



Welcome to EOPH

Prioritising Education Before Profit

Supporting the Development of the Occupational Health Community

Join our Newsletter

Sign up to our newsletter to receive updates on new courses,
free webinars, and the latest news from EOPH





A provider of training and development for occupational health professionals and workplace health and wellbeing

Exclusive NHS discounts available on all courses



Specialist Learning

For occupational health professionals



Evidence Based

High quality, affordable education



Not for Profit

Organisation



CLINICAL
OCCUPATIONAL
HEALTH

“ Well timed sessions with vast amounts of knowledge, lots of resources offered to expand learning. ”

DOccMed & DipOHPrac Preparation course

A distance learning preparation course approved by the Faculty of Occupational Medicine (FOM) for the Diploma in Occupational Medicine and the Diploma in Occupational Health Practice examinations.

This interactive course is a 10-day distance learning course that runs over 20 weeks, and includes teaching by EOPH faculty who are experienced Diploma examiners, specialists in occupational medicine, occupational health nursing, physiotherapy and a highly experienced employment lawyer.

- ❖ As the sessions are recorded there is flexibility to catch up if those taking the course have been unable to join the live session on a particular day, but it is through attending the live sessions that the most value comes from the course
- ❖ MCQ practice is provided throughout, as well as a practical approach to the workplace visit and clinical case elements of the portfolio, alongside practice for the viva
- ❖ Peer support available via WhatsApp groups for supported study and revision



10-day distance
learning course



09:30 - 16:30



Via Teams



DOccMed & DipOHPrac Revision

EOPH is pleased to offer a revision course for candidates for the DOccMed and DipOHPrac examinations who have already completed an approved course to meet the Faculty of Occupational Medicine (FOM) requirements for sitting these examinations.

The aim of the course is to provide preparation for the Viva exam and MCQ practice. The timing of the course is aimed at delegates who have their Viva booked. Candidates will have already submitted their portfolios.

This course is offered at no charge for those delegates who have a certificate of attendance from an EOPH DOccMed/DipOHPrac Course and is also available at cost to those who have completed other approved courses.

Please email admin@eoph.co.uk to confirm eligibility.



1 day course



09:30 - 16:30



Via Teams



Well timed sessions with vast amounts of knowledge, lots of resources offered to expand learning.





“ Very well presented, great discussions. Would recommend the course without hesitation. ”

MFOM Part 2/AFOM Preparation Membership Course

Monthly online teaching days covering core knowledge within the Occupational Medicine Speciality Training 2022 curriculum, to prepare delegates for the updated format for the MFOM Part 2/AFOM examination. Designed for doctors who are preparing to sit Part 2 of the Membership of the Faculty of Occupational Medicine (MFOM) or Associateship of the Faculty of Occupational Medicine (AFOM). We offer a 3-year membership on a rolling programme or until delegates have achieved exam success.

- ❖ A team of faculty experts including occupational physicians & medical educationalists including practising occupational physicians
- ❖ Lectures and interactive sessions covering all aspects of the 2022 curriculum
- ❖ Additional short recorded tutorials with our faculty and educational partners
- ❖ Extensive course materials covering the essential knowledge for MFOM Part 2/ AFOM, including revision frameworks and practice single best answer (SBA) exam questions, alongside the objective structured clinical examination (OSCE)
- ❖ Peer support available via WhatsApp groups for supported study and revision

Session topics:

- ❖ Risk Assessment
- ❖ Occupational Hygiene
- ❖ Employment Law
- ❖ Toxicology
- ❖ Epidemiology + Statistics
- ❖ Biological Hazards
- ❖ Regulated Medicals
- ❖ Mental Health + Neurodiversity
- ❖ Preparation for the OSCE
- ❖ Revision



Rolling Programme
Monthly live teaching
3 year membership



09:30 - 16:30
Asynchronous
learning is available



Via Teams

MFOM PART
2/AFOM
EXAM

REVISION
COURSE

OSCE

MFOM Part 2/AFOM Revision

This interactive virtual revision session is based on the Occupational Medicine Specialty Training 2022 curriculum, and the Single Best Answer and OSCE format for practice questions to best prepare candidates for the updated MFOM Part 2/AFOM examination format. This course is included in the MFOM Part 2/AFOM membership programme or as a stand alone course.

Session 1: An approach to the MFOM Part 2/AFOM

Session 2: Principles of occupational health practice

Session 3: Assessment of fitness for work

Session 4: Occupational hygiene and workplace risk management

“ Pitched at the right level for those about to sit the exam. Helped me work out which areas I need to focus on. ”



1 day course



09:30 - 16:30



Via Teams

HEALTH
SURVEILLANCE
& CLINICAL
ASSESSMENT

HEALTH
EFFECTS

Hand-Arm Vibration Syndrome (HAVS) Tier 3 & 4

Our HAVS 2 day course is approved by the Faculty of Occupational Medicine (FOM) and follows the prescribed FOM syllabus and Health and Safety Executive requirements. Open to registered nurses and doctors working in occupational health.

