De Diet

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TEA VALLEY™

TRULY ORIGINAL

100% ORIGINAL ASSAM TEA

AROMATIC LONG LEAVES

Food Grade Airtight Tin

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THE TEA CONNOISSEUR'S GUIDE TO A GREAT CUP

Calling tea a beverage is like referring to wine as grape juice. The true essence of a good tea comes from an almost artistic amalgamation of science and finely nuanced traditions that have been perfected over 5000 years. Its rich historical heritage is reason enough for tea to be always savoured and never drunk. The soul of every variant of tea lies in the region. Nature uses its ways to endow each tea a specific flavor, texture, fragrance, body and brightness. So, it becomes imperative for the tea connoisseur to ensure that he/she is able to embody the true magic of tea in every cup he/she makes and serves. Here's an essential guide that will help every connoisseur achieve that.

Choosing a Good Tea

Selecting the right tea needs care. Tea curated in the traditional way and packed at the source will always retain its sophistication and subtle notes that have been added by natural soil and climatic factors. Its freshness will also be preserved as it is packed at the source.

Storing Tea the right way

Tea is no different than wine when it comes to storing it and requires as much care if not more. Being hygroscopic, Tea tends to absorb moisture and odours or fragrances. So store your Tea in an airtight container and away from moisture, heat, light and odours. Store it in a cool and dry place that is never warmer than 30 degree centigrade. A well stored tea will never lose its freshness or natural antioxidants.

Care and craftsmanship

Apart from the sheer joy that its taste and flavours bring in every sip, Tea also offers numerous health benefits. After all, it is a magical herb that contains a complex amalgamation of natural elements. But to receive the functional and sensory goodness, one needs great craftsmanship, not just while manufacturing it but also while preparing each cup. Good water, well-timed and careful brewing and care even in the way it is served will always ensure you get nothing but pleasure and natural goodness.

Water

When it comes to a good cup of tea, good water is as important as tea. After all, a cup has 98% water. Hard water which contains magnesium or calcium or other minerals can deteriorate the flavor of Tea and hamper its essence. Tea has delicate balance that comes from a combination of strength, body, texture, brightness and fragrance, so one has to be very careful that the elements in the water one uses do not disturb this balance. Even chlorinated or desalinated sea water can affect your tea experience. The best water to use for tea is bottled spring water, however, if the water in your area is hard or mineral rich you can always use a activated carbon filter to clean it. This cleaned water can significantly improve your experience of the brew.

Boiling

Always use a kettle or a samovar to minimize re-boiling as it will deplete all the goodness of your tea. Ensure you have fresh water and well-cleaned kettle before your start boiling the tea.

Brewing

Brewing is the process that extracts the natural goodness of tea – fragrance, texture, antioxidants, flavor – from the tea leaves. There are several ways of brewing the tea but using the right amount of tea for the volume you wish to brew is as pivotal as the method you use for brewing. One of the most efficient and convenient ways is to use 2.5 g of tea per 220 ml of water. Place 2.5 g of tea in a clean and pre-heated teapot. Pre-heat the cup and the teapot by swirling around some hot water in them and pouring it out before brewing. Pour freshly boiled water on to the tea leaves.

Water Temperature

The temperature of the water used will vary depending on the tea that you use. For e.g. Green tea due to its softer and gentler personality should be brewed in water at 75 degrees whereas Black tea should be brewed with water at a temperature between 90-95 degrees and Oolong in a water that is around 85 degrees.

Stir

Tea leaves tend to collect at the bottom once the freshly boiled water is poured into the teapot thus, reducing the contact with water. Stirring helps in agitating the tea and making the extraction process more efficient and proper.

Milk

Tea is natural and sophisticated in its character therefore best enjoyed in its pure form with nothing added. But many tea drinker enjoy their tea with milk. The task of a true tea connoisseur is to find the perfect balance in the tea he/she drinks or serves. So if his/her guests prefer tea with milk, he/she should ensure the cup prepared is delicate mix of both tea and milk with both the elements beautifully adding to each other's goodness without dominating the balance.

