

From Seed to Scale:

Building the Plant-Based Value Chain



PLANT BASED FOODS
INSTITUTE

Shifting Winds in Agriculture: Farmer Craig's Story

FOOD + FUEL

U.S. soybean farmers grow versatile and renewable soybeans to help meet food, feed and fuel demand globally. Soybeans are one of many choices we have to meet a range of needs for protein, as well as fats and oils. That's good news, because when it comes to providing food or renewable alternatives to petroleum, we don't have to choose. Here's a look at how soybeans in the United States are being used.

80%
MEAL

The primary component of soybeans is meal.



20%
OIL

The other soybean component is oil.

61% FOOD

Sixty one percent of soybean oil is used for frying and baking food, as a vegetable oil and as an ingredient in foods like salad dressings and margarines.



97%

ANIMAL FEED

Ninety seven percent of U.S. soybean meal is used to feed poultry and livestock.



3%

FOOD PRODUCTS

Three percent of soybean meal is used in food products like protein alternatives and soybean milk.



31% BIODIESEL & BIOHEAT

Thirty one percent of soybean oil is used for biodiesel and Bioheat.



8% INDUSTRIAL USES

Less than eight percent of soybean oil is converted into industrial uses like paints, plastics and cleaners.



Source: USDA Market View Database, 2017/2018 © 2019 United Soybean Board [08057-24]

U.S. Agriculture Under Pressure

-\$1,830

2024 median
farm-only
income

7% of
farms

Receive
85% of
all farm
income

7%
decline

In # of
farms
2017-
2022

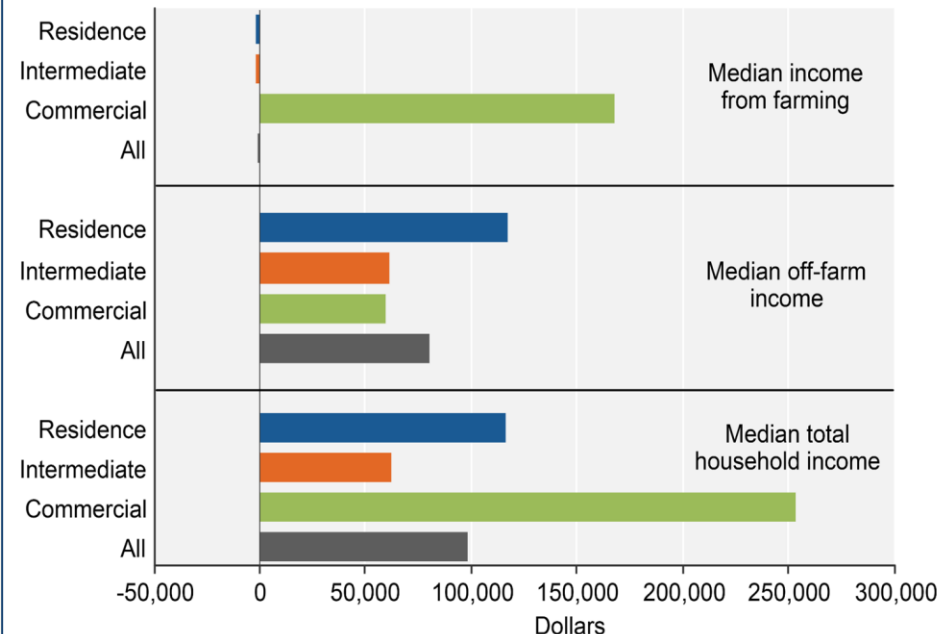
20 million
acres

Farmland
lost
2017-
2022

58.1
years
old

Average
age
of U.S.
farmer

Median farm income, off-farm income, and total income of U.S. farm households, by farm type, 2023



Source: USDA, Economic Research Service and USDA, National Agricultural Statistics Service, Agricultural Resource Management Survey. Data as of December 3, 2024.

