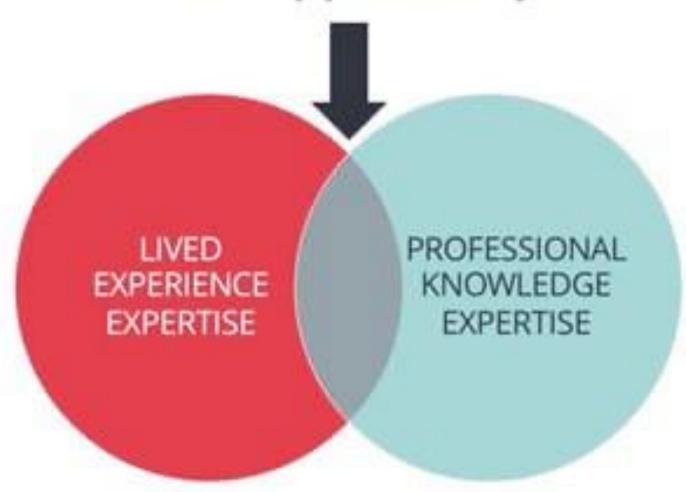




Lived Experience involvement: Why it matters and how to increase participation

Rebecca Regler

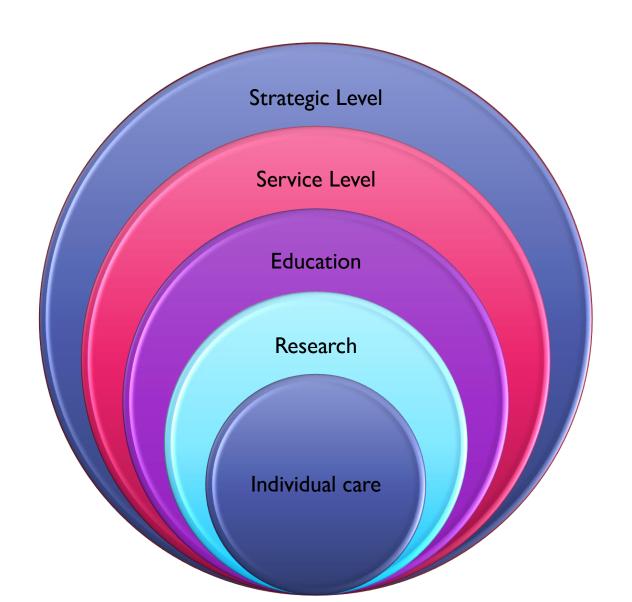
The Opportunity



New Economic Foundation Participation Ladder



Levels of Coproduction



Why does lived experience participation matter?

Legislation and Policy

"Coproduction" is when an individual influences the support and services received, or when groups of people get together to influence the way that services are designed, commissioned and delivered.'

(Care Act 2014; TLAP, 2022)



The key principles of co-production

1

Share power

2

Include all perspectives and skills

3

Respect and value everyone's knowledge

4

Reciprocity

5

Build and maintain relationships



How to implement principles



Coproduction is a journey



Relationship based approach

Trauma informed Principles from Scottish Government





How to increase participation



Dependent on level of coproduction



Choice and voice

References

Co-production in social care

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Diagram Credit 'The Opportunity'

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Q&A

Please feel free to contact me



