

### Discover the Power of Biophilic Design for Healthier, Happier Workplaces

Join Planteria Group for a Fun, Insightful Look at How Nature Can Transform Your Office

If you've ever wondered how bringing a little bit of the outdoors into your office can boost productivity, creativity, and employee wellbeing, Planteria Group has the perfect session for you. Join us for an interactive presentation that explores the benefits of biophilic design – the practice of incorporating nature into interior spaces – and how it can elevate your workplace.

Led by Planteria Group's WELL Accredited Professional (WELL AP), Katie Le Chevalier, this session is ideal for designers, workplace specialists, and anyone interested in creating more people-centric, nature-connected spaces. Expect a mix of research, real-world examples, and plenty of inspiration to help you create spaces that work *better* for everyone.

### What You'll Learn:

- Why Biophilia Matters: Discover why nature-inspired design is more than just a pretty green plant on the desk it's a game-changer for employee health, happiness, and productivity.
- The Science Behind Biophilia: We'll dive into the latest research that shows how biophilic design can boost mood, reduce stress, and increase focus at work.
- **WELL Building Certification (MIND Concept):** Learn how biophilic design supports mental health through the MIND concept and how it aligns with WELL Building Certification.
- **Real-Life Case Studies:** See how companies around the world are using biophilic design to create vibrant, healthy, and productive workplaces.
- Interactive Q&A: Got a project in mind? Bring your questions and ideas Katie will be answering your specific design challenges and offering helpful tips!

### Why You Should Join:

It's an engaging, practical session packed with inspiration and actionable takeaways. Whether you're an interior designer, architect, or workplace specialist, you'll walk away with the tools to create spaces that feel better, look better, and perform better.

#### **Event Details:**

- Presenter: Katie Le Chevalier, WELL Accredited Professional
- Date and Time: 11am, 20th May
- Location: Quell Design, 102-108 Clerkenwell Rd, London EC1M 5SA
- **RSVP:** https://soundboxstore.com/pages/cdw-event#https://calendly.com/hush-w3u/importance-of-biophillia-talk

## **About Planteria Group:**

Planteria Group is a leader in biophilic design, helping businesses create workplaces that nurture both people and performance. With a focus on sustainability and wellness, Planteria Group brings nature into the heart of the workplace for healthier, more productive environments.

# **Press Enquiries:**

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