Practical Injection Technique
with the fit Board —
A Multidisciplinary Team approach

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Hello!

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ICE BREAKER

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The Forum’s mission is to support people with diabetes using injectable therapies, through evidence based practice, in order to achieve the best possible health outcomes that are influenced by correct injection technique; thus ensuring that the dose is delivered safely, to the right injection site, using the right technique, every time.”
Which HCPs would provide care for injection technique and in what setting?
The Patients’ Journey

✓ Nurses
✓ Pharmacists
✓ General Practitioners
✓ Physician Associates
✓ Dietiticians
✓ Social Prescriber
✓ Healthcare Assistants
✓ Consultants

Secondary Care        Community Services        Primary Care

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So WHY bother?
PRACTICAL TIPS:
What does good injection technique look like?

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The FIT Guide

- Written by healthcare professionals for healthcare professional
- Evidence based practice
- Designed to be pragmatic
- Opportunity for peer-to-peer learning
- Sharing best practice

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THANK YOU
Any Questions?

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