



The Need for More Connection and Love in Healthcare

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Professor Paul Dieppe BSc, MD, FRCP, FFPH

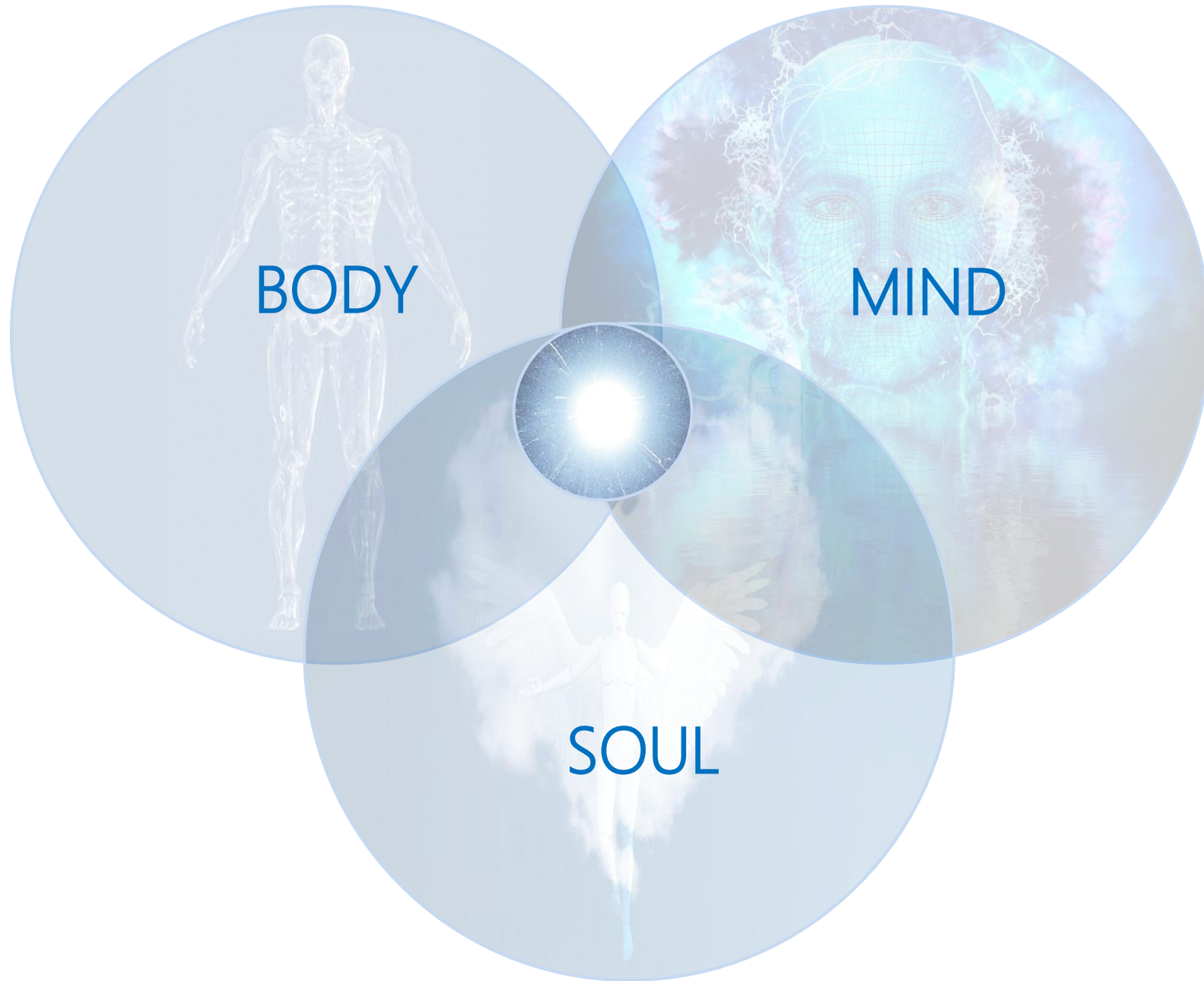
Su Mason PhD, B Nurs



Healing literally means:
*'To become **WHOLE**'*

Etymonline.co.uk

3-fold nature of man



Professor Paul Dieppe
BSc, MD, FRCP, FFPH



I went into medicine thinking it would be about
caring for people

I soon discovered it was just about science

But the science was successful and seductive, and I
was soon fully 'enculturated' into it

I became a specialist (*someone who only knows about one part of the body, and usually knows nothing about people*)

And I became an academic (*someone who does scientific research and teaches others that science is the answer to all illness*)

I was seen as a 'successful' doctor and was made a professor

Then, in my mid-40s, I was taken hostage as part of Saddam Hussein's 'human shield' in Kuwait and Iraq

Whilst there I had some amazing spiritual experiences that changed me

I now *knew* that we are not isolated 'pieces of meat' with the illusion of consciousness, produced by the brain (Dennett et al).

