Diabetes Professional Care 2019



29 & 30 October 2019

National Hall, Olympia, London







Join 6,000+ healthcare professionals and policy makers at DPC2019 for two days of unmissable CPD-accredited content. Our free-to-attend programme will give you real-world education, latest updates and practical skills development, to help you understand and care for people living with diabetes, and its related conditions.

Register for your free place at DPC2019 via www.diabetesprofessionalcare.com/register or call 023 8081 1551









Welcome

Welcome from Maggie Meer, Founder, Diabetes Professional Care

I very much look forward to welcoming you and your team to Diabetes Professional Care 2019 (DPC2019) on 29 and 30 October.

This is the fifth annual DPC event and I'm delighted that the show's growth since its launch in 2015 has enabled us to move to a bigger venue this year – the iconic National Hall at Olympia – to accommodate more visitors and an expanded programme. DPC2019 is set to be bigger and better than ever before.

This includes the launch of five new practical clinics dedicated to diabetes comorbidity areas, to increase our focus on helping healthcare professionals to gain practical skills they can take away and use in the care of people living with diabetes, and its related conditions.

We've also expanded our coverage of type 2 diabetes prevention and lifestyle – including a dedicated Nutrition & Lifestyle Clinic to complement our Prevention & Obesity in Practice conference stream – and created more opportunities for visitors to interact and have their say, through Q&As and panel-style discussions.

We are proud, once again, to bring together the foremost practitioners, policy makers and thought leaders in diabetes care at our multi-stream conference, to share their real-world learning and expertise.

The breadth of topics and diversity of speakers reflects our commitment to improving the care and outcomes for people with diabetes, by providing accessible and inclusive education for the entire multidisciplinary team. So, the 2019 Programme, features content for HCPs with different levels of experience, specialism and healthcare settings.

And remember, DPC2019 remains free to attend for healthcare professionals, commissioners and service leads and takes place over just two days, under one roof, so anyone in diabetes care can attend, irrespective of budget or time constraints.

We hope this brochure will give you plenty of information about this year's agenda, sessions and speakers, and will enable you to select the most relevant event highlights you want to attend during your visit to DPC2019!

Maggie Meer

DPC Founder

Event Information

Location

National Hall, Olympia Exhibition Centre, Hammersmith Road, Hammersmith, London W14 8UX

Opening Times

Tuesday 29 October: 08:00 - 18:30 Wednesday 30 October: 08:00 - 17:00

Contact Us

By email: info@diabetespc.com By Phone: **023 8081 1551**

How to register

Visit our website to register for free via www.diabetesprofessionalcare.com or call us on 023 8081 1551

Download the DPC2019 App





Search for DPC2019 in your App or Google Play Store to download our event app

Kindly supported by



Please note: you must be registered for DPC2019 to access full app content

Who should attend DPC2019?



Our Programme is designed for all healthcare professionals, from all care settings, levels of experience and specialist areas - if you provide treatment and support to people living with diabetes, and related conditions, then DPC2019 is for you!

Diabetes Specialists

- Diabetes Specialist Consultant
- Diabetologist
- Endocrinologist
- Diabetes Specialist Nurse
- Diabetes Pump Nurse
- Community Diabetes Specialist Nurse
- Paediatric Diabetes Specialist Nurse

Are you

a member of the

Multi-Disciplinary

Team?

- Diabetes Specialist Dietician
- Diabetes Specialist Podiatrist
- Diabetes Specialist Midwife

Secondary Care

- Hospital Doctors
- Ward Nurse
- A&E Nurse
- Paediatric Nurse
- Healthcare Assistant
- Midwife
- Mental Healthcare Professional
- Ophthalmologist
- Optomotrist
- Retinal Screener
- Geriatric Specialists

Commissioning & Healthcare Management

Care & Nursing Home Professional

Primary & Community Care

- Longterm Conditions Lead
- Diabetes Lead

• GP

Practice Nurse

District NurseSchool Nurses

Paramedic.

Community Pharmacist

Healthcare Assistant

Pharmacist

- CCG Board Member
- Clinical Network Lead
- Primary Care Network Lead
- Hospital Manager
- NHS Trust Board Member
- Medicines Management
- Prescribing Advisor

Cardiovascular and Renal

- Renal Nurse
- Dialysis Nurse
- CV Nurse
- Heart Failure Nurse
- Nephrologist
- Renal Physician/Consultant
- Cardiologist
- Vascular Surgeon

Nutrition & Lifestyle

- Nutritionist
- Dietician
- Lifestyle Coach
- Health Coach
- Health Educator

Foot & Wound Care

- Podiatrist
- Chiropodist
- Wound Care Specialist
- Foot Health Practitioner
- Vascular Surgeon
- Surgeon

Look out for our advisory area of care icons across the programme, designed to help you select the most relevant sessions for you.



Multi-disciplinary team – these sessions are suitable for the entire MDT and will aim to promote joint working and understanding of care pathways.



Primary Care & Non-Specialist – designed for healthcare professionals who are not specialists in diabetes or related conditions or may work in a Primary Care setting.



Specialist – these sessions are designed for specialists in diabetes and related conditions. Sessions may also be appropriate for Primary Care specialists or leads in diabetes and related conditions.



