

41,221

Assaults on Police & Staff in
2021/22

11% increase

30,000

LESS POLICE OFFICERS SINCE 2010

3.3%

Of serving officers off work on
sick leave in 2021/2022

70%

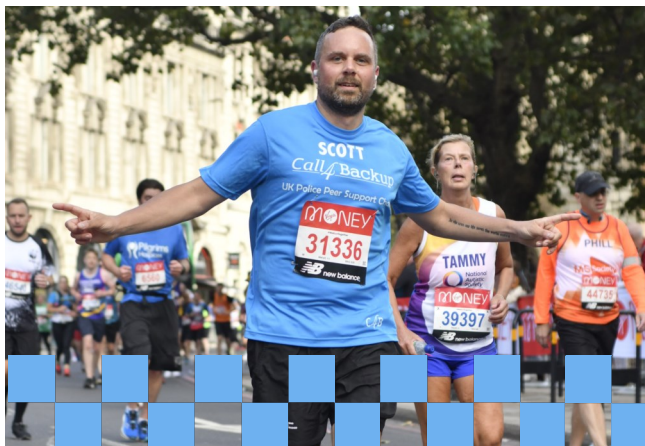
of police would rather talk to a
COLLEAGUE
about an issue than anyone else

Number of
OFFICER SUICIDES
DOUBLED

each year since 2009

Figures Quoted are from ONS, Home Office, Police Federation
data or Call4Backup Survey of 500 serving officers conducted
2015

Why It Is Needed



Take on a Challenge

We have a large number of challenge events
available for you to sign up for FREE.

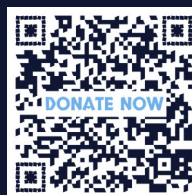
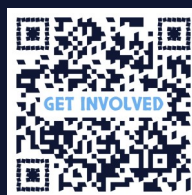
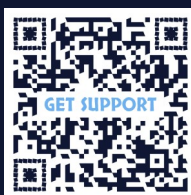
These challenges are really important to our
charity and include entry to popular events like
London Marathon, RideLondon, Vitality 10K and
ever popular Great North Run

Find Us

Address: Gresham House, 24 Holborn Viaduct,
City of London EC1A 2BN

Email: info@call4backup.org

Like & Follow us on social media



CALL ⁴ BACKUP



The UK Police Peer Support Charity



Who We Are?

Call4Backup was created by a group of officers who wanted to offer more support to their co-workers on all manner of issues affecting their everyday lives inside and outside of the job they do.

We are now a UK registered charity that has been running for over 7 years and supporting people to get themselves well again.

We are also a member of the Police Charities UK consortium which brings together all the top UK police charities to support, network and share resources and guidance.

Our story

Following the death of a friend and colleague the charity was created as an external support agency, that would provide confidential support, advice and help to those serving in the police.

Since it's inception in February 2015, we have become an entirely self funded Charity that has already helped over 200 police workers to find support and resolutions to their issues, including offering funded counselling.

Get support

Call: 0300 121 0 999

Or

Email: support@call4backup.org

The support services are not currently 24/7 so please check call4backup.org for the latest support hours

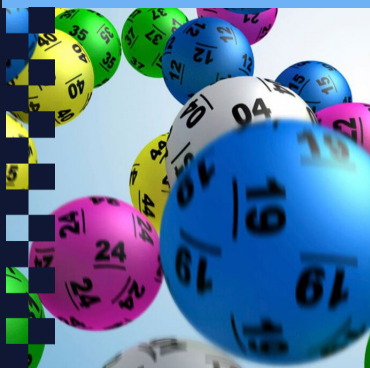


C4B Shop

Visit our C4B shop and get your hands on lots of Call4Backup merchandise that also helps raise money for that charity and spread the name of the charity

Our Lottery

For only £1 a week you can now enter our lottery to put you in with a chance of winning up to £25,000. Each lottery ticket sold helps our charity with the funds to keep on offering support.



Freebees!

Everyone loves free stuff and that is why we offer a freebees and that is why we now offer a box of freebees from us delivered directly to the police station you work in!

What We Do

Our support services put serving or retired officers, staff or volunteers in contact with a ex, serving or retired police colleague from one of the UK Police Forces to talk about any issues they may be going through, be it inside or outside of work.

We also now have the ability for those who we feel might need further ongoing mental health support, contact with our volunteer mental health nurse and then possible funded counselling.



Natural work-based peer support has been lost due to the heavy burdens in the public sector due to staff shortages and cuts in funding.

These changes in policing make it hard to care for your own mental health so there is little time to even consider thinking about a colleague's.