



Product Brochure

60th Anniversary Issue





Milk Powder

"The best value
Milk Powder"

- ✓ Full Cream Milk Powder
- ✓ Available in 400g, 900g & 2.5kg
- ✓ Boosted with Vitamins A & D
- ✓ All 21 Amino Acids



**In place of
Fresh Milk**



**To Thicken Stews,
Mash & Savoury Dishes**



**For Creamy Cakes,
Custards & Desserts**



**In Teas, Coffees
& Hot Chocolates**



1964 was a year for the history books! Muhammad Ali became the Heavyweight Boxing Champion of the World, America was in the throes of 'Beatlemania' and Wanis opened its first shop in London's old East End.

Our parents: Mr and Mrs 'Wani', as they were affectionately nicknamed by their customers, took the first steps of our family business which, after six decades of long working hours, stress and sacrifice, would become one of Europe's leading World Foods distributors, employing over 150 people and creating thousands of jobs and business opportunities worldwide.

Celebrating our 60th year, we are taking the time to reflect and give thanks for our team, customers and partners, many of whom have been with us for decades. As a family business, we take so much pride in the relationships we've been able to build. We know how lucky we are and we take none of it for granted.

In honour of our father, Tulsidas Wadhvani, and with boundless love and appreciation, we thank YOU for being on this journey with us. We hope to continue serving communities worldwide, connecting cultures as "food is the ingredient that binds us together."

Sanjay and Kapil Wadhvani
Managing Directors
Wanis International Foods



origins



strong
relationships



independent
business



dream
team

Our Key Brands



Our Key Brands

MAGNUM



Miracle



St. Mary's

SUPERMALT

Tilda



TROPICAL VIBES



Village Pride

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Coconut Water / Aloe Vera



Tropical Sun
Coconut Water with Pieces
12 x 330ml - 115550



Tropical Sun
Coconut Water with Pieces
12 x 520ml - 115560



Tropical Sun
Coconut Water with Pieces
12x300ml - 229967 / 6x300ml - 232930



Tropical Sun
Natural Coconut Water
6 x 1L - 229688



Tropical Sun
Natural Coconut Water
12 x 330ml - 404020



Tropical Sun
Natural Coconut Water
12 x 520ml - 150126



Tropical Sun
Natural Coconut Water PET
12 x 500ml - 246926



Tropical Sun
Natural Coconut Water
12x300ml - 229862 / 6x300ml - 232929

Aloe Vera Drinks



Tropical Sun
Aloe Vera Blueberry
12 x 500ml - 233480



Tropical Sun
Aloe Vera Blueberry
6 x 1.5Ltr - 232419



Tropical Sun
Aloe Vera Pomegranate
6 x 1.5Ltr - 229265



Tropical Sun
Aloe Vera Mango
12 x 500ml - 232409



Tropical Sun
Aloe Vera Mango
6 x 1.5Ltr - 230729 / 12 x 500ml - 232409



Tropical Sun
Aloe Vera Original
12 x 500ml - 230859



Tropical Sun
Aloe Vera Original
6 x 1.5Ltr - 229636



Tropical Sun
Aloe Vera Strawberry
12 x 500ml - 232408



Tropical Sun
Aloe Vera Strawberry
6 x 1.5Ltr - 230728



Tropical Sun
Aloe Vera Pineapple
6 x 1.5Ltr - 101902



Tropical Sun
Cocolychie
6 x 1.5Ltr - 234451

Juice Drinks



Tropical Sun
Pineapple Juice 24 x 560ml - 230905
6 x 560ml - 194037



Tropical Sun
Carrot Juice 24 x 540ml - 194034
6 x 540ml - 194036



Tropical Sun
Fruit Punch 24 x 540ml - 221360
6 x 540ml - 194039



Tropical Sun
Tamarind Juice Drink
24 x 310ml - 242592



Tropical Sun
Sugar Cane Juice Drink
24 x 310ml - 242653



Tropical Sun
Lychee Juice Drink
12 x 310ml - 244023



Tropical Sun
Hibiscus (Sorrel) Juice Drink
12 x 330ml - 244100



Tropical Sun
Mangosteen Juice Drink
12 x 330ml - 245472



Tropical Sun
Soursop Juice Drink with Pulp
12 x 330ml - 244099



Tropical Sun
Mango Juice Drink with Pulp
12 x 330ml - 244101



Tropical Sun
Pink Guava Juice Drink with Pulp
12 x 330ml - 244102



Tropical Sun
Pineapple Juice Drink with Pulp
12 x 330ml - 244131



Tropical Sun
Grape Juice Drink with Pulp
12 x 300ml - 244132



Stute
Cranberry Drink
8 x 1.5L - 227236



Grace
Tropical Rhythms Reggae Medley
12 x 475ml - 243425



Grace
Tropical Rhythms Fruit Punch
12 x 475ml - 194071



Grace
Tropical Rhythms Pineapple Ginger
12 x 475ml - 194070



Grace
Tropical Rhythms Sorrel Ginger
12 x 475ml - 194072



Grace
Tropical Rhythms Mango Carrot
12 x 475ml - 194069

Tropical Vibes



Tropical Vibes
Fruit Punch
15 x 300ml - 235522



Tropical Vibes
Fruit Punch Mega
12 x 532ml - 244256



Tropical Vibes
Mango Carrot
15 x 300ml - 235524



Tropical Vibes
Mango Carrot Mega
12 x 532ml - 244257



Tropical Vibes
Exotic Fruits
15 x 300ml - 237107



Tropical Vibes
Guava Lychee
15 x 300ml - 237108



Tropical Vibes
Pineapple Coconut
15 x 300ml - 237109



Tropical Vibes
Pineapple Ginger
15 x 300ml - 235523



Tropical Vibes
Sorrel Ginger
15 x 300ml - 235525



Tropical Vibes
Sorrel Ginger
12 x 532ml - 246037



Tropical Vibes
Soursop / Guanabana
15 x 300ml - 229951



Tropical Vibes
Citrus Punch
15 x 300ml - 245763



Tropical Vibes
Fruit Punch Tetra
6 x 1Ltr - 238109



Tropical Vibes
Mango Carrot Tetra
6 x 1Ltr - 238111



Tropical Vibes
Exotic Fruits Tetra
6 x 1L - 246699



Tropical Vibes
Mucho Mango Tetra
6 x 1Ltr - 247170



Tropical Vibes
Lemonade Ocean Blue
15 x 300ml - 238359



Tropical Vibes
Lemonade Ocean Blue
12 x 532ml - 244258

Juice Drinks



Tropical Vibes
Lemonade Paradise Punch
15 x 300ml - 238517



Tropical Vibes
Lemonade Grape Glow
15 x 300ml - 238361



Tropical Vibes
Lemonade Sassy Strawberry
15 x 300ml - 238358



Tropical Vibes
Lemonade Triple Melon
15 x 300ml - 238360



Tropical Vibes
Sours Kawaii Kiwi
15 x 300ml - 241123



Tropical Vibes
Sours Cheeky Cherry
15 x 300ml - 241122



Aani
Lychee Juice Drink
6 x 2Ltr - 246970



Aani
Mango Juice Drink
6 x 2Ltr - 246968



Aani
Pink Guava Juice Drink
6 x 2Ltr - 246969



Foco
Mangosteen Juice Drink
12 x 350ml 229552



Foco
Guava Juice Drink
12 x 350ml - 242658



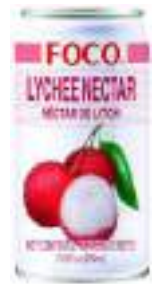
Foco
Tamarind Juice
12 x 350ml - 229550



Foco
Soursop Juice Drink
12 x 350ml - 104076



Foco
Pomegranate Drink
12 x 350ml - 194067



Foco
Lychee Drink
12 x 350ml - 222206



Foco
Sugar Cane Juice
12 x 350ml - 104006



Foco
Passion Fruit Drink
12 x 350ml - 236333



Foco
Coconut Drink
12 x 350ml - 149004



Foco
Coconut Drink
12 x 520ml - 222203

Soft Drinks



Tropical Sun
Root Beer
24 x 330ml - 230150



Tropical Sun
Ginger Beer
24 x 330ml - 230149



Old Jamaica
Ginger Beer
24 x 330ml - 223090



Old Jamaica
Cream Soda
24 x 330ml - 239118



Old Jamaica
Tropical Soda
24 x 330ml - 242316



Old Jamaica
Grape Soda
24 x 330ml - 239117



Old Jamaica
Pineapple Soda
24 x 330ml - 239119



Old Jamaica
Ginger Beer
12 x 500ml - 100014 / 8 x 2L - 241712



Pink Ting Bottle
24 x 300ml - 232638



Ting Bottle
24 x 300ml - 232637



Ting Can
24 x 330ml - 223070



Red Bull
Original
24 x 250ml - 200050



7UP
Original Can
24 x 330ml - 113016



Supermalt
Ginger Beer Bottles
24 x 330ml - 236663



DG
Pineapple Soda Glass Bottle
24 x 354ml - 226530



DG
Cream Soda Glass Bottle
24 x 354ml - 226532



DG
Grape Soda Glass Bottle
24 x 354ml - 102574



DG
Kola Soda Glass Bottle
24 x 354ml - 226531



Sorrel Fizz (Trinidad)
Sparkling Sorrel Drink
24 x 300ml - 229396



Mauby Fizz (Trinidad)
Sparkling Mauby Drink
24 x 300ml - 229392

Soft Drinks



Mauby Fizz
Sparkling Mauby Drink Diet
24 x 300ml - 103110



Peardrax
Sparkling Pear Drink
24 x 300ml - 103103



Baldwins
Sarsaparilla Drink
12 x 1L - 160001



Solo
Apple J
24 x 355ml - 113400



Solo
Pear J
24 x 355ml - 113405



Solo
Sorrel
24 x 355ml - 113420



Solo
Cream Soda
24 x 355ml - 113435



Solo
Grape
24 x 355ml - 113425



Solo
Kola Champagne
24 x 355ml - 113414



Solo
Pineapple
24 x 355ml - 113430



Solo
Mango
24 x 355ml - 194080



Solo
Orange
24 x 355ml - 113415



Buss Up!
Fruit Punch
9 x 555ml - PM 100349



Buss Up!
Grape
9 x 555ml - PM 100361



Buss Up!
Pineapple
9 x 555ml PM 102056



Bigga
Fruit Punch
12 x 600ml - 242166



Bigga
Grape
12 x 600ml - 242167



Bigga
Jamaican Kola
12 x 600ml - 242170



Bigga
Pineapple
12 x 600ml - 242168

Soft Drinks



Chubby
Blueberry Blast
24 x 250ml - 239452



Chubby
Grape
24 x 250ml - 239455



Chubby
Green Punch
24 x 250ml - 241922



Chubby
Pineapple
24 x 250ml - 239456



Chubby
Cola
24 x 250ml - 222180



Schweppes
Bitter Lemon (Nigeria)
24 x 290ml - 246601



Coca Cola
Coke Glass Bottle (Nigeria)
24 x 500ml - 237819



Fanta
Orange
24 x 330ml - 122701



Mirinda
Strawberry
24 x 330ml - 227277



Mirinda
Strawberry
6 x 2L - 227302



Mirinda
Orange
24 x 330ml - 101289



Mirinda
Orange
12 x 500ml - 227303



Mirinda
Orange
6 x 2.25L 101015



Coke
Can
24 x 330ml - 122632 / 24 x 330ml - 480003



Diet Coke
Can
24 x 330ml - 122603



Flavour Aid
Tropical Instant Drink Mix
12 x 500g PM - 244665



Flavour Aid
Lemon Instant Drink Mix
12 x 500g PM - 243475



Flavour Aid
Mango Instant Drink Mix
12 x 500g PM - 243478



Flavour Aid
Orange Instant Drink Mix
12 x 500g PM - 243480



Flavour Aid
Pineapple Instant Drink Mix
12 x 500g PM - 243476



Palm Juice
12 x 600ml - 101675



Nkulenu's
Palm Drink
24 x 315ml - 226419



Nkulenu's
Palm Drink
12 x 625ml - 226230



JoJo
Blackcurrant Nata de Coco
6 x 320ml - 244883 / 24 x 320ml - 225572



JoJo
Lychee Nata de Coco
6 x 320ml - 244893 / 24 x 320ml - 241495



JoJo
Mango Nata de Coco
6 x 320ml - 244892 / 24 x 320ml - 241494



JoJo
Melon Nata de Coco
6 x 320ml - 244891 / 24 x 320ml - 241493



JoJo
Orange Nata de Coco
6 x 320ml - 244882 / 24 x 320ml - 225534



JoJo
Pineapple Nata de Coco
6 x 320ml - 244885 / 24 x 320ml - 241492



JoJo
Pink Guava Nata de Coco
24 x 320ml - 225533



JoJo
Strawberry Nata de Coco
24 x 320ml - 241496



Mogu Mogu Coconut
6 x 320ml - 234390
4 x 6 x 320ml - 234338



Mogu Mogu Grape
6 x 320ml - 237507
4 x 6 x 320ml - 237462



Mogu Mogu Mango
6 x 320ml - 234392
4 x 6 x 320ml - 234339



Mogu Mogu Melon
6 x 320ml - 234393
4 x 6 x 320ml - 234340



Mogu Mogu Strawberry
6 x 320ml - 234385
4 x 6 x 320ml - 234426



Mogu Mogu Passionfruit
6 x 320ml - 237508
4 x 6 x 320ml - 237464

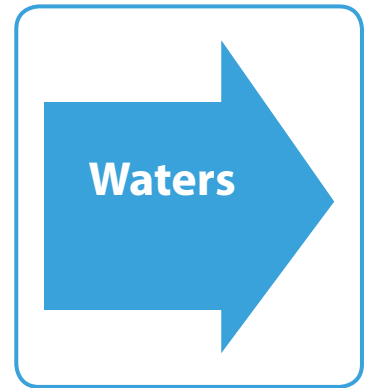
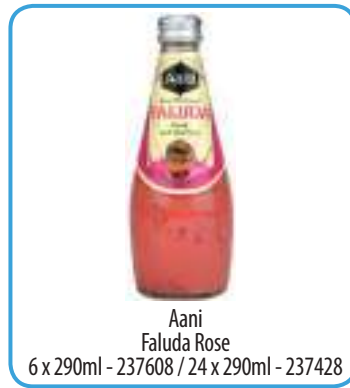


