



# Occupational Therapy Show

## 26-27 NOV 2025 THE NEC BIRMINGHAM

### Downloadable Conference Programme



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Occupational Therapy Show    TheOTShow    #theotshow  
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KEYNOTE THEATRE SPONSOR



EDUCATION PARTNERS



PARTNERS



## KEYNOTE THEATRE



10:00 - 10:45

### "You don't train to be an amputee" Why not?!

**Clifton Henry**, Engagement Manager, Limbless Association

11:15 - 11:45

### Knowledge is Power

**Lynette Parkes**, Occupational Therapist, The Occupational Therapy Service  
Sponsored by: AKW



12:00 - 12:45

### The neuroscience of co-regulation and self-regulation: applying a neuro-affirmative lens to occupational therapy practice

**Dr Aine O'Dea PhD**, Owner & Director, Radiance Consulting Ltd

13:00 - 13:45

### Occupation as a foundation for everything: lessons from an occupational therapy entrepreneur and leader

**Rhiannon Stokes**, Managing Director Stokes Case Management

14:15 - 15:00

### Integrating AI into everyday occupational therapy practice

**Karin Orman**, Director of Practice and Innovation, Royal College Of Occupational Therapists  
**Dr Gillian Ward**, PhD, MSc, DipCOT, Head of Research and Innovation, Royal College Of Occupational Therapists

15:15 - 16:00

### Designing better home adaptations

**Paul Smith**, Director, Foundations

16:15 - 17:00

### A Hospital at Home? A life outside hospital for the undischageable

**Hollie Berrigan**, Lived Experience Lead, Beam Consultancy  
**Keir Harding**, Clinical Lead, Beam Consultancy

## THEATRE 1

09:45 - 10:15

### Plus size turning project with the Q2Roller® lateral turning device

**Rose Aknai**, OT and Clinical Quality Lead, Co-author of Plus Size Turning Project – Hertfordshire Community NHS Trust, Etac  
**Rob Glanville**, Business Development Manager - Hospitals, Etac  
Sponsored by: Etac



10:30 - 11:15

### Beyond the senses: advancing sensory integration practice for neurodivergent children in complex environments

**Dimitrios Mylonadis**, Advanced Practitioner in Sensory Integration, Hopscotch

11:30 - 12:00

### Fatigue management in multiple sclerosis

**Sarah Lacey**, Independent Occupational Therapist The Occupational Therapy Service

12:15 - 13:00

### Where function meets flow: the seamless blending of yoga and Tai Chi with my occupational therapy practice

**Ali Leigh**, Occupational Therapist and Trauma-Informed Yoga Teacher, In-mOTiontherapy

13:15 - 14:00

### Supporting independence in people with upper limb impairments using advanced assistive technologies: the pivotal role of occupational therapy

**Simon Fielden**, Clinical Scientist & Technical Director, Rahana Life

14:15 - 14:45

### TBC Session

15:00 - 15:45

### Working with women with complex trauma and neurodiversity

**Dulcie Lilly**, Lead Occupational Therapist, Cygnet Health Care

16:00 - 16:30

### Spirituality and faith matters: how do we bring in this important aspect of whole person care into our every day occupational therapy practice? Interactive session to share tips and ideas