I realised that all living things are connected, and are the expression of some other, amazing principle, something we might call love

So, I started to re-educate myself, delving into understandings of the world that are not based on our current materialistic paradigm alone

I could no longer practice as a simple 'body mechanic', but got a research job that allowed me to explore phenomena like the placebo effect, and then healing

And I slowly came to understand that what patients
needed was for me to just to 'be there' for them,
with love and compassion

I have absolutely no idea what is going on, or what healing is, or how it works. But I know that we need to work with healing as well as science, and with the soul as well as the mind/body

My profession needs to respect, work with, and learn from healers. From people like the next two speakers

Thank you



Su Mason
PhD, B Nurs



Energy Healing

*Love is the ultimate healer. Without love,
nothing lives. With love, all things thrive.*

Cohen, Alan. *A Course in Miracles Made Easy*. Hay House Inc. 2015

Research on the effectiveness of Energy Healing

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- Lee RT, Kingstone, T, Roberts L, Edwards S, Soundy A, Shah PR, Haque MS, Singh S. A pragmatic randomised controlled trial of healing therapy in a gastroenterology outpatient setting. *European Journal of Integrative Medicine* 2017;9:110-119
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Near Death Experiences (NDEs)

- Alexander, Eben. *Proof of Heaven – A Neurosurgeon's Journey into the Afterlife*. Piatkus. 2012
- Kason, Yvonne. *Touched by the Light – Exploring spiritually transformative experiences*. Dundurn Press 2019
- Kelley, Mira. *Beyond Past Lives*. Hay House Inc. 2014
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- Weiss, Brian. *Many Lives, Many Masters*. Grand Central Publishing, New York 1996

NDE Experiencers say:

Unconditional Love is who we are and that our real
essence is spiritual

We are of Source energy which is Unconditional
Love



How to acknowledge our spirituality in Healthcare?

- Nurture our own spiritual nature so we energetically radiate out Unconditional Love. Clients will feel that we are there for them at the deepest level.
- Bring conversations to the spiritual. Ask, not just 'How do you feel?' but 'How do you feel IN yourself?'
- Design spaces in healthcare environments for people to experience stillness and spiritual exploration.





Unconditional Love in Healthcare

Unconditional Love
powerfully and positively
transforms.

