

Integrative & Personalised Medicine 25

REGISTER NOW!

19 - 21 **June** 2025 • QEII Centre **London** UK

The future of medicine

Promoting whole-person, patient centred health

The largest meeting of integrative, conventional, functional, lifestyle, complementary and holistic doctors, nutritionists and practitioners in the UK, focusing on whole-person, patient-centred health.

140+
international
Exhibitors

80+ CPD
approved
Workshops

Five
cutting-edge
Conferences



Organised by:

progressive 
communications

In association with:

COLLEGE OF MEDICINE
AND INTEGRATED HEALTH



Register now
ipmcongress.com

whole-person health

CONFERENCE 25

09:00

Welcome from the Conference Chairs



Sir Sam Everington OBE

Pioneering GP / Former Chair, Tower Hamlets Clinical Commissioning Group / Co-Chair, The College of Medicine / UK



Dr Ayan Panja

NHS GP Partner / Author - 'The Health Fix' / Co-creator, Cert LM (Certificate of Lifestyle Medicine) / UK

09:10

WELCOME ADDRESS

Personal Medicine: A New Chapter in Healthcare



Dr Michael Dixon

GP / Co-Chair, College of Medicine / Fellow, Royal College of GPs / Honorary Fellow, Royal College of Physicians / Former Chair, NHS Alliance / Former Co-chair, National Social Prescribing Network / UK

09:25

FIRESIDE CHAT

Dr Vivek Murthy and Dr Michael Dixon In Conversation



Dr Vivek Murthy

19th and 21st Surgeon General of the United States / Author: New York Times Bestseller 'Together: The Healing Power of Human Connection in a Sometimes Lonely World' / USA



Dr Michael Dixon

GP / Co-Chair, College of Medicine / Fellow, Royal College of GPs / Honorary Fellow, Royal College of Physicians / Former Chair, NHS Alliance / Former Co-chair, National Social Prescribing Network / UK

10:00

PANEL DISCUSSION

Tackling Overmedicalisation in Primary Care



Chair: Prof Tony Avery OBE

National Clinical Director, Prescribing, NHS England / GP / Professor, Primary Health Care, University of Nottingham / UK



Dr Simon Opher

GP / Labour MP - Stroud / UK



Dr Ellen Fallows

GP / Vice President, British Society of Lifestyle Medicine / UK



Dr Mark Horowitz

Clinical Research Fellow - Psychiatry, North East London NHS Foundation Trust (NELFT) / Visiting Lecturer - Psychopharmacology, King's College London / Trainee Psychiatrist / UK



Dr Marion Steiner

GP / Chair, Nature and Health Strategy Group, West of England Nature Partnership / Board Member, NCIM / UK



Prof Henrietta Hughes

Patient Safety Commissioner / GP / Visiting Professor, Institute of Medicine, University of Greater Manchester / UK

10:40

COFFEE BREAK

11:10

KEYNOTE

How Your Mind Can Heal Your Body



Dr David Hamilton

Bestselling Author / Speaker - Bridging science and compassion to explore how kindness and the mind-body connection can transform health and wellbeing / UK

CARDIOVASCULAR PARALLEL SESSION

WHITTLE ROOM

Chair: Sir Sam Everington OBE

GP / Co-Chair, College of Medicine / Former Chair, Tower Hamlets Clinical Commissioning Group / UK

11:50

Cardiovascular Health: What Really Contributes to Heart Disease?