Main Conference Streams

| Care 1-14111 COTTICE SCICATION | | | | | | |
|--------------------------------|----------------------------|---|--|--|--|--|
| Session | Timings | Primary, Community & Specialist Care | Commissioning & Integrated Care | Prevention & Obesity in Practice | Tech & Digital Health | |
| Welcome | 08:00-09:00 09:00-09:10 | Registration | | | | |
| Welcome | 09.00-09.10 | Stories from PWDs & welcome from show Founder NHS Diabetes Team Update | | | | |
| Keynote 1 | 09:10-10:00 | Dr Partha Kar, Diabetes Consultant & National Associate Clinical Director Diabetes, NHS England & Prof Jonathan Valabhji OBE, National Clinical Director for Obesity and Diabetes, NHS England | | | | |
| Session 1 | 10:10-10:50 | Debate: When two drugs in the same class are appropriate, we must choose the lowest-acquisition cost option Opponent: Dr Kevin Fernando, GP Partner & Medical Education & Scottish Lead, North Berwick Health Centre, GPwSI Diabetes, Primary Care Diabetes Society Proponent: Dr David Strain, Clinical Senior Lecturer, Diabetes and Vascular Research Centre, University of Exeter Medical School *This session has been organised and funded by Takeda UK Ltd | Innovation in diabetic foot ulcer prevention – how we achieved ICS support and funding in 4 months Dr Paul MacKenzie, North West Diabetes Clinical Networks & Dr Cheong Ooi, Clinical Lead, Cheshire & Merseyside | Healthier You: preventing type 2 diabetes Prof Jonathan Valabhji OBE, National Clinical Director for Obesity and Diabetes , NHS England & Dr Elizabeth Martin, GP, Clinical Assistant in the Diabetes Department at St James Teaching Hospital, NHS England and NHS Improvement | Digital innovation in practice Dr Rustam Rea, Consultant in Diabetes and Acute General Medicine, Oxford University Hospitals NHS Foundation Trust & Prof Andrew Farmer, Professor of General Practice, Nuffield Department of Primary Care Health Sciences, University of Oxford | |
| | 10:50-12:00 | | Networking, Exhibition | & Product Presentations | | |
| Session 2 | 12:00-12:40 | The pursuit of an optimal prandial insulin Prof Ramzi Ajjan, Associate Professor & Consultant in Diabetes & Endocrinology, The Leeds Teaching Hospitals NHS Trust *This session has been organised and funded by Novo Nordisk | Interoperability through major digital transformation – insights into the successful journey of an Acute Trust Stephanie Tarpey, Clinical Systems Team Manager, IM&T Department, The Northern Care Alliance, The Pennine Acute Hospitals NHS Trust, North Manchester General Hospital | Obesity in the UK - what are we doing about it? Karen Turner, Director, Prevention, NHS England and NHS Improvement; Jamie Blackshaw, Public Health England's Obesity and Healthy Weight Team Leader, and Prof Jonathan Valabhij, National Clinical Director for Diabetes and Obesity, NHSEngland and NHS Improvement, Consultant Diabetologist, Imperial College Healthcare NHS Tirust, Professor of Practice (Diabetes), Imperial College London | Edinburgh Experience of the FreeStyle Libre System – Implementation and Outcomes Dr Fraser Gibb, Consultant Physician, Honorary Clinical Senior Lecturer, University of Edinburgh, Edinburgh Centre for Endocrinology and Diabetes | |
| Session 3 | 12:50-13:30 | Panel: multi-morbidity care in diabetes Prof Karnlesh Khunti, Professor of Primary Care, Diabetes & Vascular Medicine, NiHR Senior Investigator, Leicester Diabetes Centre, Leicester University, Prof Alan Sinclair, MSc, MD, FRCP, Director, Foundation for Diabetes Research in Older People (FDROP), Diabetes Frail Ltd; and Dr Samuel Seidu, GP Partner, UG Tutor, Primary Care Research Fellow, Hockley Farm Medical Practice, University of Leicester, Leicester Diabetes Centre | Panel: Diabetes Clinical Networks Lead Abigail Kitt, Quality Improvement Lead (Diabetes), NHS England – South East Clinical Networks | Optimising engagement with the NHS Diabetes Prevention Programme Dr Chirag Bakhai, GP, Vice-Chair of Luton CCG, Primary Care Advisor to the NHS Diabetes Programme, NHS England and NHS Improvement & Bridget Hopwood, Programme Manager, Diabetes UK | Getting the most out of download data (practical) | |
| | 13:30-14:00 | | Networking, Exhibition | & Product Presentations | | |
| | 14:00-14:45 | | | nouncement coming soon! | | |
| Keynote 2 | 15:10-16:00 | DPC Question Time Chaired by: Rt Hon. Keith Vaz, MP, Chair, APPG for Diabetes Dr Partha Kar, Diabetes Consultant & National Associate Clinical Director Diabetes, NHS England | | | | |
| Session 4 | 16:10-16:50 | Are biosimilars interchangeable? – A discussion on efficacy and safety profile with practical tips from experts Su Down, Nurse Consultant Diabetes, Somerset Primary Care Tiust and Yeovil District Hospital NHS Foundation Tiust & Dr Kevin Fernando, GP Partner & Medical Education & Scottish Lead, North Berwick Health Centre, GPwSI Diabetes, Primary Care Diabetes Society *This session is organised and remunerated by Mylan | Panel: Cities Changing Diabetes - Leicester Prof Melanie Davies, Professor of Diabetes Medicine, NIHR Senior Investigator Emeritus, Diabetes Research Centre, Leicester Diabetes Centre – Bloom, University of Leicester, Dr Deirdre Harrington, Lecturer in Physical Activity, Sedentary Behaviour and Health, Diabetes Research Centre, University of Leicester, and Dr Natalie Darko, Academic Lead & Research Fellow, Uni of Leicester, Centre of BME Health | Partner Session | Partner Session | |
| | 16:50-17:30 | Networ | king, Exhibition & Product Prese | ntations | | |
| Session 5 | 17:30-18:10 | EASD Guidelines 2018 update - 1 year on Prof Melanie Davies, Professor of Diabetes Medicine, NIHR Senior Investigator Emeritus, Diabetes Research Centre Leicester Diabetes Centre – Bloom University of Leicester | Primary Care Networks – what does integrated primary and community care mean for diabetes? Ed Waller, Director of Primary Care Strategy and NHS Contracts Strategy and Innovation Directorate, NHS, England | Panel: How do we adapt low carb diets to suit the individual? Chair. Dr David Unwin, FRCGP, RCGP National Champion for Collaborative Care and Support Planning in Obesity & Diabetes, RCGP clinical expert in diabetes, Ambassador for the APPG for Diabetes Panellists: Dr Nicola Guess Lecturer, Department of Nutritional Sciences, School of Life Course Sciences, Faculty of Life Sciences and Medicine (FoLSM), King's College London; Dr Kesar Sadhra, GP Senior Partner, Manor Park Medical Centre; and Tara Kelly, Research Associate Dietician, Lead Dietician, Newcastle University, MDT Diabetes Digital Media | Closed Loop Technology – Who should be given priority and what training, resourcing and support will staff need? Dr Barbara Kimbell, Research Fellow, The Usher Institute of Population Health Sciences and Informatics, University of Edinburgh | |
| | | | | L Lianetes Liigital Media | | |