Day 1:

- ❖ Legal Framework
- ❖ Health Surveillance requirements
- ❖ Aetiology and pathophysiology
- ❖ Health effects and differential diagnosis

Day 2:

- ❖ Workplace Vibration Exposure
- ❖ Clinical assessment lecture and equipment demonstration
- ❖ Practical considerations in health surveillance
- ❖ Examination for certification

“ A thoroughly enjoyable 2 day course with pre-course material. A lot of information provided. ”



2 day course



Day 1: 09:30 - 16:30
Day 2: 10:00 - 16:30



Day 1: Via Teams
Day 2: Guildford
or Bristol

HEALTH
SURVEILLANCE
& CLINICAL
ASSESSMENT

HAND
ARM
VIBRATION
SYNDROME
(HAVS)

HEALTH
EFFECTS

HAVS Tier 3 & 4 Refresher Course

This course is for OHPs/OH Advisors who have completed a Faculty approved course and passed the exam. Don't miss this opportunity to enhance your expertise! Test your knowledge and ensure you are well-prepared to do health surveillance assessments for HAVS as required by the Health and Safety Executive (HSE).

Learning outcomes:

- ❖ Legal Framework
- ❖ Workplace Vibration Exposure - Exposure & Risk assessment
- ❖ Health effects, diagnosis and differential diagnoses
- ❖ Health Surveillance Update
- ❖ Practical considerations
- ❖ Case Management & Case discussion
- ❖ Test your knowledge



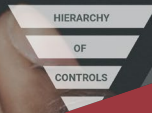
1 day course



09:30 - 16:30



Via Teams



When Working Skin Stops Working

This 1 day immersive style course is delivered by an occupational health physician who specialises in dermatology and skin surveillance as well as working as a medical educator. It will facilitate your development of knowledge, understanding and clinical skills in the general management of work-related skin problems.

The aim is to increase your confidence in undertaking skin surveillance and advising on relevant workplace adjustments.

Core Topics:

- ❖ Legal and practical aspects of skin surveillance
- ❖ The risk assessment framework
- ❖ Clinical features and management of occupational skin problems
- ❖ Case studies

“ Fantastic, very knowledgeable, enjoyed the session. ”



1 day course



09:00 - 16:30



Via Teams



Honing Report Writing Skills

This two-part online workshop is best suited for occupational health nurses and allied health professionals who are new to report writing, or those returning to report writing and wishing to refresh their skills. It will enable you to deliver first class reports every time.

Part 1: Disability Provisions of the Equality Act 2010

- ❖ Disability provisions of the Equality Act 2010 in the context of report writing
- ❖ Advising about a person's disabled status
- ❖ Different forms of outlawed disability discrimination
- ❖ Discussion around reasonable adjustments
- ❖ Q&A session

Part 2: Report Writing Skills

- ❖ The concept of value
- ❖ Creating an exemplar report every time
- ❖ Introducing effective challenge & managing a difficult conversation
- ❖ How to write a challenging report, remaining impartial, functional & evidence-based
- ❖ How to approach different types of report
- ❖ Case study discussions

“ Excellent presentation
- a great refresher from
another OH professional. ”



2 part course



Part 1 & Part 2
10:00 - 17:00



Via Teams

SUPPORT OHTs
IN PRACTICE

OPEN AWARDS
LEVEL 3 CERTIFICATE

PRACTICAL COMPETENCY
BOOKLET & ASSIGNMENT

Open Awards Level 3 Certificate for Occupational Health Technicians

EOPH are delighted to offer the Open Awards Level 3 certificate qualification for Occupational Health Technicians. Designed in collaboration with the Society of Occupational Medicine, this course comprises of 6 units outlined below and requires you to complete a portfolio of evidence in order to gain a formally recognised qualification.

Assessed Content:

- ❖ The Role and Responsibilities of the Occupational Health Technician
- ❖ Professional Behaviours for Occupational Health Technicians
- ❖ Risk Management for the Occupational Health Technician
- ❖ Understanding Fitness for Work
- ❖ Understanding Health Risk Management and Health Improvement
- ❖ Safe and Effective use of Screening Equipment for Occupational Health Technicians



18 month access



24/7 access



E-learning course

OCCUPATIONAL HEALTH
TECHNICIANS COURSE

THEORETICAL CONCEPTS
BEHIND PRACTICAL ROLE
ASPECTS

ROLE OF OCCUPATIONAL
HEALTH TECHNICIAN

Occupational Health Technicians Course

A highly interactive online E-Learning course, suitable for new entrants to the profession as well as a refresher course on the core principles for existing Technicians. The course content can be worked through independently, but **both parts of the course must be completed within 6 months of being registered on our learning platform where the course content is stored.**

You will be provided with support throughout the course from expert faculty members. Also provided with the course is a Competency Workbook, approved by the Society of Occupational Medicine.

