



Pakistan



Pakistan

**Hamdard
Laboratories (Waqf) Pakistan**

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Global House of
**Herbal
Products**

PURE GOODNESS FOR LIFE

BRIEF HISTORY



Hamdard is among those successful enterprises in South Asia that have had modest beginnings but, within a short span of time, achieved the status of a renowned name. Established by an accomplished pharmacist and physician of Tibb-i-Unani, Hakim Hafiz Abdul Majeed, in a tiny shop in Delhi, India, in 1906. Then, in Karachi, after the creation of Pakistan, his younger son and a visionary physician, Hakim Mohammed Said, launched it in a two room rented clinic of Tibb-i-Unani (Eastern Medicine). Hamdard made rapid progress and soon its star products, especially Rooh Afza syrup and effective herbal medicines, became household words in the country and Hamdard became one of the most famous and

reliable names in Pakistan. Hakim Mohammed Said, in addition to being a physician par excellence, was a philanthropist and visionary in the real sense of the world. He made Hamdard Pakistan not only the biggest manufacturer of herbal products and medicines, but also branched out into the fields of health in general, education and social welfare. He established a comprehensive network of free Hamdard Clinics (matabs) across the country, initiated Hamdard Free Mobile Dispensaries, to provide the poor with health facilities at their doorsteps, and set up hospitals of both Eastern and Western Systems of Medicine. He founded schools, colleges and university and a City of Education, Science and Culture - Madinat al-Hikmah - laying out his whole life's earnings on the project. He did all this for the promotion of health and education in the country, because he believed that no nation without good health and quality education would be able to progress in the world. Inheriting from his father a flair for formulation, good clinical judgement and the commitment to serve humanity, he invented and made changes in many tibbi medicines, saw at least 5 million patients during his career (all without charges) and devotedly served humanity. In fact, he converted Hamdard Laboratories into a Waqf - an Islamic trust where all the profits are used for God's work i.e. nation building and charity.

Hamdard Laboratories (Waqf) Pakistan:

The central structure of Hamdard Laboratories is based in Pakistan's industrial hub and the port city of Karachi. It comprises of the headquarters and two manufacturing units, including a new large unit - Hamdard Industrial Complex (HIC) at the newly named Hakim Mohammed Said Road. Besides Karachi, two other Hamdard manufacturing units are working in Lahore and Peshawar. Apart from the Karachi headquarters, there are zonal offices in Lahore, Rawalpindi and Peshawar. All Hamdard manufacturing units are equipped with state-of-the-art machinery and instruments, fulfilling modern day requirements of quality and high standard. Hamdard produces over 500 herbal products and medicines and their strength lies in their quality.

Hamdard Quality Policy Statement:

Hamdard ensures the quality and standard of its products adhering to international standards and laws, prescribed by ISO and WHO. To maintain these, it takes the following measures:

1. Procures best quality raw material.
2. Follows Current Good Manufacturing Practices.
3. Conducts regular checking at all stages: raw material in-process/intermediate material, and finished products, in order to maintain quality control.
4. Gives importance to training of all personnel/employees involved in the production process, under the policy of quality control (TQC).

Rooh Afza: 'Lord of the Reds' and a drink for all seasons, Rooh Afza is the scarlet-hued syrup of the East. It is the star product of Hamdard Laboratories (Waqf) Pakistan. It is the top national brand, having the major share in local markets. At international level too, it enjoys a high reputation because of its quality, taste and unique blend of traditional flavours and aromas.

Certificates, Licenses and Awards: Having Halal ingredients, Rooh Afza is certified by the Committee of food experts and the most authentic religious scholars or 'ulema' of the country. It enjoys certifications of ISO 9001: 2008 and ISO 22000: 2005. It has been winning awards a-plenty and on a regular basis, including FPCCI Award, Brands Icon of Pakistan Award, Brands of the Year Award, and Consumer's Choice Award. US food magazine 'Saveur' in its publication of Feb 2007 - issue # 99, placed Rooh Afza at the 10th position in world's 100 most popular brands' list.

Hamdard Foundation Pakistan (HFP): Hamdard Foundation Pakistan was established by Hakim Mohammed Said in order to control and regulate the funds being handed over to it by Hamdard Laboratories. These are used for the promotion of health, education and social uplift in line with his vision and mission - service to the nation and humanity. He was martyred on 17th October 1998 at the doorstep of his Karachi Clinic - the very same from where he started his journey of building 'Hamdard Pakistan'. We are told by the Quran to not speak of a shaheed as dead. Hence, martyred, he is immortal. And his legacy of service too goes on, with Allah's help, under the guidance of his daughter, Mrs Sadia Rashid, Chairperson, Hamdard Laboratories (Waqf) Pakistan, and President, Hamdard Foundation Pakistan.



Chairperson Message

Hamdard Pakistan is the legacy of Shaheed Hakim Mohammed Said, and we are privileged to be custodians of it. We cannot rest on Hamdard's laurels. We have to work hard. We have to venture further into the field of herbal medicines and products, to develop them through continuing scientific studies and research, so that we carry forward the vision and mission of Shaheed Hakim Mohammed Said, to not only bring Hamdard up to his expectations as a house of herbal medicines and products of international repute as well as engine of education, but also maintain its true spirit of philanthropy. Hamdard Pakistan's team's passion and dedication is to carry forward the vision of Shaheed Hakim Mohammed Said to serve humanity. This is not just a motto written in gold letters to be framed and hung up on the wall, and then forgotten. It is more than a principle; it is our practice.

Sadia Rashid
Chairperson



CEO & MD Message

With such a dynamic state of the market today, very few have the privilege to belong to an organization that has been a part of our country since its inception. Hamdard Pakistan has been and continues to be a glorious legacy of Shaheed Hakim Mohammed Said of which I am a proud custodian. Understanding the fragile yet dire need to serve humanity now more than ever, I believe the team of Hamdard Pakistan must strive to take forward the vision and mission of Hakim Mohammed Said to extra lengths and heights in all fields of philanthropy, herbal medicines and education so that more can benefit from them. In today's times, there isn't a second that can go by without working and building on the ideology of Hamdard Pakistan if we wish to take every citizen of this nation along with us to progression. We must empathize, work hand in hand and serve humanity in all ways possible.

Fatema Munir Ahmed
CEO & Managing Director



Pakistan



Natural Beverages & Consumer Products

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Rooh Afza

Natural beverage-For all seasons

Composition:

Rooh Afza is based on Tibb-i-Unani formulation which contains: Refined sugar, Aqua fruits, Aqua keora, Aqua rose, Aqua flowers, Colour FD&C. (Red 40) and preservatives.

Rooh Afza has been referred to as 'The Original Red Drink'. Rooh Afza's cooling effect is long lasting, for it not only instantly quenches the thirst but also rapidly cools the entire system and gives back the body the vigour, vitality and freshness depleted by excessive heat. In addition to its popularity as a drink mixed in water, Rooh Afza is also a strong favourite mixed in milk, fresh lime or yogurt, plus it has a plethora of other uses, such as being the vital ingredient in home-made ice cream, sorbet, slush, smoothies, sundaes and many other sweet and savory dishes.

It is a syrup-like concentrate which is mixed with water (or whatever the user wishes) to make a sweet drink. But nothing in that bare description can hope to convey just how well it lives up to its name. Perhaps the closest anyone could come to putting it into words was that journalist of the 'Savour' magazine of USA- a renowned authority on food and drink - who, in 2007, not only listed it among the top ten brands of the world in its list of 100, but called it an 'heavenly elixir'! Millions of diehard fans couldn't agree more.