Mogu Mogu Peach
6 x 320ml - 239685
4 x 6 x 320ml - 239684



Mogu Mogu Pineapple
6 x 320ml - 235512
4 x 6 x 320ml - 234425

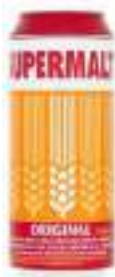
Water



Malt Drinks



Supermalt
Bottle
24 x 330ml - 118629



Supermalt
Can
12 x 500ml - 238054



Supermalt
Less Sugar
4 x 6 x 330ml - 118645



Powermalt
24 x 330ml - 211020



Vitamalt
24 x 330ml - 118632



Vitamalt Ginger
24 x 330ml - 118670



Vitamalt
Coconut & Hibiscus
24 x 330ml - 237870



Vitamalt
Ginseng, Aloe & Royal Jelly
24 x 330ml - 238464



Maltina
Nigeria Bottle
24 x 330ml - 151810



Maltina
Nigeria Can
24 x 330ml - 224836



Maltina
Nigeria Pineapple Can
24 x 330ml - 243157



Malta Guinness (Nigeria)
Bottle
24 x 330ml - 201011



Malta Guinness (Nigeria)
Bottle Multipack
6 x 4 x 330ml 101032



Malta Guinness (Nigeria)
Can
24 x 330ml - 104403



Megamalt Original
6-pack PM
4 x 6 x 330ml 242837



Devina Malt
24 x 500ml - 235493



Afrimalt
24 x 500ml - 227309



Hypermalt
Bottle
24 x 330ml - 105057



Hypermalt
Can
24 x 330ml - 105056



Hypermalt
Can
24 x 500ml - 246243

Syrups



Amstel Malta
Can
24 x 330ml - 104748



Amstel Malta
Bottle
24 x 330ml - 239424



Grace
Mighty Malt
4 x 6 x 330ml - 225104

Syrups



Tropical Sun
Cherry Syrup
6 x 700ml - 113640



Tropical Sun
Grape Syrup
6 x 700ml - 228479



Tropical Sun
Kola Syrup
6 x 700ml - 113620



Tropical Sun
Strawberry Syrup
6 x 700ml - 360079



Tropical Sun
Tropical Syrup
6 x 700ml - 234849



Baron
Grenadine Syrup
12 x 794ml - 101214 / 6 x 794ml - 103664



Baron
Sorrel Syrup
12 x 750ml - 172519 / 6 x 750ml - 172508



Pure - Bulk
Fruit Punch Syrup
12 x 1L - 101512



Pure - Bulk
Fruit Punch Syrup
6 x 1.89L - 243770



Pure - Bulk
Fruit Punch Syrup
4 x 3.8L - 225567



Pure - Bulk
Kola Syrup
12 x 1L - 101505



Pure - Bulk
Pineapple Ginger Syrup
12 x 1L - 225569



Pure - Bulk
Pineapple Syrup
12 x 1L - 233796



Pure - Bulk
Strawberry Syrup
12 x 1L - 101504



Pure - Bulk
Strawberry Syrup
4 x 3.8L - 228057



Pure - Bulk
Mango Syrup
12 x 1L - 101508



Pure – Bulk
Sorrel & Ginger Syrup
12 x 1L - 227848



Pure – Bulk
Cherry Syrup
12 x 1L - 101503



Pure – Bulk
Grape Syrup
12 x 1L - 101511



Pure – Bulk
Ginger Syrup
12 x 1L - 104367



Pure – Bulk
Wine
12 x 1L - 227273



Aani
Rose Syrup
6 x 725ml - 244444



Grace
Cherry Syrup
6 x 750ml - 104418



Grace
Strawberry Syrup
6 x 750ml - 104416

Milk Drinks

Miracle



Miracle
Peanut Punch
24 x 250ml - 506090



Miracle
Peanut Punch Screwcap
18 x 330ml - 244662



Miracle
Egg Nog
24 x 250ml - 506085



Lasco
Chocolate Drink
24 x 120g - 226801



Lasco
Strawberry Drink
24 x 120g - 226890



Lasco
Vanilla Drink
24 x 120g - 229231



Lasco
Carrot Drink
24 x 120g - 244826



Strongback
Vanilla
12 x 305g - 104446



Strongback
Peanut
12 x 305g - 226659



Vamino
Soymilk
24 x 300ml - 235521

Milk Drinks



Nrich
Vanilla
12 x 400g - 778800 / PM 246312



Nrich
Banana
12 x 400g - 778803 / PM 246313



Nrich
Chocolate
12 x 400g - 778804 / PM 246314



Nrich
Strawberry
12 x 400g - 778801 / PM 246311



Nurishment
Banana
12 x 400g - 215050



Nurishment
Chocolate
12 x 400g - 215030



Nurishment
Strawberry
12 x 400g - 222209



Nurishment
Vanilla
12 x 400g - 222205



Big Bamboo
Irish Moss Oats
12x284ml - 226786 / 24x284ml - 226785



Big Bamboo
Irish Moss Peanut
12x284ml - 151652 / 24x284ml - 151653



Big Bamboo
Irish Moss Original
12x284ml - 151651 / 24x284ml - 151650



Big Bamboo
Irish Moss Strawberry
12x284ml - 140067 / 24x284ml - 140066



Supligen
Irish Moss
12 x 290ml - 236241



Supligen
Peanut
12 x 290ml - 236242



Supligen
Chocolate
12 x 290ml - 236243



Supligen
Vanilla
12 x 290ml - 236244



Supligen
Cookies & Cream
12 x 290ml - 239241



Supligen
Coffee
12 x 290ml - 239560



Supligen Max
Stout Punch (5% ABV)
12 x 290ml - 246036



Supligen
Strawberry
24 x 250ml - 239514

Non-Alcoholic Wine



Supligen
Vanilla Tetra
24 x 330ml - 232783



Supligen
Vanilla Tetra
12 x 1Ltr - 101621



Rose Hall
Egg Nog
6 x 1L - 242560

Non-Alcoholic
Wine



Devina
Sparkling White Grape
12 x 750ml - 227072



Devina
Sparkling Red Grape
12 x 750ml - 227071



Devina
Sparkling Apple
12 x 750ml - 227069



Devina
Sparkling Strawberry
12 x 750ml - 227073



Devina
Sparkling Mango
12 x 750ml - 227070



Devina
Sparkling Peach
12 x 750ml - 227074



Devina
Sparkling Pineapple Coconut
12 x 750ml - 227076



Devina
Sparkling Fruit Cocktail
12 x 750ml - 227064



Devina
Sparkling Red Grape
4 x 6 x 330ml - 227079



Devina
Sparkling Fruit Cocktail
4 x 6 x 330ml - 227078



Angelica
Sparkling Pure Red Grape
6 x 750ml - 235682



Angelica
Sparkling Pure White Grape
6 x 750ml - 235681



Beer and Shandy



Gulder
Lager Beer (Nigeria)
12 x 600ml - 150114



Orijin
Lager Beer (Nigeria)
12 x 600ml - 232935



Star
Lager Beer (Nigeria)
12 x 600ml - 150113



Trophy
Lager Beer (Nigeria)
12 x 600ml - 235289



Guinness
Stout (Nigeria)
24 x 330ml - 215189



Guinness
Stout (Nigeria)
4-pack 6 x 4 x 330ml - 242961



Guinness
Stout (Nigeria)
12 x 600ml - 151890



Guinness
Foreign Extra
24 x 330ml - 151991



Mackeson
Stout
24 x 275ml - 230140



Dragon
Stout (Jamaica)
24 x 284ml - 223150



Dragon
Stout Spitfire (Jamaica)
24 x 284ml - 238489



Piton
Lager Beer (St Lucia)
24 x 275ml - 104830



Red Stripe
Lager Beer (UK)
24 x 330ml - 233496



Red Stripe
Lager Chubby (Jamaica)
24 x 341ml - 206040



Red Stripe
Lemon (Jamaica)
24 x 275ml - 239346



Red Stripe
Sorrel (Jamaica)
24 x 275ml - 225193



Red Stripe
Melon (Jamaica)
24 x 275ml - 239347



Red Stripe
Apple (Jamaica)
24 x 275ml - 243419



Royal Jamaican
Alcoholic Ginger Beer
24 x 355ml - 230111



Royal Jamaican
Alcoholic Sorrel Beer
24 x 355ml - 230112



Volfas
Engelman Balta Wheat Beer (5% ABV)
24 x 568ml - 245488



Volfas
Engelman Balta Wheat Beer 4-pack
(5% ABV) 6 x 4 x 568ml - 245600



Volfas
Engelman Blanc White Wheat Beer
(5% ABV) 24 x 568ml - 245490



Volfas
Engelman Rinktinis Lager Beer
(5.2% ABV) 24 x 568ml - 245487



Volfas
Engelman Rinktinis Lager Beer 4-pack
(5.2% ABV) 6 x 4 x 568ml - 245601



Jamaican Lion
Jamaican Dark Rum
24 x 200ml - 245184 / 6 x 200ml - 245557



Jamaican Lion
Jamaican Dark Rum
12 x 750ml - 245181 / 6 x 750ml - 245902



Jamaican Lion
Jamaican Gold Rum
24 x 200ml - 245186 / 6 x 200ml - 245559



Jamaican Lion
Jamaican Gold Rum
12 x 750ml - 245183 / 6 x 750ml - 245904



Jamaican Lion
Jamaican Overproof Rum
24 x 200ml - 245185 / 6 x 200ml - 245561



Jamaican Lion
Jamaican Overproof Rum
12 x 750ml - 245182 / 6 x 750ml - 245903



Worthy Park
Jamaican Gold Rum
6 x 200ml - 226651



Jamaica Rum Vibes
Original Lime
12 x 250ml - 244496



Jamaica Rum Vibes
Ginger Lime
12 x 250ml - 244497



West Indies
Jamaican Rum Punch
6 x 750ml - 245905



Masons Rum Punch
Original
12 x 250ml - 242242



West Indies
Rum Cream
12 x 750ml - 245188



Wray & Nephew
Rum Cream
24 x 200ml - 226555

Tonics and Bitters



Magnum
Tonic Wine (Jamaica)
24 x 200ml - 151060



Magnum
Tonic Wine (UK)
24 x 200ml - 233759



Rude Boy
Original Tonic Wine
12 x 200ml - 244433



Rude Boy
Tough Nut Tonic Wine
12 x 200ml - 244431



Rude Boy
Watermelon Tonic Wine
12 x 200ml - 244430



Rude Boy
Passion Tonic Wine
12 x 200ml - 244432



Sawka Sawka
Roots Tonic Wine (Jamaica)
12 x 240ml - 246014



Pump It Up
Tonic Drink
24 x 148ml - 151070



Bedroom Bully
Tonic Drink
24 x 207ml - 103704



Stones
Ginger Wine
6 x 700ml - 100937



Red Label
Aperitif
24 x 200ml - 174009



Red Label
Aperitif
6 x 750ml - 174005



Mandingo (Jamaica)
Tonic Drink
24 x 240ml - 122635



Baba Roots
Herbal Beverage (Jamaica)
24 x 142ml - 151085



Zion
Ginseng Energiser
24 x 207ml - 151094



Zion
Tiger Herbal Tonic
24 x 207ml - 103701



Irie Moss (Jamaica)
Strong Bamboo
24 x 200ml - 194041



Vigorton
Iron & Vitamin Tonic
6 x 230ml - 238241



Vigorton
Iron & Vitamin Tonic
6 x 500ml - 222173



Soo Natural
Cerasse Drink
24 x 200ml - 239091

Tonics – Hot Drinks



Soo Natural
Guinea Hen Drink
24 x 200ml - 239089



Soo Natural
Hard Stone Roots Drink
24 x 200ml - 239087



Soo Natural
Horny Goat Weed Drink
24 x 200ml - 244049



Soo Natural
Medina Strongback Drink
24 x 200ml - 239092



Soo Natural
Moringa Cinnamon Drink
24 x 200ml - 239086



Soo Natural
Natural Moringa Drink
24 x 200ml - 239084



Soo Natural
Moringa Soursop
24 x 200ml - 239085



Rose Hall
Constitution Bitters
12 x 750ml - 241643



Rose Hall
Sorrel
6 x 750ml - 246475



Rose Hall
Pure Noni Juice
6 x 1L - 244098



Nature's Way
Constitution Bitters
12 x 750ml - 196610



Nature's Way
Sorrel
12 x 750ml - 230498



Korean
Ginseng with Root
10 x 120ml - 107102



Hot Drinks



Nestlé
Coffee Mate
10 x 180g - 225953



Nestlé
Coffee Mate
6 x 450g - 226777



Horlicks
Original Malt
6 x 300g - 22987



Horlicks
Original Malt
6 x 500g - 229869



Horlicks
Original Malt
2 x 2kg - 114022



Horlicks
Chocolate Malt
6 x 400g - 229873



Nestlé
Milo
12 x 400g - 123804



Nestlé
Milo
6 x 800g - 123845



Nestlé
Milo (Ghana)
6 x 400g - 237523



Nestlé
Milo (Singapore)
6 x 400g - 229973



Nestlé
Milo (Malaysia)
6 x 1.4kg - 906000



Nestlé
Milo Ready to Drink
12 x 240ml - 242660



Milo
Energy Cubes
24 x 100's - 104266



Nestlé
Milo Choco Bar
24 x 30g - 231087



Nestlé
Milo Nuggets
24 x 12 x 15g - 123803



Nestlé
Milo Packet
33 x 200g - 123813



Nestlé
Milo Refill Pouch
24 x 400g - 123814



Nestlé
Nestomalt
6 x 400g - 225522



Nestlé
Nestum Original
6 x 450g - 225443



Ovaltine
6 x 300g - 244463



Ovaltine
6 x 800g - 112403



Cadbury's
Bournvita
12 x 500g - 122935



Cadbury's
Bournvita
6 x 900g - 122936



Cadbury's
Drinking Chocolate
12 x 250g - 148040



Mountain Peak
Instant Coffee (Jamaica)
6 x 170g - 226556 / 12 x 170g - 226551

Herbal Teas – Tropical Sun



Tropical Sun
Cerasse Tea
6 x 20's - 233043 / PM 234155



Tropical Sun
Fennel Tea
6 x 20's - 237279



Tropical Sun
Ginseng
6 x 20's - 235761



Tropical Sun
Green Tea
6 x 20's - 235767



Tropical Sun
Honey & Ginger Tea
6 x 20's - 233039 / PM 234169



Tropical Sun
Instant Ginger Tea
6 x 20's - 233052



Tropical Sun
Instant Lemon & Ginger Tea
6 x 20's - 238924



Tropical Sun
Lemon & Ginger
6 x 20's - 239320 / PM 234157



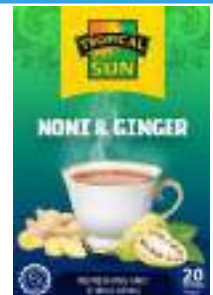
Tropical Sun
Lemon Grass Tea
6 x 20's - 239320 / PM 234157



Tropical Sun
Moringa Tea
6 x 20's - 233051 / PM 234161



Tropical Sun
Neem (Indian Lilac) Tea
6 x 20's - 235683



Tropical Sun
Noni Ginger Tea
6 x 20's - 100348



Tropical Sun
Peppermint Tea
6 x 20's - 233040 / PM 234163



Tropical Sun
Peppermint & Cinnamon Tea
6 x 20's - 235483



Tropical Sun
Senna Tea
6 x 20's - 235771 / PM 246883



Tropical Sun
Slimtee Tea
6 x 20's - 235769



Tropical Sun
Sorrel Ginger Tea
6 x 40g - 233047 / 36 x 40g - 233046



Tropical Sun
Soursop Tea
6 x 20's - 233049 / PM 234167



Tropical Sun
Tulsi Tea
6 x 20's - 235482



Tropical Sun
Turmeric Tea
6 x 20's - 235480

Teas & Infusions



Tropical Sun
Instant Ginger Box
30 x 10 x 18g - 234080



Tropical Sun
Instant Ginger Packet
20 x 20 x 18g - 103691



Tropical Sun
Instant Ginseng & Ginger Packet
15 x 24's - 242680



Tropical Sun
Instant Lemon & Ginger Packet
15 x 24's - 242679



Tropical Sun
Instant Mint & Ginger Packet
15 x 24's - 242681



Mountain Peak
Ginger Turmeric Tea Unsweetened
12 x 14 x 2g - 241770



Village Pride
Instant Ginger Packet
1 x 30's - 239239 / 15 x 30's - 234307



Caribbean Dreams
Cinnamon Mint Diabetic Tea
6 x 20's - 230433



Caribbean Dreams
Cleansing/Detox Herbal Tea
6 x 20's - 230070



Caribbean Dreams
Green Tea & Mint
6 x 20's - 230063



Caribbean Dreams
Ginger Tea
6 x 24's - 230062



Caribbean Dreams
Ginger Lemon Tea
6 x 24's - 230069



Caribbean Dreams
Instant Ginger Tea
6 x 20's - 230072



Caribbean Dreams
Honey Ginger Tea
6 x 24's - 230067



Caribbean Dreams
Slimming Tea
6 x 20's - 227183



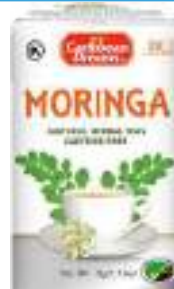
Caribbean Dreams
Soursop Tea
6 x 20's - 233204



Caribbean Dreams
Bissy Tea
6 x 24's - 230350



Caribbean Dreams
Cerasee Tea
6 x 24's - 230068



Caribbean Dreams
Moringa Tea
6 x 20's - 230796



Caribbean Dreams
Moringa Mint Tea
6 x 20's - 230348

Teas & Infusions



Caribbean Dreams
Neem Tea
6 x 20's - 236420



Caribbean Dreams
Noni Ginger Tea
6 x 20's - 230060



Caribbean Dreams
Peppermint Tea
6 x 24's - 230061



Caribbean Dreams
Sorrel Ginger Tea
6 x 24's - 230064



Caribbean Dreams
Tulsi Tea
6 x 20's - 236421



Caribbean Dreams
Turmeric Ginger Tea
6 x 20's - 231356



Caribbean Dreams
Jamaican Hot Chocolate
8 x 20's - 237250



Caribbean Dreams
Coconut Cocoa
8 x 20 x 20g - 244223



Lipton
Black Tea
12 x 200g - 150133



Morning Sun
Ginger Drink Packet
20 x 20's - 225183



Morning Sun
Ginger Drink Box
6 x 10's - 225185 / 30 x 10's - 225184



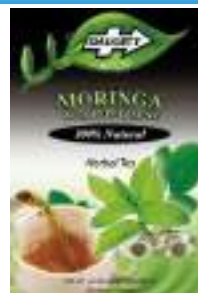
Gold Kili
Ginger Drink
12 x 20 x 18g - 236040



Dalgety
Honey & Ginger Tea
6 x 40g - 101064



Dalgety
Instant Ginger Tea
6 x 125g - 110200



Dalgety
Moringa with Green Tea
6 x 40g - 233194



Dalgety
Peppermint Tea
6 x 40g - 101053



Dalgety
Pure Green Tea
6 x 40g - 229370



Dalgety
Pure Moringa Tea
6 x 40g - 235356



Dalgety
Pure Soursop Tea
6 x 40g - 235357



Dalgety
Green Tea & Ginger
6 x 40g - 233473

Teas & Infusions – Dalgety



Dalgety
Camomile & Lemongrass Tea
6 x 40g - 241353



Dalgety
Cerassie Tea
6 x 40g - 101056



Dalgety
Cinnamon & Peppermint Tea
6 x 40g - 233463



Dalgety
Effective Slimline Tea
6 x 40g - 233472



Dalgety
Peppermint & Ginger Tea
6 x 40g - 103412



Dalgety
Sorrel & Ginger Tea
6 x 40g - 101063



Dalgety
Good Night Sleep Tea
6 x 40g - 241352



Dalgety
Instant Ginger (sachet)
15 x 270g - 228702



Dalgety
Instant Ginseng & Ginger (sachet)
15 x 270g - 239254



Dalgety
Instant Lemon & Ginger (sachet)
15 x 270g - 239253



Dalgety
Instant Ginseng & Ginger Tea
6 x 122g - 233471



Dalgety
Lemongrass Tea
6 x 40g - 101058



Dalgety
Lemon & Ginger Tea
6 x 54g - 101055



Dalgety
Moringa with Ginger Tea
6 x 40g - 233195



Dalgety
Moringa with Peppermint Tea
6 x 40g - 233193



Dalgety
Neem Tea
6 x 40g - 239257



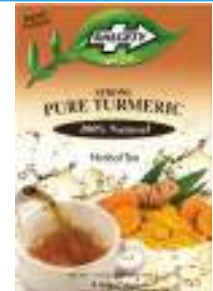
Dalgety
Mango Leaf
6 x 40g - 241355



Dalgety
Turmeric & Black Pepper Tea
6 x 40g - 241354



Dalgety
Turmeric & Ginger Tea
6 x 40g - 239256



Dalgety
Turmeric Tea
6 x 40g - 239255

Teas & Infusions



Dalgety
Chai Masala Spice Tea
6 x 72g - 233466



Dalgety
Noni & Ginger Tea
6 x 40g - 241356



Palanquin
Cardamom Tea
6 x 40's - 101422



Palanquin
Spiced Tea
6 x 40's - 101425 / 6 x 80's - 103218



Shavuot
Cerasee Tea
6 x 24's - 229285



Shavuot
Cinnamon Tea
6 x 24's - 104213



Shavuot
Ginger Tea
6 x 24's - 227354



Shavuot
Moringa Tea
6 x 24's - 225547



Shavuot
Turmeric Tea
6 x 24's - 236439



Shavuot
Soursop & Moringa
6 x 24's - 229044



Shavuot
Soursop Tea
6 x 24's - 228974



Special Gunpowder
China Green Tea
6 x 250g - 204050



Special Gunpowder
China Green Tea
4 x 500g - 232161



Unik
Badshahi Chai (Sweetened)
5 x 220g - 234265



Unik
Cardamom Chai (Sweetened)
5 x 220g - 234267



Unik
Masala Chai (Sweetened)
5 x 220g - 234264



Unik
Masala Chai (Unsweetened)
5 x 140g - 234270



Unik
Karak Chai (Sweetened)
5 x 220g - 234271



Unik
Kashmiri Chai (Sweetened)
5 x 220g - 239574



Unik
Ginger Chai (Sweetened)
5 x 220g - 234263

Milk Powders



Nestlé
Cerelac 5 Cereals (7+)
6 x 400g - 237655 / 24 x 400g - 237654



Nestlé
Cerelac Honey & Wheat (12+)
6 x 400g - 135532 / 24 x 400g - 135530



Nestlé
Cerelac Honey & Wheat (12+)
12 x 1kg - 100505



Nestlé
Cerelac Mixed Vegetable (6+)
6 x 400g - 135516 / 24 x 400g - 135512



Nestlé
Cerelac Mixed Fruit (7+)
6 x 400g - 100963 / 24 x 400g - 100962



Nestlé
Cerelac Mixed Fruit (7+)
12 x 1kg - 123800



Nestlé
Cerelac Wheat (6+)
6 x 400g - 135509 / 24 x 400g - 135511



Nestlé
Cerelac Wheat (6+)
12 x 1kg - 123822



Nestlé
Cerelac Rice (6+)
6 x 400g - 135531 / 24 x 400g - 135528



Cerelac
Brown Rice & Milk (6+)
12 x 350g - 229084



Tropical Sun
Full Cream Milk Powder
6 x 400g - 244308 / 24 x 400g - 244293



Tropical Sun
Full Cream Milk Powder
6 x 900g - 244445 / 12 x 900g - 244292



Tropical Sun
Full Cream Milk Powder
6 x 2.5kg 244962



Nestlé
Nido Milk Powder
6 x 400g - 135547 / 24 x 400g - 135551



Nestlé
Nido Milk Powder
6 x 900g - 229360 / 12 x 900g - 135557



Nestlé
Nido Milk Powder
1 x 1.8kg - 135505 / 6 x 1.8kg - 135506



Nestlé
Nido Milk Powder
6 x 2.5kg - 135517



Peak
Milk Powder
6 x 400g - 140098 / 24 x 400g - 103932



Peak
Milk Powder
12 x 900g - 140085



Peak
Milk Powder
6 x 2.5kg - 150313

Coconut Products



Tropical Sun
Coconut Milk Mini 15 x 165ml - 150121
48 x 165ml - 150122



Tropical Sun
Coconut Milk
12 x 400ml - 150125 / PM 241380



Tropical Sun
Coconut Milk Reduced Fat
12 x 400ml - 243788



Tropical Sun
Coconut Milk Natural
6 x 400ml - 229129



Tropical Sun
Coconut Milk Natural
6 x 1L - 232499



Tropical Sun
Coconut Milk
6 x 2.9L - 230858



Pegasus
Premium Coconut Milk (17% fat)
12 x 400ml - 237336



Village Pride
Coconut Milk
12 x 400ml - 222574 / PM 243787



Dunn's River
Coconut Milk
12 x 400ml - 216040



Grace
Coconut Milk
12 x 400ml - 232250



KTC
Coconut Milk
12 x 400ml - 239964



Tropical Sun
Coconut Milk Powder
10 x 50g - 229045 / 100 x 50g - 229046



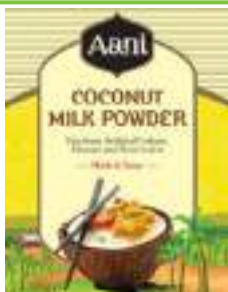
Tropical Sun
Coconut Milk Powder
12 x 150g - 231513 / 48 x 150g - 231510



Tropical Sun
Coconut Milk Powder
6 x 300g - 231514 / 24 x 300g - 231511



Tropical Sun
Coconut Milk Powder
6 x 1kg - 231512



Aani
Coconut Milk Powder
6 x 300g - 240596 / 24 x 300g - 240254



Aani
Coconut Milk Powder
6 x 1kg - 240255



Maggi
Coconut Milk Powder
12 x 150g - 150205



Maggi
Coconut Milk Powder
6 x 300g - 150209

Coconut Products



Maggi
Coconut Milk Powder
6 x 1kg - 104096



Tropical Sun
Creamed Coconut
12 x 200g - 118564 / 40 x 200g - 118561



Tropical Sun
Creamed Coconut Sachet
12 x 4 x 50g - 229259



Dunns River
Creamed Coconut
12 x 200g - 216020



KTC
Creamed Coconut
40 x 200g - 100243



Tropical Sun
Desiccated Coconut Medium
6 x 1kg - 232933



Tropical Sun
Desiccated Coconut Fine
6 x 1kg - 232934



Grace
Coconut Milk Powder
12 x 50g - 225551



Tropical Sun
Coconut Sugar
6 x 400g - 231740



Tropical Sun
Coconut Milk Organic
6 x 400ml - 150129



Tropical Sun
Coconut Flour Organic
12 x 500g - 235534



Beans, Pulses & Grains – Tropical Sun



Tropical Sun
Black Beans
20 x 500g - 100057 / 6 x 2kg - 237421



Tropical Sun
Blackeye Beans 20 x 500g - 100052 /
6 x 2kg - 178022 / 3 x 5kg - 240681



Tropical Sun
Brown Beans 20 x 500g - 414007 /
6 x 1.5kg - 227106 / 3 x 5kg - 242077



Tropical Sun
Brown Lentils
20 x 500g - 234433 / 6 x 2kg - 232038



Tropical Sun
Green Lentils (Continental)
20 x 500g - 118563 / 6 x 2kg - 229748



Tropical Sun
Red Lentils
20 x 500g - 178029 / 6 x 2kg - 140058



Tropical Sun
Bulgar Wheat (Pourgouri)
10 x 500g - 241319 / 6 x 1.5kg - 241632



Tropical Sun
Butter Beans
20 x 500g - 120055 / 6 x 2kg - 178032



Tropical Sun
Chick Peas
6 x 2kg - 238737



Tropical Sun
Cow Peas
20 x 500g - 100054 / 6 x 2kg - 178024



Tropical Sun
Crabeye Beans
20 x 500g - 100055 / 6 x 2kg - 178021



Tropical Sun
Gungo Peas 20 x 500g - 100053 /
6 x 2kg - 414001



Tropical Sun
Honey Beans (Oloyin) 20 x 500g - 151065 /
6 x 1.5kg - 414008 / 3 x 5kg - 242076



Tropical Sun
Large White Corn (Mote)
10 x 500g - 241323



Tropical Sun
Red Kidney Beans
20 x 500g - 100051 / 6 x 2kg - 100106



Tropical Sun
Light Red Kidney Beans
20 x 500g - 104635 / 6 x 1.5kg - 227139



Tropical Sun
White Kidney Beans
20 x 500g - 140180 / 6 x 2kg - 232108



Tropical Sun Peeled Beans
20 x 500g - 229324 /
6 x 1.5kg - 100919 / 3 x 5kg - 242069



Tropical Sun
Pink Skin Peanuts
20 x 500g - 102339 / 6 x 1.5kg - 225600

Beans, Pulses & Grains



Tropical Sun
Red Skin Peanut
20 x 500g - 226782 / 6 x 1.5kg - 120575



Tropical Sun
Blanched Peanuts
20 x 500g - 236967



Tropical Sun
Popcorn
20 x 500g - 178037 / 6 x 2kg - 178042



Tropical Sun
Whole Juwar (Sorgham)
10 x 500g - 241322



Tropical Sun
Yellow Hominy Corn
20 x 500g - 155801 / 6 x 2kg - 155818



Tropical Sun
White Hominy Corn
20 x 500g - 140113 / 6 x 2kg - 140108



Tropical Sun
Yellow Split Peas
20 x 500g - 178027 / 6 x 2kg - 230782



Tropical Sun
Pearl Barley
20 x 500g - 162068



Tropical Sun
Quinoa (White)
10 x 500g - 140096



Tropical Sun
Pinto Beans
20 x 500g - 243566



Tropical Sun
Almonds
20 x 100g - 235045 / 6 x 750g - 246420



Aani
Almonds
6 x 750g - 241254



Aani
Cashew Nuts
6 x 750g - 241256



Aani
Chanadal polished
6 x 1.5kg - 241347



Aani
Red Lentils (Masoor Dal)
6 x 1.5kg - 241351



Africa's Finest
Blackeye Beans
4kg - 244071



Africa's Finest
Brown Beans
4kg - 240256



Africa's Finest
Honey Beans (Oloyin)
4kg - 240257



Africa's Finest
Peeled Beans
4kg - 244072

Flours & Powders – Tropical Sun



Tropical Sun
Cassava Flour
6 x 1kg - 130020 / 1 x 3kg - 103243



Tropical Sun
Plantain Flour
6 x 1.5kg - 236350 / 1 x 3kg - 236351



Tropical Sun
Rice Flour 10 x 500g - 228307 /
6 x 1.5kg - 155172 / 3 x 5kg - 242078



Tropical Sun
Yam Flour
6 x 1.5kg - 100059 / 1 x 3kg - 103244



Tropical Sun
Farina 20 x 500g - 140056 /
6 x 1.5kg - 140055 / 3 x 5kg - 242074



Tropical Sun Cornmeal Coarse (Polenta)
10 x 500g - 234318 / 6 x 1.5kg - 162028 /
3 x 5kg - 242071



Tropical Sun Cornmeal Fine
10 x 500g - 234317 / 6 x 1.5kg - 162020 /
3 x 5kg - 242075



Tropical Sun
Cornmeal Grits
6 x 1.5kg - 226942



Tropical Sun Gari (White)
20 x 500g - 118562 / 6 x 1.5kg - 155068 /
3 x 5kg - 240680



Tropical Sun Ijebu Gari
20 x 500g - 226740 / 6 x 1.5kg - 226739 /
3 x 5kg - 242072



Tropical Sun Yellow Gari
10 x 500g - 239999 / 6 x 1.5kg - 155072 /
3 x 5kg - 242073



Tropical Sun
Maize Meal 20 x 500g - 100113 /
6 x 1.5kg - 155201 / 1 x 5kg - 101239



Tropical Sun
Mashed Potato 20 x 500g - 120063 /
6 x 1.5kg - 500046 / 3 x 5kg - 242070



Tropical Sun
Porridge Oats
6 x 1kg - 227270 / 3 x 3kg - 241820



Tropical Sun
Bean Flour
10 x 400g - 241321 / 6 x 1.5kg - 100947



Tropical Sun
Semolina Coarse 20 x 500g - 162040 /
6 x 1.5kg - 500045 / 3 x 5kg - 240679



Tropical Sun
Semolina Fine 20 x 500g - 229099 /
6 x 1.5kg - 140089 / 3 x 5kg - 244070



Tropical Sun Ground Rice
20 x 500g - 162032 / 6 x 1.5kg - 140059 /
5kg - 162038



Tropical Sun Pounded Iyan
20 x 500g - 140064 / 6 x 1.5kg - 140063 /
3 x 5kg - 241613

