

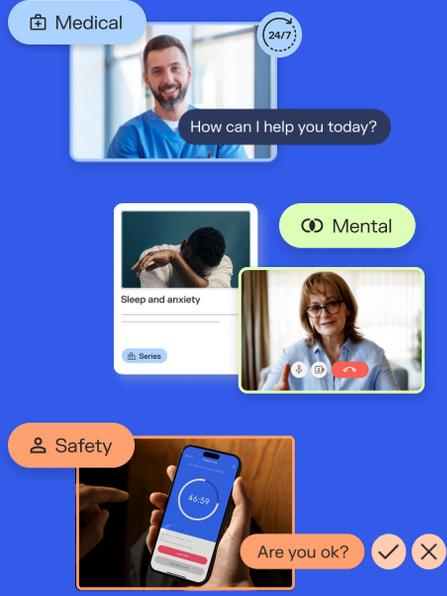


Reduce absence. Protect productivity.

The only platform built for prevention, not reaction.

Employees need help sooner, faster, and from people who understand their world. Sonder brings together clinical triage, medical support, counselling, and personal safety – all through one app, available 24/7.

Traditional workplace wellbeing tools step in once someone's already struggling. Sonder is different. Problems are prevented before they happen, catching issues early to protect your people and your bottom line.



Holistic, single-point-of entry
Comprehensive support for safety, mental and medical health.



24/7 support
Round-the-clock assistance whenever and wherever it's needed.



Instant response
Expert support with an average response time of just 10 seconds.



High utilisation
An industry-leading 40% engagement rate drives real impact.



Proactive support
Early intervention to address issues before they escalate.



Measurable ROI
Proven outcomes across absence reduction and productivity.

Measurable results



Supporting over 1 million members at the world's best organisations



Right care at the right time

Sonder takes a proactive, holistic approach to care, supporting people when they're healthy and thriving, while also being ready when they are unwell or in moments of crisis. This early intervention approach, transforms organisations from a reactive to proactive and preventative model for supporting their people.



Proactive messages and alerts

In-app push notifications for localised emergencies, health alerts, and weather warnings.



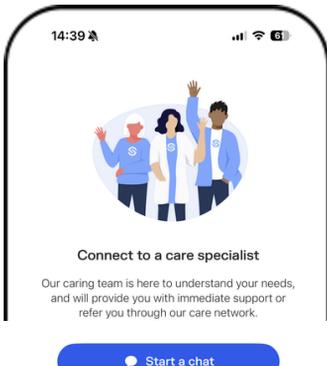
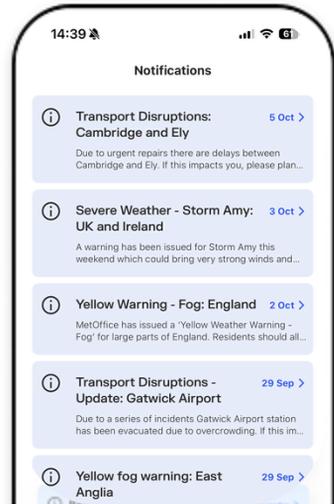
Personal safety tools for added security

Safety alerts, journey tracking and smart check-ins ensure safety while on the move.



Instant chat or call for immediate assistance anytime, anywhere

Connect with trained professionals with an average response time of just 10 seconds.



Wellbeing resources for self-care

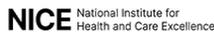
Access to expertly curated health advice, self assessments, and well-being programs.



24/7 expert medical care from professionals

Get personalised support from nurses, doctors, psychologists, and emergency-trained professionals.

Our accreditations



Southeastern reduces absenteeism and minimises train cancellations with Sonder

- **22%** of Southeastern's workforce engaged with Sonder's platform within just three months of rollout.
- **50%** of employees who contacted Sonder now have access to counselling services, with **one in three** employees connecting with a GP.
- Sonder cut a 28-day head injury absence to just 1 day, **saving £5,600 in productivity and health costs.**



“Sonder integrates preventative, data-led care directly into our operations, cutting response time, reducing risk and strengthening workforce resilience.

In a service such as ours, this is about precision, continuity and delivering every day; our partnership with Sonder allows us to do that for both our people and passengers.”



Rosie Corriette
Occupational Health and Contracts Manager
Southeastern