Dr Malcolm Kendrick

Retired GP / Writer / Lecturer / Specialist Interest in the Epidemiology of Cardiovascular Disease / UK

12:20

Starting a Metabolic Health Clinic for Stroke Patients in the NHS



Dr Steve James

Consultant, Metabolic Health, UCLH / Consultant, Critical Care, King's College Hospital / UK



Simone Browning

Clinical and Operational Lead, Stroke, North Central London / UK

12:50

Precision Cardiovascular Health: The Good, The Bad and The Misunderstood



Dr Regina Druz

CEO and Founder, Holistic Heart Centers / USA

PUTTING IT INTO PRACTICE PARALLEL SESSION

GIELGUD ROOM

Chair: Dr Elizabeth Thompson

CEO and Integrative Medicine Doctor, National Centre for Integrative Medicine (NCIM) / UK

11:50

Healing Power Of The Arts and The Evidence For It



Prof Helen Chatterjee

Professor of Biology, University College London / UK

12:20

The Power of Health Coaching to Transform 21st Century Healthcare



Dr Rosy Daniel

Founder and Course Director, Health Creation / Executive Health Coach / Holistic Doctor / UK

12:50

Low Carb Provision for Diabetes Remission: A GP and Nutritionists Experience with Group Work through the NHS



Jane Rose-Land

Nutritional Therapist, Nutrition in Norfolk / UK



Dr Pallavi Devulapalli

GP Partner, Vida Healthcare / UK

13:20 LUNCH BREAK



PAIN MANAGEMENT PARALLEL SESSION

WHITTLE ROOM

Chair: Dr Ayan Panja

NHS GP Partner, Author of 'The Health Fix' and Co-creator of Cert LM (Certificate of Lifestyle Medicine), UK

14:20

New, Innovative and Effective Methods for Complex Pain Management and Rehabilitation



Dr David McGavin

GPwSI Pain Management & Rehabilitation, Kairos Rehabilitation Trust / UK

14:45

The Back Pain Epidemic - A Patient Empowering Evidence Based Solution



Dr George Ampat

Consultant Orthopaedic Surgeon, Liverpool University Hospitals / College of Medicine Council Member / Lead - Musculoskeletal Faculty / UK

15:10

Personalising Lifestyle Medicine in Migraine Management: Evidence and Insights from a Neurologist's Clinical Practice



Dr Sui Wong

Consultant Neurologist & Neuro-Ophthalmologist, King's College London, University College London / UK

15:35

Transforming Chronic Pain Management: A Personalised Integrative Approach



Dr Jernej Drobez

CEO and Co-founder, Rapid Pain Relief Ltd / UK

COMPLEMENTARY THERAPIES PARALLEL SESSION

GIELGUD ROOM

Chair: Dr Naveed Akhtar

GP - Special Interests in Minor Surgery, Musculoskeletal Medicine and Mental Health / UK

14:20

How Complementary and Conventional Medicine can Work Together for Better Health



Dr Naveed Akhtar

GP with Special Interests in Minor Surgery, Musculoskeletal Medicine and Mental Health / UK



Dr Mike Cummings

Medical Director - British Medical Acupuncture Society (BMAS)



Dr Chris Etheridge

Chair, British Herbal Medicine Association (BHMA)



Prof Christina Cunliffe

Chartered Biologist and PhD / Fellow, Royal Society of Biology / Fellow, Royal College of Chiropractor



Robert Thomas

Practising Osteopath / Ambassador, BCNO Group (European School of Osteopathy and British College of Osteopathic Medicine)

14:45

How Hypnosis Works Synergistically with other Conventional and Complementary Therapies to Improve Overall Health Outcomes



Freddy Jacquin

Hypnotherapist / Founder, The Jacquin Hypnosis Academy / UK

15:10

Medically Unexplained Symptoms may be Related to the Individual's Underlying Breathing Efficiency



Dr Louise Oliver

NHS GP / Functional Breathing Practitioner / Therapeutic Life Coach / UK

15:35

Not "Just Exercise": Opportunities and Challenges of Providing Yoga to NHS Patients and Healthcare Professionals



Dr Rupal Dave

Consultant Psychiatrist / UK

16:00

COFFEE BREAK

16:30

KEYNOTE

Reversing Ageing Stereotypes: A Mission for Fitness and Healthy Longevity



Sir Muir Gray CBE

MD / Public Health Expert / Authority on Healthcare Systems and Anti-Ageing Advocate / Author / Founding Director, Oxford Centre for Triple Value Healthcare / Director, Optimal Ageing Programme / UK



Angela Rippon

Broadcaster / Writer / Journalist / Ambassador, Care UK's Campaign "The Big Dementia Conversation" / Patron, Old Time Dance Society / UK

17:00

Mini-Movement Break Conscious Dance Medicine



Dr Indika Gunaratne

GP Turned Functional and Lifestyle Medicine Doctor / The 'Joyful Dancing Doctor' / UK

17:15

KEYNOTE

How to Live Longer - Helping to Explain Why Some Sixty-year-olds Look and Feel Like Forty-year-olds!



