy and wellness industry with a loyal customer base. We encourage our stockists to engage with us on social media to further build our community.



"Beautiful scent for aromatic yoga sessions! A lovely gift!"

-YOGA MAT SPRAY

-Happy Customer



"Works every day. It's magical and wonderful."

-ATMOSPHERE SLEEP MIST

-Happy Customer



"It goes without saying that I've practiced my yoga a little more frequently since I bought this!!! Just divine!!!"

-ULTIMATE YOGA SET

-Happy Customer



 @SPRITZWELLNESS



PRESS

SHEER
LUXE

GRAZIA

omyoga
& lifestyle

COUNTRY HOMES
& INTERIORS

TATLER

GET THE GLOSS
EXPERT HEALTH AND BEAUTY

FINANCIAL TIMES
how to
spend it

Women's Health

healthy

Women's Fitness

OUR AWARDS



OUR STOCKISTS

We are proud to be stocked in leading high-street stores and independent boutiques across the UK.

Liberty London

Oliver Bonas

Triyoga

Hortus

Wolf & Badger

Holdereight

Indaba

Yogamatters

Limewood Hotel

Havan

Katikaia

Eliza Wray

To list a few...



ALL PRODUCTS

ATMOSPHERE MISTS

50ML RRP:£12 100ML RRP:£20



HAND SANITISER

50ML RRP:£8 100ML RRP:£14



WELLNESS PACK

RRP:£46



YOGA MAT SPRAY

50ML RRP:£12 100ML RRP:£19



AROMATHERAPY EYE PILLOWS

MORE PATTERNS

AVAILABLE SEASONALLY

RRP: £25



AROMATHERAPY EYE MASKS

MORE PATTERNS AVAILABLE SEASONALLY

RRP: £40



WELLBEING SETS

GIFT BOXES AVAILABLE SEASONALLY



ULTIMATE YOGA

RRP: £40

ULTIMATE SLEEP

RRP: £40



SPRITZWELLNESS

LONDON

THANK YOU