Flours & Powders



Africa's Finest
Mashed Potato
4kg - 238867



Africa's Finest
Farina
4kg - 238871



Africa's Finest
Semolina Coarse
4kg - 238868



Africa's Finest
Cassava Flour
6 x 1kg - 242627



Africa's Finest
Gari White
6 x 1.5kg - 242628



Africa's Finest
Gari White
4kg - 238869



Africa's Finest
Yellow Gari
5kg - 245441



Africa's Finest
Yellow Gari
10kg - 246193



Africa's Finest
Ijebu Gari
5kg - 233530



Africa's Finest
Ijebu Gari
10kg - 233529



Dunns River
Cornmeal Coarse
10 x 500g - 103821



Dunns River
Cornmeal Coarse
6 x 1.5kg - 222267



Dunns River
Cornmeal Fine
10 x 500g - 103822



Dunns River
Cornmeal Fine
6 x 1.5kg - 222244



Jalpur
Bajri Flour
12 x 1kg - 111889



Jalpur
Juwar Flour
12 x 1kg - 111888



Virani
Gram Flour
24 x 500g - 150640



Virani
Gram Flour
8 x 1kg - 150650 / 8 x 2kg - 150630



Horseshoe
Ground Rice
5kg - 130001



Horseshoe
Ground Rice
10kg - 130002



Tropical Sun
Demerara Sugar
20 x 500g - 229687



Tropical Sun
Demerara Sugar
10 x 1kg - 231509



Tropical Sun
Demerara Sugar
4 x 3kg - 228333



Tropical Sun
Coconut Sugar
6 x 400g - 231740



Tropical Sun
Demerara Sugar
10 x 1kg - 231509



Tate & Lyle
Granulated Sugar
10 x 500g - 310003



Tate & Lyle
Granulated Sugar
15 x 1kg - 310002



Tate & Lyle
White Sugar Cubes
10 x 500g - 123045



Tate & Lyle
Demerara Sugar Cubes
10 x 500g - 226224



Tate & Lyle
Demerara Sugar
10 x 500g - 123002



Tate & Lyle
Demerara Sugar
10 x 1kg - 123009



Tate & Lyle
Demerara Sugar
4 x 3kg - 123013



Tate & Lyle
Dark Soft Brown Sugar
10 x 500g - 123000



Tate & Lyle
Dark Soft Brown Sugar
10 x 1kg - 123029



Tate & Lyle
Dark Soft Brown Sugar
4 x 3kg - 123034



Tate & Lyle
Light Soft Brown Sugar
10 x 500g - 123014 / 10 x 1kg - 123044



Tate & Lyle
Light Soft Brown Sugar
4 x 3kg - 123123



Tate & Lyle
Icing Sugar
10 x 500g - 123007 / 10 x 1kg - 231785



Tate & Lyle
Caster Sugar
10 x 500g - 123015



Tate & Lyle
Caster Sugar
10 x 1kg - 123004

Salt



Pegasus
Himalayan Pink Salt Coarse
6 x 800g - 237883



Pegasus
Himalayan Pink Salt Fine
6 x 800g - 237884



Pegasus
Iodized Pink Salt Fine
6 x 800g - 246423



Pegasus
Himalayan White Salt Coarse
6 x 800g - 237886



Pegasus
Himalayan White Salt Fine
6 x 800g - 237885



Pegasus
Himalayan Black Salt Fine
6 x 800g - 239108



Pegasus
Iodized Sea Salt Fine
6 x 800g - 239109



Pegasus
Kosher Salt Coarse
6 x 800g - 239345



Pegasus
Sea Salt Coarse
10 x 750g - 239821



Pegasus
Sea Salt Fine
10 x 750g - 239820



Pegasus
Cooking Salt Shaker
12 x 350g - 245602 / 12 x 750g - 245893



Pegasus
Table Salt
12 x 750g - 102578



Pegasus
Table Salt Tub
1 x 6kg - 101374



Pegasus
Cooking Salt
6 x 1.5kg - 101372



Pegasus
Cooking Salt
4 x 3kg - 101373



Pegasus
Cooking Salt
12.5kg - 101375



Pegasus
Salt
6 x 750g - 243226



Saxa
Table Salt Drums
12 x 750g - 123021



Costa
Sea Salt Coarse
10 x 750g - 230806



Costa
Sea Salt Fine
10 x 750g - 230805



Tropical Sun
Food Colour Green
12 x 25g - 241642



Tropical Sun
Food Colour Orange
12 x 25g - 241639



Tropical Sun
Food Colour Bright Red
12 x 25g - 241638



Tropical Sun
Food Colour Egg Yellow
12 x 25g - 241636



Tropical Sun
Food Colour Egg Yellow
20 x 500g - 229919



Tropical Sun
Food Colour Green
20 x 500g - 229924



Tropical Sun
Food Colour Orange
20 x 500g - 229923



Tropical Sun
Food Colour Bright Red
20 x 500g - 229920 / 1 x 500g - 230621



Tropical Sun
Food Colour Green
12 x 28ml - 229794



Tropical Sun
Food Colour Orange
12 x 28ml - 228176



Tropical Sun
Food Colour Red
12 x 28ml - 228174



Tropical Sun
Food Colour Yellow
12 x 28ml - 228175



Baron
Cake Colouring
6 x 155ml - 104948



Tropical Sun
Banana Essence
6 x 480ml - 228672



Tropical Sun
Vanilla Essence 24 x 480ml - 228697
6 x 480ml - 228696



Tropical Sun
Vanilla Essence
2 x 3.75L - 245094



Tropical Sun
Mixed Essence 24 x 480ml - 228679
6 x 480ml - 228678



Tropical Sun
Almond Essence
6 x 300ml - 228664

Essences – Tropical Sun



Tropical Sun
Almond Essence
12 x 28ml - 228163



Tropical Sun
Aniseed Essence
12 x 28ml - 229553



Tropical Sun
Banana Essence
12 x 28ml - 228170



Tropical Sun
Brandy Essence
12 x 28ml - 229554



Tropical Sun
Cinnamon Essence
12 x 28ml - 228171



Tropical Sun
Coconut Essence
12 x 28ml - 228169



Tropical Sun
Mixed Essence
12 x 28ml - 228161



Tropical Sun
Mixed Fruit Essence
12 x 28ml - 228173



Tropical Sun
Nutmeg Essence
12 x 28ml - 228168



Tropical Sun
Pear Essence
12 x 28ml - 228166



Tropical Sun
Pineapple Essence
12 x 28ml - 228165



Tropical Sun
Pistachio Essence
12 x 28ml - 228186



Tropical Sun
Rose Essence
12 x 28ml - 228164



Tropical Sun
Rum Essence
12 x 28ml - 228167



Tropical Sun
Strawberry Essence
12 x 28ml - 228172



Tropical Sun
Vanilla Essence
12 x 28ml - 228162



Tropical Sun
Orange Essence
12 x 28ml - 239674



Tropical Sun
Saffron Essence
12 x 28ml - 239676



Tropical Sun
Peppermint Essence
12 x 28ml - 239675



Tropical Sun
Cardamom Essence
12 x 28ml - 239677



Baron
Almond Essence
24 x 155ml - 225688 / 6 x 155ml - 225687



Baron
Banana Essence
24 x 155ml - 172513 / 6 x 155ml - 172512



Baron
Mixed Essence
6 x 155ml - 225557



Baron
Mixed Essence
6 x 750ml - 172547



Baron
Vanilla Essence
24 x 155ml - 225155 / 6 x 155ml - 225154



McLAS
Vanilla Essence
12 x 60ml - 151229 / 36 x 60ml - 151230



McLAS
Vanilla Essence
12 x 120ml - 140100 / 24 x 120ml - 140105



McLAS
Vanilla Essence
6 x 480ml - 152559 / 24 x 480ml - 152560



McLAS
Vanilla Essence
3.75L - 234702



McLAS
Clear Vanilla
6 x 480ml - 234708 / 24 x 480ml - 224404



McLAS
Mixed Essence
6 x 480ml - 246487



BENJAMINS

A trusted name for over a century



Benjamins
Almond Flavour
12 x 120ml - 500056



Benjamins
Peppermint Essence
12 x 30ml - 500062



Benjamins
Rose Water
12 x 120ml - 227456



Benjamins
Nutmeg Extract
12 x 60ml - 229581



Benjamins
Vanilla Flavour
12 x 60ml - 800032



Benjamins
Vanilla Flavour
12 x 120ml - 800024



Benjamins
Vanilla Flavour
6 x 480ml - 800031 / 24 x 480ml - 800027

Honey - Spreads



Peanut Butter



Tropical Sun
Peanut Butter Crunchy
12 x 340g - 100408



Tropical Sun
Peanut Butter Smooth
12 x 340g - 100407



Tropical Sun
Peanut Butter No Added Sugar
12 x 454g - 100409



Tropical Sun
Peanut Butter No Added Sugar
4 x 5kg - 243099



Africa's Finest
Peanut Butter Smooth
12 x 500g - 225561



Africa's Finest
Peanut Butter Smooth
6 x 1kg - 242629 / PM 244788



Africa's Finest
Peanut Butter No Added Sugar
12 x 500g - 225558



Africa's Finest
Peanut Butter No Added Sugar
6 x 1kg - 234330 / PM 244789



Africa's Finest
Peanut Butter No Added Sugar
4 x 2.5kg - 245296 / 4 x 5kg - 231386



Ghana Best
Peanut Butter Smooth
12 x 400g - 241691



Ghana Best
Peanut Butter Smooth
6 x 800g PM - 244790



Ghana Best
Peanut Butter No Added Sugar
12 x 400g - 241692



Ghana Best
Peanut Butter No Added Sugar
6 x 800g PM - 244791



Pegasus
Peanut Paste
12 x 500g - PM 248032



Pegasus
Peanut Butter
12 x 500g - PM 248031



Tropicom
Peanut Butter Smooth
6 x 1kg - PM 247901



PCD
Peanut Butter
12 x 350g - 226949



PCD
Peanut Paste
12 x 500g - 104543



PCD
Peanut Paste No Added Sugar
12 x 500g - 229143

Canned Milk



Tropical Sun
Condensed Milk
12 x 397g - 103282 / PM 244592



Tropical Sun
Condensed Milk (Catering)
6 x 1kg - 231409



Tropical Sun
Condensed Coconut Milk (Dairy-Free)
6 x 320ml - 236758



Village Pride
Condensed Milk
12 x 395g PM - 115500



Peak
Condensed Milk
24 x 397g - 229867



Grace
Condensed Milk
12 x 397g - 222008



Longevity
Condensed Milk
24 x 397g - 242413



Nestlé
Condensed Milk
12 x 397g - 118712



Nestlé
Carnation Condensed Milk
6 x 397g - PM 245569



Nestlé
Carnation Caramel
6 x 397g - 101225



Tropical Sun
Evaporated Milk
12 x 410g - 116750 / PM 245120



Tropical Sun
Evaporated Coconut Milk (Dairy-Free)
6 x 400ml - 238295



Nestlé
Carnation Evaporated Milk
12 x 170g - 118752



Nestlé
Carnation Evaporated Milk
12 x 410g PM 245228



Nestlé
Cream
48 x 170g - 234643



Nestlé
Carnation Evaporated Milk Light
12 x 410g - 118753



Peak
Evaporated Milk
12 x 170g - 247813 / 24 x 170g - 242343



Peak
Evaporated Milk
24 x 410g - 231468



Rainbow
Cardamom Milk
12 x 170g - 234149 / 48 x 170g - 226509

Tomato Products



Royal Sun
Chopped Tomatoes
24 x 400g - 151270



Royal Sun
Peeled Plum Tomatoes
24 x 400g - 150199 / 12 x 800g - 151280



Royal Sun
Tomato Puree
12 x 400g - 226204



Royal Sun
Tomato Puree
6 x 800g - 226205



Royal Sun
Tomato Puree
3 x 4.5kg - 243970



Royal Sun
Tomato Puree Tube
12 x 200g - 230719



Tropical Sun
Chopped Tomatoes
12 x 400g - 231321



Tropical Sun
Peeled Plum Tomatoes
12 x 400g - 231320



Tropical Sun
Tomato Paste
12 x 410g - 246304



Pegasus
Tomato Paste
24 x 400g - 245982



Pegasus
Tomato Paste
12 x 800g - 245983



Pegasus
Tomato Paste
4 x 4.5kg - 245984



Cirio
Tomato Puree
12 x 140g - 123210



Cirio
Tomato Puree
12 x 400g - 123203 / 6 x 850g - 123215



Cirio
Tomato Puree Jar
12 x 350g - 123204



De Rica
Tomato Puree
50 x 70g - 225777



De Rica
Tomato Puree
24 x 210g - 225054



De Rica
Tomato Puree
24 x 400g - 123212



De Rica
Tomato Puree
12 x 850g - 123211

Canned Fruit - Beans



Tropical Sun
Yellow Jackfruit in Syrup
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun
Young Green Jackfruit in Brine
6 x 560g - 233876 / 24 x 560g - 235035



Tropical Sun
Young Green Jackfruit in Brine
6 x 3.05kg - 237416



Tropical Sun
Young Green Jackfruit in Water
12 x 400g - 238096



Tropical Sun
BBQ Jackfruit
12 x 400g - 243908



Tropical Sun
Tex Mex Jackfruit
12 x 400g - 243908



Tropical Sun
Thai Green Curry Jackfruit
12 x 400g - 243910



Aani
Mango Pulp Alphonso
6 x 850g - 232131



Aani
Mango Pulp Kesar
6 x 850g - 232130



Aani
Alphonso Mango Slices
12 x 450g - 232135 / 6 x 850g - 232132



Tropical Sun
Exotic Fruit Cocktail in Syrup
6 x 560g - 233937 / 24 x 560g - 233936



Dunn's River
Red Kidney Beans
12 x 400g - 291300



Dunn's River
Blackeye Beans
12 x 400g - 291400



Dunn's River
Butter Beans
12 x 400g - 222017



Dunn's River
Peas & Beans
12 x 400g - 222915



Dunn's River
Gungo Peas
12 x 400g - 291600

Tropical Sun Young Green Jackfruit is considered the golden standard by chefs and foodies alike.

Available in 560g and 3.05kg tins

Available in Vegans

Canned Beans & Pulses – Tropical Sun



Tropical Sun
Black Beans
12 x 400g - 202950



Tropical Sun
Blackeye Beans
12 x 400g - 202947



Tropical Sun
Butter Beans
12 x 400g - 202948 / PM 244655



Tropical Sun
Crabeye Beans
12 x 400g - 295000



Tropical Sun
Peas & Beans
12 x 400g - 202949



Tropical Sun
Pinto Beans
12 x 400g - 224854



Tropical Sun
Red Kidney Beans
12 x 400g - 202946 / PM 244653



Tropical Sun
White Kidney Beans
12 x 400g - 101251



Tropical Sun
Chick Peas
12 x 400g - 178038



Tropical Sun
Kala Chana
12 x 400g - 230863



Tropical Sun
Cow Peas
12 x 400g - 230238



Tropical Sun
Green Pigeon Peas
12 x 425g - 153031



Tropical Sun
Green Pigeon Peas with Coconut
12 x 425g - 103348



Tropical Sun
Gungo Peas
12 x 400g - 230862 / PM 244654



Tropical Sun
Brown Lentils
12 x 400g - 230910



Tropical Sun
Green Jackfruit in Water
12 x 400g - 238096



Tropical Sun
Banana Blossom
12 x 400g - 238097



Tropical Sun
Hominy Corn (Large White / Mote)
12 x 425g - 242635



Tropical Sun
Cassava Strips
12 x 397g - 242634



Tropical Sun
Baked Beans in Tomato Sauce
12 x 400g PM 246305

Canned Meat



Canned Fish



Tropical Sun
Tuna Chunks in Brine
6 x 160g - 232051 / 48 x 160g - 231506



Tropical Sun
Tuna Chunks in Springwater
6 x 160g - 239433 / 48 x 160g - 239432



Tropical Sun
Tuna Chunks in Sunflower Oil
6 x 160g - 232052 / 48 x 160g - 231508



Tropical Sun
Tuna Steak in Brine
6 x 160g - 232049 / 48 x 160g - 231929



Tropical Sun
Tuna Steak in Sunflower Oil
6 x 160g - 232050 / 48 x 160g - 231930



Princes
Tuna Chunk in Brine
12 x 145g - 228905 / 6 x 400g - 100274



Princes
Tuna Chunks in Sunflower Oil
12 x 145g 228906



Tropical Sun
Canadian Style Sardines in Soya Oil
12 x 106g 234312 / PM 244693



Tropical Sun
Canadian Style Sardines with Hot Peppers
12 x 106g 234311 / PM 244691



Tropical Sun
Canadian Style Sardines in Spring Water
12 x 106g - 234313



Tropical Sun
Canadian Style Sardines in Olive Oil
12 x 106g - 228793



Tropical Sun
Canadian Style Sardines in Tomato Sauce
12 x 106g - 234314 / PM 244692



Tropical Sun
Sardines in Sunflower Oil
12 x 125g - 230860 / 48 x 125g - 230799



Tropical Sun
Sardines with Chilli
12 x 125g - 230861 / 48 x 125g - 230801



Brunswick
Sardines in Soya Oil
12 x 106g - 150242



Brunswick
Sardines with Hot Peppers
12 x 106g - 150016



Brunswick
Sardines in Tomato Sauce
12 x 106g - 155027



Brunswick
Sardines with Louisiana Hot Sauce
12 x 106g - 150243



L'Espadon
Sardines in Vegetable Oil
50 x 125g - 228491

Canned Fish



L'Espadon
Sardines in Spiced Vegetable Oil
12 x 125g - 227533 / 50 x 125g - 228548



Titus
Sardines Hot
48 x 125g - 225330



Titus
Sardines in Sunflower Oil
48 x 125g - 103330



Titus
Sardines in Tomato Sauce
48 x 125g - 225732



Aani
Jack Mackerel in Brine
12 x 425g - 234677



Aani
Jack Mackerel in Tomato
12 x 425g - 234678



Tropical Sun
Mackerel in Tomato & Chilli Sauce
12 x 400g - 202030



Tropical Sun
Mackerel in Brine
12 x 400g - 202010



Tropical Sun
Mackerel in Hot Pepper Sauce
12 x 400g - 227140



Tropical Sun
Mackerel in Tomato Sauce
12 x 400g - 202020



Africa Queen
Mackerel in Tomato Sauce
24 x 425g - 228304



Geisha
Mackerel in Tomato Sauce with Chilli
50 x 155g - 167071



Geisha
Mackerel in Tomato Sauce
50 x 155g - 167060



Geisha
Mackerel in Tomato Sauce with Chilli
12 x 425g - 167072



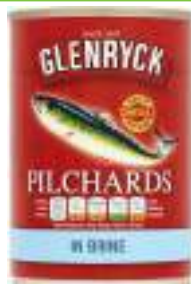
Geisha
Mackerel in Tomato Sauce
12 x 425g - 100700



Glenryck
Pilchards in Tomato Sauce
12 x 155g - 350015



Glenryck
Pilchards in Tomato Sauce
12 x 400g - 109090



Glenryck
Pilchards in Brine
12 x 400g - 190096



Tropical Sun
Pilchards in Tomato Sauce
6 x 425g - 229452 / 24 x 425g - 241864



Tropical Sun
Pilchards in Brine
6 x 425g - 229451 / 24 x 425g - 241863

Sauces – Tropical Sun



Tropical Sun
Chilli Garlic Sauce
12 x 150ml - 178080



Tropical Sun
Papaya Hot Sauce
12 x 150ml - 101184



Tropical Sun
Peri Peri Sauce
12 x 150ml - 225167



Tropical Sun
Sweet Mango Chilli Sauce
12 x 150ml - 100890



Tropical Sun
West Indian Hot Pepper Sauce
12 x 150ml - 225166



Tropical Sun
Thai Sweet Chilli Sauce
12 x 150ml - 101185



Tropical Sun
Thai Sweet Chilli Sauce
6 x 1L - 245471



Tropical Sun
Carolina Reaper Hot Sauce
12 x 148ml - 101188



Tropical Sun
Bajan Hot Pepper Sauce
12 x 150ml - 228746



Tropical Sun
Jamaican Scotch Bonnet Sauce
12 x 142ml - 104936



Tropical Sun
Jamaican Crushed Red Chilli Sauce
12 x 142ml - 225686



Tropical Sun
Fish & Meat Sauce
12 x 150ml - 100468



Tropical Sun
Browning
12 x 150ml - 227286



Tropical Sun
Allspice Seasoning (Liquid Pimento)
12 x 142ml - 226825



Tropical Sun
Caribbean Hot Pepper Sauce
12 x 85ml - 178036



Tropical Sun
Caribbean Hot Pepper Sauce
12 x 170ml - 178040



Tropical Sun
Caribbean Hot Pepper Sauce
6 x 350ml 229793 / 12 x 350ml - 229686



Tropical Sun
Smooth Scotch Bonnet Sauce
12 x 85ml - 231499 / 24 x 85ml - 229120



Tropical Sun
Hot Pepper Sauce (Catering)
6 x 960g - 229707



Tropical Sun
Sweet Chilli Sauce (Catering)
6 x 1.1kg - 229708

Sauces & Marinades - Jerk



Tropical Sun Jerk Seasoning
6 x 280g - 104759 / 24 x 280g - 104758
PM 6 x 280g - 225195 / 24 x 280g - 225196



