

# Integrative & Personalised Medicine 26

18 - 20 June 2026 • QEII Centre London UK

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CONFERENCE 26



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# Integrative & Personalised Medicine 26

In just five years, the IPM Congress has become **Europe's leading forum** for advancing whole-person, patient-centred healthcare.

**Join over 3,000** clinicians, researchers, and thought leaders from **50+ countries** for the most impactful three days in integrative medicine.

## Why you must attend:

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## Who Should Attend

- Medical Doctors / GPs
- NHS Consultants
- Nutritionists / Naturopaths
- Complementary Therapists
- Herbalists
- Health Coaches
- Nurses
- Dentists
- Researchers / Academics
- Psychiatrists / Psychologists / Mental Health Experts
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## Five cutting-edge Conferences:

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Over three days, highly acclaimed healthcare professionals from across the globe will present evidence-based research and case studies during five cutting-edge conferences:



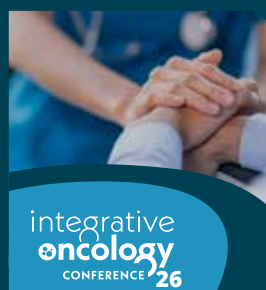
### Thursday 18th June

Be inspired by some of the most cutting-edge research in precision and personalised medicine and learn from highly-acclaimed experts who are already putting in to practice a more rewarding whole systems approach to healthcare.



### Friday 19th June

This much needed conference will explore the evidence and benefits of this rapidly emerging approach to dealing with brain and mental health. Hear from experts presenting the latest research and clinical applications.



### Friday 19th June

Oncologists, doctors, nutritionists, scientists and patients will share their first-hand knowledge on the science and evidence behind the benefits of taking an integrative approach to cancer care.



### Saturday 20th June

The seventh outing for the College of Medicine's annual food conference that discusses and debates the impact of nutrition and how food is linked to disease and what we can do to improve the health of our communities.



### Saturday 20th June

Catering to the advanced practitioner presenting you with scientific rigour and evidence on the latest in functional medicine. Demonstrating clinical translational research that takes you from the bench to the bedside.

### 9:00 Welcome from the Conference Chairs



#### Sir Sam Everington OBE

Pioneering GP / Former Chair, Tower Hamlets Clinical Commissioning Group / Co-Chair, The College of Medicine / UK



#### Dr Elizabeth Thompson

Integrative Medicine Doctor / Podcaster / CEO, National Centre for Integrative Medicine (NCIM) / UK

### 9:10 Welcome



#### Dr Michael Dixon

GP / Co-Chair, The College of Medicine / Fellow, Royal College of GPs / Honorary Fellow, Royal College of Physicians / Former Chair, NHS Alliance / Former Co-chair, National Social Prescribing Network / UK

### 9:20 KEYNOTE

#### Whole Health: An Evidence-Based Approach to Preventing Chronic Disease



#### Dr Rangan Chatterjee

Doctor / Best Selling Author / BBC Radio & TV Presenter / Podcaster / UK

### 9:50 FIRESIDE CHAT

#### In Conversation



#### Prof Chris Whitty

Chief Medical Officer (CMO) for England / UK Government's Chief Medical Adviser / Head, Public Health Profession / UK



#### Dr Michael Dixon

GP / Co-Chair, The College of Medicine / Fellow, Royal College of GPs / Honorary Fellow, Royal College of Physicians / Former Chair, NHS Alliance / Former Co-chair, National Social Prescribing Network / UK

### 10:20 PANEL

#### Beyond Pills: Tackling Polypharmacy in an Ageing Population



#### Chair: Dr Simon Opher MP

Chair, Beyond Pills All-Party Parliamentary Group / GP for 30 years / Labour MP for Stroud / UK



#### Dr Lucy Pollock

Geriatrician / Best Selling Author / UK



#### Dr Hussain Al-Zubaidi

Lifestyle GP / TV Doctor / Public Speaker / Health Coach / Personal Trainer / Triathlete / UK



#### Dr Bogdan Chiva Giurca

Clinical and Global Director, National Academy for Social Prescribing / Director, World Health Organisation Collaborating Centre for Social Prescribing / Council Member, The College of Medicine / UK



#### Prof Deborah Swinglehurst

Professor of Primary Care, Wolfson Institute of Population Health, Queen Mary University of London / UK



