SpinePro

The treatment pathway

Assessment

1 **Refer**
MSK clinician refers client to SpinePro, providing treatment history

2 **Review**
CCV Montpellier surgeon reviews patient imaging (less than 6 months old)

3 **Plan**
SpinePro provides a client proposal and reports back to referring clinician

Treatment

4 **Travel & treatment**
SpinePro manages client visit to France, including return travel, 3 days' hospital stay, and 5 days' hotel recuperation. A patient manager is on site for the duration of the client's stay

5 **Home nursing**
SpinePro manages 10 days of home nursing for medication & incision care

Recovery

6 **Early recovery**
Client takes short daily walks of increasing duration for 2 to 3 weeks

7 **Rehabilitation**
MSK clinician commences rehabilitation

SpinePro for MSK clinicians

Working closely with CCV Montpellier, we provide Prodisc® L total lumbar disc replacement to permanently resolve severe symptoms of degenerative disc disease and herniated discs (such as chronic sciatica and lumbar back pain). The treatment replaces diseased natural discs with Prodisc® L artificial discs in a single, minimally invasive procedure.

In partnership with MSK clinicians, our mission is to provide the best treatment outcome and support a return to an active, pain-free life.

Why total lumbar disc replacement?

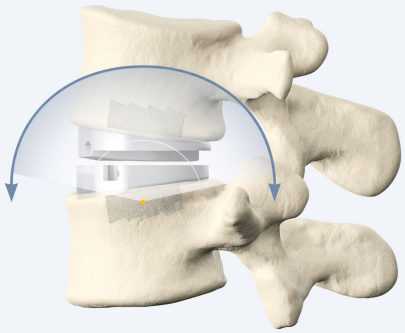
The only surgical procedure clinically proven to both permanently resolve the symptoms of degenerative disc disease and preserve motion between vertebrae. The abdominal (anterior) approach leaves the paraspinal muscles undisturbed, which ensures a fast recovery and the lowest risk of permanent nerve-damage complications such as numbness, tingling, or paralysis. Following a rehabilitation programme managed by MSK clinicians, clients usually return to sports and strenuous activities.

225k+
procedures worldwide

<4 weeks
to full return to work

<1%
revision rate at CCV

<12 months
to sport and strenuous activity



Who is CCV Montpellier?

CCV Montpellier is one of the world's leading back clinics and the global gold standard for lumbar disc replacement. Prodisc® L, designed by its surgeons, is now the world's most widely implanted lumbar disc prosthesis.

Invented Prodisc® L
First implanted in 1990, over 35 years ago

800+ a year
More than any other clinic in the world

Clinique du Parc
300-bed hospital, centre of excellence, Castelnau

Why partner with SpinePro?

For your clients

Best outcome
Permanently resolve symptoms and restore spinal mobility in a single, minimally invasive procedure

Speed and access
Detailed assessment and surgery within 8 weeks for eligible patients

For your practice

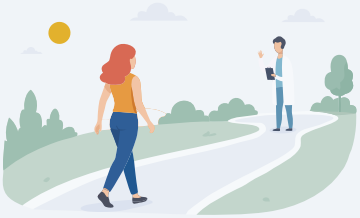
Client retention
MSK rehabilitation is required for a return to work, activities, and sports, led by the referring clinician

MSK partner benefits
Offered by SpinePro's affiliate programme

Refer a client

spinepro.uk/msk-clinicians info@spinepro.uk 020 8906 6555

SpinePro



Is this your client?

A typical journey to total lumbar disc replacement

Most people who come to us for a Prodisc® L replacement have spent years cycling through treatments that helped for a while or not at all. Here is one patient's path, month by month.

The current UK pathway

For clients whose symptoms do not respond to conservative treatment and medication, the UK treatment pathway typically consists of disparate treatments such as one or more steroid injections, multiple discectomies, and spinal fusion (which carries considerable risks and permanently immobilises vertebrae, often causing problems in adjacent spinal segments).

Nov 2022
Woke up with severe back pain and intermittent sciatica with no apparent cause

Jan 2023
Regular physiotherapy began

Jan 2024
Two steroid injections, which provided temporary relief

Feb-Jul 2024
Regular visits to a chiropractor, which did not improve symptoms

May 2024
MRI scan identified significant intervertebral disc degeneration, followed by a consultation with a pain specialist who offered another steroid injection, which I declined

Nov 2024
Private spinal surgeon recommended spinal fusion, which I refused

Dec 2024
Second private spinal surgeon undertook further diagnostics and performed a discectomy, providing temporary relief for about 5 months

Apr 2025
Further disc degeneration identified by MRI scan

Jul 2026
Further disc degeneration identified by MRI scan, with worsening symptoms

Aug 2026
SpinePro confirmed I would be a good candidate for Prodisc® L total lumbar disc replacements at L5-S1 and L4-L5

Prodisc® L total lumbar disc replacement fully replaces the established UK surgical options. It saves clients significant recovery time and money and, critically, provides the best treatment outcome.

For a full comparison with the UK pathway, including costs, please see:
spinepro.uk/disc-replacement-surgery-cost

Refer a client

spinepro.uk/msk-clinicians info@spinepro.uk 020 8906 6555