The fact that despite all this 'flattery', Rooh Afza stands alone, is borne out by the fact that it has been receiving the Best Export Trophy for 23rd consecutive year from the Federation of Pakistan Chamber of Commerce and Industry (FPCCI). In addition, it has also won the Consumers' Choice Award for 14 consecutive years from the Consumer Association of Pakistan (CAP) since 2005, as well as the Brands of the Year Award 12 years running since 2006-2007 and the Brands Icon of Pakistan Award in 2008 and 2010.

In addition, Rooh Afza has received "Halal Certificate" and has also received certificate from Pakistan Standard & Quality Control Authority (PSQCA) for its best and consistent quality. Rooh Afza has been enjoyed by successive generations for over 100 years and is still growing worldwide.

Presentation:
PET Bottle of 800 mL



Natural Beverages & Consumer Products

Rooh Afza GO

Water based carbonated Rooh Afza drink

Composition:

Rooh Afza GO is based on the concentrated Rooh Afza and also contains sugar, carbonated water with Nature identical flavour.

Rooh Afza GO enjoys the position of a drink which is all set and ready to refresh you and quench your thirst whenever you need the best solution available. Rooh Afza GO, since the time it launched, has acquired the position of a youth-oriented drink. It launched as a line extension of the parent brand Rooh Afza, and since its inception has supported the equity and sales volume of the parent brand.

Rooh Afza GO was launched 33,000 ft above the ground as a result of the brand collaboration with the oldest airline of Pakistan in May 2019 but right after the launch, it has managed to create its own prominent façade in the beverages category.

This product has become one of those brands of Hamdard and Pakistan, as a whole, that is creating a buzz in the industry by becoming associated with the correct target audience and tapping into the spaces that no newly launched brand has ever tapped into i.e. partnering with one of the biggest marketing events of the country and associating itself with the emerging film industry of Pakistan.



Presentation:
Can of 250 mL

Natural Beverages & Consumer Products

Hamdard Honey

The use of natural honey as food and medicine by mankind has been in existence from time immemorial.

Honey is a natural sweetener that is full of antioxidants and needs no artificial preservatives to stay fresh. As a healthy source of carbohydrates, honey is also an excellent source of energy to fuel your body.

Natural Honey is produced by honey-bees. Food is eaten for nourishment, metabolic activities, growth and healthy living. Regular consumption of natural honey gives all these benefits. It contains major components of a meal, and micronutrients that enhance the digestion and absorption of these major dietary components, as well as those required for metabolism and body functions. Natural honey contains several enzymes which enhance the digestion of food substances especially carbohydrates such as sugars and starch.

Composition:

Natural & Pure Honey

Natural Honey is a liquid spoken of by all religious books. Furthermore, the Holy Qur'an explicitly encourages the consumption of Natural Honey as a highly nutritious and health promoting food.

Extensive research has shown the therapeutic promise of the use of honey in enhancing health values and improving body systems. Honey is also evaluated for its wide acceptability as a complementary and alternative medicine for most ailments.



Presentation:
Bottle 480 gm. Pouch 400 gm

Personal Health Care Products

Miswak (Peelu) Toothpaste

Provides protection to teeth & gums. Prevents dental carries

Composition:

Active ingredients:

Sodium monofluorophosphate	01.00 %
Peelu powder	00.58 %
Preservatives	q.s

Dental caries and periodontal diseases are the two main afflictions to mankind. Bacterial plaque is solely responsible for the initiation and progression of periodontal diseases. Miswak Hamdard Peelu Toothpaste provides protection to the teeth & gums as it contains peelu powder (*Salvadora persica*) and Sodium monofluorophosphate with other useful ingredients which are well-known for their efficacy to give strength and whiteness to teeth.

A few important benefits of Miswak Hamdard Peelu Toothpaste:

- Fights plaque effectively.
- Fights against caries.
- Removes bad breath and odor from mouth.
- Creates a fragrance in the mouth.
- Increases salivation and hence inhibits dry mouth.

Description:

Salvadora persica (Peelu): Studies have indicated that *salvadora persica* contains substances that possess plaque inhibiting and antibacterial properties against several types of cariogenic (conducive to caries) bacteria which are frequently found in the oral cavity. The growth and acid production of these bacteria is thus inhibited. Silica in miswak acts as an abrasive material to remove stains, giving the teeth whiteness.

Sodium monofluorophosphate: Fluoride is the only well-documented agent as one of the "ten greatest public health achievements of the 20th century". Fluoridation is widely accepted by dentists as being useful. The fluoride ions reduce the rate of tooth enamel, demineralization and increase the rate of re-mineralization of the early stages of cavities.

How to use:

Brush your teeth with Miswak Hamdard Peelu Toothpaste thrice a day, after every meal, especially before going to bed.

Presentation:

Plastic laminated tube of 70 gm



Personal Health Care Products

Revand Toothpaste

An effective toothpaste with an exclusive blend of natural revand

Composition:

Active ingredients:

Sodium monofluorophosphate	01.00 %
Revand powder	00.30 %
Menthol	00.25 %
Quercus infectoria	00.20 %
Clove oil	00.15 %
Oil of wintergreen	00.10 %
Preservatives	q.s

Hamdard Revand Toothpaste is a known solution for promoting good dental hygiene to combat plaque and gingivitis.

Description:

Revand powder: Modern research confirms that Revand Chini (*Rheum emodi*) is a bactericidal botanical medicine. It consists of substantial amount of moisture, protein, minerals and carbohydrates.

The mineral and vitamin contents are Calcium, Iron, Phosphorus and Vitamin C. Applied to relieve local inflammation externally.

After a long research Hamdard had used Revand Chini with other effective ingredients in Hamdard Revand Toothpaste. The extract Chrysophanic Acid effectively controls & treats the bleeding and pus, oozing out from gum. Hamdard Revand Toothpaste has anti-inflammatory effects for gum too.

Sodium monofluorophosphate: Fluoride is the only well-documented agent as one of the "ten greatest public health achievements of the 20th century". Fluoridation is widely accepted by dentists as being useful. The fluoride ions reduce the rate of tooth enamel, demineralization and increase the rate of re-mineralization of the early stage of cavities.

Menthol: It gives fresh and clean sensation after brushing. It is also an effective bad-breath remedy.

Quercus infectoria: It has the astringent, antiseptic and anti-inflammatory properties.

Clove oil: The germicidal properties of the oil make it very effective for relieving dental pain, tooth ache, sore gums and mouth ulcers. Clove oil contains the compound eugenol, which has been used in dentistry.

Oil of Wintergreen: Oil of wintergreen has been used as topical analgesic.

How to use: Twice a day i.e. early in the morning and before going to bed will make your teeth and gums strong.

Presentation:

Plastic laminated tube of 70 gm



Unani Herbal Products

Carmina Plus

Helpful in indigestion and activates liver function

Composition:

Each tablet contains:

Lake salt	100.0 mg	Piper longum	15.00 mg
Black salt	60.00 mg	Piper nigrum	15.00 mg
Citrus limonium	50.00 mg	Ammonium chloride	5.00 mg
Tamarindus indica (pulp)	40.00 mg	Oil zingiber	3.50 µl
Tamarindus indica extract	30.00 mg	Oil caraway	1.00 µl
Cuminum cyminum	30.00 mg	Oil anisee	0.50 µl
Zingiber officinalis	20.00 mg	Excipients	q.s

Carmina is a digestive Unani herbal supplement that helps to control dyspepsia, eases in digestion, flatulence, heaviness in abdomen and irritable bowel syndrome.

