



Training Courses

Giving you the essential skills you need to succeed

 01530 833533
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 oms.uk.com





General Information

About OMS 01

Courses

CITB Site Safety Plus 02-03

City and Guilds 04-05

First Aid Training06

IOSH 07

IPAF08

PASMA09

The Ladder Association 10

NEBOSH 11-13

SPA Passport/MPQC 14

UKATA Asbestos Awareness 15

General Safety 16-22

Plant Safety 23-25

Personal Development26

ILM27

Lean Six Sigma 28

Mental Health Courses29



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OMS Training & Compliance Solutions

Trading for over 25 years, OMS was founded to build on our leadership team’s extensive experience to provide consultancy and training services to the highest possible standards and with a culture that is recognised as highly ethical. With a clear focus on listening to our customers, we provide support, advice, and guidance for you to meet your legal requirements and enhance your business performance.



Clive Ormerod
Managing Director
OMS

OMS has a team of experts who can offer advice and guidance in Health & Safety, HR and compliance issues. Drawn from a wide range of backgrounds, they bring their own experience and expertise to your organisation’s challenges.

Investing in the growth and training of your people

OMS has grown through developing solutions that meet our customer needs and aspirations. Today, OMS has a core team at its head office and training centre in Leicestershire and a network of specialist associates, enabling it to provide a broad range of expertise to public and private sector organisations of all sizes.

Learn in style

Our modern Training Centre is conveniently located right in the centre of the UK, in Leicestershire, and is just two miles from J22 of the M1, with further satellite sites in the Midlands. With free onsite parking, comfort and enjoyment is key to our successful learning. Our spacious training rooms have been designed to enhance the comfort and space of delegates whilst they train.

Training to suit you

Our state of the art training centres have regular public courses taking place across the year, planned 12 months in advance, allowing you to book training around your busy schedules. We also offer bespoke in-house courses, in which our trainer can come to your centre should you wish, and provide the training you require built around the challenges your people face on a daily basis.

Different from the rest

OMS are not a production line training provider, we advise and work with our customers to find the right training for your staff & have an arsenal of tools to help us do so. We can provide you with our bespoke LMS system or our Managed Training Service in which we take full responsibility to source your external training using our buying power, to achieve discounts on high quality specialist training.



OMS is an ATO and is listed in the Construction Training Directory

We are a CITB Approved Training Organisation (ATO). This means we are recognised by CITB as well as the British construction industry as a training provider who can deliver good quality training that meets the industry approved standards. CITB funding and its automated grant process is available for many of our courses at OMS.

“We were looking for a partner that we could work well with and OMS met all of our needs. They assist us to match the right learning intervention to the needs of individual of our employees and in doing say have taken away a large administration burden from our team. I feel comfortable knowing that OMS will now plan, track and source our training, on behalf of Boal.”



“OMS demonstrated that they could offer training courses matching our required skills sets. Their training programme is comprehensive and wide-ranging. Their facility in Coalville is very impressive and allows our employees to be trained away from their work, avoiding interruptions and distractions. The OMS team are always helpful and friendly, they partner with us and understand our business”



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OMS are a CITB Approved Training Organisation (ATO)



CITB Site Safety Plus

The CITB Site Safety Plus Scheme provides the building, civil engineering and allied industries with a range of courses for people seeking to develop skills in this area. Our courses are designed to give everyone from operative to senior manager the skills they need to progress through the industry. From a one-day Health and Safety Awareness course to the five-day Site Management Safety Training Scheme, our courses ensure everyone benefits from the best possible training.

CITB Health & Safety Awareness



This immensely popular course is now required when applying for a Construction Skills Certification Scheme (CSCS) Green Card/Labourer Card. It is designed for all those who have entered, or are looking to enter, the construction and civil engineering industries, and provides an excellent insight into the basics of health and safety, as well as promoting understanding of potential hazards that they may face on site.



1 Day



Public & In-house Course

CITB Health & Safety Awareness Course & CSCS Test Combination



This combined Site Safety Plus package is a popular route for anyone looking to take their first step towards obtaining a CSCS Labourers (Green) Card. This 1 day course can be for those who have entered, or about to enter, the construction and civil engineering industry. The course gives delegates an awareness of health and safety and how it affects their daily role and combines with the CITB Health, Safety and Environment (HS&E) Test, which delegates must also pass to acquire the CSCS Labourers (Green) card.



1 Day



Public

CITB funding is available for these courses - per person, per day - for ALL registered companies. (The CSCS test is NOT included within this ATO funding and this will need to be booked separately for delegates to acquire their CSCS Labourers (Green) card).

CITB Site Management Safety Training Scheme (SMSTS)



Health and Safety is of paramount importance on site, and ensuring that your employees are protected from harm is one of the primary duties for those in an on-site management position. The Site Management Safety Training Scheme (SMSTS) Site Safety Plus course is designed to cover all aspects of health and safety on site. The course is recognised by The United Kingdom Contractors Group (UKCG) as meeting the requirement for all managers working on UKCG sites.



5 Days



Public & In-house Course

CITB Site Management Safety Training Scheme (SMSTS) - Refresher



This course is designed for learners who have completed the CITB Site Management Safety Training Scheme (SMSTS) course and are looking to update and renew their knowledge. It includes a review of the material covered in the original course, as well as providing an update on legislative changes and an introduction to new subjects.

Note: Delegates may only attend this course prior to the expiry date of their current certificate, if certification has expired then delegates will need to sit the full course again.



2 Days



Public & In-house Course



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OMS are a CITB Approved Training Organisation (ATO)



CITB Site Safety Plus

CITB Site Supervision Safety Training Scheme (SSSTS)



This course introduces the required knowledge of health, safety, welfare and environmental issues that everyone in a supervisory position needs. It illustrates the legal responsibilities relevant to their work activities and focuses on the requirement to promote health and safety effectively.

2 Days Public & In-house Course

CITB Site Supervision Safety Training Scheme (SSSTS) - Refresher



This course is designed for current holders of the Site Supervisors' Safety Training Scheme who are looking to refresh their knowledge and skills, particularly those who wish to renew their SSSTS certification.

Note: Delegates may only attend this course prior to the expiry date of their current certificate, if certification has expired then delegates will need to sit the full course again.

1 Day Public & In-house Course

CITB Temporary Works Supervisor Training Course (TWSTC)



This one-day course is designed to offer a thorough knowledge of the temporary works supervisor role, as well as providing an insight into the risk management of temporary works. This course is solely concerned with the process of the supervision of temporary works and is not a temporary works awareness course.

1 Day Public & In-house Course

CITB funding is available for these courses - per person, per day - for ALL registered companies.

CITB - ABC Achieving Behavioural Change

The Achieving Behavioural Change (ABC) provides training on the benefits of adopting behavioural change for all contractors who work on construction and civil engineering projects. It is designed to provide delegates with an understanding of how attitude, behaviour, communication and worker engagement at all levels can help prevent the chances of accidents occurring.

1 Day In-house Course

CITB Temporary Works Co-ordinator Training Course (TWCTC)

This two day course is designed to assist those on site who have responsibility for managing all forms of temporary works. It is also designed to give confidence to senior management and those who engage with contractors, to reach an assessed standard of knowledge.

2 Days Public & In-house Course

CITB Site Environmental Awareness Training Scheme (SEATS)

The CITB Site Environmental Awareness Training Scheme (SEATS) is a one-day classroom course designed to provide delegates with a clear introduction to environmental issues on construction sites.

1 Day Public & In-house Course

"Was the most interesting H&S course I've ever been on. Very informative, interesting and helpful."
Anthony Ball



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City & Guilds Accredited Training & NVQs

City & Guilds are a world-leading skills development organisation, providing a range of accredited courses and programmes to trainees across a variety of sectors. OMS are accredited to deliver a range of highly popular qualifications, which are not only valued by employers across the world, but help individuals to develop their talents and abilities for career progression.