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Tuesday 29th October





TREND-UK & Injection Technique T1 Diabetes **ABCD** Workshops Matters (ITM)

Registration

Stories from PWDs & welcome from show Founder

NHS Diabetes Team Update

Dr Partha Kar, Diabetes Consultant & National Associate Clinical Director Diabetes, NHS England & Prof Jonathan Valabhji OBE, National Clinical Director for Obesity and Diabetes, NHS England

Islet Transplantation from Research to Reality

Prof Paul Johnson, Professor of Paediatric Surgery, Director of DRWF Islet Isolation Facility & Lead of Oxford Islet Transplant Programme, University of Oxford, Nuffield Department of Surgical Sciences



What you need to know about starting insulin: the basics
Debbie Hicks. Nurse Consultant –

Diabetes, Medicus Health Partners, Co-Chair, TREND-UK and Chair Injection Technique Matters Initiative



Learning from Real Life Data highlights of the national ABCD programme

Dr Bob Ryder, Diabetes Consultant & Clinical lead, City Hospital, Birmingham, ABCD audits of new diabetes therapies and devices



The essential guide to diabetes

Sarah Gregory, Senior In-Patient Diabetes Specialist Nurse (William Harvey Hospital), Consultant Nurse (Project Lead), Ashford CCG Housebound Project & Mocketts **Wood Surgery**



Networking, Exhibition & Product Presentations

T1 insulin administration: getting the dose right for optimum outcomes (practical)

Liesl Richardson, National DAFNE Trainer and Quality Assessor, Northumbria Healthcare NHS Foundation Trust



Sick Day Rules: What to do when you have diabetes & you are ill

Jill Hill, Independent Nurse Consultant & Co-Chair, TREND-UK & ITM



CV Updates

Dr Dipesh Patel, Bsc, MBBS PhD MRCP, Consultant Physician in Diabetes & Endocrinology, Royal Free Hospital, London



Practical Injection Technique with the FIT Board – a MDT approach

Amanda Epps, Lead Diabetes specialist nurse at Medway NHS Foundation Trust and Founder of the DSN forum UK



Pumps Unpacked: Continuous Subcutaneous Insulin Therapy CSII: How, Why, What & Who?

Erica Richardson, Lead Diabetes Specialist Nurse (In-Patient Team), Advisor, Shrewsbury and Telford NHS Trust and advisor for Trend-UK.org



Injection Technique Matters with Liphypertrophy 'Live' Demonstration

Jane Diggle, Practice Nurse with an interest in Diabetes



Quality standards in diabetes care

Dr Dinesh Nagi, Consultant in Diabetes & Endocrinology, Chairman, Pinderfields Hospital, Mid Yorkshire NHS Trust in Wakefield, West Yorkshire, ABCD



10 Minute CBT for motivating change in diabetes

Dr Lee David, GP, Director, 10 Minute CBT



Networking, Exhibition & Product Presentations

Special feature session - announcement coming soon!

DPC Question Time

Chaired by: Rt Hon. Keith Vaz, MP, Chair, APPG for Diabetes Dr Partha Kar, Diabetes Consultant & National Associate Clinical Director Diabetes, NHS England

Type 1 Diabetes in Older Adults - Key Features and Management Guidance

Dr David Strain Senior Clinical Lecturer, Diabetes and Vascular Research Centre University of Exeter Medical School; Prof Alan Sinclair MSc, MD, FRCP, Director Foundation for Diabetes Research in Older People (FDROP). Diabetes Frail Ltd: and Prof Ketan Dhatariya, Consultant Diabetes, Endocrinology & General Medicine, Norfolk and Norwich University Hospitals

Insulin Masterclass - Insulin regimens: one size doesn't fit all

June James, Nurse Consultant & Associate Professor, Co-Chair, Leicester Diabetes Centre, Leicester University Hospitals, TREND-UK & ITM



Panel: Integrated Care Models

Diabetes medications: what to recommend and why
Anne Goodchild, PITSTOP National Lead,

PITSTOP Diabetes





Networking, Exhibition & Product Presentations

The role of Primary Care in T1 diabetes

Sarah Gregory, Senior In-Patient Diabetes Specialist Nurse (William Harvey Hospital), Consultant Nurse (Project Lead), Ashford CCG Housebound Project & Mocketts Wood Surgery



Diabetes Divas - 70 years of diabetes Jill Hill Independent Nurse Consultant &

Co-Chair TREND-UK & ITM; Debbie Hicks Nurse Consultant - Diabetes Medicus Health Partners, Co-Chair TREND-UK and Chair Injection Technique Matters Initiative; and June James Nurse Consultant & Associate Professor, Co-Chair Leicester Diabetes Centre, Leicester University Hospitals, TREND-UK & ITM



Renal position statements & update

Dr Peter Winocour, Consultant Physician and Clinical Director, ENHIDE, East and North Herts NHS Trust, Past Chairman of Association of British Clinical Diabetologists (ABCD)

#LabelsR4JamJars - Language Matters

Anne Cooper, PWD; Bob Swindell, PWD; and Prof Katherine Owen, Associate Professor in Diabetes, Oxford University