#### Clare Howard

Pharmacist & Clinical Lead, Medicines Optimisation, Health Innovation Wessex - Championing Better and Safer Care for Older People Taking Multiple Medicines / UK



#### Dr Sion Scott

Associate Professor - Behavioural and Implementation Sciences, University of East Anglia / Pharmacist, Norfolk and Norwich University Hospitals NHS Foundation Trust / UK

### 11:00 COFFEE BREAK

### 11:40 AWE-some: How Music Can Make Us Well



#### Dr Indre Viskontas

Neuroscientist / Musician / Associate Professor - Psychology | Director, Creative Brain Lab, University of San Francisco / USA

### 12:10 Prescribing Nature: Evidence, Impact and Opportunity



#### Prof Baroness Kathy Willis

Professor - Biodiversity, Department of Biology | Principal, St Edmund Hall, University of Oxford / Crossbench Peer, House of Lords / UK

### 12:40 Breath, Body and Biochemistry: Unlocking Whole-Person Health Through Functional Breathing



#### Patrick McKeown

Founder, Buteyko Clinic International and Oxygen Advantage / Author / Breathwork Expert / UK

### 13:10 LUNCH BREAK

### 14:20 PANEL The Hormone Whisperers: Adolescence as the Foundation of Women's Health



#### Dr Lara Briden

Naturopathic Doctor / Best Selling Author / New Zealand



#### Dr Nicky Keay

Medical Doctor / Author - specialist expertise in the field of exercise endocrinology



#### Tanya Borowski

Nutritional Therapist / IFM Certified Practitioner, Women's Health Expert / UK

### 15:00 PANEL

#### Rethinking Children's Health: Integrative Approaches in Paediatric Care



#### Chair: Dr Elizabeth Thompson

Integrative Medicine Doctor / Podcaster / CEO, NCIM / UK



#### Dr Venita Patel

Paediatrician / Nutritional Therapist / Health Via Nutrition / UK



#### Dr Judit Wesseling

Clinical Paediatrician - Certified in General Paediatrics and Lifestyle Medicine, Rijnstate Hospital / Netherlands



#### Dr Ines von Rosenstiel

Paediatrician / Internationally Recognised Pioneer in Integrative Medicine / Netherlands

### 15:40 COFFEE BREAK

### 16:20 PANEL Healthy UK - A New Force to Improve the Nation's Health



#### Chair: Dr William Bird MBE

GP / CEO and Founder, Intelligent Health / Honorary Professor, University of Exeter / UK



#### Lord Nigel Crisp

Former Chief Executive, NHS England / Co-Chair, APPG, Global Health / UK



#### Dr Minal Bakhai

GP / Director, Primary and Community Transformation and Improvement (PCTI) / SRO, National Neighbourhood Implementation Programme / UK



#### Siân Brand

Chair Social Prescribing Network (hosted by CoM) / UK



#### Dr Fiona Butler

GP / Clinical Director, Brompton Health Primary Care Network / Chair, West London GP Federation (LMA) / UK

### 17:00 PANEL

#### The Great Reconnection: Restoring the Web of Human Health



#### Chair: James Maskell

Founder & CEO, Evolution of Medicine & the Functional Forum / Author - 'The Community Cure' / USA



#### Dr Rangan Chatterjee

Doctor / Best Selling Author / BBC Radio & TV Presenter / Podcaster / UK



#### Dr Robert Lustig

Emeritus Professor - Paediatrics, UCSF / USA



#### Dr Indre Viskontas

Neuroscientist / Musician / Associate Professor - Psychology | Director, Creative Brain Lab, University of San Francisco / USA

# integrative mental health

## CONFERENCE 26

# Friday 19 June

### 9:00 Welcome from the Conference Chairs



#### Kirkland Newman

Founder and Editor, MindHealth360 /  
Host, The MindHealth360 Show / UK



#### Dr William Bird MBE

GP / CEO and Founder, Intelligent Health /  
Honorary Professor, The University of Exeter / UK

### 9:10 Welcome



#### Dr Michael Dixon

GP / Co-Chair, The College of Medicine / Fellow, Royal College of GPs  
/Honorary Fellow, Royal College of Physicians / Former Chair, NHS  
Alliance / Former Co-chair, National Social Prescribing Network / UK