City & Guilds 18th Edition (2382-18)

Essentially you will want to make sure if you are working in electrical installation that you are designing and installing to the latest regulations. In fact every installation from January 2019 will need to be designed in line with the 18th Edition wiring regulations.

- 3 Days
- Public and In-House Course

City & Guilds Level 3 Award in the In-Service Inspection and Testing of Electrical Equipment (2377-77)

This qualification is aimed at those with responsibilities for the maintenance of electrical equipment and for those undertaking practical inspections and portable appliance testing (PAT). It allows those with the responsibility for the testing and inspection of electrical equipment to gain a qualification suitable to their job role.

- 2 Days
- Public and In-House Course

"We have trusted OMS to support our business since 2002 and in this time have developed a strong working relationship with them to the extent they now act as an extension of Drainage 2000. OMS designed our bespoke management systems around our organisation and this became apparent when we first started using the systems as they assist the business by providing standardised processes that help us to do our job."



NVQ Level 3 Certificate in Occupational Health & Safety (3654-03)

The NVQ Level 3 Certificate in Occupational Health and Safety is designed for learners in a health and safety role within their organisation who are looking to gain recognition and develop their skills in the field. It features a uniquely flexible learning style and is primarily work-based, so it can be started and completed at a time that suits you.

This programme offers a solid grounding in the world of health and safety management, with a focus on helping candidates to identify, monitor and control their workplace hazards.

- Over 12 Months
- Individual Programme

NVQ Level 6 Diploma in Occupational Health & Safety (3654-06)

This improved Level 6 Diploma in Occupational Health and Safety is ideal for learners who wish to demonstrate and develop their skills and knowledge in managing health and safety for the workplace. It allows learners to develop and demonstrate the skills required for employment and/or career progression in the occupational health and safety sector. The Level 6 NVQ Diploma in Occupational Health and Safety Practice can be used as entrance to IOSH Graduate Membership.

This qualification is ideal for those who will have an autonomous role in their organisation for managing health and safety policy and practice, with direct report to or be part of the senior management team.

- Over 15 Months
- Individual Programme



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City & Guilds Accredited Training & NVQs

City & Guilds Level 2 NVQ in Construction and Civil Engineering Operations (Construction) - Modular Pavement Construction (3574 - 21)

The NVQ Level 2 is designed to assess occupational competence in the workplace. Learners are required to demonstrate their skills, knowledge and experience laying modular paving.

On average it may take between 10-12 months to complete this qualification. You will undertake the NVQ at your site and be assessed remotely or at site if needed. Your assessor will also maintain regular contact by phone, text message and email. Providing support throughout the assessment process to ensure timely completion of your NVQ.

Once completed candidates will be awarded a certificate to demonstrate competence to the national standard.

10 - 12 Months Individual Programme

NVQ Level 4 NVQ Diploma in Construction Site Supervision (Construction)(Building and Civil Engineering) (6577 - 01)

The NVQ Level 4 is a competence based qualification which will help to develop the skills needed to be a qualified and effective supervisor. There is a selection of mandatory and optional units to choose from, depending on the pathway chosen.

This NVQ is highly flexible and can be completed in your own time around your workload. The NVQ has no set time limit to complete. You can complete the Site Supervisor qualification mostly remotely, uploading all evidence to our NVQ portal, communicating with your assessor over a video call, phone call or email. Any units that need to be completed face-to-face will be arranged at your workplace. Your assessor will help you plan how you can gain all the evidence needed to complete the qualification.

On completion of the units, candidates will be awarded a certificate to demonstrate competence to the national standard.

Variable Individual Programme

City & Guilds Level 3 NVQ Diploma in Occupational Work Supervision (Construction) (6576 - 04)

The NVQ Level 3 is a competence-based qualification for the construction sector. To fulfil the role effectively occupational works supervisors need organisational, supervisory and technical abilities, and need to be able to establish, develop and maintain good working relationships with people. This qualification will assess competence in your current job role as a Construction Work Supervisor, or Assistant Construction Supervisor.

This qualification can be completed remotely or on site, flexibly at your own pace. You will gather evidence with guidance from your assessor, who will also review your progression, keep you on track and advise you throughout.

On completion of the units, candidates will be awarded a certificate to demonstrate competence to the national standard

Over 12 Months Individual Programme

NVQ Level 6 NVQ Diploma in Construction Site Management (Construction) - Building and Civil Engineering (6578 - 01)

The NVQ Level 6 in Construction Site Management is a competence-based qualification for working in the construction sector. You can use the NVQ to provide evidence of your competency in your role as a Site Manager in the construction sector. You will cover aspects such as planning work, health & safety, quality control and relationship management.

This NVQ is again highly flexible and can be completed in your own time. You can organise gathering evidence and communications with your assessor around your workload. You will work through each of the units, providing the required evidence, which collectively will form your portfolio.

By completing the course, candidates will gain the sought after CSCS Black Manager card, along with the certificate demonstrating competence to the national standard.

Variable Individual Programme



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First Aid Training

Every workplace needs trained First Aiders. The first few minutes after an accident or medical incident are critical for the patient, and having those skills on hand makes your workplace safer and protects your organisation.

Our popular workplace first aid training courses include First Aid at Work and Emergency First Aid at Work, both are designed to meet the Health and Safety (First Aid) Regulations 1981 and can be tailored to suit your specific requirements and delivered at any location throughout the UK. We can provide the knowledge and skills you need to stay safe and be prepared when the worst happens.

Emergency First Aid at Work

This course is broken down into a number of subjects, all designed to give valuable insight into first aid, and equipping each delegate the skills and confidence they need to be a nominated first aider in their workplace. The course is primarily designed for attendees working in smaller workplaces, where there are fewer first aid risks or hazards.

1 Day Public & In-house Course

First Aid at Work

First Aid can literally be a life saver when it comes to workplace accidents, and every workplace should have responsible first aiders on their team. On this course, we cover all the subjects first aiders need to know, and make sure they have the knowledge to step in when accidents or illness strikes.



3 Days Public & In-house Course

CITB funding is available for this course.

First Aid at Work - Requalification

This course is designed to review the skills and knowledge gained in the original First Aid at Work course, allowing current holders of the First Aid at Work certificate to renew it (as required every three years).

2 Days In-house Course

Automated External Defibrillator (AED)

In this half-day course, we cover the importance of automated external defibrillators as well as how to use them. The course also includes an overview on the cause of sudden cardiac arrest, with emphasis on ventricular fibrillation and ventricular tachycardia, as well as how to recognise the signs of angina and heart attack.

1/2 Day In-house Course

First Aid Annual Refresher

This short course, designed for holders of the Emergency First Aid at Work qualification, allows them to practice their skills and revisit what they have learned to ensure that they can offer the best care in an emergency. Please note that this course does not count towards requalification, and awardees will need to re-qualify after three years from the original certification date. This course aims to offer a brief refresher that outlines the skills and knowledge covered in the Emergency First Aid at Work course, to allow holders of that certificate to keep up to date during the three years of their qualification.

1/2 Day In-house Course

"I thought the course tutor taught with clarity and compassion, truly professional. Informative and enlightening, I also enjoyed it. I felt very comfortable within the surroundings."
Christopher Owens, GLW Feeds



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Approved
Training Provider
1202

The Institution of Occupational Safety and Health

IOSH is a world-leading developer of certificated safety and health training courses. Our courses provide insights and practical tools so that individuals and organisations can create safer and healthier working environments. By promoting a safety and health culture in which everyone plays their part, our courses help to reduce sickness absence, improve productivity and bring about other organisational benefits.

OMS are proud to work with IOSH and offer their industry-leading courses, each of which can be tailored to your organisation's specific needs.