U.S. Plant-Based Sector is Resilient

Total U.S. retail sales

\$8B

retail sales overall held steady;
in 2015 the total market was under \$2B

Household penetration

60%

of households purchased in 2024; 80%
of them purchased more than once

Menu options in foodservice

3x

since 2018, threefold increase in options at
fast-casual, university dining, healthcare,
corporate cafeterias

Plant-based milk market share

15%

of total milk sales in conventional
grocery while 36% in the natural channel

Plant-based share of e-commerce

6%

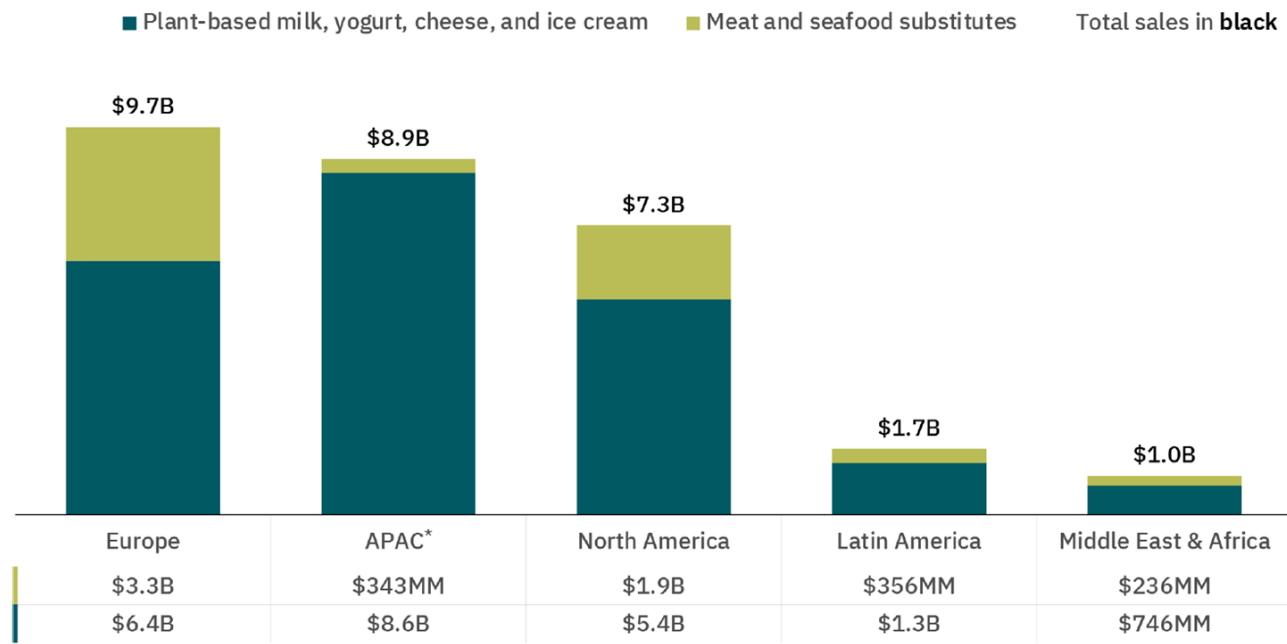
in share of online sales (6.1%) vs. in
brick-and-mortar stores (3.7%)