Description:

Lake salt: It is useful for indigestion, improves digestive strength, and relieves constipation.

Black salt: It is used as a digestive aid, it improves digestion without causing stomach irritation, also helpful in relieving intestinal gases and heartburn.

Citrus limonium: Improves the function of the digestive system, and is helpful in relieving constipation, and dyspepsia.

Tamarindus indica: Acts as carminative, digestive & is also helpful in relieving vomiting & nausea.

Zingiber officinalis: It is well known as a remedy for nausea and indigestion and is also used for colic, irritable bowel, loss of appetite, dyspepsia (bloating, heartburn, flatulence).

Piper longum: It is used to improve appetite and digestion.

Piper nigrum: It is helpful as carminative, appetizer and anti-flatulent.

Indications:

Indigestion, anorexia (loss of appetite), flatulence, abdominal colic, heavy or bloated stomach, heaviness in abdomen and irritable bowel syndrome.

Dosage:

Flatulence: 2 tablets of Carmina Plus are recommended in complaints of gas.

Constipation: 2 tablets of Carmina Plus with lukewarm water at bed time.

Loss of appetite: 1 tablet after breakfast & 1 tablet before each meal.

Liver dysfunction: 2 tablets of Carmina Plus immediately before meals two times a day.

Abdominal pain: 2 tablets of Carmina Plus with lukewarm water. Repeat the dose after 1 hour if pain persists.

Acute indigestion: 2 tablets of Carmina Plus in acute indigestion.

Chronic indigestion: 1 tablet of Carmina Plus before and after meal.

Nausea & vomiting: 1 tablet of Carmina Plus should be sucked slowly.

Note:

Carmina Plus may be taken by people of all ages. It may also be taken during pregnancy. For children the dose is 1/2 to 1 tablet according to age.

Presentation:

Jar of 120 tablets



Unani Herbal Products

Garlina

Helps to regulate blood cholesterol and blood sugar

Composition:

Each tablet contains:

Allium sativum (garlic)	250 mg
Allium cepa (onion)	150 mg
Commiphora mukul (gond gugul)	50 mg
Nigella sativa (kalonji)	50 mg
Zingiber officinalis (ginger)	10 mg
Excipients	q.s

Modern science and World Health Organization (WHO) recognize the effectiveness of Allium sativum (garlic), Allium cepa (onion), Commiphora mukul (gond gugul), Nigella sativa (kalonji) and Zingiber officinale (ginger) in a wide variety of human ailments as preventive.

GARLINA:

- Strengthens the body's defence against allergies.
- Helps loosen plaques from artery walls.
- Helps in regulating blood sugar levels.

Description:

Allium sativum (Garlic): Garlic since time immemorial has been used as a pophyllactic and as an energizer to give strength. Garlic can rightfully be called one of nature's wonders. It can inhibit and kill bacteria, fungi and parasites. It lowers blood pressure, blood cholesterol and blood sugar. It boost the immune system to fight off potential disease and maintain health. It is packed with Vitamins (B and C), protein and nutrients such as Potassium, Calcium & Zinc.

Allium cepa (Onion): The health benefits of onion are much more extensive than one might think. Onion is a powerful antiseptic that is rich in Vitamins B and C. It is a potential source of folic acid, Calcium, Phosphorus, Iron and Chromium, Magnesium, Molybdenum, Potassium, Copper and dietary fiber. Onion may help in lowering cholesterol and triglycerides.

Zingiber officinalis (Ginger): Ginger has a wide variety of effects on the human body and has medicinal properties such as carminative, anti-emetic and anti-nausea.

Nigella sativa (Kalonji): It contains albumin, sugar, organic acid, glucoside and melanthin metarbin. Bitter substances are also found. It also contains 1.5% volatile oil and 37.5% non-volatile oil. It normalizes the secretions of stomach & pancreas and may be effective in diabetes mellitus.

Commiphora mukul (Gond gugul): It helps to regulate serum lipids by lowering the cholesterol, triglycerides, LDL (Low-Density-Lipoprotein) and VLDL (very Low-Density-Lipoprotein) levels. It also maintains the HDL (High-Density-Lipoprotein) and may act as a shield against various heart problems.

Indications:

Hypercholesterolemia, hyperglycemia, hypertension and atherosclerosis.

Dosage:

2 tablets at bed time or as prescribed by the physician.

Presentation:

Bilster pack of 5x10 tablets





Unani Herbal Products

Hamdard Ispaghul Classic

100% Natural

A natural remedy for constipation. Natural bulk forming laxative

Composition:

Plantago ovata 100%

Hamdard Ispaghul is a bulk producing laxative and fibre supplement, mainly used as a dietary fibre, which is not absorbed by the small intestine. The purely mechanical action of Ispaghul (plantago ovata/psyllium) mucilage absorbs excess water while stimulating normal bowel elimination. Although, its main use has been as a laxative, it is more appropriately termed a true dietary fibre and as such can help reduce the symptoms of both constipation and mild diarrhoea.

Hamdard Ispaghul Classic:

- Maintains normal bowel function.
- Brings down LDL cholesterol.
- Great for weight loss.

Hamdard Ispaghul Classic content is natural fibre which are part of healthy regimen Chronic constipation is improved. The laxative properties of (Ispaghul) Plantago ovata /psyllium are attributed to the fibre absorbing water and subsequently softening the stool.

Key advantages of Hamdard Ispaghul Classic:

100% pure, safe and natural. Non-habit forming. Best natural laxative effect without colic pain.

Dosage:

Add 1 to 2 teaspoonsful in water or juice and drink immediately once or twice a day.

Caution:

Taking this product without enough liquid may cause choking.

Presentation:

Jar of 100 gm - Pack of 50 gm - Pack of 25 gm



Unani Herbal Products

Khuban

Boosts energy. Strengthens body. Increases appetite

Composition:

Each 5 mL contains:

Ficus carica (Dry Fruit) decoction	50.00 mg	Citrus spp (Fruit juice)	0.05 mL
Phoenix dactylifera (Dry Fruit) decoction	50.00 mg	Oleum syzygium aromaticum	0.0005 mL
Prunus armeniaca (Dry Fruit) decoction	50.00 mg	Oleum cinnamomum zeylanicum	0.0005 mL
Prunus domestica (Dry Fruit) decoction	50.00 mg	Oleum mentha arvensis	0.00025 mL
Elettaria cardamomum (Fruit) decoction	1.25 mg	Presevatives, sweetening &	
Aqua Rosa damascena (flower)	0.15 mL	Flavouring agents	q.s

A fine and delicious syrup prepared from selected herbs. In human body, energy balance is a relationship between energy-in and energy-out. A severe negative energy balance can lead to decline in metabolism, decrease in bone mass, inability to concentrate and reduction in physical performance. Khuban helps to reduce fatigue and increases physical stamina.

Description:

Ficus carica: The fruit is sweet, antipyretic, tonic, laxative, purgative, and useful in inflammation, weakness, paralysis, thirst, problem of liver & spleen and pain in chest. The milky juice is expectorant and diuretic.

Phoenix dactylifera: Originator of blood, digestive and restorative. Dates contain at least six vitamins including a small amount of Vitamin C, Vitamins B1 (thiamine), B2 (riboflavin), Nicotinic acid (niacin) and Vitamin A.