IOSH Leading Safely®

The course is designed to illustrate how health and safety is not just a legal requirement but a valuable investment for your business. It shows how to incorporate better health and safety practice into management systems and reduce accident rates, improve your reputation and save on insurance premiums and legal costs.

5 hours Public & In-house Course

IOSH Managing Safely - Refresher®

Created for learners who have already completed the IOSH Managing Safely course, this one-day refresher is designed to give participants an opportunity to renew their knowledge and gain the latest insights on health and safety legislation. It places greater emphasis on monitoring, auditing and review, helping learners gain these valuable skills for their workplace.

1 Day In-house Course

IOSH Working Safely®

The IOSH Working Safely course takes a refreshing approach to health and safety training. With a fun and interactive programme, it is an ideal introduction into the importance of health and safety. Jargon-free and engaging, it focuses on everyday knowledge rather than long discussion of legislation.

1 Day Public & In-house Course

IOSH Safety, Health and Environment for Construction Site Managers

IOSH Safety, Health and Environment for Construction Site Managers is the ideal qualification for those in construction who occupy a managerial or supervisory role. The course provides a comprehensive mindset in managing health and safety for you and your workforce, gifting reassurance and confidence in the job at hand. The course will demonstrate on how to focus on effective safety and health management to improve efficiency and the well-being of your staff.

4 Days Public & In-house Course

IOSH Managing Safely®

Every manager should have an understanding of their responsibilities when it comes to health and safety. Managing Safely delivers the practical knowledge and tools needed to tackle health and safety issues in an engaging, innovative and effective format.

3 Days Public & In-house Course

Excellent Trustpilot



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The International Powered Access Federation

The IPAF training programme for platform operators was developed by leading industry professionals. It is certified by TÜV as conforming to the international standard ISO 18878 Mobile elevating work platforms – Operator (driver) training. Successful trainees will receive an electronic PAL Card (Powered Access Licence), along with an electronic safety guide, logbook and certificate.

As an approved training centre, OMS are regularly audited by IPAF, have small class sizes and involve a mixture of theory and practice, with a written and a practical test.

IPAF 3a & 3b Mobile Vertical & Boom Operator

The International Powered Access Federation (IPAF) Operator Training Course is designed for anyone who operates scissor lifts, telescopic and articulating booms, vertical platforms, vehicle mounted platforms or telehandlers with integrated controls. It covers current legislation as well as the skills and knowledge needed to operate these platforms safely, and is designed to train operators to obtain an IPAF MEWP Operators' Licence.

1 Day Public & In-house Course

IPAF MEWPs for Managers



This course is for supervisors and managers responsible for preparing and coordinating work with mobile elevating work platforms (MEWPs) within their control. The course covers areas such as current legislation, different types of MEWPs and how to select them, guidance on safe use and operation, and how to identify misuse and abuse of these platforms.

1 Day Public & In-house Course

CITB funding is available for this course.

IPAF PAV Push-Along Vertical Vehicles

Push around Verticals are small, static vertical machines without a mechanical drive that are physically pushed around. Popular with contractors and the non-construction sector, these machines are ideal for low-level work. In this course, attendees will be given the knowledge and skills they need for safe operation, and certification for the use of this equipment.

1/2 Day Public & In-house Course

IPAF Harness Awareness & User



This half day course combines the IPAF Harness Awareness course, with IPAF Harness for Users course.

The IPAF Harness Awareness is a theory only course and provides the essential knowledge to enable a successful candidate to select, monitor, manage and plan the correct use of Harnesses and lanyards for use in a MEWP and is a prerequisite for the IPAF Harness User aspect of the half-day training course.

The IPAF Harness User course, is an assessment only course which evaluates the candidate's practical application of the knowledge gained in the Awareness theory training and is a prerequisite for the IPAF Harness Inspector training course.

1/2 Day Public & In-house Course

CITB funding is available for this course.

IPAF Harness Inspections



This course is for those who have a responsibility for carrying out statutory inspections of their companies harnesses and lanyards. This half day course aims to provide the essential knowledge and practical application for the statutory Inspection of Harnesses, lanyards and associated ancillary PFPE equipment for use in a MEWP.

1/2 Day Public & In-house Course

CITB funding is available for this course.



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Prefabricated Access Suppliers' and Manufacturers' Association

OMS and PASMA are committed to the highest standards of practice and operate the industry standard training scheme. We are audited annually by PASMA, to ensure that we continue to meet the stringent standard set by them.

In addition to the renowned Towers for Users course, we deliver a number of other specialist courses, which all enjoy an enviable reputation amongst management and health and safety practitioners, who seek objective proof of competence for staff engaged in the assembly, use, inspection and dismantling of towers.

PASMA Scaffold Standard and Low Level Combined



This one-day course combines the PASMA courses on scaffold and low-level towers, and offers a clear insight into the legislation, guidelines, details and potential hazards of their use. It looks at how to safely assemble, dismantle, relocate and use both low-level access units and scaffold towers, as well as looking at the potential threats they may cause.

1 Day Public & In-house Course

PASMA Towers for Managers



This course covers current Legislation, Regulations and Guidance affecting work at height with mobile access towers, PASMA Code of Practice, a look at assembling, altering and dismantling mobile access towers incorporating current best practice for fall protection, inspection of completed mobile access towers and completion of Tower Inspection Records; hazards affecting the use of mobile access towers.

1 Day In-house Course

PASMA Low Level Access



In this half-day course, personnel who work from prefabricated units under 2.5m height, will gain an insight into the regulations, legislation, and product standards of such units, and how to avoid hazards. The course combines a written and practical assessment.

1/2 Day In-house Course

PASMA Working at Height Essentials (Novice)

The purpose of WAHR is to prevent death and injury from a fall from height and this course will allow the delegates to comply with this regulation requirement and protect staff and themselves whilst working at height. This is an entry level course.

1/2 Day Public & In-house Course

PASMA Scaffold Towers for Users



Assembling, dismantling, moving and using mobile access towers can be a dangerous business, with a high risk of personal injury both to those involved and those nearby. In this course, we look to train delegates to a high level of competence in the assembly, disassembly, inspection and use of these towers. The course also looks at current legislation and guidance, and contains both a written and practical assessment.

1 Day Public & In-house Course

CITB funding is available for these courses.

"Brilliant course, the trainer delivered it perfectly. I'll definitely be back to do the PASMA course."

Kieran Howker, QPI



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The Ladder Association

Over two million ladders are used daily in the UK, and improper use can lead to injury or even death. The Ladder Association is the home of the vital guidance and training that workers need to work at heights safely and professionally, as well as within the law.

OMS offers a number of courses from the Ladder Association for both users and site inspectors, helping them with the knowledge they require to stay safe.

LADDER ASSOCIATION - Ladder User



Based on guidance from the UK's leading experts on ladder manufacture, maintenance and safety, this course from the Ladder Association scheme addresses issues raised by the Health and Safety at Work Act 1974, as well as the Work at Height Regulations 2005. This course will ensure that delegates have knowledge and instructions required to use and select ladders and stepladders legally and safely.

🕒 1/2 Day 👥 Public & In-house Course

CITB funding is available for this course.

LADDER ASSOCIATION - Ladder Inspection



It is well-known that misuse of ladders are a common hazard for causing injury to workers. This course is designed to outline the legislation around the use of ladders and how to inspect, register and use ladders to protect, inspect and operate safely. In order to take this course, the Ladder Association's Ladder User Course must have been completed and passed before attempting the Ladder Association's Ladder Inspection Course. You must hold a valid Ladder Association identity card.

Note: Delegates must hold a valid Ladder User card to sit the Ladder inspection course independently.

🕒 1/2 Day 👥 Public & In-house Course

CITB funding is available for this course.