- ❖ Part 1: Introduction to Occupational Health 11 E-Learning Modules
- ❖ Part 2: Theoretical Concepts behind Practical Requirements of the Role 7 E-Learning Modules

“ Fantastic course, it was good to be able to undertake training relevant to the OHT role. ”



6 month access



24/7 access



E-learning course

Research
Methodology

Epidemiology
& Statistics

Occupational Medicine Research Skills

4-Day Intensive Course for Occupational Medicine Specialist Trainees working on LO11 research requirements

- ❖ Day 1: Epidemiology & Statistics Foundation
- ❖ Day 2: Research Methodology & Study Design
- ❖ Day 3: Critical Appraisal & Evidence Synthesis
- ❖ Day 4: Writing & Dissemination
- ❖ Complete a Research Project



4 day course



09:30 - 16:00



Via Teams



Safe & Sound: Comprehensive Hearing Health Surveillance

Join our comprehensive virtual course on Hearing Health Surveillance in the Workplace!

- ❖ Gain essential knowledge on health surveillance principles, the anatomy and physiology of hearing, and the mechanisms of injury due to noise exposure
- ❖ Learn about the hierarchy of control measures, optimising surveillance audiometry, and interpreting results according to L108 guidance
- ❖ Find out the implementation of hearing health surveillance programmes, ethical considerations, and recommendations for employers
- ❖ Enhance your skills with practical case studies and contribute to creating a safer, healthier workplace environment



Half day course



09:30 - 15:00



Via Teams



Very interesting and interactive course, the facilitator was very approachable.



EFFECTS OF
HEALTH AT
WORK

CLINICAL
CASE
MANAGEMENT

DOccMed
DipOHPrac
MCQ BANK



Diploma MCQ Bank

We offer a set of Diploma MCQ banks that will support you in your DOccMed & DipOHPrac Preparation Course in preparation for the exam.

These question banks will be expanding on a regular basis.

The intellectual property for these questions belongs to EOPH and so it is important that you do not share these questions with anyone.

The Material:

- ❖ MCQ Bank 1 - Fundamentals of Occupational Health Practice
- ❖ MCQ Bank 2 - Effects of Health at Work
- ❖ MCQ Bank 3 - Clinical Case Management
- ❖ MCQ Bank 4 - Practical Module



Rolling programme



24/7 access



E-learning course

Knowledge Hub

The EOPH Knowledge hub is a free, inclusive resource space for the professional development of health practitioners, engaged in the field of workplace health. The hub consists of educational resources and tools to support workplace health professionals in their day to day practice.



Online learning events



Educational resources & tools



Support workplace health professionals



The Resource Library consists of:

- ❖ Professional Development Templates
- ❖ Case Management
- ❖ Chronic Disease
- ❖ Occupational Disease
- ❖ Health Surveillance

The video library is updated with webinars delivered by Mark Landon, an employment law specialist.

Join our Knowledge Hub today by visiting our EOPH website!
www.eoph.co.uk/knowledge-hub-welcome/



17:00 - 18:00

Employment Law Webinars

Register onto our FREE quarterly webinars with Mark Landon, an Employment Law Specialist who covers topics from the Equality Act 2010, reasonable adjustments and the menopause to government updates in the workplace.

2026 Webinar Dates:
(topics to be confirmed)

- ❖ 5th March
- ❖ 11th June
- ❖ 17th September
- ❖ 3rd December



“

Mark Landon

I am an Employment law specialist with over 30 years of experience in both private practice and as an in-house lawyer. I am currently an Employment Partner and the national Head of Training at Weightmans LLP Solicitors, a top 50 national law firm with a large healthcare practice.

”



Workplace Training and Wellbeing

Our training sessions and resources are designed and delivered by experienced educators and clinicians specialising in health and wellbeing. Each course is developed to provide participants with the most current and relevant knowledge, ensuring they are well-equipped to handle the challenges in their professional roles.

Our training is evidence-based, drawing on the latest research in the field. By focusing on evidence-based practices, we aim to enhance productivity and foster positive employee wellbeing in the workplace.

We understand that every organisation has unique needs. That's why we offer bespoke programmes tailored to specific requirements. Whether it's mental health, overall wellbeing, or lifestyle improvements, our customised training solutions are designed to address the particular challenges faced by your team.

At EOPH, we believe in the power of education to transform workplaces. Our goal is to increase knowledge and awareness, ultimately leading to healthier, more productive work environments.

By investing in our training, you're investing in the wellbeing and success of your employees.

“ Rachel is an excellent trainer and delivered some really engaging and meaningful sessions. The training was carefully tailored, well-paced and engaging throughout. We are so pleased with the service and would highly recommend! ”



Scan for more



Address:

13 Acorn Business Park

Northarbour Rd

Portsmouth

PO6 3TH



www.eoph.co.uk



0118 207 6198



admin@eoph.co.uk