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Main Conference Streams

| Ca | 16 | | | | | |
|-------------|-------------|---|--|---|---|--|
| Session | Timings | Primary, Community & Specialist Care | Commissioning & Integrated Care | Prevention & Obesity in Practice | Tech & Digital Health | |
| | 08:00-09:00 | Registration | | | | |
| Keynote 1 | 09:00-09:50 | Keynote Panel: The simplicity of type 2 diabetes – and what to do abo Chair: Dr Dinesh Nagi, Consultant in Diabetes & Endocrinology at Pinderfields Hospital, Mid York West Yorkshire & Chairman, ABCD Prof Roy Taylor, Professor of Medicine and Metabolism, Director, Newcastle Magnetic Resor University & Mark Olejnik, person who has achieved remission without outside i | | | rkshire NHS Trust in Wakefield, onance Centre, Newcastle | |
| Session 1 | 10:00-10:40 | Classifying diabetes Dr Shivani Misra, Consultant Physician in Diabetes, Metabolism & Laboratory Medicine, Imperial College London | The LTP - Reducing the burden on hospitals and refocusing Primary and Community care Dr David Lipscomb, Consultant Endocrinologist - Diabetes Care for You, Clinical Lead for Diabetes, NHS England & NHS Improvement, South East Clinical Networks & Dr Kate Fayers, Consultant Diabetologist, West Hampshire, Community Diabetes Service | Panel: digital innovation in diabetes Led by NHS England & Ben McGogh, Workstream Lead – Digital, NHS Diabetes Programme, Public Health England (PHE) | Living Beyond Diabetes Roddy Riddle, Person with Diabetes (PWD) & Vicki Taylor, Diabetes Specialist Nurse, Raigmore Hospital | |
| | 10:40-11:50 | | Networking & Exhibition | | | |
| Session 2 | 11:50-12:30 | When is the right time to start GLP-1 RA treatment in people living with type 2 diabetes? Dr Amrit Lamba, General Practitioner Partner, Barnet CCG, London & Suki Bangar, Diabetes Community Diabetes Specialist Team, CNWL — Central and North West London NHS Foundation Trust *This session has been organised and funded by Novo Nordisk | Panel: LTP & The Diabetes Workforce Debbie Hicks, Nurse Consultant – Diabetes, Medicus Health Partners, Co-Chair, TREND-UK and Chair, Injection Technique Matters Initiative & Mark Radford, Deputy Chief Nursing Officer for Delivery and Innovation, NHS England | Diabetes prevention in high- risk ethnicity groups Prof Tom Yates, Professor of Physical Activity, Sedentary Behaviour and Health, Diabetes Research Centre, University of Leicester | The National Diabetes Audit: learning from measurement Dr Bob Young, Clinical Lead , National Diabetes Audit DUK, NHS Digital | |
| Session 3 | 12:40-13:20 | One organ plays two tunes – how is your pancreas today? Dr Jonathan Bodansky Consultant Physician, Endocrinology & Diabetes Leeds Teaching Hospitals, NHS Trust *This session is organised and remunerated by Mylan | Why, Who, What, Where, When and How to use biosimilar insulins *This session is organised and remunerated by Mylan | Socioeconomic, psychosocial & environmental challenges of introducing lifestyle interventions Dr David Cavan, Independent Consultant & Author | CGM 101 | |
| | 13:20-15:00 | | Networking & Exhibition | | | |
| Live Debate | 15:00-15:50 | The Live Debate | | Understanding weight gain and the risks associated with it | DIY artificial pancreas systems in the real world Dr Sufyan Hussain, Consultant Diabetes Physician, Guy's & St Thomas' NHS Foundation Trust; Kev Winchcombe, Person with Diabetes (PWD); and Amy Winchcombe, Person with Diabetes (PWD) | |
| Session 4 | 16:00-16:40 | Panel: Individualising our approach to diabetes support and education Ben McGogh, Workstream Lead – Digital, NHS Diabetes Programme, Public Health England (PHE) & Dr Chirag Bakhai, GP, Vice-Chair of Luton CCG, Primary Care Advisor to the NHS Diabetes Programme, NHS England and NHS Improvement | Panel: Deprescribing for cost saving in diabetes care | Low calorie diets to treat obesity and Type 2 diabetes Dr Chirag Bakhai, GP, Vice-Chair of Luton CCG, Primary Care Advisor to the NHS Diabetes Programme, NHS England and NHS Improvement; Prof Susan Jebb, Professor of Diet and Population Health, Primary Care Health (PCH); and Prof Roy Taylor, Professor of Medicine and Metabolism and Director, Newcastle Magnetic Resonance Centre | Young People & Flash Monitoring (practical) | |

 $\label{eq:multi-disciplinary team-these sessions are suitable for the entire MDT and will aim to promote joint working and understanding of care pathways.$



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All healthcare professionals, commissioners and service leads can attend DPC2019 on 29 & 30 October, for free!

Wednesday 30th October





Paediatric to Adolescent & Crossover Care

TREND-UK & Injection Technique Matters (ITM)

ABCD

Workshops

Registration

Keynote Panel: The simplicity of type 2 diabetes - and what to do about it

Chair: Dr Dinesh Nagi, Consultant in Diabetes & Endocrinology at Pinderfields Hospital, Mid Yorkshire NHS Trust in Wakefield, West Yorkshire & Chairman, ABCD

Prof Roy Taylor, Professor of Medicine and Metabolism, Director, Newcastle Magnetic Resonance Centre, Newcastle University & Mark Olejnik, person who has achieved remission without outside intervention

Paediatric T1 diagnosis - what now? Best practice advice

What you need to know about starting insulin: the basics Jill Hill. Independent Nurse Consultant & Co-Chair, TREND-UK

MDT Panel: transition

Dr Billy White, Consultant in Adolescent Diabetes and Obesity, University London College Hospital Pregnancy in Primary Care: diabetes risk factors & assessment









Networking & Exhibition

Treatment & medication advice for T2 children (practical)

Diabetes & dementia

Jill Hill, Independent Nurse Consultant & Co-Chair, TREND-UK T1 Pregnancy & CGM - what is the optimum service model? Prof Helen Murphy, Professor

of Medicine (Diabetes and Antenatal Care) Group 1 Lead -Cardiometabolic and Gut Health, Norwich Medical School

Partner session



Poole YPDS - Supporting young people between 15 and 25 years old

Jo Dalton, Diabetes Specialist Nurse – Transition , Young People's Diabetes Service (YPDS), Poole Hospital Foundation Trust

Injection Technique Matters with Liphypertrophy 'Live' Demonstration Debbie Hicks, Nurse Consultant

Diabetes, Medicus Health Partners, Co-Chair, TREND-UK and Chair Injection Technique Matters Initiative

