



**Adler Fairways**

Chartered Insurance Brokers

# Employee Wellbeing Workshops

## Why do we run the workshops?

- To help organisations build healthier, more resilient workplaces.
- To enable organisations to better understand their workforce and create an informed wellbeing strategy.
- To create a culture of wellbeing throughout the organisation that employees truly value.
- To educate employees on what is available and maximise engagement, ensuring the business see a return on investment.

Your people are unique, as is what is important to them. Through data led insights and the support of our health & wellbeing experts, we work with you to understand your business and your people, collaborating to design and deliver a bespoke health and wellbeing programme that works for you – positioning you as an employer of choice with an engaged, motivated and loyal workforce.

## Our approach - 5 E's to employee wellbeing



**Establish**



**Engage**



**Evaluate**



**Embed**



**Educate**

What do you want to achieve? What are your goals and aspirations? What challenges do you currently have?

How are you engaging your people on the journey?

What data do you have and how are you using it to design your strategy?

What leadership and culture training do you have in place?

How can we support you to implement this and engage your people?

## The facts

**88%**

Of employees said workplace benefits (other than salary) improved their overall happiness <sup>1</sup>

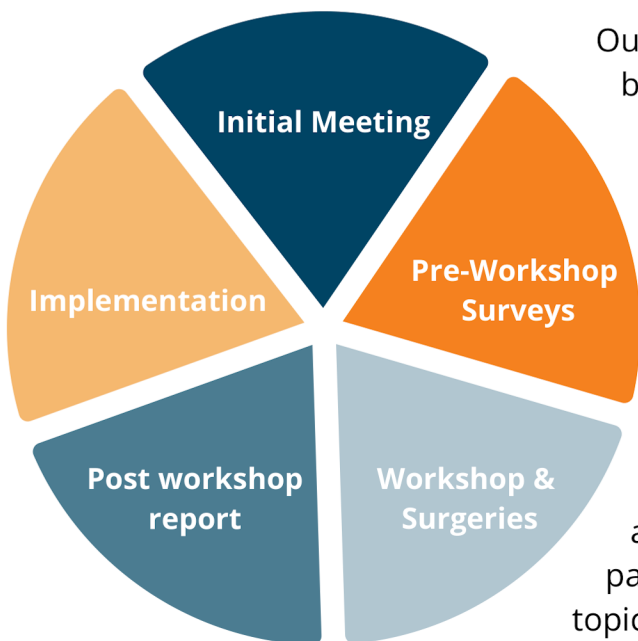
**62%**

Identified employee wellbeing as a key deciding factor when applying for a new job <sup>2</sup>

**23%**

Engaged employees increase profitability by 23% and are 14% more productive <sup>3</sup>

## How does it work?



Our specialist will meet with you to learn more about your business, establish and understand your current benefits offering, any challenges you may have, and what you are looking to achieve.

A short questionnaire to employees to help us understand the makeup of your workforce, how they currently feel about their health & wellbeing within the business and what is important to them.

We will host an engaging and interactive employee workshop, designed to educate staff on the benefits available to them, and in conjunction with our strategic partners, provide information and advice on a variety of topics to support their broader wellbeing.

Following the workshops, we will present our findings and recommendations to help you achieve your goals, supporting you to educate and embed your bespoke solution into your business.

## What does it cost?

**Nothing. We run these workshops for free!**

We provide the expertise and materials at **zero cost** to help and support your business in these important first steps. We recognise there is a cost associated with your time and support for such initiatives therefore your collaboration and access to a small amount of time with your employees to undertake the workshops is greatly appreciated.

For more information or to get in touch with our Health & Wellbeing team please call **Steve Hope on 07920 840 741** or email [healthandwellbeing@adlerfairways.co.uk](mailto:healthandwellbeing@adlerfairways.co.uk).

1. Research conducted by Aviva 2. Research conducted by Future Workplace 3. Gallup Employee Engagement Survey

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