**Heidi Bowcher**, Neuro Occupational Therapist independent

## THEATRE 2



09:30 - 10:00

### Tech It Easy: how gadgets are changing the occupational therapy game

**Clare Barber**, Manager, Secure Meters Ltd

10:15 - 10:45

### The importance of balancing form and function in design – challenging ourselves to keep our clients house a home

**Kate Sheehan**, Occupational Therapist, Consultant Occupational Therapist  
Sponsored by: Uplifts by Stannah



11:15 - 12:00

### Competencies for occupational therapists working with individuals with ARFID

**Dr Esther Dark**, Specialist Occupational Therapist, Nottinghamshire Healthcare Trust

**Raechel Heil**, Senior Occupational Therapist, Norfolk & Suffolk NHS Foundation Trust

**Francisca Sunderland**, Specialist Occupational Therapist, Norfolk and Suffolk NHS Foundation Trust

12:45 - 13:30

### An overview of armed forces healthcare within the NHS

**Lt Col Guy Benson**, VCHA National Programme Director RNOH, NHS England

13:45 - 14:15

### Supporting people with workplace issues - a reflection of developing a service

**Gillian Burdon**, Com Neuro Occupational Therapy Lead, Wye Valley NHS Trust

14:30 - 15:00

### Rebuilding work identity after brain injury: an interdisciplinary approach

**Alison Hipkiss**, Lead Occupational Therapist, Cognivate

15:15 - 15:45

### The SAFE BED Study: the use of enclosed beds for children with intellectual disability

**Georgie Agar**, Lecturer in Psychology, Aston University

**Bethan Cornick**, Research Assistant, Aston University

16:00 - 16:45

### Electronic Assistive Technology

**Lisa Price**, Occupational Therapist, Access to Communication & Technology (ACT)

**Karen Grinsted**, Occupational Therapist, Access to Communication & Technology (ACT)

## Why attend the Occupational Therapy Show?

The two-day programme is designed to support occupational therapists from every band and specialism across health, social care, housing, education, voluntary organisations, and private practice. With **100+ CPD-accredited sessions and workshops** led by world-class experts, you'll have the chance to update your knowledge, refresh your skills, and gain new ideas to enhance your client care and professional practice.

Expect inspiring talks, hands-on learning, and opportunities to connect with thousands of peers and 250+ exhibitors showcasing the latest products and innovations. Following the event, you will receive a CPD certificate documenting your professional development.

## THEATRE 3



10:00 - 10:45

**Exploring home-based gamified therapeutic training program for long-term management of traumatic brain injury: a case study**

**Taher Dhuliawala**, Specialist Neurological Physiotherapist & Clinical Director, NeuroAbility Limited

11:00 - 11:30

**Enhancing client outcomes: integrating Tai Chi into occupational therapy practice**

**Helen Parsons**, Course Director, Discover Tai Chi Ltd

11:45 - 12:15

**Session title to be confirmed**

**Suné van der Merwe**, Co-founder, Emerge Occupational Therapy  
**Kezia Llewelyn**, Associate Lecturer (Education) in Occupational Therapy, Brunel University  
Sponsored by: Elizabeth Casson Trust

12:30 - 13:00

**Beyond bricks and mortar: co-creating housing design guidance with neurodivergent people and people with learning disabilities**

**Marney Walker**, Independent Occupational Therapist  
**Jan Healy**, Independent Occupational Therapist & Ergonomist

13:15 - 13:45

**YokOTen: The Power of OT Through Shared Stories and Practice**

**Martina Tierney**, Founder & Clinical Director, Seating Matters  
Sponsored by: Seating Matters

14:00 - 14:30

**Starting at the beginning: neonatal occupational therapy**

**Amanda Lawes**, ODN Lead Occupational Therapist, Thames Valley & Wessex Neonatal Network

14:45 - 15:30

**Designing better home adaptations**

**Paul Smith**, Director, Foundations  
Sponsored by: Foundations

15:45 - 16:15

**Supervising success: the role of occupational therapy supervision in wellbeing and burnout prevention**

**Lynsay McFarlane-Shaw**, Occupational Therapy Supervisor, Independent Occupational Therapist

16:30 - 17:00

**Empowering occupational therapists to lead change through physical activity**  
**Empowering occupational therapists to lead change through physical activity**

**Liz Fletcher**, Occupational Therapist & System Partner Lead, Sport for Confidence CIC  
**Lisa Westhorpe**, Occupational Therapist & System Partner Lead, Sport for Confidence CIC

## SHOWCASE THEATRE

09:20 - 09:50

**Nourishing later years: understanding and addressing malnutrition in older adults**

**Rachel Sipaul**, Senior Dietitian, Apetito  
Sponsored by: Apetito

10:00 - 10:30

**Co-producing the future: Ayres Sensory Integration as inherently relational practice, enhancing personalised care within the NHS**