Serve

Once the brewing process is complete. The tea should be poured into warm tea cups, any tea left in the teapot should be decanted to avoid over brewing. The best temperature at which hot tea should be had is 65 degrees centigrade. However, the best temperature to sip tea is always determined by the temperature at which you enjoy it the best and this can vary for every tea lover.

Here's a short note on the steps involved for a great cup –

- Preferably use spring water, boiled once.
- 2.5 g tea or 1 tea bag per 200-220 ml of water.
- Brew 3 minutes for black tea, 5 minute if you want it stronger or are going to mix it with milk.
- Brew 2 minutes for Green or Oolong tea.
- Stir to start brewing and follow every minute afterwards.
- Keep brewing tea covered.
- Serve in heat resistant glass or china but never use metal mugs or cups.

Tea Valley Black Tea

When it comes to the health benefits of drinking specialty teas, few can match the incredible array of advantages of drinking black tea. Tea Valley through its truly original blend of Black Tea leaves offers you a naturally procured, calming tea that helps you unwind at the end of a long day by reducing stress and enhancing blood flow to the brain and other vital organs.

Tea Valley

Tea Valley Original is a selection and blend of 100% original Assam tea enriched with aromatic orthodox long leaf and the finest crème de la crème of CTC teas grown in the valley. You get the best flavour along with the maltiness / thickness of “Good” Assam CTC.

100% ORIGINAL
ASSAM TEA WITH AROMATIC LONG LEAF

Tea Valley Royal

Tea Valley Royal combines the best of the teas grown in the foothills of the Himalayas in the Dooars along with premium CTC teas of Assam, blended with the finest orthodox long leaf to give you a royal tea drinking experience.

PREMIUM BLEND
OF ASSAM AND DOOARS TEA
BLENDED WITH LONG LEAF

Tea Valley Classic

Tea Valley Classic is the classic affordable cup of morning tea combining the perfect blend of strong CTC having the strength and maltiness of Assam and the sub-Himalayan Dooars to kickstart your day.

PERFECT BLEND
OF ASSAM & DOOARS TEA

Tea Valley Utsah

Tea Valley Utsah, has been conceived by thoughtfully blending the best of Dooars CTC tea, known for its bright, smooth and full bodied brew which will delight you with its strong taste and mesmerize you with its soul.

DUMDAR DANEDAR CHAI

Tea Valley Black Tea Pyramid Infusion Bags

While you already know about the health benefits of Black Tea, Tea Valley also has introduced an array of Black Tea Pyramid Infusion Bags to give you the power to choose the flavour strength of your cup of tea. If you like light flavoured Black Tea, take one bag and if you like strong flavoured Black Tea take two.

Darjeeling Tea Pyramid Infusion Bags

Darjeeling Tea, the most celebrated export from the valleys of Darjeeling is a black tea with light to medium-bodied with fruity and floral notes. It is often considered one of the finest teas in the world by true tea connoisseurs. A union of rich fertile lands and diverse natural environment makes the Darjeeling Tea a unique offering that is sourced and blended by our experts at Tea Valley.

SKU Qty - 25 Pyramid Infusion Bags

Premium# Assam Tea Pyramid Infusion Bags

The mighty river Brahmaputra while crossing the Himalayas carved a valley, what we know as Assam Valley today. It is recognised as the land of tea, where the finest teas of the world are grown. The high rainfall, the geography of the region together gave birth to one of the finest tea estates in the world. It is from these estates that leaves are hand-picked, sourced and blended by our experts to create the brand, Tea Valley.

SKU Qty - 25 Pyramid Infusion Bags

English Breakfast Tea Pyramid Infusion Bags

English Breakfast Tea follows a rich heritage of blended teas from select estates including the Assamese tea gardens, and is integral to the British culture. It is a black tea blend best described as robust, rich in flavour and generally paired with milk and sugar, alongside a traditional English breakfast. The mesmerizing taste comes from leaves hand-picked and blended by our experts to create the brand, Tea Valley.

SKU Qty - 25 Pyramid Infusion Bags

#This is only a brand name and does not represent its true nature.