Prunus armeniaca: Anti-flatulent, laxative and refrigerant.

Prunus domestica: It has adequate amount of Iron, Potassium and fluoride. It also contains protein, carbohydrate, fat, fiber, sugar, vitamin A, B2, C, E, Pantothenic acid, Calcium, Copper, Magnesium, Selenium and Zinc.

Elettaria cardamomum: Stimulant, carminative, exhilarant, anti-flatulent and stomach tonic.

Citrus aurantium (juice): It is used to improve appetite contains vitamin C.

Oleum syzygium aromaticum: It has carminative properties.

Oleum cinnamomum zeylanicum: Cinnamon is an aromatic stimulant, carminative and astringent.

Oleum mentha arvensis: It helps in removing functional gastro-intestinal discomfort associated with bloating, also helps and relieves bile complaints and catarrh of the respiratory tract.

Aqua rosa damascena: It gives a feeling of well-being and happiness.

Indications:

Loss of appetite, mental exhaustion, physical fatigue and general debility.

Dosage:

Adults: 2 teaspoonsful twice a day preferably after meal.

Children: 1/2 to 1 teaspoonful twice a day preferably after meal or as directed by the physician.

Presentation:

PET bottle of 175 mL



Naunehal Herbal Gripe Water

A useful digestive. Anti colic combination for babies

Composition:

Each 10 mL contains:

Sodium bi-carbonate	0.076 gm
Concentrated distillate (Foeniculum vulgare,	0.004 mL
Anethum graveolens, Amomum subulatum, Mentha arvensis)	
Oleum anethol	0.003 mL
D.I. Water--ad--	10 mL
Sweetening agents & preservatives.	q.s

Naunehal Herbal Gripe Water is an effective and trusted Unani Herbal Supplement which helps to keep infants and babies healthy and fit. It aids irregularity of digestive system of your child with relief in constipation, indigestion, flatulence, diarrhea and abdominal cramps. It also helps in relieving teething related disorders.

- Naunehal Herbal Gripe Water is delicious and effective.
- Naunehal Herbal Gripe Water is a safe and trusted formula.
- Helps to relieve hiccups and discomfort due to colic pain.

Description:

Sodium bi-carbonate: It neutralizes acidity, helps and relieves heartburn.

Amomum subulatum: It stimulates appetite as well as increases digestive capability.

Mentha arvensis: It improves appetite and relieves stomach debility and stomachache.

Oleum anethol: It acts as carminative.

Indications:

Gastric discomforts, constipation, diarrhea and colic pain.

Dosage:

Newborn to 6 months - 1 teaspoonful thrice a day.

From 7 months to 3 years - 2 teaspoonsful thrice a day.

Presentation:

PET bottle of 175 mL



Safi Detox HS

Helps to remove toxins from body

Composition:

Each 5 mL contains:

Cassia senna	250 mg	Sphaeranthus indicus	50 mg
Bauhinia variegata	50 mg	Terminalia chebula (black)	50 mg
Cuscuta reflexa	50 mg	Canscora decussata	30 mg
Fumaria indica	50 mg	Nelumbium nuciferum	30 mg
Azadirachta indica	50 mg	Flavouring agents & preservatives	q.s
Rosa damascena	50 mg		

Safi Detox HS helps to remove toxins from blood. It is beneficial for long lasting relief in acne, pimples & other skin disorders. Acne is a very common skin problem, majority of individuals suffer from acne problem which starts at the age of puberty but may continue for years. Acne generally appears at face but it may spread to chest, neck, back and arms caused by impurities in the blood.

Description:

Cassia senna: This herb contains chemicals called sennosides, which create a laxative effect by irritating the bowel lining. The resulting intestinal contractions help move waste material through the digestive system, which makes this herb an effective treatment for constipation.

Bauhinia variegata: The herb is known for its anti-inflammatory and anti-microbial properties. It also acts as liver tonic.

Cuscuta reflexa: It is regarded as blood purifier, resolves inflammations and acts as deobstruent.

Fumaria indica: It is known as blood purifier and stomach tonic.

Azadirachta indica: It is used largely as blood purifier, antiseptic and good cleanser against skin disorders.

Rosa damascena: It is employed as refrigerant, tonifying for the vital organs, stomach and intestines.

Sphaeranthus indicus: This herb is helpful in treating various skin conditions like psoriasis.

Terminalia chebula (black): It is an effective astringent and acts as anti-diarrhoeal.

Canscora decussata: It is reputed as a nervine tonic, alternative and laxative.

Nelumbium nuciferum: It is known as antibilious and sedative for increased blood heat.

Safi Detox HS:

- Does not contain harmful chemical substances.
- Natural herbs have proved to be an effective method of healing different types of skin disorders.
- Aids in cleaning blood, removing toxins and accumulated morbid substances from blood through intestines, kidneys and skin.
- Also helps in relieving constipation.

Indications:

Acne, boils, pimples, skin eruption and constipation.

Dosage:

Adults: 2 teaspoonsful in evening with plain water or milk.

Children: Doses vary according to age (1/3 to 1/2 teaspoon.)

Presentation:

PET bottle of 175 mL



Unani Herbal Products

Sharbat Faulad

Helps in generating red blood cells (RBCs) and restoring vitality

Composition:
Each 5 mL contains:

Ferrous sulphate	85.71 mg
Punica granatum (extract)	0.25 mL
Sweetening agents & preservatives	q.s

Iron is an essential constituent of the red blood corpuscles, where it is present in the form of hemoglobin. It is also present in muscles, myoglobin and in certain respiratory pigments which are essential to the life and body tissues. Daily Iron requirement of an adult is 15 to 20 mg. The requirement becomes high during pregnancy. The main use of Iron is in the treatment of Iron deficiency anemia. Anemia is a condition characterized by inadequate red blood cells or hemoglobin. Anemia is much more common among females than in males. Around 10% of girls have anemia at the age of 15, whilst in adult life the incidence is over 30% between ages of 30 and 40, around 20% at the age of 50 and around 30% at the age of 70, years. Among males, the incidence is under 5% until the age of 50 years, and it then rises up to 20% at the age of 70 years.

Description:

Ferrous sulphate: It is easily absorbable and lesser gastric irritant due to its natural affinity. Ferrous iron (ferrous sulphate) is much better absorbed than ferric iron (e.g. ferric citrate).

Punica granatum (concentrate): It is a rich source of vitamins and is particularly high in Vitamin A, C, E and folic acid. The major health benefit of pomegranate is that it helps to prevent and control anemic conditions like weakness, dizziness and fatigue, as it provides support to the blood by supplying it with iron. The best benefit of pomegranate is its anti-bacterial and anti-viral properties.

Indications:

Nutritional iron deficiency anemia, pregnancy, lactation, inflammatory disease and menorrhagia.

Dosage:

Adults: 2 teaspoonsful with breakfast and after dinner.

Children: 1/2 teaspoon with breakfast and after dinner or as directed by the physician.