**Kath Smith**, BSc(OT), MRCOT, Director ASI Wise and CLASI Instructor, ASI Wise  
Sponsored by: ASI Wise

10:40 - 11:10

**Introduction to Invacare New Robin Evo**

**Thomas Littley**, Invacare Business Development Manager, Invacare  
Sponsored by: Invacare

11:20 - 11:50

**Manual wheelchairs are overrated! Not really, but stigma around powered wheelchairs is limiting possibilities**

**Alex Papanikolaou**, Founder, Freedom One Life  
Sponsored by: Freedom One Life

12:00 - 12:30

**Restrictive practice – the elephant in the room**

**Kate Sheehan**, Occupational Therapist, Consultant Occupational Therapist  
Sponsored by: Safespaces

12:40 - 13:10

**Neurology and housing design - a reflection on experiences**

**Lucy Leonard**, Clinical Director, The OT Service  
Sponsored by: Closomat

13:20 - 13:50

**Everything you wanted to know about Motability, but were afraid to ask**

**Ed Thomas**, Head of Public Affairs & Stakeholder Engagement, Motability Operations  
Sponsored by: Motability Scheme

14:00 - 14:30

**Giving disabled people an 'Even break' in the workplace**

**Meghan Reed**, Chief Innovation Officer, Evenbreak  
Sponsored by: Evenbreak

14:40 - 15:10

**Leading professional development through practice networks**

**Dr Nikki Daniels**, Head of Professional Development, Royal College Of Occupational Therapists  
Sponsored by: RCOT

15:20 - 15:50

**Inclusive bath-time play for disabled children**

**Louise Sharp**, Occupational Therapist, The Occupational Therapy Service  
Sponsored by: Abacus Specialist Bathroom Solutions

16:00 - 16:30

**Trunk support for function in static seating**

**Faith Brown**, Occupational Therapist, Clinical and Education Lead, Helping Hand  
Sponsored by: Helping Hand Company

16:40 - 17:10

**Thriving as an occupational therapist: building resilience and growth through CPD**

**Nicola Toner**, Head Of Memberships, OT CPD  
Sponsored by: OT CPD

## INNOVATION THEATRE

09:50 - 10:20

**The Safe and Sound Protocol - a polyvagal intervention to support connection**

**Orla Ni Scolai**, Occupational Therapist, Witherslack Group  
Sponsored by: Witherslack Group

10:30 - 11:00

**Who needs a sleep system?**

**Faith Brown**, Occupational Therapist, Clinical and Education Lead, Helping Hand  
Sponsored by: Helping Hand Company

11:10 - 11:40

**The value of evidence when addressing key patient handling challenges**

**Carol Sinden**, Director Global Medical Affairs, Arjo  
Sponsored by: Arjo

11:50 - 12:20

**Driving change: Lewis Reed wheelchair accessible vehicles and the journey to independence**

**Chris Edwards**, Mobility Specialist, Lewis Reed WAV Ltd  
Sponsored by: Lewis Read WAV

12:30 - 13:00

**Supporting independence in people with upper limb impairments using advanced assistive technologies: the pivotal role of occupational therapy**

**Lauren Edwards**, Independent Occupational Therapist  
**Simon Fielden**, Clinical Scientist & Technical Director, Rahana Life  
Sponsored by: Rahana Life

13:10 - 13:40

**Open debate: should domesticated profiling beds be funded through health and social care?**

**Jade Wallace**, Equipment Provision Specialist & Healthcare Business Consultant, Laybrook Care  
**Mike Cowan Jones**, Arms Rehab Occupational Therapist, Laybrook Care  
Sponsored by: Laybrook