Tropical Sun Jerk Seasoning Mild
6 x 280g - 234424 / 24 x 280g - 234423



Tropical Sun Boston Bay Jerk Seasoning
24 x 310g - 244404 / 6 x 310g - 245092



Tropical Sun Scotch Bonnet Jerk Seasoning
24 x 310g - 244405 / 6 x 310g - 244406



Tropical Sun Jerk Seasoning (Catering)
6 x 2.5kg - 140017



Tropical Sun Jerk Seasoning (Catering)
4 x 4.2kg - 930002



Tropical Sun Jerk Seasoning (Industrial)
1 x 22.5kg - 225575



Tropical Sun Jerk BBQ Sauce
6 x 285g - 221361



Tropical Sun Jerk BBQ Sauce
6 x 510g - 202041 / PM 6 x 510g - 245088



Tropical Sun Jerk BBQ Sauce (Catering)
6 x 1kg - 225336 / 1 x 1kg - 104868



Tropical Sun Jerk Marinade
6 x 500ml - 231627 / 12 x 500ml - 104634



Tropical Sun Jamaican Jerk Sauce
12 x 142ml - 232839



Baron Jerk Seasoning
6 x 340g - 172540 / 24 x 340g - 172551



Walkerswood Jerk Seasoning
6 x 280g - 151680 / 12 x 280g - 247328



Village Pride Jerk Seasoning
6 x 320g PM - 247583



Dunn's River Jerk Seasoning
6 x 312g - 242163



Tru Jamaica Jerk Seasoning (Catering)
4 x 4.2kg - 226967



Grace Jerk BBQ Sauce
6 x 375g - 235244



Home Choice Hot & Spicy Jerk Seasoning
24 x 283g - 247236



Home Choice Hot & Spicy Jerk Sauce
24 x 150ml - 247233



Encona
Carolina Reaper Hot Sauce
6 x 142ml - 235240



Encona
Jerk Sauce
6 x 142ml - 222291



Encona
Louisiana Cajun Hot Sauce
6 x 142ml - 228895



Encona
Sweet Mango Chilli Sauce
6 x 142ml - 228894



Encona
Thai Sweet Chilli Sauce
6 x 142ml - 228892 / 6 x 220ml - 228893



Encona
Extra Hot Pepper Sauce
6 x 142ml - 228336



Encona
Papaya Hot Sauce
6 x 142ml - 228890



Encona
Original Hot Pepper Sauce
6 x 142ml - 228889 / 6 x 220ml - 100430



Encona
Peri Peri Sauce
6 x 142ml - 228338



Home Choice
Scotch Bonnet Pepper Sauce
24 x 150ml - 247235



Baron
Green Seasoning
6 x 155ml - 172544



Baron
Green Seasoning
6 x 397ml - 172509 / 6 x 794ml - 172546



Baron
Bajan Hot Sauce
6 x 200ml - 231592 / 12 x 200ml - 231334



Baron
Blazing Hot Sauce
6 x 155g - 172517 / 24 x 155g - 172533



Baron
Classic Pepper Sauce
6 x 397ml - 239571 / 24 x 397ml - 114744



Baron
Garlic Sauce
6 x 155ml - 100951



Baron
Ginger Sauce
6 x 155g - 229397



Baron
Onion Sauce
6 x 155ml - 239470



Baron
Soy Sauce
6 x 155ml - 239481



Baron
West Indian Hot Sauce
6 x 155g - 172503 / 24 x 155g - 172526

Sauces



Baron
West Indian Hot Sauce
6 x 397g - 172502 / 24 x 397g - 172527



Baron
West Indian Hot Sauce
6 x 794g - 233794 / 12 x 794g - 224519



Baron
Passion Fruit Sauce
6 x 155ml - 104912



Mama Lucy by Baron
Pepper Sauce
6 x 397g - 242008



Baron
Banana Ketchup
6 x 155g - 172523 / 24 x 155ml - 172515



Baron
Gravy Browning
6 x 155ml - 172504 / 6 x 397g - 172518



Baron
Bar-B-Que Sauce
6 x 510g - 172510 / 12 x 510g - 172511



Baron
Cooking Sauce
6 x 155ml - 172528



Baron
Worcestershire Sauce
6 x 155ml - 239472



Chief
Chinese Sauce
6 x 300ml - 229226



Chief
Home Style Pepper Sauce
6 x 155ml - 237529



Chief
Creole Seasoning
6 x 300ml - 155943



Chief
Red Hot Sauce
6 x 300ml - 152041



Chief
Yellow Hot Sauce
6 x 300ml - 152031



Chief
Scorpion Pepper Sauce
6 x 155ml - 236246



Chief
Meat Marinade
6 x 300ml - 229225



Chief
Green Seasoning
6 x 300ml - 155921



Chief
Green Seasoning
6 x 750ml - 155953

Sauces – Soy Sauce



Jade Bridge
Superior Dark Soy Sauce
12 x 150ml - 230733



Jade Bridge
Superior Dark Soy Sauce
6 x 625ml - 235441



Jade Bridge
Superior Light Soy Sauce
6 x 625ml - 233874



Jade Bridge
Low Salt Light Soy Sauce
12 x 150ml - 236671



Jade Bridge
Mushroom Soy Sauce
6 x 625ml - 233872



Jade Bridge
Oyster Sauce
12 x 280g - 230732



Jade Bridge
Oyster Sauce
6 x 710ml - 233903



Amoy
Light Soy Sauce
12 x 150ml - 121158



Amoy
Light Soy Sauce
12 x 500ml - 112283



Amoy
Dark Soy Sauce
12 x 150ml - 121158



Amoy
Dark Soy Sauce
12 x 250ml - 212126



Amoy
Dark Soy Sauce
12 x 500ml - 112282



Fachoy
Soy Sauce (Jamaica)
12 x 295ml - 231168



Fachoy
All Purpose Soy Sauce (Jamaica)
12 x 295ml - 102749



Pearl River Bridge
Mushroom Soy Sauce
12 x 500ml - 100934



Pearl River Bridge
Superior Dark Soy Sauce
12 x 500ml - 123713



Pearl River Bridge
Superior Light Soy Sauce
12 x 500ml - 123714



Bang Bang
Soy Sauce
6 x 200ml - 234707



Lee Kum Kee
Oyster Sauce (Panda)
12 x 907g - 232330

Sauces



Maggi
Chilli Sauce Garlic
6 x 305g - 123801



Maggi
Chilli Sauce
6 x 340g - 123825



Maggi
Chilli Sauce Extra Hot
6 x 320g - 123827



Maggi
Hot & Sweet Sauce
6 x 400g - 123831



Maggi
Masala Chilli Sauce
6 x 400g - 123830



Maggi
Tamarind Sauce
6 x 425g - 123875



Maggi
Oyster Sauce
12 x 500ml - 235441



Village Pride
Extra Hot Pepper Sauce
12 x 142ml - 228698



Nando's
Medium Peri Peri Sauce
6 x 125g - 102627



Nando's
Hot Peri Peri Sauce
6 x 125g - 102626



Nando's
Extra Hot Peri Peri Sauce
6 x 125g - 102624



Nando's
Garlic Peri Peri Sauce
6 x 125g - 102625



Nando's
Lemon & Herb Peri Peri Sauce
6 x 125g - 225091



Nando's
Medium Peri Peri Marinade
6 x 262g - 228276



Nando's
Hot Peri Peri Marinade
6 x 260g - 102628



Nando's
Lemon & Herb Marinade
6 x 265g - 103593



Pickapeppa
Original Sauce
12 x 148ml - 226478



Grace
Browning
12 x 142ml - 220900



Benjamins
Gravy Browning
12x140ml - 800019 / 24x140ml - 800018



Sarsons
Browning
12 x 150ml - 228492

Sauces



Tropical Sun
Classic BBQ Sauce
6 x 510g - 235236



Tropical Sun
Jollof Rice Cooking Sauce
16 x 210g - 245630



Tropical Sun
Butter Chicken Cooking Sauce
16 x 210g - 245631



Tropical Sun
Korma Masala Cooking Sauce
16 x 210g - 245633



Tropical Sun
Tikka Masala Cooking Sauce
16 x 210g - 245632



Squid
Fish Sauce
12 x 300ml - 235053



Squid
Fish Sauce
12 x 725ml - 112287



Dunn's River
Hot Pepper Sauce
12 x 85ml - 222242



Grace
Hot Pepper Sauce
12 x 85ml - 222113



HP
Classic BBQ Sauce
8 x 465ml - 104583



Tabasco
Pepper Sauce
12 x 57ml - 214008



Lea & Perrins
Worcestershire Sauce
12 x 150ml - 227402



Matouks
West Indian Hot Sauce
6 x 300ml - 237920



Matouks
West Indian Hot Sauce
4 x 750ml - 237919



Matouks
Hot Pepper Sauce
6 x 300ml - 237918



Matouks
Hot Pepper Sauce
4 x 750ml - 237911



Matouks
Calypso Sauce
4 x 750ml - 237916



Windmill
Hot Pepper Sauce
12 x 142ml - 151451



Windmill
Hot Pepper Sauce
6 x 480ml - 151541 / 12 x 480ml - 231035



Windmill
Bajan Red Pepper Sauce
6 x 480ml - 225179 / 12 x 480ml - 151540

Condiments



Tropical Sun
Caribbean Mango Chutney
6 x 170g - 239412



Tropical Sun
Caribbean Honey Thyme Glaze
6 x 355g - 230504



Tropical Sun
Caribbean Curry Paste
6 x 340g - 231259 / 24 x 340g - 231258



Tropical Sun
Jamaican Oxtail Seasoning
6 x 340ml - 178070



Tropical Sun
Jamaican Brown Stew
6 x 250ml - 232841 / 24 x 250ml - 232840



Tropical Sun
Guava Jam
6 x 340g - 230147 / 24 x 340g - 244489



Tropical Sun
Guava Jelly
6 x 340g - 150206 / 24 x 340g - 150200



Tropical Sun
Caribbean Green Seasoning
12 x 280g PM - 247109



Baron
Mango Amchar
6 x 340g - 233353



Chief
Kuchela
6 x 355g - 152011 / 12 x 355g - 152010



Chief
Kuchela Pommecythere
6 x 355g - 241181



Chief
Mango Amchar
6 x 355g - 152016 / 12 x 355g - 152015



Chief
Tamarind Amchar
6 x 355g - 236369 / 12 x 355g - 103084



Chief
Tamarind Chutney
6 x 375g - 152051 / 12 x 375g - 236164



Chief
Lime Pepper
6 x 375g - 101784 / 12 x 375g - 236163



Chief
Shadon Beni Chutney
6 x 370g - 229227 / 12 x 370g - 224787



Windmill
Chopped Bajan Seasoning
6 x 340g - 101957 / 24 x 340g - 101958



Matouk's
Hot Chow
6 x 380g - 101836



Matouk's
Kuchela
6 x 385g - 235127

Oils – Coconut / Palm Oil



Tropical Sun
Pure Coconut Oil
12 x 250ml - 229896



Tropical Sun
Pure Coconut Oil
6 x 480ml - 230717 / 12 x 480ml - 229897



Tropical Sun
Virgin Coconut Oil
6 x 480ml - 230716 / 12 x 480ml - 229895



Tropical Sun
Pure Coconut Oil (PET)
6 x 1L - 234435



Tropical Sun
Pure Coconut Oil (PET)
4 x 2L - 233533



KTC
Coconut Oil
12 x 500ml - 102455



KTC
Organic Virgin Coconut Oil
6 x 250ml - 234988



Ghana Best
Palm Oil
24 x 500ml - 228713



Ghana Best
Palm Oil
12 x 1L - 228712



Ghana Best
Palm Oil
6 x 2L - 228714



Ghana Best
Pure Zomi
24 x 500ml - 228716



Ghana Best
Pure Zomi
12 x 1L - 228715



Ghana Best
Pure Zomi
6 x 2L - 228717



Olu Olu
Palm Oil
24 x 500ml - 246341



Olu Olu
Palm Oil
15 x 1L - 104703



Olu Olu
Palm Oil
8 x 2L - 246342



Okumo Banga
Red Palm Oil
6 x 2L - 247153 / 6 x 4Ltr - 247154



KTC
Palm Oil
12 x 500ml - 118613

Palm Oil



Cooking Oil



Tropical Sun
Rapeseed Oil (Tin)
1 x 20L - 235414



Tropical Sun
Vegetable Oil (Tin)
1 x 20L - 229486



Tropical Sun
Vegetable Oil (PET)
1 x 20L - 102201



Tropical Sun
Vegetable Oil
1 x 10L - 102268



Tropical Sun
Vegetable Oil
4 x 5L - 102267



Tropical Sun
Vegetable Oil
4 x 3L - 102271



Tropical Sun
Vegetable Oil
6 x 2L - 228909



Tropical Sun
Vegetable Oil
6 x 1L - 102270 / 12 x 1L - 246043



Tropical Sun
Sunflower Oil
2 x 10L - 238058



Tropical Sun
Sunflower Oil
2 x 5L - 229457 / 4 x 5L - 104637



Tropical Sun
Sunflower Oil
4 x 3L - 480002



Tropical Sun
Sunflower Oil
6 x 2L - 228908



Tropical Sun
Sunflower Oil
12 x 1L - 233807



Tropical Sun
Rapeseed Oil
6 x 1L - 229745



Tropical Sun
Corn Oil
6 x 1L - 102204



Tropical Sun
Groundnut Oil
6 x 1L - 104762



Tropical Sun
EV Olive / Sunflower Oil Blend
3 x 5L - 245874



KTC
Vegetable Oil
3 x 5L - 118640



KTC
Vegetable Oil (Tin)
20L - 118621

Speciality Oil



Bevelini
Kolymari Extra Virgin Olive Oil
6 x 500ml - 235586



Bevelini
Extra Virgin Olive Oil
6 x 750ml - 235585



Bevelini
Extra Virgin Olive Oil
4 x 5L - 235584



Goya
Extra Virgin Unico Premium
6 x 500ml - 247925



Devina
Pure Olive Oil
4 x 3L - 229453



Devina
Olive Pomace Oil
4 x 5L - 103037



Natco
Olive Pomace Oil
4 x 5L - 224579



Amoy
Sesame Oil
12 x 150ml - 112066



Tropical Sun
Castor Oil
12 x 250ml - 231019



Tropical Sun
Almond Oil
12 x 250ml - 231017



Tropical Sun
Mustard Oil
12 x 250ml - 231018



Tropical Sun
Mustard Oil
6 x 500ml - 246976



Tropical Sun
Mustard Oil
6 x 1L - 246977



Benjamins
Castor Oil
12 x 120ml - 229414



Pegasus
Castor Oil
6 x 70ml - 239351



Niharti
Castor Oil
6 x 250ml - 105042



Shavuot
Jamaican Black Castor Oil
6 x 118ml - 181112



KTC
Almond Oil
12 x 200ml - 233958



Aani
Almond Oil
6 x 200ml - 239352 / 24 x 200ml - 239335



KTC
Mustard Oil
12 x 250ml - 102450



Tropical Sun
Organic Apple Cider Vinegar
6 x 473ml - 104636 / 12 x 473ml - 234855