Dr Dean Ornish

World-renowned Doctor / Educator / Author / Researcher / Columnist / Advisor / Clinical Professor of Medicine, University of California / USA

Join us for a drink ...
Thursday 19 June - 6pm until 7pm

Join us on the exhibition show floor for an hour of networking and refreshments.



Friday 20 June

integrative mental health

CONFERENCE 25

Explore the Workshops programme:
ipmcongress.com/workshops

09:00

Welcome from the Conference Chairs



Kirkland Newman

Founder and Editor, MindHealth360 - A Free Global Resource
for Integrative Mental Health and Functional Medicine Psychiatry /
Host, The MindHealth360 Show / UK



Dr Susanna Petch

GP / Functional Medicine Doctor / Clinical Facilitator /
Expert in Psychological Trauma / UK

09:05

Welcome Address:



Dr Michael Dixon

GP / Co-Chair, College of Medicine / Fellow, Royal College of GPs /
Honorary Fellow, Royal College of Physicians / Former Chair, NHS
Alliance / Former Co-chair, National Social Prescribing Network / UK

09:10

KEYNOTE

The End of Mental Illness: Begins with a Revolution in Brain Health



Dr Daniel Amen

Physician / Adult and Child Psychiatrist / 12-times New York Times
Best-Selling Author / Founder, Amen Clinics and BrainMD / USA

10:00

Combating the Escalating Mental Health Crisis Harming our Adolescents



Dr Debby Hamilton

Integrative & Functional Medicine Pediatrician / Medical Director
& Physician, Holistic Pediatric Consulting / USA

10:30

COFFEE BREAK

11:00

Good Stuff, Bad Stuff - What's Got Into Your Brain?



Dr Jenny Goodman

Medical Doctor / Author / Lecturer / Broadcaster / UK

11:30

A Root Cause Approach to Depression and Anxiety: Improving Outcomes with Genomics



Dr Sharon Hausman-Cohen

CMO, IntellxxDNA / Graduate, Harvard Medical School / Fellow,
American Academy of Family Medicine / Diplomate, American Board
of Integrative Medicine / USA

12:00

Mini Movement Break How Yoga Offers Effective Support in the Symptoms of Anxiety and Depression



Sam Burkey

Interdisciplinary Yoga Therapist / UK

12:15

Understanding the Connection Between Infections, the Immune System and the Brain: Can Infection Trigger Neuropsychiatric Symptoms, and How Can You Know?



Prof Craig Shimasaki

President and CEO, Moleculera Biosciences / USA

12:45

Metabolic Psychiatry: Ketogenic Diet Therapy for Mental Health Conditions



Dr Erin Louise Bellamy

Chartered Psychologist / Metabolic Psychiatry Practitioner /
Researcher / CEO, IKRT Ltd / UK

13:15

LUNCH BREAK

14:15

PANEL DISCUSSION

Bringing Spirituality into Healthcare: Fostering Compassion, Purpose, and Healing for All



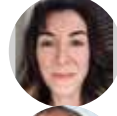
Dr Rani Bora

Visionary Coach / Holistic Psychiatrist / Author / Speaker -
Transforming Lives Through the Paradigm of Mental Wealth / UK



Dr Matt Hawker

Doctor - interest in Lifestyle Medicine and Healthcare
Chaplain / UK



Dr Donna Hutchinson

Integrative Health Specialist GP and Heartmath® Coach / UK



Dr Rosemary Nyabadza

Medical Doctor and Health Coach / UK

14:55

Survival Instincts in the Modern World: Understanding Ancient Fears and Their Impact on Stress and Behaviour



