



The UK's leading provider of workplace health services

We bring 20 years of experience designing and implementing bespoke, clinician-led services for clients, delivering impactful health programmes that aim to improve people's health and performance.

We offer expert advice and clinical services designed to significantly improve people's wellbeing, productivity and inclusion within the workplace. All services are supported by enabling technology and powerful MI to inform your business strategy.

*We believe that businesses work better
when their people are at their best.*



Our services

Helping Manage Absence

We provide a wide range of preventative and reactive services supporting employers to help individuals to return to health and/or remain well and in work.

Mental Health

Our national network of psychologists, psychiatrists, CBT therapists, counsellors and counselling psychologists can help your people through any mental health challenge. Our integrated treatment model incorporates physical health and wellbeing into our mental health services, providing clients a holistic overview of their employees' health and wellbeing.

Workplace Primary Care

Our outstanding network of clinicians and healthcare teams provide integrated, accessible primary care for organisations – ranging from immunisations and vaccinations to screening, treatment and medication, GP services (online and virtual), first response, emergency care and preventative care.

Health Risk Management

Our clinicians offer expert advice on the planning and delivery of health surveillance, fitness-to-work assessment programmes and associated health risk management services. We deliver online and face-to-face programmes for geographically dispersed organisations, providing services such as occupational health advice lines; new starter assessments; workplace assessments; travel health; drug and alcohol testing; medical support and service delivery; biological monitoring and laboratory services; assessments and consultations.

Disability & Neurodiversity

Physical conditions, such as hearing and vision loss, and neurodiverse conditions, such as ADHD, autism, dyslexia and dyspraxia, should never be a barrier to work. We work with you on developing an understanding and appreciation of diversity and equality in the workplace, breaking down any barriers that may be in place, raising awareness in your workforce and helping you create an environment in which each individual is celebrated, supported and able to 'be their best'.

Wellbeing & Health Coaching

Our award-winning preventative wellbeing and health coaching programmes focus on behavioural change, factoring in people's communities and lifestyles as well as their workplaces. This holistic approach, underpinned by data, results in bespoke services which help colleagues successfully manage life events, return to health following illness or reach personal goals.

Musculoskeletal

Our clinical experts provide a full suite of services designed to help people remain in work or return to work safely wherever possible through tailored support, advice and assessment services including ergonomics, physiotherapy, guided exercises and training.

Occupational Hygiene

Occupational hygiene provides advice and support to reduce workplace health risks and encourage healthy lifestyles for employees. Our hygiene team, Hygiene Partners, specialises in the identification, prevention, treatment and control of workplace health risks, both on a consultancy basis and through tailored service packages.