

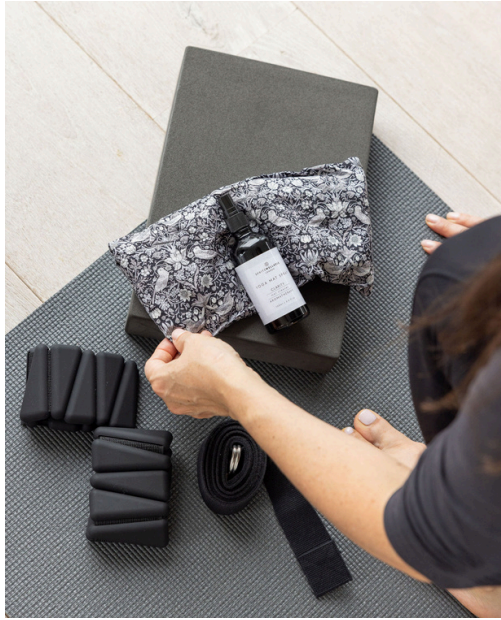


SPRITZWELLNESS
LONDON



WHERE WELLNESS BECOMES
A LIFESTYLE

PRODUCT LOOK BOOK 2026



OUR PHILOSOPHY

Spritz Wellness embodies a balanced lifestyle of wellness, yoga and living with purpose. The use of aromatherapy, be it through an Atmosphere Mist or an Aromatherapy Eye Pillow, is just one way to be grounded and find calm in a very busy world.

The Spritz Wellness brand embodies timeless style, passion and quality. Great care and attention to detail is put into our products, with each designed to stimulate the senses, calm the mind, energise the soul and enhance the sleep experience.

All Eye Pillows, Eye Masks, Wheat Bags, Yoga Mat Sprays, Hand Sanitisers, Atmosphere Mists, Body Soaps, Bath Salts and Candles are lovingly crafted in the UK and are made to order with all-natural ingredients.



OUR COMMITMENT



We strive to be a 100% natural company. All products are made of glass with very minimal packaging. All Atmosphere Mist packaging can be reused or recycled.

We have a strong affinity to the sea and are dedicated to keeping it clean. A portion of proceeds from products sold are donated to Surfers Against Sewage. We regularly partake in beach cleans to keep the coastlines of Britain clean and safe.



CRUELTY-FREE



MADE IN UK



NATURAL
INGREDIENTS



NO PARABENS



ECO-FRIENDLY
PACKAGING



YOGA MAT SPRAY

Wipe the sweat away, mat spray!

Our all-natural mists are designed to clean and restore yoga and fitness mats.

They are formulated with the antiseptic and antiviral properties of tea tree, combined with either the relaxing scent of lavender, zesty scent of lemongrass or the crisp scent of peppermint, lemon and rosemary.



*"BEAUTIFUL SCENT FOR
AROMATIC YOGA SESSIONS! A
LOVELY GIFT!"*

Available in 50ml and 100ml.
FOUR UNIQUE BLENDS
Relax, Energise, Focus & Clarity



SLEEP

Helping customers to achieve a restful night's sleep is at the core of the Spritz Wellness brand.

Sleep allows the body to rejuvenate and repair itself and it is clear that consumers can struggle to get a healthy amount of sleep due to conditions such as insomnia along with many lifestyle factors. Therefore, at Spritz Wellness we want to do our part to combat sleep issues using a combination of natural ingredients in our carefully crafted Sleep Atmosphere Mist and Aromatherapy Eye Masks and Eye Pillows.



A FEW SPRITZES OF THE DELICIOUS LAVENDER, CHAMOMILE, RAVENSARA AND MANDARIN AROUND MY BEDROOM AND ON MY PILLOW AND I AM ASLEEP IN NO TIME - PURE BLISS.

-LAURA MORRIS FROM @ADDICT_TO_BEAUTY_



ATMOSPHERE MISTS



AROMATHERAPY BLENDS DESIGNED TO STIMULATE THE SENSES, CALM THE MIND, ENERGISE THE SOUL AND ENHANCE THE SLEEP EXPERIENCE.



- AROMATHERAPY
- PURE ESSENTIAL OILS
- MINDFULLY CRAFTED
- UNIQUE AROMAS
- THERAPEUTIC BENEFITS
- NO ADDITIVES



NINE UNIQUE BLENDS

Revival, Purify, Relax, Sleep, Bump Blend, Love, Joy, Harmony, Zest

RRP: 50ml £17.50 | 100ml £26.50



AROMATHERAPY EYE MASKS

Spritz Wellness eye masks are filled with a removable lavender sachet to promote calm and relaxation. Can be used heated for chilled.

