



Cumbria Constabulary

A picturesque training venue

Set on idyllic grounds, Cumbria Constabulary provides a training venue with the perfect mix of modern design and historic architecture.



Welcome to **CUMBRIA**

A beautiful place to live,
work and visit

Our location

Carleton Hall and the Eden Training Centre are perfectly situated in respect of transport links.

The below table details just how close we are to our main transport routes.



Nearest road links

M6 – 2 mins drive



Nearest train station

Penrith Train Station (located on the West Coast Mainline) – 7 mins drive or a 20 mins walk



Nearest airports

Newcastle International Airport – 1 hr 25 mins by road

Manchester International Airport – 1 hr 36 mins by road

Glasgow International Airport – 1 hr 47 mins by road



Our venue

The modern-day Carleton Hall, which is the county's police HQ, was built around 1800 by the Attorney General to George III. The site, which has been the county's premier operational policing building since the 1940s, has maintained its historic charm whilst continuously evolving to meet the demands of a modern police service.

The Eden Training Centre opened in autumn 2019 and is equipped with the latest technology to ensure the building is as environmentally friendly and efficient as possible. The large, purpose-built training rooms can be adapted to suit different types of training delivery, and all utilise the latest technology to facilitate learning.

The HQ and Eden Training Centre have:



on-site parking available for attendees

Canteen serving Breakfast & Lunch

Fully equipped Gym



Our Driver Training & Crime Training courses

Our trainers are fully qualified delivering the full range of College of Policing Driving and Crime training courses.

Ranging from a busy motorway to treacherous mountain passes, Cumbria provides an ideal setting to build on a driver's skill-set and confidence to tackle all types of terrain. All courses are delivered as per the national curriculum ranging from Standard response & Advanced car to TPAC and VIP Protection.

Cumbria Constabulary is licenced to deliver a range of investigative skills training which mainly focusses around interviewing witnesses and suspects.

Courses are nationally accredited and quality assured by appropriate operational leads.

All of our courses receive overwhelmingly positive feedback and evaluation reports.

The constabulary is also able to offer specialist courses around the investigation, first response to rape and serious sexual assault, child abuse, child death and family liaison.



Why choose Cumbria?

Our venue is ideally placed for you to explore our picturesque county. Following a day of training you are only a short walk from the centre of the market town of Penrith and only a 20-minute drive to the northern area of the Lake District, including the beautiful Ullswater which is the second largest lake in the Lake District.

There are many places to eat, drink and unwind nearby, from classic country pubs with a roaring fire to a range of restaurants which cater for every taste.



How to contact us

To find out more about the driving and crime training courses we offer and to book, please contact our L & D Business Development Manager.

Email: DriverandCrimeTraining@cumbria.police.uk
Tel: 07588 490059

Our training venue is nearby to many hotels, B&Bs and guesthouses.