### 9:15 KEYNOTE



#### How Immunity Impacts Mental Health and Clinical Application

#### Dr Datis Kharrazian

Founder, Kharrazian Institute / Harvard Medical School-trained Clinical  
Research Scientist / USA

### 10:05 Why the Brain Cannot Heal: Limbic Lock, Chronic Fight-or-Flight and Treatment Resistance



#### Dr Eboni Cornish

Integrative and Functional Medicine Physician / Associate Medical  
Director, Amen Clinics / USA

### 10:45 COFFEE BREAK

### 11:25 Hormones, the Brain and the Path to Emotional Balance for Women: An Integrative Approach



#### Dr Felice Gersh

OB/GYN and Integrative Medicine Physician / Globally-recognised Expert  
on Women's Hormones, Gut Microbiome and Circadian Rhythm / USA

### 12:05 PANEL



#### Healing the Healers: Nature-Based Approaches to Healthcare Professional Wellbeing



#### Julia Bradbury

TV Presenter / Best Selling Author / Health & Nature Advocate / UK



#### Dr Lucy Loveday

Co-CEO, Resilient Young Minds CIC / GP / Senior NHS Educator /  
Associate Dean, Faculty Development, Innovation & Performance,  
NHS England Southwest School of Primary Care / UK



#### Ian Boyd

Chief Executive, Mind Over Mountains / UK



#### Jen Morgan

Co-Lead, Out in the Field Nature Retreats / Head, System Wide Change,  
Q Community, NHS Alliance / UK

### 12:45 LUNCH BREAK

### 13:55 Parkinson's: A Preventable Disease



#### Dr Ray Dorsey

Director, Center for Brain & Environment, Atria Health and Research  
Institute / USA

### 14:35 From Control to Connection: A Whole-Mind-Body Approach to Nutrition and Self-Kindness in ADHD



#### Dr Miguel Toribio-Mateas

Clinical Neuroscientist / Author / UK

### 15:05 Reversing Cognitive Decline: Groundbreaking Results from a Randomised Controlled Trial of Precision Medicine in Alzheimer's Disease



#### Dr Kat Toups

MD / DFAPA / IFMCP / Lead Investigator -  
Evanthea Dementia Reversal Trial / USA

### 15:45 COFFEE BREAK

### 16:20 The New Paradigm of Psychedelic Medicine



#### Dr Scott Shannon

Psychiatrist / Researcher / Author / Teacher / USA

### 17:00 KEYNOTE

#### The "Integration" of Integrative Mental Health: A Systems View of the Fully Relational and Embodied Mind



#### Dr Dan Siegel

Co-Founder, Mind Your Brain / Founder and Director, Education at the  
Mindsight Institute / Founding Co-Director, Mindful Awareness Research  
Center, UCLA / USA



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products, clinical services and suppliers,  
**all under one roof** alongside at IPM26.

9:00 **Welcome from the Conference Chairs**



**Dr Catherine Zollman**  
GP / Lead Integrative Doctor, Penny Brohn / UK



**Aga Kehinde**  
Clinical Nurse / Cancer Educator / Therapeutic Coach / UK

9:10 **PANEL**  
**The Benefits of Integrative and Lifestyle Medicine in Everyday Clinical Practice**



**Chair: Aga Kehinde**  
Clinical Nurse, Cancer Educator, Therapeutic Coach / UK



**Prof Robert Thomas**  
Consultant Oncologist, Bedford and Addenbrooke's Hospitals / Head, Integrative Oncology, Royal London Hospital for Integrated Medicine / Professor - Exercise and Nutritional Science, University of Bedfordshire / Author - "How to Live" / UK



**Dr Tasha Gandamihardja**  
Consultant Oncoplastic Breast Surgeon / Redefining Cancer Survivorship / UK



**Maria Vega**  
Senior Oncology Clinical Nurse Specialist / UK

9:50 **PANEL**  
**Managing Drug Nutrient Interactions in Oncology: A Multidisciplinary Perspective**



**Chair: Dr Catherine Zollman**  
GP / Lead Integrative Doctor, Penny Brohn / UK



**Prof Robert Thomas**  
Consultant Oncologist, Bedford and Addenbrooke's Hospitals / Head, Integrative Oncology, Royal London Hospital for Integrated Medicine / Professor - Exercise and Nutritional Science, University of Bedfordshire / Author - "How to Live" / UK