"Very informative of the safety regulations on how to use and assess the ladder."

Nick Evans, Nottinghamshire Health Care

LADDER ASSOCIATION - Working with Steps & Step Stools

In this half-day course, delegates will be taught when it is appropriate to use a stepladder or step stool, be given guidance on safe use, storage and potential hazards, and will be informed on laws and standards relating to stepladders and step stools. It will be of particular use to those who are infrequent users of stepladders and step stools in shops, offices, schools and health sector.

🕒 1/2 Day 👥 In-house Course

Excellent ★★★★★ Trustpilot



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nebosh

LEARNING PARTNER

GOLD 524

The National Examination Board in Occupational Safety and Health

OMS offers a comprehensive range of globally-recognised, NEBOSH qualifications designed to meet the health, safety and environmental management needs of all places of work.

Our courses lead to internationally recognised NEBOSH qualifications, as well as helping you and your teams learn the skills and knowledge they need to succeed in the health and safety industry, as well as gain the recognition they deserve.

NEBOSH National General Certificate in Occupational Health and Safety (NG1, NG2)

With over 175,000 awardees in the UK and worldwide, the NEBOSH National General Certificate is globally recognised as a standard for occupational health and safety proficiency. The NEBOSH National General Certificate in Occupational Health and Safety aims to build awareness and knowledge of the main issues around health and safety in the workplace. It can help employers meet recognised standards and codes of practice and bring valuable skills to the workplace.

- 10 Days + Exam & Practical
- Public & In-house Course

NEBOSH International General Certificate in Occupational Health and Safety (IG1, IG2)

Recognised throughout the world, the NEBOSH International General Certificate in Health and Safety provides a clear insight into health and safety best practice, with an emphasis on international standards and real world applications. This course aims to give learners a solid base in the skills and knowledge they need to fulfil their health and safety responsibilities in any kind of organisation across the world.

- 10 Days + Exam & Practical
- Public & In-house Course

NEBOSH Health and Safety Management for Construction (UK) (CN1)

The construction site is a potentially dangerous place, and proper health and safety good practice are critical. Now a level 7 qualification, this comprehensive course is aimed at managers and others responsible for the safety of the workforce on site, and provides a valuable insight into both individual and organisational responsibilities for health and safety on site.

This is now a standalone qualification and does not require any shared units from the National General Certificate.

This qualification has been updated to a Level 7 qualification to ensure that learners gain a qualification that gives them recognition from CSCS.

- 10 Days + Exam
- Public & In-house Course

"Thank you for your help in getting me through the NEBOSH General Certificate. I don't think I would have succeeded without your help. The Instructor was excellent and made what could have been a dry and boring course very entertaining and fun."
David Anderson, University of Oxford

"NEBOSH GC1 was a difficult course, delivered excellently and was a real eye opener regarding EHS."
Ross Lea, Amazon UK Services Ltd



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nebosh

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The National Examination Board in Occupational Safety and Health

NEBOSH Certificate in Fire Safety (FSC1 & FSC2)

The NEBOSH Certificate in Fire Safety and Risk Management course covers the fundamentals of health and safety management and fire safety, as well as the current legislation and legal requirements. It outlines the principles and risks relating to fire and explosion, as well as the common causes of fire and preventative measures. In addition, the course will detail how to ensure the safety of people in the event of fire, as well as how to undertake fire risk assessments in most low-risk workplaces. This course aims to provide a fundamental understanding of health and safety management along with the skills and knowledge required for all those responsible for fire safety in their workplace. It provides an overview of fire legislation, risks, causes and preventative measures, as well as how to ensure the safety of people in the event of fire.

- 4 Days + Exam & Practical
- Public & In-house Course

"We have enjoyed a long and professional relationship with OMS and value their experience, knowledge and guidance in ensuring our employees are given bespoke training ensuring they are trained to recognised standards that gives us confidence as a company and enhances the performances of our individuals to be competent and have the skill sets to meet all our high standards and legal requirements."



"The Training facilities are 1st Class. Very professional tutor with a good technical knowledge on the subject of fire."
Jason Johnson, Moy Park Ltd

NEBOSH National Certificate in Environmental Management (EMC1 & EMC2)

Environmental Management is becoming more and more important in the workplace, and the skills to help employers avoid prosecution and demonstrate social responsibility are in demand. With the NEBOSH National Certificate in Environmental Management, learners gain the knowledge they need and demonstrate their environmental credentials anywhere in the world. The NEBOSH Certificate in Environmental Management is designed to help managers, supervisors and employees to improve their understanding of environmental management systems and the legislation around them. Through a risk management approach, the course offers learners the chance to build an effective and responsible environmental culture within their organisation.

- 5 Days + Exam & Practical
- Public & In-house Course

"I thoroughly enjoyed the course and I found the tutor very knowledgeable and supportive."
Richard Gunn, Loughborough University

"Very good course content, excellent instruction from the tutor, fantastic facilities to learn in.."
Ian Lewis, Seven Trent Water

"In my dealings with OMS I have found the consultants to be knowledgeable and capable trainers for Health and Safety training courses, and their Office Support for administration of courses to be both efficient and effective. I would not hesitate to recommend OMS as a provider of Health and Safety training."





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nebosh

LEARNING PARTNER

GOLD 524

The National Examination Board in Occupational Safety and Health

NEBOSH National Diploma For Occupational Health and Safety Management Professionals

The NEBOSH National Diploma new syllabus is a perfect choice for anyone who wants to make health and safety their career. Building upon the foundation of knowledge provided by the NEBOSH General Certificate, this highly respected qualification will help you build confidence in your capabilities and support your career progression.

30 Days (over 6 x 1 week blocks)

Public & In-house Course

Delegates do not have to sit all modules (DN1, DN2, DN3) in the same cohort. Delegates can choose to sit modules over different programmes we have running at OMS.

Health and Safety at Work Award

The NEBOSH Health and Safety at Work Award is relevant to all industry sectors and provides a valuable overview to workplace safety, health and risk. Those who need to understand the principles of health and safety as part of their job will benefit from taking this qualification.

Delivered in an understandable and accessible way you will look at everyday solutions for general workplace health and safety issues and gain an understanding as to why health and safety needs to be managed.

3 Days In-house Course

"Very interesting and informative course by an experienced trainer." Sue Williamson, Leicester City Council

"Really enjoyable and eye opening." Sam Bryan—Hörmann UK Ltd

NEBOSH HSE Introduction to Incident Investigation

On completion of this qualification you will be equipped with the necessary skills to carry out an unaided incident investigation of a non complex incident. The qualification will take you through the four steps to a good incident investigation. This includes providing you with the skills required to identify the immediate, underlying and root causes of incidents.

1 Day In-house Course

"A very good course which had a knowledgeable tutor with a vast array of experience. The course content was very relevant and the course had a lot of activities incorporated into the day. I would definitely recommend OMS to anyone who wants to go on a NEBOSH course. Overall a professional course provider." Amjid Hussain, Geary's Bakeries Limited

"NEBOSH GC1 was a difficult course, delivered excellently and was a real eye opener regarding EHS." Ross Lea, Amazon UK Services Ltd

"Very professional and detailed tutoring. 100% recommend - thorough and understandable." David Howe, Hörmann UK Ltd

"I have now completed a number of NEBOSH Health & Safety courses with OMS. Every time I have been to OMS I've been made to feel relaxed and welcome, with their excellent facilities and great staff. The tutors on my course had an unrivalled knowledge of the subjects and had a great understanding of everyone's learning preferences. I wouldn't hesitate to return for more training." Joe Dillnutt



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Safety Passport Alliance / MPQC

The Safety Pass Alliance (SPA) Ltd is an organisation whose purpose is to design and implement national Safety Passport Training Schemes. The delivery of these schemes is through a national network of accredited training providers who have successfully reached the standards required.