Dr Olivia Lesslar

Functional Medicine Doctor / Longevity Expert / Australia

15:25

COFFEE BREAK

15:55

How to Thrive with Adult ADHD: 7 Pillars for Focus, Productivity and Balance



Dr James Kustow

Consultant Adult Psychiatrist and Adult ADHD Specialist / Medical
Director, The Grove Practice / Author - 'How to Thrive with adult
ADHD - 7 Pillars for Focus, Productivity and Balance' / UK

16:25

KEYNOTE

The Gut-Brain Connection: How the Gut Impacts Our Brains and Moods, and How to Optimise Our Gut for Better Mental Health



Dr Jill Carnahan

Founder, Medical Director, Flatiron Functional Medicine / USA

16:55

KEYNOTE

Reversing Dementia Through Lifestyle Changes



Dr Dean Ornish

World-renowned Doctor / Educator / Author / Researcher /
Columnist, Advisor / Clinical Professor of Medicine, University
of California / USA

Friday 20 June

integrative oncology CONFERENCE 25

Register now:
ipmcongress.com

09:00

Welcome from the Conference Chairs



Dr Elizabeth Thompson

CEO and Integrative Medicine Doctor,
National Centre for Integrative Medicine (NCIM) / UK



Dr Catherine Zollman

GP / Lead Integrative Doctor, Penny Brohn / UK

09:05

My Journey with Integrative Oncology



Dr Penny Kechagioglou

Consultant Clinical Oncologist / Chief Clinical Information Officer /
Deputy Chief Medical Officer UHCW / UKHCA Health Coach / UK

09:15

KEYNOTE

How Fasting and Nutritechnology are Creating a Revolution in Cancer Prevention and Treatment



Prof Valter Longo

Director, Longevity Institute USC / Multiple Award Winning
Researcher on Ageing / Best Selling Author - 'The Longevity Diet' /
'Time Magazine' One of the 50 Most Influential People in Health
for his Research on Fasting-mimicking Diets / USA

09:55

The Value and Limitations of an NHS Integrative Oncology Service



Prof Robert Thomas

Consultant Oncologist, Bedford and Addenbrooke's Hospitals /
Head, Integrative Oncology, Royal London Hospital for Integrated
Medicine / Professor of Exercise and Nutritional Science,
University of Bedfordshire / Author of 'How to Live' / UK

10:25

Innovating Cancer Care: Integrative Oncology in France – A Pioneering Approach and New Perspectives



Dr Jean-Lionel Bagot

Head, Department of Integrative Health / France

10:55

COFFEE BREAK

11:25

Engineering the Microbiome: A New Frontier in Cancer Treatment



Dr James Kinross

Associate Professor of Surgery, Imperial College London / Head,
Colorectal Surgery, Imperial NHS Trust / Researcher with more
than 200 Peer Reviewed Papers / Author - 'Dark Matter: The New
Science of the Microbiome' / UK

11:55

Movement Oncology: Revolutionising Cancer Care Through Exercise Therapy



Darryl Edwards

Movement and Lifestyle Medicine Health Coach / Founder,
Primal Play Method / UK

12:25

Integrative Oncology on a Budget - Using Accessible and Affordable Tools and Strategies



Dr Wafaa Abdel-Hadi

Clinical Oncologist / Functional Medicine Doctor / International
Speaker / Researcher / Founder, AWARE Clinic / Egypt

12:55

LUNCH BREAK

13:55

Ayurveda and the Exceptional Cancer Patient: A Clinical Framework and Case Study



Dr Sam Watts

Clinician of Ayurvedic and Natural Medicine / Western Trained
Cancer Researcher / Director, Mind-Body Medical / Author / UK

14:25

Mistletoe - A Light of Hope in Integrative Oncology



Dr Nasha Winters

Naturopathic Doctor / Fellow, American Board of Naturopathic
Oncology / Author in Integrative Cancer Care and Research / USA