**Bobby Sira**  
Integrative Oncology Specialist Pharmacist / Ayurveda & Yoga Therapy Practitioner / Founder, PharmAveda / UK



**Toral Shah**  
Nutritional Scientist (MSc Nutr Med) / Integrative Oncology Practitioner / Speaker / Educator / Researcher / Advocate / Writer / UK



**Titilayo Alagbe**  
BPharm / ClinDipPharm: Head of Clinical and Pharmacy Operations Lloyds Clinical / UK

10:30 COFFEE BREAK

11:00 **Precision Exercise Assessment and Prescription within Integrative Oncology**



**Prof Robert Newton**  
Professor, Exercise Medicine / Founder, Exercise Medicine Research Institute, Edith Cowan University / Australia

11:40 **Integrative Oncology Approaches Beneficial to Patients in Radiation Therapy**



**Dr Moshe Frenkel**  
Clinical Associate Professor / Founder, Integrative Medicine Clinic / MD, Cancer Care Centre / Board-certified in Family Medicine / USA

12:10 **Breath as Medicine: Supporting Nervous System Regulation in Integrative Oncology**



**Sophie Trew**  
Co-Founder, Trew Fields Festival and Trew Health Community / Breathwork Practitioner / Mind-Body Coach & Meditation Guide / UK

12:25 **Integrative Strategies for Cachexia**



**Patricia Peat**  
Specialist Integrative Practitioner / UK

13:05 LUNCH BREAK

14:05 **The Gut Dysbiosis Cancer Axis: Emerging Mechanisms Linking Microbial Imbalance to Oncogenesis**



**Dr Monisha Bhanote**  
Integrative Pathologist / Quintuple Board-Certified Physician / Best Selling Author / International Keynote Speaker / CEO, WELLKULĀ Institute / USA

14:35 **Circadian and Mitochondrial Medicine in Oncology: Integrating Light, Timing and Metabolic Care for Breast and Prostate Cancer**



**Dr Carolina Crispino**  
MD / MPH / Functional and Integrative Physician / Uruguay

15:05 **Modifying Tumour Adaptation: Metabolically Targeted Adjuncts and Pragmatic Evidence in Oncology**



**Dr Hariharan Kuhan**  
Medical Oncology Trained Doctor - Specialist Interest in Metabolic Oncology, Prevention, Lifestyle Medicine, Drug Development and Early Phase Clinical Trials / UK

15:35 COFFEE BREAK

16:05 **Novel Based Approaches for Stage 4 Disease**



**Mark Sean Taylor**  
Founder, Patient Led Oncology / UK



**Arpan Talwar**  
CEO & Co-Founder, Art of Healing Clinic / India

16:45 **KEYNOTE**  
**Whole-Person Care in Cancer: Integrating Physical, Emotional & Spiritual Health**



**Dr Patrick Hanaway**  
Family Physician / Functional Medicine Expert / Clinical Educator / USA



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[ipmcongress.com/whova](http://ipmcongress.com/whova)



### 9:00 Welcome from the Conference Chairs



#### Lavina Mehta MBE

Best Selling Author / Workplace Wellness Specialist / (TED) Keynote Speaker / PT / MBE for Services in Health & Fitness / Patron of Menopause Mandate / Ambassador Diabetes UK, WoW & Alzheimer's Society / UK



#### Dr Ayan Panja

NHS GP Partner / Author - 'The Health Fix' / Co-creator, Cert LM (Certificate of Lifestyle Medicine) / UK

### 9:10 Welcome



#### Dr Michael Dixon

GP / Co-Chair, The College of Medicine / Fellow, Royal College of GPs / Honorary Fellow, Royal College of Physicians / Former Chair, NHS Alliance / Former Co-chair, National Social Prescribing Network / UK

### 9:15 KEYNOTE

#### From Soil to Health: Rethinking Food as Medicine



#### Patrick Holden CBE

Founding Director and Chief Executive, Sustainable Food Trust / Previous Director, Soil Association / Founding Chairman, British Organic Farmers / Patron, UK Biodynamic Association / UK

### 9:40 PANEL

#### UNPROCESSED - Taking Back Our Plates!



#### Chair: Izabella Natrins

UKIHCA CEO / UKIHCA Registered Health Coach / Health Research Psychologist / UK



#### Alicia Weston

Founder and CEO, Bags of Taste / UK



#### Darina Allen

Chef / Food Writer / TV Personality / Founder, Ballymaloe Cookery School, Shanagarry, Co. Cork / Ireland