Gestational diabetes & T2 diabetes in pregnancy

Dr Rochan Agha-Jaffar, Consultant, Endocrinology and Metabolic Medicine, Imperial College NHS Trust

Practical advice and tips for older people with diabetes: 3 avenues of assessment & management Sarah Gregory, Senior In-Patient Diabetes

Specialist Nurse (William Harvey Hospital), Consultant Nurse (Project Lead), Ashford CCG Housebound Project & Mocketts Wood Surgery & Dr Amar Puttanna, Consultant in Diabetes and Endocrinology, Good Hope Hospital, University Hospitals Birmingham **NHS Foundation Trust**





Paediatric diabetes care in the community

Diabetic ketoacidosis and hyperosmolar hyperglycaemic state: 2 different sides of the same coin June James, Nurse Consultant

& Associate Professor, Co-Chair, Leicester Diabetes Centre, Leicester University Hospitals, TREND-UK & ITM

Exercise & Sport T1 DM Dr Parth Narendran, Reader in

Diabetes Medicine, Consultant in Medicine, Birmingham University

Complex patient management



Panel: supporting young people with T1 & their care givers

Insulin Masterclass - Insulin regimens: one size doesn't fit all June James, Nurse Consultant

& Associate Professor, Co-Chair, Leicester Diabetes Centre, Leicester University Hospitals, TREND-UK &

T1 Tech Pathway

Dr Pratik Chowdhury, MBBS MD FRCP, Senior Lecturer and Consultant in Diabetes, King's College Hospital

MDI - Practical Advice for MDI & BG monitoring
Beth Kelly, Diabetes Specialist Nurse,





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Visit www.diabetesprofessionalcare.com/register or call 023 8081 1551 to register your place or to find out more



One of the leading suppliers of innovative, ISO-conforming, high-quality cost-effective management solutions for people with diabetes.

As well as our products, we also offer services, such as a bespoke clinical audit and implementation programme, external quality assessment, and actively raise awareness in our local communities.

To find out more about our exciting range and services, come and see us at <u>stand G7</u>.

To arrange a meeting, please contact us on 01483 755133 or via info@glucorx.co.uk.



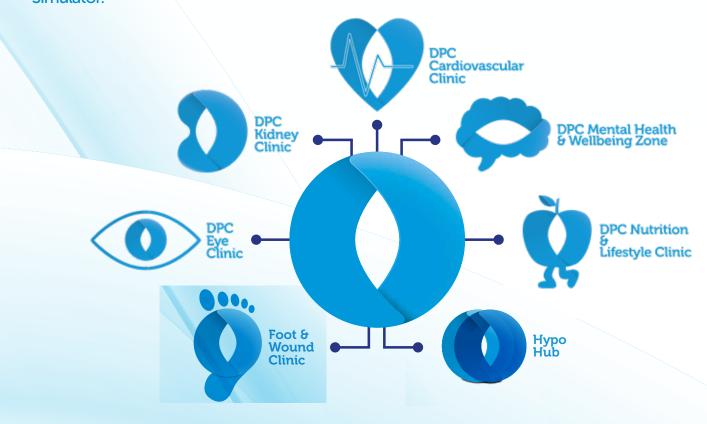
#LetsTalkDiabetes

Clinics and Features



This year's event will see the launch of five informal Clinics, which will focus on best practice and real-world learning in key areas of diabetes care. Each clinic will feature a CPD-accredited, two-day programme of practical education, aimed at professionals from all levels of experience and care settings.

DPC2019 will also see the return of the popular DPC Foot & Wound Clinic and the Hypo Hub & Simulator.



Product Platforms

82% of DPC2018 visitors told us they would like to attend training and information session surrounding specific products at DPC2019.

In response, practical Product Platform sessions will, once again, take place on both days of the show, featuring some of the very best products, services and innovative research for improving diabetes care.

This year, organisers have created two categories of Product Platform sessions – **Tech in Practice** and **Prescribing in Practice** – which will take place in the workshop theatres during break times.



































View the full Product Platform programme at https://www.diabetesprofessionalcare.com/product-platforms/



DPC Clinic Programmes

| Ca | Care | | | | | |
|-----------|-------------|---|---|--|--|--|
| Session | Timings | Foot & Wound | Hypo Hub | DPC CV Clinic | | |
| | 08:00-09:00 | Registration | | | | |
| Welcome | 09:00-09:10 | Stories from PWDs & welcome from show Founder | | | | |
| Keynote 1 | 09:10-10:00 | NHS Diabetes Team Update Dr Partha Kar, Diabetes Consultant & National Associate Clinical Director Diabetes, NHS England & Prof Jonathan Valabhji OBE, National Clinical Director for Obesity and Diabetes, NHS England | | | | |
| Session 1 | 10:10-10:50 | The essential guide to the foot in diabetes Christian Pankhurst, Clinical Specialist Orthotist, Guys & St Thomas NHS Trust, and Kings College Hospital | Managing diabetes during sport and exercise | The cost of heart failure Dr Marc Evans, Consultant Diabetologist, University Hospital Llandough | | |
| | 10:50-12:00 | | | | | |
| Session 2 | 12:00-12:40 | Vascular assessment Graham Bowen, Podiatry Clinical Service Manager, Solent NHS Trust | Hypo awareness in the community Debbie Hicks, Nurse Consultant – Diabetes, Medicus Health Partners, Co-Chair, TREND-UK and Chair Injection Technique Matters Initiative | Vascular Disease screening best practice and service delivery Dr Stella Vig, Consultant Vascular & General Surgeon, Clinical Director, Croydon University Hospital | | |
| Session 3 | 12:50-13:30 | Neurological assessment Fatima Cassim, Podiatry Advanced Practitioner, Solent NHS Trust & Pradeep Solanki, Podiatry Team leader, Diabetes Specialist Podiatrist | Hypoglycaemia and Frailty Su Down, Nurse Consultant Diabetes, Somerset Primary Care Trust and Yeovil District Hospital NHS Foundation Trust *This session has been organised and funded by Novo Nordisk | DECLARE - 1 year on Prof John Wilding, Professor of Medicine & Honorary Consultant Physician, Obesity and Endocrinology Research Theme Lead for Metabolism and Nutrition | | |
| | 13:30-15:10 | Networking & Exhibition | | | | |
| Keynote 2 | 15:10-16:00 | DPC Question Time Prof Jonathan Valabhji OBE, National Clinical Director for Obesity and Diabetes , NHS England | | | | |
| Session 4 | 16:10-17:00 | TIME is Tissue Graham Bowen, Podiatry Clinical Service Manager, Solent NHS Trust | Using Trend Arrows from the Flash Glucose Monitoring System to Avoid Hypoglycaemia Dr Ramzi Ajjan, Associate Professor & Consultant in Diabetes & Endocrinology, The Leeds Teaching Hospitals NHS Trust | Partner Session | | |
| | 17:00-17:30 | | Networking & Exhibition | | | |
| Session 5 | 17:30-18:10 | Charcot Foot Pradeep Solanki, Podiatry Team Leader & Diabetes Specialist Podiatrists, Croydon Health Services NHS Trust | Panel: Hypo awareness | CVD risk identification & reduction in Primary Care Beverley Bostock, Nurse Practitioner, Mann Cottage, Gloucestershire , & Education Lead, Education for Health Warwick | | |
| | | (MDI) | (MDI) | NS | | |