Presentation:
PET bottle of 175 mL



Unani Herbal Products

Hamdard Instant Joshanda

Eases cold and cough with mucolytic effects

Composition:
Each 4.5 gm sachet contains:

Glycyrrhiza glabra	163.466 mg	Menthol	5.859 mg
Cordia latifolia	163.466 mg	Eucalyptus oil	1.830 µL
Malva sylvestris	86.334 mg	Anise oil	1.830 µL
Althaea officinalis	65.404 mg	Pine oil	1.480 µL
Viola odorata (Flower)	54.939 mg	Cinnamon oil	0.915 µL
Onosma bracteatum (Leaves)	43.116 mg	Excipients	
Zizyphus jujuba (Fruit)	32.651 mg		

Hamdard Instant Joshanda is a herbal tea for relieving cough, cold and congestion. Hamdard Instant Joshanda helps in controlling running nose, sore throat, headache, bodyache and fever. Hamdard Instant Joshanda contains the extracts of several renowned herbal ingredients.

Description:

Glycyrrhiza glabra (Liquorice): It has been used in cough preparations due to mild anti-inflammatory properties. It is useful in cough, hoarseness of voice, sore throat and is useful in chest pain associated with cough.

Cordia latifolia (Sebestan plum): Generally prescribed in bronchitis and dry cough. It showed a significant activity only against H.influenzae. It is largely used in bronchitis. Being an expectorant, makes the respiratory system smooth.

Malva sylvestris (Common Mallow): It is given in pulmonary complaints such as dry cough, bronchitis and hoarseness of voice.

Althaea officinalis (Marshmallow): It is recommended as an expectorant for cough and relieves pharynx and chest congestion.

Viola odorata (flower) (Violet herb): The overall activity of plant includes its action as antipyretic, diaphoretic and febrifuge.

Onosma bracteatum (leaves) (Borage): It is generally prescribed in the cases of bronchitis, relieves excessive thirst and restlessness in febrile excitement that is observed during fever.

Zizyphus jujuba: It relieves respiratory catarrh, nasal catarrh and flu, cough and hoarseness of throat.

Menthol (Sat-e-podina): Helpful in relieving symptoms of bronchitis and sinusitis.

Indications:

Common cold, cough, nasal congestions, influenza, catarrh and seasonal changes.

Dosage:

1 sachet dissolved in a cup of hot water or can be mixed with coffee.

Presentation:
Pack of 30x4.5 gm sachet - Pack of 5x4.5 gm sachet



Somina

A nutritive remedy for brain and nervous system

Composition:

Each 10 gm dose contains:

Sesamum indicum	1.46 gm
Prunus amygdalus	1.29 gm
Lagenaria vulgaris	1.00 gm
Lactuca sativa	0.83 gm

A nutritive remedy for brain and tensed nervous system. Mental disorders commonly occur throughout the world and anxiety has been pointed out as a common mental health problem. Depression is the most common mental illness that can disturb the sound sleep. It is a natural medicine to induce refreshing and sound sleep.

Description:

Sesamum indicum (Sesame seeds): It is nourishing, aphrodisiac & resolvent of inflammation. Sesamum is among the seeds rich in quality vitamins, and minerals. It is very good source of B-complex vitamins such as niacin (B3), folic acid, thiamin (B1), pyridoxine (B6) and riboflavin (B2) folic acid. The seeds are incredibly rich sources of many essential minerals. Calcium, Iron, Manganese, Zinc, Magnesium, selenium and copper are especially concentrated in sesamum seeds. Many of these minerals have a vital role in bone mineralization, red blood cell production, enzyme synthesis, hormones production as well as regulation of cardiac and skeletal muscles activities.

Prunus amygdalus (Almond): It is nutritive for brain and is a nervine tonic. Almonds are a source of Vitamin E, Calcium, Iron, Phosphorus, Zinc, Magnesium, and high quality protein. Almonds also contain high levels of healthy unsaturated fatty acids in addition to a lot of bioactive molecules (such as fiber, phytosterols, vitamins, minerals, and antioxidants) which may help to prevent cardiovascular (heart) diseases.

Lagenaria vulgaris (Kadu): It is a good source of thiamine (B1), niacin (B-3), pantothenic acid (B-5), pyridoxine (B-6) and minerals such as Calcium, Iron, Zinc, Potassium, Manganese and Magnesium.

Lactuca sativa (Lettuce seeds): It helps to reduce bilious heat, quench thirst and induce sleep. Seeds extract is useful against nervousness, palpitation, insanity and melancholy. It is also effective in insomnia.

Indications:

Depression, insomnia, restlessness and anxiety.

Dosage:

As a brain tonic, 2 teaspoonsful in morning and 2 teaspoonsful at night.

For insomnia: Adult: 2 teaspoonsful with water or milk at night for sound sleep.

For anxiety state: Adult: 2 teaspoonsful in morning and 2 teaspoonsful in afternoon or as directed by the physician.

Presentation:

Jar of 120 gm



Sualin with Toot Siyah Efficacy

Eases cold and cough with mucolytic effects

Composition:

Each tablet contains:

Concentrate of Morus nigra	78.37 mg	Eucalyptus oil	1.11 µL
Concentrate of Glycyrrhiza glabra	3.85 mg	Pine oil	0.88 µL
Menthol	3.55 mg	Cinnamon oil	0.55 µL
Concentrate of Adhatoda vasaka	2.57 mg	Excipients	
Concentrate of Ocimum basilicum	2.57 mg		
Anise oil	1.11 µL		

Sualin provides natural relief from sore throat, tonsillitis, hoarseness of voice and cough.

Description:

Extract Morus nigra (Mulberry): Mulberry is esteemed for its valuable effects in sore throat, resolving pharynx and larynx inflammations, tonsillitis, sores in tongue and throat, and relevant respiratory disorders.

Dry Extract Liquorice (Glycyrrhiza): It is reputed for hoarseness of voice, irritation of the larynx and largely employed for relieving sore throat. It has mild anti-inflammatory and mineralocorticoid activity too.

Dry Extract Adhatoda vasica (Vasaka): It is chiefly used as expectorant and bronchial antiseptic, efficacious in cough.

Dry Extract Ocimum basilicum (Basil): It is useful in catarrh, bronchitis and also has the properties of anti-inflammatory.

Menthol (Mint/Podina): Menthol is chiefly used to relieve symptoms of bronchitis, sinusitis and similar conditions.

Anise oil (Roghan-e-anisun): Anise oil is used mainly as expectorant.

Eucalyptus oil (Roghan-e eucalypti): Eucalyptus oil has been taken by mouth for catarrh (Catarrh is inflammation of mucous membrane particularly of the head and throat).

Pine oil (Roghan-e-pine): It helps in relieving cough and nasal congestion.

Cinnamon oil (Cinnamon): It exerts stimulating effects on respiratory organs and thus brings expectoration.

Indications:

Common cold, sore or achy throat, blocked nasal passages, bronchitis, influenza and smokers' cough.

Dosage:

1 - 2 tablets (to be absorbed in mouth) 4 times a day. Do not take more than 8 tablets a day.