Bragg
Apple Cider Vinegar
12 x 473ml - 103928 / 12 x 946ml - 224487



Tropical Sun
Apple Cider Vinegar
8 x 400ml - 233409



Tropical Sun
Coconut Vinegar
6 x 250ml - 235187



Tropical Sun
Distilled Vinegar PM
12 x 284ml - 244635 / 12 x 568ml - 244633



Tropical Sun
Malt Vinegar PM
12 x 284ml - 232397 / 12 x 568ml - 244634



Tropical Sun
Jamaican Cane Vinegar
12 x 475ml - 225165



Pure Jamaica
Distilled Vinegar
24 x 500ml - 228572 / 12 x 1L - 161005



Pure Jamaica
Distilled Vinegar
6 x 1.89L - 225570



Bevelini
Balsamic Vinegar
6 x 250ml - 238103



Baron
White Vinegar
6 x 940ml - 242794 / 18 x 940ml - 150070



Sarsons
Malt Vinegar
12 x 284ml - 118704 / 12 x 568ml - 118705



Sarsons
Distilled Vinegar
12 x 284ml - 118706 / 12 x 568ml - 118707



Amoy
White Rice Vinegar
12 x 500ml - 112292



Datu Puti
White Rice Vinegar
12 x 1L - 229757



Royal Sun
Distilled White Vinegar
4 x 5L - 230550



Royal Sun
Malt Vinegar
4 x 5L - 230551



Pegasus
Distilled White Vinegar
4 x 5L - 246780



Jade Bridge
White Rice Vinegar
12 x 150ml - 236677

Pastes



Tropical Sun
Minced Garlic Paste
6 x 300g - 246338 / 6 x 1kg - 229301



Tropical Sun
Minced Ginger Paste
6 x 300g - 246340 / 6 x 1kg - 229302



Tropical Sun
Minced Ginger & Garlic Paste
6 x 300g - 246339 / 6 x 1kg - 229303



Tropical Sun
Minced Red Chilli Paste
6 x 300g - 246450



Tropical Sun
Minced Green Chilli Paste
6 x 300g - 246449



Aani
Minced Garlic Paste (PET)
6 x 330g - 246448 / 6 x 1kg - PM 246584



Aani
Minced Ginger & Garlic Paste (PET)
6 x 330g - 246447 / 6 x 1kg - PM 246585



Aani
Minced Ginger Paste (PET)
6 x 330g - 246446 / 6 x 1kg - PM 246583



Aani
Garlic Puree
12 x 110g - 245202



Aani
Ginger Puree
12 x 110g - 245203



Aani
Ginger & Garlic Puree
12 x 110g - 245391



Aani
Red Chilli Puree
12 x 110g - 245204



Sapna
Garlic Paste
6 x 330g - 101087 / 6 x 1kg - 211400



Sapna
Ginger & Garlic Paste
6 x 330g - 101083 / 6 x 1kg - 211053



Sapna
Ginger Paste
6 x 330g - 230596 / 6 x 1kg - 222133



Fissi
Garlic Puree
12 x 110g - 180033



Fissi
Ginger Puree
12 x 110g - 180039



Fissi
Green Chilli Puree
12 x 110g - 180035



Fissi
Red Chilli Puree
12 x 110g - 180037



Fissi
Assorted Puree
24 x 110g - 105011

Lemon Juice – Lime Juice



Tropical Sun
Lemon Juice Squeezy
12 x 200ml - 244068



Tropical Sun
Lemon Juice
12 x 350ml - 242978



Tropical Sun
Lemon Juice
6 x 1L - 229891



Bevelini
Lemon Juice
12 x 200ml - 244065



Bevelini
Lemon Juice
4 x 4L - 235588



Bevelini
Lemon Dressing
12 x 350ml - 235587



Bevelini
Lemon Dressing
4 x 4L - 246418



KTC
Lemon Juice
12 x 250ml - 194026



KTC
Lemon Juice
12 x 500ml - 235004



Tropical Sun
Lime Juice Squeezy
12 x 200ml - 244067



Tropical Sun
Lime Juice
12 x 350ml - 242979



Tropical Sun
Lime Juice
12 x 500ml - 240005



Bevelini
Lime Juice Squeezy
12 x 200ml - 244066



Bevelini
Lime Juice
4 x 4L - 242976



Home Choice
Jamaican Lime Juice
12 x 750ml - 242146



Pure Jamaica
Lime Juice
12 x 750ml - 228009



Rice - Golden Sella



Tropical Sun
Golden Sella Basmati
20 x 500g - 243514



Tropical Sun
Golden Sella Basmati
6 x 2kg - 224798



Tropical Sun
Golden Sella Basmati
4 x 5kg - 226984



Tropical Sun
Golden Sella Basmati
2 x 10kg - 226983



Tropical Sun
Golden Sella Basmati
1 x 20kg - 230701



Aani
Golden Sella Basmati
4 x 5kg - 234085



Aani
Golden Sella Basmati
2 x 10kg - 237800



Amaara
Golden Sella Basmati
4 x 5kg - 234639



Amaara
Golden Sella Basmati
2 x 10kg - 243260



Village Pride
Golden Sella Basmati
4 x 5kg - 245095



Village Pride
Golden Sella Basmati
2 x 10kg - 245097



Asli
Golden Sella Basmati
1 x 5kg - 120018



Asli
Golden Sella Basmati
1 x 10kg - 100841



Peacock
Golden Sella Basmati
4kg - 235076 / 10kg - 430002



Setara
Golden Sella Basmati
1 x 5kg - 239550



Setara
Golden Sella Basmati
1 x 10kg - 239549



Tilda
Golden Sella Basmati
1 x 5kg - 224850



Tilda
Golden Sella Basmati
10kg - 100701



Tilda
Grand Sella Basmati
5kg - 225217

Rice - Fragrant



Pegasus
Fragrant Rice
6 x 2kg - 117761



Pegasus
Fragrant Rice
5 x 5kg - 228460



Pegasus
Fragrant Rice
1 x 10kg - 133350 / PM 229816



Pegasus
Fragrant Rice
1 x 20kg - 227974



Pegasus
Thai Broken Rice
5 x 5kg - 237733



Pegasus
Thai Broken Rice
1 x 10kg - 133360



Pegasus
Thai Broken Rice
1 x 20kg - 102142



Tropical Sun
Fragrant Rice
6 x 2kg - 178065



Tropical Sun
Fragrant Rice
4 x 5kg - 246028



Tropical Sun
Fragrant Rice
2 x 10kg - 246029



Village Pride
Fragrant Rice
4 x 5kg - 231357



Village Pride
Fragrant Rice
1 x 10kg - 228920



Village Pride
Broken Fragrant Rice
5kg - 246056



Village Pride
Broken Fragrant Rice
10kg - 246057



Village Pride
Broken Fragrant Rice
20kg - 246058



Dragon
Fragrant Rice
6 x 5kg - 224597 / 1 x 5kg - 150005



Dragon
Fragrant Rice
1 x 10kg - 150003



Dragon
Fragrant Rice
1 x 20kg - 112067



Tilda
Fragrant Rice
8 x 1kg - 110064



Tilda
Fragrant Rice
5kg - 110037

Rice - Speciality



Tilda
Fragrant Rice
10kg - 110034



Tilda
Fragrant Rice
20kg - 247808



Royal Umbrella
Thai Jasmine Rice
6 x 5kg - 235253



Royal Umbrella
Thai Jasmine Rice
10kg - 230778



Royal Umbrella
Thai Jasmine Rice
20kg - 230779



Aani
Idli Rice
4 x 5kg - 238055 / 10kg - 247330



Aani
Rose Matta (Boiled) Rice
4 x 5kg - 238056 / 10kg - 247332



Aani
Red Raw Rice
4 x 5kg - 231583



Aani
Sona Masoori Rice
4 x 5kg - 236632 / 10kg - 247334



Aani
Ponni Boiled Rice
4 x 5kg - 234419 / 10kg - 247333



Africa's Finest
Ofada Easy Cook Rice
4 x 5kg - 238033



Africa's Finest
Ofada Easy Cook Rice
2 x 10kg - 244200



Africa's Finest
Jollof Rice
5kg - 246005



Africa's Finest
Jollof Rice
10kg - 246006



Tropical Sun
Jollof Rice (microwaveable)
8 x 250g - 245634



Tropical Sun
Glutinous Rice
6 x 2kg - 101029



Pegasus
Glutinous Rice
5 x 5kg - 240269



Tropical Sun
Glutinous Rice
6 x 2kg - 101029



Lal Qilla
Diabetic Rice
5kg - 246015

Rice - Long Grain



Rice - Easy Cook



Tropical Sun
USA Easy Cook Rice
20 x 500g - 165580



Tropical Sun
USA Easy Cook Rice
6 x 2kg - 611111



Tropical Sun
USA Easy Cook Rice
1 x 5kg - 178045



Tropical Sun
USA Easy Cook Rice
1 x 10kg - 178033



Tropical Sun
USA Easy Cook Rice
1 x 20kg - 100088



Tropical Sun
USA Easy Cook Rice
1 x 40kg - 110000



Tropical Sun
Easy Cook Rice
1 x 5kg - 239042



Village Pride
Easy Cook Rice PM
8 x 1kg - 245408 / 10 x 1kg PM - 245728



Village Pride
Easy Cook Rice PM
6 x 2kg - 236315 / 6 x 2kg PM - 244221



Village Pride
Easy Cook Rice
5kg - 150941 / 4 x 5kg - 245729



Village Pride
Easy Cook Rice
10kg - 235201 / 2 x 10kg - 245730



Village Pride
Easy Cook Rice
20kg - 227275



Tilda
Easy Cook Rice
10 x 500g - 110013 / 8 x 1kg - 110008



Tilda
Easy Cook Rice
4 x 2kg - 224849



Tilda
Easy Cook Rice
1 x 5kg - 110010 / 1 x 10kg - 110011



Tilda
Easy Cook Rice
1 x 20kg - 110012



Tolly Boy
Easy Cook Rice
6 x 2kg - 120042



Tolly Boy
Easy Cook Rice
1 x 5kg - 120008



Tolly Boy
Easy Cook Rice
1 x 10kg - 120009



Tolly Boy
Easy Cook Rice
1 x 20kg - 120030 / 40kg - 120012

Rice - Basmati



Tropical Sun
Premium Basmati Rice
8 x 1kg - 246879



Tropical Sun
Premium Basmati Rice
6 x 2kg - 227517



Tropical Sun
Premium Basmati Rice
4 x 5kg - 227655



Tropical Sun
Premium Basmati Rice
2 x 10kg - 227653



Tropical Sun
Premium Basmati Rice
1 x 20kg - 228116



Tropical Sun
Prince Of Rice
1 x 5kg PM - 233915 / 4 x 5kg - 230560



Tropical Sun
Prince Of Rice
1 x 20kg - 123712



Tropical Sun
Natural Brown Basmati Rice
6 x 2kg - 229770



Tropical Sun
Natural Brown Basmati Rice
1 x 5kg - 231322 / 4 x 5kg - 241482



Tropical Sun
Biryani Basmati Rice
20 x 500g - 243515



Tropical Sun
Basmati Rice
20 x 500g 239578



Tropical Sun
Broken Basmati Rice
6 x 2kg - 234436



Aani
Basmati Rice
6 x 2kg - 239052 / 6 x 2kg PM - 244832



Aani
Basmati Rice
4 x 5kg - 231332



Aani
Basmati Rice
2 x 10kg - 237799



Aani
Basmati Rice
1 x 20kg - 101016



Aani
Broken Basmati
5kg - 247691



Aani
Broken Basmati
20kg - 247880



Aani
Mega Basmati
5kg -



Amaara
XXL Basmati Rice
4 x 5kg - 245139

Rice - Basmati



Akash
Basmati Rice
4 x 2kg - 110065



Akash
Basmati Rice
1 x 5kg - 129380



Akash
Basmati Rice
1 x 10kg - 100323 / 1 x 20kg - 100324



Tilda
Basmati Rice
8 x 500g - 234446 / 8 x 1kg - 110045



Tilda
Basmati Rice
4 x 2kg - 234447



Tilda
Basmati Rice
1 x 5kg - 110016



Tilda
Basmati Rice
1 x 10kg - 110017



Tilda
Basmati Rice
1 x 20kg - 111012



Tilda
Broken Basmati Rice
1 x 10kg - 225447



Tilda
Broken Basmati Rice
1 x 20kg - 110018



Tilda
Brown Basmati Rice
1 x 5kg - 110060



Tilda
Brown Basmati Rice
10 x 500g - 110046 / 8 x 1kg - 103394



Tilda
Grand White Rice
1 x 5kg - 227701 / 1 x 10kg - 227700



Tilda
Grand White Rice
1 x 20kg - 233811



Lal Qilla
Classic Basmati Rice
6 x 1kg - 245386



Lal Qilla
Classic Basmati Rice
5kg - 245387



Lal Qilla
Classic Basmati Rice
10kg - 246020



Laila
Basmati Rice
6 x 2kg - 226483



Laila
Basmati Rice
5kg - 104821



Laila
Basmati Rice
10kg - 104820



Salaam
Basmati Rice
5kg - 155636 / 10kg - 225437



Tolly Boy
Basmati Rice
6 x 2kg - 225526



Tolly Boy
Basmati Rice
1 x 5kg - 234074



Tolly Boy
Basmati Rice
1 x 10kg - 120015



Tolly Boy
Basmati Rice
1 x 20kg - 120010



Trophy
Basmati Rice
5kg - 226471



Trophy
Basmati Rice
10kg - 176046



Trophy
Basmati Rice
20kg - 176044

Pasta



Bevelini
Italian Bucatini Pasta
5 x 500g - 245190 / 20 x 500g - 239480



Bevelini
Italian Conchiglie Pasta
5 x 500g - 245191 / 20 x 500g - 244545



Bevelini
Italian Farfalle Pasta
5 x 500g - 245192 / 20 x 500g - 239477



Bevelini
Italian Fusilli Pasta
5 x 500g - 245193 / 20 x 500g - 239478



Bevelini
Italian Orzo Pasta
5 x 500g - 245194 / 20 x 500g - 239462



Bevelini
Italian Penne Pasta
5 x 500g - 245195 / 20 x 500g - 239476



Bevelini
Italian Spaghetti
5 x 500g - 245196 / 20 x 500g - 239479



Golden Penny
Macaroni Pasta (Nigeria)
20 x 500g - 225156



Golden Penny
Pasta Twist (Nigeria)
20 x 500g - 244125



Golden Penny
Spaghetti Pasta (Nigeria)
20 x 500g - 234967



Golden Penny
Spaghettini Pasta (Nigeria)
20 x 500g - 232886

Noodles



Indomie Noodles
Ghana Chicken (Brown Box)
40 x 70g - 222048



Indomie Noodles
Nigerian Chicken (White Box)
40 x 70g - 239473



Indomie Noodles
Nigerian Chicken Super Pack
40 x 120g - 222049



Indomie Noodles
Nigerian Chicken Hungry Man Size
24 x 180g - 229815



Indomie Noodles
Nigerian Chicken Belle
16 x 280g - 245599



Indomie Noodles
Ghana Pepper Chicken
40 x 70g - 225269



Indomie Noodles
Nigerian Onion Chicken
40 x 70g - 103723



Indomie Noodles
Onion Chicken Super Pack
40 x 120g - 246268



Indomie Noodles
Onion Chicken Hungry Man
24 x 180g - 245592



Indomie Noodles
Nigerian Pepper Chicken Soup
40 x 100g - 239168



Indomie Noodles
Nigerian Jollof Chicken
40 x 70g - 245307



Indomie Noodles
Nigerian Crayfish
40 x 70g - 244546



Indomie Noodles
Nigerian Oriental Fried
40 x 70g - 245144



Indomie Noodles
Nigerian Beef
40 x 70g - 244577



Golden Penny Noodles
Nigerian Jollof Chicken
40 x 70g - 246391



Golden Penny Noodles
Nigerian Goat Meat Pepper Soup
40 x 70g - 246392



Indomie Noodles
Mi Goreng (Indonesia)
40 x 85g - 100397



Indomie Noodles
Rasa Kari Ayam (Indonesia)
40 x 85g - 245784



Indomie Noodles
Mi Goreng Stir Fry
40 x 80g - 243396



Indomie Noodles
Special Chicken
40 x 75g - 243400

Noodles



Koka Noodles
Beef
30 x 85g - 102541



Koka Noodles
Chicken
30 x 85g - 102542



Koka Noodles
Crab
30 x 85g - 102540



Koka Noodles
Curry
30 x 85g - 102543



Koka Noodles
Lobster
30 x 85g - 102549



Koka Noodles
Masala
30 x 85g - 102553



Koka Noodles
Mushroom
30 x 85g - 102544



Koka Noodles
Prawn
30 x 85g - 102545



Koka Noodles
Stir Fried
30 x 85g - 102548



Koka Noodles
Tom Yum
30 x 85g - 102547



Koka Noodles
Tomato
30 x 85g - 102546



Koka Noodles
Vegetable
30 x 85g - 102550



Maggi Noodles
Masala
20 x 70g - 100855



Maggi Noodles
Chicken
20 x 75g - 230696



Maggi Noodles
Curry
6 x 5 x 74g - 247687



Sun Yan Noodles
Roasted Beef
33 x 65g - 243890



Sun Yan Noodles
Asian Chicken
33 x 65g - 243879



Sun Yan Noodles
Hot & Spicy
33 x 65g - 243884



Samyang
Hot Chicken Ramen
8 x 5 x 140g - 233750



Samyang
Hot Chicken Spicy Ramen
8 x 5 x 140g - 245054

Stock Cubes



Lam's
Chowmein Noodles
30 x 454g - 151084



Jade Bridge
Instant Egg Noodles
30 x 400g - 242363



Jade Bridge
Instant Noodles
30 x 400g - 242362



Aani
Rice Vermicelli
10 x 200g - 246156



Aani
Brown Rice Vermicelli
10 x 200g - 246157



Purvi
Brown Rice Vermicelli
10 x 200g - 226072



Purvi
White Rice Vermicelli
10 x 200g - 226073



Longkou
Vermicelli
250x100g - 243221 / 100x250g - 243222



Maggi
Nigerian Cubes 25's
60 x 25 x 4g - 380067



Maggi
Nigerian Cubes 100's
21 x 400g - 151100



Maggi
Nigerian Chicken Cubes
16 x 100's - 127873



Maggi
Nigerian Chicken Cubes
60 x 10g - 123826 / 24 x 60 x 10g - 228384



Maggi
Nigerian Crayfish Cubes
60x10g - 104621 / 24x60x10g - 228383



Onga
Chicken Cubes
24 x 55 x 4g - 233130



Onga
Seasoning Cubes
24 x 55 x 4g - 201009



Tropical Sun
Chicken Cubes (Halal)
12 x 8's - PM 229646



Tropical Sun
Fish Cubes (Halal)
12 x 8's - PM 229647



Tropical Sun
Vegetable Cubes (Halal)
12 x 8's - 230565 / PM 229649



Tropical Sun
Meat Cubes (Halal)
12 x 8's - PM 229648

Stock Cubes – Powder



Tropical Sun
Chicken Cubes (Halal)
6 x 40's - 238332



Tropical Sun
Crayfish Cubes (Halal)
6 x 40's - 238333



Knorr
Beef Cubes
12 x 8's - 122006



Knorr
Chicken Cubes
12 x 8's - 122005



Knorr
Fish Cubes
12 x 8's - 132101



Knorr
Lamb Cubes
12 x 8's - 132102



Knorr
Vegetable Cubes
12 x 8's - 132103



Tropical Sun
Fish Stock Powder
6 x 1kg - 229105 / PM 243702



Tropical Sun
Aroma Stock Powder
6 x 1kg - 229101 / PM 243698



Tropical Sun
Chicken Stock Powder
6 x 1kg - 229103 / PM 243700



Tropical Sun
Crayfish Stock Powder
6 x 1kg - 229104 / PM 243701



Tropical Sun
Lamb Stock Powder
6 x 1kg - 229106 / PM 243703



Tropical Sun
Beef Stock Powder
6 x 1kg - 229102 / PM 243699



Tropical Sun
Aroma Stock Powder
6 x 200g - 226875 / PM 229943



Tropical Sun
Chicken Stock Powder
6 x 200g - 100773 / PM 229944



Knorr
Chicken Powder
1 x 900g - 226784 / 6 x 900g - 225123

Follow in her food steps



Seasonings - Dry & Liquid



Jumbo
Aroma Stock Powder
10 x 1kg - 104745



Jumbo
Chicken Stock Powder
10 x 1kg - 104744



Jumbo
Crayfish Stock Powder
10 x 1kg - 380022



Tropical Sun
Aromatic
6 x 90g - 233479



Tropical Sun
Aromatic
1 x 1.1kg - 234471 / 6 x 1.1kg / 234480



Knorr
Aromat
6 x 90g - 122044



Knorr
Aromat
6 x 1.1kg - 226044 / 1 x 1.1kg - 225121



Onga
Chicken Seasoning
250 x 10g - 229039



Onga
Classic Seasoning
250 x 10g - 122087



Onga
Stew Seasoning
50 x 60g - 104322



Maggi
Chicken Seasoning Powder
241393



Maggi
Season-Up All Purpose
6 x 200g - 225624



Maggi
Season-Up Chicken
6 x 200g - 225628



Maggi
Liquid Seasoning
6 x 960ml - 227029



Maggi
Liquid Seasoning
20 x 200ml - 227033



Maggi
Original Seasoning
12 x 100ml - 123816



Maggi
Hot Seasoning
12 x 100ml - 123817



Tropical Sun
Allspice (Liquid Pimento)
12 x 142ml - 226825



Knorr
Liquid Seasoning
12 x 130ml - 246885



Knorr
Liquid Seasoning
6 x 250ml - 236600

Seasonings – Village Pride



Village Pride
All Purpose Seasoning
20 x 100g - 243249 - PM



Village Pride
Chicken Seasoning
20 x 100g - 243229 - PM



Village Pride
Mixed Herbs
20 x 100g - 243258 - PM



Village Pride
Everyday Seasoning
20 x 100g - 243251 - PM



Village Pride
Hot Curry Powder
20 x 100g - 243253 - PM



Village Pride
Mild Curry Powder
20 x 100g - 243255 - PM



Village Pride
Curry Goat Seasoning
20 x 100g - 243250 - PM



Village Pride
Fish Seasoning
20 x 100g - 243252 - PM



Village Pride
Thyme
20 x 100g - 243257 - PM



Village Pride
Jerk Seasoning
20 x 100g - 243254 - PM



Village Pride
Peri Peri Seasoning
20 x 100g - 243256 - PM



Tropical Sun
Chip Seasoning
6 x 130g - 242209



Tropical Sun
Seasoned Salt
6 x 200g - 242210



Tropical Sun
Italian Salad Seasoning
6 x 150g - 242106



Tropical Sun
Whole Green Cardamom
6 x 60g - 241623



Tropical Sun
Whole Cloves
6 x 60g - 232795



Tropical Sun
Rub Rub Sweet Chilli
6 x 110g - 228496



Tropical Sun
Rub Rub for Meat
6 x 100g - 228493



Tropical Sun
Chip Seasoning
6 x 130g - 242209



Tropical Sun
Birds Eye Chillies
6 x 40g - 240983

Seasonings - Tropical Sun



Tropical Sun
Adobo Seasoning
12 x 100g - 227972



Tropical Sun
All Purpose Seasoning
12 x 100g - 101187



Tropical Sun
Falafel Spice
6 x 100g - 242094



Tropical Sun
Arrowroot
12 x 100g - 100626



Tropical Sun
Baking Powder
12 x 150g - 100629



Tropical Sun
Basil
12 x 30g - 239740



Tropical Sun
Bay Leaves
12 x 10g - 235699



Tropical Sun
BBQ Seasoning
12 x 100g - 100176



Tropical Sun
Beef & Steak Seasoning
12 x 80g - 235731



Tropical Sun
Bicarbonate of Soda
12 x 200g - 100628



Tropical Sun
Chia Seeds
6 x 100g - 241311



Tropical Sun
Black Onion Seeds (Kalonji)
12 x 90g - 238552



Tropical Sun
Black Cardamoms Whole
6 x 50g - 232792



Tropical Sun
Blue Poppy Seeds
12 x 100g - 239736



Tropical Sun
Cajun Seasoning
12 x 80g - 100126



Tropical Sun
Caraway Whole
6 x 100g - 240964



Tropical Sun
Caribbean Salad Seasoning
12 x 100g - 100123



Tropical Sun
Cayenne Pepper
12 x 100g - 226449



Tropical Sun
Celery Salt
12 x 100g - 228289



Tropical Sun
Celery Seed
12 x 100g - 237635

Seasonings – Tropical Sun



Tropical Sun
Chicken Seasoning
12 x 100g - 100177



Tropical Sun
Chilli & Lemon Seasoning
12 x 100g - 238278



Tropical Sun
Chilli Powder
12 x 100g - 229018



Tropical Sun
Chinese 5 Spice Seasoning
12 x 100g - 230907



Tropical Sun
Tagine Spice
6 x 80g - 242093



Tropical Sun
Chipotle Chilli Flakes
6 x 50g - 241039



Tropical Sun
Chow Mein Seasoning
12 x 100g - 234944



Tropical Sun
Cinnamon Sticks
12 x 30g - 226445



Tropical Sun
Cinnamon Sugar
6 x 100g - 232210



Tropical Sun
Citric Acid
12 x 150g - 235453



Tropical Sun
Coarse Black Pepper
12 x 80g - 235692



Tropical Sun
Cock Flavour Seasoning
12 x 100g - 224918



Tropical Sun
Cow Foot Seasoning
12 x 100g - 235454



Tropical Sun
Creole Seasoning
12 x 100g - 232931



Tropical Sun
Crushed Red Chillies
12 x 50g - 226446



Tropical Sun
Curry Goat Seasoning
12 x 100g - 224922



Tropical Sun
Cut Lemon Grass
12 x 20g - 237634



Tropical Sun
Dried Thyme
12 x 40g - 100170



Tropical Sun
Everyday Seasoning
12 x 100g - 100175



Tropical Sun
Fennel Seeds Whole
6 x 100g - 240968

Seasonings - Tropical Sun



Tropical Sun
Fish Seasoning
12 x 100g - 100178



Tropical Sun
Five Peppercorn Mix
12 x 90g - 235452



Tropical Sun
Garam Masala
12 x 80g - 239064



Tropical Sun
Garlic Granules
12 x 100g - 100131



Tropical Sun
Garlic Powder
12 x 100g - 226447



Tropical Sun
Garlic Salt
12 x 100g - 100125



Tropical Sun
Ginger, Garlic & Pimento
12 x 100g - 227180



Tropical Sun
Green Cardamoms Whole
6 x 50g - 232793



Tropical Sun
Ground Black Pepper
12 x 100g - 100180



Tropical Sun
Ground Cinnamon
12 x 80g - 230906



Tropical Sun
Ground Cloves
12 x 30g - 239734



Tropical Sun
Ground Coriander
12 x 70g - 235693



Tropical Sun
Ground Cumin
12 x 80g - 235695



Tropical Sun
Ground Mixed Spice
12 x 80g - 100186



Tropical Sun
Ground Nutmeg
12 x 100g - 100182



Tropical Sun
Ground Pimento
12 x 100g - 100184



Tropical Sun
Ground Turmeric
12 x 80g - 235697



Tropical Sun
Ground White Pepper
12 x 100g - 100181



Tropical Sun
Harissa Spice
12 x 100g - 230444



Tropical Sun
Hot & Spicy Seasoning
12 x 100g - 238279

Seasonings – Tropical Sun



Tropical Sun
Hot Curry Powder
12 x 100g - 100173



Tropical Sun
Mild Curry Powder
12 x 100g - 100174



Tropical Sun
Jamaican Curry Powder
12 x 100g - 228430



Tropical Sun
Jollof Seasoning
12 x 100g - 231746



Tropical Sun
Juniper Berries
6 x 50g - 240974



Tropical Sun
Lamb Seasoning
12 x 100g - 226009



Tropical Sun
Lemon Peppa
12 x 100g - 100611



Tropical Sun
Mace Ground
6 x 90g - 240965



Tropical Sun
Meat Seasoning
12 x 100g - 100117



Tropical Sun
Jerk Seasoning
12 x 100g - 100179



Tropical Sun
Mint
12 x 30g - 239741



Tropical Sun
Mixed Herbs
12 x 30g - 100171



Tropical Sun
MSG
12 x 100g - 226448



Tropical Sun
Mustard Powder
6 x 80g - 240966



Tropical Sun
Mustard Seeds (Brown)
12 x 100g - 239735



Tropical Sun
Mutton Seasoning
12 x 100g - 228084



Tropical Sun
Onion Powder
12 x 100g - 228947



Tropical Sun
Onion Salt
12 x 100g - 230445



Tropical Sun
Oregano
12 x 30g - 100134



Tropical Sun
Oxtail Seasoning
12 x 100g - 224921

Seasonings - Tropical Sun



Tropical Sun
Paprika
12 x 100g - 235698



Tropical Sun
Parsley
12 x 15g - 239738



Tropical Sun
Pepperpot Seasoning
12 x 100g - 100188



Tropical Sun
Peri Peri Seasoning
12 x 100g - 104863



Tropical Sun
Pickling Spice
6 x 90g - 240979



Tropical Sun
Pilau Rice Seasoning
12 x 100g - 239066



Tropical Sun
Pink Peppercorns
6 x 50g - 241625



Tropical Sun
Pizza Seasoning
12 x 70g - 232932



Tropical Sun
Pork Seasoning
12 x 100g - 100127



Tropical Sun
Rosemary
12 x 60g - 239739



Tropical Sun
Sage
12 x 25g - 239742



Tropical Sun
Salt & Vinegar Seasoning
12 x 100g - 230443



Tropical Sun
Seafood Seasoning
12 x 100g - 237636



Tropical Sun
Season It
12 x 100g - 228216



Tropical Sun
Seasoning Salt
12 x 100g - 100187



Tropical Sun
Sesame Seeds
12 x 100g - 239737



Tropical Sun
Smoked Paprika
12 x 100g - 104599



Tropical Sun
Sriracha Seasoning
12 x 100g - 239065



Tropical Sun
Sumac Ground
6 x 100g - 240981



Tropical Sun
Tikka Masala
12 x 90g - 239062

Seasonings - Tropical Sun



Tropical Sun
Tropical Seasoning
12 x 100g - 100627



Tropical Sun
Vanilla Pod
6 x 3g - 237902



Tropical Sun
Vegetable Seasoning
12 x 100g - 100172



Tropical Sun
Whole Black Pepper
12 x 90g - 235691



Tropical Sun
Whole Coriander
12 x 50g - 235694



Tropical Sun
Whole Cumin
12 x 80g - 235696



Tropical Sun
Whole Fenugreek
12 x 100g - 239655



Tropical Sun
Whole Nutmeg
12 x 100g - 100183



Tropical Sun
Whole Pimento
12 x 70g - 100185



Tropical Sun
Whole Star Anise
12 x 30g - 237633



Tropical Sun
Five Peppercorn Mix
6 x 60g - 241630



Tropical Sun
White Peppercorns
6 x 100g - 241624



Tropical Sun
Crushed Red Chillies
6 x 60g - 241631



Tropical Sun
Onion & Garlic Mix
6 x 100g - 242104



Tropical Sun
Lebanese 7 Spice
6 x 100g - 242096



Tropical Sun
Ground Ginger
6 x 100g - 242092



Tropical Sun
Fried Rice Seasoning
12 x 90g - 244476



Tropical Sun
Rubbed Parsley
3 x 200g - 243017



Tropical Sun
Oxtail Seasoning
3 x 800g - 233400



Tropical Sun
Peri Peri Seasoning
3 x 700g - 103009

Seasonings - Tropical Sun



Tropical Sun
All Purpose Seasoning
3 x 700g - 100166



Tropical Sun
BBQ Seasoning
3 x 600g - 100630



Tropical Sun
Bicarbonate of Soda
3 x 1kg - 235077



Tropical Sun
Caribbean Curry - Hot
3 x 500g - 100163



Tropical Sun
Caribbean Curry - Mild
3 x 500g - 100164



Tropical Sun
Chicken Seasoning
3 x 600g - 100167



Tropical Sun
Complete Seasoning
3 x 400g - 241533



Tropical Sun
Onion Powder
3 x 550g - 242103



Tropical Sun
Onion Granules
3 x 600g - 246084



Tropical Sun
Curry Goat Seasoning
3 x 500g - 233401



Tropical Sun
Everyday Seasoning
3 x 700g - 100165



Tropical Sun
Fish Seasoning
3 x 700g - 100168



Tropical Sun
Garlic Granules
3 x 650g - 100140



Tropical Sun
Garlic Powder
3 x 550g - 100631



Tropical Sun
Ground Mixed Spice
3 x 500g - 224890



Tropical Sun
Jerk Seasoning
3 x 650g - 100169



Tropical Sun
Jamaican Curry Powder
3 x 500g - 228426



Tropical Sun
Lamb Seasoning
3 x 500g - 226010



Tropical Sun
Mixed Herbs
3 x 165g - 100162



Tropical Sun
Meat Seasoning
3 x 650g - 227324

Seasonings



Tropical Sun
Oregano
3 x 150g - 245863



Tropical Sun
Dried Thyme
3 x 250g - 100161



Dunn's River
All Purpose Seasoning
12 x 100g - 222349 / 3 x 700g - 222226



Dunn's River
BBQ Seasoning
12 x 100g - 222041 / 3 x 600g - 222063



Dunn's River
Chicken Seasoning
12 x 100g - 222169 / 3 x 600g - 222052



Dunn's River
Everyday Seasoning
12 x 100g - 222233 / 3 x 700g - 222227



Dunn's River
Fish Seasoning
12 x 100g - 222362 / 3 x 700g - 222363



Dunn's River
Jerk Seasoning
12 x 100g - 222045



Dunn's River
Ground Pimento
12 x 100g - 222100



Dunn's River
Hot Curry Powder
12 x 100g - 222124 / 3 x 500g - 222264



Dunn's River
Mild Curry Powder
12 x 100g - 222125 / 3 x 500g - 222239



Dunn's River
Ground Black Pepper
12 x 100g - 222350



Africa's Finest
Curry Powder
12 x 30g - 242904



Africa's Finest
Dried Thyme
12 x 15g - 242903



Africa's Finest
Jollof Seasoning
12 x 100g - 102961



Africa's Finest
Jollof Seasoning
3 x 600g - 100633



Africa's Finest
Efo Seasoning
12 x 100g - 102963



Africa's Finest
Obe Ata Seasoning
12 x 100g - 102962



Africa's Finest
Lagos Chilli Pepper
12 x 100g - 104100



Africa's Finest
Suya Pepper Mix
12 x 100g - 225192

Seasonings – Pegasus



Pegasus
Ground Cinnamon
12 x 25g - 100991



Pegasus
Curry Powder
12 x 25g - 100997



Pegasus
Ground Black Pepper
12 x 25g - 100988



Pegasus
Whole Black Pepper
12 x 25g - 100989



Pegasus
Ground White Pepper
12 x 25g - 100990



Pegasus
Ground Garlic
12 x 45g - 101013



Pegasus
Ground Ginger
12 x 25g - 100993



Pegasus
Ground Nutmeg
12 x 25g - 100995



Pegasus
Ground Turmeric
12 x 25g - 100996



Pegasus
Whole Cloves
12 x 20g - 100992



Pegasus
Ground Mixed Spice
12 x 25g - 100994



Pegasus
Basil
12 x 20g - 100999



Pegasus
Mint
12 x 15g - 100998



Pegasus
Mixed Herbs
12 x 15g - 102138



Pegasus
Oregano
12 x 15g - 102139



Pegasus
Parsley
12 x 15g - 101002



Pegasus
Sage
12 x 15g - 102158



Pegasus
Thyme
12 x 25g - 101006



Pegasus
Baking Powder
12 x 100g - 101007



Pegasus
Bicarbonate of Soda
12 x 100g - 101009



Aani
Bay Leaves
20 x 50g - 245660



Aani
Black Pepper Coarse
20 x 100g - 246400 / 20 x 300g - 245667



Aani
Black Pepper Powder
20 x 100g - 246401 / 20 x 300g - 245666



Aani
Black Pepper Whole
20 x 100g - 246399 / 20 x 200g - 245655



Aani
Chilli Powder
20 x 100g - 246402 / 10 x 400g - 245668



Aani
Chilli Powder
3 x 5kg - 245973



Aani
Chilli Powder Extra Hot
20 x 100g - 246403 / 10 x 400g - 245875



Aani
Chillies Crushed
15 x 100g - 246408 / 10 x 250g - 245665



Aani
Chillies Crushed
3 x 3kg - 245974



Aani
Chillies Whole (Stemless)
10 x 150g - 245657



Aani
Ceylon Cinnamon Sticks
12 x 50g PM - 239156



Aani
Cloves Whole
20 x 50g - 246405 / 20 x 200g - 245658



Aani
Cumin Powder (Jeera)
20 x 100g - 246409 / 10 x 400g - 245670



Aani
Cumin Whole (Jeera)
15 x 100g - 246410 / 10 x 400g - 245659



Aani
Organic Curry Leaves
10 x 30g - 232610



Aani
Garlic Powder
20 x 100g - 246412 / 10 x 400g - 245671



Aani
Ginger Powder
20 x 100g - 246413



Aani
Poha Medium Rice Flakes
15 x 300g - 245662



Aani
Poha Thick Rice Flakes
15 x 300g - 245663

Seasonings - Aani



Aani
Sago Seeds Medium (Tapioca)
10 x 300g - 245884



Aani
Sago Seeds Small (Tapioca)
10 x 300g - 245971



Aani
Tamarind Slab (with seeds)
10 x 200g - 246040 / 50 x 200g - 245664



Aani
Turmeric Powder (Haldi)
20 x 100g - 246416 / 10 x 400g - 245672



Aani
Turmeric Powder (Haldi)
3 x 5kg - 245972



Aani
Ajwain Seeds
15 x 100g - 246394



Aani
Amchur Powder
20 x 100g - 246396



Aani
Anardana Powder
20 x 100g - 246395



Aani
Garam Masala
20 x 100g - 246411



Aani
Tandoori Masala
20 x 100g - 246415



Aani
Black Mustard Seeds Small
20 x 100g - 246398



Aani
Cinnamon Powder (Cassia)
20 x 100g - 246404



Aani
Coriander Powder (Dhania)
20 x 100g - 246406 / 10 x 400g - 245669



Aani
Coriander Whole (Dhania)
10 x 100g - 246407



Greenfields
Basil
8 x 50g - 239763



Greenfields
Cayenne Pepper
12 x 75g - 103540



Greenfields
Chia Seeds
12 x 100g - 234914



Greenfields
Cinnamon Sticks
12 x 5's - 103505



Greenfields
Coriander Leaves
8 x 35g - 239764



Greenfields
Curry Leaves
6 x 12g - 234656

Seasonings - Greenfields



Greenfields
Hibiscus Flower
6 x 65g - 239767



Greenfields
Kaffir Lime Leaves
6 x 20g - 225279



Greenfields
Hot Chilli Flakes
12 x 75g - 239827



Greenfields
Lemon Grass
8 x 50g - 239918



Greenfields
Mint
8 x 50g - 239768



Greenfields
Oregano
8 x 50g - 239769



Greenfields
Mixed Herbs
8 x 50g - 239919



Greenfields
Onion Powder
12 x 75g - 239826



Greenfields
Parsley
8 x 40g - 239770



Greenfields
Ras El-Hanout
12 x 75g - 103546



Greenfields
Rosemary
8 x 75g - 239824



Greenfields
Sage Leaves
8 x 50g - 239772



Greenfields
Smoked Paprika
12 x 75g - 234657



Greenfields
Thyme
8 x 75g - 239804



Aani
Curry Powder Hot
12 x 100g - 238039 / 6 x 425g - 238041



Aani
Curry Powder Mild
12 x 100g - 238035



Bolst's
Curry Powder Hot
12 x 100g - 112046 / 6 x 425g - 112045



Bolst's
Curry Powder Mild
12 x 100g - 112047 / 6 x 425g - 112045



Bolst's
Curry Powder Hot
6 x 400g - 112043



Bolst's
Curry Powder Mild
6 x 400g - 112042

Seasonings - Rajah



Rajah
All Purpose Seasoning 10 x 100g - 231712
10 x 400g - 112088 / 6 x 1kg - 112100



