

# PRES TEEN

GRAFTED WITH NO ADDED SUGAR

# TASTE THE FUTURE



# WHY



# PRESTEEZ?

After decades of firsthand experience with bogus "health bars," we decided it was time to rattle the snack industry and create a genuinely healthy snacking experience. Meet **Presteez** – a range of snacks that bring you a world of delightful flavors and textures all pressed together to form a unique snacking experience.

## A snack without added sugar, but full with added goodness

**NO**  
 **ADDED  
SUGAR  
OR SWEETENERS**



HIGH FIBRE



GLUTEN FREE



NATURAL  
INGREDIENTS



LOW CARBON  
FOOTPRINT



# WE ALL DESERVE BETTER

We finally found a way to combine our wholesome, varied ingredients with a chef's touch. Using fruits, veggies, seeds, and nuts **WITHOUT any added sugar**, we celebrate the original taste, look, and texture these foods were given by nature. **Our snacks are minimally processed – and better for you!**

# FOOD TECH AT ITS FINEST

Using our innovative iWeld™ technology, we press the natural ingredients together instead of gluing them with sticky, sugar-binded substances that mask the original flavors of the ingredients. The result is delicious, minimally processed snacks and the total elimination of added sugar.

# BETTER FOR YOU BETTER FOR THE PLANET

From the start, we've been committed to creating delicious snacks with minimal environmental impact. Our packaging is 100% recyclable, and we use 70% less energy in our production process than other snacks!



# PRESSED BARS



## RASPBERRY & ALMOND PRESSED BAR 35G

Nutrition Information	Per 100g	Per 35g bar	Nutrition Information	Per 100g	Per 35g bar
Energy	1624 kJ	568 kJ	Carbohydrates	46g	16g
	389 Kcal	136 Kcal	- of which sugars	29g	10g
Fat	16g	6g	Fibre	16g	6g
- of which saturates	1.3g	0.5g	Protein	7.2g	2.5g
			Salt	0.36g	0.13g

### Fruit and nut bar.

#### CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Almond (21%), mango, papaya, apricot, corn fibre, apple, raspberry (4%), strawberry, sunflower oil, beetroot, salt, vanilla, cherry extract (antioxidant), tapioca starch, black pepper, coriander seeds. **CONTAINS:** TREENUTS (ALMONDS). **MAY CONTAIN NUTS, PEANUTS AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



## BANANA & COCONUT PRESSED BAR 35G

Nutrition Information	Per 100g	Per 35g bar	Nutrition Information	Per 100g	Per 35g bar
Energy	1930 kJ	676 kJ	Carbohydrates	51g	18g
	463 Kcal	162 Kcal	- of which sugars	29g	10g
Fat	23g	8g	Fibre	14g	5g
- of which saturates	6.7g	2.4g	Protein	5.9g	2.1g
			Salt	0.29g	0.1g

### Fruit and nut bar.

#### CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Banana (19%), mango, pecan, blueberry, coconut (9%), apricot, almond, corn fibre, sunflower oil, salt, cherry extract (antioxidant), tapioca starch, cinnamon, cardamom, ginger, nutmeg. **CONTAINS:** TREENUTS (ALMONDS, PECAN). **MAY CONTAIN NUTS, PEANUTS AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



## OLIVES & SEEDS PRESSED BAR 35G

Nutrition Information	Per 100g	Per 35g bar	Nutrition Information	Per 100g	Per 35g bar
Energy	2035 kJ	712 kJ	Carbohydrates	31g	11g
	490 Kcal	172 Kcal	- of which sugars	21g	7g
Fat	32g	11g	Fibre	15g	5g
- of which saturates	5g	1.7g	Protein	12g	4g
			Salt	0.8g	0.28g