Presentation:

Pack of 25 strips x 8 tables



Unani Herbal Products

Tunsukh

Improves health | Improves digestion | Relieves mental fatigue

Composition:

Each 5 mL contains:

Aloe barbadensis (Pulp)	480.00 mg	Asparagus racemosus (Root) (distillate)	4.218 mg
Cinnamomum zeylanicum (Bark) (distillate)	6.825 mg	Coriandrum sativum (Fruit) (distillate)	4.218 mg
Elettaria cardamomum (Fruit) (distillate)	4.968 mg	Rosa damascena (Flower) (Distillate)	4.218 mg
Bombyx mori (Silk cocoon) (distillate)	4.718 mg	Onosma bracteatum (Flower) (Distillate)	4.218 mg
Cymbopogon jwarancusa (Herb) (distillate)	4.218 mg	Cinnamomum cassia (Bark) (Distillate)	4.218 mg
Parmelia perlata (Moss) (distillate)	4.218 mg	Cyperus rotundus (Root) (Distillate)	4.218 mg
Amomum subulatum (Fruit) (distillate)	4.218 mg	Pyrethrum indicum (Root) (Distillate)	4.218 mg
Pimpinella anisum (Fruit) (distillate)	4.218 mg	Syzygium aromaticum (Flower bud) (Distillate)	2.355 mg
Ocimum basilicum (Leaves) (distillate)	4.218 mg	Onosma bracteatum (Leaves) (Distillate)	2.109 mg
Santalum album (Wood powder) (distillate)	4.218 mg	Nepeta hindostana (Herb) (Distillate)	2.109 mg
Valeriana officinalis (Root) (distillate)	4.218 mg	Crocus sativus (Stigma) (Distillate)	0.400 mg
Bambusa arundinacea (Exudate) (distillate)	4.218 mg	Ambra grasea compound	0.200 mg
Salvia haematodes (Root) (distillate)	4.218 mg	Punica granatum (Fruit juice)	30.000 µL
Pistacia vera (Peel) (distillate)	4.218 mg	Pyrus malus (Fruit juice)	30.000 µL
Citrus medica (Peel) (distillate)	4.218 mg	Sweetening agents & preservatives	
Doronicum hookeri (Root) (distillate)	4.218 mg		
Zingiber zerumbet (Root) (distillate)	4.218 mg		
Cinnamomum tamala (Leaves) (distillate)	4.218 mg		

A herbal preparation that helps and restores functional balance of the body by providing essential nutrients. Tunsukh helps to bring balance to your body and is helpful in cases of general weakness, loss of appetite, mental and physical fatigue.

Description:

Aloe vera (pulp): It has many health benefits that cannot only boost immunity but may also slow down the aging process and helps to keep your digestive system running smoothly.

Punica granatum: It is a rich source of vitamins and helps to prevent anemic conditions.

Pyrus malus: It is antioxidant, decreases lipid oxidation, lower LDL and cholesterol.

Elettaria cardamomum: Cardamom has carminative properties.

Bombyx mori: It is used as restorative tonic and as an exhilarant and cardiac tonic.

Cymbopogon jwarancusa: It is carminative means that it soothes gut and aids digestion.

Amomum subulatum: Greater cardamom is rich in many vital vitamins and is a good source of minerals like Potassium, Calcium, Magnesium, Copper, Iron and Manganese.

Pimpinella anisum: Anise has been a popular remedy as carminative.

Ocimum basilicum: It act as nerve tonic and helps to sharpen memory.

Indications: General weakness, loss of appetite, malnutrition, mental and physical fatigue, disorders of gastro-intestinal tract and weak immune system.

Presentation:

PET bottle of 175 mL

Santalum album: It helps and checks the gastric irritability.

Valeriana officinalis: Valeriana officinalis is well known for its sedative qualities (non-addictive).

Pistacia vera: Pistachios are source of Copper, Manganese, Potassium, Calcium, Iron, Magnesium, Zinc, Selenium and Vitamin B6. Also a good source of a variety of other B vitamins.

Citrus medica: Citrus limonum is useful in digestive problems including feeling of abdominal over-fullness, bloating, loss of appetite, nausea, belching, flatulence, constipation and vomiting.

Zingiber zerumbet: It improves digestion & liver conditions.

Asparagus racemosus: It is antioxidant, immune-stimulant & anti-dyspepsia.

Onosma bracteatum (flower): It strengthens the body and nervous system.

Cinnamomum tamala: It is helpful as an exhilarant and is used in cardiac ailments.

Crocus sativus: Crocus sativus is a tonic for major organs of the body.

Dosage:

Adults: 2 teaspoonsful twice a day preferably after meal.

Children: 1 teaspoonful twice a day preferably after meal or

as directed by the physician.



Traditional Unani Medicines

Barrisal

Protects vital organs | Cleanses body impurities | Boosts immune system

Composition:

Each 5 mL contains:

Aloe barbadensis (fresh natural gel)	0.600 gm
Preservatives, sweetening & flavouring agents	q.s

Barrisal is an excellent herbal preparation that contains Aloe barbadensis (pulp). Aloe barbadensis since time immemorial has been used to aid in smooth functioning of gastro-intestinal tract, mainly because of its properties of soothing, cleansing and helping the body to maintain healthy tissues. Barrisal helps & improves the function of liver and alleviate symptoms. Barrisal is useful for immune system. It helps as anti-inflammatory, analgesic and can speed up cell growth. It also helps in repairing arthritic damaged tissues.

Description:

Aloe barbadensis (Fresh natural gel): It is constructed with basic building blocks of life, including essential vitamins and minerals, proteins, polysaccharides, enzymes, and amino acids. The bulk of Aloe Vera leaf is filled with gel, which contains approximately 99% water. The other 1% contains over 75 known nutrients including 20 minerals, 12 vitamins, 18 amino acids.

Aloe Vera (Fresh natural gel) contains natural proteins, Calcium, Magnesium, Zinc, Vitamin A, B12 and E, essential fatty acids and is also rich in Vitamin C, which helps to maintain tone of blood vessels and promotes good circulation and is essential to the health of adrenal gland which supports our body in times of stress.

Aloe Vera is an important herb for immune system & helps to fight illness of all kind and has shown to have anti-inflammatory, anti-bacterial and anti-viral activities. Aloe Vera gel is famous for improving the health of digestive system, aiding blood and lymphatic circulation, as well as improving kidney, liver and gall bladder function, could encourage the release of pepsin, a gastric juice enzyme, which is necessary for digestion. It also helps in cleaning morbid matter from the stomach, liver, kidneys, spleen and bladder.

Indications:

Constipation, indigestion, irritable syndrome, weakness and inflammatory conditions of liver.

Dosage:

Adults: 2 teaspoonsful twice a day preferably after meal.

Children: 1 teaspoonful twice a day preferably after meal or as directed by the physician.

Presentation:

PET bottle of 175 mL



Traditional Unani Medicines

Rahat-e-Shikam

Provides prompt relief in indigestion, heartburn and abdominal discomforts

Composition:
Each 5 mL contains:

Coriandrum sativum	150.00 mg
Curcuma caesia	150.00 mg
Foeniculum vulgare	150.00 mg
Glycyrrhiza glabra	150.00 mg
Carum carvi	75.00 mg
Menthol	3.75 mg
Excipients	q.s

Modern lifestyle has compelled the human to struggle untiringly and in the fast manner for fulfilling the unlimited desires which is leading to many health problems. Consumption of fast food, untimely meals, use of junk food and work stress produce the problems of flatulence, acidity, indigestion and loss of appetite which are the indications of this imbalanced condition.

Hamdard Rahat-e-Shikam is a well-balanced formulation which provides soothing and cooling effects on irritated gastric mucosa, effectively controls acidity, gives prompt relief from dyspepsia, indigestion and other G.I.Tract associated symptoms.

Description:

Coriandrum sativum: It acts as tonic for stomach and anti-flatulent

Curcuma caesia: It is anti-emetic, anti-flatulent, tonic for stomach and also helps in proper digestion.

Foeniculum vulgare: It is indicated as safe herbal drugs in indigestion, flatulence, colic pain, abdominal pain and stomach debility.