ENHANCE THE SLEEP EXPERIENCE.



- LARGE ENOUGH TO FULLY BLOCK OUT THE LIGHT
- REMOVABLE AND WASHABLE COVER
- SCENTED WITH THE SOOTHING SCENT OF LAVENDER
- DEEPEN RELAXATION BEFORE SLEEP
- PERFECT FOR TRAVEL
- REUSABLE AND SUSTAINABLE

Comes with a grey drawstring bag for storage and travel.

Used for Meditation, Relaxation, Travel and to aid sleep.



AROMATHERAPY EYE PILLOWS

Our Liberty print eye pillows are filled with dried lavender and chamomile to promote calm and relaxation. The calming scent of lavender is soothing on the mind, while chamomile also offers calming properties to ease tension and promote relaxation.

Spritz Wellness eye pillows are gently weighted with buckwheat hull and linseed to allow the pillow to contour to the eyes and forehead. They can be used heated or chilled, and the removable outer cover is washable and made from delicate Liberty print fabric.

PERFECT FOR TIRED EYES AFTER A LONG DAY; BLOCKING OUT LIGHT IN YOGA, MASSAGE AND MEDITATION, AS A SLEEP AID OR FOR DEEPENING RELAXATION



"THE EYE PILLOWS ARE HEAVEN! I USE THEM ON ALL MY YOGA RETREATS AND THEY ARE SUCH A HIT WITH THE STUDENTS - SO MUCH SO THAT THE EYE PILLOWS SOLD OUT WITHIN MINUTES AFTER MY YOGA RETREAT'S FIRST SIVASANA!"

Julie Montagu (Whole Self Yoga)



AROMATHERAPY CANDLES

CRAFTED WITH NATURAL SOY WAX.



Our Luxury Aromatherapy Candle Collection is hand-crafted using natural Soy Wax and a cotton wick. With a scent for every mood and every atmosphere, they're beautifully crafted to enhance your home & your yoga practice!



PREGNANCY BUMP BLEND

Spritz Wellness Bump Blend is specially designed for pregnancy to calm, relax and aid sleep. It is the perfect product to enhance pregnancy spa treatments.



Available in 50ml and 100ml.



ATMOSPHERE WELLNESS PACK

Aromatherapy to take you through your day from AM to PM.
Four most loved Atmosphere Mist blends to inspire calm and well being.

4 x 50ml Atmosphere Mists enclosed in a stylish travel pouch.



*"NOT ALL THOSE WHO WANDER
ARE LOST." J.R.R. Tolkien*



REVIVAL ATMOSPHERE MIST

Mood and energy lifting atmosphere mist. The combination of two stimulating scents work to revitalize the senses. The cooling, clearing and reviving scent of peppermint relieves head tension and aids in concentration. It also works to help overcome general fatigue. (Aqua, Grapefruit, Peppermint)

PURIFY ATMOSPHERE MIST

A natural way to clear the air. Unique blend of five stimulating, antiseptic, antiviral and anti-fungal plants that naturally refresh the atmosphere and stimulate the senses. (Aqua, Lemongrass, Ravensara, Lavender, Tea tree, Eucalyptus)

RELAX ATMOSPHERE MIST

Calming, soothing and relaxing atmosphere mist. A blend of four scents to de-stress the mind and body. (Aqua, Lavender, Ravensara, Chamomile, Bergamot)

SLEEP ATMOSPHERE MIST

Wind down and drift off with a unique blend of four relaxing, soothing and calming scents. A natural remedy of Lavender, Mandarin, Ravensara, and Chamomile to promote a solid night's rest. (Aqua, Lavender, Mandarin, Ravensara, Chamomile German)



ALL NATURAL BODY SOAPS

All natural essential oil body soaps, made in the UK.

Luxurious soaps that will help your skin to feel revived, energised and cleansed.

Our range of body soaps includes; Cleanse, Exfoliate, Purify, Harmony, Revival, Restore and Joy. Curated with the latest skin care trends in mind, our all natural body soaps complement our aromatherapy mists and enhance self-care rituals.



Available in 135g



ALL NATURAL BATH SALTS

All natural bath salts, made in the UK.

Nourishing Bath Salts made from a blend of Epsom and Himalayan salts to ease muscle pain, calm the body and soften the skin. Our bath salt blends will cleanse and purify the skin whilst helping with circulation. A salt bath restores hydration with the skin. Also available in pouches to refill the glass jars to reduce waste.