The SPA have also formed an alliance with MPQC (Mineral Products Qualifications Council) to create the Quarry package, which has now become Mineral Products Day 1 and Day 2.

SPA MPQC Mineral Products (Quarry) Core Day 1

Designed for those in the mineral and extraction industry, this one-day course details how to apply good practice through the contractor supply chain, and enhance your own safety awareness. The course is classroom-based, and covers areas including health and safety, safe management of quarries, safe use of cranes and equipment, and tips on working excavations, confined spaces and heights.

1 Day Public & In-house Course

SPA MPQC Mineral Products (Quarry) Core Day 2

This course, which follows on from the MPQC Mineral Products - Day One course, is best suited to managers and employees of companies working within the mineral and extraction industry. It offers a detailed insight into health and safety good practice throughout the contractor supply chain, and will give attendees the opportunity to contribute to higher standards of safety performance in the workplace.

1 Day Public & In-house Course

SPA Passport to Safety - Core

This one-day course is designed for those looking for a general overview of health and safety in the workplace. It provides basic information on the implications of hazard recognition and risk assessment, as well as detailing responsibility for health and safety, and showing how individual behaviour can help reduce accidents.

1 Day In-house Course



"I found this course very informative, well put together, and it had a good tutor."

SPA Petrol & Retail



Aimed at those involved in retail, as well as those working in petrol filling stations, this one-day course offers an industry-specific overview of health and safety, allowing delegates to recognise and mitigate hazards, use control measures and safe working practices, and maintain a safe working environment.

1 Day In-house Course

CITB funding is available for this course.



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UKATA

UKATA Asbestos Awareness Training

Five thousand people a year still die from asbestos related illnesses and according to the Health and Safety Executive it is the biggest occupational risk for those in the construction trade.

Employers in the UK are legally obliged to provide training with asbestos, and this course from the UK Asbestos Training Association (UKATA) is designed to give workers everything they need to protect themselves and how to deal with asbestos when discovered on site.

UKATA Asbestos Awareness

Asbestos is a serious hazard on construction sites. Over 2,500 workers lost their lives to it in 2005 and according to the Health and Safety Executive it is the biggest occupational risk for those in the construction trade. Employers in the UK are legally obliged to provide training with asbestos, and this course from the UK Asbestos Training Association (UKATA) is designed to give workers everything they need to protect themselves and how to deal with asbestos when discovered on site.

1/2 Day Public & In-house Course

UKATA CAT B Non-Licensed Asbestos

This one day classroom course covers all you need to know on how to safely undertake work on non-licensed asbestos containing materials and comprises of both theory and practical elements which is specifically matched to your trade. It also provides an overview of the current requirements of the Control of Asbestos Regulations and importantly defines what asbestos containing materials you can legally work on.

Delegates will have attended a UKATA asbestos awareness course in the previous 6 months.

1 Day Public & In-house Course

"Brilliant course, I would absolutely recommend."
Samantha Thorpe, Operations Manager, East Midlands Homes



"A great course for people in the construction industry, would highly recommend."
Levi Bousteller, Bonser Contracting Ltd

"I have had lots of Asbestos awareness courses and this was the best by far."
Chris Tunks, East Midlands Homes

"Was good to learn about hidden asbestos."
Bob Atkins, Central Flooring Services



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OMS Safety & Environmental Courses

As leading experts in Health & Safety, OMS have also developed a popular range of half day and one day training courses, in the areas of Health and Safety not widely accredited by any other body. Written by qualified experts in their field, our general health and safety courses carry the OMS brand, which is highly respected throughout the UK.

Abrasive Wheels



Abrasive Wheels are used in a variety of different workplace scenarios, and when used improperly can be quite dangerous. According to The Provision and Use of Work Equipment (PUWER) 1998 act. All staff who use abrasive wheels must have proper training. This course provides an overview of legislation, as well as illustrating the potential hazards of abrasive wheels and how to avoid them.

1/2 Day Public & In-house Course

CITB funding is available for this course.

Accident & Incident Investigation

This one-day workshop course is designed to help organisations to understand their moral and legal obligations to prevent accidents and learn from safety failures. Targeted at anyone with responsibility for health and safety management, it covers a wide range of topics ranging from basic principles of accident investigation to how to collect, analyse and communicate data and how to apply your findings to new strategies to reduce the risk of further accidents. The aim of this course is to train individuals in the skills and knowledge they need to investigate and to allow organisations to meet their moral and legal responsibilities to investigate accidents effectively.

1 Day Public & In-house Course



Asbestos Awareness



The Asbestos Awareness course lays down the requirements for the protection of people being exposed to asbestos. These regulations include the requirement for those with a responsibility for the maintenance and/or repair of non domestic premises, to identify and manage any risk from asbestos within their premises. This course ensures that delegates are fully informed of the legal and practical considerations of working near Asbestos and how it affects our health.

1/2 Day In-house Course

CITB funding is available for this course.

Behavioural Safety & Change Management

The course is designed for all those entering the construction and civil engineering industries, and covers a wide range of issues relating to health and safety on site.

1 Day In-house Course



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OMS Safety & Environmental Courses

CAT & Genny Cable Avoidance

Detecting cables and underground pipes requires a Cable Avoidance Tool and Signal Generator (or CAT and Genny), but improper use can cause disastrous, even life-threatening results. In this half-day course, we cover the legislation, safe working procedures and operating principles behind CAT and Genny use. The course goes over how to locate services, how to familiarise yourself with service drawings and how to maintain and service your equipment.

6 hours Public & In-house Course

Please note, a 1 Day CAT & Genny Cable Avoidance course is also available. CITB funding is only available for the full day CAT & Genny Cable Avoidance course.

DSE Train The Trainer

Our Assessor Training Course enables employees to become DSE Assessors that can carry out individual DSE workstation assessments within their organisation. Not only is having a qualified in-house DSE Assessor cost-effective but it also enables changes to employees' workstations to be made immediately.

1 Day In-house Course

CDM Regulations (updated 2015)



Construction (Design and Management) regulations can often be misunderstood by new personnel, a problem which can lead to accidents, non-compliance or even prosecution. To combat the issue, the HSE have been targeting sites involving construction works, and it is more prudent than ever to make sure your knowledge of regulations is accurate and up-to-date. In this course, we cover the latest legal issues, including liabilities and obligations, roles and responsibilities of duty holders, selection of competent staff and understanding the relevant documentation.

1/2 Day In-house Course

CITB funding is available for this course.

CDM Regulation for Principal Designers and Designers

This course is for those holding the role of Designer or Principal Designer under the new CDM regulations 2015. Course attendance will ensure that Principal Designers and Designers are aware of their responsibilities under CDM 2015.

1/2 Day & 1 Day In-house Course

CDM Regulations for Clients and Principal Contractors

This course is for those holding the role of Clients and Principal Contractors under the new CDM regulations 2015. Course attendance will ensure that Clients and Principal Contractors are aware of their responsibilities under CDM 2015.

1 Day In-house Course

Control of Contractors

This classroom-based course is designed to cover all the necessary information that delegates need in order to understand their own legal responsibilities and necessary procedures for employment and health and safety of contractors. It looks at the English legal system, as well as civil liability and statute law, and gives a clear illustration of how to ensure the safety of contractors on your site. This course aims to illustrate the responsibility of employers towards contractors on their site, and show the necessary procedures for ensuring their safety and legal compliance.

1 Day In-house Course



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OMS Safety & Environmental Courses

Confined Space Awareness



Working in confined spaces is a dangerous business. Apart from the danger of being trapped, there are risks of suffocation, drowning, fire, overheating, poisonous fumes, and free-flowing liquids and solids. In this half-day course, we look at the nature of these dangers, how to properly risk assess work in such a confined spaces, ways to avoid the need for entry, and emergency procedures.