Glycyrrhiza glabra: It has soothing, laxative and anti-inflammatory properties.

Carum carvi: It acts as carminative, anti-flatulent and a tonic for stomach and liver.

Menthol: It has carminative, antispasmodic and anti-flatulent properties.

Indications:

Indigestion, hyperacidity, heartburn, flatulence, abdominal bloating, nausea and vomiting.

Dosage:

Adults: 2 teaspoonsful three times a day.

Children: 1 teaspoonful three times a day or as directed by the physician.

Presentation:
PET bottle of 120 mL



Traditional Unani Medicines

Isshaleen

Anti-Diarrhoeal

Composition:
Each 5 mL contains decoctions of:

Mentha arvensis	100 mg
Myrtus communis	100 mg
Phyllanthus emblica	100 mg
Punica granatum (sweet)	100 mg
Punica granatum (sour)	100 mg
Althaea officinalis	50 mg
Curcuma caesia	50 mg
Zingiber officinalis	50 mg

Mineral bezoar
Excipients

Condition of diarrhea may effect any age group but infants and children are especially prone to suffer easily from this condition because of Rotavirus infection. The patient passes loose stools accompanied with severe occasional griping. Frequent loose motions result in dehydration and loss of electrolytes. Because of weakness, eyes feel sunken in the sockets. This condition may prove fatal if not treated timely. Repetition of this disorder may affect the mental and physical growth in infants and children. Isshaleen is an effective palatable natural ingredients based syrup, especially formulated to provide relief from non-specific and specific diarrhea associated with enteric infections.

Description:

Mentha arvensis: It helps and relieves stomachache and also acts as anti-flatulent.

Myrtus communis: It acts as antidiarrhoeal and antidysenteric.

Phyllanthus emblica: It is astringent, useful in diarrhoea, also acts as exhilarant.

Althaea officinalis: It helps and acts as antidiarrhoeal and antidysenteric.

Curcuma caesia: It helps in strengthening the stomach and liver, also acts as carminative and anti-flatulent.

Zingiber officinalis: It is digestive, carminative and anti-flatulent. It is a useful stimulant for gastro-intestinal tract especially of stomach.

Punica granatum: It possess antiemetic, antimicrobial and energizing effects.

Indications: Diarrhea (of non-specific or specific origin).

Dosage:

0 to 6 months: ½ teaspoon four times a day.

6 months to 1 year: 1 teaspoonful four times a day.

1 to 3 years: 2 teaspoonsful four times a day.

4 to 10 years: 3 teaspoonsful four times a day.

Adults: 4 teaspoonsful four times a day or as directed by the physician.

Presentation:
PET bottle of 120 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Banafshah

Antipyretic, expectorant and anti-inflammatory

Composition:

Each 5 mL contains the decoctions of:

Viola odorata	200 mg
Sweetening agents and preservatives	q.s

Syrup Banafshah (Viola odorata) is used to expel out the excessive phlegmatic condition, counteracting fever, catarrh, flue and congestion in sinuses.

Description:

Viola odorata: It acts as emollient and demulcent. The overall activity of plant includes its action as antipyretic, diaphoretic and febrifuge. Viola odorata contains phenolic glycosides, flavonoids, saponins, alkaloids, mucilage, and tannins among other natural chemical substances.

The flavonoids act as diuretics to help individuals who suffer from elevated blood pressure.

The salicylic acid in violets acts as painkiller and as an anti-inflammatory compound similar to the active ingredient in aspirin which helps people reduce arthritis discomforts or other discomforts felt in joints.

The mucilage and saponins are soothing expectorants that help relieve coughs and other bronchial ailments.

Indications:

Inflammation, roughness of throat, pain in head and body, and congestion of sinuses.

Dosage:

3 tablespoonsful with 4 tablespoonsful of Ma Gaozaban in morning.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Bazoori Mo'tadil

Diuretic, cathartic for urinary and hepatic waste

Composition:

Each 5 mL contains the decoctions of:

Cichorium intybus (roots)	0.06 gm
Cichorium intybus (seeds)	0.06 gm
Cucumis melo	0.06 gm
Cucumis sativa	0.06 gm
Foeniculum vulgare (roots)	0.06 gm
Foeniculum vulgare (seeds)	0.06 gm
Tribulus terrestris	0.06 gm
Sweetening agents & preservatives	q.s.

It is good for liver, bladder and kidney, also acts as diuretic. Syrup Bazoori Mo'Tadil helps and evacuates the excreta of liver, kidneys and bladder through micturition.

Description:

Foeniculum vulgare (seeds): These are helpful in increasing urine flow and flushing the kidneys.

Foeniculum vulgare (roots): Fennel is diuretic, which means that it increases the amount and frequency of urination, thereby helping the removal of toxic substances from the body.

Cichorium intybus (roots): Cichorium intybus root has a mild effect, increases bile from the gall bladder, and decreases swelling. Cichorium intybus root is a rich source of beta-carotene.

Cucumis melo: The alkalizing effect of Cucumis melo (melons) in the urine helps stop the growth of Coliform bacilli which causes urinary infections and can eliminate the risk of urinary infections. It provides the blood with vitamins and mineral salts, and as well facilitate the filtering ability of the kidneys.

Cucumis sativa: It encourages the elimination of waste products from the body through urination. It helps to dissolve the stones of urinary bladder and kidneys.

Cichorium intybus(seeds): It helps in increasing the secretion of bile from the liver and gall bladder promoting urination and excretion of harmful substances, and is also effective remedy for Gallstone and Liver stone. Chicory is also used as natural sedative for nervous system.

Indications:

Painful urination, oliguria, nephrotic inflammation, gallstones and hepatic insufficiency.

Dosage:

4 tablespoonsful to be taken with water.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Bazoori Barid

Herbal diuretic remedy for excessive bilious complaints of liver, kidney and bladder

Composition:

Each 5 mL contains the decoctions of:

Cucumis sativa	150 mg
Cichorium intybus (roots)	100 mg
Cucumis melo	75 mg
Citrullus vulgaris	43 mg
Sweetening agents & preservatives	q.s

Syrup Bazoori Barid is helpful to relieve diseases of kidney, liver and also acts as diuretic. It is beneficial in urethritis.

Description:

Cucumis sativa: Cucumis sativa contains 96% water which helps in keeping the body hydrated and regulating body temperature. It also helps in flushing out the toxins from the body. Regular intake of Cucumis sativa (cucumber) helps to dissolve the stones in the bladder or kidney.

Cichorium intybus: It is known to increase the secretion and the discharge of urine. It helps in proper functioning of the liver as well as the gallbladder. It is beneficial in relieving sluggishness of the liver, biliary stasis, jaundice, enlargement of spleen and insufficiency of liver activity.

Cucumis melo: Nutritionally, Cucumis melo is a high fiber fruit, with an abundance of Vitamins A, C, and Potassium. It is a good source of Potassium which helps maintain proper electrolyte balance in extracellular fluid, and in doing so reduces water retention.

Citrullus vulgaris: It helps to increase the flow of urine. With the smooth flow of urine it will have good impact on the health of the kidneys. It is effective in the treatment of dropsy and renal stones. It is a helpful remedy for urinary diseases, removing kidney stones, and kidney and bladder cleansing.

Indications:

Liver insufficiency, nephrotic problems, dysuria and urine retention.