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Tuesday 29th October





Mental Health & Wellbeing Zone DPC Eye Clinic DPC Kidney Clinic Nutrition & Lifestyle

Registration

Stories from PWDs & welcome from show Founder

NHS Diabetes Team Update

Dr Partha Kar, Diabetes Consultant & National Associate Clinical Director Diabetes, NHS England & Prof Jonathan Valabhji OBE, National Clinical Director for Obesity and Diabetes, NHS England

The role of the Mental Health Team in supporting people with diabetes

Key eye health tips for diabetes professionals and people living with diabetes Personal experience of diabetes and kidney care

Patricia Gooden, Person with Diabetes (PWD), Trustee, Vice Chair, Kidney Care UK, Kidney Research UK LAC & David Marshall, Person with Diabetes (PWD) and Chair, National Kidney Foundation (NKF)

Dispelling myths - diabetes diets

Dr Nicola Guess, Lecturer, Department of Nutritional Sciences, School of Life Course Sciences, Faculty of Life Sciences and Medicine (FoLSM), King's College London

Networking & Exhibition

Extended Workshop: Knuston Hall Diabetes Counselling and Empowerment Course: 'from fixer to facilitator'

Dr Charles Fox, Consultant Physician, R&D Unit, Northampton General Hospital & Dr Anne Kilvert, Consultant Physician, Diabetes Centre, Northampton General Hospital What's new in diabetic retinopathy diagnosis & treatment?



New advances in hyperkalaemia management in diabetic kidney disease and beyond

Dr Kieran McAfferty, Consultant Nephrologist, Hon Senior Lecturer, Barts Health NHS Trust, QMUL



Carbs, how to explain their effects on the body to improve clinical outcomes

Dr David Unwin, FRCGP, RCGP National Champion for Collaborative Care and Support Planning in Obesity & Diabetes, RCGP clinical expert in diabetes, Ambassador for the APPG for Diabetes



Delaying and preventing diabetic retinopathy in Primary Care – understanding diabetic eye scan results

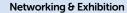


Pregnancy: The kidney marathon - a training guide for women with diabetes

Dr Kate Bramham, Consultant Nephrologist, Kings College Hospital, London and Academic Lead, UK Renal Disease in Pregnancy rare diseases group & Katherine Clark, Midwife Researcher, King's College Hospital

Dietary modifications to recipes for South Asian families with Type 2

Azmina Govindji, Consultant Nutritionist, Spokesperson for the British Dietetic Association & Author



DPC Question Time

Prof Jonathan Valabhji OBE, National Clinical Director for Obesity and Diabetes , NHS England

Supporting people with diabetes and serious mental illness in primary care and the community

Prof Richard Holt, Professor in Diabetes & Endocrinology, Human Development and Health Academic Unit, Faculty of Medicine, University of Southampton

Pregnancy and it's implications for diabetes eye health

Primary Care Toolkit for CKD early identification

Karen Jenkins, Consultant Nurse, Renal Medicine, East Kent Hospitals University NHS Foundation Trust & Dr Richard Kingston, Consultant Nephrologist & Clinical Lead for Renal Medicine, East Kent Hospitals University NHS Foundation Trust



How do we count carbs & cals?

Chris Cheyette, Senior Diabetes Dietician, Co-Founder & Managing Director, Kings College Hospital, Chello Publishing



Networking & Exhibition

'Diabulimia' – Type 1 diabetes disordered eating

Led by NHS England

Panel: Diabetic eye screening - addressing barriers & enablers

Panel: health inequalities in diabetic kidney disease care

Joint Chairs: Patricia Gooden, Person with diabetes (PWD), Trustee, Vice Chair, Kidney Care UK, Kidney Research UK LAC & David Marshall, PWD and Chair, National Kidney Federation Panellists: Dr Gavin Dreyer, Consultant Nephrologist and Physician, Co-chair of Editorial Board for the academic report Kidney Health Inequalities in the United Kingdom: Reflecting on the past, reducing in the future; Pat Simoyi, Service lead Nurse for Chronic Kidney Disease, Diabetes and CKD Service, Birmingham Community Healthcare NHS Foundation Trust; Dr Rosie Donne, Consultant Nephrologist, Salford Royal NHS Foundation Trust; and Neerja Jain, Health Equalities Project MDT Manager, Kidney Research UK

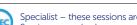
What are the key considerations when creating a diabetes mealplan?

Dr Trudi Deakin, Chief Executive & Consultant Research Dietician, X-PERT Health





Please note: information in this brochure is correct at the time of going to press



Specialist – these sessions are designed for specialists in diabetes and related conditions.

Sessions may also be appropriate for Primary Care specialists or leads in diabetes and related conditions.