13:50 - 14:20

**Bathing - can having a bath regularly improve your health outcome?**

**Jane Fraser-Hook**, Head of Marketing, Astor Bannerman  
Sponsored by: Astor Bannerman

14:30 - 15:00

**The value of seating in an acute neuro-rehab unit, a clinical research study at West Virginia University Hospital**

**Kirsty Ryan**, Occupational Therapist & Clinical Training Managing, Seating Matters  
Sponsored by: Seating Matters

15:10 - 15:40

**From fear and frustration to freedom: restoring dignity & independence in the shower**

**Magid Suliman**, Founder, Mistu Showers  
Sponsored by: Mistu Showers

15:50 - 16:20

**Occupational therapists and the Mental Capacity Act**

**Sam Moroney**, Named Nurse Adult Safeguarding, Access Independent  
Sponsored by: Access Independent

## KEYNOTE THEATRE



09:30 - 10:15

**The unveiling of the Employability And Career Hub for occupational therapists - the culmination of co-creation, commitment and community**

**Lisa Taylor**, Elizabeth Casson Fellow, The Elizabeth Casson Trust

10:30 - 11:15

**What should occupational therapists know about women's hormones?**

**Dr Louise Newson**, GP and Menopause Specialist, Co-founder and Director, Newson Health Ltd

11:30 - 12:15

**Developing the global occupational therapy workforce – leadership, advocacy and action**

**Samantha Shann**, President, World Federation of Occupational Therapists (WFOT)

12:30 - 13:00

**Knowledge is power**

**Lynette Parks**, Occupational Therapist, The Occupational Therapy Service  
Sponsored by: AKW



13:15 - 14:00

**TBC Session**

14:30 - 15:15

**Ethical leadership in case management: advocating for clients in complex systems**

**Jackie Dean**, Director, Institute of Registered Case Managers

15:30 - 16:15

**The heartache and the hope of acquired brain injury: exploring the experience of family members**

**Andrea Matthews**, Consultant Occupational Therapist and Advanced Sensory Integration Practitioner, Creative Occupational Therapy Solutions Ltd & Creative Physiotherapy Ltd

## THEATRE 1

09:45 - 10:15

**What role does occupational therapy have in tackling stigma?**

**Jessica Bhikha**, Senior Substance Use Specialist Occupational Therapist, Priory Hospital Solihull

10:30 - 11:15

**Housing without delay: how occupational therapists are transforming housing as a health determinant**

**Lauren Walker**, Professional Advisor, Royal College Of Occupational Therapists  
**Dr Rachel Russell**, Head of Regional Advice, Foundations

11:30 - 12:00

**F-Words in the bathroom: using the ICF to guide bathroom participation from childhood to adulthood with physical disabilities**

**Linda Keogh**, Senior Occupational Therapist, Etac  
Sponsored by: Etac



12:15 - 12:45

**Restoring what was, reimagining what's next: the case manager's role**

**Deborah Edwards**, Director, Institute of Registered Case Managers

13:15 - 14:00

**The pathway to case management**

**Carole Chantler**, RN, MA Case Mgt, Chair, Institute of Registered Case Managers

14:15 - 14:45

**Using quality improvement methodology to evaluate the worth of occupational therapy within an addictions setting**

**Mikaela Williams**, Occupational Therapist, NHS Ayrshire And Arran  
**Jessica Robson**, Occupational Therapist, NHS Ayrshire And Arran

15:00 - 15:45

**Occupational therapy and assistive technology: a partnership for empowerment**

**Chelsea Abbott**, Clinical Specialist Occupational Therapist, Somek & Associates  
**Kat Smith**, Account Manager, Possum Limited

## THEATRE 2



09:45 - 10:15

**Case study analysis of educational and clinical occupational therapy interventions for DME 2/HLP, development trauma, and ADHD within sensory attachment and trauma-informed environments**

**Samantha Jeffries**, Director, Specialist Neurodiversity Assessments Ltd

10:30 - 11:00

**The value of enabling access to the leisure domain for improved health and well-being outcomes: a focus on powered wheelchair football**

**Stuart Brown**, Occupational Therapist, Independent Practitioner

11:15 - 11:45

**The role of the case manager when working with a client who has experienced a traumatic brain injury**

**Lizanne Elliott**, Director, Institute of Registered Case Managers and Integrated Case Management Ltd

12:15 - 13:00

**The role of the occupational therapist in the management of paediatric movement disorders**

**Philipa Mulholland**, Advanced Occupational Therapist in Paediatric Movement Disorders, Alder Hey Children's Hospital NHS Foundation Trust