Dosage:

1 tablespoonful with Ma Gaozaban 4 tablespoonsful in the morning.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Kasni

Helps to improve liver functions and acts as diuretic

Composition:

Each 5 mL contains the decoctions of:

Chenopodium album	120 mg
Cichorium intybus	120 mg
Solanum nigrum	120 mg
Sweetening agents & preservatives	q.s

It is an effective anti-inflammatory preparation for visceral organs. It helps to improve liver functions and acts as diuretic.

Description:

Chenopodium album: Seeds are considered effective against jaundice, dropsy, dysuria and enlarged spleen. It reduces swellings, both internal and external and also gives relief in arthritis. It helps and relieves gastric complaint, constipation, improves appetite and digestion, reduces acidity and bloating.

Cichorium intybus: It is beneficial in relieving sluggishness of liver, biliary stasis, jaundice and enlargement of spleen. It is useful in increasing bile secretion which results in efficient functioning of liver as well as gall bladder. It is also helpful and extremely beneficial for relieving the problem of obstructed or delayed menstruation.

Solanum nigrum: It is used as a blood purifier. It is helpful in enlargement of organs like liver and spleen and it protects liver and fights against jaundice.

Indications:

Liver dysfunction, sluggish digestion, cirrhosis and general debility.

Dosage:

2 tablespoonsful to 4 tablespoonsful twice a day (morning and evening) either with water or with Ma Mako 8 tablespoonsful.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Dinar

Useful in constipation, dropsy and flu. It is also effective in ascites

Composition:

Each 5 mL contains the decoctions of:

Rheum emodi	0.15 mg
Cichorium intybus (roots)	0.10 mg
Cichorium intybus(seeds)	0.10 mg
Cuscuta reflexa	0.10 mg
Rosa damascena	0.10 mg
Nelumbium nuciferum	0.05 mg
Onosma bracteatum	0.05 mg
Sweetening agents & preservatives	q.s.

Syrup Dinar helps to relieve constipation, hepatic disorders and ascites.

Description:

Rheum emodi: The herb is capable of relieving constipation.

Cichorium intybus(seeds): It helps in increasing the secretion of bile from liver and gallbladder promoting urination and excretion of harmful substances, and is also effective remedy for gallstone and liver stone. Chicory is also used as natural sedative for nervous system.

Cichorium intybus (roots): Cichorium intybus root has a mild effect. It increases bile from the gallbladder and decreases swelling.

Cuscuta reflexa: This acts as alterative, anthelmintic and carminative. They are used in the treatment of bilious disorders. It is also used to treat urinary tract and hepatic disorders.

Rosa damascena: It can serve as a harmless and effective laxative with a beautiful smell causing no adverse side effects. It also influences the intestinal and anal muscles to help clear bowels. This helps in losing weight and preventing excess toxicity in the body.

Onosma bracteatum: The plant is considered to be useful in relieving excessive thirst and restlessness in febrile excitement and is also useful in relieving functional palpitation of the heart, irritation of the bladder and stomach and strangury.

Nelumbium nuciferum: It is helpful in controlling the burning sensation due to its cold potency. It improves mental condition and regularizes the peristaltic movements. It treats urine related problems and maintains the body's normal temperature.

Indications:

Colic, constipation, dropsy, dysuria, hepatitis, hepatomegaly and pleurisy.

Dosage:

4 tablespoonsful should be taken with Ma Gaozaban 10 tablespoonsful.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Nilofar

Effective in biliousness and burning sensation of body. Strengthens heart

Composition:

Each 5 mL contains the decoctions of:

Nelumbium nuciferum	300 mg
Sweetening agents & preservatives	q.s

Syrup Nilofar has astringent, diuretic, emollient, anti-pyretic and anti-bacterial properties. It has been used to treat excessive sweating, fever, bleeding disorders, nose bleed and blood in urine.

Description:

Nelumbium nuciferum: It checks biliousness during fever and quenches thirst. It relieves abnormal body heat even when there is no fever. It helps to impart the soothing effect on body and refreshing effect. It reduces bile in bilious fever and also reduces excessive heat in high fever. It is also useful in sun stroke.

Indications:

Biliousness, excessive thirst, fever, sun stroke and dryness in respiratory tract.

Dosage:

2 tablespoonsful with water or Ma Gaozaban 10 tablespoonsful.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Ma Chahar

Provides herbal relief in stomach disorders and acts as exhilarant too

Composition:

Each 5 mL contains the decoctions of:

Mentha arvensis	225 mg
Foeniculum vulgare	150 mg
Amomum subulatum	75 mg
Elettaria cardamomum	75 mg
Rose damascena (Aqua)	625 µl
Excipients	q.s.

Ma Chahar provides herbal relief from stomachic, also acts as carminative, antiemetic and exhilarant.

Description:

Mentha arvensis: It is useful in combating stomach ailment, soothes the digestive tract and reduces stomach spasm. It also alleviates discomfort associated with irritable bowel syndrome.

Elettaria cardamomum: It has long been used as an effective herbal remedy for digestive problems including intestinal spasms, irritable bowel syndrome (IBS), constipation, liver and gallbladder complaints. It is also effective in indigestion, nausea and vomiting.

Amomum subulatum: It is a good source of minerals like Potassium, Calcium, and Magnesium. Potassium is an important component of cell and body fluids that helps control heart rate and blood pressure, also rich in many vital vitamins including B2, B3 (niacin) and Vitamin C. It is helpful as antiseptic.

Foeniculum vulgare: It is a tested remedy for gastric complaint, acidity in stomach, cramps, colic and spasms. It is also known as store house for many vitamins such as vitamin A, vitamin E, vitamin C as well as many B-complex vitamins like Vitamin B1, B2, B3 (niacin) and B6, particularly are concentrated in these seeds.

Rose damascena: It contains various vitamins like A, C, E and B. It is especially great for depression and acts as an exhilarant.

Indications:

Stomachic, indigestion, nausea and vomiting.

Dosage:

1/2 cup (125 mL) three times a day.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Ma Gaozaban

Decreases the effects of excessive heat and relieves palpitation

Composition:

Each 5 mL contains the decoctions of:

Onosma bracteatum (leaves) 520.5 mg

Ma Gaozaban helps to potentiate vital organs therapeutically recognized for strengthening the functions of heart and nerves.

Description:

Onosma bracteatum: It is useful in relieving excessive thirst and restlessness in febrile excitement, and also useful in invigorating the heart and relieving functional palpitation of the heart, irritation of the bladder and stomach. It is also recommended in diseases of the brain.

Indications:

Cerebral and general weakness.

Dosage:

1/2 cup (125 mL) of Ma Gaozaban to be taken.

Presentation:

PET bottle of 800 mL



Traditional Syrups and Arqiyat

Hamdard Syrup Ma Mako

Anti-inflammatory, diuretic and hepato-protective

Composition:

Each 5 mL contains the decoctions of:

Solanum nigrum 625 mg

Ma Mako helps to relieve the swelling of visceral organs e.g. stomach, intestines, spleen and uterus. It alleviates the condition of polydipsia.

Description:

Solanum nigrum (Mako): It is used as both food and medicine. It is considered to be anti-inflammatory, diuretic and hepato-protective. It is used in dropsy, liver and spleen enlargement and other related conditions. It is also used and considered as a dietary supplement to help improve circulation and heart health.

Indications:

Biliousness, gastritis, inflammation of spleen, liver, bowel and uterus.

Dosage:

1/2 cup (125 mL) of Ma Mako to be used twice a day.

Presentation:
PET bottle of 800 mL



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