#### Rosalind Rathouse

Cookery Teacher / Entrepreneur / Food Educator / UK



#### Jenny Paxman

Chief Executive Officer, The School of Artisan Food, home of Best Food Forward / Registered Nutritionist (RNutr Food) / Fellow, Association for Nutrition / UK

### 10:20 Transforming Hospital Food: The Plants Rich Healthcare Approach to Health and Sustainability



#### Dr Shireen Kassam

Consultant Haematologist / Certified Lifestyle Medicine Physician / Visiting Professor of Plant-Based Nutrition / UK

### 10:45 COFFEE BREAK

### 11:25 KEYNOTE

#### Nourishing Women's Metabolic Health: Hidden Nutrient Gaps and a Troubleshooting Framework



#### Dr Lara Briden

Naturopathic Doctor / Best Selling Author / New Zealand

### 12:05

#### PANEL



#### Food, Drugs or Both? Metabolic Care in the GLP-1 Era



#### Chair: Dr Natascha Van Zyl

Chartered Psychologist / Registered Health Psychologist / Senior Teaching Fellow in Health Psychology / UK



#### Zoe Griffiths

Dietitian / VP Behavioural Medicine, Numan / UK



#### Dominique Ludwig

Nutritionist MSc / Reg. Nutritionist, FBANT / UK



#### Dr Pol De Saedeleer PhD

RPharmD / Scientific & Medical Director, Nutrined/Researched Nutritionals / Netherlands"

### 12:45

#### LUNCH BREAK

### 13:55

#### Nutrients, Diet and Lifestyle: Reframing Chronic Kidney Disease as a Systems Disorder



#### Dr Michael Osiecki

Managing Director BioConcepts & Vice-Chairman of CMA (Complementary Medicines Australia), Australia

### 14:25

#### Systemic Oxalosis: A Root Cause for Multi-System Dysfunction



#### Dr Sarah Davies

Fully Certified Functional Medicine Doctor - Combining her Experience from over 18 years as an NHS Doctor / UK

### 14:55

#### The Missing Piece of the Puzzle: Personalised Nutrition to Improve QoL and Outcomes in Inflammatory Bowel Disease



#### Clemmie Oliver

Registered Associate Nutritionist / Nutritional Therapist / Founder, The Nutrition and Lifestyle Medicine Clinic / UK

### 15:20

#### KEYNOTE

#### The Mouth-Gut-Body Axis: How Nutrition and the Oral Microbiome Shape Whole-Person Health



#### Dr Staci Whitman

Board-Certified Dentist / Co-founder, Institute for Functional Dentistry (IFD) / USA

### 16:00

#### MOVEMENT AND COFFEE BREAK

### 16:15

#### KEYNOTE

#### We've got a Systemic, Mental, Societal and Planetary Health Crisis - Coincidence or Related?



#### Dr Robert Lustig

Emeritus Professor, Paediatrics, UCS / USA

SAVE  
THE  
DATE

Integrative  
& Personalised  
Medicine 27



10 - 12 June 2027  
QEII Centre London UK

### 9:00 Welcome from the Conference Chairs



#### Dr Indra Barathan

Medically Trained Doctor / Functional Medicine Practitioner / President, BCFM / UK



#### Jo Gamble

Nutritional Therapist / Functional Medicine Practitioner / Fellow, Integrative Oncology / UK

### 9:10 The Last 30% - The Emerging Era of Resonance Medicine, Spiritual Growth Paths and Personalised Preventive Medicine



#### Dr Kristi Hughes

Naturopathic and Functional Medicine Practitioner / Owner, DocereVita Clinic and Natural Medicine Dispensary / Industry Leader - Nutraceutical Education / USA



#### Jo Gamble

Nutritional Therapist / Functional Medicine Practitioner / Fellow, Integrative Oncology / UK

### 9:20 KEYNOTE

### The New Era of WHOLE Medicine: The Healing Path - Integrating Ancient Healing Strategies in Modern Times



#### Dr Patrick Hanaway

Family Physician / Functional Medicine Expert / Clinical Educator / USA

### 10:00 Is It All In The Brain? Integrating Neuroplasticity Brain Retraining Approaches into Your Practice for Improved Patient Outcomes