### Fruit and nut bar.

#### CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Almonds, raisins, apple, olive (13%), pumpkin seeds (11%), corn fibre, sunflower oil, sesame seeds, salt, nigella seeds, cherry extract (antioxidant), tapioca starch. **CONTAINS:** TREENUTS (ALMONDS), SESAME SEEDS. **MAY CONTAIN NUTS, PEANUTS AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



## FIG & PISTACHIO PRESSED BAR 35G

Nutrition Information	Per 100g	Per 35g bar	Nutrition Information	Per 100g	Per 35g bar
Energy	1747 kJ	611 kJ	Carbohydrates	44g	15g
	419 Kcal	147 Kcal	- of which sugars	31g	11g
Fat	19g	7g	Fibre	17g	6g
- of which saturates	2g	0.7g	Protein	9.4g	3.3g
			Salt	0.38g	0.13g

### Fruit and nut bar.

#### CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Apricot, pistachio (18%), almond, papaya, fig (10%), beetroot, corn fibre, pineapple, sunflower oil, cherry extract (antioxidant), salt, tapioca starch. **CONTAINS:** TREENUTS (ALMONDS, PISTACHIO). **MAY CONTAIN NUTS, PEANUTS AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



# PRESSED BARS



## BEETS & COCONUT

PRESSED BAR 35G

Nutrition Information	Per 100g	Per 35g bar	Nutrition Information	Per 100g	Per 35g bar
Energy	1913 kJ	670 kJ	Carbohydrates	45g	16g
	459 Kcal	161 Kcal	- of which sugars	25g	8.9g
Fat	24g	8.4g	Fibre	13g	4.4g
- of which saturates	5.8g	2.0g	Protein	9.2g	3.2g
			Salt	0.55g	0.19g

Fruit, Vegetable and Nut bar  
CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Mango, raisins, almond, apricot, pecan, beetroot (9%), pumpkin seeds, corn fibre, coconut (6%), strawberry, sunflower oil, salt, cherry extract (antioxidant), tapioca starch. For allergens, please see ingredients in Bold. **MAY CONTAIN OTHER TREE NUTS, PEANUTS, SESAME, SOY AND MILK.** Not intended for children under 5 years old. May contain fragments of nut shells.



## PUMPKIN & CINNAMON

PRESSED BAR 35G

Nutrition Information	Per 100g	Per 35g bar	Nutrition Information	Per 100g	Per 35g bar
Energy	1896 kJ	664 kJ	Carbohydrates	45g	16g
	454 Kcal	159 Kcal	- of which sugars	27g	10g
Fat	24g	8.4g	Fibre	11g	3.8g
- of which saturates	2.3g	0.8g	Protein	9.1g	3.2g
			Salt	0.37g	0.13g

Fruit, Vegetable and Nut bar  
CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Almonds, apricot, mango, raisins, pecan, apple, pumpkin (7%), sunflower oil, sweet potato, corn fibre, pumpkin seeds, cinnamon (0.4%), salt, cherry extract (antioxidant), tapioca starch, black pepper, ginger. For allergens, please see ingredients in Bold. **MAY CONTAIN OTHER TREE NUTS, PEANUTS, SESAME, SOY AND MILK.** Not intended for children under 5 years old. May contain fragments of nut shells.



## GARROT & CHILI TWIST

PRESSED BAR 35G

Nutrition Information	Per 100g	Per 35g bar	Nutrition Information	Per 100g	Per 35g bar
Energy	1775kJ	621 kJ	Carbohydrates	37g	13g
	426 Kcal	149 Kcal	- of which sugars	28g	10g
Fat	22g	8g	Fibre	16g	5.5g
- of which saturates	2.5g	0.9g	Protein	12g	4g
			Salt	0.89g	0.31g

Fruit, Vegetable and Nut bar  
CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Almonds, pear, apricot, raisins, pumpkin seeds, carrot (8%), corn fibre, sunflower oil, salt, onion, chilli flakes (0.3%), cherry extract (antioxidant), tapioca starch. For allergens, please see ingredients in Bold. **MAY CONTAIN OTHER TREE NUTS, PEANUTS, SESAME, SOY AND MILK.** Not intended for children under 5 years old. May contain fragments of nut shells.