Available in 500g & 250g



AROMATHERAPY WHEAT BAGS



Beautifully curated, with a range of Liberty London fabrics, the wheat bag is the largest product that Spritz Wellness have produced as it is designed to fit over the shoulders for optimum use for soothing aches and pains. Filled with the soothing and natural ingredients Organic Wheat and Lavender, the wheat bag can be heated up or cooled now to fit with the seasons and to adapt to the type of muscle pain that the user is experiencing.

The therapeutic Wheat Bag offers a natural way to relieve neck, back, shoulder and period cramp pains and has a removable and washable cover making it an accessory that is made to last.

60 cm length x 20 cm wide



LAVENDER SACHETS

New for 2024, all-natural Lavender Sachets.

Each box contains two delicately scented lavender sachets, lovingly handcrafted to ensure maximum potency and longevity. Simply place one sachet under your pillow or on your bedside table to promote relaxation and enhance the quality of your sleep. Let the gentle aroma of lavender envelop you in its calming embrace, guiding you to a state of tranquility and restfulness.



Our lavender sachets are also perfect for freshening up your closets and drawers. Tuck a sachet into your wardrobe, dresser, or linen closet to banish musty odours and infuse your belongings with the uplifting scent of lavender. Say goodbye to stale air and hello to the invigorating fragrance of nature's bounty.



NATURAL BODY SCRUBS

CRAFTED WITH NOURISHING OILS



Indulge in the ultimate pampering experience with our invigorating body scrubs, awaken your senses and leave your skin radiant. Made from all-natural ingredients our new body scrubs gently exfoliate, removing dull, dead skin cells to reveal the healthy, glowing skin beneath. Using essential oils, our formula nourishes and hydrates, leaving your skin feeling silky smooth and rejuvenated.



HERBAL TEA

Crafted in the hills of Sri Lanka and packaged with care in the UK, the Relax Tea is a sensory blend that's as clean as its label. Naturally caffeine-free and rich in antioxidants, it's ideal for pre-bedtime winding down, mid-afternoon mindfulness, or morning meditation moments.

Born from a desire to extend the wellness experience beyond the spa or yoga mat, Relax Herbal Tea was curated with intention, not just to taste good, but to feel good. Whether sipped steaming hot, poured over ice, or transformed into a soothing evening latte, this tea is a gentle reminder to slow down and savour the moment.



Use a teaspoon per cup, steeped in freshly boiled water for 5–7 minutes, unlocks a tranquil aroma and an ethereal blue colour that deepens to violet with a twist of citrus.

Available in 50g and 100g.



WELLBEING SETS

SPRITZ WELLNESS LUXURIOUS WELLNESS SETS ARE IDEAL FOR GIFTING

Wellbeing Sets are designed to aid with sleep, enhance your yoga practice, stimulate the senses, provide a little piece of me time or simply just brighten up your day.



THE YOGA GIFT BOX:

- ENERGISE YOGA MAT SPRAY 100 ML
- CLEANSE ALL NATURAL BODY SOAP
- LIBERTY PRINT HERA BROWN AROMATHERAPY EYE PILLOW.



THE SLEEP GIFT BOX:

- SLEEP ATMOSPHERE MIST 100 ML
- HARMONY ALL NATURAL BODY SOAP
- LIBERTY PRINT HERA BLUE EYE MASK WITH A GREY TRAVEL POUCH



ULTIMATE YOGA SET:

- AROMATHERAPY EYE PILLOW
- YOGA MAT SPRAY 100ML



REST WELL SLEEP SET:

- AROMATHERAPY EYE MASK
- SLEEP ATMOSPHERE MIST 50ML
- RELAX HERBAL TEA 25G



OUR STOCKISTS

We are proud to be stocked in leading high-street stores and independent retailers in the UK, Europe and US.



ANTHROPOLOGIE



LIMEWOOD



FOUR SEASONS



SIX SENSES

SISSY-BOY



waha
Lifestyle



WEETONS

Bayley
& Sage

PRESS

SHEERLUXE

GRAZIA

omyoga
by lilyojo

COUNTRY HOMES
& INTERIORS

TATLER

GET THE GLOSS
WELLNESS AWARDS

PERSONAL FINANCE
how to
spend it

Women's Health

healthy

Women's Fitness

BAZAAR
Harper

The Observer

DAILY EXPRESS

OUR AWARDS





SPRITZWELLNESS

LONDON

THANK YOU