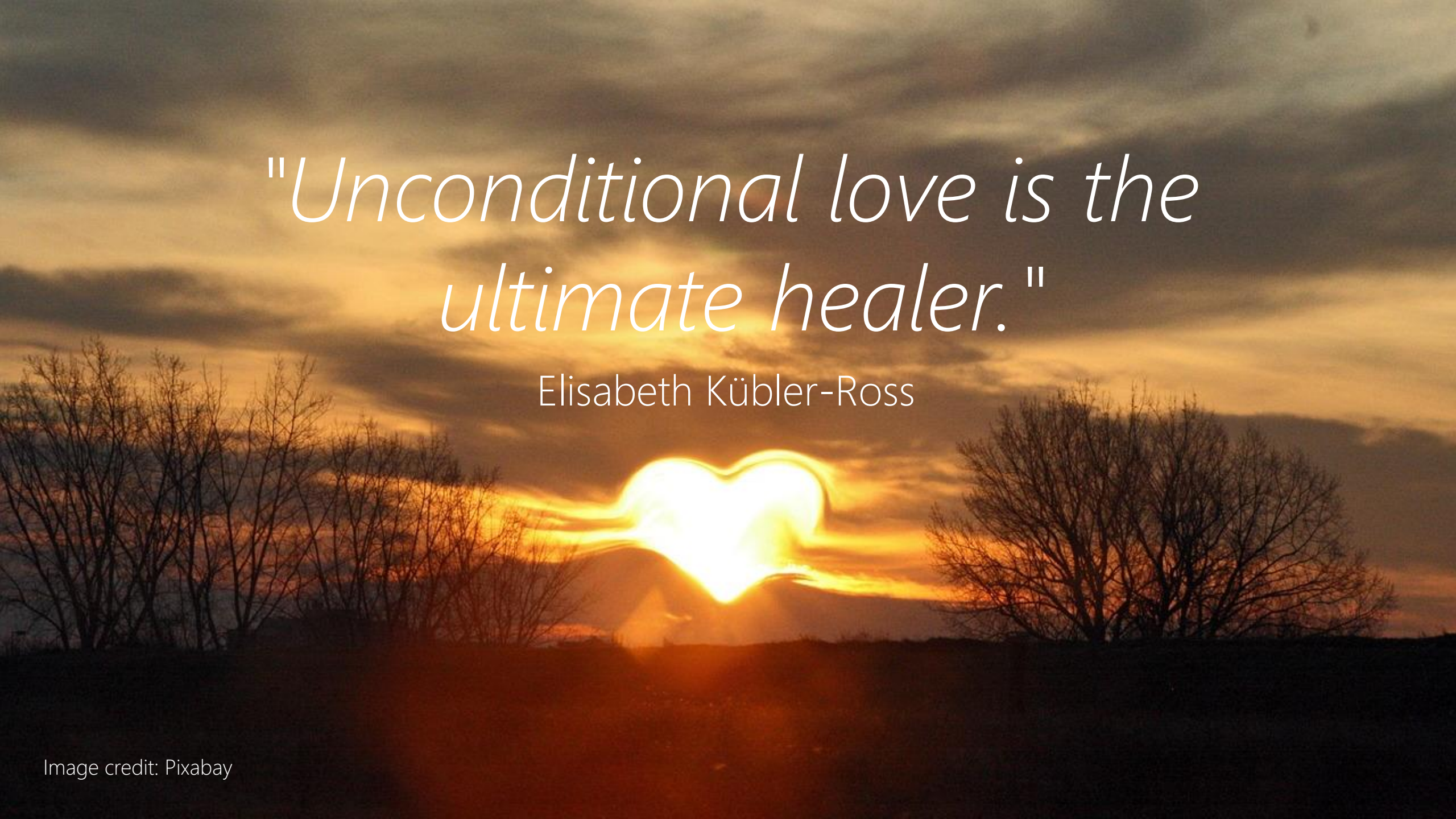
Let's not be afraid of Being
Love and acknowledging its
role in a healthy life and in
truly supportive healthcare.

Liz Butler
MSc, Dip ION



Our heart – 'Master Connector'



A sunset scene with a heart-shaped cloud formation. The sun is low on the horizon, creating a bright, glowing heart shape in the sky. The sky is filled with soft, orange and yellow clouds. In the foreground, there are silhouettes of bare trees and a dark, flat landscape.

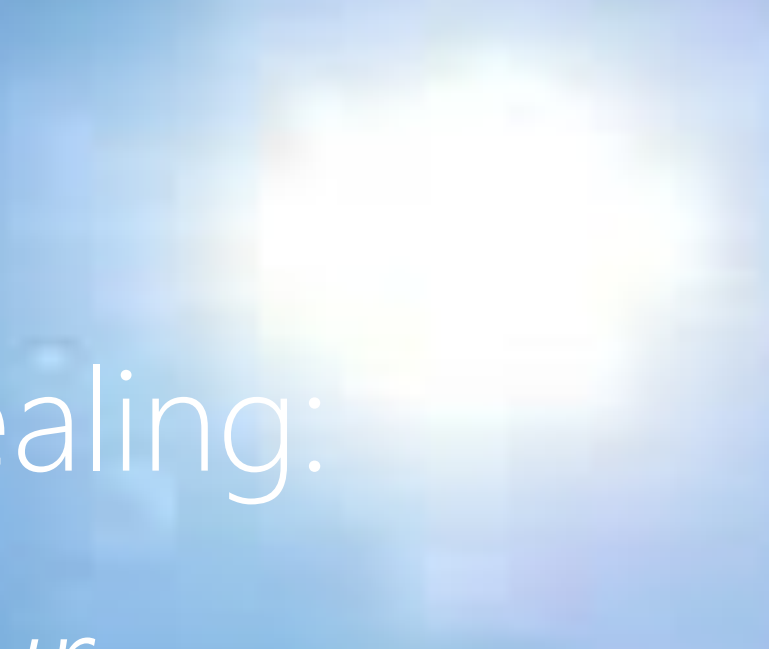
*"Unconditional love is the
ultimate healer."*

Elisabeth Kübler-Ross





People who feel loved, supported, and socially connected tend to have better health outcomes and, in many situations, recover more effectively from illness than people who are socially isolated.



Truest meaning of healing:

*'To remember our
WHOLENESS'*



SS

*"The most
important
medicine is
tender love
and care."*

Mother Teresa

Thank you

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