



Traumatic incident at work?

**INVEST IN YOUR ORGANISATIONAL RESILIENCE -
IMMEDIATE INTERVENTIONS FOR TEAMS OR INDIVIDUALS**

www.fearless.org.uk

Invest in your team's resilience.

PROTECT YOUR OPERATIONAL CAPACITY & REDUCE ORGANISATIONAL FRICTION

Clinical research shows that every single workplace trauma case left unmanaged or missing early clinical triage costs a blue light employer roughly 30 to 90 lost operational days and an average of £32,000 in organisational friction per year. Proactive clinical quality frameworks and dedicated trauma support pathways yield an exceptionally high return on investment.

PHASE 1: IMMEDIATE RESPONSE (Days 1-30)

CRITICAL INCIDENT DEFUSION

Why Defusion?
Traumatic incidents cause immediate psychological symptoms. These are natural responses, but left unmanaged, they solidify into long-term absence. Defusion introduces immediate psychoeducation and coping skills that disrupt and prevent prolonged trauma symptoms.

Flexible Delivery
Delivered individually or in a group layout to stabilise your operational teams immediately.

PHASE 2: TARGETED RECOVERY (Post-Month 1)

1-TO-1 OR GROUP TRAUMA THERAPY

Why Trauma Therapy?
After a month of persistent trauma symptoms, the risk of developing full-blown Post-Traumatic Stress Disorder (PTSD) spikes.

Trauma-focused psychotherapy safely processes what occurred, drastically reducing symptoms and preventing deep-rooted operational problems. The longer you wait for support, the more severe and costly the impact becomes. You do not have to wait until breaking point to protect your staff.

PHASE 3: LONG-TERM MAINTENANCE (Career Exposure)

COMPLEX & ACCUMULATED TRAUMA THERAPY

The Reality
Consistent career exposure to tragedy and danger alters a person over time. Accumulated trauma causes severe difficulties with emotional regulation and relationship problems, threatening career longevity.

The Solution
Trauma-focused psychotherapy is equally effective for single-incident shock or decades of career exposure. With the right clinical support, your staff can safely return to the person they want to be.

SCAN THE QR CODE BELOW TO ACCESS OUR IMMEDIATE REFERRAL PORTAL



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