Tea Valley Green Tea Pyramid Infusion Bags

Tea Valley combines the natural goodness of Green Tea with its truly original blend to give you the perfect balance of health and great taste. Loaded with antioxidants and vital nutrients, it improves brain functions, aids fat loss and lowers the risk of cancer. So start your day on a healthy note with Tea Valley Green Tea Pyramid Bags.

Original Green Tea Pyramid Infusion Bags

Green Tea is rich in natural antioxidants that minimizes cell damage and in the process slows down signs of aging. Green Tea supplements your body with vital minerals and nutrients. It also boosts natural immunity against a large number of diseases.

SKU Qty - 25 Pyramid Infusion Bags

Peppermint Green Tea Pyramid Infusion Bags

The Peppermint Green Tea helps alleviate stress and anxiety while also assisting in weight loss. It's reputed for boosting the human digestive system. That's not all it also helps induce sleep.

SKU Qty - 25 Pyramid Infusion Bags

Tulsi Green Tea Pyramid Infusion Bags

Tulsi Green Tea is renowned for its enhanced metabolism and fat burning properties. It is well known for soothing nerves, regulating blood flow and fortifying your system. For centuries now Tulsi Green Tea has been used as medicine for cold and flu.

SKU Qty - 25 Pyramid Infusion Bags

Honey & Lemon Green Tea Pyramid Infusion Bags

Green Tea flavoured with lemon and honey is a timeless blend of complementary flavours. The Citrus juice of the lemon enriches the Green Tea's antioxidants while honey a rich source of vitamins, minerals and antioxidants, aids your over all wellbeing.

SKU Qty - 25 Pyramid Infusion Bags

Tea Valley Herbal Tea Pyramid Infusion Bags

Tea Valley's vast bouquet of teas also include Herbal Tea. Loaded with essential vitamins, minerals and antioxidants found in select herbs, these teas are the perfect alternative to your daily dose of sugared and caffeinated drinks and give you a host of health benefits besides great taste.

MUKTA
Stress Relief Herbal Tea Pyramid Infusion Bags

Tea Valley Mukta Stress Relief Herbal Tea brings to life a heightened sense of awareness of your surroundings and removes stress related headaches and body aches, with a unique formulation of natural ingredients like Chamomile and Mint.

SKU Qty- 25 Pyramid Infusion Bags

AARAKSHA
Immunity Enhancing Herbal Tea Pyramid Infusion Bags

Tea Valley Aarksha Immunity Enhancing Herbal Tea is a timeless romance between nature and health. It boosts your immunity, thanks to its key ingredient Moringa which is popularly known to increase body immunity.

SKU Qty- 25 Pyramid Infusion Bags

SUKHITVA
Cold & Cough Relief Herbal Tea Pyramid Infusion Bags

A dash of herbal ingredients like ginger and fennel balanced with a generous helping of natural spices like Cinnamon and Clove. This makes Tea Valley Sukhitva Cough & Cold Relief Herbal Tea the perfect drink to increase your immunity to harsh weather diseases.

SKU Qty- 25 Pyramid Infusion Bags

PARIPAK
Digestive Herbal Tea Pyramid Infusion Bags

Tea Valley Paripak Digestive Herbal Tea is a welcome addition to your daily wellness routine. This aids in optimizing your digestive system with a truly original blend of natural ingredients like Fennel and Ajwain.

SKU Qty- 25 Pyramid Infusion Bags

TEJATE
Energizing Herbal Tea Pyramid Infusion Bags

Tea Valley Tejate Energizing Herbal Tea adds more vigour and vitality to your life with a balanced union of herbs, spices and other natural ingredients. With every sip of Tea Valley Tejate you get a rush of pure, natural unadulterated energy.

SKU Qty- 25 Pyramid Infusion Bags

TEA VALLEY
TRULY ORIGINAL

Tea Valley Black Tea

Tea Valley Black Tea Pyramid Infusion Bags

Tea Valley Green Tea Pyramid Infusion Bags

Tea Valley Herbal Tea Pyramid Infusion Bags

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