Global Plant-Based Sector is Growing

Figure 7. Global plant-based foods retail sales estimates by region

Created by: The Good Food Institute

2024

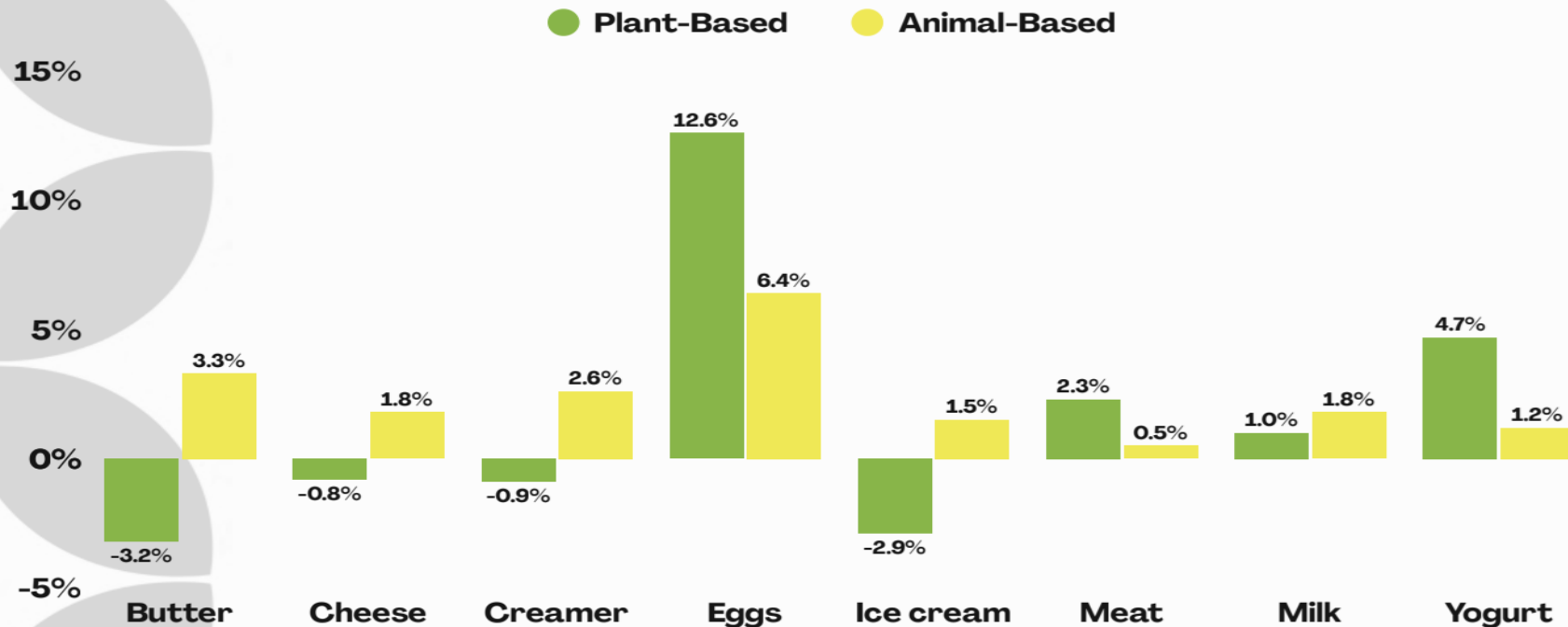


Source: Euromonitor International Limited 2024 © All rights reserved: Staple Foods 2024, Meat & seafood substitutes; Snacks 2024, Plant-based ice cream; Dairy Products and Alternatives 2023, retail value RSP incl sales tax, US\$ fixed 2024 exchange rate, current prices.

*APAC includes both the APAC and Australasia regions as defined in the Euromonitor dataset.

AVERAGE RETAIL PRICE DECLINED IN FOUR PLANT-BASED CATEGORIES WHILE ANIMAL-BASED GREW ACROSS ALL CATEGORIES

Change in average retail EQ (equivalent unit) price of plant-based and animal-based categories, 2024 v. 2023



Source: SPINS Conventional Multi Outlet Channel, SPINS Natural Enhanced Channel, SPINS Convenience Channel (powered by Circana) | 52 Weeks Ending 12-1-2024