Rajah
BBQ Seasoning
10 x 100g - 231714



Rajah
Chicken Seasoning 10 x 100g - 231713
10 x 400g - 112087 / 6 x 1kg - 112012



Rajah
Fish Seasoning
10 x 100g - 231692 / 10 x 400g - 112305



Rajah
Beef Steak Seasoning
10 x 100g - 231691



Rajah
Chilli & Lemon Seasoning
10 x 100g - 231716



Rajah
Hot & Spicy Seasoning
10 x 100g - 231694



Rajah
Jerk Seasoning
10 x 100g - 231715



Rajah
Lamb Seasoning
10 x 100g - 231718



Rajah
Garlic & Coriander Seasoning
10 x 100g - 231717



Rajah
Coarse Black Pepper
10 x 100g - 231693 / 9 x 400g - 231696



Rajah
Ground Black Pepper
10 x 100g - 231728 / 9 x 400g - 112114



Rajah
Whole Black Pepper
10 x 100g - 231724 / 9 x 400g - 112149



Rajah
Ground White Pepper
10 x 100g - 231729



Rajah
Caribbean Hot Curry Powder
10 x 100g - 231706



Rajah
Caribbean Mild Curry Powder
10 x 100g - 231695





Rajah Hot Madras
Curry Powder 10x100g - 231707
10 x 400g - 112111 / 6 x 1kg - 112383



Rajah Mild Madras
Curry Powder 10 x 100g - 231708
10 x 400g - 112160 / 6 x 1kg - 112384



Rajah
Mixed Curry Powder
10 x 400g - 112237 / 6 x 1kg - 121151

 FULL PRODUCT RANGE 					
231712	All Purpose Seasoning	10 x 100g	231733	Fennel Seeds Whole (Saunf)	10 x 85g
112088	All Purpose Seasoning	10 x 400g	231692	Fish Seasoning	10 x 100g
112100	All Purpose Seasoning	6 x 1kg	112305	Fish Seasoning	10 x 400g
231720	Bay Leaves	10 x 10g	231698	Garam Masala	10 x 85g
231714	BBQ Seasoning	10 x 100g	112268	Garam Masala	10 x 400g
231691	Beef Steak Seasoning	10 x 10g	231717	Garlic & Coriander Seasoning	10 x 100g
104649	Black Mustard Seeds Whole	10 x 100g	231699	Garlic Powder	10 x 100g
242024	Black Mustard Seeds Whole	10 x 400g	112394	Garlic Powder	10 x 400g
231693	Black Pepper Coarse	10 x 100g	231700	Ginger Ground	10 x 85g
231696	Black Pepper Coarse	10 x 400g	120520	Ginger Ground	10 x 300g
231728	Black Pepper Ground	10 x 100g	231705	Haldi Ground (Turmeric)	10 x 100g
112114	Black Pepper Ground	10 x 400g	212068	Haldi Ground (Turmeric)	10 x 400g
231724	Black Pepper Whole	10 x 100g	112288	Haldi Ground (Turmeric)	6 x 1kg
231706	Caribbean Hot Curry Powder	10 x 100g	231694	Hot & Spicy Seasoning	10 x 100g
231695	Caribbean Mild Curry Powder	10 x 100g	231704	Jeera Ground (Cumin)	10 x 100g
112160	Caribbean Mild Curry Powder	10 x 400g	112102	Jeera Ground (Cumin)	10 x 400g
231721	Cassia Bark	10 x 100g	112182	Jeera Ground (Cumin)	6 x 1kg
231713	Chicken Seasoning	10 X 100g	231723	Jeera Whole (Cumin)	10 x 100g
112087	Chicken Seasoning	10 x 400g	231719	Jeera Whole (Cumin)	10 x 400g
112012	Chicken Seasoning	6 x 1kg	231715	Jerk Seasoning	10 x 100g
231716	Chilli & Lemon Seasoning	10 x 100g	231718	Lamb Seasoning	10 x 100g
231710	Chilli Powder Extra Hot	10 x 100g	231707	Madras Curry Powder Hot	10 x 100g
112607	Chilli Powder Extra Hot	10 x 400g	112111	Madras Curry Powder Hot	10 x 400g
112191	Chilli Powder Extra Hot	6 x 1kg	231708	Madras Curry Powder Mild	10 x 100g
231697	Chilli Powder	10 x 400g	112384	Madras Curry Powder Mild	6 x 1kg
112150	Chilli Powder	6 x 1kg	231730	Meat Tenderiser	10 x 100g
112168	Chilli Powder	10 x 100g	231732	Methi Whole (Fenugreek Seeds)	10 x 100g
231727	Cinnamon Powder	10 x 400g	112037	Mixed Curry Powder Extra Hot	10 x 400g
231725	Cloves Whole	6 x 1kg	125561	Mixed Curry Powder Extra Hot	6 x 1kg
112076	Crushed Red Chilli	10 x 200g	112237	Mixed Curry Powder Mild	10 x 400g
112111	Curry Powder Hot	10 x 400g	121151	Mixed Curry Powder Mild	6 x 1kg
112383	Curry Powder Hot	6 x 1kg	231709	Paprika Powder	10 x 100g
112160	Curry Powder Mild	10 x 400g	112109	Paprika Powder	10 x 400g
112384	Curry Powder Mild	6 x 1kg	112286	Paprika Powder	6 x 1kg
231711	Dhania Ground (Coriander)	10 x 100g	231726	Red Chilli Whole	10 x 40g
112193	Dhania Ground (Coriander)	10 x 400g	231690	Tandoori Masala	10 x 100g
112389	Dhania Ground (Coriander)	6 x 1kg	120650	Tandoori Masala	10 x 400g
231722	Dhania Whole (Coriander)	10 x 50g	231729	White Pepper Ground	10 x 100g

Seasonings - Caribbean



Tropical Sun
Jamaican Curry Powder
20 x 100g - 228910 / 12 x 500g - 234420



Spanish Town
Jamaican Curry Powder
40 x 110g - 243447 / 20 x 450g - 243446



Betapac
Curry Powder
40 x 110g - 151240 / 20 x 450g - 151260



Golden Tropical
Curry Powder
20 x 110g - 239746 / 10 x 450g - 239747



Mr Brown's
Fish & Meat Curry
15 x 140g - 102872



Mr Brown's
Curry Seasoning
8 x 400g - 233678



Baron
Curry Powder
25 x 85g - 104946



Chief
Curry Powder
10 x 85g - 228103



Chief
Curry Powder
10 x 230g - 155925



Chief
Duck & Goat Curry Powder
10 x 85g - 101408



Chief
Duck & Goat Curry Powder
10 x 230g - 228063 / 5 x 500g - 244984



Chief
Roasted Geera
10 x 230g 225213



Chief
Amchar Masala
10 x 230g - 228939



Chief
Instant Pholourie Mix
10 x 300g - 227553



Chief
All Purpose Seasoning
12 x 40g - 238231



Chief
Chow Mein Seasoning
12 x 40g - 229886



Chief
Jerk Seasoning
12 x 40g - 238237



Chief
Seafood Seasoning
12 x 40g 227899



Chief
Fish Seasoning
12 x 40g - 238235



Chief
Fried Rice Seasoning
12 x 40g - 238239

Seasonings



Chief
Chicken Seasoning
12 x 40g - 238233



Kala Brand by Chief
Curry Powder
10 x 85g - 244990



Kala Brand by Chief
Curry Powder
1.5kg - 120019



Tropical Sun
Flavour Enhancer (MSG)
20 x 100g - 226732 / 10 x 500g - 227040



AJI-NO-MOTO
Umami Seasoning (MSG)
12 x 1kg - 232941



Lotus
Flavour Enhancer (MSG)
10 x 100g - 231734 / 10 x 500g - 312087



Lion
Dried Thyme (Nigeria)
12 x 10g - 119109 - 144 x 10g - 119113



Lion
Curry Powder (Nigeria)
12 x 25g - 119112 / 144 x 25g - 119135



Ducros
Curry Powder
12 x 25g - 229916 / 144 x 25g - 236256



Ducros
Dried Thyme
12 x 25g - 103109 / 144 x 25g - 236257



Tropical Sun
Linseed
20 x 100g - 100071



Tropical Sun
Pimento Seeds
20 x 100g - 123715



Tropical Sun
Whole Nutmeg
10 x 80g - 127191



Tropical Sun
Moringa Leaves
10 x 20g - 238089



Tropical Sun
Moringa Powder
10 x 50g - 242297



Tropical Sun
Moring Seeds
10 x 50g - 234474



Tropical Sun
Soursop Leaves
10 x 20g - 238090



Tropical Sun
Soursop Powder
10 x 50g - 242298



Tropical Sun
Cerasse Leaves
10 x 20g - 234477



Tropical Sun
Cinnamon Leaves
10 x 20g - 242181

Coatings



Tropical Sun
Coat & Bake Chicken Mix
6 x 300g - 229722



Tropical Sun
Hot & Spicy Chicken Fry Mix
6 x 300g - 229723



Tropical Sun
Hot & Fiery Jerk Fry Mix
6 x 300g - 229724



Tropical Sun
Lemon & Pepper Chicken Mix
6 x 300g - 229725



Tropical Sun
Original Chicken Fry Mix
6 x 300g - 229726



Tropical Sun
Peri Peri Chicken Mix
6 x 300g - 229727



Tex's
Aunty Nell's Fish Seasoning
12 x 300g - 222280



Tex's
BBQ Seasoning
12 x 300g - 222237



Tex's
Coat & Bake Chicken Mix
12 x 300g - 222236



Tex's
Exotic Curry Seasoning
12 x 300g - 222234



Tex's
Family Chicken Seasoning
12 x 300g - 222235



Tex's
Hot & Spicy Chicken Coating
12 x 300g - 100432



Tex's
Hot & Spicy Chicken Coating
6 x 700g - 100433



Tex's
Jamaican Curry Powder
12 x 250g - 222182



Tex's
Jerk Seasoning
12 x 300g - 100099



Tex's
Kentucky Fried Chicken Coating
12 x 300g - 222147



Tex's
Kentucky Fried Chicken Coating
6 x 700g - 222143



Tex's
Tropical Seasoning
12 x 300g - 222240



Shads
Fish & Meat Seasoning
12 x 300g - 102865



Shads
Tasty Chicken Coating
12 x 300g - 102870

African - Pouno Iyan



Tropical Sun
Pouno Iyan
20 x 500g - 140064



Tropical Sun
Pouno Iyan
6 x 1.5kg - 140063



Tropical Sun
Pouno Iyan
3 x 5kg - 241613



Africa's Finest
Pouno Iyan
6 x 680g - 231010



Africa's Finest
Pouno Iyan
3 x 4kg - 242189



Africa's Finest
Pouno Iyan
1 x 4kg - 238870



Africa's Finest
Pouno Iyan
1 x 9kg - 155200



Lagos
Pounded Yam
4 x 2kg - 131055



Lagos
Pounded Yam
4kg - 243713



Eniola's
Pouno Iyan
10 x 1.5kg - 310040 / 4 x 4kg - 310007



Olu Olu
Pouno Iyan 10 x 1.2kg - 104700
1 x 4kg - 104701 / 1 x 8kg - 104702



MP
Pouno Iyan
6 x 1.5kg - 155002 / 3 x 4kg - 155017



Ayoola
Pouno Yam
10 x 1.8kg - 246874 / 4 x 5kg - 246966



Marguerite
Attiéké
6 x 250g - 115004 / 6 x 500g - 105040



GraceCo Foods
Yellow Ogi (Maize)
12 x 500g - 100471



GraceCo Foods
White Ogi (Maize)
12 x 500g - 100472



Honeywell
Semolina
5 x 1.8kg - 104688 / 4.75kg - 104622



Honeywell
Whole Wheat Meal
5 x 1.8kg - 103419 / 1 x 4.75kg - 225374



Golden Penny
Amazing Day Breakfast Cereal
6 x 600g - 235964

African - Fufu



Africa's Finest
Plantain Fufu
6 x 680g - 239761



Africa's Finest
Plantain Fufu
4kg - 242912 / 3 x 4kg - 243697



Tropicom
Plantain Fufu
6 x 700g - 244138 / 24 x 700g - 244137



Tropicom
Plantain Fufu
4 x 3.5kg - 244975



Tropicom
Plantain Fufu
4kg - 244978



Ghana Best
Plantain Fufu
6 x 680g - 244046



Mama's Choice
Plantain Fufu
6 x 624g - 104425 / 24 x 624g - 102429



Mama's Choice
Plantain Fufu
10 x 1.5kg - 234980 / 4 x 4.08kg - 104800



Tropiway
Plantain Fufu
6 x 681g - 115131 / 24 x 681g - 115130



Africa's Finest
Cocoyam Fufu
6 x 680g - 239789



Tropicom
Cocoyam Fufu
6 x 700g - 244139 / 24 x 700g - 244140



Tropiway
Cocoyam Fufu
6 x 681g - 115144 / 24 x 681g - 115143



Mama's Choice
Cocoyam Fufu
6 x 624g - 236941 / 24 x 624g - 102430



Sankofa
Fufu
4 x 2kg - 131053



LDVINE
Oat Fufu
10 x 1.5kg - 102256



AFP
Fufu Potato Flakes
1 x 5kg - 225248 / 1 x 10kg - 232835



Africa's Finest
Fufu Flakes
5kg - 247584 / 10kg - 244245



Tropical Sun
Fufu Flakes
6 x 1kg - 246162



Golden Penny
Semovita
10 x 1kg - 101368 / 5 x 2kg - 101369



Golden Penny
Semovita
5kg - 101656 / 10kg - 243135

African – Flours / Gari



Tropical Sun
Ijebu Gari
3 x 5kg - 242072



Tropical Sun
Yellow Gari
3 x 5kg - 242073



Tropical Sun
Farina
1 x 5kg - 229887 - 3 x 5kg - 242074



Tropical Sun
Gari White
1 x 5kg - 103306 / 3 x 5kg - 240680



Tropical Sun
Mashed Potato
1 x 5kg - 229888 / 3 x 5kg - 242070



Tropical Sun
Semolina Coarse
1 x 5kg - 226546 / 3 x 5kg - 240679



Africa's Finest
Farina
1 x 4kg - 238871



Africa's Finest
Mash Potato
1 x 4kg - 238867



Africa's Finest
Semolina Coarse
1 x 4kg - 238868



Africa's Finest
Gari
1 x 4kg - 238869



Africa's Finest
Ijebu Gari
4kg - 247690



Africa's Finest
Yellow Gari
4kg -



Africa's Finest
Gari
6 x 2kg - 237374



Africa's Finest
Gari
6 x 1.5kg 242628



Africa's Finest
Ijebu Gari
5kg - 233530 / 10kg - 233529



Africa's Finest
Yellow Gari
5kg - 245441 / 10kg - 246193



Africa's Finest
Cassava Flour
6 x 1kg - 242627



Iwisa
Maize Meal
10 x 1kg - 101411



Iwisa
Maize Meal
10 x 2kg - 118716



Iwisa
Maize Meal
4 x 5kg - 226966

African - Speciality



Iwisa
Maize Meal
1 x 10kg - 101410



Iwisa
Samp
10 x 1kg - 101619



Iwisa
Maize Rice
10 x 1kg - 233710



Iwisa
Porridge Original
10 x 1kg - 233708



Iwisa
Porridge Vanilla
10 x 1kg - 233709



Oxford
Cabin Biscuits
12 x 400g - 100798



Africa's Finest
Blackeye Beans
1 x 4kg - 244071



Africa's Finest
Brown Beans
1 x 4kg - 240256



Africa's Finest
Honey Beans Oloyin
1 x 4kg - 240257



Africa's Finest
Peeled Beans
1 x 4kg - 244072



Tropical Sun
Peeled Beans
1 x 5kg - 100952 / 3 x 5kg - 242069



Tropical Sun
Blackeye Beans
1 x 5kg - 101674 / 3 x 5kg - 240681



Tropical Sun
Honey Beans (Oloyin)
1 x 5kg - 101657 / 3 x 5kg - 242076



Tropical Sun
Brown Beans
1 x 5kg - 101118 / 3 x 5kg - 242077



Nestlé
Golden Morn
12 x 300g - 246143 / 6 x 900g - 246100



Ghana Best
Banku Mix
2 x 700g - 241814



Ghana Best
Hausa Koko
12 x 700g - 241813



Ghana Best
Tom Brown
12 x 700g - 241815



Africa's Finest
Pure Zobo/Sobolo
10 x 100g - 239438 / 50 x 100g - 239437



Tom Tom
Strong Menthol
24 x 168g - 155034

African – Custard / Shito



Checkers
Custard Powder Vanilla
12 x 400g - 243814 / 4x 1kg - 247010



Checkers
Custard Powder Vanilla
3 x 2kg - 246101



Checkers
Custard Powder Banana
12 x 400g - 243813 / 4 x 1kg - 247048



Checkers
Custard Powder Banana
3 x 2kg - 246102



Custard
Powder Milk 3-in-1
6 x 400g - 247046 / 3 x 1kg - 247047



Custard
Custard Powder Milk 3-in-1
3 x 1.5kg - 246618



Checkers
Corn Flour
12 x 400g - 244973 / 4 x 1kg - 246992



Lady B
Custard Powder
24 x 500g - 103448



Lady B
Custard Powder
4 x 2kg - 224557



Africa's Finest
Shito Hot
12 x 160g - 104923



Africa's Finest
Shito Hot
6 x 330g - 229537



Africa's Finest
Shito Mild
12 x 160g - 229448



Africa's Finest
Shito Mild
6 x 330g - 229538



Ghana Best
Shito Hot
12 x 160g - 100965



Ghana Best
Shito Hot
6 x 250g - 238357



Ghana Best
Shito Mild
12 x 160g - 100966



Ghana Best
Shito Mild
6 x 250g - 238356



Africa's Finest
Jollof Cooking Sauce
6 x 350g - 228809

African - Ingredients



Africa's Finest
Achi
10 x 80g - 227830



Africa's Finest
Bitter Leaf
10 x 25g - 227856



Africa's Finest
Bonga Fillet
10 x 100g - 227816



Africa's Finest
Crayfish Ground
10 x 40g - 227859 / 10 x 70g - 227858



Africa's Finest
Crayfish Ground
10 x 150g - 247189 / 5 x 300g - 247190



Africa's Finest
Crayfish Whole
10 x 40g - 227809 / 10 x 70g - 227801



Africa's Finest
Crayfish Whole
10 x 150g - 227814 / 5 x 300g - 247191



Africa's Finest
Dried Catfish Fillet
10 x 100g - 227799 / 10 x 200g - 227815



Africa's Finest
Dried Catfish Fillet
5 x 400g - 235546



Africa's Finest
Dried Efrin (Scent Leaf)
10 x 25g - 246591



Africa's Finest
Dried Shrimp
10 x 80g - 103886



Africa's Finest
Dried Tilapia Fillet
10 x 100g - 227808



Africa's Finest
Ehuru Ground
10 x 70g - 242649



Africa's Finest
Ehuru Seeds
10 x 50g - 242238



Africa's Finest
Egusi Ground
10 x 100g - 227807 / 10 x 400g - 227812



Africa's Finest
Egusi Whole
10 x 100g - 227803 / 10 x 200g - 227806



Africa's Finest
Ground Okra
10 x 100g - 227863



Africa's Finest
Ground Smoke fish
10 x 120g - 227828



Africa's Finest
Herring Fillet
10 x 100g - 227817



Africa's Finest
Hot Pepper Ground
10 x 70g - 227802

African - Ingredients



Africa's Finest
Hot Pepper Whole
10 x 70g - 227797



Africa's Finest
Iru Ground
10 x 70g - 244831



Africa's Finest
Iru Whole
10 x 70g - 243815



Africa's Finest
Ogbono Ground
10 x 70g - 227865



Africa's Finest
Ogbono Whole
10 x 70g - 227805



Africa's Finest
Pepper Soup Mix
10 x 70g - 227834



Africa's Finest
Prawns Ground
10 x 40g - 235270 / 10 x 70g - 237113



Africa's Finest
Prawns Whole Smoked
10 x 40g - 227818 / 10 x 70g - 227819



Africa's Finest
Smoked Barracuda Fillet
10 x 100g - 103451



Africa's Finest
Smoked Catfish Strips
10 x 100g - 246588 / 10 x 200g - 246589



Africa's Finest
Smoked Catfish Strips
5 x 400g - 246590



Africa's Finest
Stockfish Ground
10 x 100g - 227825



Africa's Finest
Stockfish Cod
10 x 100g - 227824 / 10 x 250g - 227823



Africa's Finest
Stockfish Fillet
10 x 100g - 227826 / 10 x 200g - 246592



Africa's Finest
Stockfish Tusk
10 x 100g - 227800 / 10 x 250g - 227860



Africa's Finest
Stockfish Tusk
10 x 500g - 227861



Africa's Finest
Suya Mixed Powder
10 x 70g - 227829



Africa's Finest
Ugu Leaves
10 x 25g - 227831



Africa's Finest
Uziza Leaves
10 x 25g - 228930



African Sun
Bitter Leaves
10 x 25g - 104206

African - Ingredients



African Sun
Bonga Fillet (Shawa)
10 x 100g - 225130



African Sun
Crayfish Ground
10 x 40g - 104184



African Sun
Crayfish Whole
10 x 40g - 380037



African Sun
Crushed Chillies
10 x 100g - 229820



African Sun
Dried Anchovies
10 x 80g - 104183



African Sun
Dried Catfish Fillet
10 x 100g - 103266



African Sun
Dried Efrin (Scent Leaf)
10 x 25g - 226760



African Sun
Egusi Ground
10 x 100g - 226762



African Sun
Egusi Whole
10 x 100g - 102480



African Sun
Ground Peanut
10 x 200g - 229822



African Sun
Hot Pepper Ground
10 x 80g - 177008



African Sun
Hot Pepper Whole
10 x 70g - 380065



African Sun
Fish Powder
10 x 100g - 229821



African Sun
Nigerian Ginger Powder
10 x 100g - 229818



African Sun
Ogbono Ground
10 x 70g - 380073



African Sun
Ogbono Whole
10 x 70g - 380072



African Sun
Prawns Ground
10 x 40g - 380023



African Sun
Prawns Whole
10 x 40g - 380068



African Sun
Stockfish Head
10 x 400g - 229826



African Sun
Stockfish Cod
10 x 100g - 226759

African - Palm Nut Soup



African Sun
Stockfish Fillet
10 x 250g - 229825



African Sun
Stockfish Steak
10 x 250g - 229827



African Sun
Stockfish Trimmings
10 x 100g - 227862 / 10 x 250g - 229824



African Sun
Stockfish Tusk
10 x 100g - 226758



African Sun
Suya Mixed Powder
10 x 70g - 101167



African Sun
Ugu Leaves
10 x 25g - 100639



African Sun
Utazi Leaf
10 x 25g - 100395



African Sun
Uziza Leaf
10 x 25g - 100396

**Palm Nut
Soup**



Ghana Best
Palm Nut Soup
12 x 400g - 901705 / 24 x 400g - 103303



Ghana Best
Palm Nut Soup
6 x 800g - 404005 / 12 x 800g - 103313



Ghana Best
Palm Nut Soup Onion & Ginger
12 x 800g - 237372



Ghana Best
Abemudro
12 x 400g - 245977 / 12 x 800g - 103307



Ghana Best
Garden Eggs (Aubergine)
12 x 800g - 900045



Ghana Best
Kontomire (Cocoyam/Taro Leaves)
12 x 800g - 229864



Ghana Best
Abekonto
6 x 800g - 246911



Africa's Finest
Banga Soup Base
12 x 800g - 231292



Africa's Finest
Palm Nut Soup
12 x 800g - 150440



Africa's Finest
Pea Aubergine
12 x 800g - 237373

African - Palm Nut Soup



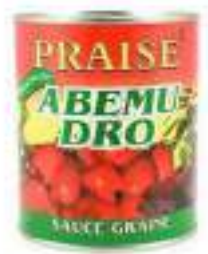
Praise
Palm Nut Cream
12 x 400g - 231327