#### Ashok Gupta

Neuroplasticity Expert / Film-Maker / Health Practitioner / Coach / UK

### 10:30 PANEL

### Advanced Practice Clinical Strategies - The Art and Science of Advanced Patient Management



#### Chair: Jo Gamble

Nutritional Therapist / Functional Medicine Practitioner / Fellow, Integrative Oncology / UK



#### Dr Patrick Hanaway

Family Physician / Functional Medicine Expert / Clinical Educator / USA



#### Ashok Gupta

Neuroplasticity Expert / Film-Maker / Health Practitioner / Coach / UK

### 11:00 COFFEE BREAK

### 11:30 Managing Complicated Cases: The Last 30% - Case Studies in Resonance Medicine and Root-cause Care



#### Dr Kristi Hughes

Naturopathic and Functional Medicine Practitioner / Owner, DocereVita Clinic and Natural Medicine Dispensary / Industry Leader - Nutraceutical Education / USA



#### Jo Gamble

Nutritional Therapist / Functional Medicine Practitioner / Fellow, Integrative Oncology / UK

### 11:50 KEYNOTE

### The Art and Science of Resonance Medicine Delivered through Frequency Specific Microcurrent



#### Dr Carolyn McMakin

Clinical Director, Fibromyalgia and Myofascial Pain Clinic of Portland, Oregon / USA

### 12:30 The Perrin Technique for Neurolymphatic Disorders



#### Dr Raymond Perrin

Osteopath / Neuroscientist / Specialist in ME/ Chronic Fatigue Syndrome / UK

### 13:00 PANEL

### Advanced Practice Clinical Strategies



#### Dr Kristi Hughes

Naturopathic and Functional Medicine Practitioner / Owner, DocereVita Clinic and Natural Medicine Dispensary / Industry Leader - Nutraceutical Education / USA



#### Dr Carolyn McMakin

Clinical Director, Fibromyalgia and Myofascial Pain Clinic of Portland / USA



#### Dr Raymond Perrin

Osteopath / Neuroscientist / Specialist in ME/ Chronic Fatigue Syndrome / UK

### 13:30 LUNCH BREAK

### 15:00 The Last 30%: The Center of the Matrix



#### Dr Indra Barathan

Medically Trained Doctor / Functional Medicine Practitioner / President, BCFM / UK



#### Dr Rani Bora

Mental Wealth Psychiatrist / Visionary Coach / Co-Founder, Holistic Psychiatry Clinic / UK

### 15:30 The Need for More Connection and Love in Healthcare



#### Prof Paul Dieppe

Emeritus Professor, Universities of both Exeter and Bristol / UK



#### Liz Butler

Heart-focused Therapist / Spiritual Coach / UK



#### Su Mason PhD

Energy Healing Practitioner / Co-Chair, The Confederation of Healing Organisations / Director, Omnes Healing / UK

### 16:00 The Power of Sound and the Way of the Voice



#### Ravi Freeman

Multi-instrumentalist / Voice Practitioner / Explorer of World Music and Indigenous Cultures / UK

### 16:20 PANEL

### Practical Application and the Take Home from Today - What is your last 30%?



#### Dr Indra Barathan

Medically Trained Doctor / Functional Medicine Practitioner / President, BCFM / UK



#### Dr Rani Bora

Mental Wealth Psychiatrist / Visionary Coach / Co-Founder, Holistic Psychiatry Clinic / UK



#### Prof Paul Dieppe

Emeritus Professor, Universities of both Exeter and Bristol / UK



#### Jo Gamble

Nutritional Therapist / Functional Medicine Practitioner / Fellow, Integrative Oncology / UK



#### Ashok Gupta

Neuroplasticity Expert / Film-Maker / Health Practitioner / Coach / UK



#### Dr Kristi Hughes

Naturopathic and Functional Medicine Practitioner / Owner, DocereVita Clinic and Natural Medicine Dispensary / Industry Leader - Nutraceutical Education / USA



#### Dr Raymond Perrin

Osteopath / Neuroscientist / Specialist in ME/ Chronic Fatigue Syndrome / UK

### 17:00 Closing Comments from Conference Chairs



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### \* Please note:

On Friday 19 and Saturday 20 June, we have two conferences running in parallel. Due to seat numbers, delegates will only be able to select one conference per day. It is not possible to attend both conferences on the same day.



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One of the most enlightening, energising events I've ever been privileged to attend. ”

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