

"If the human body is balanced in pH and nutrients it is not susceptible to disease"

— Dr. Royal R.Rife -

The new Alkaline Diet trend involves eating mainly alkaline foods in order to keep the body's pH between 7.35 and 7.45 the ultimate aim is to eat 80% alkaline foods and 20% acidic foods. A large of this diet is cutting down on sugary acidic drink and introducing natural alkaline water into your lifestyle. This long term practice will have a direct effect on your overall health and fitness. Dr. Don Colbert, M.D.Stated

"There is no life without water, and there is SANGKA to keep your lifestyle balanced from within"



The name derived from its origin in Thailand

A 'Sangka' is a conch that is often used in an auspicious ceremony in Thailand. The belief that whoever owns a Sangka will always be blessed with good fortune, money and luck. Prosperous with riches, surrounded by companions. Successful in work and keeps you on the bright side of life.

The Origin of Sangka Icon





ICONIC

OF BRAND

SANGKA

(Conch Shell)

LETTER 'G'

Acidic

pH less than 7

Metabolic acidosis is a condition in which acids build up in your body. Causes include untreated diabetes, the loss of bicarbonate in your body and kidney conditions. Symptoms include an accelerated heartbeat, confusion and fatigue. Blood and urine test can help diagnose it. (Cr.Clevelandclinic.org)

— Causes from acidosis state



Accelerated heartbeat



Fatigue



Immune System decreases



Cancer



Rapid Breathing



G.E.R.D Gastric Reflux



Confusion & Dizziness



Loss of muscle flexibility Feeling Weak

Neutral Physics Physic

Usually our body is slightly alkaline. Our blood pH is between 7.3-7.4 slight changes causes your body to be acidic or alkaline state. pH 7 is neutral. This is the ideal pH of water in our bodies.

WE SHOULD KEEP —OUR BODY BALANCE

in order to keep ourselves in better health

Maline

pH More than 7

Food that we consume are mostly Acidic, therefore drinking NATURAL ALKALINE water helps to keep our body in pH scale balance.

Alkaline Water lessens the chance for diabetes Gastric Reflux, is it true? Let's find out what "Alkaline water" is:

Alkaline water has a pH of more than 7 and its molecule is much smaller than regular water

(Regular water pH is 7 or less but Alkaline water is more than pH 7 (8-9) if natural)

Natural Alkaline water helps the body to better absorb minerals and has anti-oxidant which helps to maintain healthy cells.



pH scale



Sangka is a certified and approved brand by the Water Sommelier Union, guaranteeing that the taste and quality are second to none and suitable for various types of pairing, mixing, and drinking.

Certifications



Water Sommelier Union Certified And Approved



علامة الجورة الإماراتية Emirates Quality Mark NB-0002

















Awards



OUR CEO IS THAILAND'S

firstWATER SOMMELIER

A water sommelier is an expert in identifying, tasting and recommending different types of water. Much like a wine sommelier does with wine, a water sommelier can guide individuals on the health benefits, distinguish flavours and tastes. Educate on environmental impacts and sustainable sourcing and enhance the dining experience by pairing specific waters with meals. As health consciousness grows, the role of a water sommelier becomes increasingly valuable in helping people make informed choices about the water they consume.

This is the passion of our CEO who has been certified by Water Sommelier from Germany and is a member of Water Sommelier Union.



SANGKA Full of essential

MINERALS

Silica

Improve the elasticity of skin health for hair & nail growth

Calcium

Crucial for building & maintaining strong bones & teeth.

Magnesium

Helps with muscle contraction and relaxation

Sulfate

Improves bowel movement & Help to detox toxins



Bicarbonate

pH 8 - 9

Boost your kidney function Helps pH balance, prevent acidosis & G.E.R.D.

Potassium

Helps nerve function between brain & body



Chloride

Helps to digest food, breakdown proteins & absorb vitamins

"It is this concord balance of minerals that gives SANGKA its light and refreshing taste"

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LINE Official Account (Thailand + Asia)



WhatsApp