

# ROPE RESCUE OPERATOR



HFR  
SOLUTIONS  
CIC

## OVERVIEW

The 5 day Rope Rescue Operator course is for emergency personnel and personnel from organisations involved with working at height and rope rescue at an operational level. The course is comprised of theoretical and practical learning.

## LEGISLATION

- Work at Height Regulations 2005
- PUWER (Provision and Use of Work Equipment Regulations 1998)
- LOLER (Lifting Operations & Lifting Equipment Regulations 1998)
- General Health & Safety Legalisation

## LEARNING OUTCOMES

- Best practice for using a safety harness when undertaking work at height or in a confined space
- Correctly check, fit and use of a safety harness
- Undertake buddy checks
- Equipment familiarisation and best practice use
- How a safety harness can help in the event of a fall
- Carry out a range of technical rescues as part of a team, analysing static system safety factors

## SYLLABUS

- Delegates will meet the required competencies for working at height and manual handling in a renewable environment
- Our instructors are specialists in working at height and rescue operations
- Delegates will be able to implement Safe Systems of Work in their environments
- Mobile training units - we are able to deliver training at your site
- Purpose built training facilities - dedicated safety harness area
- Increased confidence - your delegates will be trained in best practice processes for working at height and rescue

## DURATION

5 days