1/2 Day Public & In-house Course

CITB funding is available for this course.

COSHH Assessments

Your organisation is responsible for assessing the health risks of hazardous substances to your workforce, and with this course, you will learn all you need to know about identifying those substances, understanding workplace exposure levels and creating a COSHH assessment properly. For anyone involved in the management or purchase of hazardous materials, this half-day course is an essential tool for raising awareness of this important issue.

1/2 Day Public & In-house Course

DSE – Display Screen Awareness

This course is designed to provide DSE assessors with a structured and holistic approach to DSE assessments, and will take the delegate from no knowledge to a competency where they can carry out the DSE risk assessment in accordance with the DSE regulations (1992 and 2002). By attending this course you will save your company money and keep your staff happy and safe.

1 Day In-house Course

DSEAR - Compliance for Managers & Supervisors

This course explains the duties that the Dangerous Substances and Explosive Atmospheres Regulations 2002 (DSEAR) places on employers and the actions needed to comply with them. It pays particular attention to the assessment of risks and the application of controls to both minimise and mitigate these risks.

1 Day In-house Course

Electrical Awareness

Even for non-trades-persons, the normal working day often requires simple electrical maintenance is jobs such as bulb replacement and changing plugs. In this course, we look at the regulations, hazards and concepts behind electrical safety, and give detailed guidance into working safely and legally with electrical circuits and appliances. This course aims to detail the risks, concepts and legislation behind electrical safety for non-trades-persons. This course can be tailored to suit individual customer requirements, delivered at your site or place of business.

1 Day In-house Course

Environmental Awareness

Knowledge of the world around us and how to protect it is essential for any employee within a business. In this course, we allow delegates to understand the basic concepts of environmental management and how it can add value to a business. The course is designed to give general awareness to staff at all levels within an organisation.

1 Day In-house Course



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OMS Safety & Environmental Courses



Fire Extinguisher Awareness

In this basic half-day course, participants will have a chance to not only gain knowledge and understanding of fire and the dangers it poses, but will also gain practical experience of using firefighting equipment and handling simulated fires. This course is designed to give participants the confidence and knowledge they need to operate firefighting equipment safely and appropriately, as well as being able to handle small simulated fires safely.

1/2 Day In-house Course

Fire Marshal/Warden



In this comprehensive half-day course, designed for all those delegated the responsibility for evacuation procedures at business premises, we combine examination of current fire safety legislation and evacuation procedure with practical experience of fire extinguisher use. The course aims to provide participants with a greater awareness and understanding of fire and the dangers it poses, as well as teaching the essence of fast, safe and professional evacuation strategy. Training can be carried out at your place of business, allowing first-hand experience of how to coordinate an evacuation.

1/2 Day Public & In-house Course

Health & Safety Directors' Briefing

In this short course, tailored to directors and senior executives, we review the importance of strategic health and safety management and the demonstrable benefits of integrating those health and safety procedures into normal business practice. The course will also detail how to identify potential causes of accidents and how to plan for their prevention with risk assessments and control strategies. This course is designed to give directors and senior executives a clear understanding of the importance of health and safety within an organisation, as well as how to generate and maintain health and safety as a strategic objective for an organisation.

1/2 Day In-house Course

Face-Fit Train the Tester

This course is designed for all those who require an in-depth knowledge of face fit testing. It looks at the legislation behind basic testing and the qualitative fitness test operator criteria as set out in HSE282/28. In addition, it also includes practical elements such as troubleshooting, mask maintenance and a number of practical exercises.

1/2 Day Public & In-house Course

CITB funding is available for this course.

Introduction to Health & Safety

This one-day course is designed to give individuals who lack prior background or training a clear basic understanding of health and safety at work and the laws that govern it. While classroom-based, this course has been designed to be hosted at your own workplace, and will leave delegates with confident understanding of health and safety at work issues. This course aims to give delegates who lack a prior background in training in health and safety a clear basic understanding of the issues that surround it, and confidence to help implement health and safety policies and procedures within the workplace.

1 Day In-house Course

Legionella

This course fulfills the needs of anybody who has been told they require Legionella Awareness training. It is essential for duty holders, responsible persons and those who are responsible for, use or operate, any water system that is capable of growing and emitting legionella bacteria. Delegates will most likely be senior management, office managers, supervisory staff, site engineers, facilities managers and plant operators.

1 Day In-house Course



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OMS Safety & Environmental Courses

Isolation and Lock-Off

This half-day course is aimed at those with basic electrical knowledge, and covers the background and practical skills needed for safe isolation of electrical equipment. The course explores the tools needed to safely isolate installations and equipment, as well as studying the strategies of identifying safe points of isolation.

📅 1/2 Day 👤 In-house Course

Manual Handling Introduction



One of the biggest causes of workplace accidents is back injuries, and these are often caused by poor lifting techniques. A lack of manual handling training can have a severe impact on the profitability of the organisation, especially when claims are raised by the injured party. In this course, we consider the practical considerations of manual handling work, looking both at the risk factors around manual handling, as well as basic manual handling techniques and loading limits. The course combines classroom and practical sessions.

📅 1/2 Day 👤 Public & In-house Course

"Very insightful and enjoyable. Great Course!"
Jessica Graham, E-ON

Manual Handling for Managers

Back injuries caused by poor lifting techniques remains one of the biggest causes of workplace accidents. This can disrupt work schedules, impact on profitability of an organisation, and leave it open to potential risks of litigation from injured parties. In this course, we will review the basics of good manual handling practice, as well as focusing on relevant legislation and the duties of managers and supervisors regarding manual handling.

📅 1 Day 👤 In-house Course



Manual Handling - Train the Trainer

This course will provide you with trained staff who are fully aware of the implications of manual handling. They will be able to train new employees in correct lifting methods and also provide refresher training to existing employees. Delegates will be able to develop sufficient training skills to create and deliver a basic manual handling training course centered around their working environment; to reduce the risk of injury to employees by having a competent trainer on-site to provide on going training as and when it is required.

📅 2 Days 👤 In-house Course



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OMS Safety & Environmental Courses

Noise Awareness

Increase awareness of noise risks, demonstrate effects of noise on hearing and improve use of hearing protection. Compliance with the training elements of the Control of Noise at Work Regulations 2005, this course is suitable for anyone who has responsibility for planning, implementing and managing the health and safety procedures in the workplace, including employers, business owners, managers, supervisors and team leaders.

📅 1/2 Day 👤 In-house Course

Risk Assessment

It is a requirement under Regulation 3, of the Management of the Health and Safety at Work Regulations that employers conduct suitable and sufficient risk assessments of their activities. The aim of this course is to ensure delegates are fully informed of the legal and practical considerations of risk assessing their workplace.

📅 1 Day 👤 In-house Course

Permit to Work

To enable selected employees who have responsibilities within the organisation, to understand the general principles of their existing Permit-to-Work system and apply the principles to company examples, documentation and procedures.

📅 1 Day 👤 In-house Course

PUWER - Provision and Use of Work Equipment

PUWER regulations apply to the safe use of any machinery or tools used in the workplace. These regulations require users of work equipment to carry out proper risk assessment, as well as obliging organisations to provide work equipment that is suitable for its intended task and that can be used without putting persons at risk. In this half-day course, we will provide delegates with the theoretical knowledge and practical ways they need to be able to interpret the requirements of PUWER and apply it to their own organisations.

📅 1/2 Day 👤 In-house Course



Scaffold Appreciation

This course gives attendees up to date knowledge of how to safely assess, monitor, manage, and control Scaffolding operations on site to ensure that cost effective and safe scaffolding works are undertaken by scaffolding contractors.