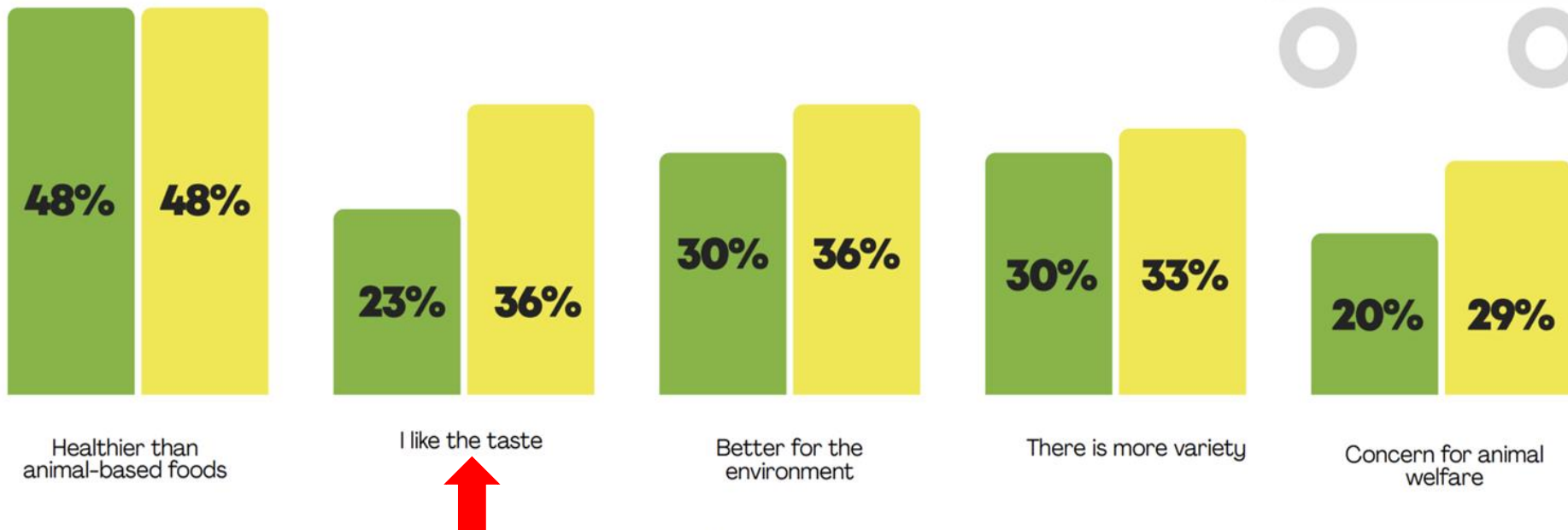
Increases: Q: Which of the following reasons are driving your decision to consume more plant-based foods instead of animal-based foods?



