



UK & INTERNATIONAL
HEALTH COACHING ASSOCIATION

Advancing Professionalism in Health Coaching: the time is **NOW!**

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“One conversation - just one - can change

the trajectory of someone’s life.”





CHALLENGE:
Inconsistency

CHALLENGE:
Invisibility

CHALLENGE:
Uncertainty

UKIHCA: The journey begins...

2018:

- *1st in World – UKHCA (UK & Ireland)*

2019:

- *1st Standards for Health Coaching Education & Training*
- *Defined Scope of Practice for Health Coaching*

2020: Founder Member, GWI Wellness Coaching Initiative

2021:

- *UKIHCA Directory of Health Coaches*
- *New Education & Training Approvals Process*
- *Criteria for Full & Student Membership*
- *Affiliate Membership Launch*
- *Professional & Business Development Webinar Programme (Ongoing)*
- *Finalist, Association of Executives' Awards*

2022:

- *Guide to Health & Wellness Coaching (2022–2025)*
- *Revised Standards & Education Materials*
- *CPD Introduced*
- *4-Year Celebratory Conference*
- *TEAM UKIHCA @ IPM Conference*

UKIHCA: The journey continues...

2023:

- *Portfolio Route > Full Membership*
- *Online Careers Fair*
- *Find Your Healthy Campaign*
- *Strategic Partnership: Singapore Society of Behavioural Science*
- *Policy Influence: Calls for Evidence (DHSC)*

2024:

- *Professional Standard: Whole-Health & Wellbeing Coaching*
- *Scope of Practice Discussion Paper*
- *Register of Professional Health Coaches*
- *Mentoring Programme Launch*
- *PSA Accreditation – Commenced*
- *Wall to Wall Conversations & Exhibition at IPM*
- *Evex Launch: Doctor Health Coaches (Georgia, EU)*
- *MOU Signed with CIMSPA*

2025-26:

- *Practitioner Membership Launch*
- *1st Work-Based Pathway: Peak Health*
- *Representation on BSIO Council*
- *Advanced Standards: Cancer & Pain Management*
- *Supervision Requirement Introduced (2026)*



Our invitation...



Beyond a role... to advancing a profession



A **thriving** profession at the **heart** of health



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