

## ABOUT US

Girls Day Out 4WD Edition is a community founded by Cassie that serves as a safe and supportive space for women to learn, grow, and build confidence in outdoor activities, particularly offroading.

The initiative focuses on providing women with the skills and knowledge to explore Australia's beautiful landscapes through workshops, skills training, and hands-on experiences.

The community is designed to empower women in the 4WD industry by fostering an environment where they can connect, share, and grow their abilities in a judgment-free and inclusive atmosphere. Girls Day Out 4WD Edition promotes adventure, camaraderie, and personal growth, all while breaking barriers in a traditionally male-dominated space.



## CONTACT US

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*Visit our website for more details  
and to book your next adventure!*

[www.gdo4x4.com.au](http://www.gdo4x4.com.au)

Empowering Women  
One Track at a Time

# ***GIRLS DAY OUT***

4wd Edition

*Your Adventure Begins Here*

# GIRL DAY OUT



## What Makes Us Special



Empowerment  
Through Education



Breaking Barriers in a  
Male-Dominated Space



Community-Driven



A Safe, Supportive  
Environment

## 2025 Events



### Darling Downs Mechanical Day

29th March  
Toowoomba



### Gold Coast Mechanical Day

26th April  
Robina



### Sydney Mechanical Day

12 July  
Blacktown



### Fraser Coast Mechanical Day

19th July  
Hervey Bay



### SEQLD Beginner Beach

13 Sept  
Noosa North Shore



### Sunshine Coast Mec Day

14 Sept  
Sippy Downs



### Melbourne 4wd Foundations

11 Oct  
Lerderberg



### SEQLD Beginner Bush

18 Oct  
The Springs 4x4



### SEQLD Advanced

19 Oct  
The Springs 4x4

## Mechanical Day

- Hands-On Maintenance
- GVM/GCM
- Suspension
- Supportive Environment
- Vehicle Preparation
- Understanding Your Vehicle

## Beginner Day

- Learn the essentials of 4WDing
- Understanding vehicle capabilities
- Recovery techniques
- Basic maintenance
- Track awareness
- Safety First
- Small Groups
- Hands-On Learning