Praise
Palm Nut Cream
12 x 800g - 103391



Praise
Palm Nut Cream Ginger & Onion
12 x 800g - 237859



Praise
Abemudro
6 x 800g - 901708 / 12 x 800g - 122115



Nkulenu's
Palm Soup Base
12 x 400g - 229937



Nkulenu's
Palm Soup Base
12 x 780g - 229936



Nkulenu's
Prekese & Abedru Palm Soup
12 x 780g - 237310



Trofai
Palm Nut Concentrate
6 x 400g - 150434 / 24 x 400g - 150435



Trofai
Palm Nut Concentrate
6 x 800g - 150306



Ghana Fresh
Palm Nut Cream
12 x 400g - 150436



Ghana Fresh
Palm Nut Cream
12 x 800g - 232366



La Vivrière
Araw
20 x 350g - 225798



La Vivrière
Thiacy
20 x 400g - 225608



La Vivrière
Thié Lalo
20 x 400g - 228985



La Vivrière
Soungouf
20 x 400g - 167074



Ferrero
Cous Cous
12 x 500g - 200029



Ferrero
Cous Cous
10 x 1kg - 118211



Fay Foods
Buns Mix
12 x 600g - 239448



Fay Foods
Puff Puff Mix
12 x 650g - 239446



Snacks - Chips



Tropical Sun
Plantain Chips Salted
6 x 450g - 245571



Tropical Sun
Plantain Chips Sweet
6 x 450g - 245570



Tropical Sun
Plantain Chips Lemon
6 x 450g 245572



Tropical Sun
Plantain Chips Spicy Lemon
6 x 450g - 245573



Tropical Sun
Plantain Chips Sweet Chilli
6 x 450g - 245574



Tropical Sun
Ripe Plantain Chips Chilli
6 x 450g - PM 246485



Tropical Sun
Plantain Chips Salted
12 x 70g - 239441



Tropical Sun
Plantain Chips Sweet
12 x 70g 239442



Tropical Sun
Plantain Chips Chilli
12 x 70g - 238043



Village Pride
Plantain Chips Salted
24 x 75g - 225910



Village Pride
Plantain Chips Sweet
24 x 75g - 225909



Village Pride
Plantain Chips Chilli
24 x 75g - 225912



Village Pride
Cassava Chips Salted
6 x 350g - PM 248218



Tropical Sun
Cassava Chips Salted
12 x 80g - 231424



Tropical Sun
Cassava Chips Unsalted
12 x 80g - 233808



Tropical Sun
Cassava Chips BBQ
12 x 80g - 231297



Tropical Sun
Cassava Chips Chilli & Lime
12 x 80g - 130010



Tropical Sun
Cassava Chips Carolina Reaper
12 x 80g - 246315



Rancrisp
Cassava Chips Hot & Spicy
24 x 100g - 245393

Snacks - Caribbean



Olu Olu
Plantain Chips Green
24 x 60g - 101189



Olu Olu
Plantain Chips Sweet
24 x 60g - 126009



Olu Olu
Plantain Chips Chilli
24 x 60g - 101195



Exotic
Plantain Chips Natural
30 x 75g - 100326



Exotic
Plantain Chips Chilli
30 x 75g - 100327



Exotic
Plantain Chips Salted
30 x 75g - 100331



St Mary's
Banana Chips
24 x 30g - 226353



St Mary's
Banana Chips
24 x 71g - 165001



St Mary's
Banana Chips Family
30 x 142g - 234448



St Mary's
Banana Chips Extra Crunchy
100 x 30g - 227452



St Mary's
Banana Chips Fire
12 x 42g - 241699



Sunshine Snacks
Cheezies Original
8 x 12 x 45g - 103913



Sunshine Snacks
Cheezies Original
8 x 225g - 103916



Sunshine Snacks
Cheezies Jalapeno
8 x 12 x 45g - 225638



Sunshine Snacks
Zoomers
48 x 30g - 224329



Sunshine Snacks
Caramel Crunch Popcorn
30 x 110g - 103905



Sunshine Snacks
Cheese Puffs Spicy
48 x 30g - 231029



Sunshine Snacks
Cheese Puffs
48 x 30g - 236406



Sunshine Snacks
Cheese Puffs
10 x 215g - 104065



Big Foot
Original
96 x 25g - 236538

Snacks - Caribbean



Excelsior
Water Crackers (Blue)
16 x 150g - 226749



Excelsior
Water Crackers (Red)
6 x 300g - 226750



Excelsior
Water Crackers Cinnamon
24 x 143g - 222090



Excelsior
Cheese Krunchies
24 x 36 x 50g - 222292



Butterkist
Paco Butter
36 x 50g - 227463



Butterkist
Paco Festival
36 x 50g - 506011



Butterkist
Sandwich Strawberry
36 x 55g - 506072



Butterkist
Sandwich Vanilla
36 x 55g - 50607



Wibisco
Shirley Biscuits
12 x 100g - 222089



Wibisco
Shirley Biscuits Coconut
12 x 100g - 165005



Ovaltine
Biscuits (Jamaica)
60 x 38g - 112402



Ovaltine
Biscuits (Jamaica)
8 x 150g - 235217 / 24 x 150g - 112405



SkyFlakes
Snack Pack
20 x 10 x 25g - 101226



SkyFlakes
Crackers
6 x 800g - 101230



My Flakes
Crackers
8 x 850g - 237537



Maliban
Lemon Puff Biscuits
15 x 200g - 230121



Maliban
Gem Biscuits
30 x 200g - 230120



Parle-G
Biscuits
24 x 79.9g - 230411 / 144 x 79.9g - 230332



Parle-G
Krackjack Biscuits
12 x 60g - 230429 / 48 x 60g - 230334



Parle-G
Monaco Biscuits
25 x 63g - 230430 / 50 x 63g - 230333

Snacks - Chin Chin



Africa's Finest
Chin Chin
12 x 80g - 230483



Africa's Finest
Chin Chin
12 x 250g - 235709 / 6 x 500g - 234454



Africa's Finest
Chin Chin
4 x 950g - 236956



Africa's Finest
Chin Chin Coconut
12 x 80g - 230727



Africa's Finest
Chin Chin Coconut
12 x 250g - 235710 / 6 x 500g - 234455



Africa's Finest
Chin Chin Coconut
4 x 950g - 236957



Africa's Finest
Chin Chin Peanut
12 x 250g - 235711



Africa's Finest
Chin Chin Peanut
6 x 500g - 234456



African Sun
Chin Chin Original
20 x 80g - 225582



African Sun
Chin Chin Original
12 x 250g - 247174 / 6 x 500g - 247175



African Sun
Chin Chin Original
4 x 950g - 247176



African Sun
Chin Chin Coconut
20 x 80g - 225524



African Sun
Chin Chin Coconut
12 x 250g - 247171 / 6 x 500g - 247172



African Sun
Chin Chin Coconut
4 x 950g - 247173



African Sun
Chin Chin Peanut
12 x 250g - 247177



African Sun
Chin Chin Peanut
6 x 500g - 247178



Tropicom
Chin Chin
6 x 450g - 238070 / 4 x 900g - 238068



Tabitha's
Chin Chin
18 x 140g - 103404



Tabitha's
Chin Chin
18 x 200g - 100680 / 6 x 800g - 102452



Tropical Sun
Crunchy Coconut Peanuts
6 x 330g - 103398 / 24 x 330g - 102753



Tropical Sun
Crunchy Coconut Peanuts
12 x 165g - 229939 / 24 x 165g - 226811



Tropical Sun
Crunchy Coconut Peanuts
3 x 12 x 50g - 236147



Tropical Sun
Crunchy Coffee Peanuts
6 x 330g - 235074 / 24 x 330g - 102154



Tropical Sun
Crunchy BBQ Peanuts
6 x 140g - 239381 / 12 x 140g - 238586



Tropical Sun
Crunchy Sriracha Peanuts
6 x 140g - 239382 / 12 x 140g - 238587



Tropical Sun
Crunchy Wasabi Peanuts
6 x 140g - 239380 / 12 x 140g - 238585



Tropical Sun
Honey Roasted Cashews
6 x 140g - 244968



Tropical Sun
Buffalo Wing Seasoned Almonds
12 x 140g - 244966 / 24 x 140g - 244965



Tropical Sun
Crunchy Mixed Crackers
6 x 150g - 244964 / 24 x 150g - 244963



Tropical Sun
Crunchy Wasabi Green Peas
6 x 220g - 246302 / 24 x 220g - 246301



Tropical Sun
Almonds
20 x 100g - 235045 / 6 x 750g - 246420



Africa's Finest
Roasted Peanuts
12 x 150g - 231225



Haffinique
Peanuts (Nigeria)
12 x 250g 103352



Haffinique
Peanuts (Nigeria)
12 x 350g - 239743 / 12 x 510g - 241327



Elex
Peanuts (Nigeria)
12 x 250g - 245171



Elex
Peanuts (Nigeria)
12 x 410g - 245227 / 12 x 510g - 245170



Japri Foods
Cashews
12 x 200g - 237820



Japri Foods
Kulli Kulli
12 x 200g - 237956

Caribbean - Buns / Cheese / Rum Cakes / Spreads



Honeybun
Jamaican Spiced Bun
5 x 795g - 229252 / 1 x 795g - 227066



Honeybun
Jamaican Penny Fruit Bun
16 x 128g - 229253



Buccaneer
Jamaican Rum Cake Original
10 x 58g - 227635



Buccaneer
Jamaican Rum Cake Fruit
10 x 74g - 230276



Buccaneer
Jamaican Rum Cake Coconut
10 x 58g - 230474



Tropical Sun
Processed Cheese
12 x 300g - 228110 / 24 x 300g - 227950



Tropical Sun
Processed Cheese
12 x 170g - 150080 / 48 x 170g - 150095



Tropical Sun
Processed Cheese (Jumbo)
6 x 340g - 229913 / 24 x 340g - 229762



Kraft
Processed Cheese
6 x 190g - 231786



Tortuga
Rum Cake Original
1 x 454g - 236449 / 20 x 454g - 236312



Tortuga
Mini Rum Cake Original 3-pack
3 x 112g - 239305



Tortuga
Rum Cake Banana
1 x 454g - 238047 / 20 x 454g - 237998



Tortuga
Rum Cake Fruit
20 x 625g - 100606



Tortuga
Rum Cake Chocolate
1 x 454g - 238048 / 20 x 454g - 237999



Tortuga
Rum Cake Cinnamon & Raisin
1 x 454g - 100614 / 20 x 454g - 100604



Golden Ray
Margarine
12 x 227g - 246594 / 36 x 227g - 232226



Chiffon
Soft Margarine (Jamaica)
12 x 227g - 104534



Goldseal
Margarine (Jamaica)
12 x 227g - 155045 / 36 x 227g - 162042

JAMAICAN CLASSICS

Hand picked and preserved with just a dash of salt for maximum freshness and flavour.



Ackee & Callaloo - Made in Jamaica



Tropical Sun
Ackee
6 x 540g - 500039 / 24 x 500g - 500040



Tropical Sun
Ackee Mini
12 x 280g - 500069 / 48 x 280g - 500070



Tru Jamaica
Ackee
24 x 540g - 135110



Sunrite
Ackee
24 x 540g - 500001



Roberts
Ackee
12 x 540g - 234277 / 24 x 540g - 234276



Village Pride
Ackee
24 x 540g - 500003



Jamaican Country Choice
Ackee
6 x 540g - 225870 / 24 x 540g - 237431



Fern Gully
Ackee
6 x 540g - 104316 / 24 x 540g - 241747



Dunns River
Ackee
6 x 540g - 215042



Sunrite
Callaloo
24 x 540g - 230501



Tropical Sun
Callaloo
6 x 540g - 500059 / 24 x 540g - 500060



Tropical Sun
Callaloo Mini
12 x 280g - 500049 / 48 x 280g - 500050



Tru Jamaica
Callaloo
6 x 540g - 135121 / 24 x 540g - 135120



Village Pride
Callaloo
24 x 540g - 900047



Dunns River
Callaloo
6 x 540g - 241309



Tropical Sun
Jamaican Breadfruit
6 x 540g - 500043 / 24 x 540g - 500080





Tropical Sun
Cock Soup 12 x 50g - 227822
144 x 50g - 228159



Tropical Sun
Chicken Noodle Soup 12 x 60g - 227820
144 x 60g - 228158



Tropical Sun
Fish Tea Soup 12 x 45g - 227821
144 x 45g - 228160



Tropical Sun
Pumpkin Soup 12 x 50g - 227586
144 x 50g - 227895



Tropical Sun
Caribbean Vegetable 12x45g-227811
144 x 45g - 227810



Grace
Pumpkin Soup 12 x 50g - 152096
144 x 50g - 152095



Grace
Cock Soup 12 x 50g - 222174
144 x 50g - 222170



Grace
Chicken Noodle Soup 12 x 50g - 152071
144 x 50g - 152070



Spicy Hill Farms
Scotch Bonnet Pepper
24 x 25g - 101680



Spicy Hill Farms
Ram Goat Soup
12 x 60g - 101123 / 96 x 50g - 232277



Spicy Hill Farms
Ram it Up Curry Goat Booster
24 x 20g - 102370 / 96 x 20g - 226895



Home Choice
Pumpkin Soup
10 x 10 x 45g - 247229



Home Choice
Ram Goat Soup
10 x 10 x 45g - 247228



Home Choice
Ram Goat Curry Booster
10 x 50 x 15g - 247237



Knorr
Spring Vegetable Soup
9 x 48g - 227386



Knorr
Chicken Noodle Soup
12 x 51g - 122011

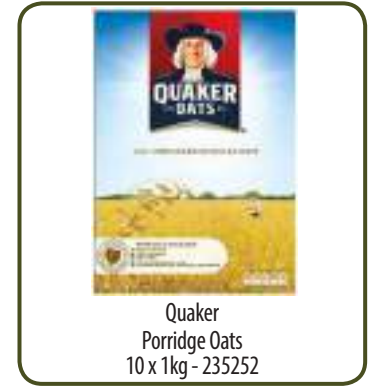
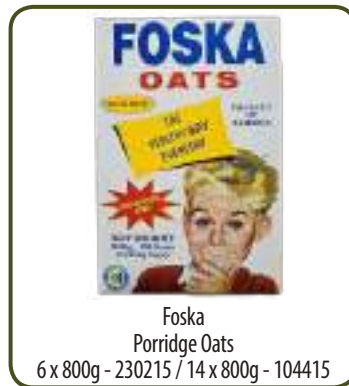


Knorr
Minestrone Soup
9 x 62g - 227388



Knorr
Thick Vegetable Soup
9 x 75g - 227387

Hot Cereals



Confectionary



Colombina Jumbo Candy Balls
Cherry & Blue Raspberry
1 x 120's - 100193 / 16 x 120's - 129938



Colombina Jumbo Candy Balls
Jumbo Mint Balls
1 x 120's - 129936 / 16 x 120's - 129937



Colombina Jumbo Candy Balls
Jumbo Spearmint Balls
1 x 120's - 100190 / 16 x 120's - 100852



Colombina
Ginger Hard Candy
1 x 2.27kg - 237915 / 8 x 2.27kg - 227554



Colombina
Soft Mint Puffs
1 x 170g - 234304 / 12 x 170g - 224745



Colombina
Starlight Mints 5lb
1 x 2.27kg - 229042 / 8 x 2.27kg - 229041



Bon Bon Bum
Assorted Lollipops
1 x 24's - 237315 / 15 x 24's - 237312



Bon Bon Bum
Assorted Lollipops (Surtido)
1 x 100's - 231522



Bon Bon Bum
Berry Explosion
1 x 100's - 246009 / 6 x 100's - 233071



Bon Bon Bum
Strawberry Lollipops
1 x 24's - 233069 / 15 x 24's - 233072



Bon Bon Bum
Mango Lollipops
1 x 24's - 237460 / 15 x 24's - 233073



KC Candy
Ginger Mints
12 x 90g - 229351



KC
Candy Dinner Mints
12 x 90g - 229350



KC
Candy Clear Mints
12 x 90g - 224777



KC
Candy Choco Fill Mints
12 x 90g - 122037



KC
Candy Fruit Chews
12 x 90g - 233427



KC
Candy Fun Mix
12 x 90g - 224773



Honeycomb
Tamarind Balls
60 x 75g - 151151



Tropical Sun
Busta Sweets
1 x 200's - 227460



Island Choice
Busta Sweets
12 x 10 pieces - 234559

Mauby - Cassareep



Caribbean - Speciality



Tropical Sun
Natural Sorrel 6 x 10 x 50g - 246800 /
5 x 10 x 100g - 227084



Tropical Sun
Natural Sorrel Jumbo
12 x 250g - 103799



Village Pride
Natural Sorrel
10 x 100g - 234292 / 50 x 100g - 234293



Tropical Sun
Isinglass
10 x 10g - 150120



Village Pride
Raw Irish Moss
10 x 80g - 244130



Jamaican Pride
Irish Moss
10 x 100g - 241846



Tropical Sun
Macaroni & Cheese
12 x 206g - 228484 / 24 x 206g - 227233



Shavuot
Moringa Powder
12 x 40g - 230785



Shavuot
Scotch Bonnet Pepper Powder
6 x 35g - 140109



Betapac
Jamaican Curry Powder
40 x 110g - 151240 / 20 x 450g - 151260



Spanish Town
Jamaican Curry Powder
40 x 110g - 243447 / 20 x 450g - 243446



Lasco
Instant Chocolate with Nutmeg
48 x 170g - 226802



Home Choice
Ginger Extract
6 x 454ml - 232874 / 24 x 454ml - 229470



Home Choice
Turmeric Ginger Extract
6 x 454ml - 243418 / 24 x 454ml - 243417



Home Choice
Lime Ginger Mix
24 x 454ml - 247232



Home Choice
Sorrel Extract
6 x 454ml - 247335 / 24 x 454ml - 247231



Home Choice
Jamaican Ginger Beer
24 x 500ml - 247230



Home Choice
Pepper Shrimps
20 x 12g - 238280 / 10 x 20 x 12g - 238317



Home Choice
Sweet & Spicy Pepper Sauce
24 x 150ml - 247234



Home Choice
Scotch Bonnet Pepper Sauce
24 x 150ml - 247235

General Grocery



Pegasus
Plain Flour
12 x 500g - PM 247069



Pegasus
Self-Raising Flour
12 x 500g - PM 247070



Pegasus
Plain Flour
10 x 1kg - 245189 PM



Pegasus
Self-Raising Flour
10 x 1kg - 245207 PM



Pegasus
Baking Powder
12 x 100g - 101007



Pegasus
Bicarbonate of Soda
12 x 100g - 101009.



Pegasus
Cornflour
12 x 250g - 244446



Pegasus
Cornflour
6 x 500g - 241633



Pegasus
Cornflour
4 x 3kg - 232359



Brown & Polson
Cornflour
12 x 250g - 122021



Brown & Polson
Cornflour
10 x 500g - 122034



McDougalls
Plain Flour
12 x 500g - 115405 / 10 x 1.1kg - 237010



McDougalls
Self Raising Flour
12 x 500g - 115402 / 10 x 1.1kg - 237011



McDougalls
Yeast
10 x 56g - 182008



Allinson's
Yeast
10 x 125g - 120045



Borwick's
Bicarbonate of Soda
12 x 100g - 231430



Borwick's
Baking Powder
12 x 100g - 231431



Heinz
Baked Beans
24 x 415g - 121577



Tropical Sun
Baked Beans
12 x 400g - PM 246305



Tropical Sun
Corn Starch
6 x 800g - PM 246596



Aani
Mango Pulp Alphonso Slices
6 x 850g - 232132



Aani
Mango Pulp Kesari
6 x 850g - 232130



Aani
Wet Tamarind
6 x 400g - 236618



Aani
Wet Tamarind with Seeds
6 x 400g - 242325



Aani
Ceylon Cinnamon Sticks
12 x 50g PM - 239156



Vamino
Soymilk
24 x 300ml - 235521



SaVia
Korean Ginseng with Root
10 x 120g - 107102



Aani
Rose Syrup
12 x 725ml - 243588



Aani
Rose Water
12 x 300ml - 247654 / 24 x 300ml - 246453



Aani
Rose Water
6 x 800ml - 247653 / 12 x 800ml - 246452



Tropical Sun
Rose Water
12 x 190ml - 230913



Tropical Sun
Kewra Water
12 x 190ml - 230912



Khanum
Butter Ghee
12 x 500g - 112263 / 12 x 1kg - 112261



Khanum
Butter Ghee
6 x 2kg - 112262



Plough
Butter Ghee
6 x 500g - 151235



Tamarind Farm
Sweet Tamarind Fresh
16 x 400g - 237544



Tropical Sun
Desiccated Coconut Fine
6 x 1kg - 232934



Tropical Sun
Desiccated Coconut Medium
6 x 1kg - 232933



Tropical Sun
Pearl Barley
20 x 500g - 162068

Asian – Grocery



Tropical Sun
Ground Rice
6 x 1.5kg - 140059 / 20 x 500g - 162032



Tropical Sun
Rice Flour
6 x 1.5kg - 155172 / 3 x 5kg - 242078



Tropical Sun
Red Lentils
6 x 2kg - 140058 / 1 x 5kg - 234857



Tropical Sun
Whole Juwar (Sorghum)
10 x 500g - 241322



Patak's
Biryani Paste
6 x 283g - 114321



Patak's
Sweet Mango Chutney
6 x 340g - 104542



Patak's
Curry Paste Mild
6 x 283g - 114318



Patak's
Chilli Pickle
6 x 283g - 114308



Patak's
Raita
6 x 170g - 242565



Patak's
Garlic Pickle
6 x 300g - 114306



Patak's
Kashmiri Masala Paste
6 x 295g - 114322



Patak's
Lime Pickle Hot
6 x 283g - 114311



Patak's
Lime Pickle Mild
6 x 283g - 114341



Patak's
Madras Curry Paste
6 x 283g - 114340



Patak's
Mango Pickle Hot
6 x 283g - 114303



Patak's
Mango Pickle Mild
6 x 283g - 114305



Patak's
Mixed Pickle
6 x 283g - 114315



Patak's
Tandoori Paste
6 x 312g - 114310



Patak's
Tikka Marinade Paste
6 x 300g - 114342



Patak's
Tikka Masala Paste
6 x 283g - 114388

Mediterranean – Bevelini



Bevelini
Brown Lentils
6 x 500g - 235601



Bevelini
Butter Beans
6 x 500g - 235600



Bevelini
Chick Peas
6 x 500g - 235605



Bevelini
Blackeye Beans
6 x 500g - 235603



Bevelini
Cous Cous
6 x 500g - 235607



Bevelini
Yellow Split Peas
6 x 500g - 235608



Bevelini
Pickled Garlic
12 x 235g - 238292



Bevelini
Cornichons
12 x 340g - 241841



Bevelini
Gardiniera Mixed Vegetables
6 x 480g - 242369



Bevelini
All Star Pepper Mix
6 x 315g - 235563



Bevelini
Green Peppers
6 x 440g - 235556



Bevelini
Green Jalapenos Sliced
6 x 480g - 235555



Bevelini
Red & Green Jalapenos Sliced
6 x 480g - 235557



Bevelini
Roasted Red Peppers
6 x 465g - 235554



Bevelini
Tahini
6 x 300g - 235583



Bevelini
Roasted Aubergine Spread
6 x 200g - 246324



Bevelini
Roasted Red Pepper Tomato Spread
6 x 200g - 246325



Bevelini
Garlic Spread
6 x 200g - 246326



Bevelini
Sweet Gherkin Relish
6 x 200g - 246327



Bevelini
Sweet Sliced Gherkins
6 x 705g - 246070

Mediterranean – Bevelini



Bevelini
Pitted Black Olives
12 x 340g - 242923



Bevelini
Pitted Green Olives
12 x 340g - 242926



Bevelini
Green Olives with Peppers
12 x 340g - 242927



Bevelini
Green Olives with Garlic
6 x 365g - 235621



Bevelini
Green Olives with Jalapenos
6 x 360g - 242373



Bevelini
Green & Red Hot Chillies
6 x 280g - 235558



Bevelini
Hot & Sweet Jalapenos
6 x 400g - 242372



Bevelini
Sundried Tomatoes with Balsamic Vinegar
6 x 310g - 242371



Bevelini
Sundried Tomatoes with Herbs
6 x 310g - 242370



Bevelini
Balsamic Vinegar
6 x 250ml - 238103



Bevelini
Kolymvari Extra Virgin Olive Oil
6 x 500ml - 235586



Bevelini
Extra Virgin Olive Oil
6 x 750ml - 235585



Bevelini
Extra Virgin Olive Oil
4 x 5L - 235584



Bevelini
Lemon Juice Squeezy
12 x 200ml - 244065



Bevelini
Lemon Dressing
12 x 350ml - 235587



Bevelini
Lemon Juice
4 x 4L - 235588



Bevelini
Lime Juice Squeezy
12 x 200ml - 244066



Bevelini
Lime Juice
4 x 4L - 242976



Bevelini
Oregano
10 x 30g - 235610



Bevelini
Black Pepper Coarse
10 x 100g - 236313

South American – Goya



¡Si es GOYA... tiene que ser bueno!



