

COOKIES POLICY

This Cookies Policy relates to the use of cookies by Fit Events Ltd, whose registered office is at 9 Manchester Square, London, W1U 3PL ("we/us/our") on the website <https://fitshow.co.uk/> ("Website").

We operate a number of websites, each of which may use different cookies depending on the functionality and the services offered at that particular site. As a result, the cookies policy applicable to each website may differ to reflect the specific cookies deployed and the purposes for which they are used. This Cookies Policy applies to this Website, and sets out the Cookies used on this Website, the purposes for which they are used, and the options available to you for managing your cookie preferences. If you visit other websites operated by us, please refer to the Cookies Policy published on that website, for cookies information specific to that website.

When you visit our Website, we may store information (or cookies) on your computer, to obtain information about your general usage of our Website. We do this by using a cookie file which is stored on the hard drive of your computer, to track information about your use of our Website. Cookies may help you get the best out of the Website and help us to improve our Website and to deliver a better and more personalised service.

We use cookies on this Website to save your cookie preferences and to allow CookieFirst to identify unique visitors to the Website.

You may refuse to accept cookies by activating the setting on your browser which allows you to refuse the setting of cookies. You can also manage cookies used via the cookie pop up. However, please note, if you disable or refuse some cookies you may be unable to access certain parts of the Website and some parts of the Website may not function properly. Unless you have adjusted your browser setting so that it will refuse cookies, our system will issue cookies when you log on to the Website.

COOKIES USED

This Website uses Cookies in the following way:

This cookie list generally shows all cookies found on this website. It does not reflect the user's individual opt-out choices.

All cookies listed below are set on fitshow.co.uk and are categorised as Necessary.

Cookie name	Purpose	Storage type	Expiration	Provider
cookiefirst-consent	This cookie saves your cookie preferences for this website. You can change these or withdraw your consent easily.	Cookie	1 year	Cookie First
cookiefirst-consent	This cookie saves your cookie preferences for this website. You can change these or withdraw your consent easily.	Local storage	Persistent	Cookie First
cookiefirst-id	This cookie contains your unique ID so CookieFirst can identify unique visitors to this website.	Local storage	Persistent	Cookie First

THIRD-PARTY COOKIES

The cookies listed above are provided by Cookie First. More information is available at <https://cookiefirst.com/legal/data-processing-agreement/>.

More Information and questions

If you have any questions in relation to our use of cookies, please contact data@montgomerygroup.com.

Updates

We reserve the right to update this Cookies Policy from time to time. This Cookies Policy was last updated on 4 September 2026.