

VANESSA CAROLI - Artist Biography

Vanessa is a self-taught abstract artist. Born in Caracas, Venezuela and currently living in the UK. She finds inspiration in the simple things in life and the freedom to experience and express her emotions and feelings through her paintings. Her process starts by creating textures and marks on the canvas with pallet knives, markers and other tools. Then, layers of acrylic paint start to flow, using additive and subtractive techniques until she is satisfied with what she sees. Vanessa describes her creative process as one of discovery and joy. Freed from any sense of failure or urgency, she strives to convey a deep sense of beauty that can put the observer in a good mood with a single glance.



Artist Statement

My creative process usually starts with a colour palette in mind, although these colours tend to vary during the process. Some days, I am drawn to painting in vibrant colours, other days I lean towards softer colours. Then, I start creating textures and making marks on the canvas with different tools such as markers, pencils, crayons, small pieces of wood, etc. Nothing in my paintings is planned. Once I start applying the paint, I let the canvas tell me what to do until I am satisfied with the result.



My acrylic paintings are abstract. Some of them result in images that may have an obvious interpretation, but others cause totally different reactions in each person who observes them. I really enjoy watching my family and friends trying to guess what the painting hides. The reality is that I do not paint with an image in mind, I just let myself be carried away by the moment and give free rein to my process.

I am a self-taught artist. I never thought of studying art, nor did I think that one day I could be an artist, but in 2019, a special curiosity awoke in me that started my journey through the world of art. In the year 2020, the pandemic forced us to stay at home and it was at that moment, that I dedicated myself 100% to exploring,

researching and experimenting with abstract art. For me, it was an escape from the drastic changes and challenges we experienced during those years.

From a very young age I enjoyed abstract art, it seemed fascinating to me. I remember the colourful works of the Venezuelan artist Cruz Diez. Whenever I saw them, they made my imagination fly. These days, I enjoy abstract painting in a much profound way. Painting transports me, it makes me lose sense of time and space. So much so that I must set reminders and alarms on my phone so as not to miss important events. Sounds familiar?