Diabetes Professional Care 2019

MY JOURNEY

By

Patricia Gooden & David Marshall
Let’s Go….David

• The early years…

• Diagnosed as type 1 at 7 years old after family holiday
• Began insulin after a week in hospital
• Practised on an orange – glass syringes
• 10 plastic syringes….
Let’s Go…Patricia

• The early years…..
  
• Born in the UK
• Shipped to the WI (28 days)
• Education
• Self diagnosis / Gestational diabetes
On the Move.....Patricia

Dealing with my illness

- The way I was told
- Organ failure
- Peritoneal dialysis (8 X 7)
- Isolation, fear, depression
- Medical retirement
- Remaining positive
On The Move…David

• **Dealing with my illness...**

  • Determination
  • Tired of being isolated
  • Non participation in sports
  • No school trips
  • Job hunting
The Train is coming - David

- Late 20s…Coeliac diagnosis
- Balancing 2 diets
- Renal Diet …more important!
- My wife, living donor transplant
- Severe rejection…
- Time in hospital.
The Train Is Coming....

• Kidney Transplant
• The Horrors!!!

• The telephone call
• Transplant successful
• The horrors of stent removal!
• The horrors of Anti Biotics!
• Call the family
• Remain positive
Let’s Dock …Patricia

• Kidney reconstructed!
• On recovery road…. Yeah!

• Reconstruction
• My eyes!
• Keeping the patient informed
• Driving Licence
Let’s Dock …David

- Lead a normal life
- Never say ‘what if’
- Kidney patient only when taking tablets
- Daphne Approach / Dexcom CGM
Let’s Serve…Patricia

• **Charity Work**
  
  • Made a vow!
  • Royal Free Hospital KPA
  • Recruited on the first night.
  • Kidney Research UK
  • Lay Advisory Committee member (LAC)
  • Trustee
  • Believe
Let’s Serve ....David

• Charity Work
  • Chair of NKF
  • Dealing with conflicting information
  • Give up your time
  • My bicycle
And Finally….Patricia

- The Island…
- Look where we have come from!

- A satisfying career
- The illnesses
- Dialysis
- Transplantation
- Recovery
And Finally … David

• Advocating change
• More increase in the use of technology
• Prevention is better than cure…
• Using the technology to inform myself
Conclusion

THANK YOU FOR LISTENING

Any Questions?

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DPC 19