

## ABOUT US

Empowering women to explore with confidence. Girls Day Out 4WD Edition is Australia's leading female-focused 4WD training and adventure community. We create a safe, supportive space for women to learn new skills, build confidence, and experience the outdoors — from beginner beach drives to advanced off-road training and mechanical workshops.



## CONTACT US:



### Email

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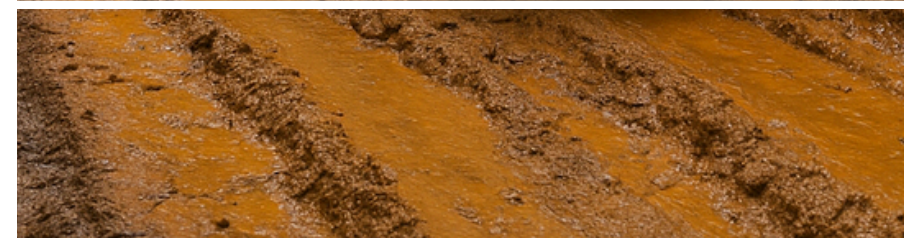


### Website

[www.gdo4x4.com.au](http://www.gdo4x4.com.au)

# GIRLS DAY OUT 4WD EDITION

Female Focused 4wd & Adventure Workshops



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## WHAT DO WE DO?

Girls Day Out 4WD Edition empowers women to explore Australia with confidence through practical training, community, and adventure.

We run female-focused 4WD courses, mechanical and recovery workshops, and guided social trips that teach real-world off-road skills in a safe and supportive environment. Our events range from beginner beach and bush days to advanced driving and mechanical learning, helping women understand their vehicles, build capability, and gain independence.

It's more than just 4WDing — it's about confidence, connection, and adventure.

## WHAT WORKSHOPS DO WE RUN?

We offer hands-on training and adventure experiences designed to help women build confidence, learn new skills, and explore the outdoors safely — no experience needed!

### BEGINNER DAYS

Learn the essentials of 4WDing — vehicle setup, tyre pressures, recovery gear, and safe driving techniques on sand and easy tracks.

**PRICE : FROM \$60**

### ADVANCED DAYS

Take your skills further with more technical terrain, advanced recovery, and challenging off-road driving.

**PRICE : FROM \$60**

### MECHANICAL DAYS

Understand your vehicle's mechanics — covering suspension, servicing, GVM & GCM, and tyre care to keep you confident under the bonnet.

**PRICE : \$75**

### FOUNDATION COURSE

A full-day learning experience that combines mechanical understanding, 4WD fundamentals, and recovery training — the perfect all-rounder.

**PRICE : FROM \$70**

### SOCIAL TRIPS/ESCAPES – NEW IN 2026

Relaxed weekend getaways designed to bring women together through adventure, connection, and fun — from beach convoys to camping retreats.

**PRICE : FROM \$90**