14:55

Fungal Compounds Emerge as Natural Immunoadjuvants for Cancer



Catalina Fernandez de Ana Portela

CEO & Founder, Hifas de Terra, Spain

15:25

COFFEE BREAK

15:55

PANEL DISCUSSION

Healing Beyond the Physical: Addressing the Psychospiritual Needs of Cancer Patients with Psychedelic Medicine



Chair: Dr Catherine Zollman

GP / Lead Integrative Doctor, Penny Brohn / UK



Prof Jo Neill

Professor of Psychopharmacology,
University of Manchester / UK



Helen Spencer

Breathwork Practitioner / Supporting her Cancer
diagnosis through Integrative Medicine / UK

16:25

Integrating The Whole 360 Approach to a Patients Journey



Jo Gamble

Nutritional Therapist / Functional Medicine Practitioner /
Fellow in Integrative Oncology / UK



Julia Bradbury

TV Presenter / Bestselling Author / Health & Nature
Advocate / Cancer Thriver / UK

16:55

PANEL DISCUSSION

Reflections on Future Directions for Integrative Oncology



Chair: Dr Penny Kechagioglou

Consultant Clinical Oncologist / Chief Clinical Information
Officer / Deputy Chief Medical Officer UHCW / UKHCA
Health Coach / UK



Dr Catherine Zollman

GP / Lead Integrative Doctor, Penny Brohn / UK



Mark Sean Taylor

Founder Patient Led Oncology

Dr Wafaa Abdel-Hadi

Clinical Oncologist / Functional Medicine Doctor / International
Speaker / Researcher / Founder, AWARE Clinic / Egypt

Saturday 21 June

food^{on} prescription⁺

CONFERENCE 25

Keep up to date with the event:
ipmcongress.com/join-our-mailing-list

09:00

Welcome from the Conference Chairs



Julia Bradbury

TV Presenter / Bestselling Author / Health & Nature Advocate / Cancer Thriver / UK



Toral Shah

Nutritional Scientist / Integrative Oncology Practitioner / Breast Cancer Survivor / Speaker / Educator / Advocate for Cancer Prevention, Longevity, and Health Equity / UK

09:05

Welcome Address:



Dr Michael Dixon

GP / Co-Chair, College of Medicine / Fellow, Royal College of GPs / Honorary Fellow, Royal College of Physicians / Former Chair, NHS Alliance / Former Co-chair, National Social Prescribing Network / UK

09:10

KEYNOTE

Ultraprocessed Food: Addictive, Toxic, and Ready for Regulation



Dr Robert Lustig

Emeritus Professor of Pediatrics, UCSF / New York Times Bestselling Author - Fat Chance: The Bitter Truth About Sugar; The Hacking of the American Mind; and Metabolical: How Processed Food Poisons People and the Planet / USA

10:00

The Growing Epidemic of Ultra Processed Food Addiction



Dr Jen Unwin

Consultant Clinical Health Psychologist / Prominent Expert - Field of Food Addiction / UK

10:30

Tackling the Issue of Food Poverty and Childhood Nutrition at a Grassroots Level



Dr James Fleming

GP / Director, Green Dreams Project CIC / UK

10:50

COFFEE BREAK

11:20

KEYNOTE

Nutrition Strategies for Optimising Gut Health



Dr Megan Rossi

World-leading Gut Health Scientist / Registered Dietitian & Nutritionist / AKA 'The Gut Health Doctor' / UK

12:05

Nourishing Neuroplasticity: Optimising the Gut-Brain Axis Through Plant-Based Nutrition



Dr Monisha Bhanote

Medical Director / Founder, WELLKULÀ / USA

12:35

An Integrative Approach to the Management of Reflux and Successful Deprescribing of PPIs



Deborah Grayson

Pharmacist / Nutritional Therapist / UK

13:00

In recognition of the International Day of Yoga



Heather Mason

Founder, The Mindful Institute / UK

13:05

LUNCH

14:05

Food Sensitivities, Environmental Toxins and the Development of Autoimmune Diseases