13:15 - 13:45

**Beyond care: the transformative power of occupational therapy in dementia care**

**Derek Sleater**, Co-Founder & Occupational Therapist, Sunday Care Therapy

14:00 - 14:30

**Neurogenic bladder: what every occupational therapist needs to know**

**Jacqueline Emkes**, Continence Nurse Specialist, Bladder Health UK

14:45 - 15:15

**The importance of balancing form and function in design – challenging ourselves to keep our clients house a home**

**Louis Stannah**, International Marketing Lead, Uplifts by Stannah  
**Kate Sheehan**, Occupational Therapist, Consultant Occupational Therapist  
Sponsored by: Uplifts by Stannah



15:30 - 16:15

**Future Proofing Property – what to consider when planning long-term adaptations**

**Andrew Vallis**, Director and Head of Architecture, PLG Consultants

## THEATRE 3



10:00 - 10:45

**The sugar web body: rethinking comfort, care and movement. How fragile bodies respond to movement, not just pressure and what that means for care and assistive handling**

**Phil Strong**, Managing Director, Ergo Ike Ltd  
**Harm Smit**, Wound Biologist, Wound Center Alrijne Hospital

11:00 - 11:30

**Supported storytelling through the 'Life Threads' approach for family members after Traumatic Brain Injury: 'We've been through all of this trauma, and you're giving me some string?'**

**Professor Charlotte Whiffin**, Professor of Nursing, University of Derby

11:45 - 12:15

**Why a garden is a critical part of rehabilitation**

**Katie Tait**, CEO, Horatio's Garden

12:30 - 13:00

**A creative and magical approach to occupational therapy**

**Rebecca Johnson**, Occupational Therapist, Breathe Arts Health Research  
**Josh Parsons**, Breathe Magic Ambassador, Breathe Arts Health Research  
**Hannah Dye**, Head of Programmes, Breathe Arts Health Research, Breathe Arts Health Research

13:15 - 13:45

**Occupational therapists assessing for proportionate care: the role of postural care in shaping effective care plans**

**Norma Jane Findlay**, Occupational Therapist and Head of Clinical Operations, A1 Risk Solutions and Tierco Healthcare Group  
Sponsored by: A1 Risk Solutions

14:00 - 14:30

**Fatigue management in multiple sclerosis**

**Sarah Lacey**, Independent Occupational Therapist, The Occupational Therapy Service

15:00 - 15:45

**Exploring ableism in occupational therapy: insights from educators and students**

**Hannah Darton**, Team Leader, New Neighbourhood Mental Health Provision

## SHOWCASE THEATRE

09:30 - 10:00

**Nourishing later years: understanding and addressing malnutrition in older adults**

**Rachel Sipaul**, Senior Dietitian, Apetito  
Sponsored by: Apetito

10:10 - 10:40

**Leading professional development through practice networks**

**Dr Nikki Daniels**, Head of Professional Development, Royal College Of Occupational Therapists  
Sponsored by: RCOT

10:50 - 11:20

**Inclusive bath-time play for disabled children**

**Louise Sharp**, Occupational Therapist, The Occupational Therapy Service  
Sponsored by: Abacus Specialist Bathroom Solutions

11:30 - 12:00

**The consequences of non provision of seating and 24-hour postural care – do we have a legal obligation to provide?**

**Jayne Brewer**, Clinical Specialist, Accora  
Sponsored by: Accora  
**Nicola Murphy**, Occupational Therapist, Accora  
Sponsored by: Accora