DPC Clinic Programmes

| Session | Timings | Foot & Wound | Hypo Hub | DPC CV Clinic | | |
|---|-------------|--|---|--|--|--|
| | 08:00-09:00 | Registration | | | | |
| Keynote 1 | 09:00-09:50 | Keynote Panel: The simplicity of type 2 diabetes – and what to do about it Prof Roy Taylor, Professor of Medicine and Metabolism | | | | |
| Session 1 | 10:00-10:40 | Pressure - redistribution & offloading Christian Pankhurst, Clinical Specialist Orthotist, Guys & St Thomas NHS Trust, and Kings College Hospital | Reducing Hypoglycaemia through the use of the Flash Glucose Monitoring System Dr Jackie Elliott, Senior Clinical Lecturer and Honorary Consultant in Diabetes, University of Sheffield | How does diabetes affect my patient's heart? Beverley Bostock, Nurse Practitioner, Mann Cottage, Gloucestershire & Education Lead, Education for Health, Warwick | | |
| | 10:40-11:50 | | Networking & Exhibition | | | |
| Session 2 | 11:50-12:30 | Debridement Graham Bowen, Podiatry Clinical Service Manager, Solent NHS Trust & Pradeep Solanki, Podiatry Team Leader & Diabetes Specialist Podiatrists, Croydon Health Services NHS Trust | Partner Session | CVD risk - micro & macro disease screening & management Dr Shafie Kamaruddin, Consultant Physician, Diabetes & Endocrinology, County Durham & Darlington Foundation Trust | | |
| Session 3 | 12:40-13:20 | Infection Graham Bowen, Podiatry Clinical Service Manager, Solent NHS Trust & Fatima Cassim, Podiatry Advanced Practitioner, Solent NHS Trust | Hypoglycaemia assessment in the elderly: key considerations in practice | CVD - Diabetes Prescribing Led by PCCS & Helen Williams, Clinical Pharmacist | | |
| | 13:20-15:00 | Networking & Exhibition | | | | |
| Live Debate | 15:00-15:50 | Panel: Is there life after amputation? Stephen Baxter & Nikki Store | Hypo panel: Medication vs. non medication | Saving Hearts and Minds Together: National CVD Prevention Ambitions Prof Jamie Waterall, National Lead for Cardiovascular Disease Prevention & Deputy Chief Nurse, Priorities and Programmes Division, Public Health England & Prof Ahmet Fuat, GPSI cardiology darlington and president of the Primary Care Cardiovascular Society& PWD Speaker | | |
| Session 4 | 16:00-16:40 | Diagnostics/Pathways Pradeep Solanki, Podiatry Team Leader & Diabetes Specialist Podiatrists, Croydon Health Services NHS Trust | Management of Hypoglycaemia Dr Amar Puttanna, Consultant in Diabetes and Endocrinology, Good Hope Hospital, University Hospitals Birmingham NHS *This session has been organised and funded by Novo Nordisk | Panel: MDT CV care Led by PCCS & Prof Ahmet Fuat, GPSI cardiology darlington and president of the Primary Care Cardiovascular Society | | |
| Multi-disciplinary team – these sessions are suitable for the entire MDT Primary Care & Non-Specialist – designed for healthcare professionals who are not | | | | | | |

All healthcare professionals, commissioners and service leads can attend DPC2019, on 29 & 30 October, for free!

Wednesday 30th October





Mental Health & Wellbeing Zone **DPC Eye Clinic** Nutrition & Lifestyle **DPC Kidney Clinic** Registration Keynote Panel: The simplicity of type 2 diabetes - and what to do about it Prof Roy Taylor, Professor of Medicine and Metabolism The DWELL Project: Development & Evaluation of an Innovative Psychoeducational Programme for People Julie Webster, DWELL Programme Lifestyle & exercise with CKD Diabetes Remission - what is it and Lead, Medway Community Dr Sharlene Greenwood, Consultant how do I discuss it with my patients? Healthcare; Alice Chapman-Hatchett, Physiotherapist in Renal and Exercise The retina; a window of opportunity Alison Barnes, Senior Research Director, The Health and Europe Rehabilitation, NIHR Post-doctoral Associate (dietitian), DiRECT & using retinal images to identify Centre; Kevin Jasper, DWELL Patient Research Fellow, King's College other diseases ReTUNE Diabetes Remission Studies, Ambassador, Medway Community Hospital & Ellen Castle, Specialist Newcastle Magnetic Resonance Healthcare; and Prof Eleni Renal Physiotherapist and PhD Hatzidimitriadou, Head of Research Fellow, King's College Hospital and Enterprise, Faculty of Health and Wellbeing, Canterbury Christ Church University Networking & Exhibition Peer Support Panel Kelly Carden, Diabetes specialist nurse & young adults lead nurse, Glycaemic control in people with West Hampshire Community Delaying and preventing Diabetic Achieving glycaemic targets diabetes on Retinopathy in Primary Care -Diabetes Service, Southern Health what role should exercise play? Dr Andrew Frankel, Consultant NHS Trust & Sarah Woodman, understanding diabetic eye scan Jane Redding, Diabetes Specialist Physician and Nephrologist, Imperial Head of Diabetes and Diabetes results Dietitian, Dwell Lead Facilitator College Healthcare NHS Trust Specialist Dietitian, West Hampshire Community **Diabetes Service** Diabetes medications & safe prescribing in people with CKD -Fresh Club Practical practical for prescribers Sarah Woodman & Head of Diabetes Panel Debate: Prof Paul Cockwell, Consultant and Diabetes Specialist Dietitian, West **Partner Session** diabetic eye - risk-based screening Nephrologist, Professor of Hampshire Community Diabetes Nephrology, Department of Service & Natasha Beatty, Owner, Nephrology, University Hospitals Fresh Kitchen Cookery School Birmingham NHS Foundation Trust MDT Networking & Exhibition Elderly & end of life care for people Living with blindness & diabetes Partner Session **Extended Workshop: Knuston** Hall Diabetes Counselling and **Empowerment Course - 'from fixer** to facilitator' Dr Charles Fox, Research Consultant Northampton General Hospital, R&D Unit, Northampton General Hospital & Dr Anne Kilvert, Consultant Physician, Northampton General Hospital, Diabetes Centre ASSIST - Primary Care identification **Partner Session** of CKD risk in people who live with MDT Panel: Nutrition & Lifestyleg



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Visit www.diabetesprofessionalcare.com/register or call 023 8081 1551 to register your place or to find out more



The InterAct Diabetes Village

Located at the heart of the show floor, DPC2019's popular networking and lounge area will provide a valuable meeting space for visitors to share experience and best practice over a complementary tea or coffee.