Dr Tom O'Bryan

Founder, TheDr.com / USA

14:35

Nutritional Insufficiencies and Food Intolerances in Children/Adults with ADHD and Neurodivergence



Dr Rachel Gow

Nutritional Neuroscience / NeuroPsychologist / ADHD Researcher and Expert / Registered Nutritionist / Lecturer in Psychology, St Mary's University / Author - Smart Foods for ADHD and Brain Health / UK

15:00

Dietary Strategies for IBS: A Personalised Approach



Christine Bailey

Registered Performance Nutritionist / CEO Advance Nutrition Ltd / UK

15:25

Mini Session - The Power of Breathwork



Sophie Trew

Co-Founder, Trew Fields Festival and Trew Health Community / Breathwork Practitioner / Mind- Body Coach / Meditation Guide / UK

15:40

PANEL DISCUSSION

The Healing Power of Food: Wisdom from Around the World



Chair: Toral Shah

Nutritional Scientist, / Integrative Oncology Practitioner / Breast Cancer Survivor / Speaker / Educator / Advocate for Cancer Prevention, Longevity, and Health Equity / UK



Dr Sandy Rhee

Course Director, Culinary Medicine, Midwestern University, Chicago College of Osteopathic Medicine / USA



Dr Geeta Maker-Clark

Director, Integrative Nutrition and Advocacy, Endeavor Health / Co-Director Culinary Medicine, University of Chicago / USA

16:30

KEYNOTE

The Secrets of Longevity, Health and Happiness to Life



Dan Buettner

National Geographic Explorer / Emmy Award-winning Producer / Multiple New York Times Bestselling Author / USA

Saturday 21 June

advanced practitioner CONFERENCE 25

Register now:
ipmcongress.com

09:00

Welcome from the Conference Chairs



Dr Indra Barathan

Medically Trained Doctor / Functional Medicine Practitioner / President, BCFM / UK



Meleni Aldridge

Clinical Psychoneuroimmunologist / Functional Medicine Practitioner / Metabolic Balance Coach & Executive Coordinator, ANH International / UK

09:05

Improving Healthspan: The Scientific Discoveries that are Changing the Way We Think About Ageing



Nichola Conlon

Molecular Biologist specialising in the study of cellular aging / CEO Nuchido, UK

09:35

Biological Age Through DNA Methylation



Dr Steve Horvath

Principal Investigator, Altos Labs Cambridge Institute of Science / USA

10:25

Reversing Biological Age: A Real-World Study on Epigenetics and Ageing



Dr Denise Furness

Geneticist and Nutritionist / CSO and Founder, Your Genes & Nutrition / Australia

11:15

COFFEE BREAK

11:50

Nucleotides and Ageing - Nucleotides' Role in DNA Synthesis, Repair, and Telomere Maintenance. Who Is Missing This Critical Micronutrient?



Dr Peter Koeppel PhD

PKN AG, Bülach / Switzerland



Robert Verkerk PhD

Founder, Executive & Scientific Director, Alliance for Natural Health International / USA

12:40

We Have Agency and Purpose; Our Genes Don't



Dr Leo Pruimboom

Founder, Clinical Psychoneuroimmunology and the Intermittent Living Concept / PhD, University of Groningen, Faculty of Medicine / Netherlands

13:30

LUNCH

14:30

A Personalised, Precision Approach to Longevity Utilising Integrative Medicine



Dr Mark Menolascino

Medical Director, Meno Clinic / Board Certified: Internal Medicine Specialist; Holistic Medicine; Advanced Hormone Management and Anti-Ageing Medicine / USA

15:20

Resilience and Longevity: How to Future-Proof Your Health in a Toxic World



Dr Jill Carnahan

Founder, Medical Director, Flatiron Functional Medicine / USA

16:10

Closing Remarks - Functional Insights for Clinical Impact on Healthspan and Longevity