12:10 - 12:40

**Restrictive practice – the elephant in the room**

**Kate Sheehan**, Occupational Therapist, Consultant Occupational Therapist  
Sponsored by: Safespaces

12:50 - 13:20

**Occupational therapists and the Mental Capacity Act**

**Sam Moroney**, Named Nurse Adult Safeguarding, Access Independent  
Sponsored by: Access Independent

13:30 - 14:00

**Demonstration of Cognishine: the adaptive digital intervention platform for occupational therapists**

**Adi Topaz**, Chief Operating Officer, Cognishine

14:10 - 14:40

**AI in action: reclaiming time and boosting care in your practice**

**Lee Fegredo**, Sales Lead, UK, Splose  
Sponsored by: Splose

14:50 - 15:20

**Session and speaker details to be confirmed**

## INNOVATION THEATRE

10:00 - 10:30

**Neurology and housing design - an reflection on experiences**

**Lucy Leonard**, Clinical Director, The OT Service  
Sponsored by: Closomat

10:40 - 11:10

**Driving change: Lewis Reed wheelchair accessible vehicles and the journey to independence**

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**The value of evidence when addressing key patient handling challenges**

**Carol Sinden**, Director Global Medical Affairs, Arjo  
Sponsored by: Arjo

12:00 - 12:30

**Bathing - can having a bath regularly improve your health outcome?**

**Jane Fraser-Hook**, Head of Marketing, Astor Bannerman  
Sponsored by: Astor Bannerman

12:40 - 13:10

**Let's talk about sex, care and occupational therapy: redefining intimacy and identity**

**Mike Cowan Jones**, Arms Rehab Occupational Therapist, Laybrook Care  
Sponsored by: Laybrook

13:20 - 13:50

**Supporting independence in people with upper limb impairments using advanced assistive technologies: the pivotal role of occupational therapy**

**Lauren Edwards**, Independent Occupational Therapist  
**Simon Fielden**, Clinical Scientist & Technical Director, Rahana Life  
Sponsored by: Rahana Life

14:00 - 14:30

**Goals beyond the game: football as a therapeutic tool in occupational therapy**

**Caroline Moore**, Occupational Therapist, Witherslack Group  
Sponsored by: Witherslack Group

14:40 - 15:10

**Everything you wanted to know about Motability, but were afraid to ask**

**Ross Smith**, Scheme Stakeholder Executive, Motability Operations  
Sponsored by: Motability Scheme

## DAY 1

### ABACUS SPECIALIST BATHROOM SOLUTIONS ON STAND SESSION STAND D25

10:00 - 10:20

**Addressing the growing pressure on unpaid carers during bathing**

**Louise Sharp**, Occupational Therapist, The Occupational Therapy Service

11:30 - 11:50

**Bathing and seizure safety: why specialist baths matter for people with epilepsy**

**Louise Sharp**, Occupational Therapist, The Occupational Therapy Service

13:30 - 13:50

**Bathing and seizure safety: why specialist baths matter for people with epilepsy**

**Louise Sharp**, Occupational Therapist, The Occupational Therapy Service

### THERAPOSTURE ON STAND SESSION STAND H36

10:00 - 10:20

**Rotating Beds – compliance, design and effectiveness to help equipment services with reissuing**

**Maarten Middelkoop**, Clinical Director of Compliance, M2 PRO BV

11:30 - 11:50

**Rotating Beds – compliance, design and effectiveness to help equipment services with reissuing**

**Maarten Middelkoop**, Clinical Director of Compliance, M2 PRO BV

13:30 - 13:50

**Rotating Beds – compliance, design and effectiveness to help equipment services with reissuing**

**Maarten Middelkoop**, Clinical Director of Compliance, M2 PRO BV

15:00 - 15:20

**Rotating Beds – compliance, design and effectiveness to help equipment services with reissuing**

**Maarten Middelkoop**, Clinical Director of Compliance, M2 PRO BV

## DAY 2

### ABACUS SPECIALIST BATHROOM SOLUTIONS ON STAND SESSION STAND D25

10:00 - 10:20

**Addressing the growing pressure on unpaid carers during bathing**

**Louise Sharp**, Occupational Therapist, The Occupational Therapy Service

12:15 - 12:35

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### THERAPOSTURE ON STAND SESSION STAND H36

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**Rotating Beds – compliance, design and effectiveness to help equipment services with reissuing**

**Maarten Middelkoop**, Clinical Director of Compliance, M2 PRO BV

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