InterACT MEDICAL EDUCATION

AstraZeneca

This year, we're delighted to have the support of InterACT Medical Education (an AstraZeneca, non-promotional initiative). The focus of InterACT is directly in line with DPC2019's objective of ensuring that healthcare professionals understand and treat diabetes as a multi-factorial condition which requires strong working relationships within the MDT.

AstraZeneca is proud to sponsor the InterACT Diabetes Village, Disease Awareness Zone at DPC2019. We are using the space to launch www.InterACTMedicalEducation.com and we really look forward to meeting you at the event, so do drop by for a coffee and say hello!

Dr Kishan Rees, Medical Affairs Manager, AstraZeneca

www.diabetesprofessionalcare.com/the-interact-diabetes-village/

NHS Diabetes Programme at DPC2019



We are delighted to include the NHS Diabetes Programme as one of DPC2019's main event partners this year.

NHS led education

The NHS Diabetes Programme has worked closely with DPC2019 organisers to design a broad and varied schedule of invaluable learning delivered by national leaders and diabetes experts to help healthcare professionals from the diabetes multi-disciplinary team deliver the very best in diabetes care.

NHS Lounge

The interactive NHS lounge will be a major feature on the show floor at DPC2019, bringing you a unique overview of each of the core elements of the NHS Diabetes Programme's work to improve outcomes for people living with diabetes, and prevent Type 2 diabetes.

Divided into four interactive zones, the NHS Lounge is open to all healthcare professionals who attend the event.

The NHS Lounge will give DPC2019 visitors the unique opportunity to learn about how we're making those commitments a reality with our partners across the health system, share best practice and hear the experts present the latest findings in an informal, interactive setting.

Matthew Fagg, NHS Diabetes Programme Director, NHS England & NHS Improvement

Presentation Zone

Type 2 Prevention Zone

Digital Zone

Treatment & Care Zone

Find out about each of the Zone's by visiting **www.diabetesprofessionalcare.com** and select Visit on the menu bar.

www.diabetesprofessionalcare.com/nhs-diabetes-programme-at-dpc2019/

See what our speakers and visitors said about last year's event!

"This is a critical conference for the way in which diabetes has developed. It is also a conference for the future, because it looks at areas where we can improve diabetes care. Where else would you get so many people with an interest in diabetes under one roof? It's a big event and it's extremely important for the formulation of policy - I look forward to it immensely every single year."



Rt Hon. Keith Vaz, MP, Chair, APPG for Diabetes

"An excellent opportunity to update yourself on all aspects of management of patients with diabetes."

GP Partner and CCG Clinical Lead.

The Whiteley Surgery and NHS Fareham & Gosport CCG

"An important event for all health carers to attend and get knowledge and skills."

Clinical Team Leader.

Camden and Islington NHS Foundation Trust

"An excellent event to attend to get updates from company representatives. Speakers cover paediatrics and digital technology."

Paediatric Diabetes Clinical Nurse Specialist, Great Ormond Street Hospital

"Excellent quality information relevant to all working within diabetes."

Diabetes Specialist Nurse,

Kent Community Health NHS Foundation Trust

"I decided it was so good yesterday, that I would come for the second day. I've been to a lot of interesting meetings, had lots of interesting discussions, and I've been informed about my work, and how I can improve my practice."

Diabetes Nurse,

North Middlesex University Hospital

"The quality of the lectures was comprehensive, with well-referenced content covering a wide range of diabetes topics relevant to practice. I would encourage all to attend next year. It's unbelievable, it's free! Every social class can attend. Thank you so much to the organisers."



Anna Vanderpuye,

DSN, King's College Hospital NHS Foundation Trust, Diabetes Outreach Prevention Programme International

"Diabetes Professional Care is the largest professional conference in the UK, you can see that by the number of delegates that come. The fact that it's free to enter means that healthcare professionals and commissioners can turn up without having an on cost to the NHS."

Chris Chapman,

Group Managing Director, GlucoRx

"Excellent event, fantastic speakers and exhibitors."

Medical Registrar,

BHRUT NHS Trust

"The mix of HCPs attending the conference is amazing, and it's easy to meet and network with peers and people you may not have met before. The talks are a mixture of the latest research, best practice and policy, which make for a very different and worthwhile conference experience. If you haven't attended yet it's definitely one you should attend in the future."

Dr Rebecca Thomas,

Senior Research Officer and Informatics Lead, Diabetes Research Unit, Cymru, Swansea University Medical School

"You will be able to apply what you have learnt to your health care setting and it will change the way you take care of people with diabetes."

Registered General Nurse,

The Calderdale Royal Hospital

TO TO CIE

AgaMatrix. JAZZ*★DoseCoach®

The UK's 1st Basal Insulin Only Advisor¹

For type 2 patients on a once daily basal insulin only.



For type 2 patients on a once daily basal insulin only, JAZZ[™] DoseCoach® assists in the selfadjustment of insulin dose.

It does this using a feature called Dose Helper, which after the HCP determines the starting dose, it safely² suggests gradual adjustments to the patients basal insulin dose until their fasting blood glucose readings are in their target range.

The JAZZ DoseCoach incorporates a blood glucose meter with a large memory and uses the same testing strip as the JAZZ blood glucose family of meters, which is on the NHS Drug Tariff at £8.74.

Proven to reduce HbAlc without the increased risk of hypo³

JAZZ DoseCoach devices will be supplied free of charge to healthcare professionals who have undertaken JAZZ DoseCoach training.

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With integrated blood glucose meter

² Using defined treatment plans

³ Bajaj H, et al. Results of the randomized trial of long acting insulin glargine titration web tool (LTHOME) vs enhanced usual therapy of glargine titration (INNOVATE trial). Diabetes Technology & Therapeutics. February 2016, 18(S1):A215. doi:10.1089/dia.2016.2525.