Dr Indra Barathan

Medically Trained Doctor / Functional Medicine Practitioner / President, BCFM / UK



Meleni Aldridge

Clinical Psychoneuroimmunologist / Functional Medicine Practitioner / Metabolic Balance Coach & Executive Coordinator, ANH International / UK

MOVEMENT BREAK

WHITTLE ROOM

16:30

KEYNOTE

The Secrets of Longevity, Health and Happiness to Life



Dan Buettner

National Geographic Explorer / Emmy Award-winning Producer / Multiple New York Times Bestselling Author / USA

Download the **Whova App** and make the most of your experience at the congress

 ipmcongress.com/whova



- Browse the agenda and create a personalised agenda
- View exhibitors and take advantage of promotional offers
- Connect with speakers, exhibitors and attendees
- Join the discussion on the community board

When you download the App, you will be asked if you would like to make your profile visible to allow you to network with others. You can amend this at any time by selecting 'Profile Visibility' under Settings.



Join 2,500+ healthcare professionals at the IPM congress, incorporating five cutting-edge **conferences**, an international **exhibition** of 140+ exhibitors and 80+ CPD approved **workshops** designed for healthcare professionals who are interested in taking a whole-person, patient-centred approach to health.

Taking place at the prestigious QEII Centre in the heart of London, the congress welcomes healthcare professionals from a range of modalities including integrative, functional, lifestyle, environmental, complementary and holistic medicine.

By sharing clinical experience, knowledge and ideas, doctors, therapists and practitioners will gain a greater understanding that a multi-disciplinary team and whole-person approach can provide the patient with the best possible outcomes.

International Exhibition

Running alongside is an exhibition of 140+ companies from across the globe. Leading international companies empowering integrative healthcare professionals with tools for whole-person, patient-centred care, will showcase their latest products and services.

80+ CPD approved Workshops

Taking place in three parallel tracks back-to-back over the three days plus a full day of health coaching conversations hosted by the UKIHCA, the workshops are open to all and available on a first come, first served basis.

Topics include:

- Acupuncture
- Artificial Intelligence
- Brain Health
- Cardiovascular Health
- Complementary Therapy
- Diagnostic Testing
- Education & Training
- Genetics
- Gut Health
- Health Coaching
- Health Tech
- Herbal Medicine
- Integrative Oncology
- Ketogenic Solutions
- Longevity
- Mental Health
- Metabolic Health
- Microbiome
- Mycotherapy
- Mycotoxin
- Nutraceuticals
- Nutrigenomics
- Oral Health
- Paediatric Health
- Planetary Health
- Research
- Skin Health
- Somatic Therapy
- Viral Infections
- Women's Health



Register now:
ipmcongress.com

Five cutting-edge Conferences:

Over three days, highly acclaimed healthcare professionals from across the globe will present evidence-based research and case studies during five cutting-edge conferences:



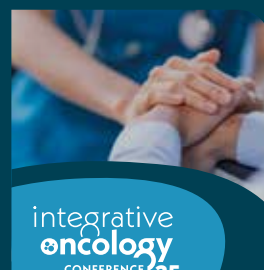
Thursday 19th June

Be inspired by some of the most cutting-edge research in precision and personalised medicine and learn from highly-acclaimed experts who are already putting in to practice a more rewarding whole systems approach to healthcare.



Friday 20th June

This much needed conference will explore the evidence and benefits of this rapidly emerging approach to dealing with brain and mental health. Hear from experts presenting the latest research and clinical applications.



Friday 20th June

NEW FOR 2025! Oncologists, doctors, nutritionists, scientists and patients will share their first-hand knowledge on the science and evidence behind the benefits of taking an integrative approach to cancer care.



Saturday 21st June

The seventh outing for the College of Medicine's annual food conference that discusses and debates the impact of nutrition and how food is linked to disease and what we can do to improve the health of our communities.



Saturday 21st June

Catering to the advanced practitioner presenting you with scientific rigour and evidence on the latest in functional medicine. Demonstrating clinical translational research that takes you from the bench to the bedside.