📅 1 Day 👤 In-house Course



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OMS Safety & Environmental Courses

Spill Training

This is an ideal course for those looking for an introductory spill training course to comply with section 4.4.7 of ISO 14001 Emergency Preparedness and Response. A Spill Team need to know their role and what to do when handling a spill. Delegates will be encouraged to ask questions, give their opinions and talk about potential problems as they see them on their site. Delegates will cover the basics of using the spill response inventory, PPE (Personal Protective Equipment) on site and be shown a demonstration of products in action. The basics of handling hazardous spills and the development of both local and global spill contingency plans are also covered with case histories.

1/2 Day In-house Course

"I would not change one thing. The course overall was excellent."

"Very insightful. Gave good in depth background to leaks and spills."

Graeme Coxon, Emerson Process Management Ltd

Stress Management

Stress can be both a motivating force and a cause of distress for an organisation's workforce. This classroom-based course looks at the nature of stress, and outlines a number of techniques to help identify the effect of stress and to deal with them more effectively.

1 Day In-house Course



Working at Heights

Falls from heights are one of the biggest causes of workplace fatalities and major injuries. In this course, we look at legislation around working at heights, as well as examining the potential hazards and how to both assess and reduce their risk. This half-day course is ideal for organisational compliance with the Work at Height Regulations 2005 (WAHR).

1/2 Day Public & In-house Course

"Covers everything that is required for our nature of work!"
Dayle Taylor, Leicester City Council

"The trainer was very interactive with us and knowledgeable."
Claire Turner, Emerson Automation Solutions Final Controls Ltd.



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Plant Safety

The Construction Plant Competence Scheme (CPCS) was launched in 2003 to help employers comply with codes of practice and regulations for all plant operators. OMS offers a number of courses designed to comply with CPCS standards, covering areas such as crane operator safety and users of a range of onsite machinery.

Plant Safety - A2 Rider Pallet Truck - 1 Day Refresher

To train personnel in the practical skills and job safety knowledge necessary for the operation of Rider Pallet Truck Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.

- 1 Day
- In-house Course

Plant Safety - B1 Counterbalance Forklift Truck - 3-5 Day Novice

To teach the basic skill requirements and associated job safety knowledge to operators of Counterbalance Forklift and Reach trucks to delegates with no previous operating experience or less than 6 months experience on rider type lift trucks. At the end of the course, successful delegates should be able to operate their machines both safely and efficiently.

- 3 to 5 Days
- In-House Course

Plant Safety - B1 Counterbalance Forklift Truck - 1 Day Refresher

Counterbalance Refresher is available for those operators with previous training, who wish to renew their certification to use counterbalance forklift truck. The RTITB Counterbalance Refresher Course will include theory instruction and assessment followed by practical operator training and assessment which will comply with the standard laid down in accordance with the HSE code of practice L117.

Upon completion of the course all operators will be fully accredited to operate a Counterbalance Lift truck of up to 5000kg capacity in a workplace with written authorisation.

- 1 Day
- In-house Course

Plant Safety - Banksman Reversing Assistant

Ensuring the safe reversal of large vehicles is a crucial part of any construction environment. This course is designed to deliver practical knowledge and training to those who are responsible for reversing operations. It covers all relevant legislation, recommended hand signals and will equip attendees with the ability to identify areas of danger.

- 1 Day
- In-house Course

Plant Safety - Banksman Slings & Lifting - 1 Day

Managing and lifting operations are a big part of any construction environment, and also potentially the most dangerous. This course is designed to deliver 'hands-on' knowledge and training to attendees with responsibility for the safe use of lifting equipment on site. It covers the relevant legislation as well as force influences and the physics behind lifting equipment, as well as how to choose the correct lifting equipment, use appropriate hand signals and carry out pre-inspections. This course aims to provide delegates with a basic knowledge of the physics, legislation and process of lifting and slinging operations, to enable them to carry out their operations in accordance with statutory requirements and without risk to health.

- 1 Day
- In-house Course

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Plant Safety

Plant Safety - C1 Forklift Sideloader (up to 5 Tonne) - 1 Day Refresher

To train personnel in the practical skills and job safety knowledge necessary for the operation of Sideloader Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.



1 Day



In-house Course



Plant Safety - M2 Multi Directional Sideloader - 2 Day Refresher

To train personnel in the practical skills and job safety knowledge necessary for the operation of Multi directional Forklift Truck Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.



2 Days



In-house Course

Plant Safety - Non-Integrated Working Platform Operator

To teach the relevant job safety knowledge and practical skills necessary for the safe and efficient operation of Fork Lift Trucks fitted with working platforms, including the information contained.



1/2 Day



In-house Course



"I learned a lot from the tutor and look forward to the next course."
Samuel Oram, Alpen Signs.

Plant Safety - Overhead Crane - Novice

The Aim of the course is to train selected personnel in the practical skills and job safety knowledge necessary for the operation of Overhead Crane and Slings Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace transport 2012.



2 Days



In-house Course

Plant Safety - Overhead Crane 1 Day Refresher

The Aim of the course is to train selected personnel in the practical skills and job safety knowledge necessary for the operation of Overhead Crane and Slings Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace transport 2012.



1 Day



In-house Course



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Plant Safety

Plant Safety - CPC Construction Plant Operator

Construction sites and plants often have a wide range of machinery in use, and in this set of specialised courses, we offer qualifications for every type, from excavators to fork-lift trucks. Each course focuses on safe and legal operation of the items in question, and is assessed by two tests - a practical test and theory test.

1 to 5 Days In-House Course

Plant Safety - Crane Appointed Person - Novice

Planning and executing the use of cranes can be a tricky business, rich with legislation and engineering points of consideration. In this three-day course, we look at the basic principles of crane use, as well as legislation, best practice, and how to set up and perform a checklist and risk assessment.

3 Days In-House Course

Plant Safety - H1 DC Tow Tractor - 1 Day Refresher

To train personnel in the practical skills and job safety knowledge necessary for the operation of Tow Tractor and Trailer Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.

1 Day In-House Course

Plant Safety - H1 DC Tow Tractor - 2 Day Novice

To train personnel in the practical skills and job safety knowledge necessary for the operation of Tow Tractor and Trailer Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.

2 Days In-House Course

Plant Safety - J1 Masted Rough Terrain - 1 Day Refresher

To train personnel in the practical skills and job safety knowledge necessary for the operation of Rough Terrain and Industrial Forklift Truck Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.

1 Day In-house Course

Plant Safety - J1 Masted Rough Terrain - Day Novice

To train personnel in the practical skills and job safety knowledge necessary for the operation of Rough Terrain and Industrial Forklift Truck Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.

3 to 5 Days In-House Course

Plant Safety - J2 Telescopic Rough Terrain - 1 Day Refresher

To train personnel in the practical skills and job safety knowledge necessary for the operation of Rough Terrain and Industrial Forklift Truck Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.

1 Day In-house Course

Plant Safety - J2 Telescopic Rough Terrain - Day Novice

To train personnel in the practical skills and job safety knowledge necessary for the operation of Rough Terrain and Industrial Forklift Truck Operator Safety Syllabus to the accredited standards of ITSSAR and the ABA Workplace Transport 2012.

3 to 5 Days In-House Course



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Personal Development

Advanced Selling Skills

Selling is competitive, and even the most experienced salespeople can hone their skills for more effective results. This 1-2 day workshop identifies participants' existing skills and builds on them, as well as incorporating up-to-date proven sales methods. This course aims to build on experienced sellers' skills, offering new ideas to help them become even more effective.

📅 1 to 2 Days

👥 In-House Course

Appraisal & Performance Management Skills

Designed to prepare new line managers for the challenge of appraisal and performance management, and as a refresher and skill-building course for existing managers and HR professionals. The course is based on a tailored one-to-one review and workplace assessment, and is ideally suited to new and existing managers who wish to learn or refresh their knowledge of appraisal and performance management.