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# PRESSED PROTEIN BARS



## PEANUT & BANANA

PRESSED PROTEIN BARS 50G

Nutrition Information	Per 100g	Per 50g bar	Nutrition Information	Per 100g	Per 50g bar
Energy	1978 kJ	989 kJ	Carbohydrates	32g	16g
	475 Kcal	238 Kcal	- of which sugars	23g	12g
Fat	28g	14g	Fibre	7.3g	3.6g
- of which saturates	5.7g	2.9g	Protein	20g	10g
			Salt	0.54g	0.27g

Fruit and nut bar with whey protein.  
CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Peanut (51%), raisins, banana (11%), apricot, whey protein concentrate (milk), blueberry, sunflower oil, salt, vanilla, cherry extract (antioxidant), tapioca starch. **CONTAINS:** PEANUTS, MILK. **MAY CONTAIN NUTS AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



## ALMOND & APPLE

PRESSED PROTEIN BARS 50G

Nutrition Information	Per 100g	Per 50g bar	Nutrition Information	Per 100g	Per 50g bar
Energy	2028 kJ	1014 kJ	Carbohydrates	30g	15g
	487 Kcal	244 Kcal	- of which sugars	23g	11g
Fat	30g	15g	Fibre	8.5g	4.3g
- of which saturates	3.7g	1.8g	Protein	20g	10g
			Salt	0.34g	0.17g

Fruit and nut bar with whey protein.  
CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Almond (34%), raisins, pumpkin seeds, apple (9%), apricot, whey protein concentrate (milk), sunflower oil, blueberry, salt, cinnamon, vanilla, cherry extract (antioxidant), tapioca starch. **CONTAINS:** TREENUT (ALMOND), MILK. **MAY CONTAIN NUTS, PEANUTS AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



## PECAN & CHERRY

PRESSED PROTEIN BARS 50G

Nutrition Information	Per 100g	Per 50g bar	Nutrition Information	Per 100g	Per 50g bar
Energy	2122 kJ	1061 kJ	Carbohydrates	29g	14g
	510 Kcal	255 Kcal	- of which sugars	22g	11g
Fat	33g	16g	Fibre	8.5g	4.2g
- of which saturates	3.5g	1.8g	Protein	20g	10g
			Salt	0.34g	0.17g

Fruit and Nut bar with whey protein.  
CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Almond, raisins, pumpkin seeds, apple, apricot, cherry (6.5%), whey protein concentrate (milk), pecan (5%), sunflower oil, vanilla, salt, cherry extract (antioxidant), tapioca starch. **For allergens, please see ingredients in Bold. MAY CONTAIN OTHER TREE NUTS, PEANUTS, SESAME AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



## COCONUT & BLUEBERRY

PRESSED PROTEIN BARS 50G

Nutrition Information	Per 100g	Per 50g bar	Nutrition Information	Per 100g	Per 50g bar
Energy	2047kJ	1024kJ	Carbohydrates	31g	15g
	491Kcal	246Kcal	- of which sugars	21g	11g
Fat	30	15	Fibre	8.7g	4.4g
- of which saturates	4.8g	2.4g	Protein	20g	10g
			Salt	0.34g	0.17g

Fruit and Nut bar with whey protein.  
CONTAINS NATURALLY OCCURRING SUGARS

**INGREDIENTS:** Almond, raisins, banana, pumpkin seeds, blueberry (7%), apricot, whey protein concentrate (milk), coconut (3%), sunflower oil, vanilla, salt, cherry extract (antioxidant), tapioca starch. **For allergens, please see ingredients in Bold. MAY CONTAIN OTHER TREE NUTS, PEANUTS, SESAME AND SOY.** Not intended for children under 5 years old. May contain fragments of nut shells.



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