MAY 2024



DEC 2024

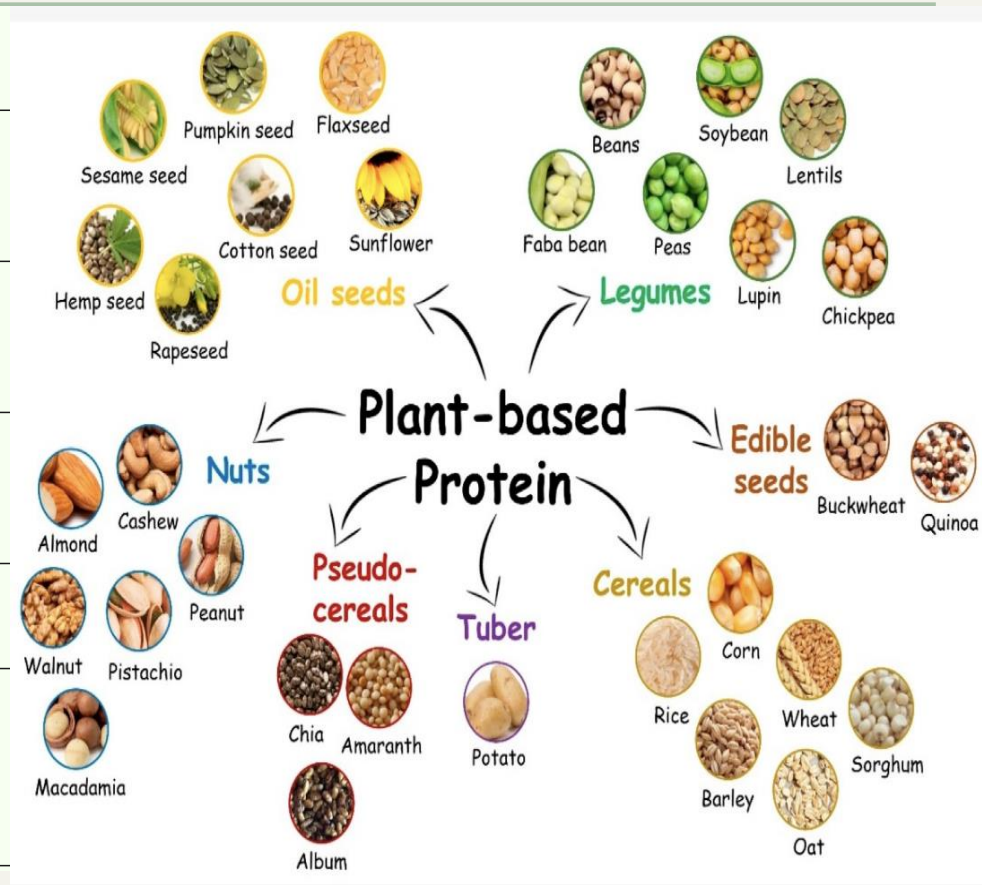


Source: 84.51° Real-Time Insights Survey, Kroger Shopper Data, 2024

Protein Source	Structural and Textural Characteristics
Chickpea	Low foaming capacity in comparison to soy, high foam stability, gelling ability similar to that of soy, high water and oil binding capacity, which is beneficial for use in meat analogues, can also be used as colorants
Lentils	Gelling capability comparable to whey proteins, but highly pH dependent, oil holding and foaming capacity comparable to soy, excellent emulsifying characteristics, high gel strength
Faba beans	Heat treatment and low-moisture extrusion cause a rise in water holding capacity, water solubility and gel strength, fibrous layered structure can be obtained with high-moisture extrusion
Mung beans	Albumins have better textural stability, texturization properties are temperature dependent
Peanuts	Arachin is the main protein that changes during extrusion forming layered structures, in combination with other ingredients (e.g., carrageenan, gellan gum, transglutaminase) giving increased gel strength, storage modulus and fracture stress

Source:

Benković M, Jurinjak Tušek A, Sokač Cvetnić T, Jurina T, Valinger D, Gajdoš Kljusurić J. An Overview of Ingredients Used for Plant-Based Meat Analogue Production and Their Influence on Structural and Textural Properties of the Final Product. Gels. 2023 Nov



Source:

Gomes, A.; Sobral, P.J.d.A. Plant Protein-Based Delivery Systems: An Emerging Approach for Increasing the Efficacy of Lipophilic Bioactive Compounds. Molecules. 2022

Value Chain Coordination is Crucial

Enabling policies and
regulations



A good food base



**Production and
processing efforts**



**Healthy, plant-based
foods for all**



**Export and
internationalisation
efforts**



**Research, innovation
and development**

Narrative, mindset, food culture shifts

Aligning Agriculture with Delicious, Nourishing, Flexible Diets



Domestic Sourcing Spotlight: Lupii teams up with Timeless Seeds to trial innovative program in Montana



Long prized for its cattle, Nebraska is joining the plant-based meat boom

In a state known for its beef prowess, farmers are now growing peas for the production of plant-based meat alternatives, writes **Richard Hall**



Minnesota's Alt-Meat Revolution: Dawson Gets Ground Floor Start in Plant-Based Protein



North Carolina farmers look to sesame as a profitable crop. 'So much promise here'

15 YEARS
CIVIL EATS

Plant-Based Diets and Regenerative Ag Have Sparked a Pea and Lentil Renaissance

Health and environmental concerns are driving 'phenomenal' growth for these

Grant looks at breeding mung bean for plant-based protein market

July 11, 2022



Clemson researchers receive grant to study growing the next generation of plant-based meats

Bringing Oats Back to American Farms

Adding oats to a farm's rotation can improve soil health and reduce fossil fuels, but the crop has all but disappeared in the U.S. Now, a nascent movement fueled by oat milk's popularity may help reverse the trend.



A NEXT-GENERATION REGENERATIVE FARMER BREAKS NEW GROUND





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