📅 1 Day

👥 In-House Course

Coaching for Success

Effective coaching can bring out the best in your staff and enable them to achieve more and grow their skills. This course is designed to offer one-to-one training to help learners become more confident and skilled at coaching.

📅 1 Day

👥 In-House Course

Customer Care Skills

This course is designed to provide an overview of customer care and what makes it work effectively. It considers the learner and the impression they give, as well as considering scenarios and looking at how to deal with difficult situations.

📅 1 Day

👥 In-House Course

Recruitment and Selection

This course is designed to offer clear advice on how to recruit and select employees internally or externally. It contains advice on employment law, equal opportunities and the recruitment process, and is ideal for anyone involved in human resources and recruitment for their organisation.

📅 1 Day

👥 In-House Course

Team Leader

Successful team leaders need to learn how to supervise the people they routinely work alongside. It is a difficult transition to make the change from being a team member to being the team leader and this workshop will help to build the knowledge, confidence and skills to do this. The workshop is fast paced, fun and interactive. Your team leaders will leave the course having had the opportunity to review their skill portfolio and with a host of ideas to help them lead their team.

📅 1 Day

👥 In-House Course

Time Management

Not enough hours in the day? In this practical 1-2 day workshop, you will learn valuable tools, tips and techniques in time management as well as learning how to prioritise effectively, find a healthy work/life balance, and rediscover your own approach to your workload.

📅 1 to 2 Days

👥 In-House Course

Train the Trainer

This course is ideally suited to people who are new to the training field or who have had no formal training and would benefit from understanding the training cycle, in particular the design and delivery stages. It will provide a practical introduction to training.

📅 2 Days

👥 In-House Course

Workplace Trainer

This course is designed for anyone charged with the responsibility for on-the-job, one-to-one or small group occupational training of any type, giving them the skills and knowledge they need to teach it confidently. The course combines practical work with a study of the theory and practice of teaching, and a look at the necessary steps for delivering training successfully.

📅 2 Days

👥 In-House Course



MEETING ALL YOUR TRAINING NEEDS

Contact our training team

01530 833533

info@oms.uk.com

oms.uk.com



Approved Centre

ILM Accredited Leadership & Management Training

OMS delivers the most popular leadership and management qualifications on the market, that are now essential to the success of your organisation. By choosing ILM training, employers are choosing the highest possible benchmarks for leadership and management performance. With our range of courses, we offer a clear progression path in management training, with each course designed to be adaptable and appropriate to your own workplace.

ILM Level 2 Leadership and Team Skills

This course gives delegates an Award at Level 2, whilst a Certificate can be achieved with variable training (dependent on the modules chosen). Modules for this programme can be tailored to meet your specific requirements.

Variable

In-House Course

ILM Level 3 Award in Coaching – timescales dependent on units chosen

Our programmes are centered on professional coaching and supervision for introducing coaching in the workplace. Students gain a sound understanding of the role of the coach and good practice in coaching which enables them to plan and organise coaching in their workplace. As they undertake the coaching programme, students use feedback in supervision sessions to reflect on and develop their effectiveness.

Variable

In-House Course

ILM Level 3 Certificate in Effective Management

This qualification is designed to prepare you for your first management role, or, if you are a practising first-line manager, equip you with tools and techniques to help improve your performance and get more from your teams.

Variable

In-House Course

ILM Level 3 Leadership and Management

This qualification is ideal if you have management responsibilities but no formal training, and are serious about developing your abilities. It's particularly suited to practising team leaders seeking to move up to the next level of management, and managers who need to lead people through organisational change, budget cuts or other pressures.

Variable

In-House Course

ILM Level 4 Leadership and Management

This qualification is designed to consolidate your management skills and experience, build knowledge of specialist business areas such as finance and marketing, develop the capabilities and personal awareness you need to be a leader, accredit your experience with nationally recognised qualifications.

Variable

In-House Course

ILM Level 5 Leadership and Management

This qualification is designed for practising middle managers, to develop their skills and improve performance in readiness for senior management responsibilities.

Variable

In-House Course



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Lean Six Sigma

Six Sigma is a globally-recognised, data-driven methodology, that is implemented in businesses to eliminate defects through successive business process improvement. With our range of Lean Six Sigma courses, certified by the CPD, we offer a clear progression path in the Six Sigma journey, with each course designed to be adaptable and appropriate to your own organisation and your own Six Sigma methodology.

Lean Six Sigma—Yellow Belt

This is the first step on the Lean Six Sigma journey and will ground delegates in the fundamentals of the Six Sigma methodology. It is the ideal starting point to learn more about Lean Six Sigma.

The Yellow Belt course is also an ideal preparation if you want to take it to the next level certification as a Green Belt Practitioner. This course has been created for professionals who want to get more familiar with the values of the Lean Six Sigma certification.



2 Days



In-House Course

"Enjoyed this course very much. Extremely helpful for day to day role. Would 100% recommend to colleagues."
David Fletcher, Ibstock Plc

"Great Course and trainer, would recommend to anyone who is looking for this type of training."
David Parker, Ibstock Plc

"Best course ever! I was able to learn key tools to drive & implement successful changes in an organisation!"
Djimadoubaye Noubara, Amazon

Lean Six Sigma—Green Belt

The Lean Six Sigma Green Belt, certified by the CPD, is the second in the Lean Six Sigma Belt sequence, which provides delegates with essential and practical knowledge of Six Sigma and its methodology. This course is delivered over 5 days, followed by a period of up to two days of coaching from our Master Black Belt back in the workplace.

This course has been created for practitioners who wish to be well versed in the core, to advanced, elements of Lean Six Sigma Methodology, who are leading improvement projects or are serving as a team member in a more complex improvement project lead by a Certified Black Belt.

By attaining this Six Sigma certification delegates will know how they can implement each step of Six Sigma DMAIC methodology from root to solve the real-life problems in their company and convert the disorganised environment into a clean and organised working area of the organisation.



5 Days



In-House Course

"Another great course provided by OMS."
Zach Joy, Ibstock Plc

"The Lean Six Sigma Green Belt course was a very good way to improve my managing skills. It also gave me the opportunity to see from another perspective how to handle a project!"
Marie Pachot, Amazon



HELPING YOU DEVELOP YOUR EMPLOYEES

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MHFA England

Mental Health Courses

The course aims to empower both individuals in the workplace and communities to understand the signs and symptoms of mental health issues and how best to support themselves and those around them in recovery. OMS is proud to offer courses that provide an overview of mental health, and for people to become that port of call, which is increasingly vital in a world that encourages mental health discussion.

Mental Health First Aid (England)



By providing skills, knowledge and understanding of first aid for mental health, the Mental Health First Aid (England) course aims to help individuals in the workplace and communities to recognise the signs and symptoms of mental health issues and understand how best to support themselves and those around them in recovery.

The course will:

- Give a deeper understanding of the issues that impact on and relate to people's mental health
- Teach practical skills that can be used every day, including being able to spot the signs and symptoms of mental health issues and feel confident guiding people towards support

Independent research and evaluation shows that taking part in an MHFA course:

- Raises awareness and mental health literacy
- Reduces stigma around mental health
- Boosts knowledge and confidence in dealing with mental health issues
- Promotes early intervention which enables recovery

2 Days Public & In-House Course

CITB funding is available for this course.



"Opened my eyes, excellent."

"Great Course with a great trainer. The real life experiences were very interesting and having a smaller group made the course more intimate."

Mary-Beth Stewart , Erskine Murray Limited

"Brilliant course, everyone should attend!"

Holly Hemsley, A M System Ltd

"I really enjoyed this course & think everyone of any age and position would benefit. Hats off to the trainer, she was a fabulous instructor."

Jordan Reynolds, Amazon

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