Goya
Cornmeal White Masarepa
10 x 1kg - 247096



Goya
Cornmeal White Masarepa
4 x 2kg - 247098



Goya
Cornmeal Yellow Masarepa
10 x 1kg - 247095



Goya
Cornmeal Sweet Masarepa
14 x 500g - 247097



Goya
Adobo with Pepper
6 x 225g - 247411



Goya
Adobo without Pepper
6 x 225g - 247412



Goya
Perfect Seasoning
6 x 156g - 247422



Goya
Perfect Seasoning
6 x 312g - 247421



Goya
Red Kidney Beans
12 x 425g - 247081



Goya
Small Red Beans
12 x 439g - 247082



Goya
Small Red Beans in Sauce
12 x 425g - 247077



Goya
Antioquia Red Beans in Sauce
12 x 425g - 247080



Goya
Black Beans
12 x 439g - 247084



Goya
Black Beans in Sauce
12 x 425g - 247079



Goya
Black Beans Caraotas in Sauce
12 x 425g - 247078

If it's GOYA... it has to be good!

Masarepa
NEW!

GLUTEN FREE

NO OGM

South American – Goya



Goya
Green Pigeon Peas
24 x 425g - 247074



Goya
Green Pigeon Peas
12 x 825g - 247075



Goya
Green Pigeon Peas with Coconut
12 x 425g - 247076



Goya
Pinto Beans
12 x 439g - 247083



Goya
Black Beans
15 x 500g - 247085



Goya
Blackeye Beans
15 x 500g - 247093



Goya
Bola Roja Beans
6 x 500g - 247413



Goya
Central American Red Silk Beans
6 x 500g - 247414



Goya
Dry Fava Beans
12 x 500g - 247415



Goya
Green Peas
18 x 500g - 247415



Goya
Green Split Peas
18 x 500g - 247087



Goya
Red Cargamanto Beans
6 x 500g - 247419



Goya
Small Red Beans
6 x 500g - 247420



Goya
Brown Cane Sugar Panela
12 x 454g - 247417



Goya
Brown Sugar Cane Panela 2-pack
12 x 454g - 247416



Goya
Unrefined Cane Sugar
6 x 400g - 247418



South American – Goya



Goya
Sazón with Saffron
6 x 40g - 247424



Goya
Sazón with Coriander & Annatto
6 x 40g - 247423



Goya
Soda Manzana (Apple)
6 x 2L - 247950



Goya
Soda Oro Andino
6 x 2L - 247948



Goya
Soda Tropical
6 x 2L - 247949



Goya
Papaya Chunks in Syrup (Ancel)
6 x 963g - 247933



Goya
Hot Sauce Chipotle Pepper
6 x 226ml - 247943



Goya
Hot Sauce Jalapeno
6 x 226ml - 247945



Goya
Mountain Dried Corn
6 x 500g - 247917



Goya
White Hominy Corn
6 x 500g - 247921



Goya
Golden Hominy Corn
6 x 500g - 247923



Goya
Giant White Corn (Mote)
6 x 500g - 247919



Goya
Purple Corn Flour
6 x 400g - 247929



Goya
EV Olive Oil Unico Premium
6 x 500ml - 247925



Goya
Guava Jam
6 x 420g - 247935



Goya
Mango Jam
6 x 420g - 247935



Goya
Passion Fruit Jam
6 x 420g - 247939



Goya
Guava Paste
2.2kg (100 x 22g) - 247947



Goya
Guava Paste
12 x 595g - 247094

American



Indian Head
White Cornmeal
8 x 2.27kg - 151000



Indian Head
Yellow Cornmeal
15 x 907g - 300230



Maseca
Instant Corn Masa Flour
10 x 1.8kg - 103993



Argo
Corn Starch 16oz
6 x 454g - 234969 / 12 x 454g - 236319



Tropical Sun
Corn Starch
6 x 800g - PM 246596



Kraft
Mac & Cheese
12 x 206g - 103191 / 35 x 206g - 103696



Tropical Sun
Mac & Cheese
6 x 206g - 246596 / 24 x 206g - 227233



Cream of Wheat
Original Hot Cereal
6 x 340g - 234400 / 12 x 340g - 230597



Cream of Wheat
Original Hot Cereal
6 x 794g - 129024



Old Bay
Seasoning USA
8 x 170g - 233543



Old Bay
Seasoning USA
6 x 280g - 239588



Maizena
Corn Starch
6 x 400g - 231015



Arm & Hammer
Baking Soda
12 x 227g - 241786



Kool-Aid
Strawberry Tub
12 x 538g - 900004



Kool-Aid
Cherry Tub
12 x 538g - 104153



Kool-Aid
Tropical Tub
12 x 538g - 109907



Kool-Aid
Grape Sachet
48s - 120001



Kool-Aid
Sharkleberry
48s - 228125



Kool-Aid
Black Cherry
48s - 228126

Organic – Vegan



Tropical Sun
Organic Apple Cider Vinegar
6 x 473ml - 104636



Tropical Sun
Organic Apple Cider Vinegar
6 x 946ml - 104663



Bragg
Apple Cider Vinegar
12x473ml - 103928 / 12x946ml - 224487



Tropical Sun
Organic Coconut Milk
6 x 400ml - 150129



Tropical Sun
Organic Coconut Flour
12 x 500g - 235534



Aani
Organic Curry Leaves
10 x 30g - 232610



Tropical Sun
Organic Agave Syrup
6 x 370g - 238911



Tropical Sun
Organic Honey
6 x 340g - 232514



Tropical Sun
Organic Honey Squeezy
6 x 340g - 239029



Rose Hall
Pure Noni Juice
6 x 1L - 244098



KTC
Organic Virgin Coconut Oil
6 x 250ml - 234988



Tropical Sun
Yellow Jackfruit in Syrup
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun
Young Green Jackfruit in Brine
6 x 560g - 233876 / 24 x 560g - 235035



Tropical Sun
Young Green Jackfruit in Water
12 x 400g - 238096



Tropical Sun
BBQ Jackfruit
12 x 400g - 243908



Tropical Sun
Tex Mex Jackfruit
12 x 400g - 243909



Tropical Sun
Yellow Jackfruit in Syrup
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun
Banana Blossom
12 x 400g - 238097



Tropical Sun
Condensed Coconut Milk (Dairy Free)
6 x 320ml - 236758



Tropical Sun
Evaporated Coconut Milk (Dairy Free)
6 x 400ml - 238295

Chilled – Saltfish

CAPTAIN COOK



Captain Cook
Skinless Boneless Saltfish
10 x 250g - 238100



Captain Cook
Skinless Boneless Saltfish
8x250g - 238224 (HB)



Captain Cook
Skinless Boneless Saltfish
12 x 400g - 239329



Captain Cook
Salted Cod
10 x 250g-238461



Captain Cook
Salted Cod
8 x 250g-238225 (HB)



Captain Cook
Salted Cod Fillets Jumbo
6 x 350g - 238397



Captain Cook
Whole Smoked Mackerel
1 x 6kg - 237225



Captain Cook
Whole Smoked Herring
1 x 6kg - 237226



Captain Cook
Loose Herring (Box)
1 x 6kg - 237227



Blue Ocean
Skinless Boneless Saltfish
10 x 275g - 210080



Stockfish
Heads Bale
30kg - 211880



Stockfish
Cod Bale
45kg - 118720



Stockfish
Tusk Bale
45kg - 211870



Mystry
Dried Panga Catfish
18 x 400g - 150150



Ham
Triple Smoked Shoulder (Seasonal)
Per kg - 303030



Ham
Triple Smoked Knuckle (Seasonal)
Per kg - 238229



Ghana Best
Corn Dough
10 x 1kg - 101365 / 5 x 2kg - 100968



Ghana Best
Cassava Dough
10 x 1kg - 237192 / 5 x 2kg - 100967



Exotic Foods
Corn Dough
4 x 2kg - 246025



Tropical Sun
Jamaican Jerk Seasoning
4 x 4.2kg - 930002



Tropical Sun
Jamaican Jerk Seasoning
22.5kg - 225575



Tropical Sun
Red Kidney Beans
6 x 2.5kg - 230636



Tropical Sun
Chick Peas
6 x 2.5kg - 101075



Tropical Sun
Green Jackfruit in Brine
6 x 3.05kg - 237416



Tropical Sun
Coconut Milk
6 x 2.9L - 230858



Tropical Sun
Coconut Milk Natural
6 x 1L - 232499



Royal Sun
Chopped Tomatoes
6 x 2.5kg - 414006



Royal Sun
Peeled Plum Tomatoes
6 x 2.5kg - 151380



Pegasus
Tomato Paste
4 x 4.5kg - 245984



Royal Sun
Tomato Ketchup
2 x 4kg - 230527



Royal Sun
Distilled Vinegar
4 x 5L - 230550



Royal Sun
Malt Vinegar
4 x 5L - 230551



Pegasus
Distilled Vinegar
4 x 5L - 246780



Tropical Sun
Golden Breadcrumbs
3kg - 229345



Tropical Sun
Natural Breadcrumbs
3kg - 229346



Pegasus
Cooking Salt
25kg - 246792



Pegasus
Cooking Salt
12.5kg - 101375



Bevelini
Tahini
5kg - 237944 / 2 x 5kg - 242001



Tropical Sun
Pure Natural Honey
4.5kg - 241183

Catering



Bevelini
Lemon Juice
4 x 4L - 235588



Bevelini
Lemon Dressing
4 x 4L - 246418



Bevelini
Lime Juice
4 x 4L - 242976



Pegasus
Macaroni
3 x 3kg - 243834



Pegasus
Penne Pasta
3 x 3kg - 244829



Pegasus
Spaghetti
4 x 3kg - 246610



Pegasus
Fusilli Pasta
2 x 3kg - 244830



Aani
Turmeric Powder (Haldi)
3 x 5kg - 245972



Aani
Chilli Powder
3 x 5kg - 245973



Aani
Chilli Powder Extra Hot
3 x 5kg - 246819



Aani
Crushed Chillis
3 x 3kg - 245974



Tropical Sun
Golden Sella Rice
20kg - 230701



Tropical Sun
Premium Basmati Rice
20kg - 228116



Aani
Basmati Rice
20kg - 101016



Tropical Sun
Easy Cook Rice
20kg - 100088



Village Pride
Easy Cook Rice
20kg - 227275



Pegasus
Fragrant Rice
20kg - 227974



Tropical Sun
Condensed Milk Catering
6 x 1kg - 231409



Tropical Sun
Thai Sweet Chilli Sauce
6 x 1L - 245471



Tropical Sun
Jerk BBQ Sauce
6 x 1kg - 225336

Catering – Bulk Flours



Africa's Finest
White Gari
20kg - 150009



Tropical Sun
White Gari (Grade 1)
25kg - 150012



Africa's Finest
Yellow Gari
20kg - 150045



Africa's Finest
Ijebu Gari
20kg - 123881



Tropical Sun
Yellow Gari
25kg - 155132



Tropical Sun
Rice Flour
25kg - 162060



Tropical Sun
Ground Rice
25kg - 131101



Tropical Sun
Pounded Iyan
25kg - 131101



Tropical Sun
Bean Flour
20kg - 161624



Tropical Sun
Farina
25kg - 150108



Tropical Sun
Mashed Potato
25kg - 150109



Africa's Finest
Cassava Flour
20kg - 151140



Africa's Finest
Yam Flour (Elubo)
20kg - 102622



Pegasus
Granulated Sugar
25kg - 247986



Pegasus
Plain Flour
25kg - 225520



Pegasus
Self Raising Flour
25kg - 239321



Tropical Sun
Semolina Coarse
16kg - 227838



Tropical Sun
Semolina Coarse
25kg - 162004



Tropical Sun
Semolina Fine
25kg - 162005



Catering



Crabeye Beans
25kg - 136044



Brown Beans
20kg - 140051



Tropical Sun
Peeled Beans
20kg - 161625



Honey Beans (Oloyin)
20kg - 140049



White Hominy Corn
25kg - 150089



Yellow Hominy Corn
25kg - 103901



Red Kidney Beans
25kg - 140081



Blackeye Beans
25kg - 140043



Tate & Lyle
Granulated Sugar
25kg - 123011



Tropical Sun
Demerara Sugar
25kg - 123019



Tropical Sun
Vegetable Oil
10L - 102268



Tropical Sun
Vegetable Oil
20L 229486



Tropical Sun
Vegetable Oil PET
20L - 102201



Tropical Sun
Sunflower Oil
2 x 10L - 238058



Tropical Sun
Rapeseed Oil
20L - 235414



KTC
Vegetable Oil
20L - 118621



Tropical Sun
Palm Oil
4 x 4.5L - 103317



Tropical Sun
Zomi Oil
4 x 4.5L - 103319



AFM
Restaurant Charcoal
12kg - 238044



Big K
Lumpwood Charcoal
5kg - 103626



Benjamins
Bay Rum Pimento
12x250ml - 224475 / 24x250ml - 800055



Benjamins
Bay Rum Menthol
12x250ml - 500012 / 24x250ml - 500011



Benjamins
Bay Rum
12x250ml - 800004 / 24x250ml - 800003



Benjamins
Rubbing Alcohol
12x250ml - 500022 / 24x250ml - 500021



Benjamins
Rubbing Alcohol
6x500ml - 500028 / 24x500ml - 500029



Benjamins
Rubbing Alcohol Wintergreen
12x250ml - 224474 / 6 x 500ml - 224479



Benjamins
Florida Water 12 x 60ml - 500017
12x120ml - 500042 / 12x240ml - 226639



Benjamins
Kananga Water 12 x 60ml - 500013
12x120ml - 500048 / 12x240ml - 239190



Benjamins
Honey Time
6 x 140ml - 800030



Benjamins
Mineral Oil
12 x 120ml - 103338



Benjamins
Olive Oil
12x60ml - 500058 / 12x120ml - 104537



Benjamins
Healing Oil
12x60ml - 500025 / 36x60ml - 500024



Benjamins
Castor Oil
12 x 120ml - 229414



Benjamins
Eucalyptus Oil
12 x 30ml - 500010



Benjamins
Rose Water
12 x 120ml - 227456



Benjamins
Rose Water with Almond
12 x 120ml - 500057



Tropical Sun
Eucalyptus Oil
12 x 30ml - 231148



Tropical Sun
Peppermint Oil
12 x 28ml - 231146



Samaritan
Olive Oil
12 x 92ml - 102757



Samaritan
Olive Oil
12 x 185ml - 102756

Non-Foods



Ferrol
Compound
6 x 200ml - 242260 / 24 x 200ml - 233080



Ferrol
Compound
6 x 500ml - 179003 / 12 x 500ml - 179002



Ferrol
Multivitamin
6 x 200ml - 179000 / 24 x 200ml - 179001



Nutrophos
Nerve Tonic
6 x 200ml - 179021 / 6 x 500ml - 179032



Rogers
Beef & Iron Wine
6 x 200ml - 179010 / 24 x 200ml - 179009



Codol
Compound
6 x 500ml - 179015 / 12 x 500ml - 179016



Euthymol
Toothpaste
12 x 75ml - 236446



Limacol
Original
6x250ml - 179027 / 24x250ml - 179028



Limacol
Original
6 x 500ml - 179011 / 12 x 500ml - 179006



Limacol
Menthol
6 x 250ml - 179018 / 24 x 250ml - 179008



Limacol
Menthol
6 x 500ml - 179018 / 12 x 500ml - 179019



Alcolado
Glacial
12x125ml - 226685 / 24x125ml - 102290



Alcolado
Glacial
6 x 500ml - 226684 / 12 x 500ml - 102289



Hemani
Avocado Oil
6 x 30ml - 246700



Hemani
Aniseed Oil
6 x 30ml - 241498



Hemani
Black Pepper Oil
6 x 30ml - 246209



Hemani
Blackseed Oil
6 x 60ml - 236324 / 6 x 125ml - 241501



Hemani
Blackseed & Flaxseed Oil
6 x 125ml



Hemani
Cinnamon Oil
6 x 30ml - 246212

Essential Oils – Hemani



Hemani
Garlic Oil
6 x 30ml - 246214



Hemani
Sweet Almond Oil
6 x 30ml - 236182



Hemani
Onion Oil
6 x 30ml - 246218



Hemani
Argan Oil
6 x 30ml - 237759



Hemani
Tea Tree Oil
6 x 30ml - 236033



Hemani
Eucalyptus Oil
6 x 30ml - 236028



Hemani
Camphor Oil
6 x 30ml - 236029



Hemani
Cardamom Oil
6 x 30ml - 236030



Hemani
Mint Oil
6 x 30ml - 236179



Hemani
Rose Oil
6 x 30ml - 241510



Hemani
Turmeric Oil
6 x 30ml - 237760



Hemani
Fenugreek Oil
6 x 30ml - 236027



Hemani
Ginger Oil
6 x 30ml - 236180



Hemani
Castor Oil
6 x 30ml - 236025



Hemani
Jasmine Oil
6 x 30ml - 241506



Hemani
Neem Oil
6 x 30ml - 237758



Hemani
Saffron Oil
6 x 30ml - 236034



Niharti
Black Seed Oil
6 x 50ml - 236238 / 6 x 100ml - 236239



Shavuot
Jamaican Black Castor Oil
6 x 118ml - 181112



Niharti
Castor Oil
6 x 100ml - 242914 / 6 x 250ml - 105042

Soap – Incense



Blue Power
Carbolic Soap
12x125g - 221109 / 72x125g - 221108



Blue Power
Castile Cocoa Butter
12 x 110g - 215185



Blue Power
Castile Olive Oil
12 x 110g - 215182



Blue Power
Castile Coconut Cream
12x110g - 234218



Dudu Osan
Black Soap
6 x 150g - 400417 / 48 x 150g - 400416



Triple Crown
Laundry Blue Soap
1 x 48's - 237439 / 18 x 48's - 237726



Crusader
Medicated Soap
6 x 80g - 228830



Dettol
Original Soap
24 x 65g - 239130



Top Op
Henna Black
12 x 100g - 151035



Top Op
Henna Cone
12 x 40g - 111710



Top Op
Henna Red
12 x 100g - 151034



Stamford
Violet Incense
6 x 20 sticks - 102378



Stamford
Aloe Vera Incense
6 x 20 sticks - 102381



Stamford
Frankinsense & Myrrh Incense
6 x 20 sticks - 102384



Stamford
Sandalwood Incense
6 x 20 sticks - 102380



Stamford
Cinnamon Incense
6 x 20 sticks - 102394



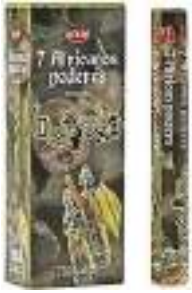
Stamford
Amber Incense
6 x 20 sticks - 233366



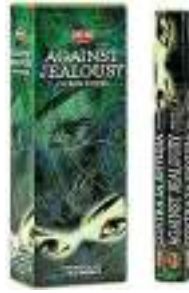
Stamford
Black Magic Incense
6 x 20 sticks - 233369



Stamford
Cannabis Incense
6 x 20 sticks - 102383



Hem
7 African Powers Incense
6 x 20 sticks - 237024



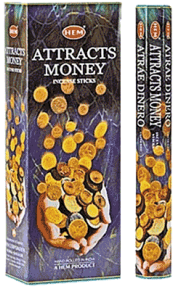
Hem
Against Jealousy Incense
6 x 20 sticks - 237025



Hem
Divine Healing Incense
6 x 20 sticks - 237021



Hem
Black Opium Incense
6 x 20 sticks - 237031



Hem
Attracts Money Incense
6 x 20 sticks - 237029



Hem
7 Chakras Incense
6 x 20 sticks - 243163



Hem
African Musk Incense
6 x 20 sticks - 243167



Hem
All Seasons Incense
6 x 20 sticks - 243169



Hem
Aloe Vera Incense
6 x 20 sticks - 243171



Hem
Amber Rose Incense
6 x 20 sticks - 243173



Hem
Amber Sandal Incense
6 x 20 sticks - 243175



Hem
Anti Stress Incense
6 x 20 sticks - 237027



Hem
Aphrodisia Incense
6 x 20 sticks - 243179



Hem
Attracts Money Incense
6 x 20 sticks - 237029



Hem
Black Love Incense
6 x 20 sticks - 237030



Hem
Cannabis Incense
6 x 20 sticks - 237033



Hem
Cherry Vanilla Incense
6 x 20 sticks - 243181



Hem
Come to Me Incense
6 x 20 sticks - 243183



Hem
Divine Power Incense
6 x 20 sticks - 243185



Hem
Egyptian Jasmine Incense
6 x 20 sticks - 243187

Dutch Pots – Merchandise



Tropical Sun
Dutch Pot Small
4 x 20cm - 239281



Tropical Sun
Dutch Pot Medium
4 x 24cm - 239282



Tropical Sun
Dutch Pot Large
4 x 28cm - 239283



Tropical Sun
Dutch Pot Extra Large
4 x 32cm - 239284



Tropical Sun
Dutch Pot King Size
4 x 36cm - 239285



Tropical Sun
Dutch Pot Super King
2 x 40cm - 239286



Jamaica Sun
Dutch Pot Medium
4 x 24cm - 244039



Jamaica Sun
Dutch Pot Large
4 x 30cm - 244038



Tropical Sun
Beanie Hat
(Please enquire)



Tropical Sun
Fleece Vest
(Various sizes – please enquire)



Tropical Sun
Fleece Jacket
(Various sizes – please enquire)



Tropical Sun
Carrier Bag
100's - 225949 / 10 x 100's - 225948



Tropical Sun
Bag for Life
50's - 241663



PERFECT FOR
SHARING (OR NOT!)



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MOVIE SNACK

SALTY
OR
SWEET



Plantain Perfection



+ two
more
flavours!

TropicalSunFoods.com



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